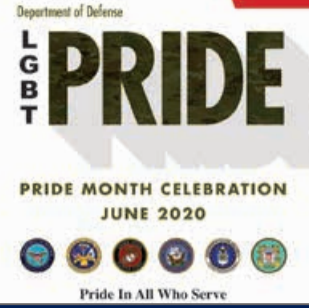


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AIR FORCE - ARMY - NAVY - MARINE - COMMUNITY NEWS Number 13 - Issue 23

44th EFS securing CENTCOM's skies

By Staff Sgt. Giovanni Sims

378th Air Expeditionary Wing
6/13/2020 - PRINCE SULTAN AIR BASE, Kingdom of Saudi Arabia — A squadron of U.S. Air Force F-15C Eagles, with the 44th Expeditionary Fighter Squadron, deployed from Kadena Air Base, Japan and have settled at the 378th Expeditionary Operations Group.

These F-15Cs, known as the "Vampire Bats," provide air superiority in support of joint and coalition combat operations.

"We are honored to join the Prince Sultan Air Base team and partner with the Royal Saudi Air Force," said Lt. Col. Ryan Corrigan, 44th EFS commander. "We look forward to strengthening the coalition as we continue to provide stability to the region."

As one of the more powerful fighter aircraft active today, the Eagle already performs many missions in the U.S. Air Forces Central Command area of responsibility.

"It is great to see the Vampire Bats here at PSAB. As an F-16 pilot, I have trained with Eagles throughout my career," said Col. Robert Raymond, 378th EOG commander. "The F-15C brings an important capability to the AOR, enabling the coalition to maintain air superiority against any threat we may face. It's an extremely capable fighter."

The 378th Air Expeditionary Wing grows daily. Its Airmen continue to ensure PSAB is a premiere base, supporting allies and deterring aggression in the region.

"Since the wing's activation in December, we've been home to four different deployed fighter squadrons," Raymond said. "Our ability to support, maintain and operate such a wide variety of U.S. military aircraft is a testament to our Airmen, Soldiers, Marines, and Saudi partners. It truly demonstrates the importance of Prince Sultan Air Base in promoting regional stability while remaining ready to respond to any contingency."



A U.S. Air Force F-15C Eagle deployed with the 44th Expeditionary Fighter Squadron pulls away from a U.S. Air Force KC-135 Stratotanker deployed with the 28th Expeditionary Air Refueling Squadron over the United States Central Command area of responsibility, June 2.

(U.S. Air Force photo by Senior Airman Brandon Cribelar)

Air Force, Army work together to save a life



Military working dog Quinto pants happily two days after surgery April 20, at Kadena Air Base. Quinto and his MWD trainer, U.S. Air Force Staff Sgt. Akeem Smith came to KAB from Kunsan Air Base, Republic of Korea, for the urgent surgery.

(U.S. Air Force photo by Staff Sgt. Benjamin Sutton)

By Staff Sgt. Benjamin Sutton

18th Wing Public Affairs
6/12/2020 - KADENA AIR BASE — Despite the challenges COVID-19 has caused across the globe, U.S. military members from the Republic of Korea and Japan came together to ensure a valued team member received the life-saving surgery he required.

Service members from the Air Force and Army worked together ensuring this member was able to have his surgery as soon as possible. The service member's name... Military Working Dog Quinto.

Back in April, following a routine dental exam and cleaning under anesthesia, MWD Quinto's veterinarian, Army Capt. John Brandsma, 106th Medical Detachment Veterinary Service Support, was informed that

Quinto started vomiting, was lethargic, and had a poor appetite in the days following the procedure.

"We performed a physical exam, baseline bloodwork, and urinalysis on Quinto and the results caused concerns for his urinary system and kidneys," Brandsma said. "After addressing the dehydration we pursued further diagnostics including abdominal x-rays and ultrasound. While performing the ultrasound, a large mass was identified at the neck of the urinary bladder (where the bladder transitions into the urethra)."

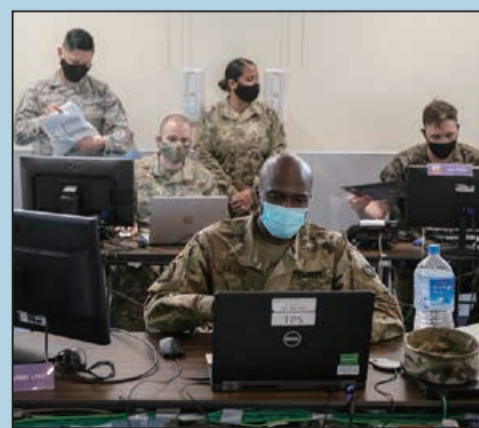
According to Brandsma, the most common urinary bladder tumor in canines are transitional cell carcinomas, which are

QUINTO Page 2

JASDF visits the Joint COVID-19 Response Center and US Naval Hospital



(U.S. Air Force photos by Staff Sgt. Peter Reft)



Japan Self-Defense Force service members assigned to Naha Air Base receive a tour of the U.S. Naval Hospital Okinawa on Camp Foster, June 4. JASDF members toured both the hospital and the Joint COVID-19 Response Center in order to exchange operational knowledge and strategies for dealing with the pandemic and protecting military members, personnel and families.

U.S. Army, Navy, Marine Corps and Air Force service members gather and analyze data at the Joint COVID-19 Response Center on Camp Foster, June 4. The JCRC enables all U.S. military installations on Okinawa to communicate, coordinate and implement operational medical plans in a cooperative manner to preserve the health and safety of the military members, personnel and families on Okinawa, while maintaining mission readiness.

U.S. Forces Japan commander directs transition to HPCON Bravo

Yokota Air Base, Tokyo – The U.S. Forces Japan Commander has directed a transition to Health Protection Condition Bravo throughout Japan effective June 12, 2020 at 1200.

