

KADENA
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WEEKLY
NEWS

AMURAI GATE



AIR FORCE

Number 12 - Issue 39

Kadena's Young Tigers fuel Kunsan's Wolf Pack

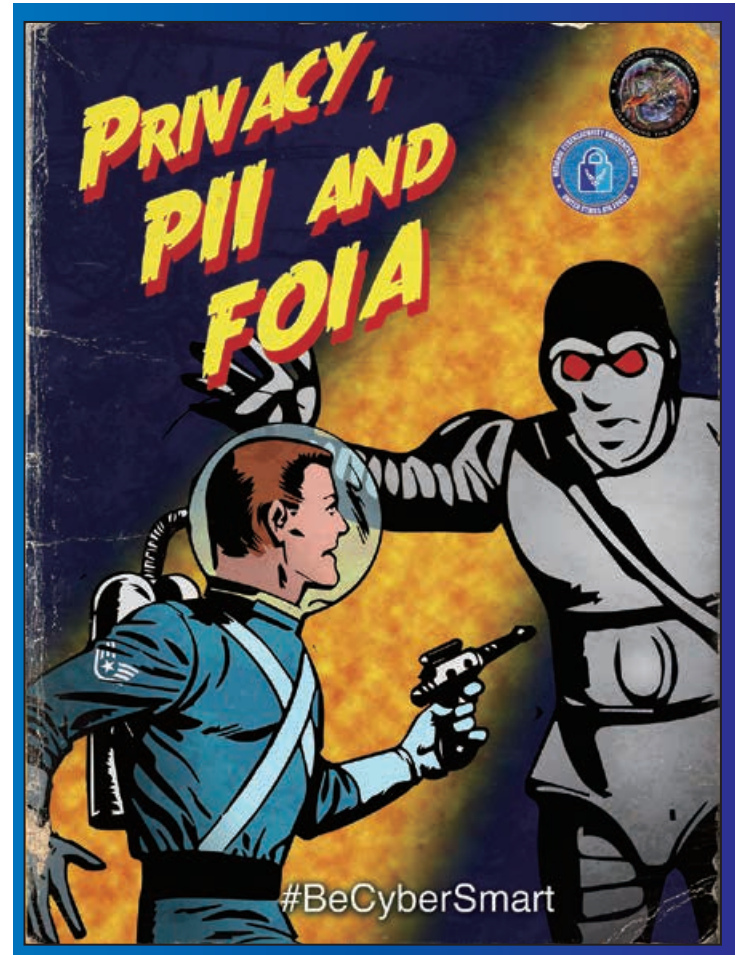
An F-16C Fighting Falcon from the 8th Fighter Wing, Kunsan Air Base, Republic of Korea, flies during a training exercise Oct. 4, out of Kadena Air Base. In an air combat role, the F-16C's maneuverability and combat radius exceed that of all potential threat fighter aircraft. It can locate targets in all weather conditions and detect low flying aircraft in radar ground clutter.

(U.S. Air Force photo by Senior Airman Matthew Seefeldt)



(U.S. Air Force photo by Senior Airman Cynthia Bello)

U.S. Air Force Capt. Dave Matherly, pilot assigned to the 909th Air Refueling Squadron, conducts a pre-flight inspection of a KC-135 Stratotanker, Oct. 3, at Kadena Air Base. The 909th ARS enables the execution of tactical, conventional, and peacetime operations in the Indo-Asia Pacific region.



Family Advocacy builds healthy communities

USING EMOTIONS:
Insults/Put-Down
Playing mind games
Making you feel guilty/humiliated

USING INTIMIDATION:
Smashing things
Abusing pets
Displaying weapons

USING PRIVILEGE:
Treating you like a servant
Being the only one who can define and enforce rules

USING COERCION AND THREATS:
Making or carrying out threats
Threatening to leave
Threatening to harm themselves/others if you leave

USING THE CHILDREN: Threatening to take/harm the children

USING ISOLATION:
Controlling who you see/talk to
Limiting your involvement

(U.S. Air Force graphic by Naoko Shimoji)

By Senior Airman Matthew Seefeldt

18th Wing Public Affairs

10/13/2019 - KADENA AIR BASE — Family Advocacy is a Department of Defense program designed to provide prevention and clinical services to families and couples impacted by family violence.

The program builds healthy and resilient communities by promoting family, community, and mission readiness.

