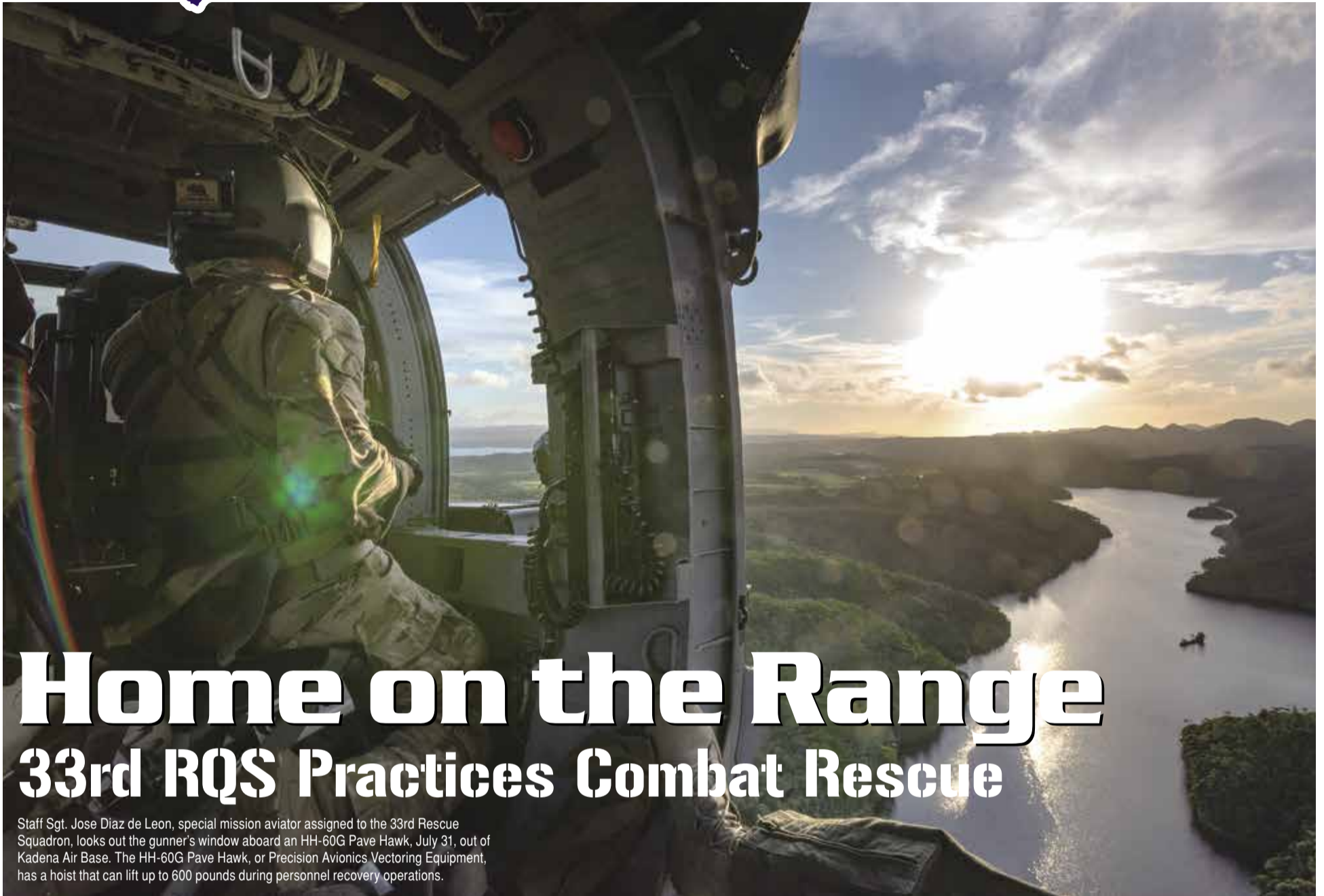




AMURAI GATE



Home on the Range 33rd RQS Practices Combat Rescue

Staff Sgt. Jose Diaz de Leon, special mission aviator assigned to the 33rd Rescue Squadron, looks out the gunner's window aboard an HH-60G Pave Hawk, July 31, out of Kadena Air Base. The HH-60G Pave Hawk, or Precision Avionics Vectoring Equipment, has a hoist that can lift up to 600 pounds during personnel recovery operations.

(U.S. Air Force photo by Senior Airman Cynthia Belio)

Suicide Prevention Month: Changing the narrative

By Staff Sgt. Mozer Da Cunha

386th Air Expeditionary Wing Public Affairs
9/2/2019 - ALI AL SALEM AIR BASE, Kuwait— September is National Suicide Awareness and Prevention Month. Airmen are encouraged to change the narrative and combat the stigma associated with seeking help without fear of negative career implications.

