



DOD confronts coronavirus head-on



(U.S. Army photo by Sgt. Michael Walters)

▲ Misook Choe, a laboratory manager with the Emerging Infectious Disease branch at the Walter Reed Army Institute of Research in Silver Spring, Md., runs a test during research into a solution for the new coronavirus, COVID-19, March 3.

By Claudette Roulo

DOD News

3/10/2020 - WASHINGTON

— The Defense Department is taking positive action to protect people, safeguard critical national security missions and capabilities and support the whole-of-government approach to confronting the spread of the coronavirus, or COVID-19, DOD spokesman Jonathan Rath Hoffman said today.

Combatant commanders have the authority to take measures to protect personnel from exposure to the new virus, Hoffman said during a press briefing with other DOD officials at the Pentagon. That may mean modifying, postponing or cancelling some training, he said.

Training continues on a smaller scale in South Korea, Hoffman said, though a larger joint exercise was postponed late last month. The commander of U.S. Forces Korea has been at the forefront of DOD's response in containing COVID-19, he said, having "taken measures that have been highly, highly aggressive and effective in confronting it and helping secure his personnel from exposure."

Planning continues for other exercises, he noted, such as the Defender 2020 division-size ex-

ercise scheduled for this spring in Europe.

"A lot of folks get a vote in as far as participation [in joint exercises] is concerned, but as far as we're concerned now, that exercise is good," said Navy Rear Adm. William D. Byrne Jr., the vice director of the Joint Staff.

At the Pentagon, one of largest office buildings in the world, Hoffman said educational materials are being distributed and good hygiene practices are being reinforced. The visitor entry process is under evaluation, he said, and people are practicing social distancing for meetings and briefings. One example of that distancing effort is that chairs in the press briefing room are now spaced six feet apart.

Across the force, three active-duty service members — one in South Korea, one in Europe and one in the U.S. — four family members, one government civilian and one contractor have so far been diagnosed with COVID-19, said Air Force Brig. Gen. Paul Friedrichs, the Joint Staff surgeon, during the briefing. "All are doing well at this point," he said.

The department is taking these precautions because COVID-19 is a new virus and scientists are still learning about

how easy it is to spread, Friedrichs said. "And in particular, in an environment like this — enclosed spaces — we're trying to figure out the best way to mitigate the risk until we have solid data on that," he added.

All 13 of DOD's clinical labs can run the necessary tests to determine whether a person has COVID-19, the general noted.

"The Department of Defense has had plans for dealing with disease outbreaks like this for years," Friedrichs said. Each base has a plan that is coordinated with local authorities, he added.

"If we go back to any successful response, it starts with a strong local public health authority and good plans that are not unique to one employer, like the DOD, but to the whole community," the general said.

Friedrichs later told reporters that the No. 1 thing he'd like to know about COVID-19 is whether it's seasonal. "Because if it is seasonal, then it will start to burn out in the next couple of months," he said. "And that buys us a little bit more time until the fall when it comes back. And that means that we have more time to work on medical countermeasures, work on vaccines, and all the other things that we have for the flu."

KC-135 refuels Red Air during Cope North 20



(U.S. Air Force photo by Master Sgt. Larry E. Reid Jr.)

U.S. Air Force Staff Sgt. Samantha Grendahl, a KC-135 Stratotanker boom operator assigned to the 909th Air Refueling Squadron, Kadena Air Base, refuels a U.S. Air Force F-16 Fighting Falcon assigned to the 18th Aggressor Squadron, Eielson Air Force Base, Alaska, during red air support for Exercise Cope North 20, Feb. 28. The objective of Cope North 20 is to improve combat readiness, develop integrated humanitarian assistance and disaster relief operations, and increase interoperability of U.S. Forces, Royal Australian Air Force, and Koku Jieitai (Japan Air Self-Defense Force).

6

HEALTHY HABITS

Avoid close contact with sick people

Wash your hands often

Cover your coughs & sneezes

Avoid touching your face with unwashed hands

Clean & disinfect surfaces

Stay home when you're sick

CORONAVIRUS

If you are experiencing COVID-19 symptoms,
CALL AHEAD
before proceeding to a medical facility.

Kadena Medical Clinic:
630-4817 or 098-960-4817

U.S. Naval Hospital:
090-6861-5230

Military health officials begin screening Air Force basic trainees for COVID-19

By 59th Medical Wing Public Affairs

3/11/2020 - JOINT BASE SAN ANTONIO-LACKLAND, Texas — San Antonio Military Health System officials have begun screening recruits entering Air Force Basic Military Training to prevent COVID-19 transmission among the trainee and joint base population.

Each trainee is screened by qualified medical professionals upon arrival at the BMT reception center and anyone identified as a potentially infected person would then be isolated from the rest of the population and provided treatment. During the screening, all appropriate Centers for Disease Control preventive guidelines are followed by health care personnel. As of publication, no trainees have been identified as positive with COVID-19.

“Our goal is to preserve AETC’s

mission here at JBSA-Lackland,” said Col. Rebecca Blackwell, 559th Medical Group commander. “In accordance with CDC guidance, we are working to keep our training population healthy and continue to provide the U.S. Air Force a steady stream of medically-ready Airmen.”

To protect yourself and those around you from viruses, please consider calling in before seeking care. Call the Nurse Advice Line or your Primary Care Manager.

The NAL for TRICARE beneficiaries is a team of registered nurses who are available 24/7 to answer a variety of urgent health care questions. Visit MHSNurseAdviceLine.com for a web or video chat, or dial 800-TRICARE (874-2273), option 1. They can help you decide whether self-care is the best option, or if it is better to see a health care provider. Beneficiaries can also schedule an appointment with their PCM by calling the

Consult Appointment Management Office in their area.

There are several actions the CDC recommends to prevent infection:

- Avoid close contact with people who are sick.
- Close contact is defined as within 6 feet for 10 minutes.
- Avoid touching your eyes, nose, and mouth.
- Notify supervisors and consider staying home when you are sick.
- Cover a cough or sneeze with a tissue, then throw the tissue in the trash.
- Clean and disinfect frequently touched objects and surfaces using a regular household cleaning spray or wipe.
- Wash hands often with soap and water for at least 20 seconds, especially after going to the bathroom, before eating, and after blowing your nose, coughing, or sneezing.

-If soap and water are not readily available, use an alcohol-based hand sanitizer with at least 60% alcohol. Always wash hands with soap and water if hands are visibly dirty.

CDC does not recommend that people who are healthy wear a face mask to protect themselves from respiratory diseases, including COVID-19.

Face masks should be used by people who show symptoms of COVID-19 to help prevent the spread of the disease to others. The use of face masks is also crucial for health workers and people who are taking care of someone in close settings at home or in a healthcare facility.

For more information about virus prevention, visit <https://www.cdc.gov/>. For more information on COVID-19, visit <https://www.cdc.gov/coronavirus/2019-nCoV/index.html>.

Air Force Assistance Fund 2020 campaign, helping Airmen and families



(U.S. Air Force Courtesy graphic)

By Angelina Casarez

Air Force’s Personnel Center Public Affairs
3/6/2020 - JOINT BASE SAN ANTONIO-RANDOLPH, Texas — The 2020 Air Force Assistance Fund campaign kicked off March 2 and runs through April 10. Here are the top three things you should know about AFAP:

1. Who does AFAP support?

The AFAP supports active-duty, eligi-

ble Air National Guard and Reserve Airmen, as well as retirees, spouses, immediate family members and surviving family members of deceased retirees.

