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NEWS



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AIR FORCE - ARMY - NAVY - MARINE - COMMUNITY NEWS

Number 13 - Issue 11

DoD directs stop movement in response to COVID-19

By Staff Sgt. Sahara L. Fales

Air Force's Personnel Center Public Affairs

3/13/2020 - JOINT BASE SAN ANTONIO-RANDOLPH, Texas —

Background:

The Department of Defense issued a stop movement of all personnel to, from or through locations designated by the Centers for Disease Control and Prevention as Level 3 COVID-19 areas effective March 13 and for the next 60 days.

Following Secretary of Defense Mark T. Esper's announcement of new travel restrictions, the Air Force began implementing and complying with this guidance.

The stop movement applies to all forms of official travel, such as permanent change of station, temporary duty and government-funded leave for uniformed and civilian personnel and includes personal leave and other non-official travel for uniformed personnel. Level 3 locations currently include most of Europe, South Korea, China and Iran. However these are subject to change as determined by the CDC.

PCS guidance to or from Level 3 countries:

- Airmen currently assigned to a continental U.S. (CONUS) base with a projected PCS to one of the Level 3 countries and Airmen who have out-processed, but not departed the local area for one of the Level 3 countries will remain in place until stop movement is terminated.
- Airmen currently assigned to an overseas base in a Level 3 country with a projected PCS and March 2020 Date Estimated Return from Overseas who have not departed, will remain in place until stop movement is terminated.
- Airmen who are PCSing to or from an installation in a Level 3 country and have departed their last duty installation and are enroute to their gaining base must contact their losing chain of command and Military Personnel Flight/Force Support Squadron by whatever means available.

Airmen will not proceed until after receiving further guidance from the Air Force's Personnel Center coordinated through the respective MPF.

- If Airmen in a Level 3 country have an approved separation or retirement in the next 60 days, they are exempt from stop movement. However, those Airmen must comply with transit and screening guidance described in the "Department of Defense Guidance for Personnel Traveling During the Novel Coronavirus Outbreak" memo dated March 11, 2020. That guidance is available here.

TDY or Leave to or from Level 3 countries:

- Airmen with projected TDY to a stop-movement location will not proceed on TDY. Airmen enroute or currently at a TDY location impacted by stop movement will remain in-place until further guidance or stop movement is terminated. Airmen currently on leave in an area impacted by stop movement will remain in-place until they receive further guidance from their chain of command and MPF. Upon returning to home station, the Airmen's leave dates and duty status code will be adjusted accordingly to ensure Airmen are not inappropriately charged additional leave.

Report no later than date (RNLT) and date of estimated return overseas extensions (DEROS):

- Airmen impacted by this guidance with a projected PCS from a country designated as a Level 3 location will have their DEROS extended 60 days.
- Airmen impacted by this guidance requiring a RNLT extension will be worked on a case by case basis.

Questions:

More personnel travel guidance along with FAQ will be released as they become available. For further questions please contact your chain of command or local Military Personnel Flight. In addition, the Total Force Service Center can be reached at (800) 525-0102. A TFSC technician is available 24/7 to take your call.

CORONAVIRUS

If you are experiencing COVID-19 symptoms, **CALL AHEAD**

before proceeding to a medical facility.

Kadena Medical Clinic:
630-4817 or 098-960-4817

U.S. Naval Hospital:
090-6861-5230

Maskery teaches more than Wrestling

Courtesy by AAFES

3/16/2020 - CAMP FOSTER —

Col. Scott P. Maskery, Army and Air Force Exchange Service Pacific Region Headquarters commander volunteered his time and his experience to coach Kadena High School student-athletes, the proper techniques and rules of competitive wrestling.

More than just wrestling, Maskery wanted to teach his team about discipline, commitment, hard work and respect.

"I truly believe sports and being part of a team helps educate and prepare them for life," said Maskery. "It's about teaching them discipline, the value of hard work and the importance of teamwork and being a good teammate; those are the traits and qualities I want them to learn."

Last season, Maskery volunteered as an assistant coach but this year was offered the chal-

lenging position of head coach by Kristopher Kwiatek, principal at KDHS, which Maskery graciously accepted.

"I was very thankful and appreciative," said Maskery. "I never thought I would have this amazing opportunity [to be head coach] while serving as an active-duty Airman or at a school where my son, Paul, is a wrestler".

As a husband, father and Commander of AAFES PAC Region, Maskery's daily duties are quite robust even without the added responsibilities of being head coach. From mid-November to mid-February, he juggled his schedule to attend their practices and matches. He would come to the office early, work late at nights and work on weekends, so he could be physically present to lead his team.

"I'm extremely fortunate that I'm surrounded by very com-

petent military and civilian Exchange personnel who through their outstanding abilities allowed me to be away from the office for a couple hours-a-day in the late-afternoon," said Maskery. "I also have a very supportive wife, Jennifer, who picked up a lot of "home duties" during my busy days."

Last year, KDHS had 15 wrestlers, 1 head coach and three volunteer coaches.

This year, the first thing Maskery did as head coach involved recruiting students and coaches to become members of the Panther's wrestling team. Maskery's team was compiled of 14 first year wrestlers and 9 returning wrestlers along with 7 experienced volunteer coaches with accomplished resumè including former Department of Defense Education Activity (DoDEA) Far East Champion and former Indi-



Capt. Scott Maskery, AAFES Pacific Region Headquarters' Commander, gives a congratulatory handshake to Oluwabukunmi "Jojo" Adesuyi (158 weight class) after posting a victory Jan. 15 against the Kubasaki Dragons.

(Courtesy photo)

ana State Champion.

Wrestling on Okinawa as a DoDEA student-athlete is much different from being on a wrestling team in the U.S. where every match, wrestlers are paired up with someone different.

Here, there are two DoDEA high schools; KDHS and Kubasaki High School, which are about 10 miles apart and they wrestle each other every week.

CONTINUED ON PAGE 2

WRESTLING from Page 1

"I think our season could have been better, but a big part of that is the lack of [different] competition on the island," said Air Force Staff Sgt. Christopher B. Miller, Cable/Antenna Maintenance Supervisor and volunteer coach. "They need to face a plethora of different opponents."

Throughout the 2019-2020 season, the KDHS wrestling team had their shares of highs and lows, ups and downs; all part of the growing pains of being a young wrestling team. Maskery and his seven volunteer assistant coaches invested more than 1,600 hours into their wrestlers in preparation for their finale, the DoDEA Far East Tournament at Osan Air Base, South Korea.

KDHS was well represented on the podium at the tournament as sophomore Kurt Chapman took 1st Place in the 125 pound division, freshman Aiden Russell, 108, took second place, sophomore Mizuki Sato-Marsh, 101, and the only female to place, took fourth, sophomore Crisean Covington, 135, took fifth place, while sophomore Joshua Dodge, 115, and junior Nick Neary, 168, took sixth place.

