



IMPORTANT MESSAGE FROM YOUR SHOGUN MEDICS

In order to provide better care to our patients, and allow our healthcare teams to focus on readiness, the 18th Medical Group is undergoing a transition starting November 2019 until February 2020. During this transition you may see a change to your Primary Care Manager (PCM), yet the care you receive will remain largely unchanged.

We thank you for your patience and understanding during this time. If you have any comments or concerns you can contact our TRICARE Operations office at 630-4310. In case you were wondering...

Why did my PCM change? In order to focus on delivering specialized care to our diverse population, we are structuring our healthcare teams in way that allows them to dedicate their attention either on active duty readiness requirements or on the needs of our valued family members.

How will I know if my PCM changed? Patients should receive an email notification letting them know of the change to their PCM.

Am I able to request to keep my original PCM? Quality of care and patient satisfaction are both important to us. However, requests for a PCM change will be routed through MDG leadership and be determined on an individual basis. (All patients have the right to request an appointment for a second opinion with an alternate provider.)

Is there a way to communicate concerns? Our Patient and Family Partnership Council (PFPC) meets the first Thursday of every month and allows MDG leaders to hear the voice of the patient and family. For specific details on PFPC, or concerns with your PCM change please contact our Patient Advocate at 630-4146.

How can I communicate with my PCM team? Please check TRICARE Online's Patient Portal to enroll/log in to Secure Messaging at www. TRICAREOnline.com! You can communicate with your PCM team for questions, appointments, medication refills and much more.

IN JAPAN, BAC 0.03% = DUI FYOU'RE BRIMING. NOT 1 DROP JAPAN: 0.03% USA: 0.08% KNOW THE DIFFERENCE DROP IF YOU'RE DRIVING

Be safe online this, every holiday season

By Cybersecurity & Infrastructure Security Agency 12/10/2019 - DEPARTMENT OF HOME-LAND SECURITY — The holiday season is a prime time for hackers, scammers and online thieves. While millions of Americans will be looking online for the best gifts and Cyber Monday deals, hackers will be looking to take advantage of weaknesses in shoppers' devices or connections in order to

extract personal and financial information.

To defend against these attacks, here are a few simple steps to take:

Check your devices

- Before making an online purchase, make sure the device you're using is up-to-date. Running the latest software or firmware helps ensure the manufacturers are still supporting it and providing the latest vulnerability patches.
- Ensure your accounts have strong passwords and use multi-factor authentication, if available. Multi-factor authentication uses multiple pieces of information to verify your identity.
- •Check the devices' privacy and security settings to understand how your information is used and stored. Don't share any more information than needed.

Only shop through trusted sources

•Make sure you're interacting with a reputable, established vendor before providing your information. If you've never heard of the vendor or website before, consider a different vendor.

- •Check that website URLs begin with "https" and a closed padlock icon. These items confirm your information is being encrypted online.
- Don't connect to unsecure, public Wi-Fi, especially to bank or shop.
- •Cyber criminals often send phishing emails—designed to look like they're from retailers—that have malicious links, attachments or ask for your information. Simply delete these emails.
- Never provide your password or information in response to an unsolicited email. Legitimate businesses will not email you to request this data.

Use safe methods for purchases

- Check the website's privacy policy before transmitting your information to understand how it will be used and stored.
- If you can, use a credit card instead of a debit card as there are laws to limit your liability for fraudulent credit card charges. These same laws often don't apply for fraudulent debit card charges. Additionally, because a debit card draws money directly from your bank account, unauthorized charges could leave you with insufficient funds to pay other bills.

 Check your bank statements frequently for fraudulent charges and notify your financial institution immediately if any are

For more cybersecurity best practices, visit https://www.cisa.gov/.

NORAD Tracks Santa program kicks off for 2019

By NORAD Tracks Santa

12/1/2019 - COLORADO SPRINGS, CO — As the North American Aerospace Defense Command conducts its primary mission of defending the homeland, it stands ready to continue its tradition of tracking Santa's journey around the globe on Dec. 24.

"In addition to our day-to-day mission of defending North America, we are proud to carry on the tradition of tracking Santa as he travels along his yuletide flight path," said Gen. Terrence O'Shaughnessy, commander of NORAD and U.S. Northern Command. "The same radars, satellites and interceptors employed on December 24 are used year-round to defend Canadian and American airspace from threats."

The defense of Canada and the United States is NORAD's top priority. NORAD is a binational U.S. and Canadian command charged with aerospace and maritime warning and aerospace control of North America as well as monitoring aerospace activity globally. However, every year during the holidays, NORAD assumes the supplementary mission of tracking Santa as he travels around the world.

It all started in 1955 when a local newspaper advertisement informed children they could call Santa directly – only the contact number in the advertisement was misprinted. Instead of reaching Santa, the phone rang through to the crew commander on duty, U.S. Air Force Colonel Harry Shoup, at the Continental Air Defense Command Operations Center, the predecessor to NORAD. Col. Shoup was quick to realize a mistake had been made, and assured the child he was Santa. Shoup then assigned a duty officer to continue answering calls. Thus, a tradition was born, and

continued when NORAD was formed in 1958. Each year since, NORAD has reported Santa's location on Dec. 24 to millions of children and families.

On Sunday, December 1, the 64th iteration of NORAD Tracks Santa begins with the launch of the www.noradsanta. org website. NORAD Tracks Santa is truly a global experience, delighting generations of families everywhere. This is due, in large part, to the efforts and services of numerous program contributors and volunteers.

On Dec. 24, users may call 1-877-Hi-NORAD for Santa's up-to-date location.





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DENA



(U.S. Air Force photo by Airman 1st Class Cynthia Belio)

Air Force Surgeon General, speaks during an all call with the 18th Aeromedical Evacuation Squadron and the 18th Medical Group at Kadena Air Base. Jan. 24. During her visit Hogg stressed the importance of readiness and innovation as the way forward for military medicine

U.S. Air Force Lt.



Senior Airman Justin Kannenberg and Tech. Sgt. Argo Cesareo, both, aircraft recovery for the 18th Equipment Maintenance Squadron, were recognized by the Uruma Police Station in Uruma City, Jan. 28, for putting out a local fire. The Airmen saw the fire on their way to dinner and immediately took action until emergency services arrived.