2. What are the four affiliate AFAP charities?

Air Force Aid Society provides Total Force Airmen and their families with financial assistance during emergencies, educational assistance and various base-level

community programs such as Bundles for Babies, and the Car Care Because We Care programs. Last year, AFAS provided \$14.4 million in direct assistance to more than 27,000 Airmen and their families.

The Air Force Enlisted Village supports retired enlisted members’ surviving spouses 55 and older with independent assisted and memory care living. Contributions also cover living expenses, meals and medical costs to ensure these men and women live in a safe, dignified, caring community. Communities are located in Shalimar, Florida, near Eglin Air Force Base.

The General and Mrs. Curtis E. LeMay Foundation provides nearly half a million dollars in annual financial assistance grants for living expenses and resources surviving spouses of Air Force retirees may need in order to live a dignified lifestyle and stay in their homes longer. The LeMay Foundation helps with recurring grants between \$250 and \$750 per month as well as one-time assistance for medical expenses, car repairs, hearing aids, funeral expenses and disaster relief.

Air Force Villages Charitable Foundation provides aging seniors with a full

spectrum of care ranging from independent living to long-term skilled nursing care at Blue Skies of Texas retirement community by financially assisting qualified surviving spouses of retired Air Force officers. Two communities are located in San Antonio, near Joint Base San Antonio-Lackland. Thanks to Airmen caring and supporting the foundation, no one has ever been turned away due to an inability to pay.

3. How can people make a donation?

Anyone can make a one-time cash or check donation to AFAP charities through their installation AFAP Campaign Representatives. Checks can also be mailed to AFAP, AFPC/DP3SA, 550 C. Street West, JBSA-Randolph, Texas, 78150.

Anyone can make an online contribution at www.afassistancefund.org or by texting “AFAP” to 50155.

Active-duty and eligible guardsmen and reservists can make a 3-12 month payroll deduction; retirees can make a 12-month retired-pay deduction.

Specific AFAP campaign dates for each installation may vary. Contact a AFAP representative for installation-specific information.

Kadena Air Base Weekly Newspaper

サムライゲートは
嘉手納基地公式新聞です



嘉手納基地内 70 カ所以上、トリステーション、海軍基地
海軍病院、米国領事館、県内の商業施設や店舗へ 300 カ所以上に無料配布されています。
空軍、陸軍、海軍、その家族、軍雇用員、シビリアンなど幅広い層に読まれています。

外国人への集客に是非サムライゲートをご利用ください
広告お問い合わせ / Advertising inquiry

kadena.samuraigate@gmail.com

Tel. 098-921-2003

お気軽にご連絡ください



Published by Eight Co., Ltd. a private firm in no way connected with the U.S. Air Force, under exclusive written contract with the 18th Wing. The civilian enterprise Air Force newspaper is an authorized publication for members of the U.S. military services overseas. Contents of Samurai Gate are not necessarily the official views of, or endorsed by, the U.S. government, the Department of Defense, the Department of the Air Force or Eight Co. Ltd. of the products or services advertised. The appearance of advertising in this publication, including inserts or supplements, does not constitute endorsement by the Department of Defense, the Department of the Air Force or Eight Co. Ltd. of the products or services advertised. Everything advertised in this publication shall be made available for purchase or patronage without regard to race, color, religion, sex, national origin, age, marital status, physical handicap, political affiliation or any other non-merit factor of the purchaser, user or patron. For commercial advertising, inquiry, send an email to kadena.samuraigate@gmail.com

18th Wing Public Affairs: 18wgppublicaffairs@us.af.mil DSN:634-3813

Medical standards changing for RPA pilots



2nd Lt. Timothy, remotely piloted aircraft student pilot, operates an MQ-9 flight simulator for training at Holloman Air Force Base, New Mexico, Dec. 10, 2019.

(U.S. Air Force photo by Airman 1st Class Quion Lowe)

By Air Force Surgeon General Public Affairs

3/6/2020 - FALLS CHURCH, Va. — The Air Force has approved changes to medical standards for remotely piloted aircraft pilots, which went into effect February 28. “The change in RPA pilot medical standards is part of the Air Force Chief of Staff’s initiative to broaden the pool of qualified candidates to all rated career fields,” said Col. Gregory Nita, the RPA career field manager. “This will ensure medical standards are the right fit to meet the needs for these operators.”

After RPA students graduate from undergraduate pilot training, they will not be required to meet the medical standards designed for aircrew operating at altitude. Instead, these Airmen will meet Ground-Based Operator medical standards, which are less restrictive than a flying class physical, but still have higher requirements than non-flying Airmen.

“The standards have been relaxed to align more appropriately for the ground environment,” said Lt. Col. (Dr.) David Gregory, Physical Standards Development chief, Air Force Medical Readiness Agency. “We specifically looked at revising the standards for conditions associated with pressure changes such as in the lungs, ears and blood vessels. We also changed some standards that would otherwise prevent flying. Once the condition that prevented flying is resolved, a waiver is no longer needed.”

RPA pilots who started out in manned flying can still maintain a higher flying class flight physical if they return to manned operations at a later date.

To ensure the highest level of readiness, the flight medicine community will still service RPA pilots. Airmen with questions concerning their medical standards should contact their flight medicine provider.

NMCB-5’s Medical Department supporting their Seabees



(U.S. Navy photos by Mass Communication Specialist 1st Class Stephane Belcher)

^ Lt. Cmdr. Adam Catz, Dental Corps, performs a dental examination on Chief Navy Counselor Chanitra Mitchell on board Camp Shields, March 3. U.S. Navy Seabees with Naval Mobile Construction Battalion 5 are deployed across the Indo-Pacific region conducting high-quality construction to support U.S. and partner nations to strengthen partnerships, deter aggression, and enable expeditionary logistics and naval power projection.



< Hospital Corpsman 3rd Class David Hoogstraten weighs Construction Mechanic Matthew St. John prior to seeing the provider on board Camp Shields, March 3.

RESTAURANT Sam's Cafe

Steak, Ribs, Seafood & America's Favorite Dinners

Close to Camp Foster Legion Gate 6

LUNCH OPEN!
11:30~15:00 (L.O. 14:00)

Garlic Shrimp & Special Steak...¥1,680
Lunch Includes Soup, Salad and Bread or Rice.

- ★Baked Pasta with Spicy Mochiko Chicken...¥1,100
- ★Hamburger Steak Loco Moco...¥1,350
- ★Pork Katsu Parmesan...¥1,300

American Style Cafe

Pineapple BBQ Chicken...¥980

Filet Mignon Steak ¥1,800

Mac Nut Shrimp with Coconut Thai curry sauce ...¥1,200

Kitanakagusuku Tel: 098-935-3699
Conveniently located right outside Foster Legion Gate 6.
☆Lunch from ¥980 ☆Dinners from ¥1,250

To Go available. Please call.

Fresh Island Seafood & Charbroiled Steaks

SAM'S BY-THE-SEA

Fisherman's Cioppino...¥2,690

Fisherman's Platter...¥2,550

st. Patricks Day Specials Mar. 12-18

Dover-Style Fresh Stuffed Sole & New York Strip Sirloin Steak...¥2,950
Includes Soup, Salad, Seasonal Vegetables and Bread or Rice.

Okinawa City Awase Tel: 098-937-3421
Kadena Gate 2 through Awase Yacht Club building.
★Full Course Dinners from ¥1,500

SAM'S ANCHOR INN

Kobe Style Teppanyaki Steak & Seafood

THE ART OF TEPPANYAKI

★Top Choice Tenderloin Steak ¥2,350
★Plump Shrimp & Sirloin Steak ¥2,850
Includes Soup, Salad, Seasonal Vegetables and Bread or Rice.

