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AIR FORCE - ARMY - NAVY - MARINE - COM

Halloween on Kadena

By 18th Wing Public Affairs

10/24/2019 - KADENA AIR BASE — Trick-or-Treat on Kadena Air Base Oct. 31, from 6 – 8 p.m. Base residents who do not wish to participate in

this event are asked to turn-off outside lights and close their blinds on the evening of Oct. 31 so that

trick-or-treaters will by-pass the home. SOFA-sponsored ID cardholders (age 18 or older) may escort five (5) guests from the local community on their own accord without getting passes, but they must accompany them throughout their entire time on the installation. Guests over 16 years of age will be required to bring photo identification to confirm their nationality. Sponsors and guests can enter through Gate 1, Gate 2 and Gate B between the hours of 5:30 - 8:30 p.m. and must be escorted off the installation by 10 p.m. Guests may drive their vehicles on the installation behind their escort, but are limited to one (1) car and must

remain with the escort for the duration of the visit.

Japanese employees (MLCs, IHAs and MCs) are authorized to enter the base through Gate 1, Gate 2 or Gate 3 from 5:30 – 8:30 p.m., Oct. 31, regardless of their approved duty hours on their 98EJ. Additionally, MLC, IHA and MC employees may Additionally, MLC, IHA and MC employees may sponsor up to five (5) personnel regardless of escort privileges. Japanese employees are responsible for ensuring the welfare of all of their visitors while on base. MLC, IHA and MC employee spouses must present photo IDs to prove their identities when entering the installation. Also, individuals desiring to visit the installation for purposes other than trick-or-treating will abide by standard escort procedures. All individuals driving on Kadena Air procedures. All individuals driving on Kadena Air Base will abide by KABI 31-218 (utilizing car seats,

traffic control and parking instructions, etc.) For more information, contact Public Affair Office at 634-3813.

Halloween Safety 101

Children Should

oss streets only at corners, cross walks, and look left/right/left.

ming traffic if there is no sidewa s before crossing streets.

Parents Should

dren at all times

n children should return home or meet

ed meeting point.

e difference between tricks and vandalism. to eat treats until they return home and

nce to inspect thos

eal before going out. spicious candy and treats out.

ardant material.

Include a flash or reflector strips on the costume, so that

children can be s

NOT include high-heeled shoes or long dangling pieces that a child

a mask since it can obstruct a child's vision. If should have nose and mouth openings and

cardboard or flexible materials. Do not allow children to carry sharp

Bags or sacks carried by youngsters should be light-colored or trimmed with retro-reflective tape if children are allowed out after

Motorists Should

Drive cautiously, Excited youngsters may forget some of the safety rules and dart out in front of a car.
 Befrain from driving in areas where no walking escorts are p

identified.

Have a well-lit hon and out, to prevent injuries Keep dogs and other pets away from doors so children will not become frightened.

Keep candelit jack-o-lanterns away from doorsteps and landings

2019 FIRE PREVENTION WHEE







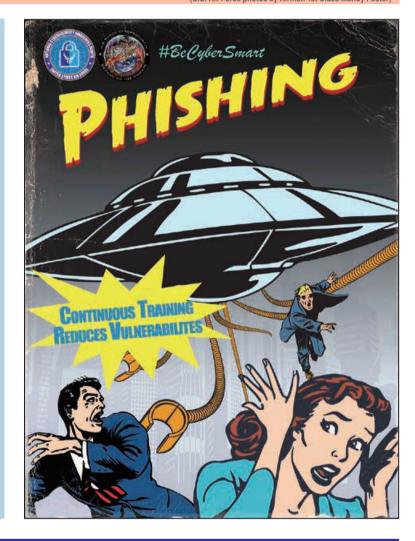
Airmen from the 33rd Rescue Squadron conduct a rescue demonstration during the Fire Station 1 Open House at Kadena Air Base, Oct. 5.



U.S. Air Force firefighters from the 18th Civil Engineer Squadron spray water on a fire demonstration during the Fire Station 1 Open House at Kadena Air Base, Oct. 5.



Airmen from the 18th Aeromedical Evacuation Squadron simulate life-saving procedures to a training dummy onboard a KC-135 Stratotanker during an exercise Oct. 8, out of Kadena Air Base. The 18th AES deploys and operates elements of a theater aeromedical evacuation system capable of worldwide taskings.