"[I am] extremely pleased with how he progressed throughout the season," said Command Sgt. Maj. Dennis N. Dodge,



Top Row: Coach Dave Compton, Ty' Asiah Williams (manager) Halley Russell (141) Axel Shepherd (122) Joey Puterbaugh (168), Nick Neary (168) Caleb Wise (275), Nathaniel Hartman (275), Elle Campion (manager), Coach Joey Wood **Second Row:** Coach Simon Reilly, Coach Christopher Miller, Kevonte Speight (129), Kurt Chapman, Garron Lee (135/141), Gabe Barrientos (135), Liam Amiot (141) Paul Maskery (148), Larry Carver (148), Oluwabukunmi "Jojo" Adesuyi (158), Head Coach Scott Maskery **First Row:** Mizuki Sato-Marsh (101), Thomas Frye (101), Mirai Sato-Marsh (108), Aiden Russell (108), Joshua Dodge (115), Dominic Farris (122), Nathan Rowberry (122), Jorge Mendez (122), Donovan Navarro (129) **Not in Photo:** Coach Dean Paoella, Coach Breaughn Hernandez, Crisean Covington (135)

(Courtesy photo)

U.S. Army Garrison-Okinawa at Torii Station's Senior Enlisted Leader and father of Josh. "In Col. Maskery's words, "He didn't know the difference between hitting a take-down from ordering a take-out" referring to Josh when he first started but now he has developed a passion for wrestling."

"Mentoring the student wrestlers on

life choices and goals, the importance of academics, and how to treat others with respect, was just as important as coaching wrestling to Coach Maskery," said Dave Compton, a teacher at KDHS. "His zeal and love for the sport as well as the young men and women who participated this year was obvious from day one."

As the 2020 wrestling season came to a close, the foundation for next year's team has been planted.

"This has been a great season, both for wrestling and individual maturity," said Maskery. "I can't wait to see what the next season holds for the Kadena High School Panther wrestling team."

Special Tactics MOH recipient honored with Annex renaming



U.S. Airmen participate in the memorial pushups during the Joint Base San Antonio Annex renaming ceremony, March 4, at Joint Base San Antonio-Chapman Training Annex, Texas.

(U.S. Air Force photo by Sarayuth Pinthong)

By Bridget Donovan

24th Special Operations Wing Public Affairs
3/4/2020 - JOINT BASE SAN ANTONIO-LACKLAND, Texas — A parachute slid off the wall, revealing the text behind it, "Welcome to Chapman Training Annex, home of Air Force Special Warfare Train-

ing." The life and legacy of a Special Tactics combat controller will forever be cemented into history with an installation renaming that serves to inspire not just Special Warfare trainees, but all Airmen that come through the gates of the annex.

The Joint Base San Antonio-Lackland

Medina Training Annex was renamed the Chapman Training Annex in honor of Special Tactics combat controller Master Sgt. John A. Chapman March 4, 2020. The ceremony, held on the 18th anniversary of his death, was attended by family, friends and fellow Airmen.

In August 2018, Chapman was posthumously awarded the Medal of Honor nation's highest honor for his selfless actions in Afghanistan during the Battle of Takur Ghar on March 4, 2002 in support of Operation ANACONDA.

"With the renaming of this training annex, the Air Force will fittingly memorialize Master Sergeant Chapman at the location where all Air Force enlisted Airmen receive their initial combat skills training and all Air Force Special Warfare Airmen begin their journey," said U.S. Air Force Senior Master Sgt. Michael Herrera, squadron superintendent of the 350th Special Warfare Training Squadron.

Chapman paid the ultimate sacrifice when he selflessly sacrificed his life to fend off a rocket-propelled grenade attack on an incoming MH-47 Chinook helicopter carrying a quick reaction force of U.S. Army Rangers and Air Force Special Tactics Airmen.

In a valiant attempt to rescue U.S. Navy

SEAL, Petty Officer 1st Class Neil Roberts, Chapman and the team voluntarily reinserted themselves into immediate danger. Upon exiting the helicopter, Chapman immediately charged uphill through the thigh-deep snow, directly engaging enemy combatants, clearing the position.

With no regard for his own life, Chapman intentionally moved from cover and was struck by enemy machine gun fire. Despite severe, mortal wounds, Chapman continued fighting relentlessly before paying the ultimate sacrifice.

Chapman was posthumously promoted to the rank of Master Sergeant on Aug. 22, 2018 by General David Goldfein, Chief of Staff of the U.S. Air Force.

"John Chapman was a great warrior, a steadfast friend, a selfless patriot, and above all—a man of unquestionable character," said U.S. Air Force Vice Chief of Staff, General Stephen W. Wilson. "I think it's important to never forget his sacrifices, so that this Chapman Annex might stand as an enduring reminder to all about the ideas of selfless service—about an unwavering commitment to duty, and to fellow men, so that we can aptly characterize what John Chapman did and his service to our

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Kadena Air Base Weekly Newspaper

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U.S. Air Force Maj. Anthony Aceto, 18th Aeromedical Evacuation Squadron flight nurse looks over an electronic flight book onboard a KC-135 Stratotanker during an exercise Oct. 8, 2019, out of Kadena Air Base. The 18th AES deploys and operates elements of a theater aeromedical evacuation system capable of worldwide taskings.

USAF medics maintain proficiency through practice, persistence & partnerships

(U.S. Air Force photo by Senior Airman Matthew Seefeldt)

By Shireen Bedi

Air Force Surgeon General Public Affairs
 3/13/2020 - FALLS CHURCH, Va. — The Air Force accomplished an unprecedented mission in August 2019 when medics from across the force came together for an 8,000 mile, non-stop evacuation of a critically injured Soldier.

With a C-17 Globemaster III crew and refueling aircraft positioned along the way, 18 medics, including a Critical Care Air Transport Team, moved the patient direct from Bagram Airfield, Afghanistan, to Brooke Army Medical Center in San Antonio, Texas.

At every stage and under strenuous conditions, Airmen delivered exceptional care to save a life. While the length of this mission was challenging and unprecedented, this is the type of mission the Air

Force prepares to execute every day, delivering ready medical support to operational forces. Air Force medics stay ready to answer that call and “fight tonight” by maintaining clinical currency and proficiency through treating patients and readiness training.

To keep Airmen in the flight, the Air Force’s core capabilities are aeromedical evacuation, battlefield medicine, and aerospace medicine.

“Air Force medics not only deliver deployed medicine in the back of a plane and downrange, they also support Airmen who fight from U.S. bases,” said Brig. Gen. Mark Koeniger, Air Force Medical Readiness Agency commander. “Our challenge is keeping our medics ready to complete those missions.”