Ginowan City Route 58 Tel: 098-897-5555
Between Camp Kinser and MCAS Futenma Route 58
☆Full Course Dinners from ¥2,350

■ Open Every Day.
■ 17:00~23:30 (L.O. 22:30)
■ Free Parking ■ Bilingual Staff.
■ No tipping please at Sam's
■ Major credit cards accepted.
■ English and Children's menu available.
■ \$ Rate is better than Money exchange

www.sams-okinawa.jp
Call for Reservations: **098-932-1819**

COMPLIMENTARY APPETIZER

• One coupon valid per group. Maximum 6 people.
• Valid with dinner orders only.
• Not accepted with any other coupons or discount tickets.
• Please present coupon when ordering.
• Complimentary items may vary at each restaurant.
Accepted at All Sam's Restaurants. Expires. Apr. 24, 2020

SAM'S BY-THE-SEA OKINAWA CITY AWASE

Air Force announces 2019 Safety Awards

By Air Force Safety Center Public Affairs

3/9/2020 - KIRTLAND AIR FORCE BASE, N.M. — Maj. Gen. John T. Rauch Jr., Air Force Chief of Safety, recently announced the recipients of the Secretary of the Air Force, Chief of Staff of the Air Force Safety Awards and the Air Force Chief of Safety Awards for 2019.

“The Air Force is steadfast in its efforts to maintain safe operations across the service. Nevertheless, the accomplishments of these Airmen and units certainly stood out in 2019,” Rauch said. “Effective risk management and mishap prevention are key components of the Air Force Safety Program, but the real impact comes when leadership and Airmen at all levels commit to integrating safety into the daily plans, operations and training throughout the force.”

Air Force safety awards recognize outstanding safety acts, achievements and sustained performance of individuals, teams and units for their efforts in mishap prevention.

The Air Force Safety Award winners are:

Secretary of the Air Force Safety Award:

Air Mobility Command (AMC)

Major General Benjamin D. Foulis Memorial Award:

Air Mobility Command (AMC)

Colonel Will L. Tubbs Memorial

Award for Ground Safety:

United States Air Forces in Europe and Air

Forces Africa (USAFE/AFAFRICA)

Koren Kolligian Jr. Trophy:

Capt. Justin W. Sager, 33rd Flying Training Squadron,

Vance Air Force Base, Oklahoma (AETC)

Chief of Staff of the Air Force Aircrew

of Distinction Award:

Crew of Blade 11, 582d Helicopter Group, Francis

E. Warren Air Force Base, Wyoming (AFGSC)



(U.S. Air Force graphic by Keith A. Wright)

Air Force Chief of Safety Special Achievement Award:

Tyndall Air Force Base Support Agency Team,

Tyndall Air Force Base, Florida (ACC)

Safety Civilian Professional of the Year Award:

Mr. Alex Vega, 30th Space Wing, Vandenberg

Air Force Base, California (AFSPC)

Safety Senior Non-Commissioned

Officer of the Year Award:

Senior Master Sgt Jacob Q. Kurtz, 480th ISR Wing,

Joint Base Langley-Eustis, Virginia (ACC)

Safety Non-Commissioned Officer of the Year Award:

Tech. Sgt Charles A. Ladnier, 45th Space Wing,

Patrick Air Force Base, Florida (AFSPC)

Safety Officer of the Year Award:

Maj. Daniel L.T. Garrison, 582d Helicopter Group,

Francis E. Warren Air Force Base, Wyoming (AFGSC)

Air Force Chief of Safety Aviation

Maintenance Safety Award:

52nd Maintenance Squadron Propulsion Flight,

Outstanding Achievement Award for

Occupational Safety Category V:

Air Force Research Lab Detachment 8, Kirtland

Air Force Base, New Mexico (AFMC)

Air Force Chief of Safety Outstanding

Achievement Award for Weapons Safety:

Master Sgt. Victoria L. Yale, 379th Air Base Wing,

Al Udeid Air Base, Qatar (USAFCENT)

Air Force Nuclear Surety Outstanding

Achievement Award:

90th Missile Wing, Francis E. Warren Air

Force Base, Wyoming (AFGSC)

Air Force Chief of Safety Space Safety Award:

30th Space Wing, Vandenberg Air

Force Base, California (AFSPC)

Aero Club Safety Certificates:

Robins Aero Club, Robins Air Force

Base, Georgia (AFMC)

Eglin Aero Club, Eglin Air Force Base, Florida (AFMC)

Spangdahlem Air Base, Germany (USAFE/AFAFRICA)

Air Force Chief of Safety

Outstanding Achievement Award for

Occupational Safety Category I:

21st Space Wing, Peterson Air

Force Base, Colorado (AFSPC)

Air Force Chief of Safety

Outstanding Achievement Award for

Occupational Safety Category II:

31st Fighter Wing, Aviano Air Base,

Italy (USAFE/AFAFRICA)

Air Force Chief of Safety

Outstanding Achievement Award for

Occupational Safety Category III:

39th Air Base Wing, Incirlik Air Base,

Turkey (USAFE/AFAFRICA)

Air Force Chief of Safety

Outstanding Achievement Award for

Occupational Safety Category IV:

728th Air Mobility Squadron,

Incirlik Air Base, Turkey (AMC)

Air Force Chief of Safety

Enjoy Hawaiian Resort Cafe Style

QR codes for location and social media.

YCash VISA

ALLY'S

La'gent Hotel 1F,
25-3 Mihama,
Chatan Town

Open
11:30-21:00 (LO 20:00)
(Wednesday: 11:30-17:00)

Bacon and Spinach Eggs Benedict
Okinawan Raw Sugar Milk Pancakes
Cheese Hamburger

Come and try our famous Jamaican Jerk Chicken

Bamboo Cafe

GRILL JERK CHICKEN

JERK CHICKEN PLATE
With Salad, Rice, Festival Donut

JERK CHICKEN SAND

Open 11:30 a.m. - 10 p.m. (Last Order)
Closed Monday & 4th Tuesday

Eat In & Take Out

5/11/Credit Cards KAB Gate 2
Park Avenue (B.C. St.) Gate 2 St.
Kaza Music Town

Tel: 098-934-5471
www.bamboo-cafe-okinawa.com

Whales Are Waiting!

Whale Watching Tour

Departures from Chatan Hamakawa Port Dec. 21 through Apr. 5, 2020

Departures at 9:30/13:30

- Assemble 30min before departure
- Tour is about 3hours

Including	Adult (over 12 yrs)	¥4,700
• Boat fare • Insurance	Child (5-11 yrs)	¥3,600
• Life jacket	Infant (under age 4)	¥1,500
• Facility fees (only adults)		

Advance reservation required.

If no whales encountered An extra tour for free. OR Full refund on tours from Jan. 14 through Apr. 5.

Call or reserve on our official website.

Cerulean Blue OKINAWA

https://www.cerulean-blue.co.jp/whale-watching-en/
Cell 098-941-6828 (8:00-20:00) or sign up on Cerulean

BARBER TOP

Military hair cut [TEL] 098-930-3438

★ Cut Only	•••••	\$12
★ Frequent Cut	•••••	\$10
(Within 2 weeks of last out)		
★ Razor Fade	•••••	\$19
★ Cut & Shampoo	•••••	\$15

Credit Cards Accepted !!
Stamp Card !!
Please Use Music Town Parking !! (11 Hour Free)
FREE Wi-Fi Access !!