“We care deeply about the families we serve,” said Diana Morales, embedded U.S. Army Domestic Abuse Victim Advocate. “We are here to support them through the different stages of their lives. We understand all families and couples are unique and we want to make sure

they have the right tools to be successful partners and parents.”

Morales said there has been an increase in the need for prevention services, specifically an increased in family and couples’ therapy.

“Encouraging families and couples to seek prevention services that can help them reduce some of the stress that comes along with relationships and parenting is vital,” said Morales. “Our community is accessing prevention services early, which can help mitigate the risk for maltreatment.”

Family Advocacy offers many programs to members who have a need.

“Our office is committed to enhancing Air Force readiness by promoting family

AGE Airmen keep Kadena mission ready



Airman 1st Class Nick Rapacon, 18th Equipment Maintenance Squadron aerospace ground equipment journeyman, left, and Staff Sgt. Jeremy Hudson, 18th EMS AGE craftsman, work together to replace the wheels on a nitro-cart at Kadena Air Base, Sept. 24. These AGE specialists are responsible for the inspection, delivery and maintenance of the ground equipment used to keep Team Kadena's aircraft mission ready.



▲ Airman 1st Class Tedrion Sendejo, 18th Equipment Maintenance Squadron aerospace ground equipment journeyman, installs a pump on a tri-pod jack at Kadena Air Base, Sept. 24.

(U.S. Air Force photos by Tech. Sgt. Matthew B. Fredericks)

FAMILY ADVOCACY from Page 1 and community health and advocating for non-violent communities," said Nora Kohri, 18th MDG FA outreach manager. "We also provide prevention, assessment and treatment of child and intimate partner maltreatment."

Many of these problems can be easier treated by seeking help early and the FA office has developed intervention services to address child and spouse maltreatment in our military families.

"Seeking help early is very important because it helps identify and target problems before they get worse," said Staff Sgt. Jaqueline Collosi, 18th MDG NCO in charge of the FA program. "By doing so it helps individuals learn healthier coping skills and techniques in advance that may help prevent abusive situations from occurring."

Not seeking help early or at all can potentially lead to severe negative consequences.

"I would say not seeking help from Family Advocacy, if needed, would have negative consequences since you wouldn't be getting the help you need to deal with a problem or situation. We are a helping agency that ultimately wants members to have a healthy home life in order for them to be able to accomplish the mission. I believe some service members are afraid of possible impact on their security clearance, permanent change of station clearance or flying status. If help is needed and not sought out, then situations can get worse and ultimately

impact that members' work performance and mission."

There needs to be an emphasis on awareness and prevention for Airmen to seek help early.

Family Advocacy develops, implements, and evaluates policies and programs designed to prevent, intervene in and treat domestic [and child] abuse," said Jennifer Allar, 18th MDG domestic abuse victim advocate. "By educating people on the prevention programs available and raising awareness for mental health, the Air Force can support the goals of Family Advocacy and aide in preventing incidents before they occur. If there is one thing that we at Family Advocacy wish all Airmen would know when it comes to seeking help, it is that there is nothing wrong with asking for help. Many individuals are afraid of being stigmatized if they admit they need help. Military life is difficult, and at a high-paced base such as Kadena, there are a myriad of stressors that our Airman experience. We want our Airmen to understand that we are here to support each other and provide a safe and non-judgmental environment.

Below are a short list of programs and assistance available:

Family Advocacy Outreach and Prevention

Offers a variety of prevention initiatives and interventions, including parenting classes, couple's communication, and anger management. There is no cost to the member and these classes are not documented.

FAOP provides information and referral services to the Kadena Air Base community and promotes awareness and wellness campaigns to assist in reducing family violence.

New Parent Support Program (NPSP)

The New Parent Support Program is a free and voluntary program that targets military families that are expecting or have children less than three years old with no documentation in the member's medical record and no commander or first sergeant notification.

Registered Nurses provide educational opportunities related to infant care, pregnancy, development and parenting through home visits.

Families involved with NPSP can also receive couples, family, and individual counseling with a licensed clinical social worker.

Family Advocacy Strength-based Therapy (FAST)

Voluntary marital and family therapy with no documentation in the member's medical record and no commander or first sergeant notification.

FAST is available to active duty and family members on a space available basis.

Maltreatment Services

Family maltreatment services are available for active duty service members and their families, who have experienced a domestic abuse or child maltreatment

incident.