Kadena Air Base Weekly Newspaper 嘉手納基地公式新聞で



嘉手納基地内 70 カ所以上、トリイステーション、海軍基地 海軍病院、米国領事館、県内の商業施設や店舗へ 300 カ所以上に無料配布されています。 空軍、陸軍、海軍、その家族、軍雇用員、シビリアンなど幅広い層に読まれています。

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AF formalizes officer developmental categories, effective March 0-5 board

By Secretary of the Air Force Public Affairs

10/21/2019 - WASHINGTON — The Air Force announced Oct. 21 it formally established six distinct officer developmental groupings for active component line officers, which will take effect in March 2020 for the lieutenant colonel promotion board.

The historic decision comes after months of work by Air Force officials to reconfigure the single Line of the Air Force category, enhancing the officer talent management system and enabling tailored and agile development.

"This is an important step forward in the way Air Force leaders are developed," said Secretary of the Air Force Barbara M. Barrett. "The team has done exceptional work to get us to this point and I look forward to implementing this together."

Over the summer, Air Force officials traveled to more than a dozen bases to hold 42 town-hall sessions talking with more than 3,700 Airmen about the proposed developmental categories change and captured feedback. Based on that feedback, the new categories were established on Oct. 7th.

The Line of the Air Force category will be expanded into six categories: Air Operations and Special Warfare, Nuclear and Missile Operations, Space Operations, Information Warfare, Combat Support, and Force Modernization.

"This change is about ensuring we maintain a winning team," said Air Force Chief of Staff Gen. David L. Goldfein. "The existing Line of the Air Force category has served our Air Force well and molded the excellent leaders we have today. As we look to the future of warfighting, we must have an agile

system that allows for a wider range of development paths to ensure officers have the needed skills and expertise to fight and win. This sets us on that path."

Before this change, the LAF category was comprised of more than 40 different officer Air Force Specialty Codes, and accounted for about 80% of the officer corps. The LAF category has remained virtually unchanged since the establishment of the Air Force as a separate service in 1947.

Now, rather than competing for promotion against 40 different career fields with varied job requirements, officers will compete against officers in other fields that have similar progression milestones, experiences and mission area focus. The new categories will allow each career field the freedom and agility to better tailor officer development to meet job demands without compromising competitive position at a promotion board.

The Air Force has released several reforms over the last couple years as part of a larger talent management system reform. Goldfein said the next phase of the reforms will address performance management.

"We believe maximizing the development of all Airmen is about having the right education, training and experiences. Getting this right enhances individual and unit performance," Goldfein said. "Our goal through these efforts, and others, is to unleash the capabilities of our people to be ready for tomorrow's fight."

Categories for judge advocates, chaplains and medical personnel will remain unchanged.

A list of the new developmental categories and associated Air Force specialty codes is available at the MyPers website.

18th SFS trains to protect, defend Team Kadena



(U.S. Air Force photos by Senior Airman Kristan Campbel



↑ Staff Sgt. Baylee Campbell, alpha flight response force leader assigned to the 18th Security Forces Squadron, detains Airman 1st Class Matthew Tejada, 18th SFS phase 1 personnel, during a simulated training scenario at Kadena Air Base, Oct. 11. The scenario envolved an altercation between two Airmen under the influence of alcohol and tested 18th SFS on their responses to the scenario.



∼ Senior Airman Amber Aleman, 18th Security Forces Squadron phase 1 personnel, does pushups after being sprayed in the face with oleoresin capsicum, or O.C., spray during phase 1 training at Kadena Air Base, Oct. 11. All phase 1 personnel are sprayed in the face with O.C. spray and tased in order to understand how iusing these non-lethal actions affects others.



Sunabe's best view with Steak Should OCEANSIDE Weckend Brunch Steak GEgg 1300 5F, 2-208 Miyagi, Chatan Town Open: 12:00 - 21:00 (Thursday: 18:00-21:00)

Professional Massage Raku Momiya -20min \$11 -40min \$21 -60min \$32 No oil used for body massage We are experienced and professional massagers! (KAB Gate 2) 28586(2950m Only 2217-2528 Chuo, Okinawa City Open 10 a.m. - 2:30 a.m. Closed every 4th Monday EASY TO MAKE AN APPOINTMENT BY RAKUMOMIYA APP!