Air Force Medicine mission

For Capt. Michael Ferraro, a family physician with the Operational Medicine Clinic at Holloman Air Force Base, New Mexico, caring for operational Airmen means getting out to the flight line regularly.

Ferraro works in a neck and back clinic for pilots and understands their medical issues and needs. Rather than wait for his patients to come to him once they are injured, he goes to them to keep them in fighting form.

“Pilots, like those who fly the F-16, are under high stresses and have conditions equivalent to what we see in high performance athletes,” said Ferraro. “As an osteopath, I help pilots with preventative care, mitigating the impact years of flying has on their body.”

Brig. Gen. Robert Marks, command surgeon, Air Mobility Command, explains medical Airmen deliver the same exceptional care on an airplane as they do in a clinic.

“We have medics who are experienced at taking care of patients inside a facility,” said Marks. “What makes us unique is we translate that capability to a dark, noisy aircraft at 35,000 feet.”

This is true for Lt. Col. Valerie Sams, the trauma medical director at Brooke Army Medical Center at San Antonio, Texas. Sams was one of the surgeons on the unprecedented 20-hour aeromedical evacuation flight. She and her team were ready within two hours of getting the call to fly out to Bagram and bring the Soldier home.

“Practicing at a level 1 trauma center in my daily, in-garrison job allows me to maintain the proficiency and resiliency needed to perform when called upon,” said Sams. “During the flight, we provided continual renal replacement therapy, which the Soldier needed to withstand the 20-hour flight and ensure he would not suffer a cardiac arrest or other significant event during the flight.”

Sams not only had all the necessary critical equipment, but she was also equipped with her trauma surgery experience.

Medics also deliver care downrange in austere environments and are often ready to deliver care that would normally exceed their traditional medical role. This was the case for Senior Airman Colleen Mitchell, a medical technician assigned to Wright-Patterson Air Force Base, Ohio. In January, she was deployed to a forward operating base in Kenya when Al Shabab militants attacked the airfield at Manda Bay. As patients came in, Mitchell took over as lead medic, triaging and treating patients while coordinating a makeshift team to care for injured service members.

CONTINUED ON PAGE 4

Splash PARTY

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KADENA AIR BASE
FORCE
 SUPPORT SQUADRON

MEDICS from Page 3



U.S. Air Force Capt. Amy Badillo, 43rd Aeromedical Evacuation Squadron Detachment one flight nurse, monitors vitals on a simulated patient on a C-17 Globemaster III from Travis Air Force Base, California, Dec. 18, 2019. The 43rd AES and the 60th Medical Group, Critical Care Air Transport Team practiced their AE capabilities during their first integrated mission.

(U.S. Air Force photo by Senior Airman Jonathon Carnell)

“Working in an austere environment required me to think on my feet and improvise with the equipment and materials I had available,” said Mitchell. “I triaged and treated patients with the very Airmen I trained for such situations.”

As Chief Master Sgt. G. Steve Cum, Medical Enlisted Chief and Enlisted Corps Chief, explains, Mitchell and her ability to respond to the attack is indicative of the type of skills and capabilities medical Airmen need downrange.

“Airman Mitchell went above and beyond expectations to deliver care and take lead of the situation,” said Cum. “That’s what we train and prepare for, the worst case scenario, and medics like her are the foundation of why we are successful.”

Ready medical Airmen

Air Force hospitals and clinics, called military treatment facilities, serve as the primary platform for Airmen to maintain their currency and readiness. The Air Force uses the Comprehensive Medical Readiness Program, or CMRP, as a tool to establish standards and define requirements for each medical career field. This ensures medics’ training and currency requirements stay up to date.

“If a surgeon has to complete a certain number of specific surgical procedures within the year, you have to track that and find opportunities to ensure they meet that goal,” said Col. James Sampson, Chief Surgical Consultant to the U.S. Air Force Surgeon General. “If a surgeon is not on track to meet annual requirements, his or her leadership works to provide additional opportunities through civilian partners.”

Nurses are no different. Capt. Katharine Abbott, nurse and element leader at Wilford Hall, Joint Base San Antonio-Lackland, Texas, worked with her leadership to ensure she had inpatient care experience prior to her most recent deployment. Abbott, who primarily delivers outpatient care, worked at nearby Brooke Army Medical Center to get more inpatient experience to supplement her clinical capabilities and enhance her readiness to deliver care downrange.

“Outpatient care is quite different than delivering care in a deployed setting,” said Abbott. “While deployed, I relied on my readiness training all the time. I treated patients with traumatic injuries, including amputations, paralysis, burns, and internal organ damage. Litter training helped when I had to unload seriously injured patients. I also received experience with head traumas, which helped out tremendously treating patients injured from explosions or other traumatic events.”

Members of Critical Care Air Transport Teams, like Senior Master Sgt. Matthew Worsham, the 18th Medical Operations Squadron superintendent at Kadana Air Base, Japan, remain ready and current to ensure their training and patient care skills come together to deliver critical en route care.

“My first CCATT deployment was just one month after I finished the CCATT basic course, moving a young Army medic who was injured in the field rescuing his team members,” said Worsham. “He had been at Walter Reed Army Medical Center for months and endured countless surgeries. We flew him home with his mother by his side. That moment put it in perspective, the gravity of my responsibility to bring service members home safely.”

While trauma and critical skills are vital to deployed medicine, medics are also ready to deliver a broad range of care, relying on the skills they maintain in their MTF.

“When we think about care needed in a combat environment, we tend to think about trauma,” said Koeniger. “While that is important, the reality is that most of the care we have delivered downrange are things like non-battle injuries and illness. I am a family practice doctor and the bulk of patients I see downrange need the same type of care I provide in clinic back home.”

The Air Force Medical Service establishes partnerships or training affiliation agreements with civilian, government and international health system for medics to access additional opportunities to keep their skills current. These partnerships let Air Force medical personnel treat a higher volume and complexity patients than they would typically see on base.

“The Air Force is forward thinking on training affiliation agreements,” said Lt. Col. Joshua Tyler, 81st Surgical Operations Squadron Institute for Defense Robotic Surgery Education director at Keesler Air Force Base, Mississippi. “Maintaining currency in my specialty and getting the skills I need to be deployable requires those partnerships.”

For surgeons like Tyler, many of his patients come from the civilian population near Keesler Air Force Base, whom he treats through a local hospital. He finds this vital to maintaining currency in his colorectal surgery specialty.

“I maintain a high volume of rectal cancer surgery cases by treating the local population at the local hospital,” said Tyler.

“Rectal cancer surgery is considered a high risk procedure and I am able to exceed the patient volume I need because of this civilian partnership.”

These civilian partnerships also provide crucial training opportunities that target the specific skills needed prior to deployment.