Weekdays Coupon \$2 OFF!! [Expires] MARCH 26, 2020

Gate 2 ← Goya Futenna

BARBER TOP

【Weekday】 9:00~19:00
【Weekend&Holiday】 9:00~21:00

1-1-1 #105-1 Uechi, Okinawa-City, Okinawa (Koza Music Town 1F)

Dog Salon

Wagging Tail

-Bringing Joy to your Dog-

WEEKDAY Grooming PAY IN CASH SAVE 10% OFF MAKE APPOINTMENT 1-DAY IN ADVANCE

KAB GATE1

← KADENA 50m → NAHA

CSS Family Mart Grooming Boarding Kennel

Wagging Tail

OPEN: 8AM-5PM Phone: 098-894-5720
Closed on Sunday f waggingtail dog salon

HYAKKADO

Dry Massage
Foot Oil Massage
Esthetic Facial Treatment

百花堂

Depot Island BLDG A 2F
9-1 Mihama, Chatan Town
Open: 11:00-20:00
(Last service 19:30) VISA

BAWT Live-fire Exercise



(U.S. Navy photo by Mass Communication Specialist 3rd Class Cody Beam)



(U.S. Navy photo by Mass Communication Specialist Seaman Askia Collins)

U.S. Navy Ticonderoga-class guided-missile cruiser USS Antietam (CG54) sail in formation with Japanese Maritime Self-Defense Force missile destroyers JS Suzunami (DD 114) and JS Sawagiri (DD 157) during a live-fire exercise for the U.S.-Japan Bilateral Advanced Warfighting Training exercise, March 3. BAWT improves interoperability between the U.S. and Japanese forces. This exercise enhances the ability of the U.S. Navy and JMSDF to work together to confront any contingency.

Japan Maritime Self-Defense Force Ens. Yuta Nakazaki, left, Ens. Genya Tsukida, center, and U.S. Navy Lt. Anthony D. Jenne discuss tactics in the combat information center of the Arleigh-Burke class guided-missile destroyer USS Mustin (DDG 89) during the U.S.-Japan Bilateral Advanced Warfighting Training exercise, March 2.

RAMEN 麵のKEIJIRO

Rich Flavored Dipping Noodles

GINOWAN BRANCH
1-35-7 Aragusuku, Ginowan City Open: 11:00-22:00

To Chatan Naval Hospital To Legion Gate
To MCAS Futenma

NEW Yomitan Branch coming soon!

¥ Cash

CHATAN BRANCH
11:00-23:00
15-67 Mihama, Chtan

URASOE BRANCH
11:00-22:45
2-25-9 Iso, Urasoe

OKINAWA MAIN BRANCH
11:00-2:00
1-1-5 Goya, Okinawa

AGENA BRANCH
11:00-22:45
5-3-1 Midori-Machi, Uruma

NAGO BRANCH
11:00-22:00
1-21-15 Miyazato, Nago

Kadena Tax Center Hours

Tax Season is here! Free tax preparation by trained volunteers is offered at the Kadena Tax Center, bldg. 753 on Fisher Ave (off Douglas Blvd, next to the Fire Station).

Feb. 24 – June 15: Mon – Fri 0900-1130 & 1300-1500 (Drop off & Appointments)

Mon, Tues & Wed 1500-1600 (Appointments are available for teachers only)

Closed for lunch daily, Holidays & PACAF Family Days: May 25, 26.

Appointments by availability, call 634-5013

Bring in the following required documentation to complete your Tax Return:

- DOD/Military Identification card
- Power of Attorney (if electronic filing on behalf of your spouse)
- Social Security Card(s)
- Bank Routing and Account Number(s)
- Form W-2 (from all employers); 1099-R (from pensions and annuities)
- Form 1099-INT (interest earned); 1099-DIV (dividends earned)*
- Form 1099-B (Sale of stocks/mutual funds)*
- IRA contributions*
- Rental Property (includes total income, mortgage interest, taxes, insurance, and end of year management statement)*
- Child care cost/providers receipt*
- Form 1098-T and Education related expenses*
- Foreign Employer's information (name, address, amount earned)*
- Copy of your 2018 Federal and State Income Tax Return

* if applicable

All Your Car Care Needs!

CAR CARE CENTER

KADENA

Kadena Service Station
Douglas Blvd.

Shopette
KADENA CAR CARE CENTER

Risner Sports Complex
Chili's

RYUSEKI LIFE SUPPORT CAR CARE CENTER

BUILDING #218
PHONE: 036-868-2215

OPEN: MON - SAT
8:00-17:00
CLOSED: SUN & HOLIDAYS

Oil Change • Tire Services

FOSTER

Commissary Gate
58 Vehicle Registration Office

Shopette

RYUSEKI ENERGY CAR CARE CENTER

BUILDING #5644
PHONE: 645-4804

OPEN: MON - SAT
8:00-17:00
CLOSED: SUN & HOLIDAYS

JCI ONE STOP SHOP!

Preventative Maintenance • Oil Change
Brake Replacement • Tire Services

Reasonable Prices, Professional and Speedy Service!

PARTYLAND
FROZEN YOGURT

Carnival Park Mihama Branch
11 a.m. - 11 p.m.
Open Daily

Map locations: Ferris Wheel 2F, American Village, Starbucks, Camp Lester, Mihama 7Plex.

20% SPECIAL OFF COUPON
Valid through 4/16/2020

Valid for frozen yogurt items only. Cannot be used together with any other offers or discounts.

Prescription Glasses \$50.00~

Free Eye Test

Wide Selection of Frames, Transitions, High Index Lenses, Bifocal, Progressive ready in 2 or 3 days.

eyecare-royaloptical.com

CERTIFIED EYE CARE SPECIALIST-AO
ROYAL OPTICAL CO.

Open. Mon-Sat 10:00-19:00 and Holidays. Closed. Sunday 2-1-19 uechi, okinawa city. 904-0031 tel: 098-932-3919

COBRA GOLD 20 31st MEU F-35 flies over Thailand for first time ever



An F-35B Lightning II fighter aircraft assigned to the 31st Marine Expeditionary Unit (MEU), Marine Medium Tiltrotor Squadron (VMM) 265 (Reinforced), lands on the flight deck of amphibious assault ship USS America (LHA 6) in support of Exercise Cobra Gold 20, March 5.

(U.S. Navy photos by Mass Communication Specialist Seaman Jonathan Berlier)



Sailors assigned to amphibious assault ship USS America (LHA 6) conduct flight operations on the flight deck in support of Exercise Cobra Gold 20, March 5.

By 2nd Lt. Jonathan Coronel
31st Marine Expeditionary Unit
3/8/2020 - SATTAHIP, Kingdom of Thailand — Exercise Cobra Gold 2020 held its closing ceremony and culminating combined arms live-fire exercise March 6, 2020, successfully concluding the 39th integration of the largest combined military exercise in the Indo-Pacific region. This year the exercise included a brand new participant: the F-35B Lightning II fighter aircraft.

The F-35s, assigned to Marine Medium Tiltrotor Squadron 265 (Reinforced), 31st Marine Expeditionary Unit, made their first appearance during the Thai-U.S. Am-

phibious Exercise at Hat Yao Beach, Chonburi Province, February 28, 2020. During the initial phases of the beach seizure, two F-35s provided coverage of the landing craft and aerial assault aircraft, prior to providing a show of force across the beach in support of the landing force.

At Ban Dan Lan Hoi training area in Sukhothai Province, the F-35, launching from the flight deck of amphibious assault ship USS America (LHA 6), provided support to the Thai-U.S. Fire Support Coordination Exercise throughout the week, providing close air support with GBU-12 500 lb. laser-guided bombs. During this and other live-fire evolutions, four GBU-12s were expended at night for the first time ever, with the coordination of fires being provided by both Thai and U.S. Joint Terminal Attack Controllers.