2019 TRICARE Open Season, Federal Benefits Open Season starts next month

By TRICARE Communications

10/21/2019 - FALLS CHURCH, Va. — Did you know that the TRICARE Open Season and Federal Benefits Open Season happen only once a year? Unless you experience a Qualifying Life Event, open season is your only chance to enroll in or make a change to your enrollment for the participating programs.

TRICARE Open Season applies to anyone enrolled in or eligible for a TRICARE Prime or TRICARE Select health plan. Federal Benefits Open Season is for enrollment in a Federal Employees Dental and Vision Insurance Program dental and vision plan. Both the TRICARE and FEDVIP open seasons will run from Nov. 11 to Dec. 9. The enrollment choices that you make during this period will take effect on Jan. 1, 2020.

"Get a head start on open season by reviewing your benefits now and thinking about how much health, dental, or vision coverage you'll need for the 2020 plan year," said Mark Ellis, chief of the Policy and Programs Section of the TRICARE Health Plan at the Defense Health Agency. "You can visit the TRICARE and FEDVIP websites to learn more about your options, specific plans, and costs."

TRICARE Open Season

If you're eligible to participate in TRICARE Open Season, you have three choices for your 2020 health coverage:

• Do nothing. If you want to stay in your current TRICARE health care plan, you don't have to take any action. You'll continue in your current health plan through 2020 or as long as you're eligible.

- Enroll in a plan. If you're eligible for a TRICARE Prime option or TRICARE Select but not enrolled, you can enroll in a plan now
- Change plans. If you're already enrolled in TRICARE Prime (including the US Family Health Plan) or TRICARE Select, you can switch plans and switch between individual and family enrollment.

TRICARE Open Season doesn't apply to TRICARE For Life. TFL coverage is automatic if you have Medicare Part A and Part B. It also doesn't apply to premium-based plans:

- TRICARE Retired Reserve
- TRICARE Reserve Select
- TRICARE Young Adult
- Continued Health Care Benefit Program

As described in the TRICARE Plans Overview, you can purchase premium-based plans any time.

Federal Benefits Open Season

Eligible TRICARE beneficiaries may purchase dental and vision coverage through FEDVIP during the Federal Benefits Open Season. If you're already enrolled in a FEDVIP dental or vision plan and you don't want to make a change, your enrollment will continue in 2020. If you wish to make changes to your existing plan, you must do so during open season.

You may choose between multiple vision and dental plans and carriers. Compare 2020 plans and rates using the FEDVIP plan comparison tool.

FEDVIP dental coverage is available to:

Retired service members and their



eligible family members

- Retired National Guard and Reserve members and their eligible family members
- Certain survivors
- Medal of Honor recipients and their immediate family members and survivors

FEDVIP vision coverage is available to:

- Active duty family members
- National Guard and Reserve members and their eligible family members enrolled in TRS or TRR
- Retired service members and their eligible family members
- TFL beneficiaries

To enroll in a FEDVIP vision plan, you must be enrolled in a TRICARE health plan or have TFL coverage.

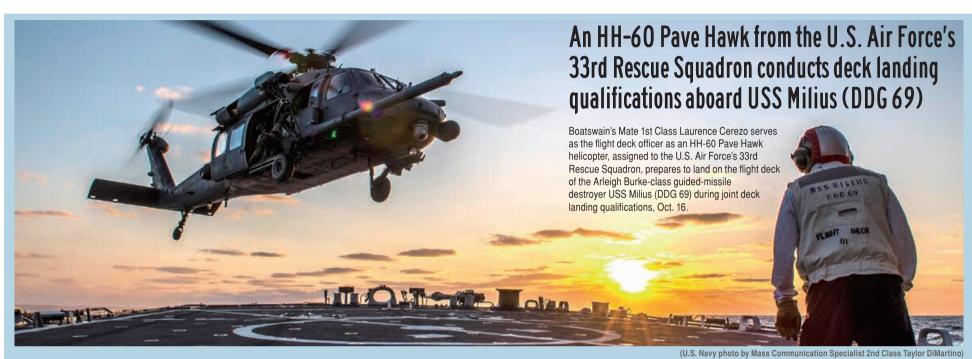
Adult children enrolled in or eligible for TYA aren't eligible for FEDVIP. This also applies to ADSMs and beneficiaries enrolled in the Transitional Assistance Management Program or CHCBP.