The Center for Sustainment of Trauma and Readiness Skills strengthens clinical and readiness skills required during deployment. Managed by the 711th Human Performance Wing at Wright-Patterson Air Force Base, C-STARS has been assigning and integrating medical Airmen into civilian trauma centers in Baltimore, St. Louis and Cincinnati for the past 20 years.

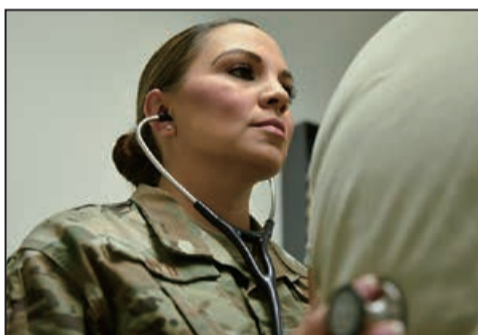
Airmen have the opportunity to rotate through the C-STARS program, which specifically focuses on learning and applying high-acuity skills required for deployment. Some medics also use C-STARS to complete their annual skills sustainment program. These Airmen are taught by Air Force medical personnel who are embedded and assigned into the care teams at these civilian hospitals.

“R Adams Cowley Shock Trauma Center in Baltimore is one of the highest volume trauma centers in the country,” said Col. Joseph DuBose, the Baltimore C-STARS director. “Medics who embed or rotate through this program are exposed to an environment where they can acquire and refresh the critical skills needed to perform their duties in support of optimal combat casualty care.”



(Courtesy photo)

▲ Col. Joseph DuBose, trauma surgeon and director of the Center for the Sustainment of Trauma and Readiness Skills (C-STARS) Baltimore, and Master Sgt. Shane Patterson, a respiratory therapist and superintendent of C-STARS Baltimore, receive a report on an incoming patient at the Trauma Resuscitation Unit (TRU) at the University of Maryland Medical Center, Baltimore, June 13, 2018.



▲ Tech. Sgt. Jerrica Wild, 21st Operational Medical Readiness Squadron independent duty medical technician, checks the breathing of a patient at the clinic on Peterson Air Force Base, Colorado, September 25, 2019.

Cases in C-STARS trauma centers are often representative of deployment casualties. The centers care for a high volume of trauma victims with severe blunt and penetrating injuries and treat them with the highest level of expertise.

“If you want to train and develop the best trauma providers in the military, you work with the best trauma providers in the civilian world,” said DuBose. “That is exactly what the Air Force and C-STARS have accomplished.”

DuBose’s own C-STARS experiences are rigorous.

“In just 24 hours, I had the opportunity to treat more than 30 severely injured individuals. Among them were several trauma victims with multiple gunshot wounds who arrived in unstable condition and required emergent surgical intervention to save their lives,” said DuBose. “This care was conducted by a combined team of civilian professionals, military C-STARS

cadre and Air Force rotators.”

Medics embedded in C-STARS share their deployed experience and training with the Airmen who rotate through the program. Tyler, who deployed as part of a ground surgical team, received training at C-STARS Baltimore prior to deploying.

“You are learning from people who do trauma every day in their day-to-day deployed practice,” said Tyler. “They have also deployed as part of a ground surgical team. They have immense credibility in teaching you what to expect downrange.”

This was true for 1st Lt. Mariah Pruett, a Tactical Critical Care Evacuation Team nurse, who went through the Cincinnati C-STARS program. The C-STARS Cincinnati program focuses on advanced CCATT training.

“I participated in multiple high fidelity simulations, which helped to build muscle memory for high stress situations,” said Pruett. “We repeatedly trained at high altitude with simulated patients. I often found myself falling back on things I learned during this training.”

The Air Force is continuing to grow its partnerships with outside medical systems. One notable partnership is between the Air Force facility at Royal Air Force Lakenheath near Suffolk England, and the United Kingdom’s National Health Service.

“Our partnership with the NHS is an effective and efficient way for medics at RAF Lakenheath to sustain their clinical skills while also still being available to support contingencies at the base,” said Sampson. “I personally found working in an NHS hospital to be an incredible learning experience, and the same story can be told about our partnerships with other U.S. bases.”

“Embedding medics in civilian medical systems that have the volume and acuity of cases ensures proficiency in delivering high quality care in deployed and possibly denied environments,” said Col. Joseph Anderson, Air Force Medical Readiness Division chief. “This is increasingly important as we support current and future operations.”

Prepared medics for tomorrow’s fight

As the U.S. National Defense Strategy shifts focus to contingencies involving peer adversaries, it is more important than ever to ensure medical Airmen are equipped with the skills necessary to provide care in operational environments. This includes battlefields very different from current U.S. conflicts.

“We have enjoyed great success in the last 30 years with improved combat casualty survivability, especially with our aeromedical evacuation capability to move patients to higher levels of care,” said Anderson. “This may not be the case in future contests where we may be fighting further away from our own bases, facing new challenges.”

The Air Force Medical Service is modernizing, building and expanding opportunities that provide Airmen with the skills needed no matter the location or circumstance.

“Our personnel are highly trained and multi-capable Airmen, equipped with diverse, high acuity experience,” said Sampson.

It is the dedication of these ready Airmen that make challenging missions like the 20-hour aeromedical evacuation flight successful.

“I know people talk about how great and miraculous this mission was, but this is the type of mission we train for today and something we practice 100 times over,” said Sams. “It is not something we are afraid to do because we have a team of dedicated Airmen ready and willing to do whatever it takes to get warfighters home.” *Peter Holstein and Laraine Thompson contributed to this article.*

NOSCO



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CFAO 9mm Gun Shoot



(U.S. Navy photo by Mass Communications Specialist 2nd Class Matthew Dickinson)

Master-At-Arms 1st Class Simone Campbell, from Flint, Mich., assigned to Commander, Fleet Activities Okinawa (CFAO), fires a 9mm handgun at the White Beach Naval Facility mobile range in Okinawa, March 12.

U.S. Marines return from the Republic of Korea



(U.S. Marine Corps photo by Cpl Josue Marquez)

Medical personnel direct U.S. Marines with 1st Battalion, 25th Marine Regiment as they arrive at Kadena Air Base, on Feb. 28. Upon their return from the Republic of Korea, the Marines were screened in accordance with U.S. Centers for Disease Control and Japanese government guidelines. III MEF is taking its responsibilities to protect our Marines, Sailors, families, and local communities safe by actively working to prevent the further spread of COVID-19.

CHAPMAN from Page 2

nation.”

Chapman is one of four enlisted Airmen in the U.S. Air Force to have been awarded the Medal of Honor.

“The heroism and valor of the number of special operators are particularly well chronicled. While there were a number of extremely high awards presented in the aftermath of this battle, the story of John Chapman’s gallantry simply stands above them all,” said U.S. Air Force Lieutenant Gen. Brad Webb, commander of Air Education and Training Command. “All Airmen who pass through this gate, for BMT as well as Special Warfare, will gaze upon this welcome sign to the Chapman Annex, and know that they may be called upon to be the next Chappy.”

