

By Staff Sgt. Greg Nash

Cope North Combined Joint Information Bureau 2/12/2020 - ANDERSEN AIR FORCE BASE, Guam — More than 100 aircraft will soar over the Commonwealth of the Northern Mariana Islands and the Federated States of Micronesia as U.S. forces, Koku Jieitai (Japan Air Self-Defense Force or JASDF) and the Royal Australian Air Force collaborates during exercise COPE NORTH, Feb. 12-28.

Approximately 2,000 military personnel will hone their skills to increase combat readiness and interoperability during the annual trilateral field training exercise. Humanitarian assistance and disaster relief exercises and strike mission training will be conducted during the first week, while air combat tactics and a large-force employment training takes place the second week.

"This exercise is a model opportunity for our countries to participate in world-class training and expand engagements to strengthen our interoperability," said U.S. Air Force Col. Scott Rowe, COPE NORTH exercise director. "It validates new ways to deploy and maneuver people and assets, which ultimately enhances our capacity and capability to foster a free and open Indo-Pacific."

Teams will face various challenges during the 17-day event by focusing on integrating and refining best practices for coordinating combined air tactics, techniques and procedures.

Part of the HADR training scenario is a medical evacuation from Rota to Guam featuring aeromedical evacuation doctors and crews. All three nations will work together during the crisis response scenario to provide airborne command and control, combat jumps, joint terminal attack controllers, and bilateral training with the military working dogs and security forces.

"Training programs such as exercise COPE NORTH provides invaluable opportunities to test operational air and ground crews to the highest level," said RAAF Group Captain Mark Larter, Multinational Task Force commander. "For the first time, U.S. Pacific Air Forces has invited the Royal Australian Air Force to lead the HADR mission to demonstrate combat readiness, humanitarian assistance procedures and interoperability between the forces of the United States, Australia and Japan."

COPE NORTH — originally a quarterly exercise between the U.S. and Japanese air forces in Misawa, Japan — was moved to Guam in 1999. RAAF joined in 2011 to strengthen the trilateral relationships and further integrate HADR operations and

a large-force employment exercise. The now-annual exercise is designed to promote stability and security throughout the Indo-Pacific and continues to evolve throughout the years.

"I had participated in COPE NORTH as a young pilot about 17 years ago," said Koku Jieitai Col. Katushi "Kitty" Hashimoto. "I am pleasantly surprised to see how much this exercise has evolved over time. It literally shows the evolution of our already strong relationship among U.S., Australia and Japan."

This year marks the first time the Japan Maritime Defense Force is bringing a US-2 ShinMaywa amphibious aircraft to incorporate personnel recover missions.

"I am very confident this exercise will further enhance our combat capability and strengthen our alliance more than ever before," Hashimoto said.

Special Agents receive award



(U.S. Air Force photo by Airman 1st Class Mandy Foster)

U.S. Air Force Special Agents Joshua Simmons and Lindsey Byrd, Air Force Office of Special Investigations Detachment 624, pose for a photo with Mr. Tatsuo Oshiro, Chief of Okinawa Police Station, on Feb. 10, at the OPS annual appreciation ceremony. The agents received the appreciation awards in front of the Okinawa City community and its community leaders for all their contributions to the safety and security of the community that surrounds Kadena Air Base.

JAAGA Awards ceremony recognizes Airmen vital to U.S., Japan Alliance



Stiner, 67th Fighter Squadron chief of intelligence, accepts the Japan-America Air Force Goodwill **Association award** from Mr. Harukazu Saito, president of JAAGA, Feb. 6, at Naha Air Base. The JAAGA Award is presented yearly to one member of the Japan Air Self Defense Force. and one U.S. Air Force Airman for outstanding contributions to the U.S. - Japan alliance.

(U.S. Air Force photo by Staff Sgt. Kristan L. Campbell)



Kadena supports Okinawa Marathon



(U.S. Air Force photo by Airman 1st Class Mandy Foster

By Airman 1st Class Mandy Foster 18th Wing Public Affairs

2/19/2020 - KADENA AIR BASE — Team Kadena supported the Okinawa Marathon Feb. 16, on Kadena Air Base. Every year thousands of people train to run the Okinawa marathon, and Kadena AB has been there to support the athletes each year.

