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THE LATEST
INFORMATION
ON COVID-19
VISIT

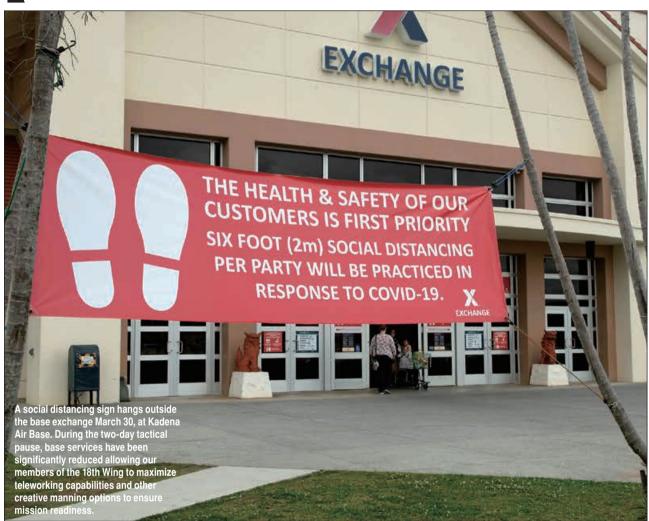
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f KadenaAirBaseKADENA CONNECT

Number 13 - Issue 13

Kadena implements new protection measures

FORCE - ARMY - NAVY - MARINE - COMMUNITY NEWS



(U.S. Air Force photos by Staff Sgt. Benjamin Sutton



 A base exchange worker stands behind a protective shield at the base exchange March 30, at Kadena Air Base.





↑ The lobby inside the 18th Medical Group sits empty during the two-day tactical pause March 30, at Kadena Air Base.



STANDARD PRECAUTIONS



Clean your hands often with soap and water and/or hand sanitizer.



Avoid touching your eyes, nose and mouth with unwashed hands.



Avoid close contact, putting distance between yourself and other people.



Stay home if you're sick, except to get medical care.



Cover coughs and sneezes.



Wear a face mask if you are sick.



Clean and disinfect frequently touched surfaces.

(U.S. Air Force Graphic by Rosario "Charo" Gutierrez)

CORONAVIRUS

If you are experiencing COVID-19 symptoms,

CALL AHEAD

before proceeding to a medical facility.

Kadena Medical Clinic: 630-4817 or 098-960-4817

U.S. Naval Hospital: 090-6861-5230

Symptoms include: fever, cough, sore throat, shortness of breath, nausea, diarrhea

Twin infants evacuated amidst **COVID-19** crisis

By 1st Lt. Daniel de La Fé

51st Fighter Wing Public Affairs

3/30/2020 - OSAN AIR BASE, Republic of Korea — Parker and Laine McFall were born February 17 at 30 weeks in Daegu's Yeungnam Medical University Medical Center during the COVID-19 outbreak. They were medically cleared and protected from COVID-19, then transported to Osan AB for a follow-on flight to Joint Base Andrews, Maryland, culminating in care at Maryland's Walter Reed National Military Medical Center for advanced neonatal patients.

The 18th AES from Japan's Kadena Air Base is one of the few Neonatal Critical Care Air Transport Teams in the world. The squadron's ability to mobilize quickly with the most advanced equipment available gives patients the critical care they need during flight.

Advanced precautions were made to protect the infants, parents, medical providers and aircrew coming from across the region to support the critical care transport.

The parents, U.S. Army's Spc. Cody McFall and Pfc. Cheyenne Evans with the 188th Military Police Company at Camp Walker, were preemptively tested for COVID-19 and placed in quarantine on March 10. They tested negative and are currently showing no symp-

U.S. Army Col. Joseph Hudak, a neonatologist from Brian D. Allgood Army Community Hospital at Camp Humphreys, transported the infants via ambulance from the Neonatal Intensive Care Unit in Daegu to Osan AB. From there, the infants were placed aboard the aircraft and



(U.S. Air Force photo by Staff Sgt. James Miller

Sailors transport

aboard the hospital

(T-AH 19) into the casualty receiving area, March 29.

nation's COVID-19 response efforts, and

hospital for non-

Evans, 188th Military Police Company, Camp Walker, Republic of Korea, reunites with her newborn, baby McFall, prior to an aeromedical evacuation mission, March 30, at Osan Air Base, Republic of Korea.

flown to JB Andrews.