Chapman’s family members attended the ceremony including his wife, Valerie Nessel and his daughter Brianna Chapman; his mother, Terry Chapman; sister Lori Longfritz and brother Kevin Chapman.

“During training, there will be days when one is pushed beyond physical limitations. Days of little sleep, cold, hunger, pure exhaustion. You’ll feel defeated, and thoughts of quitting creep in often. The operator has to want with every fiber of their being to become an operator,” said Ms. Valerie Nessel, spouse of Master Sgt. John Chapman. “This is where John’s story of heroism and legacy come into play. When doubts enter, one must remember John on that mountain top. You will learn about him through this annex training facility.”

“There is a quote by Arthur Ashe that

defines heroism and that is the one word that defines John to the fullest. The quote goes like this, ‘True heroism is remarkably sober, at times undramatic. But it is not the urge to surpass all others at whatever cost, but the urge to serve others at whatever cost.’ I wish all the trainees the best in their pursuit and challenge them to train and operate as John lived and died. Thank you for always remembering John,” Nessel said.

Following the ceremony, U.S. Air Force Chief Master Sgt. Jaime Clark, command chief of the Special Warfare Training Wing, led Airmen, teammates and family members in performing memorial push-ups in honor of Master Sgt. Chapman, a Special Tactics tradition to honor fallen comrades.

The Special Warfare Training Wing selects and trains the Air Force’s conventional and special operations ground combat

forces to meet the demand of the future battlefield.

The Special Tactics community was well represented with leaders from the 24th Special Operations Wing including former 24th SOW commander, U.S. Air Force Brig. Gen. Claude Tudor and U.S. Air Force Chief Master Sgt. Jeff Guilmain, 24th SOW command chief.

“We’re welling with pride seeing this dedication that will cement John Chapman’s valor and sacrifice for future generations of Special Tactics Airmen following in his footsteps,” said Guilmain.

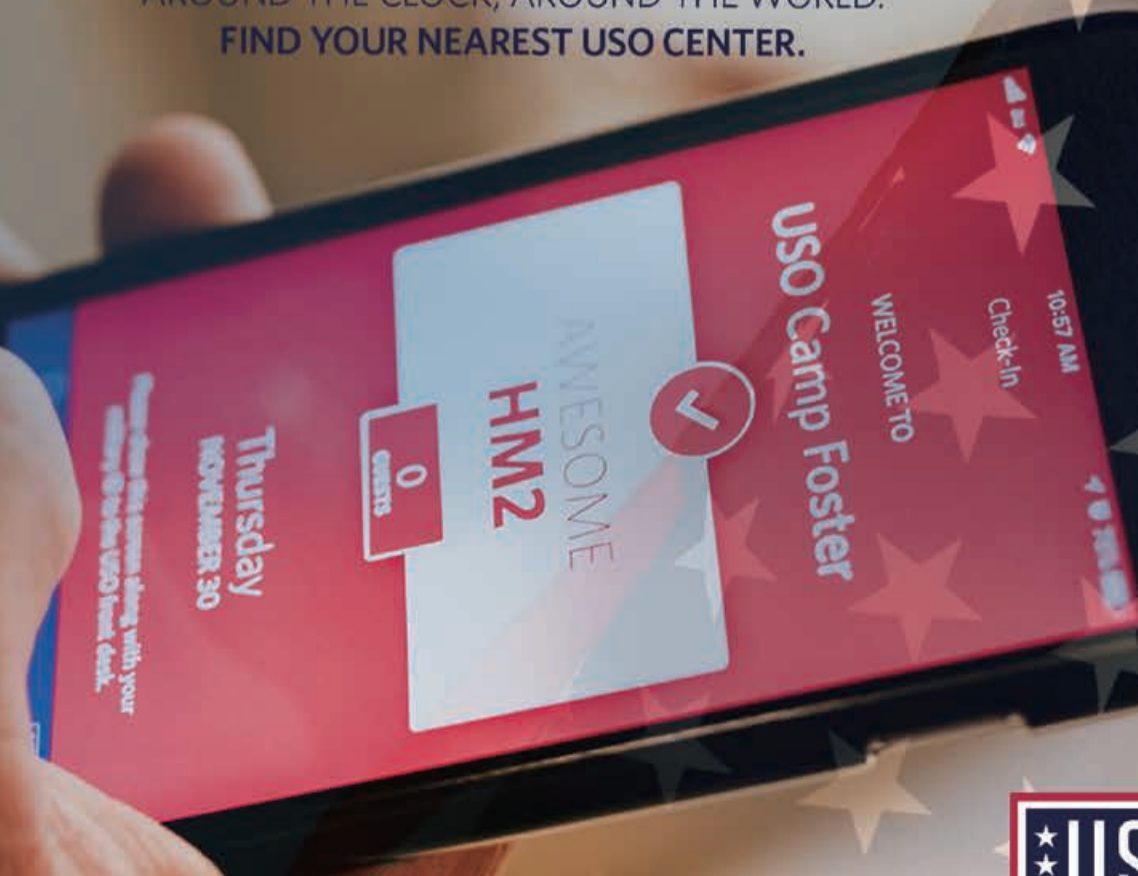
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Okinawa

31st MEU welcomes new Sgt. Maj. in wake of Cobra Gold success



(U.S. Marine Corps photo by Sgt. Audrey M. C. Rampton)

By Sgt. Audrey Rampton
 31st Marine Expeditionary Unit
 3/13/2020 - LAEM CHABANG PORT, Kingdom of Thailand — U.S. Marines and Sailors with the 31st Marine Expeditionary Unit welcomed Sergeant Major Douglas Gerhardt at a relief and appointment ceremony aboard amphibious assault ship USS America (LHA 6), March 11.

During the ceremony, Sergeant Major Edwin A. Mota, outgoing 31st MEU Sergeant Major, turned the Sword of Office over to Sergeant Major Douglas Gerhardt,

to symbolize the transfer of duty and responsibility from one Sergeant Major to the next. Colonel Robert Brodie, 31st MEU commanding officer, expressed his appreciation for the example that Mota set for all MEU Marines during his time at the MEU.

“I am super excited for your future, Sergeant Major, and I know how much you are going to achieve,” said Brodie. “This is what right looks like Marines, this is what you should strive for.”

Mota assumed duty as the 31st MEU Sergeant Major on April 27, 2018. As

Sergeant Major, he served as the senior enlisted advisor to the 31st MEU commanding officer, ensuring troop welfare and serving as a vital link between enlisted Marines and their commanding officer.

“Every day we wake up, put the uniform on, and do Marine Corps,” said Mota, “Every single day I am grateful for the opportunities I have been given.”