Family members are provided with a thorough assessment to determine safety and treatment needs, which may include any combination of the following:

- Class and group attendance
- One-on-one therapy
- Couples therapy
- Family therapy
- Concurrent treatment with NPSP, ADAPT or Mental/Behavioral Health

Domestic Abuse Victim Advocates (DAVA)

DAVAs are available for victims of domestic violence and for non-offending caregivers of children who are victims of abuse. DAVAs work with both unrestricted and restricted reports and assist the victim with supportive services, such as:

- Information and referral
- Crisis counseling
- Safety planning
- Court/medical appointment accompaniment
- Obtaining civilian and military protective orders
- Navigating the legal and financial process
- Information on transitional compensation

For more information about the BHOP clinic or the KAB mental health flight visit

<https://www.kadena.af.mil/Agencies/Kadena-Medical-Clinic/Mental-Health-Clinic/Search/>

Kadena Air Base Weekly Newspaper

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18th Wing Public Affairs: 18wgpublicaffairs@us.af.mil DSN:634-3813

'18TH EMS SUPPORTS KADENA'S AIRCRAFTS



Staff Sgt. Aaron Nacey, 18th Equipment Maintenance Squadron aircraft structural maintenance craftsman, cuts a piece of metal at Kadena Air Base, Oct. 4.

Airman 1st Class Amanda Pacheco, 18th Equipment Maintenance Squadron aircraft structural maintenance apprentice, drills holes into a metal plate.



(U.S. Air Force photos by Naoto Anazawa) Airmen 1st Class Brady Motes (left) and Kyle Kirts (right), assigned to the 18th Equipment Maintenance Squadron aircraft structural maintenance journeymen, operate a production tube bender at Kadena Air Base, Oct. 4. As aircraft parts bend, break or corrode over time, the Airmen from the Aircraft Structural Maintenance flight step in to repair or replace the faulty equipment.

Military Exchanges extinguish vape sales

By C. Todd Lopez

defense.gov

10/15/2019 - WASHINGTON — The Army and Air Force Exchange Service and the Navy Exchange have stopped selling vape-related products.

AAFES removed vape-related products from its shelves Sept. 30. Navy Exchange Service Command removed products from NEX retail shelves and directed NEX concessionaires and vendors to discontinue the sale of vaping products after Oct. 1.

Vape products, including e-cigs, e-cigarettes, vapes and e-hookahs, are electronic nicotine delivery devices that heat a sometimes flavored nicotine-infused liquid into a vapor that users inhale. In recent months, there have been reports of illnesses and deaths that are believed to be associated with the use of vape products.

"The vapor that users inhale can contain ultrafine particles, carcinogens, volatile organic compounds and heavy metals," said Public Health Service Capt. Kimberly Elenberg, director of Total Force Fitness for the undersecretary of defense for personnel and readiness. "Vaping is not harmless, and researchers are still trying to understand the long-term impacts and health effects from inhaling the vapor."

NEXCOM officials said Navy exchanges carried two vape-related products in the tobacco sale area of their stores. Those products, "e-cigarettes," have been removed from shelves. Additionally, NEXCOM directed Navy Exchange concessionaires and vendors to discontinue the sale of vaping products in any NEX location.

AAFES officials said their stores' offering of vape-related products already was limited, and that its exchanges had already

stopped offering flavored vape liquids because of Food and Drug Administration concerns with the appeal of the products to underage customers. By the end of September, that AAFES had removed products from two manufacturers from kits shelves.

While proponents of vape products argue that vaping is safer than using traditional tobacco products such as cigarettes, Elenberg said it's actually too early to tell.

"E-cigarettes generally contain less chemicals compared to traditional products like cigarettes, but since the long-term effects of vaping are unknown and not understood, there is not enough information at this time to make a determination on whether it is safer or healthier than other tobacco products," she said.

Even if the ingestion of nicotine is deemed safer though vaping than through traditional products, nicotine itself is still a dangerous chemical said Dr. Donald Shell, the director of disease prevention, disease management and population health policy and oversight in the Office of the Assistant Secretary of Defense for Health Services Policy and Oversight.

"Nicotine is an extremely addictive, naturally occurring toxic chemical derived from the tobacco plant that affects the nervous system and the heart," Shell said. "Nicotine is a teratogen, as it is capable of causing birth defects. Other developmental or reproductive toxicities associated with the use of nicotine are unknown."