Despite the rain, hundreds of smiling service members and their families came out to cheer on the runners that passed through KAB. The volunteers offered water and fruit to the participants at designated stations along the

"The volunteers that turned up at the event represented the thousands of members who make up Team Kadena and provided a positive image of U.S. service members that will last for years to come," said Akihiro Sotsuka, 18th Wing community engagement specialist.

More than 500 military members and their families living on Okinawa volunteered at stations along the base route to encourage the runners.

"It was a great experience being able to cheer on the runners," said Senior Airman Bryant Bulla, 18th Logistics Readiness Squadron vehicle operations dispatcher. "Despite the weather, it was a great way to bring the communities together."

The Okinawa Marathon was established to help promote fitness throughout Okinawa, as well as bring communities together through a common event and create an atmosphere that encourages everyone on base to come out and support this major community event.

During the race more than 10,000 participants ran the 1.7-mile portion of the marathon that extended from KAB's Gate 2 to Gate 5.

This marks the 28th year that service members stationed on Okinawa have supported the marathon all starting in 1993.

"This is the largest community engagement event for Kadena Air Base for the entire year and fosters a positive relationship with the host nation and U.S. military in Japan," said Sotsuka.

Kadena Air Base Weekly Newspaper



嘉手納基地内 70 カ所以上、トリイステーション、海軍基地 毎軍病院、米国領事館、県内の商業施設や店舗へ 300 カ所以上に無料配布されています。 空軍、陸軍、海軍、その家族、軍雇用員、シビリアンなど幅広い層に読まれています。

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Steps for seeking emergency dental care

By 18th Dental Squadron

2/12/2020 - KADENA AIR BASE — Dental emergencies happen and the 18th Dental Squadron is here to assist members who need help, even in the middle of the night.

The 18th DS provides on-call, after-hours emergency care during non-duty hours and weekends.

"Typically, the Kadena team is called for all after-hours dental emergencies involving members and their families assigned to Kadena AB," said Lt. Col. Anita M. Shade, 18th DS Deputy Squadron commander. "The Kadena after-hours dental team is on call and available 365 days of the year to include all major holidays and training days."

The Kadena Dental Clinic is open for duty, Monday to Friday and has a sick call process built in to address unscheduled patients with dental emergencies. Patients with concerns can walk in and request to be seen. The Kadena Dental team encourages patients to call ahead so the team can properly schedule them according to their dental issue.

"It's important for our patients to understand that if they have a life-threatening emergency, for instance trauma to their head or neck, difficulty breathing, swallowing, or uncontrolled bleeding, they should immediately go to the United States Naval Hospital emergency department at Camp Foster."

Additionally, Shade recommends members who have non-life-threatening dental emergencies that cannot wait until the next duty day, such as dental pain, swelling or bleeding that cannot be managed with over-the-counter medications, contact the USNHO Quarterdeck. If assigned to KAB, the emergency department will then con-



(U.S. Air Force photo by Staff Sqt. Benjamin Sutton)

tact the Kadena dental team on call. From that point on, the team will take charge of the patient.

"When the on-call dentist is contacted, they triage the patient over the phone and make the decision whether or not the patient needs to be seen immediately," stated Shade. "If so, the rest of the team is activated. At that point, the team will make their way to the clinic to prepare to see the patient"

The Kadena Connect App is an excellent resource that has step-by-step directions to guide patients through this process.

"By using the Kadena Connect app, our patients are also able to contact the Kadena on-call dentist directly from their cell phone," Shade said. "It walks you through it step-by-step. It's also updated frequently and has the contact numbers of all the agencies involved."

It's recommended that members become familiar with the app and the after-hours process before a dental emergency occurs. This way they can receive timely care

"Beyond emergencies, the best way to receive care is to ensure members and their families are seen routinely by a dental provider," said Shade. "An exam and cleaning annually is a must to screen for new disease activity."

Family members can contact the Kadena Appointment line at 098-960-4817. They also have the option of utilizing the Tricare Dental Program through United Concordia to seek dental care from a Host Nation dental provider who is on the Tricare Overseas preferred dentist list.

For more information, contact the dental clinic at 098-960-4817, download the Kadena Connect app or visit the Kadena Medical Clinic Facebook page.

IMPORTANT MESSAGE FROM YOUR SHOGUN MEDICS

In order to provide better care to our patients, and allow our healthcare teams to focus on readiness, the 18th Medical Group is undergoing a transition starting November 2019 until February 2020. During this transition you may see a change to your Primary Care Manager (PCM), yet the care you receive will remain largely unchanged.