Installation and base commanders will continually assess their respective areas and if necessary are authorized to

make local HPCON levels stricter than the USFJ baseline of HPCON Bravo.

All personnel associated with USFJ are encouraged to work through their chain-of-command to ensure that they are aware of local policies and how the HPCON level affects them at their local installation.

QUINTO from Page 1

typically an aggressive cancer with high metastatic potential and a poor prognosis.

“The next step required sampling cells of the tumor,” he continued.

Coordination with Seoul National University Veterinary College allowed the veterinarians the ability to obtain these samples and quickly get results.

“We have recently implemented formal agreements with the University’s Veterinary College near U.S. Army Garrison Humphreys,” said Army Maj. Christopher Corrie, director of clinical operations for the 106th MED DET VSS. “They provided advanced care and imaging for us within 24 hours, which was outstanding. Quinto’s results returned as benign, or not cancerous, it was a huge relief.”

From there Corrie contacted Army Maj. Shane Andrews, Chief, Okinawa Branch Veterinary Services, Public Health Activity–Japan, Kadena Air Base, and began the process to move MWD Quinto to Kadena AB for the necessary surgical procedure.

The 8th Security Forces Squadron, Kunsan Air Base, ROK, to whom MWD Quinto is assigned, secured transportation of Quinto and his MWD trainer, Staff Sgt. Akeem Smith to Kadena AB.

“The Osan Air Base medical team and air terminal operations center helped with coordination of flight time as well as reviewing orders to ensure all details were in place for the mission,” Brandsma said. “Additionally, they helped ensure we had all the medical and flight information correct once we secured the air medevac.”

Once it was determined surgery to remove the bladder mass would benefit MWD Quinto and prevent further urinary obstruction, plans were made to have him and the handler aero-medical evacuated to the Okinawa Veterinary Activity on Kadena AB.

“A urinary obstruction is a life-threatening emergency and requires immediate attention,” Andrews said. “Our facility is considered the referral hospital for MWDs within the Pacific theater so when one has a condition that requires emergency care and/or advanced surgery, and the local VCO (Veterinary Corps officer) doesn’t have those capabilities, the military working dog will get sent to us.”

With MWD Quinto finally on Okinawa, veterinarians began preparing their patient for his surgical procedure.

“The surgery was performed by carefully dissecting out the mass from the bladder wall, being careful to preserve other vital structures,” Andrews explained. “It went very well and the mass was successfully removed. Afterward, a urinary catheter was placed and Quinto was monitored for several days by our staff here during his recovery.”

This type of mission, even during COVID-19, emphasizes the importance MWDs have on mission effectiveness along with the importance of the handlers and kennel teams who train the dogs.

“Meeting mission requirements during COVID-19 has been a challenge however, our highest priority is providing medical care of military working dogs,” Andrews stated. “The reason great lengths were taken to get him to Okinawa is because MWDs are considered Soldiers and are highly respected members of the Armed Forces. They are regarded as force protection multipliers and are an invaluable asset to our nation’s defense. They play a huge role in providing security, patrol, detection, and other missions vital to keep us safe.”

After his surgery, MWD Quinto required various daily medications to ensure a complete recovery.

“I requested assistance from the Kadena Air Base 18th Medical Group pharmacist to acquire an essential medication for Quinto that our facility did not have in stock,” said Army Capt. Rachel Reiter, Okinawa Veterinary Services MWD officer in charge, PHA-J. “The pharmacist was able to compound the medication ensuring Quinto received an appropriate dose for a canine.”



(U.S. Air Force photos by Staff Sgt. Benjamin Sutton)

U.S. Air Force Staff Sgt. Logan McKenna, 18th Security Forces Squadron military working dog trainer, holds MWD Quinto during a pre-surgery examination by Army Maj. Shane Andrews, Chief, Okinawa Branch Veterinary Services, Public Health Activity–Japan, April 15, at Kadena Air Base.



U.S. Air Force Staff Sgt. Kaithlyn Guerrero, 18th Security Forces Squadron military working dog handler, holds open MWD Quinto's mouth while Army Sgt. Trey Humphrey, NCO in charge of MWD treatment, Okinawa Branch Veterinary Services, Public Health Activity–Japan, performs an intubation so Quinto is able to breathe easily while he is under anesthesia during his surgery April 18, at Kadena Air Base.



Yurika Hatamochi, Okinawa Veterinary Service veterinary anesthesiology technician, shaves the underside area of military working dog Quinto in preparation for surgery April 18, at Kadena Air Base. Shaving the fur away from areas where surgical procedures will occur is important in order to prevent contamination and eliminate bacteria that cling to the fur.



U.S. Air Force Staff Sgt. Akeem Smith, military working dog trainer from Kunsan Air Base, Republic of Korea, holds up MWD Quinto before departing April 31, at Kadena Air Base. Smith accompanied MWD Quinto to KAB for Quinto's surgery to remove a large mass attached at the neck of his urinary bladder.

After a few weeks, Quinto recovered with help from the medical and working dog teams. It was finally time for him and his handler to head back home.

“We worked with Staff Sgt. Smith and Quinto from the moment they arrived and once the surgery was complete, we got to work getting everything ready for their departure,” said Air Force Tech. Sgt. Matthew Helma, 18th Security Forces Squadron, NCO in charge of the MWD section. “It was great to watch Quinto moving around and regaining his strength. As the military working dog section on Kadena we are the caretakers for any Air Force MWD team who come here for support. My team and I made sure to set up a safe restriction of movement location with all basic needs both human and canine would need, provided food and water for them, and ensured all

transportation for appointments as well as their flight back to Korea was within all the COVID-19 guidelines for safety.”

According to Helma, international aeromedical evacuation flights are tricky to coordinate in the present time, however, service members from South Korea and Japan came together to ensure one of our own got the care he needed.