(U.S. Air Force photo by Senior Airman Omari Bernard

⟨U.S. Air Force 1st Lt. Antoinio Arnold, 18th Operation Support Squadron chief of intel readiness. receives an award from Mr. Shigeru Iwasaki, Japan-America Air Force Goodwill Association president, during the 2018 JAAGA Awards Ceremony Jan. 31, at Naha Air Base. Arnold was recognized for his outstanding skills in a Japan-U.S. defense conference, the Bilateral Leadership Officer Group and the Koku-Jieitai English Competition.



FEBRUARY



Defense Force Air Officer Candidate School cadets and instructors learn about the F-15C Eagle from a 44th Fighter Squadron fighter pilot Feb. 28, at Kadena Air Base. The tour gave the JASDF cadets a better understanding of the U.S. military and contributed to promoting Japan-U.S. cooperative relationships in the future.









U.S. Air Force Tech. Sgt.

Communication Squadron

programmer, and Staff Sgt.

Alexander Nestle, 18th

Christopher Sills, 18th



CS software development supervisor, work on LodgeNET, a contingency lodging application on Feb. 12, at Kadena Air Base. LodgeNET provides realtime contingency statistics in one collaborative platform,

and consolidates data 99% faster than manual input.





(U.S. Air Force photo by Senior Airman Kristan Campbell)

≺U.S. Air Force Staff Sgt. Dylan King, 18th Aeromedical **Evacuation Squadron AE** technician, charges an emergency respirator air tank aboard a 384th Air Refueling Squadron KC-135 Stratotanker during an AE exercise near Kadena Air Base, Feb. 19. Airmen of the 18th AES rely on practice sorties with flying units like the 384th Air Refueling Squadron to hone their missionessential skills

> **<** U.S. service members and Okinawans participate in the Okinawa Marathon Feb. 17, at Kadena Air Base. Kadena Air Base has supported the Okinawa Marathon every year since 1993. This year marks the 27th anniversary of the marathon.



(U.S. Air Force photo by Staff Sgt. Matthew B. Fredericks)

▲ Loadmasters from the 1st Special Operations Squadron prepare to drop a wreath from an MC-130H Combat Talon II during a memorial flight off the coast of the Philippines Feb. 26. The flight honored those who were lost when a 1st SOS MC-130E Combat Talon I, call sign STRAY 59, crashed 38 years ago during an exercise, killing eight crew member and 15 passengers.



(U.S. Air Force photo by Senior Airman Kristan Campbell) Engineer Squadron craftsman, supervises CE equipment during bilateral training on the Rapid Airfield Damage Recovery process, Feb. 12, at Kadena Air Base. The 18th CES Operations Flight maintains 23.4 million square feet of facilities, 17 dormitories, jet fuel storage tanks, 61,000 linear feet of piping, 13.5 miles of aircraft fuel lines, 107 generators supporting critical facilities, 1,000 miles of potable water, and 780 miles of overhead and underground electrical distribution lines.









MARCH













(U.S. Air Force photo by Senior Airman Kristan Campbell)



(U.S. Air Force photo by Staff Sqt. Peter Reft)



(U.S. Air Force photo by Staff Sgt. Benjamin Sutton)

Airmen assigned to the 18th Maintenance Group use virtual reality headsets to review maintenance tasks March 28, at Kadena Air Base. The 18th MXG is currently developing and reinforcing job tasks for maintainers across three separate aircraft.



(U.S. Air Force photo by Senior Airman Omari Bernard)

U.S. Air Force Staff Sgt. Jacori Ownes, 18 AES, Aeromedical Evacuation
Technician mission planner, shows High School Air Force Junior Reserve
Officers Training Corps cadets some of the training equipment used to train
their medics March 13, at Kadena Air Base. The cadets got to see how the
18th AES trains their personnel to deal with situations that may arise while
transporting patients to care.



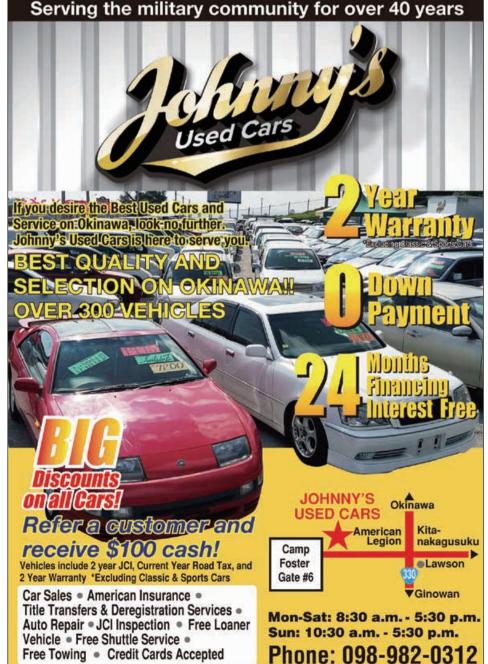
(U.S. Air Force photo by Tech. Sgt. Matthew B. Fredericks)

Airmen from the 18th Medical Group and 18th Aeromedical Evacuation Squadron work together to load a simulated patient onto a KC-135 Stratotanker during a joint field training exercise, March 27, at Kadena Air Base. The 18th MDG and 18th AES tested their ability to treat and transport a large amount of patients.









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Group (SOG) Financial Management (FM) flight, a small office of four personnel, earned the 2018 Under Secretary of Defense (Comptroller) Financial Management Award for best Below Major Command Level Team for Contributions in Budget Execution. Seen here are U.S. Air Force Capt. Vincent Colletti, 353rd SOG comptroller, Master Sgt. Michael Duchesne, 353rd SOG FM flight chief, Master Sgt. Chad Sontag, 353rd SOG FM superintendent, and Staff Sgt. Lindsey Vaillancourt,

353rd SOG FM financial analyst,

at Kadena Air Base, April 19.



(U.S. Air Force photo by Staff Sgt. Omari Bernard)



(U.S. Air Force photo by 1st Lt. Renee Douglas)



◆ Team Kadena members plant trees in celebration of Earth Day 2019. April 29, at Kadena Air Base. Earth Day celebrates the planet's environment and raises public awareness by reminding people to think about humanity's values, the threats the planet faces and ways to help protect the environment. The theme for Earth Day 2019 is "Protect Our Species."



(U.S. Air Force photo by Airman 1st Class Mandy Foster) ▲ A child throws a softball in an effort to dunk U.S. Air Force Airman 1st Class Raymond Stevens, 18th Security Forces Squadron patrolman, during the Month of the Military Child Fun Fest, April 26, at Kadena Air Base. The event featured vehicle displays, bounce house, doggie demo, music and food.