We thank you for your patience and understanding during this time. If you have any comments or concerns you can contact our TRICARE Operations office at 630-4310

In case you were wondering...

Why did my PCM change? In order to focus on delivering specialized care to our diverse population, we are structuring our healthcare teams in way that allows them to dedicate their attention either on active duty readiness requirements or on the needs of our valued family members.

How will I know if my PCM changed? Patients should receive an email notification letting them know of the change to their PCM.

Am I able to request to keep my original PCM? Quality of care and patient satisfaction are both important to us. However, requests for a PCM change will be routed through MDG leadership and be determined on an individual basis. (All patients have the right to request an appointment for a second opinion with an alternate provider.)

Is there a way to communicate concerns? Our Patient and Family Partnership Council (PFPC) meets the first Thursday of every month and allows MDG leaders to hear the voice of the patient and family. For specific details on PFPC, or concerns with your PCM change please contact our Patient Advocate at

How can I communicate with my PCM team? Please check TRICARE Online's Patient Portal to enroll/log in to Secure Messaging at www. TRICAREOnline.com! You can communicate with your PCM team for questions, appointments, medication refills and much more.

AMAZING KADENA RACE

Friday • 20 March • 10 am Risner Fitness Center

Register by Friday, 6 March.

Chase clues around Kadena to become the winner! Max of twenty two-person teams. All participants will receive a t-shirt, and the top three teams will receive FSS Gift Cards valued from \$25 to \$100.

Open only to ages 18 and over.











(U.S. Air Force photo by Airman 1st Class Aaron Irvin



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Eagle Lodge

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By Airman 1st Class Aaron Irvin

19th Airlift Wing Public Affairs

2/13/2020 - LITTLE ROCK AIR FORCE **BASE, Ark.** — The 61st Airlift Squadron, along with Airmen from the 19th Aircraft Maintenance Squadron, 19th Operations Support Squadron and the 41st AS will integrate with units from Yokota, Kadena and Misawa Air Bases in Japan, and Osan Air Base, Republic of Korea for a full spectrum readiness operation in the U.S. Indo-Pacific Command's area of responsibility during their 4/12 FSR Capstone Feb. 5-25.

In 2019 the new 4/12 deployment initiative was coordinated among airlift squadrons from Dyess Air Force Base, Texas and Little Rock AFB, allowing each squadron to rotate on deployments for four months followed by 12 months of dwell time. While one squadron is fulfilling their rotational deployment, the

other three will be focused on sharpening readiness, allowing more time to train for tomorrow's fight.

"This capstone exercise culminates the past 12 months where we actively use the training and tactics we acquired," said Capt. Greg Hollen, 61st AS pilot.

The 61st AS returned in May, 2019, marking the first C-130J squadron in the past 18 years to have an entire year of dwell time, beginning the cycle for the four squadrons.

The 12 months of dwell time allows nine months to focus on core mission obiectives, and three months of deployment specific training.

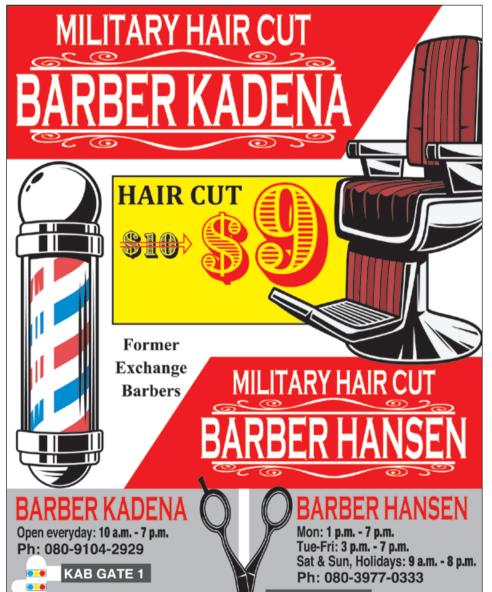
"Since the new national defense strategy came out two years ago, we've been training on a number of different tactics we use all around Arkansas, while simulating different regions of the world," Hollen said.

This capstone and Agile Combat Employment exercise provides a unique training opportunity while exposing 19th AW personnel to the Indo-PACOM AOR.