“The restrictions, burdens, and roadblocks COVID-19 has placed in the way of our mission to provide exceptional care for our two- and four-legged warfighters takes teamwork to overcome,” Corrie said. “This situation is a perfect example of the U.S. Army and Air Force as well as a South Korean National Veterinary University, working side-by-side to provide life-saving care for one of our most important total force multipliers: military working dogs.”

Kadena Air Base Weekly Newspaper

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**在日米軍司令官 健康保護態勢
 レベルをブラボーへ変更指示**

2020年6月15日付

嘉手納基地 - 嘉手納基地の皆さんへ、現在、沖縄県内における新型コロナウイルス感染予防対策が効果をあげていることから、第18航空団司令官は、健康保護 (FHP) 措置の一部を解除し、次の段階への移行に伴う以下の変更を6月17日 (水) から実施します。

基地の外のクラブ、バー、ラウンジ、パチンコ店、カラオケボックスへの入店は引き続き制限されます。また、フリーマーケット、祭り会場、公共交通機関 (バスモノレール) の利用も制限されます。

基地内外を問わずソーシャル・ディスタンスが確保できないイベントや活動は、引き続き制限されます。例としては、武道・格闘技やレスリング、大勢が集まるようなイベント、コンサート、祭りなどが挙げられます。ただし、上記のイベント・活動以外で、ソーシャル・ディスタンスの確保が可能なものについては、基地内での制限はありません。これらの活動に参加する者は、引き続きマスクを着用し、こまめな手洗いの実施を心がけてください。

基地関係者の家族や友人等で、海外から嘉手納基地へ立ち入りを希望する者は、14日間の移動制限措置がとられます。移動制限措置について質問がある場合は、各部隊の監督者に確認してください。

また、嘉手納基地に出入りする者は、毎日の接触者追跡記録を継続して記入してください。正確な接触者追跡記録は、感染経路の特定のため、そして嘉手納基地と地域社会を新型コロナウイルスから守るために重要なものです。

日本人従業員 (MLC、IHA) は、特別立ち入り許可証なしで嘉手納基地に出入りが可能となります。他の訪問者についても、過去14日以内に海外への渡航歴がない者、または、嘉手納基地移動規制方針に従った移動制限を完了している者に限り、訪問者パスを取得し嘉手納基地に立ちいることができます。

公衆衛生非常事態宣言が7月14日まで延長されたことに伴い、全ての健康保護 (FHP) 措置は嘉手納基地に立ち入る全員に適用されます。これらの指針に従わない場合は、行政上の措置を受けることがあります。

添付の図表は、皆さんが各部隊の監督者から受け取る情報を補足するものとなっています。各部隊の監督者らは、この更新された指示内容を把握していますので、質問等があればそれぞれの監督者に確認してください。

第18航空団関係者が沖縄県外で休暇を取る場合は、これまで通り、別途、追加承認が必要となります。軍人の場合は第18航空団司令官の承認、軍属や日本人従業員の場合は副司令官の承認が必要となります。休暇を取得する場合は、各部隊の監督者を通じて承認手続きを行ってください。

今後の最新情報について、嘉手納基地の公式フェイスブックまたはウェブサイト kadena.af.mil を引き続き確認してください。これからもお互い助け合って行きましょう。

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How Capt. Tremblay became a Chaplain

By Lance Cpl. Francesca Landis

III Marine Expeditionary Force
6/9/2020 - CAMP FOSTER —
“In the Bible there is a story called ‘The Parable of the Prodigal Son’, a fall from grace only to be welcomed back into your father’s arms, no questions asked, this is what becoming a chaplain was like for me,” said U.S. Navy Capt. Paul Tremblay, the III Marine Expeditionary Force Chaplain.

In 1978, Tremblay’s third oldest sibling out of 15, John, came back home from four years in the Coast Guard with a newly developed faith in Pentecostal Christianity.

Eager to share the impact his new beliefs had on him, John soon inspired 12 out of his 15 siblings to join him in the faith, including Capt. Tremblay.

Tremblay flourished in his new found beliefs until his freshmen year of high school, when he fell in love with the rush and excitement he found in long distance running.

For the next three years of high school, running became his life; and faith faded out of it.

“I took a hiatus from God, and from the church for about five years,” said Tremblay. “I ended up dropping out of high school my senior year. I just wanted to do my own thing.”

By dropping out, he also turned down an opportunity to go to college with a full ride track scholarship. He chose instead to start working construction, building houses with his brother-in-law until one hot, sunny day in June when he stumbled upon a Navy recruiter’s office.

Between dropping out of high school, fighting with his father at home and just feeling like he needed to get away, the military suddenly seemed like an excellent idea.

“June 5 of 1986 I walked in the recruiter’s office,” explained Tremblay. “Didn’t know anything about

the Navy, didn’t know anything about the military and by June 8, I was in boot camp.”

A few short months later, Tremblay was officially a Stinger Missile Operator in the Navy and left for an overseas deployment.

Over the next few years Tremblay became engulfed in military life. He described himself as living the epitome of the single enlisted guy life, enjoying whatever the world had to offer.

“Ya know, I tell this story,” said Tremblay. “And all the stuff that I counsel Marines and Sailors on now, I lived it out for years. Kind of like the prodigal son story.”

But even then, he felt a higher calling. An opportunity opened for Tremblay to go into a new specialty, which led him to work at Naval Air Station Brunswick, two hours from the small town of Sturbridge, Massachusetts, where he grew up.

Being stationed so close to home, Tremblay would make regular weekend trips to see his family, which he had grown to miss terribly over the years of being away.

One Sunday night, after a long day of playing basketball, Tremblay, very sweaty and in desperate need of a shower, was packing up to head back to base when his sister, Susan, rolled by with her two little twin daughters on their way to church, explained Tremblay.

Jessie, one of the twins, excited to see her uncle asked loudly from the back seat of the car, “Uncle Paul, you wanna go to church with us?”