(U.S. Air Force photo by Staff Sgt. Benjamin Sutton)





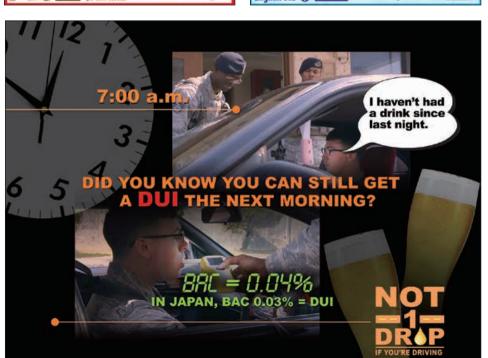






Sat: 8:30-13:00

















(U.S. Air Force photo by Staff Sgt. Peter Reft)

→ U.S. and Japanese elementary school teachers participate in a We Can bilateral training event at the Ryukyu Middle School, Kadena Air Base, May 24. Team Kadena teachers helped prepare Okinawa teachers for Japan's upcoming English language curriculum roll-out



(U.S. Air Force photo by Senior Airman Kristan Campbell)

U.S. Air Force Brig. Gen. Case Cunningham, 18th Wing commander explains the origin of Kadena Air Base Habu Hill to Japan Air Self-Defense Force Chief of Staff Gen. Yoshinari Marumo, during a visit to Kadena Air Base, May 21. While visiting, Cunningham and Marumo discussed key topics, such as the vital role of both U.S. and Japanese Airmen in ensuring regional security and stability.



(U.S. Air Force photo by Tech. Sgt. Matthew B. Fredericks)

Luke Story, 909th Air Refueling Squadron boom operator, shows tour participants video of aerial refueling during a base tour of Kadena Air Base, May 8. The participants received a base mission brief and F-15 Eagle static display at Naha Air Base before traveling to Kadena for an 18th Wing mission brief and KC-135 Stratotanker static display



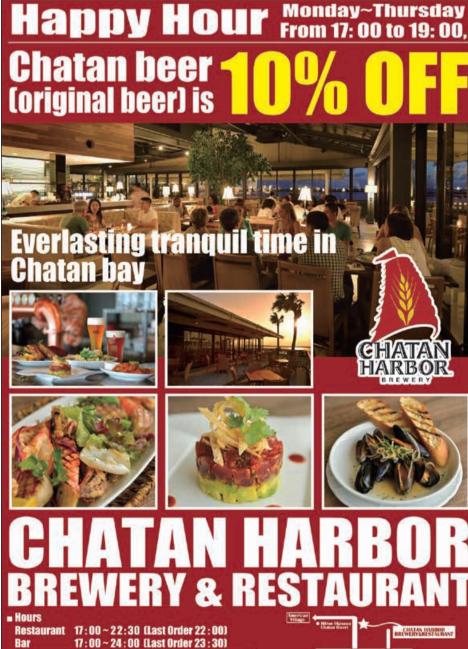
(U.S. Air Force photo by Tech. Sgt. Matthew B. Fredericks) ▲ Airmen from the 18th Aeromedical Evacuation Squadron triage a patient onboard a KC-135 Stratotanker during an exercise May 8, out of Kadena Air Base. The 18th AES maintains a forward operating presence and supports medical contingencies in a free-and-open Indo-Pacific.



(U.S. Air Force photo by Staff Sgt. Benjamin Raughton)

~ Participants hike around the Banyan Tree Golf Course during the Holocaust Remembrance Week Ruck March at Kadena Air Base, May 2. The purpose of the ruck march was to bring people together with a fitness activity and educate them about the holocaust and why people should work together to prevent such an event from happening again.





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(U.S. Air Force photo by Staff Sqt. Omari Bernard)

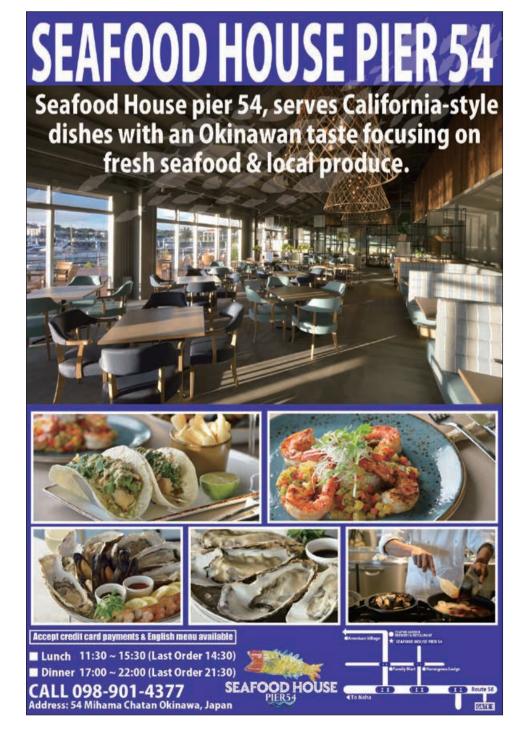


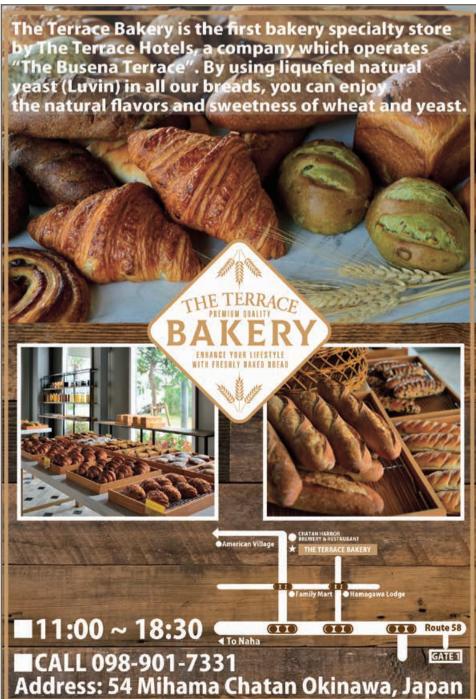
↓ U.S. Air Force Airman 1st Class Zacharius Shaw, nondestructive inspection apprentice assigned to the 18th Equipment Maintenance Squadron, demonstrates how to use an eddy current nortec 600 inspection unit during a bilateral training exercise with the Japan Air Self-Defense Force May 23, on Kadena Air Base. The 18th EMS holds frequent bilateral training exercises with JASDF counterparts to build stronger partnerships and maintain a constant level of readiness.