The end goal is to flatten the learning curve so if we were to deploy short-notice, it wouldn't be a shock," Hollen said. "Right now about 10 to 20 percent of Airmen in the squadron have flown in that part of the world - through this exercise, we're going to increase that to nearly 70 percent."

The exercise involves various types of training, including distributed operations, agile combat employment, Combat Air Force integration, degraded command and control operations, and executing mission type orders.

"In the end, the purpose of this exercise is to validate training and allow members to adapt to a new environment," Hollen said. "Mission type orders allow us to give a crew a mission for the day and have them work with the user directly and figure it out with little to no oversite - improving their overall readiness."



CAMP HANSEN

4547-1 Kin, Kin Town

Box

GATE 1

Coco Ichi

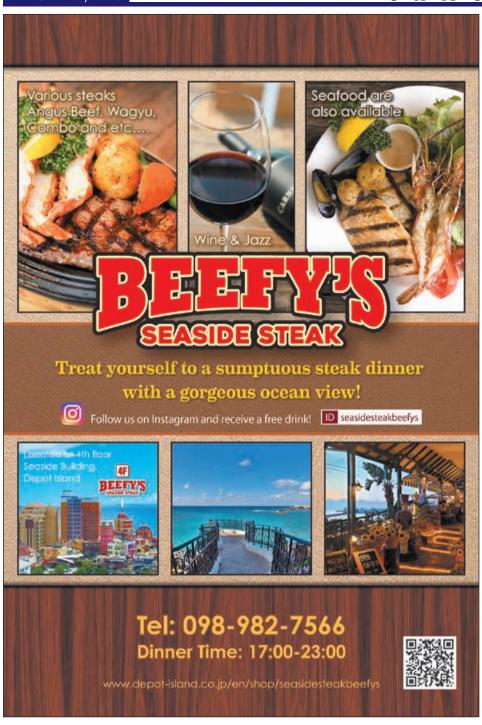
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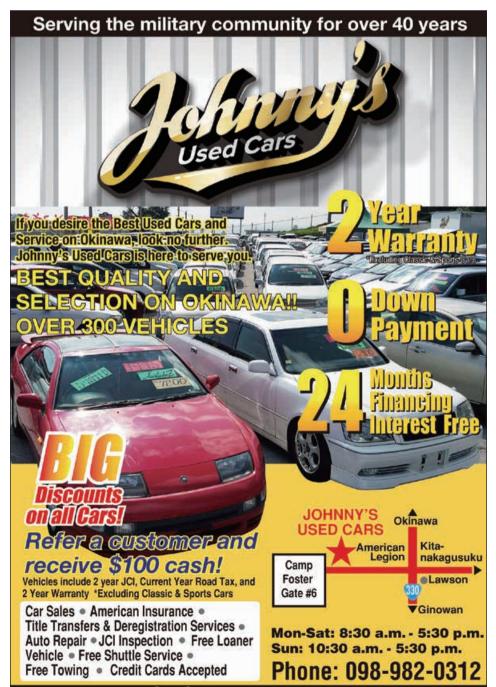












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Kadena Air Base Community Notes

To submit an announcement for the base bulletin, please visit www.kadena.af.mil

NOTICE Kadena Base Library Closures

The Kadena Base Library will be closed on Friday, Feb. 28 for a staff work day. During this time, the online library resources will still be accessible via the library's card catalog, which is linked from the Kadena FSS website, and via the Air Force Portal under the "Library & Resources" tab. For more information, contact Holly May at DSN: 634-1502.

Think Before You Drink

Did you know there have 15 SOFA members caught drinking and driving in 2019. Don't become a statistic. Think before you drink. Don't drive - call a ride. For a safe ride home call these numbers: Kadena Taxi at 098-970-8888(option 8) / Panda Taxi (off base) 098-937-8989. / Daiko 098-932-4035.

Air Force Personnel PCSing with Pets

In order to best support personnel with pets transferring from Okinawa, Kadena, TMO Passenger Travel requests port call submissions to be made as soon as possible once the assignment is known for all Air Force personnel PCSing within peak season (01 May-30 Sep 20). Please note, the Patriot Express is very limited on pet spaces and its first come, first served. PCS orders are not required for reservations. Please use the following SharePoint link to find the latest reservation worksheets and memorandum templates: https://kadena.eis.pacaf.af.mil/ Only two pets max per family for Patriot Express; to include mil-to-mil families. Maximum combined pet & kennel weight is 150 lbs for Patriot Express and 99 lbs for commercial airlines (subject to airline policy). Pets are defined as cats or dogs only. Please contact the TMO Passenger Travel Office at DSN 634-7792/94 for additional information.