During his two-year tour Mota helped lead the MEU through four patrols of the Indo-Pacific. His tenure saw the 31st MEU participate in a series of multilateral exercises, including Exercise Talisman Saber in Australia, Cobra Gold in Thailand, and a Defense Support to Civil Authorities relief mission on the island of Tinian, Commonwealth of the Northern Mariana Islands, in the wake of typhoon Yutu.

Gerhardt previously served at a reserve unit in Massachusetts as the 1st Battalion, 25th Marines Inspector-Instructor Sergeant Major.

“I’m excited to join this tight-knit family of the 31st Marine Expeditionary Unit,” said Gerhardt. “I am also grateful for the opportunity to continue to serve alongside the Marines and Sailors of this MEU as we remain in a posture of readiness as the premier crisis response force in the Indo-Pacific.”

America, flagship of the America Expeditionary Strike Group, 31st MEU team, is operating in the U.S. 7th Fleet area of operations to enhance interoperability with allies and partners and serve as a ready response force to defend peace and stability in the Indo-Pacific region.

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US Marines, Sailors conduct hull inspection



(U.S. Marine Corps photos by Lance Cpl. Jacob Foster)

Master Gunnery Sgt. Bryan Maass, left, and Lance Cpl. Damon O'Donnell observe the shoreline they will dismount at after a vessel hull inspection on Naval Base White Beach, March 12. Reconnaissance Marines conduct hull inspections to assess threats and irregularities in or around a vessel, and ensure operational safety and readiness. Maass is a Reconnaissance Marine with Expeditionary Operations Training Group, III Marine Expeditionary Force, and O'Donnell is a Reconnaissance Marine with 3rd Reconnaissance Battalion, 3rd Marine Division, III MEF.



Marines with 3rd Reconnaissance Battalion and 4th Recon Bn., 3rd Marine Division, III Marine Expeditionary Force, conduct a vessel hull inspection on Naval Base White Beach, March 12. Reconnaissance Marines conducted hull inspections to assess threats and irregularities in or around a vessel, and to ensure operational safety and readiness.

Commander Task Force 72 concludes exercise with Royal Australian Navy

By Mass Communication Specialist Seaman Thomas Higgins

Patrol Squadron 45 Public Affairs

3/13/2020 - AUSTRALIAN COAST — Commander Task Force (CTF) 72 wrapped up its participation in the Australian navy's Fleet Certification Period 2020 (FCP20), March 7.

CTF-72 dispatched a P-8A Poseidon maritime patrol and reconnaissance aircraft (MPRA) from Patrol Squadron (VP) 45 to assist with the Royal Australian Navy's (RAN) first major exercise of the year.

Similar to the U.S. Navy's

FCP, the exercise focuses on warfighting at a high level and ensures operational fleet readiness.

The P-8A Poseidon aircraft, as well as a Royal Australian Air Force (RAAF) P-8A aircraft, and a Royal New Zealand Air Force (RNZAF) P-3 aircraft were tasked with testing the Task Group's readiness against airborne combatants.

"Taking part in the Royal Australian Navy's Fleet Certification Period has been an excellent opportunity to exercise interoperability with our Royal Australian Air Force and Royal

New Zealand Air Force maritime patrol counterparts," said Lt. Cmdr. Timothy Chesney, officer in charge of VP-45's Poseidon crew. "Over the course of the detachment we conducted multiple scenarios of anti-submarine warfare, allowing for adequate mid-intensity warfare techniques."

Patrol Squadron 45, based in Jacksonville, Florida, is deployed to Kadena Air Force Base in Okinawa, Japan. The squadron is conducting maritime patrol and reconnaissance as well as theatre outreach operations within U.S. 7th Fleet

Official U.S. Navy file photo of a P-8A Poseidon aircraft from Patrol Squadron (VP) 45.



(U.S. Navy courtesy photo)

area of operations.

As the U.S. Navy's largest numbered fleet, 7th Fleet interacts with 35 other maritime

nations to build maritime partnerships that foster maritime security, promote stability and prevent conflict.

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Kadena Air Base Community Notes

To submit an announcement for the base bulletin, please visit www.kadena.af.mil

NOTICE Kadena Post Office Email Notifications

Temporarily Down The Kadena Post Office email notifications are temporarily down for system upgrades March 16-23. Post Office hours are Mon-Fri: 9:00 a.m. to 5:30 p.m. (parcel pick-up), 9:00 a.m. to 5:00 p.m. (Finance and Customer Service), Sat: 9:00 a.m. to 3:00 p.m. (parcel pick-up and finance)

Customer Service Closed To our valued customers, we appreciate your patience and cooperation as we continue to upgrade our parcel notification system. We are currently experiencing a brief interruption in email notifications. It is recommended that customers continue to track their incoming parcels, as well as, their receptacles for parcel notifications via yellow slip. To track a parcel, please visit www.usps.com/tracking. If the tracking reports "Delivered to APO, AP 96367," please check your receptacle for a yellow slip notification. As always, your friendly Customer Service personnel are available to assist you at the Kadena Post Office. **Note: Please be advised that in order to protect customer Personally Identifiable Information (PII), our team is not authorized to provide tracking information over the phone.

Kadena Summer Hire Employment Program 2020

The Kadena Summer Hire Program will run from June 22 – August 15 for 8 weeks. A limited number of clerk and laborer positions will be available at various activities on Kadena Air Base. Hours of work will be part-time (20hrs/week) earning \$6.75 per hour. If interested, applications are accepted from March 11-20 at the Kadena Civilian Personnel Office, Bldg 721A, 2nd floor, from 07:30 a.m. – 4:30 p.m. (Lunchtime 11:30 a.m. – 12:30 p.m. will be

closed). The summer hire announcement, applications and instructions are located at the following link: <https://kadenafss.com/career/civilian-personnel-section/>
Eligibility: SOFA college and school-age dependents (age 14 through 22) of DoD military and US appropriated or non-appropriated fund civilian employees assigned to the overseas installation are eligible to participate. *Note: Dependents of Red Cross employees, DoD Contractors, BX concessionaries, Military banking facilities, USO locally hired appropriated/non-appropriated civilians, or University personnel are NOT eligible to participate in this program.

- 21-22 year olds must be enrolled full-time in an accredited college; transcripts required as supporting documentation.
- Must be available for the entire duration of the summer employment program.
For more information please email 718FSS.Civilian.SummerHire@us.af.mil or call at DNS: 632-9326/634-2228

New Mail Collection Box

A mail collection box has been established at the new Fairchild Shoppette, near the main entrance/exit door, to provide the community an additional letter mail service in addition to the Kadena Post Office. There are three more mail collection boxes located at the Olympic Mall near Popeye's Restaurant, Kadena Post Office main entrance, and near the ATM drive-up across from the Schilling Community Center. If stamps are needed to mail the letters, please visit the nearest military post office to purchase. For more information, contact TSgt Artis Gandy at DSN 634-3266.