> Japan Air Self-Defense Force members watch a load demonstration during the first bilateral weapons load exchange between Kadena Air Base and the JASDF, May 23. The goal of the training is to accurately and safely load munitions while strengthening the U.S.-Japan alliance in order to secure a free-and-open Indo-Pacific







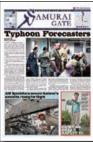




(U.S. Air Force photo by Staff Sgt. Daniel E. Fernandez)

→ U.S. Air Force Capt. Richelle Greer, 18th Operations Support Squadron weather flight commander, monitors tropical cyclone conditions of readiness in preparation for typhoon season on Kadena Air Base, June 6. During typhoon operations, meteorologists and oceanographers from the 18th OSS Kadena Weather Flight, 353rd Special Operations Group Weather Flight, Navy Oceanography, Anti-Submarine Warfare Detachment Kadena, and III Marine Expeditionary Force Weather, combine as Joint Weather Okinawa and work together ensuring the safety of U.S. personnel on Okinawa.







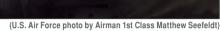


U.S. Air Force Airman 1st Class Liam Kilbane, 909th Air Refueling Squadron boom operator, works the controls in his boom pod during a training exercise June 18. The 909th ARS helps ensure a free-and-open Indo-Pacific by providing air refueling to U.S.,

allies and partners



within the area of responsibility.





(U.S. Air Force photo by Senior Airman Kristan Campbell)

U.S. Air Force Airmen assigned to the 139th Logistics Readiness Squadron pose for a photo on a Boeing 747 during annual field training June 11, at Kadena Air Base. As an Air National Gaurd unit, the 139th LRS maintains a capable. ready force to support aerial port operations for both Federal and state mission



(U.S. Air Force photo by Airman 1st Class Mandy Foster) U.S. Air Force Staff Sgt. Brandon Deem, a dedicated crew chief assigned to the 67th Aircraft Maintenance Unit, inspects an F-15 Eagle while teaching an Airman at Kadena Air Base. June 11. Dedicated crew chiefs are assigned to a single aircraft and are responsible for ensuring the successful completion of the aircraft's maintenance.



(U.S. Air Force photo by Airman 1st Class Cynthia Be → U.S. Air Force Staff Sgt. Derrik Pitchford, Critical Care Air Transport respiratory technician assigned to the 18th Aerospace Medicine Squadron, loads the neonatal transport system with Airman 1st Class Eliseo Rios, 18th AMDS aerospace medical technician, during a Neonatal Intensive Care Unit transportation course June 5, on Camp Foster. The 18th AMDS briefed the NICU nurses and technicians over the responsibilities of infant patient transportation on the ground, while the 18th AES focused on transportation while on the air.

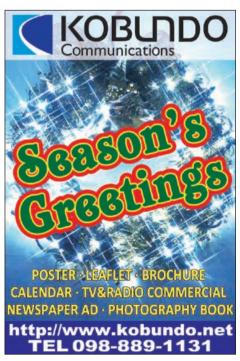






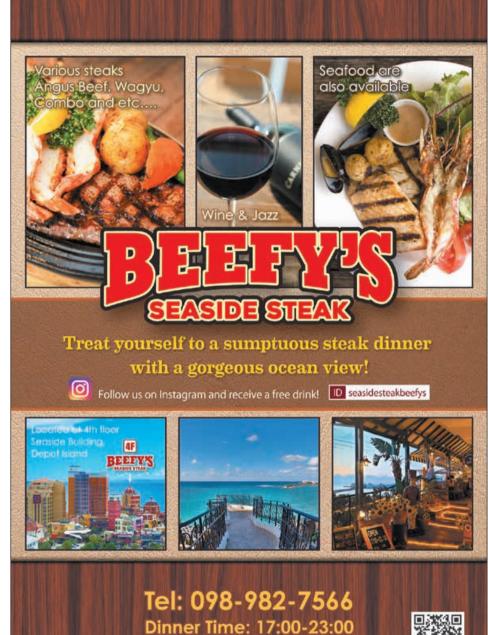












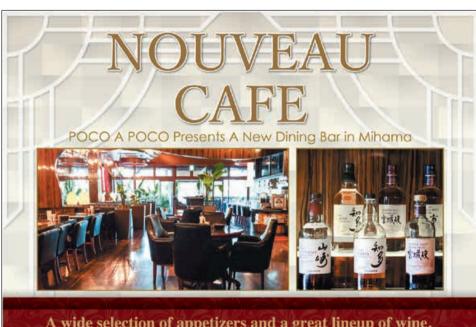


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JULY



(U.S. Air Force photo by Naoto Anazawa)

↑ The 18th Wing conducts a change of command ceremony July 8, at Kadena Air Base. The mission of the 18th Wing is to deliver unmatched combat airpower and a forward-staging base to provide sovereign options that promote peace and stability in the Asia-Pacific region. Its current fleet of aircraft represents a broad spectrum of combat capability and is now commanded by Brig. Gen. Joel Carey.



(U.S. Air Force photo by Senior Airman Kristan Campbell)

Maj. Jama Stillwell, 718th Force Support Squadron commander, speaks to the audience during the 718th FSS activation ceremony at Kadena Air Base, July 16. Stillwell made history as the first to command the 718th FSS.



(U.S. Air Force photo by Senior Airman Cynthia Belio)

U.S. Air Force Senior Airman Joseph Cristi, fire emergency services firefighter assigned to the 18th Civil Engineer Squadron, goes through a decontamination station during a hazardous material training exercise July

11, on Kadena Air Base. Airmen exposed to a hazardous chemical must

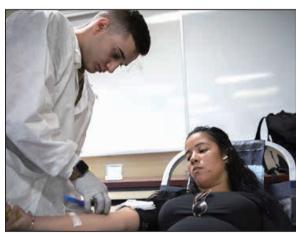
be decontaminated before they take off their Level A suit to prevent further

contamination



(U.S. Air Force photo by Airman 1st Class Mandy Foster)

U.S. Air Force Master Sgt. Chris Tarquinio, emergency manager assigned to the 127th Wing at Selfridge Air National Guard Base Michigan, assists a member of the Japan Air Self-Defense Force in removing his mask during the Joint and Coalition Chemical, Biological, Radiological and Nuclear Response Exercise at Kadena Air Base, July 18. The different services brought their tactics, techniques, and experience to Kadena to train learn and collaborate



(U.S. Air Force photo by Senior Airmen Rhett Isbell)

U.S. Navy Seaman Blakley Jones, U.S. Pacific Command Armed Services Blood Bank Center corpsman, inserts a needle into the arm of a blood donor July 30, at Kadena Air Base. Blood donors were given free snacks and drinks to help them recover.