Don't miss this important opportunity. Sign up for email updates about open season on the TRICARE website. Take command of your health and prepare now for this year's TRICARE Open Season and Federal Benefits Open Season.



















Cybersecurity For better results, let's bake it in

By Servio Medina

Cyber Security Division, Defense Health Agency 10/17/2019 — October is Cybersecurity Awareness Month. It's a time to recognize and appreciate how the Defense Health Agency protects the Military Health System's information technology networks. But protecting your information is something the DHA thinks about year-round.

Cybersecurity has never been more important to safeguard and enable the DHA's health care mission. Advancements in health care IT have produced many benefits for our medical community. However, they've also coincided with a rise in cyberattacks aiming to access, change, or destroy sensitive information. These attacks not only threaten to disrupt the normal business of health care. They also may lead to medical identity theft or even unauthorized access to medical records, both of which can have serious

For cybersecurity to be successful at DHA, it needs to be "baked" into health care. While cyber incident responses are important, effective cybersecurity should prevent the risk of such incidents in the first place. Many incidents in the cyber domain involve some sort of human error: risky choices and behavior while behind the keyboard or on a smart device. We have to wonder, do cybersecurity requirements make sense to the user, and are they operationally meaningful? A provider who understands cybersecurity requirements in the context of delivering health care is better at safeguarding patient information before, during, and after the time of treatment. Fundamentally, that's what it means to bake cybersecurity into health care.

While speaking about training efforts for MHS GENESIS, the Defense Health-care Management Systems Program executive officer remarked that the point is not to train providers on how to use the electronic health record. Rather, it's how to help them do their jobs better. There's a similar consideration for cybersecurity training. Even with the required training, the most likely cause of a cyber breach is human error.

Thus, the goal of cybersecurity training shouldn't be to get smarter on cybersecurity (and pass a test), but to help individuals do their jobs better and in doing so, minimize risky cyber behavior. This underscores the importance of being operationally meaningful.

Cybersecurity applies to everyone and cannot be considered "someone else's job." It's everyone's job. Health care providers, for example, can and should continue to safeguard patient data well after the point of care. Compromised data can adversely impact health care and the patient directly.

Patients also play a role. Innovations are enabling MHS beneficiaries to have greater and easier access to electronic health records, communication and prescription tools, and more. Without cyberfitness, these innovations might lead to information being misused – intentionally or unintentionally – even with all the protections in place.

Did you know that electronic health records have privacy impact assessments?

A PIA is an analysis of how personally identifiable information is handled in DHA information systems or electronic collections. The PIA examines and evaluates protections for handling information to mitigate potential privacy risks, and documents the cybersecurity controls DHA uses to protect your information.

Cybersecurity at DHA extends beyond our hospitals and clinics. At home, MHS beneficiaries must protect themselves online and reduce their risk of becoming victims of cybercrimes. A cyberspace threat or breach to one person can affect the health and well-being of the entire family. This can impact military readiness.

As the DHA deputy director asserted in 2018, "The family being taken care of at home gives you [the warfighter] that base to go do your mission." We want the right choice to be the easy choice, especially for our deployed members and their dependents. To help with these choices, the DHA offers tips and information on cybersecurity and internet safety.

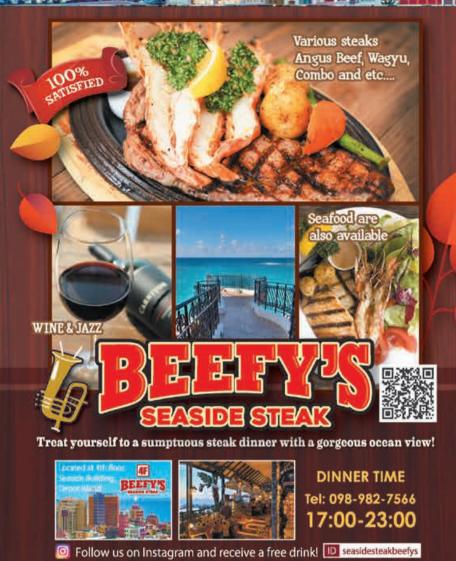
Looking toward the future, we want to hear from you. Whether you're a provider, a medical logistics official, or a patient, do the DHA's cybersecurity requirements make sense? Do you know the right choice while you're at your desk, at home, and on the road? And if you're uncertain, do you know whom to contact to get good information?