In addition to the Thai-U.S. coordination during close air support drills, F-35s also supported five air to air events with both Thai F-16s and U.S. aircraft performing simulated aerial combat. Three of these events were large force exercises (LFEs) with 14 or more aircraft participating in the fight.

According to Maj. Casey Jenkins, the 31st MEU's F-35 Detachment officer-in-charge, the chance to integrate with Thai partners was the most valuable takeaway from the F-35's first appearance in Thailand.

"The integration with Thai air traffic controllers and tactical controllers has been hugely beneficial and this entire exercise greatly increased the F-35 detachment's long range mission planning and employment skills. The F-35 detachment received invaluable training by being able to participate in Cobra Gold 20."

Exercise Cobra Gold demonstrates the commitment of the Kingdom of Thailand and the United States to our long-standing alliance, promotes regional partnerships and advances security cooperation in the Indo-Pacific region.



Okinawa

VOLUNTEER TODAY

SUPPORT AMERICA'S SERVICE MEMBERS AND THEIR FAMILIES!

Our volunteers are the heart and soul of the USO mission. They keep America's service members connected to family, home and country.



SIGN UP AT VOLUNTEERS.USO.ORG

Brilliance in the Basics



(U.S. Marine Corps photos by Cpl. Savannah Mesimer)

U.S. Marine Corps Cpl. James Savino, a machine gunner assigned to 1st Battalion, 6th Marine Regiment, currently attached to 3rd Marine Division, participates in a crew-served weapons competition at Camp Schwab, March 3. A crew-served weapon is any weapon that requires two or more people to operate. The competition was held to identify the best crew-served weapons teams in the battalion.

U.S. Marine Corps Lance Cpl. Brandon Belleville, a mortarman assigned to 1st Battalion, 6th Marine Regiment, currently attached to 3rd Marine Division, plots weapons positions during a crew-served weapons competition at Camp Schwab, March 3.



We offer fresh coffee and great food in Sunabe



Morning: 7:00-11:00
Lunch & Cafe: 11:00-18:00
Dinner & Bar: 18:00-23:00 (L.O. 22:00)

6-9 Minato, Chatan Town



THAI FOOD

SHIRO & KUMA

To go OK..



Enjoy Thai Food near Torii Station.

Open: Tel: 098-923-1980

Lunch: 11:00 - 15:00 (L.O. 14:30) Closed: Wednesday
Dinner: 17:00 - 23:00 (L.O. 22:30) 304 Toya, Yomitan

thai_food_shirokuma Thai food restaurant Shirokuma Yen Cash/Credit Cards THAI FOOD




NOSCO

Spring

CHARITY RUG AUCTION

Featuring Fiza Carpets, Ltd.

Camp Foster Community Center

March | 28 | 2020

Preview 2 pm, Auction 3pm

Sponsored by the Naval Officers' Spouses' Club of Okinawa.
Proceeds benefit NOSCO's Scholarship Fund, Military and local Okinawan Charities

Cash, check and credit cards accepted. Credit card incurs 3% surcharge

2 rug door prizes valued at \$2000 and \$1000



More than 40 varieties of delicious bread!



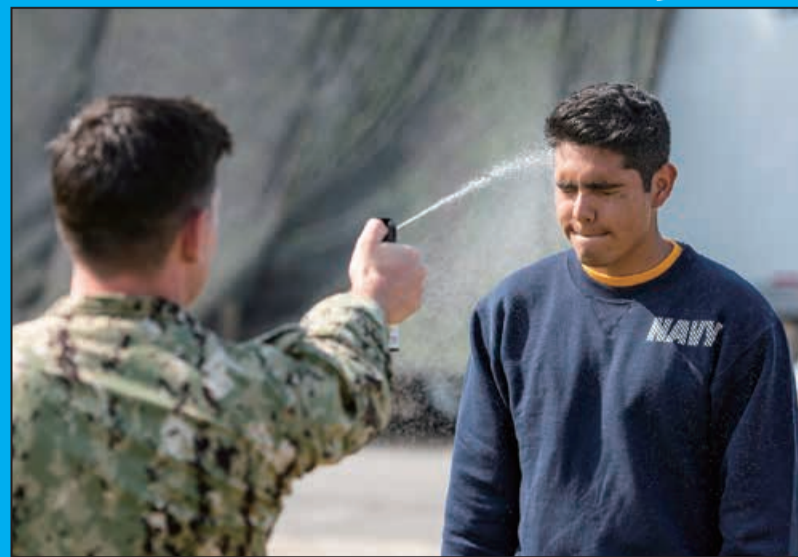
Caramel Melon Bun **NEW!**

Open: 8 a.m. - 7 p.m.
5-4-1 Chatan, Chatan Town

Smile Factory BAKERY / SWEETS

V Cash VISA

White Beach Naval Facility Non-Lethal Security Training



◀ Takara Yukinori (left), a Master Labor Contract employee assigned to Commander Fleet Activities Okinawa (CFAO) security department, takes down Master-at-Arms 2nd Class Matthew Keville, assigned to CFAO, during non-lethal weapons training on White Beach Naval Facility, March 6.

◀ Aviation Support Equipment Technician Airman Carlos Alvarado, from Denver, assigned to Aircraft Intermediate Maintenance Department Detachment Kadena, is sprayed with oleoresin capsicum by Master-at-Arms 1st Class Bret McLaughlin, from Cleveland, Ohio, during non-lethal weapons training on White Beach Naval Facility, March 6. The training is a part of the security reaction force bravo class that provides security personnel with experience in non-lethal weapons, baton employment and close-range subject control.

(U.S. Navy photos by Mass Communications Specialist 2nd Class Matthew Dickinson)

TRAINING / HOTEL / HOMESITE
DOGGIE CAMP

Experienced dog training more than decades!

24-hr Resident Trainer
Boarding Training

To make an appointment, please send a message from FaceBook.
9:30 a.m. - 8 p.m.

2-19-22 Yogi, Okinawa City ¥/\$ Cash

Military Post Offices implementing changes for international mail



(Courtesy photo)

By Keith Jones
Military Postal Service Agency
3/4/2020 — Beginning March 13, 2020, the United States Postal Service (USPS) and Military Post Offices will stop accepting handwritten customs forms on packages destined for international addresses.

Customers mailing packages from Military Post Offices to international addresses must use either their Click-n-Ship account or the USPS Customs Form Online tool to create electronic customs forms. Both options require customers to enter the weight and dimensions of their packages and select

a mail class. The customer will require access to a printer to print the advanced electronic data generated customs form.

Click-N-Ship will calculate the postage amount, accept payment and generate a combined customs/postage label for customers to attach to package. The Customs Form Online tool only creates customs forms and does not accept payment for postage. Both options require customers to take packages and the printed customs form to the retail counter at their local post office.

Military Post Offices will adhere to the new USPS requirements for standard international addresses immediately. Packages bound for APO/FPO/DPO addresses will transition effective August 13, 2020.

To access the new customs form, visit: <https://www.usps.com/international/customs-forms.htm>

Contact your local Military Post Office for additional questions.

SEAFOOD HOUSE PIER 54

Seafood House pier 54, serves California-style dishes with an Okinawan taste focusing on fresh seafood & local produce.



Accept credit card payments & English menu available

■ Lunch 11:30 ~ 15:30 (Last Order 14:30)

■ Dinner 17:00 ~ 22:00 (Last Order 21:30)

CALL 098-901-4377



Address: 54 Mihama Chatan Okinawa, Japan



The Terrace Bakery is the first bakery specialty store by The Terrace Hotels, a company which operates "The Busena Terrace". By using liquefied natural yeast (Luvin) in all our breads, you can enjoy the natural flavors and sweetness of wheat and yeast.