(U.S. Air Force photo by Airman 1st Class Mandy Foster)





(U.S. Air Force photo by Senior Airman Cynthia Belío)

∼ U.S. Air Force military working dog (MWD) handlers assigned to the 18th Security Forces Squadron sit by their MWDs during a MWD retirement ceremony July 26, on Kadena Air Base. MWDs and their handlers must have trust and patience with one another to work together as a team and accomplish the mission safely and effectively.



(U.S. Air Force photo by Airman 1st Class Matthew Seefeldt)











AUGUST













▲ A U.S. Army Green Beret from 1st Battalion, 1st Special Forces Group (Airborne), and Air Force Staff Sgt. Mike Triana, independent duty medical technician paramedic from the 67th Fighter Squadron, establish a security perimeter during a small unit tactics exercise Aug. 21, at the Jungle Warfare Training Center, Camp Gonsalves, Japan. The Green Berets hosted the jungle training with Triana and other Team Kadena Airmen, assigned to the 18th Wing, as part of the Green Berets' continuous combat readiness program. They specialize in the full spectrum of special operations throughout the Indo-Pacific Theater.



(U.S. Air Force courtesy photo)

Members from the 18th Contracting Squadron gather near the rice they donated Aug. 30, at Kadena Air Base, after raising 3,010 pounds of rice. "This amount of rice can feed nearly 90 people across three shelters for three months," said Lt. Col. Drew Glass, 18th CONS commander. "It really puts perspective on how a little compassion can make a large impact to those in need."



(U.S. Air Force photo by Master Sgt. Amanda N. Junk)

Maj. David Weyh, 18th Dental Squadron endodontist, shows off a dental microscope used for root canal procedures and surgeries to Miyu Nakamura, a dental hygienist student, during White Dental Clinic's tour of the 18th DS clinic, Aug. 16. The microscope is a staple piece of equipment for endodontists, who use this asset for complex root canal procedures and more. The tour took place for students to learn about the unique capabilites of the clinic at Kadena.

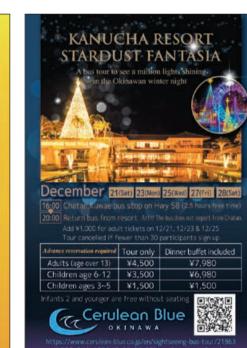


(U.S. Air Force photo by Senior Airman Rhett Isbell)

◆ (Bottom center) U.S. Air Force Master Sgt. Roger Halle, 18th Civil Engineer Squadron assistant chief of operations, and his leadership were recently recognized for his efforts in saving the life of a child who had drowned Aug. 19, at the Chatan Town Office. Halle assisted in performing cardiopulmonary resuscitation on the child, until the Araha Fire Department was able to arrive.



(U.S. Air Force photo by Staff Sqt. Peter Reft)









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Samurai Gate's hot pick of the latest island goings-on

Ryukyu Lantern Festival

creates magic with lights





One of the most interesting annual events at the Murasaki Mura theme park in Yomitan Village is the Ryukyu Lantern Festival featuring about 5,000 lanterns that welcome visitors to enjoy the lights in the Ryukyu Kingdom-themed setting.

The event takes place daily through the end of March. The colorful lanterns and mysterious sights throughout the park attract visitors who enjoy taking photos of themselves and their friends. There are delicious foods and great entertainment, including traditional Eisa, Okinawan folk song performances and projection mapping shows three times every night.Okinawa Soba noodles and snack-style foods are served within the park from several stalls and the Lantern Café at the center of the festival offers popular Jumbo yakitori - grilled chicken - on skewers and Chinese-style steamed nikuman buns that are a perfect match to a cool winter evening.A path leading down to the main area of the festival is lined with lanterns hand-made by local school children, and during the festival, visitors are invited to vote for their favorite among the children's works. For those who want more hands-on experience, there's a booth behind the Lantern Café where they can make a lantern of their own using Japanese-style paper.



Ryukyu Lantern Festival at Murasaki Mura

Date: Dec. 1, 2019 - Mar. 31, 2020 Time: 17:30 - 22:00 (The park opens 9:00., lights lit up at 18:00) Admission: Adults ¥1,200 Junior high and high school students ¥500 Elementary school students ¥400

Children 5 and younger are free



MWR Facilities Holiday Operation Hours 🌥



	23 Dec	24 Dec	25 Dec	26 Dec	27 Dec	28 Dec	29 Dec	30 Dec	31 Jan	1 Jan	2 Jan	3 Jan	4 Jan	5 Jan
	Mon	Tues	Wed	Thu	Fri	Sat	Sun	Mon	Tue	Wed	Thu	Fri	Sat	Sun
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LIBRARY 644-4468	CLOSED	CLOSED		0900-1700	0900-1700	0900-1700	CLOSED	CLOSED	0900-1700	RN	0900-1700	0900-1700	0900-1700	CLOSED
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8 4444	0730-1630	0730-1630	CE	0730-1630	0730-1630	CLOSED	CLOSED	0730-1630	0730-1630	CIV	0730-1630	0730-1630	CLOSED	CLOSED



Season's Greetings from Torii MWR







SEPTEMBER

U.S. Air Force Maj. Mark













(U.S. Air Force photo by Staff Sgt. Micaiah Anthony Hiroshi Toyama, Kadena Town mayor (seated left), U.S. Air Force Col. Thang T. Doan, 18th Mission Support Group commander (seated middle), and Hidekatsu Higa, Kadena Langage Institute dean (seated right), along with the latest members of the KLI internship program on Kadena Air Base, pose for a photo Sept. 6. The 2019 KLI internship program is an opportunity for students to apply the lessons they have learned while at the same time experiencing American culture.



(U.S. Air Force photo by Staff Sgt. Micaiah Anthony) ▲ A child from the Kadena Youth Center and an Okinawan child compete in a Rock-Paper-Scissors Relay during Cultural Exchange Day, Sept. 28, at Kadena Air Base. The children were divided into six teams to play a variety of games, learn about each other's culture and develop friendships

U.S. Staff Sgt. Evan Rogan, 18th Component



(U.S. Air Force photo by Senior Airman Rhett Isbell)



(U.S. Air Force photo by Staff Sqt. Micaiah Anthony)









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Kaclena F-15s Eelebraid 40 years Of Star SUID OF 10 PILL AGLE AND THE SUID OF 10 PILL AGLE OF SUID OF 10 PILL AGLE AGL

By Staff Sgt. Benjamin Sutton

18th Wing Public Affairs

9/26/2019 - KADENA AIR BASE — Streaking across the sky at a neck-breaking 900 mph, United States Air Force F-15C Eagles have been training in the skies above and around Okinawa for 40 years.