INFORMATION Kadena and Camp Foster **Emergency Numbers**

Kadena Fire Emergency Services reminds everyone to program their cell phones with the emergency numbers. To report an emergency on Kadena via cell, dial 098-934-5911, and from an office phone, dial 911. For Camp Foster via cell, dial 098-911-1911, or from an office phone, dial 911.

How to File a Complaint with IG

If you believe you are unable to resolve your complaint through supervisory channels, you may seek IG assistance to determine if the complaint should be filed with the IG. You can file a complaint if you reasonably believe inappropriate conduct has occurred or a violation of law, policy, procedures, or regulation has been committed. Complete the personnel data information on an AF Form 102 and briefly outline the facts and relevant information related to the issue or complaint. List the allegations of wrongdoing briefly, in general terms and provide supporting narrative detail and documents later, when interviewed by an IG person. Allegations should be written as bullets and should answer who committed the violation; what violation was committed; what law, regulation, procedures, or policy was violated; when did the violation occur. Help is available: Call your Kadena IG office at 634-7622 for Maj Sarabia, 634-2768 for SMSgt Aguirre, or leave a message on the Kadena Fraud, Waste, & Abuse (FWA) Hotline at 634-0404.

AADD: We Get You Home Safe

Did you drink tonight? Made a plan but it's falling through? Can't catch a cab? If any of this applies to you, call AADD. Don't risk it all, when you can get a ride home for free. To contact AADD from a cell phone number, dial 098-961-1110 and ask for the USO, or dial DSN: 634-3889. We're open Fridays and Saturdays at the USO (gate 2) from 2200 to 0100 and we're here to help. If you have any questions and/or concerns, please email our Org Box or contact us on Facebook: Kadena AB A2D2

UPCOMING EVENTS **Hiring Our Heroes Career Summit**

The Hiring Our Heroes Career Summit is being held Feb. 26-27 at the Rocker Enlisted Club and provides transitioning service members, spouses and veterans the opportunity to learn from HR experts on current hiring trends, how to land the interview, and the ever

growing importance of networking. The summit kicks off with a series of workshops, offers a networking opportunity with nationally recognized companies, provides a Military Spouse Symposia, and wraps up with a career fair. Visit www.hiringourherores.org/ events for more details and registration. For more information, contact Emily Cassell at DSN: 634-3366.

2020 Annual Volunteer Recognition Ceremony Nominations

The Airman and Family Readiness Center (AFRC) will host the 2020 Annual Volunteer Recognition Ceremony (AVRC) on April 24 to recognize the contributions and accomplishments of Kadena volunteers in 2019. Nomination for awards are currently being accepted. The following awards will be presented at the AVRC pending nominations: Volunteer Excellence Award (VEA), Angel Award, Presidential Volunteer Service Award (PVSA), and

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the Military Outstanding Volunteer Service Medal (MOVSM). For more information, please contact the AFRC at 634-3366 for award package nomination information and submission deadlines.

Kadena ACE (E1-E4) Meeting

Join Kadena ACE (Airmen Committed to Excellence) on March 17 at the Wired Bean Café from 1100-1200, as we enjoy a FREE LUNCH and talk about how we can make the experience at Kadena the best it can be! We use this time to discuss upcoming events, volunteer opportunities and professional development workshops that we conduct on a regular basis. Please contact our president, SrA Jhed Manalo at 634-1177 or via email at jhed. manalo@us.af.mil.

FY20 Pre-Season Motorcycle Brief

March 6 is the FY20 Pre-Season Motorcycle Brief.