While current information regarding nicotine as a carcinogen is inconclusive, Shell said, nicotine is highly addictive, and young adults and adolescents are especially vulnerable to its addictive properties.

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The 49th Annual Naha Great Tug-of-War Festival



(U.S. Marine Corps photo by Lance Cpl. Brennan J. Beauton)

^ Festival attendees pull the 200-meter-long, 43-ton rope during the 49th annual Naha Great Tug-of-War Festival, Oct. 13 at Naha City.

By Lance Cpl. Brennan Beauton

Marine Corps Installations Pacific

10/13/2019 - NAHA — Members of the local and U.S. communities celebrated the 49th annual Naha Great Tug-of-War Festival from Oct. 12 to 14 at Naha.

The three-day festival is held on the second weekend in October every year. The largest event features a tug-of-war which uses a 200-meter-long rope made of rice straw and weighs 43 tons, a Guinness World Record.

"I have heard about this event ever since I arrived on island, so I had been looking forward to it," said U.S. Marine Corps Lance Cpl. Jordan Gorham, a data systems administrator with 7th communications battalion and a native of Virginia Beach, VA. "It was really cool to experience such a rich tradition our host nation puts on for the entire island to come enjoy."

The first day of the festival is celebrated with folk art performances and a folk traditional arts parade.

On the second day, Town Flag Processions parade around Kokusai Street, followed by the tug-of-war at the Kumoji

intersection.

The cultural event represents Okinawa as a tradition to wish for happiness and peace, family harmony, prosperous business, blessing of fertility and good health, according to the Office of the Conservation Society of the Naha Giant Tug-of-War.

This tradition traces back to the 17th century when the rulers from the East and West side of Okinawa would come together for the competition.

It attracts thousands of participants each year who come to pull the rope for either the East or West. People of all ages, sex and nationality become one as they pull the rope.

"We are here building community relations," said U.S. Marine Corps Sgt. Trevor Evan, a combat engineer with Marine Corps Base Camp Smedley D. Butler-Marine Corps Installations Pacific and a native of Linden, NJ. "We have a bunch of Single Marine Program volunteers and service members participating in the event. At the end of the event they give you a piece of the rope, which is a pretty cool souvenir because not many people get to travel the world and experience such a unique event."

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NMCB 4 is relieved by NMCB 5 during RIP/TOA



(U.S. Navy photos by Chief Mass Communication Specialist Matthew R. White)

^ Capt. Steve Stasick, Commodore 30th Naval Construction Regiment, gives remarks during the relief in place, transfer of authority (RIP/TOA) ceremony where Naval Mobile Construction Battalion (NMCB) 4 was relieved by NMCB 5 as the deployed Indo-Pacific battalion. NMCB 5 is deployed across the Indo-Pacific region conducting high-quality construction to support U.S. and partner nations to strengthen partnerships, deter aggression, and enable expeditionary logistics and naval power projection.



^ Seabees assigned to Naval Mobile Construction Battalion (NMCB) 5, hang the battalion symbol on the headquarters building following the relief in place, transfer of authority (RIP/TOA) ceremony where NMCB 4 was relieved by NMCB 5 as the deployed Indo-Pacific battalion.

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MARINES CONDUCT EODEX 2019

By Lance Cpl. Carla O

3rd Marine Logistics Group
 10/7/2019 - CAMP HANSEN —
 Two explosive ordnance disposal Marines, an Air Force EOD technician and a chemical, biological, radiological and nuclear specialist Marine stood around a manhole, peering down at a dummy with its limbs in unnatural positions – a simulated casualty that needed to be retrieved.

“Let’s put the robot down there,” declared one of the Marines.

“Will it fit?” asked the Airman.

“Good question... Do you have a ruler?”

They peeked up at each other, heads still down, eyes bouncing from one to the other in silence for a beat.

“We can measure it with my rifle,” declared a Marine.

“Works for me.”

And off they went, pooling tools and resources, attaching one of EOD’s TALON robots to CBRN’s multipod pulley system and lowering the robot into the manhole.

“I really didn’t expect them to put the robot down there,” said one of the scenario observers with a laugh. “But hey! If it works...”

This is exactly the sort of collaboration and innovation that the designers and supervisors of EOD Exercise 2019 had hoped to see.