11:00 ~ 18:30

CALL 098-901-7331

Address: 54 Mihama Chatan Okinawa, Japan

Route 58

To Naha

GATE 1

U.S. military community partners with local senior citizen's association to serve Henoko community



Volunteers gather for a group picture with the Kunii Family at Henoko, March 3. (U.S. Marine Corps photo by Lance Cpl. Zachary Larsen)

By Lance Cpl. Zachary Larsen

Marine Corps Installations Pacific 3/3/2020 - HENOKO — U.S. Marines and sailors sought to partner with members of the Henoko Senior Citizen's Association March 3 to clean up and pitch in around the Henoko Recreational Field and Sea Glass Beach.

The event was held to promote and foster relationships between the citizens of Henoko and Okinawa-based U.S. military members, and provided an opportunity for the two groups to serve the community alongside each other.

"I love doing this because it shows respect to the local community," said Lance Cpl Adriann Prather, a rifleman with 1st Battalion 6th Marines, 2nd Marine Division. "They have a memorial right next to the park and cleaning in front of it shows

we care."

Throughout the day, members of the association and U.S. military members worked together to cut grass, remove weeds from flower beds, pick up trash, and help fix a damaged roadway.

The goal for the group was to interact with others and show a different side of service, not only to the military but to the community.

Members of the Henoko Senior Citizen's Association say they like the hard work Marines put into cleaning up the area, and hope to see them again.

"Marines have helped us for years and we hope for them to continue to help," said Mr. Yoichi Arakaki, the president of the Henoko Senior Citizen's Association. "We don't just see the Marines as an extra set of hands, we see them as friends."

Tire & Wheels Shop SAKUMA

- ✓ New & Used Tires
- ✓ Great Prices
- ✓ Plenty in Stock
- ✓ No Appointment Needed
- ✓ Installation Included

Ph: 098-938-7766
bootire@gmail.com
2-588-2 Matsumoto, Okinawa-City Open 10:00-19:00
<http://www4.hp-ez.com/hp/sakuma>

Loosen Up Tight Muscles Professional Massage Raku Momiya

- 20min \$11
- 40min \$21
- 60min \$32

No oil used for body massage

We are experienced and professional massagers!

Open 10 a.m. - 2:30 a.m.
Closed every 4th Monday

EASY TO MAKE AN APPOINTMENT BY RAKUMOMIYA APP!

ACE Family Housing

Open: 9am-5pm Mon.~Fri.
English Speaking Staff

TEL: 098-929-1808
www.acefamilyhousing.com
E-mail: acefamilyhousing@gmail.com
www.facebook.com/acefamilyhousingokl

Single House in Kin Town FOR RENT/ month.

Beds. 3
Baths. 2
Parking. 2

ACE family Housing 098-929-1808

Happy Hour Monday~Thursday From 17:00 to 19:00, Chatan beer (original beer) is 10% OFF

Everlasting tranquil time in Chatan bay

CHATAN HARBOR BREWERY & RESTAURANT

Hours: Restaurant 17:00 ~ 22:30 (Last Order 22:00), Bar 17:00 ~ 24:00 (Last Order 23:30)

Accept credit card payments & English menu available

Address: 53-1 Mihama, Chatan, Okinawa, Japan
Tel: 098-926-1118 / Fax: 098-926-1119

FRANK'S CHOP SHOP CUTS SHAVES CAPS

American village

NEW YORK • LOS ANGELES • KYOTO
FUKUOKA • KAGOSHIMA • OKINAWA

OUR SERVICE

- STYLED SCISSOR CUT 4,500YEN
- GENTLEMAN'S CUT 4,000YEN
- CLASSIC CLIPPER CUT 3,500YEN
- BUZZ CUT 3,000YEN
- QUICK FIX / KIDS 2,500YEN
- CLASSIC SHAVE 3,500YEN
- COMB: CUT, SHAVE, SHAMPOO 6,000YEN
- ADDITIONAL SHAVE (HOT TOWEL) 1,500YEN
- ADDITIONAL SHAMPOO 500YEN

098-988-7630
MONDAY - SUNDAY
Credit Card • US Dollar OK
www.frankschopshop.jp

9-46 2F Mihama, Chatan-Cho Okinawa Open: 10:00-21:00
frankschopshopokinawa Frank's Chop Shop Okinawa

MIX V.I.O Hair Removal

SHR Hair Removal: Thins hair gradually, preserves smooth skin
WAX: Immediate effect, smooth on the spot

V.I.O Wax ¥7,000 + V.I.O SHR ¥8,000 = ¥15,000 ⇒ **¥9,800 (+tax)** First time treatment

LOVE NAIL OKINAWA
Tel: 098-989-3727

3F Distortion Seaside Building, 9-46 Mihama, Chatan Town
Hours: 10:00-19:00 (Last Appt. @ 18:00) Closed: Wed

Kadena Air Base Community Notes

To submit an announcement for the base bulletin, please visit www.kadena.af.mil

NOTICE New Mail Collection Box

A mail collection box has been established at the new Fairchild Shoppette, near the main entrance/exit door, to provide the community an additional letter mail service in addition to the Kadena Post Office. There are three more mail collection boxes located at the Olympic Mall near Popeye's Restaurant, Kadena Post Office main entrance, and near the ATM drive-up across from the Schilling Community Center. If stamps are needed to mail the letters, please visit the nearest military post office to purchase. For more information, contact TSgt Artis Gandy at DSN 634-3266.

Kids Bowl FREE is back!

Go online now to sign your kids up for the Kids Bowl FREE program at Emery Lanes. Two free games (shoes not included) every day until Aug. 31 for kids 18 and under, plus Family Passes also available for a small fee. Go to www.kidsbowlfree.com, then select Military Bowling Centers, find Emery Lanes.

Kadena Base Library Closure

Kadena Base Library will be closed on Friday, March 27 for a staff work day. During this time, the online library resources will still be accessible via the library's card catalog, which is linked from the Kadena FSS website, and via the AF Portal under the "Library & Resources" tab.

Think Before You Drink

Did you know there have 15 SOFA members caught drinking and driving in 2019. Don't become a statistic. Think before you drink. Don't drive – call a ride. For a safe ride home call these numbers: Kadena Taxi at 098-970-8888(option 8) / Panda Taxi (off base) 098-937-8989. / Daiko 098-932-4035.

Air Force Personnel PCSing with Pets

In order to best support personnel with pets transferring from Okinawa, Kadena, TMO Passenger Travel requests port call submissions to

be made as soon as possible once the assignment is known for all Air Force personnel PCSing within peak season (01 May-30 Sep 20). Please note, the Patriot Express is very limited on pet spaces and its first come, first served. PCS orders are not required for reservations. Only two pets max per family for Patriot Express; to include mil-to-mil families. Maximum combined pet & kennel weight is 150 lbs for Patriot Express and 99 lbs for commercial airlines (subject to airline policy). Pets are defined as cats or dogs only. Please contact the TMO Passenger Travel Office at DSN 634-7792/94 for additional information.

INFORMATION Kadena and Camp Foster Emergency Numbers

Kadena Fire Emergency Services reminds everyone to program their cell phones with the emergency numbers. To report an emergency on Kadena via cell, dial 098-934-5911, and from an office phone, dial 911. For Camp Foster via cell, dial 098-911-1911, or from an office phone, dial 911.

Have you received a referral from your Primary Care Manager (PCM) and wondering what you should do next?