As a DHA employee or MHS beneficiary, knowing the answers, or knowing where to get those answers, is also what it means to bake cybersecurity into health















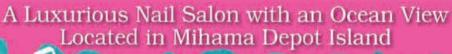
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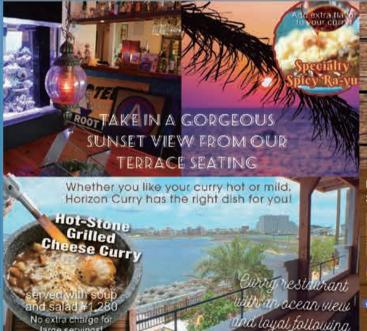


















Tel: 098-989-3727 3F Distortion Seaside Building, 9-46 Milliams, Charan Town Hours: 10:00-19:00 (List Appt 0) 18:00) Closed: Wed

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TRT AND CBRN CONDUCT A LIVE-FIRE RANGE WITH MOPP GEAR

U.S. Marine Corps Lance Cpl. Alice Jednak fires an M240B machine gun on Camp Hansen, Oct. 18. Marines with the Tactical Readiness Training Platoon, Combat Logistics Regiment 37, 3rd Marine Logistics Group, and Chemical, Biological, Radiological and Nuclear Defense Specialists with CLR-37, 3rd MLG, combined their individual Military Occupational Specialty capabilities to conduct combat readiness training under CBRN circumstances



U.S. Marines with Combat Regiment 37,

3rd Marine Logistics prepare to fire M16A4 rifles after putting on Mission Oriented Protective Posture gear on Camp Hansen,

Seabees explore construction opportunities with Thai partners



on the Red Horse compound, Oct. 17.

to Naval Mobile Construction Battalion 5 and Airmen assigned to 554th Red Horse Squadron working together to build a latrine facility on the U-Tapao Royal Thai Navy Airfield base to increase military training capabilities during exercises

By MCC Matthew White

30th Naval Construction Regiment

10/21/2019 - SANTA RITA, Guam — U.S. Navy Seabees assigned to Naval Mobile Construction Battalion (NMCB) 5 arrived in U-Tapao, Thailand, Oct. 15, to survey potential construction project opportunities to support the Royal Thai Navy (RTN) and existing U.S. Air Force initiatives.

The Seabees are coordinating with their RTN counterparts and Joint U.S. Military Advisory Group Thailand (JUSMAGTHAI) officials to explore prospective construction projects on U-Tapao Rayong Pattaya International Airport / RTN Airfield. Future projects may include construction in support of exercise Cobra Gold, which is one of the largest theater security cooperation exercises in the Indo-Pacific, assisting with base water and septic improvements, and renovations of existing structures. The Seabees will also explore civic-focused construction that could follow completion of initial construction proj-

"Establishing a Seabee presence in Thailand will provide our most enduring ally in Asia with high quality construction assistance for a wide-range of projects bolstering our longstanding partnership," said Capt. Steve Stasick, commodore, 30th Naval Construction Regiment. "The U.S. partnership with Thailand covers the full range of political, security, and economic cooperation, which Seabees can support and build upon. We look forward to working alongside our Thai partners to strengthen our mutually-beneficial alliance."

The prospective construction projects reflect the longstanding navy-to-navy partnership between the two nations. The U.S. Navy and RTN train together during multiple exercises each year, including Cooperation Afloat Readiness and Training (CARAT), Cobra Gold and Rim of the Pacific (RIMPAC), while the Pacific Partnership humanitarian disaster relief mission visits Thailand each year.

NMCB 5 is forward-deployed throughout the Indo-Pacific region ready to support major combat operations, theater security, and humanitarian assistance and disaster relief operations. Seabees provide general engineering and civil support to Navy, Marine Corps and joint operational forces globally.



















NAVY MWR OKINAWA AND TORII MWR PRESENT

MINORINEA

CROW'S NEST CLUB - CAMP SHIELDS

BOUNCY HOUSES, FOOD, GAMES, MOVIE AFTER THE EVENT AT SUNSET

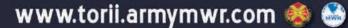


VISIT OUR WEBSITE AT NAVYMWROKINAWA.COM FOR MORE INFO





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Kadena Air Base Community Notes

To submit an announcement for the base bulletin, please visit **www.kadena.af.mil**

NOTICE Temporary Lodging Facility (TLF) Availability

The Shogun Inn lodging will begin renovations Bldg. 437 Temporary Lodging Facility (TLF) Dec. 1, 2019 with a projected finish date of June 30, 2020.