Tremblay declined and got in his car, fully believing he was heading back to base, when suddenly he found himself driving in the opposite direction – towards the church.

“I look back in retrospect,” said Tremblay. “God had other plans for me.”

“I ended up going into church,” said Tremblay. “I sat in the backrow, don’t remember what was

preached, but I remember my sister.”

He explained that hearing Susan’s testimony about God’s goodness in her life was a turning point for his own faith and led him to become a Navy Chaplain.

The process of earning the title of Navy chaplain wasn’t as simple as just walking into the career counselor’s office.

First, Tremblay would need a master’s degree in divinity, then the endorsement of a specific religious organization for military chaplaincy. Finally, he would need to spend two years working in civilian ministry to have the required experience.

After years of hard work, Tremblay was able to complete all the prerequisite requirements, and was accepted into the Navy Chaplain Candidate Program. A year later he began his work as an active duty chaplain, counseling Marines and sailors and ensuring the spiritual health and wellbeing of the service members and families in his command.

After serving as a chaplain for 10 years, Tremblay found himself working in Washington D.C., where one of the senior chaplains he worked with, advised him to google his name every now and then and see what came up.

“So I did and I came across a blog written by a Sailor that I served with on my first ship as a chaplain, the USS Constellation” explained Tremblay. “10 years later he’s writing this blog and he said I want to tell you about a chaplain I served with, you can take a man out of the Navy but you can never take the Navy out of a man. This is Chaplain Tremblay, I understand that you’ve been selected for Lieutenant Commander, congratulations, you were always everywhere, you were always available and you were always a light.”

Those words sunk deep into Tremblay’s heart, realizing that he had the opportunity to impact a Sailors’ life in that way.



(U.S. Marine Corps photo by Lance Cpl. Francesca Landis)

U.S. Navy Capt. Paul Tremblay, III Marine Expeditionary Force Chaplain, poses for a photo at the III MEF Chaplain office, Camp Courtney on May 5.

“I think of it from that perspective, the moments we have to be present with people,” said Tremblay. “How can I as a representative of the Almighty, help whomsoever that is be more firm with who they are as a human being, in their faith and just a hope and inspiration for living.”

One of Tremblay’s first assignments was with 3rd Battalion, 3rd Marines. During which they made two deployments to Iraq.

After his first tour to Iraq in 2006, Tremblay remembers stepping off the plane with the commanding officer. During their time in Iraq the convoy they were on had sustained small arms fire, mortar fire and IED strikes, killing 18 and wounding 110.

“The CO and I were the last two off the aircraft,” said Tremblay. “He said to me, ‘Chaps we didn’t bring them all home’ and I said, ‘I know Sir.’”

Tremblay’s time in Iraq earned him a combat action ribbon and helped him grow an understanding of what it really meant to be a chaplain, being that presence of peace when everything around you is chaotic.

“I made probably 100 convoys with Marines,” said Tremblay. “I’d make my way to the vehicle and the gunner would be like ‘hey Chaps we’re glad you’re with us!’

and I used to say ‘well I’m prayed up how are you doing?’”

Over the years Tremblay has been stationed in 10 different locations around the world on various bases and ships. He has impacted hundreds if not thousands of lives.

“I remember walking through the hospital checking in, just beep bopping down the passage way doing my own thing, when some old gentleman says ‘Good morning Chaplain’, said Tremblay. “It was like instantly God said he didn’t say hello to Paul, he said hello to this (points to cross on collar) the sanctity and sacredness of this. I grew up on Podunk road. Who am I that you would bestow this kind of blessing on and opportunity to do this day in and day out for 20 years.”

As head of all III MEF Chaplains, aide to the commanding general and a great mentor to the Marines and Sailors of III MEF, Capt. Paul Tremblay makes a tremendous impact on the spiritual health and wellbeing of III MEF personnel and families daily.

“I could retire today with 28 years of service and be perfectly fine financially, it’s not about the money, not about the rank,” said Tremblay. “It’s about doing the work of the one who has called me into this at this level for his glory.”

31st MEU I.E Detachment rehearses medium machine gun drills



(U.S. Marine Corps photo by Sgt. Audrey M. C. Rampton)

Marines with the 31st Marine Expeditionary Unit (MEU) provide instruction on an M240B medium machine gun during a live fire exercise on Okinawa, June 10. The 31st MEU, the Marine Corps’ only continuously forward-deployed MEU, provides a flexible and lethal force ready to perform a wide range of military operations as the premier crisis response force in the Indo-Pacific region.

Marines with the 31st MEU conduct scenarios to hone their CBRN skills

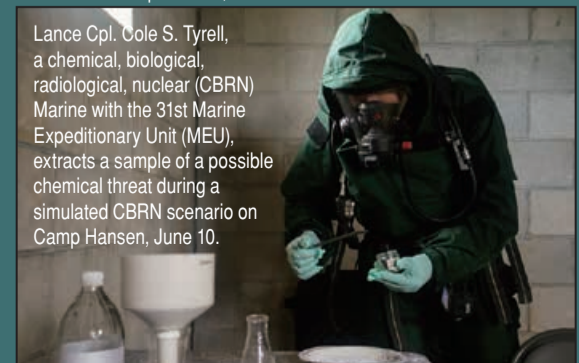


(U.S. Marine Corps photos by Lance Cpl. Katherine E. Cottingham)

Chemical, biological, radiological, and nuclear (CBRN) Marines with the 31st Marine Expeditionary Unit (MEU) prepare to enter a building to identify threats while conducting simulated CBRN scenarios on Camp Hansen, June 10.



A chemical, biological, radiological, and nuclear (CBRN) Marine with the 31st Marine Expeditionary Unit (MEU) decontaminates another Marine returning from observing a chemical threat in a simulated CBRN scenario on Camp Hansen, June 10.