“Every scenario can be reset and rerun,” said U.S. Marine Corps Master Sgt. Jason Hilker, an EOD technician with EOD Company, 9th Engineer Support Battalion, 3rd Marine Logistics Group. “We aren’t telling the Marines how to solve the problems – we aren’t here to influence their decisions. We are only presenting problems. I want to see what they come up with.”

For U.S. Marine Corps Master Sgt. Joshua McLeod, EOD Company’s design and control chief and the primary designer of this year’s exercise, the key words for EODEX 19 were integration and innovation.

McLeod said that when de-

signing this exercise, he asked himself, “How can we train more efficiently and more effectively collectively?”

To that end, the roughly 350 participants in this year’s exercise came from all four branches of the U.S. military, including civilian contractors.

“The training has been really great,” said U.S. Army Staff Sgt. James Ahn, an EOD technician and participant in this year’s exercise from the 718th Army EOD Company, 23rd Chemical, Biological, Radiological, Nuclear and Explosives Defense Battalion, 2nd Sustainment Brigade, 2nd Infantry Division. “It gives us a chance to combine forces and see how each branch’s [tactics, techniques and procedures] are so that when we have to work together in the battlefield, whether it’s a known environment or an unknown environment, we can mesh together and there shouldn’t be too many hiccups.”

What participants said made this exercise particularly unique, though, was the integration of military occupational specialties from within the Marine Corps.

McLeod estimated that there were 44 MOSs training to their training and readiness standard during this year’s exercise.

“We speak about it all the time – train how we fight – but a lot of times we get stuck in our box of ‘This is my specialty, this is what I do and I train to this,’” said McLeod. “We want to take that a step further and introduce a lot of the Marines to the assets and capabilities that we have here on island that are true to form to how they would actually operate if they were out in the [Marine Expeditionary Force] or in the [Marine Air Ground Task Force].”

Among them were infantry Marines from the Tactical Readiness and Training Platoon from Combat Logistics Regiment 37, motor transportation operators and engineers from Combat Logistics Regiment 35, Navy corpsmen, and others.

With the variety of MOSs came tools and technologies that allowed the exercise’s organizers



(U.S. Marine Corps photo by Lance Cpl. Carla Elizabeth O)

U.S. service members discuss a land mine scenario during an explosive ordnance disposal exercise at Kin Blue Training Area, Sept. 19.

to make the training more realistic.

“Being able to actually report and run a lot of our systems on our actual network, on a tactical network, was key for us because very rarely do we actually have that opportunity,” McLeod said. “The other one was having the intelligence capability here. For EOD, a lot of the time, we drive intelligence and intelligence drives what we do, so in a scenario that’s not necessarily real, that’s hard to do. It’s hard to simulate. So that’s what we were trying to do.”

Additive manufacturing was another technology utilized in this year’s exercise.

“One of the problems that we had here, for us, as we pivot from a non-conventional enemy to a more conventional threat capability, is that we don’t have a lot of the training aides,” McLeod said. “I can’t just dig through a dumpster now and make an IED [Improvised Explosive Device] out of it. We have to actually have real-world training items to do that and that’s very difficult to do, and expensive on top of that if we’re getting the actual ordnance items. So [...] we went with the additive manufacturing piece and we were able to manufacture approximately 300 foreign ord-

nance items scaled to form for the guys to actually train off of. Now they have those actual ordnance items that they could pick up, they could manipulate, they could manage, they could do recon on, and they could actually do their jobs with.”

McLeod listed off a variety of EOD calls that service members trained on during the exercise including anti-access/area denial explosive hazards, tactical recovery of aircraft and personnel missions, mobility and counter-mobility, large scale disposal and beach defense over the course of five different sites.

“It was unique,” McLeod admitted. “It was more unique than I thought it was, I guess, because to me it was just Marines training at the end of the day, but everyone has seemed to take an interest in it.”

McLeod estimated that they had a total of 17 different units observe the exercise, as well as the Japanese Ground Self Defense Force.

Everyone involved agreed that repeating this sort of fully integrated training would be a good idea.

“Integrating other MOSs into our training has been very beneficial, they brought equipment and capabilities that allowed us

to efficiently conduct operations in areas that we typically don’t encounter,” said U.S. Marine Corps Gunnery Sgt. Phil Mayer, an EOD technician with EOD Company, 9th ESB, 3rd MLG, who participated in the exercise. “We rarely conduct training with other MOSs and I believe if more units trained like this it would increase readiness, allowing us to effectively handle any situation.”