- 1. The Shogun Inn's primary interest is to provide clean, comfortable, adequate temporary lodging accommodations for service members and their families.
- 2. The building renovation upgrades are to enhance the quality of room standards provided to our guests. This may affect inbound and outbound families Dec. 1, 2019, to June 30, 2020, as our two bedroom Temporary Lodging Facility (TLF) will be unavailable. Our one bedroom TLFs are available but limited due to accommodating reservations made on a first come first serve basis.
- 3. The limited number of existing one bedroom TLF rooms will make it impossible to house all Department of Defense families on-base. We kindly advise all PCS members and sponsors to plan accordingly. Moreover, we will be issuing letters of Non-Availability (NA) and will provide assistance with accommodations at off-base hotels.

For more information, contact Shogun Inn at 632-1010 or Commercial at 098-962-1100.

AFSA Chapter 1553 General Membership Meeting

The Air Force Sergeant's Association (AFSA) Chapter 1553 is holding its monthly general membership meeting Nov. 21, at 11 a.m. in the Kuba Room at the Rocker NCO Club. All ranks and services are welcome to attend. For more information, contact Donald Fisher at 632-5085.

National Anthem Courtesy Reminder

Friendly reminder, military members in uniform will render the same customs and courtesies afforded to the American national anthem to the Japanese national anthem.

Discussion: Some questions have been asked with regards to the etiquette to render customs and courtesies to the Japanese national anthem. According to AFI 34-1201, Protocol, "during the playing of national anthems of friendly nations, military members and civilians should render the same customs and courtesies as those given during the playing of the United States national anthem." Guidance: When Retreat is played as a prelude to the national anthem at the end of the duty day, face the flag (or the music if the flag is not visible) assume the position of parade rest and upon the first note of the Japanese national anthem, assume the position of attention and (1) render a salute when in uniform or (2) place your right hand over your heart when not in uniform, or civilian personnel, until the final note of the American national anthem.

Please direct questions regarding this matter to the 18th Wing Protocol Office at DSN 634-1808 or 18wg.ccp@us.af.mil

Think Before You Drink

Did you know there have 15 SOFA members

caught drinking and driving in 2019. Don't become a statistic. Think before you drink. Don't drive – call a ride. For a safe ride home call these numbers: Kadena Taxi at 098-970-8888(option 8) / Panda Taxi (off base) 098-937-8989. / Daiko 098-932-4035.

INFORMATION TRICARE Corner

Nov. 11, 2019 until Dec. 9, 2019, TRICARE is having the open season. This allows eligible beneficiaries to make changes to their health and dental plans, as well as enroll into FEDVIP. However, if you decide to not change your dependents health plans, they will be locked in until the next enrollment season or until a QLE occurs. QLEs are any change in a beneficiary's status, such as PCS, separation, retirement, new baby, college age dependents, or death in the family. You can contact the TRICARE Operations Office at DSN: 630-4310/4026, or come into the MDG, Mon-Fri 0730-1630, we are located across from the Pharmacy on the

Kadena and Camp Foster Emergency Numbers

Main Floor.

Kadena Fire Emergency Services reminds everyone to program their cell phones with the emergency numbers. To report an emergency on Kadena via cell, dial 098-934-5911, and from an office phone, dial 911. For Camp Foster via cell, dial 098-911-1911, or from an office phone, dial 911.

How to File a Complaint with IG

If you believe you are unable to resolve your complaint through supervisory channels, you may seek IG assistance to determine if the complaint should be filed with the IG. You can file a complaint if you reasonably believe inappropriate conduct has occurred or a violation of law, policy, procedures, or regulation has been committed. Complete the personnel data information on an AF Form 102 and briefly outline the facts and relevant information related to the issue or complaint. List the allegations of wrongdoing briefly, in general terms and provide supporting narrative detail and documents later, when interviewed by an IG person. Allegations should be written as bullets and should answer who committed the violation; what violation was committed; what law, regulation, procedures, or policy was violated; when did the violation occur. Help is available: Call your Kadena IG office at 634-7622 for Maj Sarabia, 634-2768 for SMSgt Aguirre, or leave a message on the Kadena Fraud, Waste, & Abuse (FWA) Hotline at 634-0404.