Neonatal Critical Care Air Transport Teams give children access to the higher echelon of care they need, and Walter Reed National Military Medical Center is the only facility currently able to accommodate the infants' specific needs.

USNS Mercy accepts first patients in Los Angeles

By MC2 Natalie Byers

U.S. 3rd Fleet

3/30/2020 - LOS ANGELES — The hospital ship USNS Mercy (T-AH 19) accepted its first patients in Los Angeles, March 29, during its support of the nation's COVID-19 response efforts.

"I couldn't be more proud of our crew for all the hard work they did to get us here and ready in such a short time," said Capt. John Rotruck, Mercy's Military Treatment Facility commanding officer. "Being able to accept our first patients is a true testament of the teamwork between Mercy, the Navy, the State of California, the county of Los Angeles, and the City and Port of L.A."

While in Los Angeles, the ship will serve as a referral hospital for non-COVID-19 patients currently admitted to shore-based hospitals, and will provide a full spectrum of medical care

to include general surgeries, critical care and ward care for adults. This will allow local health professionals to focus on treating COVID-19 patients and for shore-based hospitals to use their Intensive Care Units and ventilators for those patients.

The men and women embarked on board Mercy are energized, eager, and ready to provide relief to those in need," said Rotruck.



(U.S. Navy photo by Mass Communication Specialist 2nd Class Abigayle Lutz)

Mercy is a seagoing medical treatment facility that currently has personnel embarked for the Los Angeles mission, including Navy medical and support staff assembled from 22 commands, as well as over 70 civil service mariners.

Mercy's primary mission is to provide an afloat, mobile, acute surgical medical facility to the U.S. military that is flexible, capable, and uniquely adaptable to support expeditionary warfare. Mercy's secondary mission is to provide full hospital services to support U.S. disaster relief and humanitarian operations worldwide.

U.S. 3rd Fleet is operating as the Maritime Command Element, West, for U.S. Naval Forces Northern Command (NAVNORTH), under U.S. Northern Command for Defense Support of Civil Authorities in support of the Federal Emergency Management Agency, the lead agency.

Kadena Air Base Weekly Newspaper



嘉手納基地内 70 カ所以上、トリイステーション、海軍基地 海軍病院、米国領事館、県内の商業施設や店舗へ 300 カ所以上に無料配布されています。 空軍、陸軍、海軍、その家族、軍雇用員、シビリアンなど幅広い層に読まれています。

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kadena.samuraigate@gmail.com

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Kadena conducts COVID-19 testing

By Senior Airman Rhett Isbell and Airman Ist Class Mandy Foster

18th Wing Public Affairs

3/25/2020 - KADENA AIR BASE

— Airmen from the 18th Medical
Group conduct COVID-19 testing
at Kadena Air Base, Japan, March
20. Under the most current guidance from the Centers for Disease Control, the 18 MDG has increased its testing for the disease.

Those who are tested become Persons Under Investigation (PUI), are contacted by Public Health, placed into isolation and instructed on how to avoid spread of their illness to family members in the home. Public Health interviews the PUI and develops a list of "close contacts" who are then called and given instructions to quarantine for 14 days. A close contact is someone who lived with or cared for a PUI,

had direct physical contact with a PUI, or shared eating utensils or had prolonged close conversation with a PUI. On average, lab results take 2-5 days to return. If results are negative, isolated and quarantined individuals will be notified and released. If results come back positive, quarantine for the close contact will continue for 14 days and isolation for the PUI will continue until the PUI is medically cleared. Someone who has had contact with someone deemed a close contact does not need to be placed in quarantine but should continue to practice social distancing.