This briefing is open to all motorcycle riders to fulfill their pre-season briefing requirement. Audience must be in place by 0850, and opening remarks will start promptly at 0900 at the Wing Safety Complex. This event will last seven hours and lunch will be available for purchase: \$5 Combo – 2 Hotdogs, 1 Bag of Chips, and 1 Drink / \$6 Combo – 1 Burger, 1 Hotdog, 1 Bag of Chips, and 1 Drink / \$7 Combo – 2 Burgers, 1 Bag of Chips, and 1 Drink *Individual prices will be available* If you have any questions, contact SSgt Clemons at DSN: 634-SAFE (7233)

VOLUNTEER OPPORTUNITIES Seeking Earth Day Volunteers

The 718th CES Environmental Office is gearing up for this year's Earth Day 2020 early. Even though Earth Day is celebrated in April, we have a lot of planning to get started. We have our first meeting scheduled for Feb. 6 at 10:00 in building 3621, Environmental Office. If you would like to be a part of helping out some of the events we have lined out, or you have something special in mind based on this year's theme, "Opportunities for a Zero – Carbon Future," please join us: 12 Hour Walk/Run kick off, Art Contest (At DoDEA Schools), Beach Clean-up, Clothes Donation, Housing and Facility Clean-up, Reef Diving

more information, contact Robert Lewis at DSN 634-4038 or Andrea Gatch at DSN 634-3253.

Vision and Hearing Screening

The Kadena Elementary School is looking for volunteers to assist vision and hearing screening on March 11 and 12 from 08:30-14:00. Volunteers will need to arrive 30 minutes prior to the event to receive necessary training. Volunteers will help the vision portion by pointing at letters on the vision board; they will also help the hearing portion by pressing the button checking for responses to the beeping sound. Contact Adjoua Kouadio at DNS: 634-0722 for more information.

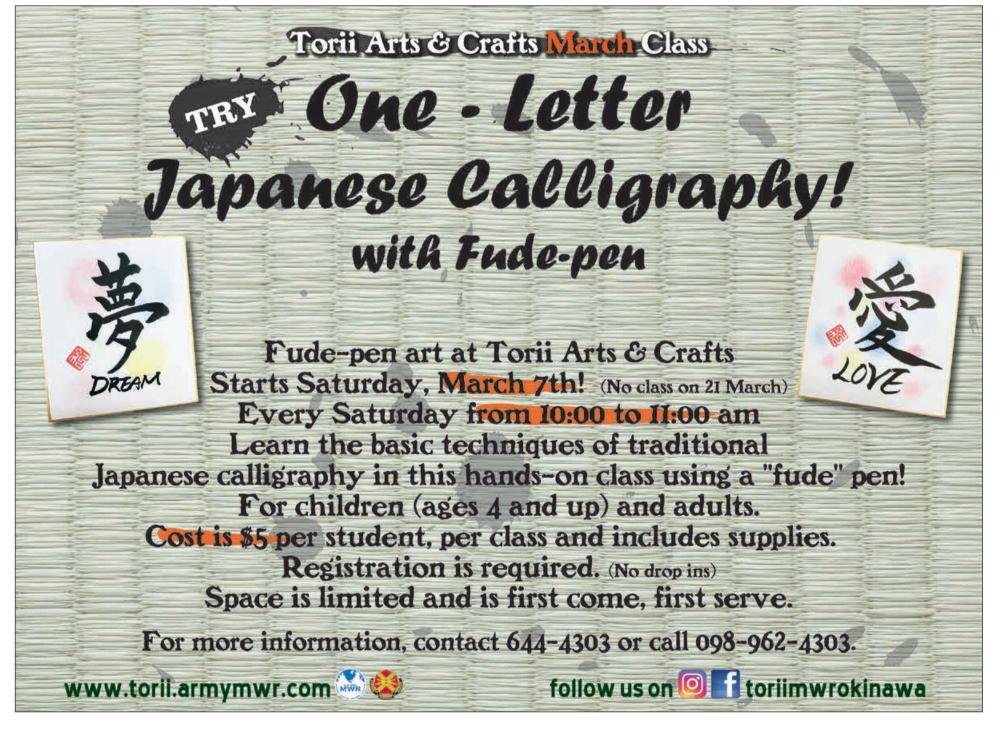
Stearley Heights Elementary School STEM Day

SHES will host a STEM DAY on March 13 from 8:00 am - 2:30 pm. The event will feature fun STEM focused activities for our student body and we need help from our community to pull it off. We are looking for 10-20 volunteers, all volunteers will be given a STEM station to operate – materials provided by the event coordinator. Volunteers can sign up using the link below or email Mr. Chris Riley, at chris.riley@dodea.edu.









TRAVEL THE WORLD





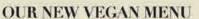
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