Lance Cpl. Cole S. Tyrell, a chemical, biological, radiological, nuclear (CBRN) Marine with the 31st Marine Expeditionary Unit (MEU), extracts a sample of a possible chemical threat during a simulated CBRN scenario on Camp Hansen, June 10.

Coming together during a pandemic to provide life-giving blood



◀ Captain Aaron Hew Len, assigned to Task Force Oahu's COVID-19's response team, donates blood during the Armed Services Blood Program drive held on April 24, at the 29th Infantry Brigade Combat Readiness Center in Kalaeloa, Hawaii.

(U.S. Air National Guard photo by Master Sgt. Mysti Bicoy)

By Military Health System Communications Office

6/11/2020 — As the nation continues to battle the spread of COVID-19, the Armed Services Blood Program has instituted new safety measures and programs to ensure the warfighter will receive the blood products they need. When people think of donating blood, they probably envision whole blood, explained Army Col. Audra L. Taylor, ASBP division chief. But blood donations are also broken down to blood components, including plasma, platelets, and red blood cells. These blood products — including whole blood — are sent to combatant commands around the world, as well as to military treatment facilities. Blood products do expire, which makes the need for blood donors ever constant, Taylor added.

Service members are taking action by giving blood to support their brothers and

sisters in arms during this worldwide pandemic. Donors include Army Sgt. Samantha Delgado, who recently reached the one-gallon donor milestone at the Lackland Blood Donor Center in Texas. As a universal blood-type donor, Delgado knows that her blood can go to anyone and has given it readily over her five years in the Army. "I feel as though it's a civil duty for me to give as it's the only blood type that can go to everyone," she said.

Delgado is among thousands of service members throughout the country who are rolling up their sleeves to save lives by donating blood. From coast to coast and around the world, military communities are coming together to support a fit and ready force by coordinating and supporting local blood drives hosted by the ASBP. The ASBP is the official blood program for the Department of Defense, tasked with ensuring the Military Health System has blood

3d Reconnaissance Hull Inspection



◀ U.S. Navy Petty Officer 1st Class William Crampton with 3rd Reconnaissance Battalion, 3rd Marine Division, prepares to inspect the hulls of naval range support vessels at the Port of Naha, June 9. Inspecting the hulls ensures the safety and usability of the range support vessels. Reconnaissance Marines and Sailors work regularly with range support to inspect the support vessels, ensuring their safety and identifying hazards that could restrict training.

(U.S. Marine Corps photos by Cpl. Donovan Massieperetz)



U.S. Marines and Sailors with 3rd Reconnaissance Battalion, 3rd Marine Division, inspect the hulls of naval range support vessels at the Port of Naha, June 9.

products wherever and whenever needed.

In response to COVID-19, the ASBP has implemented additional safety measures at blood drives and centers to ensure a safe donation environment following recommended guidelines by the Centers for Disease Control and Prevention, as well as the Food and Drug Administration. Newly implemented procedures include staff wearing appropriate personal protective equipment, taking of a donor's temperature before entering the collection area, keeping groupings of staff and donors to 10 or less, increasing cleaning products on site, and cleaning of all reused items such as pens.

"There is no known or reported risk to a donor at this time to contract COVID-19 during the donation process," said Taylor, adding anyone interested in donating blood or organizing a local blood drive can contact the ASBP.

Due to social distancing and stay-at-

home orders throughout the country, the ASBP has seen numerous blood drives cancelled and a significant decrease in donor turnout. Thanks to military communities coming together, the blood program has been able to meet the current demand for blood abroad and within military treatment facilities. However, the situation can change rapidly and the need for donations is critical to support present and future readiness.

Marine Lance Cpl. Mark Cody, 3rd Battalion, 7th Marine Regiment in Twentynine Palms, California, decided to donate at his local ASBP blood drive because he heard giving blood will support service members on the front lines. "I am simply donating blood because it's the right thing to do," said Cody. "When you have the chance to help the forward deployed units, you just do it. We have to have each other's back and giving blood is one way to show we care for one another."

Dig Deeper: Read, Investigate, Discover.

Torii Library Summer Reading Program 2020
REGISTRATION BEGINS JUNE 1ST!

Register here: <https://toriiatstationlibrary.beanstack.org/>
Dates: June 15 - August 15

Steps:

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register
- 2
Log reading minutes
- 3
Win prizes!

Age Groups:

- 1 0-4: Pre-Readers
- 2 5-12: Children
- 3 13-17: Teen
- 4 18+: Adult

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www.torii.armymwr.com

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Kadena Air Base Community Notes

To submit an announcement for the base bulletin, please visit www.kadena.af.mil

NOTICE

USNH Okinawa notice

In response to the evolving situation regarding Covid-19, USNH Okinawa is now implementing the following policies regarding visitation:

- Two visitors who are identified by the patient are allowed in to visit.
- USNH Okinawa will provide instruction before visitors enter a room on hand hygiene, limiting surfaces touched, and the use of personal protective equipment while in the patient's room.
- Visitors must be 18 years of age or older.
- Official command visits may be conducted at any time, limited to two personnel.
- Parent(s) or guardian(s) may visit children at any time. A parent or guardian appointed adult should remain with the child at all times whenever possible to support patient safety as well as maintain parent/guardian to child relationships.
- Children under the age of 6 must NOT be left without a parent or guardian appointed adult for an extended period of time.
- When the patient's condition warrants the termination of visitation, the visitors will be requested to leave and come back at a more suitable time.
- Sick List/Very Sick List patients may have two visitors anytime but will be limited to immediate family or significant other.

Kadena Top 3 notice

Committee Solicitation:

- Annual Awards Committee. If you're interested in joining/leading their team, contact the Events Director, SMSgt Lola Howard at lola.howard@us.af.mil.
- Okinawa Outreach Committee. If you're interested in joining their team, contact the Missions Director, MSgt Michael Seago at michael.seago@us.af.mil.
- Fundraising Committee. If you're interested in joining their team, contact the Operations Director, SMSgt Kim Wiessner at kim.wiessner@us.af.mil.