AADD: We Get You Home Safe

Did you drink tonight? Made a plan but it's falling through? Can't catch a cab? If any of this applies to you, call AADD. Don't risk it all, when you can get a ride home for free. To contact AADD from a cell phone number, dial 098-961-1110 and ask for the USO, or dial DSN: 634-3889. We're open Fridays and Saturdays at the USO (gate 2) from 2200 to 0100 and we're here to help. If you have any questions and/or concerns, please email our

Org Box or contact us on Facebook: Kadena AB A2D2

October is Energy Action Month

The 718th Civil Engineer Squadron would like to hear your ideas of how you would use 3D printing to improve facility envelope, reduce energy use, streamline energy intensive tasks or save money on acquisition. Please submit your ideas to Raymond.Powell.4@us.af.mil.

Update vehicle documents

Per MCIPAC-MCBBO 11240.1 Chapter 2 Section 2(g) page 2-4. The registered owner is responsible for ensuring that changes / updates for the following are immediately reported to Joint Service Vehicle Registration Office: 1. Japanese title 2. JCl 3. PDI 4. Driver's license 5. Unit of assignment or employment 6. Contact phone number

The above information ensures that we have the most up to date documentation of vehicles registered under SOFA status sponsors. For more information, contact JSVRO at 645-7481

Mail Collection Box Temporarily Out of Service

The mail collection box near Kadena Exchange

main entrance is temporarily out of service. Alternatively, four mail collection boxes are located for customers' letter mailing convenience at the Olympic Mall near Popeye's Restaurant, Kadena Post Office main entrance, near the ATM drive-up across from the Schilling Community Center, and near the Fairchild Shoppette. If postage for the letter is needed please visit the nearest military post office. For more information, contact Staff Sgt. Joshua Dent at 634-3266.

2020 Okinawa Marathon registration

application Registration forms for the 2020 Okinawa Marathon and 10K Road Race scheduled for February 16, 2020 will be available at the Risner Fitness Center, until December 9th for all interested SOFA status personnel. Registration will close when the prescribed number of applicants is reached. Participants must be age 16 or older as of Feb. 16, 2020. Entry fees are in YEN ONLY and are NON-REFUNDABLE. Fees for the full marathon are 7,000 yen for ages 19-64, and 6,000 yen for ages 16-18, and 65 or older. Fees for the 10K race are 4,700 yen for ages 19-64, and 3,200 yen for

ages 16-18, and ages 65 or older. For more information, call the Risner at 634-5128 / 5129.

UPCOMING EVENTS

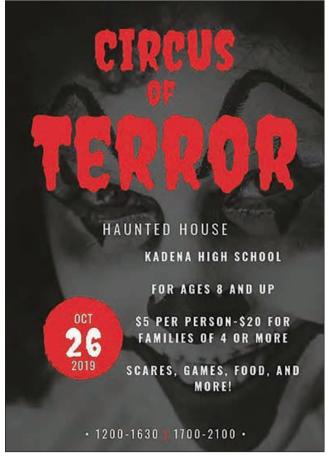
Armed Service Blood Bank Drive

The 18th Dental Squadron is hosting a blood drive on behalf of the Armed Services Blood Bank Center Nov. 13 at Kadena USO. Help support the military community in the PACOM area of operation by donating blood on behalf of service members, dependent family members, civilians, and retirees in their most crucial time of need. It is walk-in only so please plan for the donation process to take about 45 minutes. For more information / signing up, email Senior Airman Mekenzie Mazur at mekenzie.k.mazur.mil@mail.mil.

CEGAO 9-Pin No-Tap Bowling Tournament

The CEGAO bowling tournament will be held Nov. 8 from 12:30 to 16:30 at Emery Lanes. Showtime for sign-in is noon. \$20 per Bowler / 2-4 Bowlers per team. (Includes 3 games and shoe rental) Prize for top team, top male, top female and most spares. For more information, contact Senior Master Sgt. Ochshalay Davis at 632-8967 or Tech. Sgt. Tommy Hwang at 634-7293.