(U.S. Air Force photo by Airman 1st Class Mandy Foster

3rd Medical Battalion fitted with N95 Masks



(U.S. Marine Corps photo by 1st Lt. Tori Sharpe)

U.S. Navy Lt. Victor Camaya assists Lt. j.g. Lena Redkina in reinforcing the seal around her mask during a fit testing for an N95 respirator and survival mask at Naval Hospital Okinawa on March 27. Marine Corps medical professionals are required to wear N95 respirator and survival masks while screening patients showing symptoms of COVID-19 in Health Protection

200 new doctors, nurses to join military medical ranks early

By USU Staff

3/27/2020 - WASHINGTON — More than 200 military medical students and graduate nursing students from the Uniformed Services University of the Health Sciences, known as USU, will be graduating early to support their colleagues in the U.S. military health system amid the global coronavirus pandemic.

USU President Dr. Richard Thomas made the decision when the national emergency was declared, officials said.

"Our curriculum has a specific focus on threats like emerging infectious diseases and disasters that our military and Public Health Service forces are likely to encounter in the course of their careers," Thomas said. "This instruction is based on real-life lessons

learned, is woven throughout the curriculum and incorporated into our medical field exercises."

USU's students are uniquely prepared to meet and address the readiness needs of the Defense Department and the nation the moment they step out of the university's doors, Thomas said.

"This is exactly what they were educated and trained to do," he added. The surgeon generals of the Army, Navy, Air Force and Public Health Service will receive a competent cadre of health care professionals who can augment current



(U.S. Navy photo by Mass Communication Specialist 1st Class John Paul Kotara II)

resources available to them."

The students, who are all active duty uniformed officers in the Army, Navy, Air Force or Public Health Service, will have completed all of their requirements to be awarded a degree and will be available for reassignment by their respective services, officials said. The officers include physicians; family health, mental health and women's health nurse practitioners; clinical nurse specialists and certified registered nurse anesthetists.

USU is the nation's only federal health sciences university.





U.S. Air Force Staff Sgt. Zacharias Clemmons, 18th Aircraft Maintenance Squadron crew chief, performs a hydraulics operations check on an F-15C Eagle March 27, at Kadena Air Base. The hydraulics check is performed by running a series of tests, which simulate the same conditions likely to occur in-flight. Airmen are working around the clock ensuring aircraft are ready for flight training operations in order to promote a free and open Indo-Pacific.

WEATHER FIRMEN KEEP EAGLE EYES ON SKIES Senior Airman Thomas Messina; 18th Operations Support Squadron weather journeyman, monitors weather conditions. Mar. 26, at Kadena Air Base. Weather Airmen must maintain accurate weather readings even during adverse conditions.

III MEF and 7th Fleet Judge advocates Join Forces Aboard Blue Ridge



(U.S. Navy phot

By U.S. 7th Fleet Public Affairs Office

3/31/2020 - SOUTH CHINA SEA — Judge advocates from the U.S. 7th Fleet and III Marine Expeditionary Force (MEF) staff came together at sea aboard 7th Fleet flagship USS Blue Ridge (LCC 19).

U.S. Marine Corps Maj. Daniel Majtan, currently assigned to the III MEF in Okinawa, Japan, embarked the USS Blue Ridge during the ship's port visit there last month. As part of the embark Majtan worked with Cmdr. Katherine Pasieta, fleet judge advocate; from U.S. 7th Fleet, with the objective of increasing naval integration, from a legal as-

pect

"No question professionally that this has been a learning experience," said Majtan. "To understand that we could both be supporting a joint task force where I'm supporting the land component while 7th Fleet is in the maritime component, I now have a better understanding what everyone is doing at sea which ultimately makes the joint task force stronger."