Both U.S. and Japanese F-15s are in the air daily keeping security interests safe from competition.

The F-15C Eagle is among the most successful modern fighters, with over 100 victories and no losses in aerial combat.

"This fighter is a dream to fly," said Lt. Col. John G.J. DeLion, 67th Fighter Squadron commander. "I've been high enough to see the curvature of the earth and far faster than the speed of sound. They are easy to land in good or bad weather and fly smoothly in both. I count myself lucky every day I get to fly one."

Over the years, both the U.S. and Japanese Air Self-Defense Force squadrons who fly the F-15, have had to adapt continuously to counter unique and ever-changing threats across the Pacific area of operations. Bilateral F-15 training increases operational readiness and interoperability of U.S. and JASDF forces

while also strengthening relations and developing mutual trust, further enhancing our commitment to a free and open Indo-Pacific.

"We focus exclusively on one thing: air superiority," said Capt. Robert Shine, 44th FS scheduler. "Other aerial platforms are certainly capable of fighting other jets, but no one focuses exclusively on this task like F-15C pilots. Our aircraft allow other platforms, sister-service partners, and allied nations to focus on their specific responsibilities. When bomber or refueler aircraft are not worried about getting shot down by enemy fighters, they are able to be more accurate and achieve mission success."

In order to achieve that level of success and sustain it for nearly half a century, both aircrew and maintainers have had to take a disciplined approach to ensuring success each and every day.

"Depending on the complexity of the mission, we start planning the day before we fly," said DeLion. "The day of the flight we arrive early, check the weather and speak with support staff members before our mission briefing. Eventually, we step to our jet and discuss the mission with the enlisted crew chief, do a walk-around

of the aircraft and then start the pre-taxi/pre-flight procedures."

Then it's finally time to takeoff.

"You push the power up and go into full afterburner," DeLion stated. "You get pushed back into the seat and pull back on the stick...and you're airborne. Now it's time to execute your mission."

Once airborne, the F-15C Eagle can perform a wide-range of lethal capabilities.

"It's an incredible feeling when the afterburners light and the jet lifts off of the ground," said Shine. "Every sortie is different and comes with its own challenges, so there's never a dull day. We push the jets and ourselves to the limit as much as possible."

These F-15C Eagles, a twin-engine, air superiority fighter jet, have maintained a prominent presence within the Asia-Pacific region and an indisputable role in Air Force mission security around the globe.

There is a special trust between the operators flying the aircraft and the maintainers taking care of it.

"We have young professionals that get after the mission of maintaining these aircraft every day," said Col. William Ray, 18th Maintenance Group commander. "There are lots of challenges, it's not easy to maintain by any stretch, but Our Airmen love it. Our Airmen love this jet, they love the mission and they put their best foot forward every day to make sure we give our aircrew our best mission-ready aircraft."

The 18th Wing's team of dedicated maintainers work 24/7 to ensure mission success.

"These aircraft are able to meet and exceed challenges despite age and repairs by the blood, sweat, and tears of the outstanding airmen who maintain them," said DeLion. "No airframe, whether new or old is functional without high-caliber maintainers. They work in the heat, rain, and wind, maintaining the Eagle under challenging conditions nearly every day."

Forty years after its first Okinawa flight, it is still relevant because of how well it was designed, and how well they are maintained.

"Lethality is all the Eagle does," said Shine. "F-15Cs are a pure air-superiority aircraft. Our competition and even other fellow service branches look to us to be undisputed experts on it. There's not an air force in the world that wants to tangle with us because of our dominance, thanks to this fighter jet."







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(U.S. Air Force photo by Senior Airman Kristan Campbell) ↑ Staff Sgt. Kaithlyn Guerrero, charlie flight K9 handler assigned to the 18th Security Forces Squadron, detains Staff Sgt. Bryan Savella, 18th SFS bravo flight K9 hadler, during a simulated K9 interview at Kadena Air Base, Oct. 18. The scenario

showcased the abilities of MWDs at Team Kadena



(U.S. Air Force photo by Senior Airman Kristan Campbell) U.S. Air Force Staff Sgt. Sekoya Kinsey, event volunteer, hands a game piece to a blindfolded child as part of a game during the Trunk-or-Treat event held at the Okinawa World Children's Zoo and Museum, Okinawa City, Oct. 26. The object of the game was for players to try and pin the head on the body of

the skeleton and win candy prizes.



(U.S. Air Force photo by Naoto Anazawa)

multiRAE device during a fuel spill exercise at Kadena Air Base, Oct. 25. The multiRAE is the most advanced portable chemical detector with the flexibility of up to six gas sensors and the convenience of wireless portability. This multigas monitor is versatile and customizable, while delivering real-time access to instrument readings and alarm status from any location



(U.S. Air Force photo by Naoto Anazawa)

Squadron aircraft structual maintenance craftsman, inventories tools at Kadena Air Base, Oct. 4. Airmen from the 18th EMS support the flying mission through munition, aircraft and other maintenance operations.





Local HOTSHEET **Moon Ocean Ginowan**

2019-2020 Guide To New Year's **Eve and New Year's Events**

NEW YEAR'S DAY 1 Jan. 2020 (Wed)

Tea Refreshments with Live "Koto" "Lion Dance" Performance

We invite you to a relaxing moment with fine powdered green tea and beautiful timbre of Japanese traditional 13 strings instrument. (Koto) Time: Tea Time / 9:30-11:30 (Tea Ceremony in accordance to "Omote-Senke" School-Shofu-Kao) Live "Koto" Performance / 9:30-10:00 / 11:00-11:30 (Performed by Yoko Onaga Koto School) Venue: Ground Floor Lobby / "Lion Dance" Performance / 9:50-10:00 Venue: Ground Floor

New Year's Rice-Cake Making

Performance

NEW YEAR'S EVE / NEW YEAR'S DAY 31 Dec. 2019 (Tue) - 1 Jan. 2020 (Wed)





Welcome Service - Variety of Okinawan Confectioneries

We invite you to come and enjoy a moment of relaxation tasting variety of confectioneries from Okinawa, Time / 15:00-16:00 Venue: Ground Floor Lobby