Teens and Tweens

The Family Advocacy Clinic will hold a Teens and Tweens class Nov. 1, 8, and 15 from 11 a.m. to 1 p.m. at Family Advocacy Clinic (Bldg. 90). Trying to get respect from teenagers is a tough job for parents. This 3 part series class will help parents develop positive and healthy relationships with their teens. For more information, contact Nora Kohri at 634-0433 or email nora.kohri.ctr@mail.mil

Love & Logic

The Family Advocacy Clinic will hold a Love & Logic class Nov. 5, 12, 19, and 26 from 11 a.m. to 1 p.m. at Family Advocacy Clinic (Bldg. 90). Your child doesn't listen to you? Having difficulty disciplining them? This 4 part series class will help parents learn ways to allow their children to make smart choices and be responsible. For more information, contact Nora Kohri at 634-0433 or email nora.kohri. ctr@mail mil

5th Annual Veteran's Day Parade

The Kadena Top 3 Heritage Committee will hold the 5th Annual Veteran's Day Parade Nov. 10, starting at 9 a.m. on Douglas Blvd. We have several organizations signed up, music and entertainment will also be provided, and lots of candy for the children.

If you are interested in signing up to participate in the parade or volunteering, please contact below.

To march in the parade

POCs: Master Sgt. Aaron Ottmo / Tech. Sgt. Tyler Pillmore

To volunteer to assist with the parade

POCs: Master Sgt. Nicholas Gagne / Tech. Sgt. David Vazquez / Tech. Sgt. Vitold Rybicki We hope to see you out there as we honor the selfless dedication and sacrifice of generations of war fighters from all branches who secured our continuing freedom. For more information, contact Master Sgt. Patricia VanBeek at 634-2877.

VOLUNTEER OPPORTUNITIES Volunteers for base wide Trick-or-Treat

The 18th Security Forces is looking for 90 volunteers to assist with this year's Halloween Event.

When: Oct. 31, from 5 – 9 p.m. (Meeting at Risner Gym by 5 p.m.)

Where: Guardmount will be conducted in the Risner Gym Basketball Courts.

What: Volunteers will be divided between 6 housing areas, to assist locals to the area's "Command Post" if needed and conduct sweeps of the neighborhoods following trick-or-treating hours to ensure locals have exited the installation.

Disclaimer: Volunteers will be assigned on an as-needed basis. This means you may not be assigned to your personal housing area For more information, contact Master Sgt. Isidro Mazuca at isidro.mazuca@us.af.mil or Staff Sgt. David Maestas at david.maestas.1@

Candy Donations

us.af.mil

18th Wing Public Affairs is accepting candy

donations to help offset cost for volunteers. To make a donation, look for the orange donation

box at the following locations on Kadena: The Exchange next to Military Auto Sales Office (Bldg. 412) / The New Fairchild Express and Gas Station (Bldg. 981) / The Base Post Office (Bldg. 160) / The Public Affairs Office (Bldg. 404) located across the parking lot from the Schilling Community Center.

For more information / concerns, contact the Public Affairs Office at 634-3813.

Library volunteers needed for Month of Magic event

The Kadena Base Library needs adult volunteers to plan and participate in our second annual Nighttime Academy for Witches and Wizards, part of FSS's Month of Magic, which will be held the evening of Feb. 28, 2020. Volunteer positions range from creating decorations to cosplaying and running activities the night of the event. There will be an initial planning meeting Nov. 3, at 10:30 a.m. at the Kadena Base Library. For more information, email Holly May at holly.may.1@ us.af.mil

Kadena Middle School Military Mentor Monday

The Kadena Middle School is looking for mentors who are willing and able to assist / support middle school students in academics and age-appropriate social interactions. "The intent of the Military Mentor Monday Program or (MMMP) is to build an on-going relationship between our local military community and DoDEA schools as well as provide positive role models to the students" (Pacific South Continuous School Improvement, 2019). This will take place at KDMS in various locations on the campus. Volunteers are needed every Monday to assist from 7:30 a.m. to 2:30 p.m. To volunteer, please contact Ms. Traci Cooper at Traci.Cooper@dodea.edu or call 632-0217.





Adult and Pediatric CPR/First Aid/AED Course (Blended Format)

- Saturday, November 2 0900-1100
- Wednesday, November 6 1800-2000

Adult and Pediatric CPR/First Aid/AED Course (Full Length Format)

Saturday, November 23 – 0900-1600

Babysitter's Training

• Saturday, November 16 - 0800-1700