During this time, Majtan was able to help support the 7th Fleet mission by standing as a judge advocate for the staff while one of the staff members was on temporary duty away from the ship.

"I believe the diversity in perspec-

tives could be helpful," said Pasieta. "Coming up as Navy judge advocates and having the narrow naval-centric point of view and having someone bring something else is helpful, which Maj. Majtan has done. As we talk through issues it's great to have a different way of seeing things. For instance, we could be used to doing one thing a certain way, but together we could find a better method for things, which is helpful."

7th Fleet serves with III MEF to continually execute missions that enable maritime superiority through effective command and control, prosecution of naval fires, and operational maneuvers.





嘉手納基地、新型コロナウィルス検査を実施



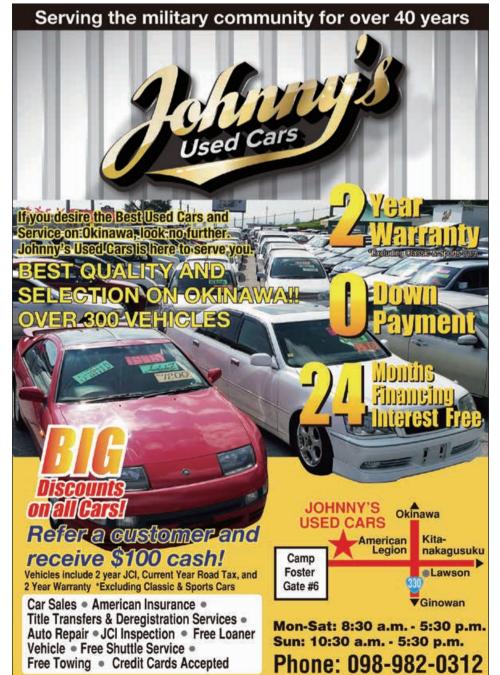
基地第18医療群所属の空軍兵士が新 型コロナウイルスの検査を実施している様子(2020年3月20日撮影)。米疾病対策センタ ーが公表した最新の指針を基に、第18医療群 は検査件数を増やした。検査を受けた者(PUI) は、衛生担当官の指示を受けて自宅待機し、家

は検査対象者に聞き取りを行い、濃厚接触者 リストを作成する。担当官は、濃厚接触者と疑 われる者に連絡し、14日間の移動制限を指示 する。濃厚接触者とは、検査対象者の同居人、 対象者を看護した人、物理的な接触があった 食器類を共用した人、又は近距離で長時間 会話をした人などを指す。検査結果が判明する まで、通常2~5日を要する。結果が陰性の場 合、移動制限は解除される。陽性の場合、検査 対象者は治癒したと診断されるまで移動制限 が続き、濃厚接触者は引き続き14日間の移動 制限を受ける。また、濃厚接触者と疑われる者 と接触した人は、移動制限は受けないものの、 十分な対人距離を保つことが求められる。 (米空軍写真撮影:レット・イズベル上等兵、









www.johnnvs-cars.com



Kadena Air Base Community Notes

To submit an announcement for the base bulletin, please visit www.kadena.af.mil

NOTICE Kadena Medical Clinic Notice

The only proven, effective way to prevent the spread of COVID-19 is by preventing face-toface contact as much as possible. Therefore, 18 MDG is converting all routine face-to-face appointments to telephone appointments until further notice. A provider will call you the day of your scheduled appointment. There is no specific time so please be patient and ensure you answer your phone. Incoming MDG phone calls will appear with "no caller ID." If during the phone call the medical personnel (nurse or provider) determines that an in-person visit is necessary, they will provide instructions on how to report to the MDG building for an exam. We will not be offering walk-in treatments, to include sore throat, wart, blood pressure checks, urinary tract infections, or confidence checks. To handle these needs, please call the appointment line or book via Tricare Online (TOL) https://www.tricareonline. com/tol2/. To practice good social distancing and avoid unnecessary risk of exposure, please stay away from the clinic unless your visit is of the utmost importance. Space-available patients cannot be seen at this time.