Around Kadena:

- Emcee Search for Air Force Ball. Auditions will be held Tues, 30 June from 1100-1400, location TBD. Contact Entertainment Committee Lead SMSgt Anthony Weiger at anthony.weiger@us.af.mil for details.
- The Wired Bean is opening up again soon and it's time to hire a new council. This council lost 2 months due to the COVID shut down so this round of dorm Airmen will be applying for a four month commitment, July – Oct 2020. The WB Council is a great opportunity for dedicated dorm residents to lead their peers while providing a safe and healthy environment for Team Kadena unaccompanied Airmen. Email melissa.rafferty.1.ctr@us.af.mil for more details.

How to File a Complaint with IG

If you believe you are unable to resolve your complaint through supervisory channels, you may seek IG assistance to determine if the complaint should be filed with the IG. You can file a complaint if you reasonably believe inappropriate conduct has occurred or a violation of law, policy, procedures, or regulation has been committed. Complete the personnel data information on an AF Form 102 and briefly outline the facts and relevant information related to the issue or complaint. List the allegations of wrongdoing briefly, in general terms and provide supporting narrative detail and documents later, when interviewed by an IG person. Allegations should be written as bullets and should answer who committed the violation; what violation was committed; what law, regulation, procedures, or policy was violated; when did the violation occur. Help is available: Call your Kadena IG office at 634-7622 for Maj Sarabia, 634-2768 for SMSgt Aguirre, or leave a message on the Kadena Fraud, Waste, & Abuse (FWA) Hotline at 634-0404.

INFORMATION

Kadena and Camp Foster Emergency Numbers

Kadena Fire Emergency Services reminds everyone

to program their cell phones with the emergency numbers. To report an emergency on Kadena via cell, dial 098-934-5911, and from an office phone, dial 911. For Camp Foster via cell, dial 098-911-1911, or from an office phone, dial 911.

Approved & Restricted Non-essential Activities (Current as of June 17)

All personnel will comply, to the greatest extent feasible, with social distancing measures (e.g., maintain 6 feet apart, minimize close contacts) and ensure proper hygiene at all times.

The following travel restrictions/off-base activities applies to any personnel desiring to gain or maintain access to Kadena Air Base and areas under 18th Wing control:

Force health protection measures previously implemented remain in place such as prohibition of using mass transit.

* Use of off-base child care and schools is authorized; however, use of on-base services is highly recommended due to potential for these facilities to be placed off-limits in the future.

Exceptions to Policy for Off-Base Restrictions: All ETPs for off-base restricted activities will be limited in nature, will detail the risk and mitigation measures, and must be approved in writing by the first Field Grade Officer squadron commander (or civilian equivalent); all approved exceptions must be forwarded through the chain of command to the 18th Wing Commander no later than 24 hours prior to the time an exception is required.

The following activities/facilities remain prohibited:

1. Clubs, bars, lounges, pachinko parlors, karaoke boxes and similar establishments, flea markets, festivals, and mass transit (buses/monorails)
 2. Events with high-density crowds
 3. Concerts/festivals
 4. Martial Arts classes, wrestling
- Shopping at the BX, Commissary, and AAFES concessionaires (unless prohibited above) is authorized. DoD ID and face covering/mask required for all personnel to enter. The availability

and hours of operation of Force Support Squadron (FSS) functions can be found on the Kadena Connect app and the Kadena FSS Facebook page. - Any person who refuses to obey or otherwise violates these directives may be detained and held accountable. Uniformed personnel and retired members of the uniformed services may be punished under the Uniform Code of Military Justice. Those not subject to military law may be subject to administrative action including, but not limited to, an early return of dependents, termination of a civilian tour, and/or denial of access to/barment from the installation.

Base Access: (Current as of June 17)

All MLC and IHA employees may enter Kadena Air Base without a mission essential letter.

Health screening will no longer be conducted for all personnel entering the installation, however, individuals who develop COVID-like symptoms are expected to remain at home and immediately notify their supervisor or someone in their chain of command.

Continue to practice social distancing and good hygiene as well as wear a face mask when social distancing isn't possible. Continue filling in your daily contact log. An accurate daily contact log is critical to contact tracing efforts and protecting Team Kadena and the local community from COVID-19.

With the Public Health Emergency extended to July 14th, all FHP measures are mandatory for everyone who accesses Kadena AB and anyone who refuses to obey these directives may face administrative action.

Base Visitor Entry Requirements:

Non-mission essential visitors are authorized to enter Kadena Air Base with a valid visitor's pass as long as they have not traveled internationally in the past 14 days or they have completed restriction of movement in accordance with the local restriction of movement policy.

SOFA Permit Extension:

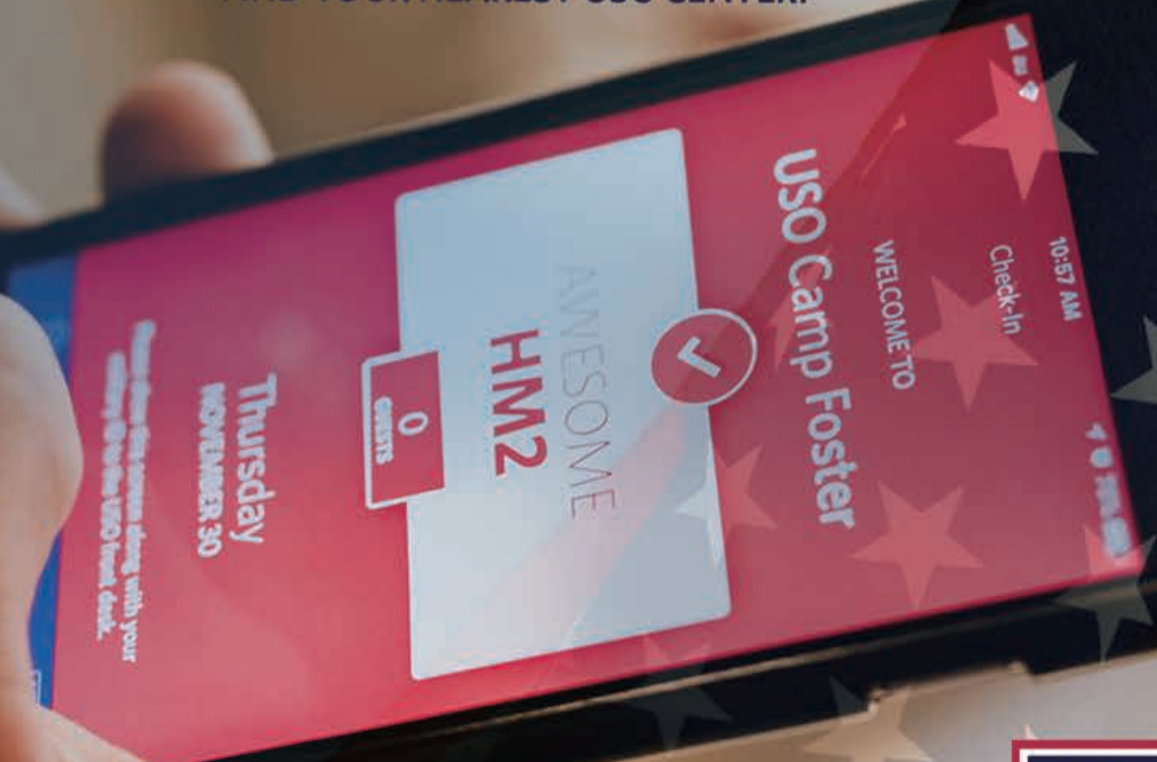
Members who fall under the "stop movement" order and need to update their SOFA permit

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Okinawa

WET-BULB GLOBE TEMPERATURE:

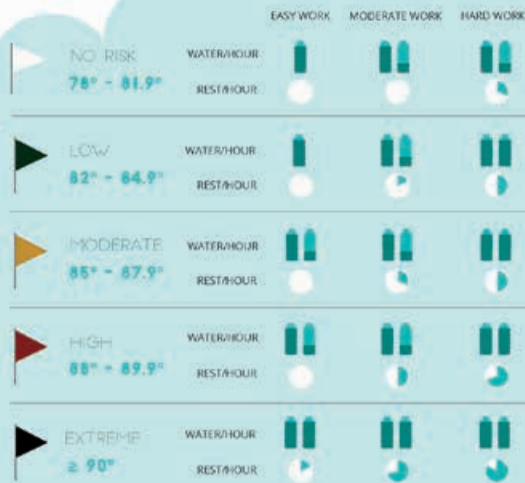
AIRMAN'S GUIDE

Wet-Bulb Globe Temperature (WBGT) measures the stress the summer atmosphere puts on Airman's bodies when they're working in direct sunlight.

Accounts for:

- AMBIENT TEMPERATURE
- HUMIDITY
- ANGLE OF THE SUN
- CLOUD COVER
- WIND

Wet-bulb refers to a thermometer wrapped in a wet cloth. The more humid the air, the slower moisture evaporates from the cloth and the higher the wet-bulb temperature reads.



REST: 16.9 OUNCE WATER BOTTLE
FOR MORE INFORMATION, VISIT: [HTTPS://STATIC.E-PUBLISHING.AF.MIL/PRODUCTION/1/AF_SG/PUBLICATION/AFM48-151/AFM48-151.PDF](https://static.e-publishing.af.mil/production/1/af_sg/publication/afm48-151/afm48-151.pdf)

are directed to contact their unit control centers to be added to the list of personnel that require an extension. The UCC will then route the SOFA permit list to their unit's emergency operation center representative for consolidation. For any additional questions about SOFA permit extensions please contact your UCC.

Current situation on Okinawa regarding COVID-19 (Current as of June 17)

As of June 16th, there have been no new cases of COVID-19 for 47 days straight. A total of 143 people in Okinawa were diagnosed with the disease and seven have died. As of June 8th, there are no patients hospitalized with COVID-19—the first time there have been zero cases since March 22nd. Responding to the Government of Japan bringing 80% of the country out of the nationwide state of emergency – including Okinawa – Okinawa Prefectural Government has lifted its own state of emergency. All elementary, middle and high schools in the Okinawa Prefecture have reopened and 99% of public schools have returned to their normal class schedules. Local buses on Okinawa have returned to their usual timetables and the business closure requests have been lifted.

The prefecture will fully lift the COVID-19-induced restrictions on the movement of people across its borders on 19 June. The prefecture will start welcoming tourists gradually for 18 days. The prefecture has started to accept people from mainland Japan starting 1 June, minus the following six areas: Hokkaido, Tokyo, Kanagawa, Saitama, Chiba and Fukuoka prefecture. Gov. Tamaki has laid out guidelines to ensure effective border control as restrictions are lifted. OPG is calling on Okinawa residents to adopt a new lifestyle that incorporates antivirus measures such as wearing face masks, maintaining social distancing, promoting teleworking, etc. The Eisa Festival scheduled for September has been cancelled due to the pandemic. The Naha Tug-of-War scheduled for October has been cancelled due to the pandemic.

UPCOMING EVENT Okinawa Memorial Day at USO

Join USO Okinawa and the American Chamber of Commerce in Okinawa as we remember the 75th Anniversary of Okinawa Memorial Day. On June 23rd, 2020, all 6 USO centers across Okinawa will recognize this day with a moment of silence followed by light refreshments.

Kadena Pride Committee hosts...