“I think it would be beneficial again,” McLeod agreed. “But one of the things that I think you could do is downgrade it to more of a platoon level, and if you do that, it’s much, much more manageable. You could still bring the full gamut of it of having CBRN Marines, your intelligence Marines, your engineers, your infantrymen, your Motor-T operators and whatnot, [...] just keep it down on a much scaled down version.”

By shrinking the scale of the operation, McLeod said you could really focus on the integral parts of what a platoon is and how those platoon functions are driven.

With his eyes already on next year’s exercise, McLeod said, “If we get enough traction from the requisite key players that came to this, I think that’s something we could look at going forward.”

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Kadena Air Base Community Notes

NOTICE

"Remotely Controlled" – How is Technology used in Emotional Abuse?

October is Dating & Domestic Violence Awareness Month. There will be a free informational workshop on how technology can affect emotional abuse October 18th, from noon to 1 p.m. at the Schilling Center. Do you or someone you know need help?

For more information, contact the 24/7 Victims Crisis Line at 070-1428-0987 or Family Advocacy at 634-0433.

October is Energy Action Month

The 718th Civil Engineer Squadron would like to hear your ideas of how you would use 3D printing to improve facility envelope, reduce energy use, streamline energy intensive tasks or save money on acquisition. Please submit your ideas to Raymond.Powell.4@us.af.mil.

National Anthem Courtesy Reminder

Friendly reminder, military members in uniform will render the same customs and courtesies afforded to the American national anthem to the Japanese national anthem.

Discussion: Some questions have been asked with regards to the etiquette to render customs and courtesies to the Japanese national anthem. According to AFI 34-1201, Protocol, "during the playing of national anthems of friendly nations, military members and civilians should render the same customs and courtesies as those given during the playing of the United States national anthem."

Guidance: When Retreat is played as a prelude to the national anthem at the end of the duty day, face the flag (or the music if the flag is not visible) assume the position of parade rest and upon the first note of the Japanese national anthem, assume the position of attention and (1) render a salute when in uniform or (2) place your right hand over your heart when not in uniform, or civilian personnel, until the final note of the American national anthem.

To submit an announcement for the base bulletin, please visit www.kadena.af.mil or send info@samuraigate.jp

Please direct questions regarding this matter to the 18th Wing Protocol Office at DSN 634-1808 or 18wg.ccp@us.af.mil

18th Medical Group Closures

The 18th Medical Group will be closed Tuesday, Oct. 22 and Wednesday, Oct. 23 to participate in 18th Wing Exercises. During this closure routine services will be suspended; please remember to pick up any prescriptions by Monday afternoon! In order for us to take care of those urgent medical needs that cannot wait until Friday, a limited number of same day appointments will be available at an alternate location. Our appointment line will be ready to take your call at 630-4817 or 098-960-4817 beginning at 0700.

Wing Readiness Exercise Impact

The 18th Wing, along with various tenant units, will be participating in a readiness exercise from Oct. 21-23 (all day). All personnel should be mindful of the potential for delays at the gates, as well as at participating facilities across base. For more information, contact Maj. Matthew Jefferson at 634-2781.

INFORMATION Kadena and Camp Foster Emergency Numbers

Kadena Fire Emergency Services reminds everyone to program their cell phones with the emergency numbers. To report an emergency on Kadena via cell, dial 098-934-5911, and from an office phone, dial 911. For Camp Foster via cell, dial 098-911-1911, or from an office phone, dial 911.

TRICARE Corner

Nov. 11, 2019 until Dec. 9, 2019, TRICARE is having the open season. This allows eligible beneficiaries to make changes to their health and dental plans, as well as enroll into FEDVIP. However, if you decide to not change your dependents health plans, they will be locked in until the next enrollment season or until a QLE

occurs. QLEs are any change in a beneficiary's status, such as PCS, separation, retirement, new baby, college age dependents, or death in the family. You can contact the TRICARE Operations Office at DSN: 630-4310/4026, or come into the MDG, Mon-Fri 0730-1630, we are located across from the Pharmacy on the Main Floor.