Laboratory: Due to COVID-19 laboratory efforts, the lab will have limited services. All routine lab work is discouraged at this time and will be handled on a case-by-case basis.

Radiology: Services remain unaffected by the change in operations.

Immunizations: Services remain unaffected by the change in operations.

Pharmacy: If you require a medication refill, please call the appointment line, utilize secure messaging or book a virtual encounter on TOL. Some medications may be only partially filled due to limited supplies.

Below are more specifics related to our specialty clinics.

Pediatrics:

- -All well child visits for children over the age of 18 months are postponed until further notice.
- -All well child visits, and required scheduled

appointments for children with issues other than fever, cough, congestion, etc., will be rescheduled to the first appointments of the day to limit the risk of coming into contact with other patients.

Flight Medicine

-Fliers needing a return to fly, or fliers without fever, cough or shortness of breath will be seen during

morning walk-in hours. Fliers with symptoms of fever, cough or shortness of breath should call flight medicine to speak with a provider.

Women's Health

- -Routine annual pap smear and well-woman exams are postponed until further notice.
- -Pre-natal care will continued as scheduled.

Physical Therapy

-Services will continue as scheduled.

Beginning Monday, March 30, the 18 MDG will screen patients before using a single point of

entry. Patients who have a fever, cough or shortness of breath will not be permitted to enter the clinic building, but every effort will be made to ensure their concerns are addressed. In the event patients are experiencing a fever, cough or shortness of breath our Medical personnel will ensure the patient understands their next step in receiving care.

* * P H A R M A C Y UPDATE**

In order to prioritize the safety of our patients, as well as the safety of our staff, the Kadena Pharmacy is updating their hours for prescription pick-up. Prescriptions will be available for pick-up.

from 0900-1100 and 1400-1600 Monday-Friday. Prescription pick-up will not be available at any other time.

- A Third Party individual that is picking up for another patient requires 2 things:
- 1. The patient's military ID card OR a picture of the front and the back of the patient's military ID card.
 2. A written statement with the following verbiage:
- "I (patient's name) give permission for (Third Party) to pick up any and all of my prescriptions from the 18 MDG Pharmacy."

Once statement is signed, please bring in either a hard copy or photograph of statement (for example you may show a picture of the signed statement received via text).

When coming to pick up prescriptions, patients will be directed by staff on where to park to receive prescriptions.

Road Blocked

A section of Schreiber Ave (near bldg. 254) will be blocked from April 6 to May 31 (24 hrs/day) to disassemble temporary pier that was constructed adjacent to the Schreiber Ave for the box culvert construction. Traffic lights will be installed for controlling one-way alternate traffic flow.

INFORMATION Kadena and Camp Foster Emergency Numbers

Kadena Fire Emergency Services reminds everyone to program their cell phones with the emergency numbers. To report an emergency on Kadena via cell, dial 098-934-5911, and from an office phone, dial 911. For Camp Foster via cell, dial 098-911-1911, or from an office phone, dial 911.

Bedroom and Bathroom



- The sick person should stay separated from other people in the home (as much as possible).
- If you have a separate bedroom and bathroom: Reduce cleaning to as-needed (e.g. soiled items and surfaces) to minimize the amount of contact with the sick person.

 Caregivers can provide personal cleaning supplies to the
 - Caregivers can provide personal cleaning supplies to the sick person (if appropriate). Supplies include tissues, paper towels, cleaners, and EPA-registered disinfectants
 - towels, cleaners, and EPA-registered disinfectants

 If shared bathroom: Clean and disinfect after each use by the
 sick person if this is not possible the caregiver should wait as
- sick person. If this is not possible, the caregiver should wait as long as possible before cleaning and disinfecting.



Food

- Stay separated: The sick person should eat (or be fed) in their room if possible
- Wash dishes and utensils using gloves and hot water: Handle any non-disposable used food service items with gloves and wash with hot water or in a dishwasher.