LGBT+ Pride Month

JOIN US ONLINE & IN PERSON

- June 1-22 - Essay Contest*
- June 3, 10, 17, 24 - Children's book readings
On Facebook @ 1730
- June 7, 14, 21, 28 - #KadenaPride through photos*
- June 6, 20 - #PrideWorkoutChallenge*
- June 6 - Virtual Brunch via Zoom @ 1200
- June 26 - Drive-in Movie: Jungle Book @ 1800
- June 27 - Global Online Pride
- June 27 - Kadena Driving Parade meet at Chapel 1 parking lot 1400
- June 28 - Picnic in the park @ 1100 (tentative based on COVID restrictions)

*Submissions are due by 6pm via email or FB

For more details
Visit: Kadena LGBT Pride
OR
Email: KadenaLGBTpride@gmail.com



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シマナー



Shimana (Mustard Greens): Shimana is a very popular vegetable in Okinawa, use for traditional dish such as stir fry with tuna can called "Chikina Champuru." Shimana contains highly multiple of daily vitamins to take.

Grab Lunch with an Exchange Food Truck!

19- Jun	1100-1700	KAB Concession Mall	E&C Kebab
19- Jun	1100-1400	KAB Flightline	Triple A
19- Jun	1700-1900	Camp Lester	Triple A
19- Jun	1700-1900	Plaza Housing	Old Spices
20- Jun	1100-1900	KAB Concession Mall	Café Shiyu de Pokko
20- Jun	1100-1900	KAB Concession Mall	Old Spices #2
20- Jun	1100-1700	Foster Main Store	E&C Kebab
21- Jun	1100-1900	KAB Concession Mall	Triple A
21- Jun	1100-1700	KAB Concession Mall	Churros Chilin-no-Suzu
21- Jun	1100-1900	Foster Main Store	Old Spices
22- Jun	1100-1400	KAB Flightline	Nukumi Kitchen
22- Jun	1700-1900	Torii Express	Triple A
23- Jun	1100-1400	Torii Express	Nukumi Kitchen
23- Jun	1100-1400	KAB Flightline	Café Shiyu de Pokko
23- Jun	1100-1800	Butler Express	Old Spices
24- Jun	1100-1400	KAB Flightline	Old Spices
24- Jun	1700-1900	KAB Concession Mall	Triple A
25- Jun	1100-1700	Torii Express	Old Spices
25- Jun	1100-1400	KAB Flightline	Café Shiyu de Pokko
25- Jun	1100-1800	Butler Express	Old Spices



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The Battle of Okinawa: 75 years later

The article released on April 1, 2015. This year marks 75th anniversary of the Battle of Okinawa.

By Stephen Ove

4/1/2015 - KADENA AIR BASE — On the 70th anniversary of the Battle of Okinawa, Peace Prayer Park serves as a reminder of that historic battle. It is an experience of contrasts for those who visit southern Okinawa. It is acres of monuments to a great battle, scenic vistas, towering sea cliffs and solemn storytelling. But to Okinawa it is a warning to the world.

With Peace Prayer Park, Okinawans expertly crafted a museum to do something extraordinary; shine a light upon a dark period in their history in hopes it might admonish war as a solution to international conflict.

Okinawans found themselves on both sides and surrounded by conflict as the world's largest amphibious invasion enveloped their island on April 1, 1945. In reality, of all the many people present, they share only one thing in common — a cultural narrative of epic suffering and inconsolable loss. However, as a civilization, Okinawa's loss of one third of its population in 82 days placed it, for a time, squarely in the path of extinction. Though the people endured, their experience shaped their attitudes to this day, experiences ranging from personal tragedies to the loss of entire families.

The milestone at 70 brings into focus the now dwindling population of survivors from all sides. With their passing goes too a cloud of deeply dark, deeply personal experiences that defy explanation or even a modern equivalent. With sunset approaching so many survivors comes a need for new generations to better



The Eternal Flame sits in the center of a pool of water and map depicting the Pacific region located on the grounds of the Okinawa Prefectural Peace Memorial Museum in Itoman City, Okinawa.

(U.S. Air Force photo by Tech. Sgt. Alexy Saltekoff)



(U.S. Air Force photo by Tech. Sgt. Alexy Saltekoff)

◀ The Okinawa Prefectural Peace Memorial Museum is located near Mabuni Hill, also known as Hill 89, in Itoman City. Mabuni Hill was where the Battle of Okinawa ended June 22, 1945.



(U.S. Marine Corps photo by Pfc. Francesca de la Reza)

◀ Wreaths adorn the Cornerstone of Peace memorial wall during the Okinawa Memorial Day services at Peace Memorial Park, Itoman, June 23, 2019. The memorial walls are inscribed with over 240,000 names of lives lost, regardless of nationality, civilian or military status in the Battle of Okinawa.

understand the battle and appreciate its consequences, and Okinawa's often overlooked role in world history.

Perceptions and preconceptions, both good and bad, were formed in the growing conflict between the U.S. and Japan, tempered during the violent experience of the war and cooled to the shape it holds today in its chaotic aftermath. The survivors carry memories of relentless artillery, a typhoon of steel, banal violence, fetid caves, hunger, sacrifice, reintegration

camp, food, recovery, and hope. These personal memories indelibly forged the post-war consciousness of Japan, the U.S. and Okinawa.

For the lucky that did not perish immediately, the battle left an artifact in the psyches of its survivors. Documented psychological injuries raged in a way unknown to the U.S. in the Pacific War, requiring for the first time an entire field hospital devoted to psychoses. While that cost was often, literally, unspeakably

traumatic for the victors, the vanquished suffered more in every measure. All survivors were burdened to tell the story of what was lost, but stymied in their ability to give words to the horrors they endured, often deferring the opportunity to speak of what their minds never could truly process.

Now, 70 years later, it's hard to explain how strong our alliance has become to those who fought here. But it is up to us, their decedents, to resolve to continue the discussion.

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