AADD: We Get You Home Safe

Did you drink tonight? Made a plan but it's falling through? Can't catch a cab? If any of this applies to you, call AADD. Don't risk it all, when you can get a ride home for free. To contact AADD from a cell phone number, dial 098-961-1110 and ask for the USO, or dial DSN: 634-3889. We're open Fridays and Saturdays at the USO (gate 2) from 2200 to 0100 and we're here to help. If you have any questions and/or concerns, please email our Org Box or contact us on Facebook: Kadena AB A2D2

How to File a Complaint with IG

If you believe you are unable to resolve your complaint through supervisory channels, you may seek IG assistance to determine if the complaint should be filed with the IG. You can file a complaint if you reasonably believe inappropriate conduct has occurred or a violation of law, policy, procedures, or regulation has been committed. Complete the personnel data information on an AF Form 102 and briefly outline the facts and relevant information related to the issue or complaint. List the allegations of wrongdoing briefly, in general terms and provide supporting narrative detail and documents later, when interviewed by an IG person. Allegations should be written as bullets and should answer who committed the violation; what violation was committed; what law, regulation, procedures, or policy was violated; when did the violation occur. Help is available: Call your Kadena IG office at 634-7622 for Maj Sarabia, 634-2768 for SMSgt Aguirre, or leave a message on the Kadena Fraud, Waste, & Abuse (FWA) Hotline at 634-0404.

Update vehicle documents

Per MCIPAC-MCBBO 11240.1 Chapter 2 Section 2(g) page 2-4. The registered owner is responsible for ensuring that changes / updates for the following are immediately reported to Joint Service Vehicle Registration Office: 1. Japanese title 2. JCI 3. PDI 4. Driver's license 5. Unit of assignment or employment 6. Contact phone number

The above information ensures that we have the most up to date documentation of vehicles registered under SOFA status sponsors. For more information, contact JSVRO at 645-7481.

UPCOMING EVENTS Armed Service Blood Bank Drive

The 18th Dental Squadron is hosting a blood drive on behalf of the Armed Services Blood Bank Center Nov. 13 at Kadena USO. Help support the military community in the PACOM area of operation by donating blood on behalf of service members, dependent family members, civilians, and retirees in their most crucial time of need. It is walk-in only so please plan for the donation process to take about 45 minutes. For more information / signing up, email Senior Airman Mekenzie Mazur at mekenzie.k.mazur.mil@mail.mil.

Eagle Open House

Come meet those who fly, maintain and support the World's Greatest Air Superiority Fighter on Oct. 19 from 1:44 p.m. to 6:00 p.m. at the 44th Fighter Squadron, bldg 3384, on Kadena Air Base. Hear about a day in the life of a fighter pilot and talk to the maintainers who keep the jets flying. The event is open to all with base access. For more information, contact Captain Brandon Maxson at brandon.maxson.1@us.af.mil or DSN: 315-634-1831.

VOLUNTEER OPPORTUNITIES Trunk-or-Treat Okinawa City Zoo

The 18th Wing Public Affairs Office is looking for volunteers for a Trunk-or-Treat event at the

**7TH ANNUAL USO OKINAWA
COLOR BLAST 5K**

REGISTRATION: \$20 **KIDS 10 & UNDER ARE FREE**

**FIRST 500 REGISTRATIONS GET
A FREE EVENT T-SHIRT**

**EVERY REGISTRATION GETS A 100 - GRAM COLOR PACKET,
A RUNNERS BIB, AND A PAIR OF WHITE USO BRANDED SUNGLASSES**

NOVEMBER 16, 2019 | 10:00AM | TORII STATION

REGISTER NOW @ [HTTP://WWW.CVENT.COM/D/3HQ7TC/4W](http://WWW.CVENT.COM/D/3HQ7TC/4W)

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USO
Okinawa

Okinawa City Zoo Oct. 26 from 3 – 5 p.m. We need volunteers to decorate their cars and pass out candy to Okinawa City families. If you are interested in signing up please email kadena.communityrelations@us.af.mil with your name, vehicle make, model, year and license plate number so we can provide your information to the zoo for access. For more information / concerns, contact the Public Affairs Office at 634-3813.

Kadena Middle School Military Mentor Monday

The Kadena Middle School is looking for mentors who are willing and able to assist / support middle school students in academics and age-appropriate social interactions. "The intent of the Military Mentor Monday Program or (MMMP) is to build an on-going relationship between our local military community and DoDEA schools as well as provide positive role models to the students" (Pacific South Continuous School Improvement, 2019). This will take place at KDMS in various locations on the campus. Volunteers are needed every Monday to assist from 7:30 a.m. to 2:30 p.m. To volunteer, please contact Ms. Traci Cooper at Traci.Cooper@dodea.edu or call 632-0217.