Please stop by the Referral Management Center (RMC) to update all of your contact information and provide any required additional referral information. Once RMC receives your referral from the PCM, they will process it to either the Naval Hospital on Camp Foster or to TRICARE ISOS, for off-base specialty care. If your referral is with the Naval Hospital, please allow them 3 business days to contact you to book your appointment. If your referral is for off-base specialty care it is processed to TRICARE ISOS, who has the ultimate responsibility to source a Host Nation facility and book the appointment. The length of time to receive an appointment date varies on the clinic specialty; this wait time may fluctuate between 2-8 weeks. ISOS will communicate with beneficiaries via email. If you have any questions regarding referrals, please contact the RMC at 630-4817.

How to File a Complaint with IG

If you believe you are unable to resolve your complaint through supervisory channels, you may seek IG assistance to determine if the complaint should be filed with the IG. You can file a complaint if you reasonably believe inappropriate conduct has occurred or a violation of law, policy, procedures, or regulation has been committed. Complete the personnel data information on an AF Form 102 and briefly outline the facts and relevant information related to the issue or complaint. List the allegations of wrongdoing briefly, in general terms and provide supporting narrative detail and documents later, when interviewed by an IG person. Allegations should be written as bullets and should answer who committed the violation; what violation was committed; what law, regulation, procedures, or policy was violated; when did the violation occur. Help is available: Call your Kadena IG office at 634-7622 for Maj Sarabia, 634-2768 for SMSgt Aguirre, or leave a message on the Kadena Fraud, Waste, & Abuse (FWA) Hotline at 634-0404.

AADD: We Get You Home Safe

Did you drink tonight? Made a plan but it's falling through? Can't catch a cab? If any of this applies to you, call AADD. Don't risk it all, when you can get a ride home for free. To contact AADD from a cell phone number, dial 098-961-1110 and ask for the USO, or dial DSN: 634-3889. We're open Fridays and Saturdays at the USO (gate 2) from 2200 to 0100 and we're here to help. If you have any questions and/or concerns, please email our Org Box or contact us on Facebook: Kadena AB A2D2

Single Airmen FREE BOWLING Program

Every Monday in March between 5:30 p.m. - 9:30 p.m., single airmen on unaccompanied orders of all ranks are invited to come to Emery Lanes and get three games with shoes for free! Simply request the program at the front desk when you get here!

UPCOMING EVENTS 2020 March Madness Bracket Tournament

Compete with all of our animal loving friends in the Okinawa Stray Pet Rescue NCAA March Madness Bracket Tournament! How it Works: Register March 1-16. Please use the link provided below <https://events.eventzilla.net/e/2020-march-madness-bracket-tournament-2138777026>. Within 24 hours you'll receive an email with a link to OSPR's ESPN Bracket with instructions. Bracket completion will not be accessible until the NCAA announces the 68 teams competing which is scheduled for Monday, March 16. You will receive an email reminder to complete your bracket March 16-20. When the tournament begins, ESPN will track points. For information on how scoring works see below <http://fantasy.espn.com/tournament-challenge-bracket/2020/en/story?pageName=tcmen%5Chowtoplay> Winners of the OSPR Tournament will be announced Tuesday, April 7.

Kadena ACE (E1-E4) Meeting

Join Kadena ACE (Airmen Committed to Excellence) on March 17 at the Wired Bean Café from 1100-1200, as we enjoy a FREE LUNCH and talk about how we can make the experience at Kadena the best it can be! We use this time to discuss upcoming events, volunteer opportunities and professional development workshops that we conduct on a regular basis. Please contact our president, SrA Jhed Manalo at 634-1177 or via email at jhed.manalo@us.af.mil.

Amazing Kadena Race

The Risner Fitness Center will be hosting our FIRST EVER Amazing Kadena Race on March 20 at 1000. The event is free and open to all DoD ID card holders 18yrs and older. Contestants will race across Kadena in two-person teams competing in unique activities and solving clues to the finish line. Winning team will receive a \$100 dollar FSS gift card. Please stop by the Risner Fitness Center to sign up of for more information.

2020

KADENA
International
WINE TASTING

AT THE ROCKER ENLISTED CLUB
17 & 18 APRIL • 6 PM - 9 PM

Join us for this year's event with great food, live entertainment, wine samples, and so much more! You don't want to miss the most anticipated event of the year.

\$55 • Adults (\$10 Member discount)

Open to all ranks and services ages 20 and over.
Please drink responsibly.

Brought to you by:

AIR FORCE SERVICES CLUBS
EXCHANGE
KADENA AIR BASE
FORCE SUPPORT SQUADRON

TICKETS ON SALE NOW!
Rocker Enlisted Club and
Kadena Officers' Club customer
service counters.

ROCKER ENLISTED CLUB • 966-7372 | KADENA OFFICERS' CLUB • 966-7409

Linked In & Linked Up: Networking/ Job Opportunities outside of the AF

The Kadena Top III ACE mentors are holding a seminar on resumes and the LinkedIn social media app on how it connects to job opportunities outside of the Air Force. The seminar will entail the importance of resumes, provide resume examples, how to build a profile on the social media app LinkedIn, and how military training/certifications translate to civilian companies. This event will take place on Monday, March 23 at the Kadena McDaniel Center from 10:00-11:00 am. This is event is open to all Airmen on base.

18 CMS Blood Drive

On Thursday March 26, donate blood with the Armed Service Blood Bank Center. The 18 CMS blood drive will be walk-in only at bldg. 3416 in the E&E back shop room 112 from 10 a.m. - 2 p.m. and all those who donate blood will be provided snacks, beverages, and receive a Letter of Appreciation. If you have any questions contact A1C Capra or A1C Bausch at DSN 634-1483.

Kadena Top 3 Golf Tournament

Kadena Top 3 is hosting a Golf Tournament on Friday, March 27 at 0730 at the Banyan Tree Golf Course. Team prizes for 1st, 2nd, and 3rd. Individual prizes for longest drive, closest to the pin, and best dressed. Please contact MSgt. Mario Belber at 634-4054 to register for this event.

Ultimate Frisbee

Torii Chapel 2:42 would like to invite you to our Ultimate Frisbee every Tuesday at Torii baseball field and Thursday at Kadena Air Base Marek Park starting at 6:00 pm. Enjoy a fun game of ultimate frisbee and fellowship with our members to create new connections that keeps our fighting force ready.

Annual Bataan Memorial Death March

The Kadena Top 3 organization will be hosting the Annual Bataan Memorial Death March on Saturday, April 18 starting at 6 a.m. The event will start at Kadena's Keystone Theater for a remembrance followed by a march, walk, or jog along Kadena's flightline perimeter road. The march will begin at 6:30 a.m. Individuals and teams are encouraged to participate. For more information, contact TSgt Reyes at 634-3579 or e-mail: philadoni.reyes.1@us.af.mil.

Kadena Company Grade Officer Council Triathlon

The Company Grade Officer Council is hosting a reverse sprint triathlon (5k run, 20k bike, 200m swim) on Saturday, April 18 at the Kadena Air Base Fairchild Pool. Check-in will be from 0600-0715 and the race starts at 0730. For more information, contact Capt. Matthew Smith at DSN 634-9700 or Capt. Kaili Moikawa at DSN 632-8811.

2020 Annual Volunteer Recognition Ceremony Nominations

The Airman and Family Readiness Center (AFRC) will host the 2020 Annual Volunteer Recognition Ceremony (AVRC) on April 24 to recognize the contributions and accomplishments of Kadena volunteers in 2019. Nomination for awards are currently being accepted. The following awards will be presented at the AVRC pending nominations: Volunteer Excellence Award (VEA), Angel Award, Presidential Volunteer Service Award (PVSA), and the Military Outstanding Volunteer Service Medal (MOVSM). For more information, please contact the AFRC at 634-3366 for award package nomination information and submission deadlines.