You can enjoy all of the above events at Moon Ocean Ginowan and Hotel Moon Beach free of charge.

paid advertisement

Local HUTSHEET **Christmas** Seasonal Fair Moon Beach

23rd through the 25th of **December**

Premium Christmas Dinner Buffet at the Corallo

Adults 4,950 JPY / Child 2,475 JPY (Tax Included) Hours: 18:00 – 22:00 (21:30 LO)

Through the 1st until the 22nd of December **Christmas Dinner Buffet at the**

Adults 4,180 JPY / Child 2,090 JPY Hours: 18:00 - 22:00 (21:30 LO)

23rd through the 25th of **December Lanai Lounge Bar Special Live**

Entertainment Enjoy a live music show with your favorite drink

1st stage: 18:00-, 2nd stage: 19:40, 3rd stage:

21:20 (1 act 40 min. Drink charge non-

included) Hours: 10:00-22:00 (LO 21:30) **New Years Information**

On the 31st of December at 22:00 there will be a New Years Count Down Event for all guests!

(Okinawan music, Tahitian dance show, lottery tournament, Japanese sake cask openings, New Years fireworks)

1st & 2nd of January there will be events planed for guests

1st of January – Mochi-pounding tournament, Japanese sake cask openings, shishimai dance, traditional Okinawan snacks served with tea

2nd of January – Live performance of the koto, Japanese style tea celebration, traditional Okinawan snacks

paid advertisement













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NOVEMBER



(U.S. Air Force photo by Staff Sgt. Benjamin Raughton)

↑ 18th Security Forces Squadron defenders and members of Okinawa Prefectural Police perform a demonstration for visitors hosted by 18th Wing Public Affairs during the Twitter Tour at Kadena Air Base, Nov. 4. The defenders and local police described how they work together to handle and prevent drunken driving incidents.











(U.S. Air Force photo by Staff Sqt. Benjamin Raughton)

⟨ U.S. Air Force Gen. CQ Brown, Jr., Pacific Air Forces commander, greets Senior Master Sgt. Daniel Perry, 18th Wing protocol, at the 909th Air Refueling Wing during a tour at Kadena Air Base, Nov. 12. During the tour, Brown visited various base squadrons and agencies to learn about unit-specific issues, their operations, and answer questions.



(U.S. Air Force photo by Staff Sgt. Benjamin Sutton)

Airmen assigned to the 320th Special Tactics Squadron jump from a 17th Special Operations Squadron MC-130J Commando II during military freefall training at Kwajalein Atoll Nov. 16. The jump training was an essential part of Exercise Gryphon Pacific 20-1. The 353rd SOG Airmen conducted additional proficiency training to capitalize on the opportunity to hone military freefall jump capabilities.



(U.S. Air Force photo by Staff Sgt. Peter Reft)

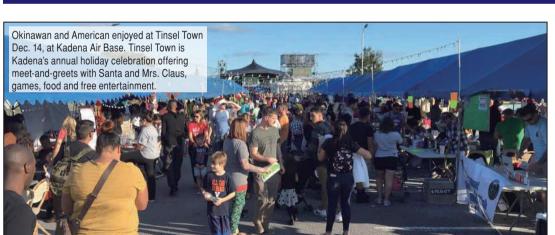
U.S. and Japanese military leaders conduct an annual Joint Bilateral Senior Enlisted Symposium at Kadena Air Base, Nov. 5. More than 50 senior enlisted leaders from all military branches of both U.S. and Japanese defense departments came together to share expertise and operation success stories of maintaining and enhancing bilateral capabilities.



(U.S. Air Force photo by Senior Airman Rhett Isbell)

∼ U.S. Air Force Airman 1st Class Christian Lowery, 18th Aircraft Maintenance Squadron crew chief, left, Japanese Self-Defense Force Staff Sgt. Shuichiro Masunaga, 6th Tactical Fighter Squadron aircraft general technician, middle, and U.S. Air Force Tech. Sgt. Adrian Lemard, 18th Aircraft Maintenance Squadron crew chief, right, train on changing tires on an F-15C Eagle as part of an NCO Bilateral Exchange program Nov. 19, at Kadena Air Base. Bilateral exchanges allow for a better understanding of the capabilities held by each countries Armed Forces, as well as the opportunity to improve relations between the United States and Japan.

DECEMBER



(U.S. Air Force courtesy photo)



(U.S. Air Force photo by Shoko Tamaki)









KNOW THE DIFFERENCE

NOT DR P

ANNUAL RA-MEN GAD U NK YOU FOR COMING!! OU IN 2020!! To Kadena 2-2-11 Mihama, Chatan Open: 11 a.m. - 10 p.m. (L.O. 9:30 p.m.) Closed on Thursday YEN CASH / CREDIT CARD To Naha We will be opened Dec 31 & Jan 1

Kadena Air Base Community Notes

To submit an announcement for the base bulletin, please visit **www.kadena.af.mil** NO FEDERAL ENDORSEMENT OF PRIVATE ORGANIZATIONS OR ACTIVITIES IS INTENDED.



NOTICE Think Before You Drink

Did you know there have 15 SOFA members caught drinking and driving in 2019. Don't become a statistic. Think before you drink. Don't drive – call a ride. For a safe ride home call these numbers: Kadena Taxi at 098-970-8888(option 8) / Panda Taxi (off base) 098-937-8989. / Daiko 098-932-4035.

INFORMATION Kadena Post Office Holiday Hours

Dec. 24 from 9 a.m. to 5 p.m.

Dec. 25 Closed.

Dec. 31 from 9 a.m. to 3 p.m.

Jan. 1, 2020 Closed.

Mon - Fri: 9 a.m. to 6 p.m. (parcel pick-up) / 9 a.m. to 5 p.m. (Finance and Customer Service) Sat: Customer Service Closed. 9 a.m. to 5 p.m. (Parcel pick-up and finance) For more information, contact Post Office at 634-2155.

Kadena and Camp Foster Emergency Numbers

Kadena Fire Emergency Services reminds everyone to program their cell phones with the emergency numbers. To report an emergency on Kadena via cell, dial 098-934-5911, and from an office phone, dial 911. For Camp Foster via cell, dial 098-911-1911, or from an office phone, dial 911.



AFRC Closure for Monthly Staff Training

The Airman & Family Readiness Center will be closed for monthly staff training Dec. 27 from noon – 5 p.m. For more information, contact Hiroko Bush at 634-3366.