Haunted House volunteers needed

The Kadena High School and Operation Snowball organization need adult volunteers to help our students by mentoring, planning, and participating in our first event of the year: The Circus of Terror—Kadena High School's Haunted House. There will be planning meetings Oct. 5 and Oct. 19 from 10 a.m. to 1 p.m. at Kadena High School. The Haunted House is held Oct. 26 from noon to 9 p.m. The Oct. 19 meeting is mandatory if you would like to participate in the Haunted House. For more information, email Alex Jusell at alex.jusell@dodea.edu.

Candy Donations

We are also accepting candy donations to help offset cost for volunteers. To make a donation, look for the orange donation box at the following locations on Kadena:
The Exchange next to Military Auto Sales Office (Bldg. 412) / The New Fairchild Express and Gas Station (Bldg. 981) / The Base Post Office (Bldg. 160) / The Public Affairs Office (Bldg. 404) located across the parking lot from the Schilling Community Center.
For more information / concerns, contact the Public Affairs Office at 634-3813.

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18- Oct	1100-1400	KAB Flightline	Nukumi Kitchen
19- Oct	1100-1900	KAB Concession Mall	Old Spices
20- Oct	1100-1900	Foster Main Store	Old Spices
20- Oct	1100-1900	KAB Concession Mall	Café Shiyu de Pokko
21- Oct	1100-1400	KAB Flightline	Nukumi Kitchen
22- Oct	1100-1400	Torii Express	Nukumi Kitchen
22- Oct	1100-1800	Butler Express	Old Spices
22- Oct	1100-1400	KAB Flightline	Café Shiyu de Pokko
23- Oct	1100-1400	KAB Flightline	Old Spices
24- Oct	1100-1400	KAB Flightline	Café Shiyu de Pokko
24- Oct	1100-1400	Torii Express	Old Spices

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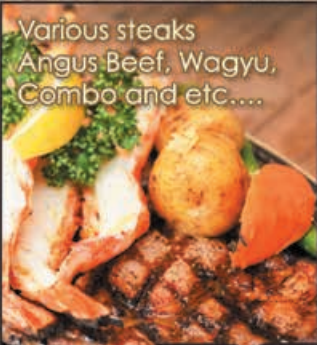
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Jack O'Lantern Carving Experience

PLACE Oceanic Culture Museum
DATE Oct, 26th (SAT) @ 27th (SUN)
TIME 10:00 - 16:00 Last entry 15:30
FEE ¥300/person *Need admission fee
Capacity: 50 persons /day

Halloween Maze

Cardboard maze fun for the whole family!

PLACE Oceanic Culture Museum
DATE Oct, 19th (SAT) 20th (SUN) @ 22th (TUE)
TIME 10:00 - 17:00 Last entry 16:30
FEE free *Need admission fee
(¥190/adult & Junior high students and younger free)

COSPLAY Photo

Ocean Expo Park Cosplay Photo Event

Fantastic photo event throughout Ocean Expo Park!

PLACE Oceanic Culture Museum
*Some areas are restricted (Aquarium, others)
DATE Oct, 27th (SUN)
TIME 10:00 - 16:00 Last entry 15:30
FEE ¥200 & ¥300 for cloak
Capacity: 100 persons/day

Body Painting & Traditional Costumes of Oceania

PLACE Oceanic Culture Museum
DATE Oct, 26th (SAT) @ 27th (SUN)
TIME 10:00 - 16:00 Last entry 15:30
FEE ¥200 *Need admission fee
Capacity: 50 persons/day

OCEAN EXPO AUTUMN FESTIVAL

The Ocean Expo Park invites everyone to thrills of Halloween, from Jack O'Lantern carving to exciting Okichan Theater Dolphin Halloween Show!

<http://oki-park.jp/kaiyohaku/en>

OCEAN EXPO PARK 

Note Admission fee to Okinawa Churaumi Aquarium changed Oct. 1. Adults: ¥1,850→¥1,880 High School Students: ¥1,230→¥1,250 Elementary & Jr. High Students: ¥610→¥620

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HAIR CUT

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~ indian curry ~

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