Kids Bowl FREE is back!

Go online now to sign your kids up for the Kids Bowl FREE program at Emery Lanes. Two free games (shoes not included) every

day until Aug. 31 for kids 18 and under, plus Family Passes also available for a small fee. Go to www.kidsbowlfree.com, then select Military Bowling Centers, find Emery Lanes.

Kadena Base Library Closure

Kadena Base Library will be closed on Friday, March 27 for a staff work day. During this time, the online library resources will still be accessible via the library's card catalog, which is linked from the Kadena FSS website, and via the AF Portal under the "Library & Resources" tab.

A&FRC Closure

The Airman and Family Readiness Center will be closed for monthly staff training on Friday, March 27 from 12:00 p.m. to 5:00 p.m.

Think Before You Drink

Did you know there have 15 SOFA members caught drinking and driving in 2019. Don't become a statistic. Think before you drink. Don't drive – call a ride. For a safe ride home call these numbers: Kadena Taxi at 098-970-8888(option 8) / Panda Taxi (off base) 098-937-8989. / Daiko 098-932-4035.

INFORMATION

Kadena and Camp Foster Emergency Numbers

Kadena Fire Emergency Services reminds everyone to program their cell phones with the emergency numbers. To report an emergency on Kadena via cell, dial 098-934-5911, and from an office phone, dial 911. For Camp Foster via cell, dial 098-911-1911, or from an office phone, dial 911.

AADD: We Get You Home Safe

Did you drink tonight? Made a plan but it's falling through? Can't catch a cab? If any of this applies to you, call AADD. Don't risk

it all, when you can get a ride home for free. To contact AADD from a cell phone number, dial 098-961-1110 and ask for the USO, or dial DSN: 634-3889. We're open Fridays and Saturdays at the USO (gate 2) from 2200 to 0100 and we're here to help. If you have any questions and/or concerns, please email our Org Box or contact us on Facebook: Kadena AB A2D2

How to File a Complaint with IG

If you believe you are unable to resolve your complaint through supervisory channels, you may seek IG assistance to determine if the complaint should be filed with the IG. You can file a complaint if you reasonably believe inappropriate conduct has occurred or a violation of law, policy, procedures, or regulation has been committed. Complete the personnel data information on an AF Form 102 and briefly outline the facts and relevant information related to the issue or complaint. List the allegations of wrongdoing briefly, in general terms and provide supporting narrative detail and documents later, when interviewed by an IG person. Allegations should be written as bullets and should answer who committed the violation; what violation was committed; what law, regulation, procedures, or policy was violated; when did the violation occur. Help is available: Call your Kadena IG office at 634-7622 for Maj Sarabia, 634-2768 for SMSgt Aguirre, or leave a message on the Kadena Fraud, Waste, & Abuse (FWA) Hotline at 634-0404.

Have you received a referral from your Primary Care Manager (PCM) and wondering what you should do next?

Please stop by the Referral Management Center (RMC) to update all of your contact information and provide any required additional referral information. Once RMC

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22- Mar	1100-1900	KAB Concession Mall	Café Shiyu de Pokko
23- Mar	1100-1400	KAB Flightline	Nukumi Kitchen
24- Mar	1100-1800	Butler Express	Old Spices
24- Mar	1100-1400	Torii Express	Nukumi Kitchen
24- Mar	1100-1400	KAB Flightline	Café Shiyu de Pokko
25- Mar	1100-1400	KAB Flightline	Old Spices
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receives your referral from the PCM, they will process it to either the Naval Hospital on Camp Foster or to TRICARE ISOS, for off-base specialty care. If your referral is with the Naval Hospital, please allow them 3 business days to contact you to book your appointment. If your referral is for off-base specialty care it is processed to TRICARE ISOS, who has the ultimate responsibility to source a Host Nation facility and book the appointment. The length of time to receive an appointment date varies on the clinic specialty; this wait time may fluctuate between 2-8 weeks. ISOS will communicate with beneficiaries via email. If you have any questions regarding referrals, please contact the RMC at 630-4817.

Single Airmen FREE BOWLING Program

Every Monday in March between 5:30 p.m. - 9:30 p.m., single airmen on unaccompanied orders of all ranks are invited to come to Emery Lanes and get three games with shoes for free! Simply request the program at the front desk when you get here!

Finance Inquiries

Finance inquiries may be sent to 18cpts. finance@us.af.mil - include full SSN. Phone calls will be taken from 8 a.m. - 12 p.m. (noon) at DSN: 634-3609. Cashier Cage Operation hours: Mon, Wed, & Fri from 08:00 - 12:00 DSN: 634-4158. Office is closed every 3rd Thursday of the month (Training Day) - Closed All Day. For emergencies call at 080-6487-6969.

UPCOMING EVENTS

Linked In & Linked Up: Networking/ Job Opportunities outside of the AF

The Kadena Top III ACE mentors are holding a seminar on resumes and the LinkedIn social media app on how it connects to job opportunities outside of the Air Force. The seminar will entail the importance of resumes, provide resume examples, how to build a profile on the social media app LinkedIn, and how military training/certifications translate to civilian companies. This event will take place on Monday, March 23 at the Kadena McDaniel Center from 10:00-11:00 am. This is event

is open to all Airmen on base.

18 CMS Blood Drive

On Thursday March 26, donate blood with the Armed Service Blood Bank Center. The 18 CMS blood drive will be walk-in only at bldg. 3416 in the E&E back shop room 112 from 10 a.m. - 2 p.m. and all those who donate blood will be provided snacks, beverages, and receive a Letter of Appreciation. If you have any questions contact A1C Capra or A1C Bausch at DSN 634-1483.

Kadena Top 3 Golf Tournament

Kadena Top 3 is hosting a Golf Tournament on Friday, March 27 at 0730 at the Banyan Tree Golf Course. Team prizes for 1st, 2nd, and 3rd. Individual prizes for longest drive, closest to the pin, and best dressed. Please contact MSgt. Mario Belber at 634-4054 to register for this event.

Ultimate Frisbee

Torii Chapel 2:42 would like to invite you to our Ultimate Frisbee every Tuesday at Torii baseball field and Thursday at Kadena Air Base Marek Park starting at 6:00 pm. Enjoy a fun game of ultimate frisbee and fellowship with our members to create new connections that keeps our fighting force ready.

Annual Bataan Memorial Death March

The Kadena Top 3 organization will be hosting the Annual Bataan Memorial Death March on Saturday, April 18 starting at 6 a.m. The event will start at Kadena's Keystone Theater for a remembrance followed by a march, walk, or jog along Kadena's flightline perimeter road. The march will begin at 6:30 a.m. Individuals and teams are encouraged to participate. For more information, contact TSgt Reyes at 634-3579 or e-mail: philadoni.reyes.1@us.af.mil.