Family Housing Office Change of Operating Hours

The Kadena DOD Family Housing Office will open at 9:30 a.m. due to an official function on Dec. 23. For emergency assistance, please contact 634-HOME (4663). We apologize for the inconvenience. For more information, contact Arlene Madarang at DSN: 634-4008

2020 Okinawa Marathon registration

Registration application forms for the 2020 Okinawa Marathon and 10K Road Race scheduled for February 16, 2020 will be available at the Risner Fitness Center, until December 9th for all interested SOFA status personnel. Registration will close when the prescribed number of applicants is reached. Participants must be age 16 or older as of Feb. 16, 2020. Entry fees are in YEN ONLY and are NON-REFUNDABLE. Fees for the full marathon are 7,000 yen for ages 19-64, and 6,000 yen for ages 16-18, and 65 or older. Fees for the 10K race are 4,700 yen for ages 19-64, and 3,200 yen for ages 16-18, and ages 65 or older. For more information, call the Risner at 634-5128 / 5129.

How to File a Complaint with IG

If you believe you are unable to resolve your complaint through supervisory channels, you may seek IG assistance to determine if the complaint should be filed with the IG. You can file a complaint if you reasonably believe inappropriate conduct has occurred or a violation of law, policy, procedures, or regulation has been committed. Complete the personnel data information on an AF Form 102 and briefly outline the facts and relevant information related to the issue or complaint. List the allegations of wrongdoing briefly, in general terms and provide supporting narrative detail and documents later, when interviewed by an IG person. Allegations should be written as bullets and should answer who committed the violation; what violation was committed; what law, regulation, procedures, or policy was violated; when did the violation occur. Help is available: Call your Kadena IG office at 634-7622 for Maj Sarabia, 634-2768 for SMSgt Aguirre, or leave a message on the Kadena Fraud, Waste, & Abuse (FWA) Hotline at 634-0404.



AADD: We Get You Home Safe

Did you drink tonight? Made a plan but it's falling through? Can't catch a cab? If any of this applies to you, call AADD. Don't risk it all, when you can get a ride home for free. To contact AADD from a cell phone number, dial 098-961-1110 and ask for the USO, or dial DSN: 634-3889. We're open Fridays and Saturdays at the USO (gate 2) from 2200 to 0100 and we're here to help. If you have any questions and/or concerns, please email our Org Box or contact us on Facebook: Kadena AB A2D2

UPCOMING EVENTS Modified Newcomers Orientation

Due to the Christmas and New Year holidays being on Wednesdays and the closure of Bldg. 455, the Schilling Community Center, the 18th Wing will NOT hold Kadena AB Newcomers Orientation on these days. Instead, we will conduct two modified Newcomers orientations: Monday, Dec. 23 and Monday, Dec. 30 at Bldg. 455, the Schilling Community Center, from 8 a.m. to noon; on both days the sign-in registration is from 7-8 a.m. Members will be able to re-enroll in TRICARE, complete travel vouchers and test for the SOFA driver's license/permit. For more information, contact Ames Guidry at 634-3366.

Kadena ACE (E1-E4) Meeting

Join Kadena ACE (Airmen Committed to Excellence) on Jan. 14, 2020, at the Wired Bean Café, as we enjoy a free lunch and talk about how we can make the experience at Kadena the best it can be! We use this time to discuss upcoming events, volunteer opportunities and professional development workshops that we conduct on a regular basis. Please contact our president, SrA Jhed Manalo at 634-1177 or via email at jhed.manalo@us.af.mil.

VOLUNTEER OPPORTUNITIES Kadena High School's First Annual Wellness Day

Operation Snowball needs adult volunteers to help run the First Annual Wellness Day, an event centered on students' mental health and wellness. Operation Snowball is an organization focused on strengthening the positive community in and around Kadena High School. Your job will be to help mentor and facilitate team-building activities with the students. Training will take place on Dec.

14, Jan. 4, and Jan. 11 from 10 a.m. to 1 p.m. at Kadena High School, and the main event will be from noon to 7 p.m. on January 18. For more information, contact Alex Jusell at 080-6490-7246 or to participate, email Alex. Jusell@dodea.edu.

Kadena Tax Center Volunteers

The Kadena Tax Center needs volunteers for the upcoming tax season, and we request your help. Kadena Tax Center Volunteer Tax Advisors (VTA) helped prepare over 1,379 returns, saving service members over \$345,331.00 in tax preparation fees, last year. This is a great benefit for Airmen and their families, but as you're aware, this "FREE" service cannot be offered without help from the VTAs. While no longer an extra duty requirement, we request your assistance in determining if any of your personnel are willing to volunteer, and if so, determining if your mission requirements would allow for such support.

— Each VTA is required to attend a 5-day IRS training (unless they have been a VTA within the past 2 years) and work 20 days in the tax center during peak season (February - June 2020). The work days can be accomplished by working 1 full day every week, 2 half days every week, or a block(s) of consecutive days. — IRS training: This will be provided January 13 – 17, 2020; Volunteers need a laptop for training.

- Volunteers do not need tax experience as training will be given. However, individuals with prior experience are highly encouraged to volunteer.
- DEADLINE: Initial cutoff: January 3, 2020. Submit VTA names to Mrs. Leigh Dedrick at 634-3300 or email leigh.dedrick@us.af.mil or 18wg.jagenerallaw@us.af.mil.

Volunteers needed for 2020 Okinawa Marathon

Volunteers are needed to provide water and cheer on runners at stations along the base's route on Kadena Air Base during the Okinawa Marathon Feb. 16, 2020, from 10 a.m. to 2 p.m. Those interested are encouraged to attend the sync meeting Feb. 7, at 2 p.m., in the Schilling Community Center (Bldg. 455). If you are going to volunteer as a group, you can send one representative to the meeting. To sign-up for the event or for more information, please email shoko.tamaki.jp@us.af.mil or call at DSN 634-4142.



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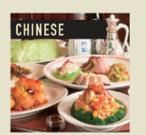


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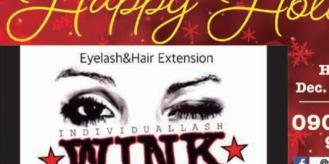
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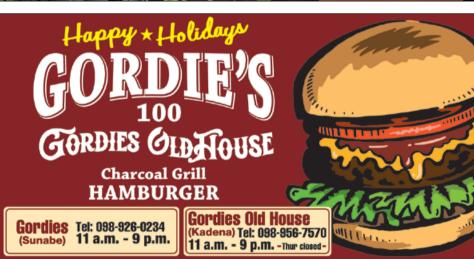
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