CCAF Graduation

The Kadena Air Base Top 3 Organization will host the Community College of the Air Force Graduation at the Rocker NCO Club, June 10 at 3 p.m. Reception to follow. Military guests of the graduates may wear the uniform of the day. For more information, contact the Education Office at 634-1500.

AF Bowling 2.0 Clinic Lessons/ Equipment

Do you want to learn to be an even better bowler? In only four weeks (class to pick day and time), you can learn and get a bag, ball and towel to keep! Call or come by as there are two options available for purchase - do just the lessons or lessons & equipment, it's your choice!

VOLUNTEER OPPORTUNITIES Airmen Against Drunk Driving

Airmen Against Drunk Driving is always looking for volunteers to drive military personnel and their families home safely during the weekends. This opportunity is open to all ranks of all services. If you or anyone you know is interested in volunteering with us. Your participation in this program will help us ensure the safety of service

members as we continuously work to eliminate DUI's on and off base. Please feel free to reach out to SrA Cynthia Belio (cynthia.belio@us.af.mil) or the AADD org box (AADD/Kadena) if you have any questions and/or concerns.

Active Duty Dads Wanted

Kadena Family Advocacy Program is looking for active duty dads to facilitate our childbirth education class called "Newborn 101". We already have the curriculum you can follow. We want you to share your experience on being a dad in the military. These classes are offered a couple of times a year and are scheduled in the morning.

We will train you, and offer a Letter of Appreciation for your volunteer time. Contact Family Advocacy 634-0433, ask for Nora or nora.kohri.ctr@mail.mil for more information.

Shogun Crossfit Volunteers

Shogun Crossfit is looking for volunteers with a Crossfit Level 1 Certification or higher and a CPR card to help lead our community during the scheduled training times (05:45, 11:45, 17:30). Volunteers help keep our affiliate free for all DoD military and dependents in Okinawa. Email us at shoguncrossfit@gmail.com if you want to join the Shogun Crossfit Team.

Serving the military community for over 40 years

Johnny's Used Cars

2 Year Warranty (Excluding Classic & Sports Cars)

0 Down Payment

24 Months Financing Interest Free

BIG Discounts on all Cars!

Refer a customer and receive \$100 cash!

Vehicles include 2 year JCI, Current Year Road Tax, and 2 Year Warranty *Excluding Classic & Sports Cars

Car Sales • American Insurance • Title Transfers & Deregistration Services • Auto Repair • JCI Inspection • Free Loaner Vehicle • Free Shuttle Service • Free Towing • Credit Cards Accepted

JOHNNY'S USED CARS

Okinawa

American Legion • Kita-nakagusuku • Lawson • Ginowan

Camp Foster Gate #6

Mon-Sat: 8:30 a.m. - 5:30 p.m.
Sun: 10:30 a.m. - 5:30 p.m.
Phone: 098-982-0312

www.johnnys-cars.com

Introducing Okinawan local cuisine

Usagami Sore!! *BON APPETITE!!*

アガラサー

Agarasaa (Brown Sugar Steamed Sponge Cake): Agarasaa is simple sweets loved by locals. Mix with flour, baking powder and brown sugar and steam about 15 min to serve. Agarasaa has been served at home during celebrations for a long time in Okinawa.

Grab lunch with an Exchange Food Truck!

Find Your Favorite at a Location Near You Today!

13- Mar	1100-1700	KAB Concession Mall	E&C Kebab
13- Mar	1100-1400	KAB Flightline	Nukumi Kitchen
13- Mar	1100-1400	Torii Express	Triple A
14- Mar	1100-1700	Foster Main Store	E&C Kebab
14- Mar	1100-1900	KAB Concession Mall	Old Spices
15- Mar	1100-1900	Foster Main Store	Old Spices
15- Mar	1100-1900	KAB Concession Mall	Café Shiyu de Pokko
16- Mar	1100-1400	KAB Flightline	Nukumi Kitchen
17- Mar	1100-1400	KAB Flightline	Café Shiyu de Pokko
17- Mar	1100-1800	Butler Express	Old Spices
17- Mar	1100-1400	Torii Express	Nukumi Kitchen
18- Mar	1100-1400	KAB Flightline	Old Spices
19- Mar	1100-1400	KAB Flightline	Café Shiyu de Pokko
19- Mar	1100-1700	Torii Express	Old Spices

CONGRATULATIONS TO OUR PHARMACY TECHNICIAN GRADUATES MS. JUSTINE VALENZUELA, ms. JOMAE PEAVIE, AND ms. KAYLA MCCULLOUGH.

We are so happy that you have achieved this great milestone - Wishing you great success with your dream and career!

American Red Cross
Kadena Air Base

TRAVEL
THE
WORLD

KOZA OKINAWA

Roger's
SINCE 1954

FOOD MARKET



www.rogers1954.jp

UNIQUE FOOD FROM ALL OVER THE WORLD. TABLE IN PERFECT HARMONY.

WEST COAST WINE ROAD

SELECTED BY
ROGER'S WINE HOUSE.
Try California Wine!

Buy selected meat and exotic condiments
and enjoy home made Lamb steak in
french style!

AUSTRALIAN RACK OF LAMB
100g ¥430
IVANO MEAT SELECTION

CLINE SYRAH
SONOMA COAST
ESTATE GROWN
750mL ¥4,300
/SONOMA, CALIFORNIA

RISOTTO PORCINO
210g ¥600
RISO SCOTTI / ITALY
PORCINO POWDER
75g ¥2,700
LAUMONT / SPAIN

OPUS ONE
750mL ¥59,800
NAPA, CALIFORNIA

ROAST BEEF
100g ¥400
DELICATESSEN
NUCHIBUTA

FRUITY RED
X
ROAST BEEF

ROBERT MONDAVI
WINERY
PINOT NOIR 2015
750mL ¥4,300
/NAPA, CALIFORNIA

DIERBERG
CHARDONNAY
SANTA MARIA VALLEY
750mL ¥4,300
/SANTA MARIA VALLEY, CALIFORNIA

KOHLRABI
¥258 (時価)
/OKINAWA

RICH RED
X
LAMB CHOP

GRAIN MUSTARD
105g ¥370
FALLOT / FRANCE

SOFT WHITE
X
ANTIPASTO

CITRON CONFIT
(LEMON & GINGER PASTE)
210g ¥1,500
LE COQNOIR / FRANCE

GRILLED ARTICHOKE
314mL ¥1,300
LE BONITA' DEL
CASALE / ITALY

Also check out our wine variation, not only from California, from Europe, South africa and all over the world.

CRAFT and GROWLER

This is the only place in Okinawa where You can Tap fresh CHATAN BEER!



Chatan Beer
[32oz] ¥1,400
Growler Bottle
¥1,320
Cap ¥80



DELICATESSEN
NUCHIBUTA
"Farm to table"

NUCHIBUTA
APPETIZER

We assemble a plate for every budget.



FLAVORFUL ASIAN

Rich in variety of herbs and spices with
coconut milk. Mild and spicy flavorful
Indonesian cuisine.

KARIO SAPI SOUP (Sumatra style beef curry) ¥ 1,200
(With turmeric and steamed nashikunin, salad)

CAMPAIGN
ORIGINAL BAG
PRESENT!



Limited
1,000
pcs

All prices are tax excluded



OPEN 10:00 - 21:00