Clean hands after handling used food service items.



Tras

Dedicated, lined trash can: If possible, dedicate a lined trash can
for the sick person. Use gloves when removing garbage bags, and
handling and disposing of trash. Wash hands afterwards.

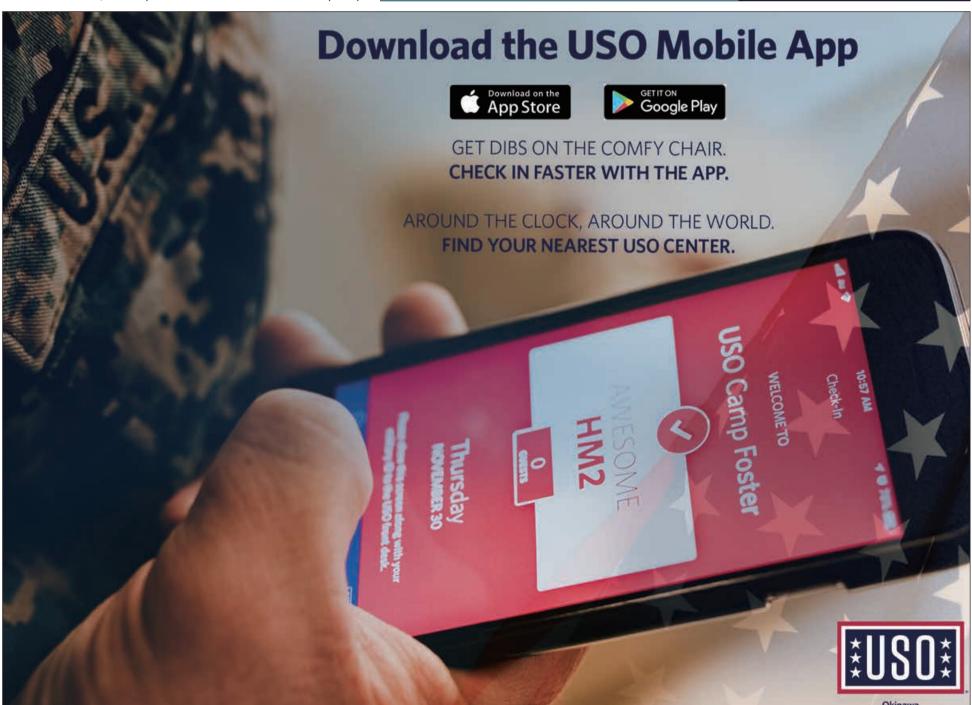
DC gale & Material Connecting Immunistrate and Responsery Citables (NC RC), Oloman of Viril

WHEN SOMEONE IS SICK

Everyday Steps And Extra Steps When Someone Is Sick At Your Home

For more details visit the CDC website at:

https://www.cdc.gov/coronavirus/2019-ncov/prevent-getting-sick/disinfecting-your-home.html



How to File a Complaint with IG

If you believe you are unable to resolve your complaint through supervisory channels, you may seek IG assistance to determine if the complaint should be filed with the IG. You can file a complaint if you reasonably believe inappropriate conduct has occurred or a violation of law, policy, procedures, or regulation has been committed. Complete the personnel data information on an AF Form 102 and briefly outline the facts and relevant information related to the issue or complaint. List the allegations of wrongdoing briefly, in general terms and provide supporting narrative detail and documents later, when interviewed by an IG person. Allegations should be written as bullets and should answer who committed the violation; what violation was committed; what law, regulation, procedures, or policy was violated; when did the violation occur. Help is available: Call your Kadena IG office at 634-7622 for Maj Sarabia, 634-2768 for SMSgt Aguirre, or leave a message on the Kadena Fraud, Waste, & Abuse (FWA) Hotline at 634-0404.