Kadena Company Grade Officer Council Triathlon

The Company Grade Officer Council is hosting a reverse sprint triathlon (5k run, 20k bike, 200m swim) on Saturday, April

18 at the Kadena Air Base Fairchild Pool. Check-in will be from 0600-0715 and the race starts at 0730. For more information, contact Capt. Matthew Smith at DSN 634-9700 or Capt. Kaili Moikawa at DSN 632-8811.

2020 Annual Volunteer Recognition Ceremony Nominations

The Airman and Family Readiness Center (AFRC) will host the 2020 Annual Volunteer Recognition Ceremony (AVRC) on April 24 to recognize the contributions and accomplishments of Kadena volunteers in 2019. Nomination for awards are currently being accepted. The following awards will be presented at the AVRC pending nominations: Volunteer Excellence Award (VEA), Angel Award, Presidential Volunteer Service Award (PVSA), and the Military Outstanding Volunteer Service Medal (MOVSM). For more information, please contact the AFRC at 634-3366 for award package nomination information and submission deadlines.

CCAF Graduation

The Kadena Air Base Top 3 Organization will host the Community College of the Air Force Graduation at the Rocker NCO Club, June 10 at 3 p.m. Reception to follow. Military guests of the graduates may wear the uniform of the day. For more information, contact the Education Office at 634-1500.

AF Bowling 2.0 Clinic Lessons/ Equipment

Do you want to learn to be an even better bowler? In only four weeks (class to pick day and time), you can learn and get a bag, ball and towel to keep! Call or come by as there are two options available for purchase - do just the lessons or lessons & equipment, it's your choice!

VOLUNTEER OPPORTUNITIES Airmen Against Drunk Driving

Airmen Against Drunk Driving is always looking for volunteers to drive military personnel and their families home safely during the weekends. This opportunity is open to all ranks of all services. If you or anyone you know is interested in volunteering with us. Your participation in

this program will help us ensure the safety of service members as we continuously work to eliminate DUI's on and off base. Please feel free to reach out to SrA Cynthia Belio (cynthia.belio@us.af.mil) or the AADD org box (AADD/Kadena) if you have any questions and/or concerns.

Shogun Crossfit Volunteers

Shogun Crossfit is looking for volunteers with a Crossfit Level 1 Certification or higher and a CPR card to help lead our community during the scheduled training times (05:45, 11:45, 17:30). Volunteers help keep our affiliate free for all DoD military and dependents in Okinawa. Email us at shoguncrossfit@gmail.com if you want to join the Shogun Crossfit Team.

Pride Month Volunteer Call

The Kadena LGBTQ+ Pride Month Committee will be holding their initial volunteer meeting on Tuesday, March 31, at 3:30 p.m. in the EO training room (Bldg. 128). Anyone with base access is welcome to volunteer. For more information, please see the Kadena LGBTQ+ Pride Facebook page or e-mail KadenaLGBT+Pride@gmail.com.

DOD officials explain new coronavirus domestic travel restrictions

By Jim Garamone

DOD News
3/15/2020 - WASHINGTON — Defense officials announced restrictions on domestic travel yesterday for service members, Defense Department employees and family members in response to the new coronavirus, or COVID-19.

Deputy Defense Secretary David L. Norquist signed a memorandum halting all domestic travel, to include permanent changes of station and temporary duty travel. The ban is in effect from March 16 to May 11.

Officials speaking on background said the new memo said that service members will only be authorized local leave only.

The ban is in addition to restrictions on all DOD military and civilian personnel and their families traveling to, from, or through

areas for which the Centers for Disease Control and Prevention have issued a Level 3 Travel Health Notice. That policy also stops PCS and TDY travel through May.

There are exceptions for hardship, mission essential and humanitarian travel, but those exceptions must be approved. Domestic travel for medical treatment is excluded from the ban.

There are 10 service members who have tested positive for COVID-19. One DOD civilian and two DOD contractors have the virus, as do eight family members, officials said. There are 13 DOD laboratories that can test samples for the virus.

The officials said the new policy is aimed at preventing the spread of coronavirus. Each day tens of thousands of service members and DOD civilians are traveling. This "strategic pause" is "the best and saf-

est route" to slowing the spread of the virus, they said.

The Pentagon reservation is also taking actions and raised the health protection condition in the building and associated properties to Bravo. This means all tours of the building are cancelled. Starting March 16, offices in the building will go on minimum manning, with vast numbers of employees teleworking.

Offices in the building will have rotating staffs and "red and blue" teams. Those employees who require access to classified information to do their mission-essential tasks will work from the building, officials said.

The Pentagon will restrict access to employees with swipe card access, and will restrict international visitors. "We are also restricting access of Pentagon officials who

have been overseas in one of the CDC-defined Level 3 or 2 countries," officials said on background.

As of today, the Level 3 countries are: China, Iran, South Korea, Austria, Belgium, the Czech Republic, Denmark, Estonia, Finland, France, Germany, Greece, Hungary, Iceland, Italy, Latvia, Liechtenstein, Lithuania, Luxembourg, Malta, the Netherlands, Norway, Poland, Portugal, Slovakia, Slovenia, Spain, Sweden, Switzerland, Monaco, San Marino and Vatican City.

Personnel who return from these countries will be required to self-isolate for 14 days before being allowed back to work, officials said.

Pentagon officials are also closing employee fitness centers and said they are looking at other measures to lessen the chances of transmission.

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3-21-15 K HOUSE 1-B
 Koja, Okinawa City

Reservations: 098-914-1333

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All body seaweed pack plus oil massage 40min

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San Ai Ganka EYE CLINIC

TEL: 098-933-3322

English staff available:
 Tue PM / Wed AM / Fri AM

1-3-28 Yamauchi, Okinawa City

Mon-Fri: 8:30-12:00 / 14:00-17:30
 Sat: 8:30-13:00
 Sunday/JP Holidays closed

~ indian curry ~
TAJ OKINAWA

Taj Okinawa Chatan
 Open: 10 a.m. - 10 p.m.
 Ph. 098-923-1312
 458-1 Ihei, Chatan

Taj Okinawa Uruma
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 Ph. 098-923-4148
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Lunch 11:30 - 15:00 (L.O. 14:30)
 Dinner 17:00 - 23:00 (L.O. 22:30)

Enjoy our original egg benedict & french toast!

Taco Benedict
 Beef taco & cheese topping on egg benedict.

French Toast
 Fresh baked bread dipped in a soy and egg base, fried then topped with ice cream topping.

Rcafe
 OceanView Cafe

Spicy Taco Benedict ¥1,150
 Berry Paradise ¥930
 Salt Caramel & Banana ¥880