UPCOMING EVENTS Annual Bataan Memorial Death March

The Kadena Top 3 organization will be hosting the Annual Bataan Memorial Death March on Saturday, April 18 starting at 6 a.m. The event will start at Kadena's Keystone Theater for a remembrance followed by a march, walk, or jog along Kadena's flightline perimeter road. The march will begin at 6:30 a.m. Individuals and teams are encouraged to participate. For more information, contact TSgt Reyes at 634-3579 or e-mail: philadoni.reyes.1@ us.af.mil.

2020 Annual Volunteer Recognition Ceremony Nominations

The Airman and Family Readiness Center (AFRC) will host the 2020 Annual Volunteer Recognition Ceremony (AVRC) on April 24 to recognize the contributions and accomplishments of Kadena volunteers in 2019. Nomination for awards are currently being accepted. The following awards will be presented at the AVRC pending nominations: Volunteer Excellence Award (VEA), Angel Award, Presidential Volunteer Service Award (PVSA), and the Military Outstanding Volunteer Service Medal (MOVSM). For more information, please contact the AFRC at 634-3366 for award



package nomination information and submission deadlines.

Swinging for Scholarship Golf Tournament

Swinging for Scholarship is a golf tournament fundraiser hosted by the Okinawa Alumnae Chapter of Delta Sigma Theta Sorority, Inc. at Banyan Tree Golf Course on Friday, May 8, starts 7:30 a.m. All proceeds are in support of the Chapter's annual Yvonne Hattie Brown Scholarship which is given to deserving High School students attending DODEA schools in Okinawa. All participants are welcome to attend! Kadena Air Base access is required. Please contact e-mail oacpandm91@gmail.com for more info.

CCAF Graduation

The Kadena Air Base Top 3 Organization will host the Community College of the Air Force Graduation at the Rocker NCO Club, June 10 at 3 p.m. Reception to follow. Military guests of the graduates may wear the uniform of the day. For more information, contact the Education Office at 634-1500.

















G A

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U R A I



Rollup Burritos



2-198 Miyagi, Chatan Town Open: 8:00-21:00 TEL: 098-926-5068

¥ Cash VISA





Emerald Ocean Side



Open:12:00-22:00
(Tue / Wed / Thur 17:00-22:00)
TEL: 098-936-8788

\$/¥ Cash VISA





Okinawan Brown Sugar CUPTY

AJITOYA Okinawan Brown Sugar Curry



1-17-9 Kitamae, Chatan Town Open: 11:00-15:00 17:30-20:30 17:30-20:30 TEL: 098-911-1892

¥ Cash VISA





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Sat: 11:00-22:00 Sun: 11:00-15:00

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3-1-10 Mihama, Chatan Town Weekday: 11:00-21:00 Sat & Sun: 10:00-21:00 TEL: 098-926-1888

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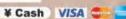




Bakery Sweets



5-4-1 Chatan, Chatan Town Open: 8:00-19:00







BOASORTE **BURGER & BAR**



4-1-1 Oyama, Ginowan City Open: 11:00-15:00 18:00-21:00 (L.O. 20:30 18:00-21:00 (L.O. 20:30)

(Sun evening & Mon closed) \$/¥ Cash VISA





Asian Dining Bar A-Danny



2-12-6 Chatan, Chatan Town Open: 11:00-23:00 TEL: 098-923-1958

\$/¥ Cash VISA 🥌



Sundub Dubidub



3-1-12 Mihama, Chatan Town Open: 11:00-22:00 (L.O. 21:00) TEL: 098-936-4558

S/¥ Cash VISA





Pizza

To Go Order M/L Pizza at 50% Off in April



2-9-17 Mihama, Chatan Town Open: 11:00-23:00 (L.O. 22:00) TEL: 098-936-0042

¥ Cash VISA







2-2-11 Mihama, Chatan Town Open: 11:00-21:30 (L.O. 21:00) (Thursday closed) TEL: 098-936-2113

S/¥ Cash VISA