As suicide's impact is felt throughout the military, mental health practitioners give honest feedback to encourage Airmen to share their stories, break the cycle of misinformation associated with mental health and to motivate Airmen who need help to seek it early.

"Time can save lives," said Capt. Stephanie Golden, 386th Expeditionary Medical Group psychologist. "Letting us help early on can change a finite decision such as ending your life, hurting your relationship or having poor work performance. By helping you sooner, we can make sure you can stay mission capable and we can save a life in the process."

Mental health professionals spoke about proactive measures that address the issue before it becomes a reactive problem.

"No one gets to hear our good stories," Golden said. "I have patients in my case-

loads with top-secret clearances and no one knows... you don't know if the person next to you working is seeking mental health because we get to keep that information private."

To break the stigma, mental health technicians tackle the negative bias associated with the program head-on.

"Note that we do have to break confidentially sometimes, but that's only for high-risk cases and those are relatively rare," Golden said. "Yes, we can't promise that won't happen, but unfortunately those rare cases are the ones that people see. They see when we have to recommend not arming someone, they see when we have to limit someone's duties, but they do not see the bulk of our patient load, the ones those are not high-risk because those we can keep confidential."

Mental help technicians suggest that one major way to change the cycle is to use success stories to positively influence and motivate those seeking help to come forward.

"A big way to change the narrative is for people that have those success stories to feel comfortable in sharing those," said Staff Sgt. Rebecca Proulx, 386th EMDG mental health technician. "Let others

know that they sought help and it was not a career-ender. 'Hey I did seek mental health care and I made it this far in my career...' Obviously, we can't force people to share, but I think if they did it would create an environment where others would feel comfortable to open up and talk about their struggles."

While changing the narrative can positively influence others, Airmen are also encouraged to change how they interact with their wingmen.

"Building togetherness between co-workers creates and allows people to reach out more," said Tech Sgt. Brandon Woods, 386th EMDG mental health technician. "Changing our culture starts in the unit level, some things we can do include broadening our social network, leaning on the people you are with, the friends that you know, your family, those that you feel comfortable with."

Mental health providers can offer a variety of tools to strengthen resiliency and those tools prove effective when used at the first sign of trouble.

"I think of the brain as a muscle," said Capt. Eunice Kim, 386th EMDG mental health officer. "So if you look at fitness and wellness in the same capacity as mental

fitness, you see that just like strengthening your muscles you can also learn to strengthen your brain. Coming to mental health it's not just about depression and anxiety it can also be preemptive, you can come into learn about different shortcuts or tools that you can use to make yourself more resilient, more efficient, make yourself a better runner a better shooter a better husband or friend, it's just self-improvement."

Airmen are reminded of their importance to their peers and the mission.

"The stress and feeling of helplessness that drives an Airman to believe there is no hope and no help is a fallacy," said U.S. Air Force Col. Rod Simpson, 386th Air Expeditionary Wing commander. "Each of our teammates brings vital energy and expertise to the mission. Know that your peers, subordinates, and leadership care deeply about you. Together we will do everything to get you or that person you know help right now. Please don't feel like a permanent solution is the only option. There is nothing magic about the Air Force being at 50 or 80 or 100 suicides in a given year. The tragedy is at the first and every one after. Allow us to prove we care—speak up, lend a hand, take a hand."

DoD to begin next major phase of military hospital consolidation

By Military Health System Communications Office

8/26/2019 - FALLS CHURCH, Va.— The Department of Defense is preparing for the next major step in consolidating military hospitals and clinics under a single agency, one of the largest organizational changes within the U.S. military in decades.

On Oct. 1, the Army, Navy and Air Force begin the final two years of a multi-year transition to shift administration and management of their medical facilities to the Defense Health Agency by October 2021, changes that are “transformational and far-reaching,” said Vice Admiral Raquel Bono, the DHA Director.

“For the first time in our modern military’s history, a single agency, the DHA, will be responsible for all the health care the Department of Defense delivers to our 9.5 million beneficiaries,” Bono said. “Whether you receive your care at an on-base facility or through our TRICARE civilian networks, DHA will oversee your care. This consolidation will drive higher levels of readiness for operational and medical forces and integrate health care services to standardize practices across the entire Department, which means patients will have a consistent, high-quality health care experience, no matter where they receive their care.”

The primary driver for this change is the National Defense Authorization Act of 2017. Congress mandated that a single agency will be responsible for the administration and management of all military hospitals and clinics to sustain and improve operational medical force readiness and the medical readiness of military members, improve beneficiaries’ access to care and experience of care, improve health outcomes, and eliminate redundancies in medical costs and overhead across three separate Service-run systems. DHA will be responsible for health care delivery and business operations across the Military Health System including budgets, information technology, health care administration and management, administrative policies and procedures, and military medical construction.

Bono said that even though congressional directives mandate this change, “it’s the right thing to do.”

“We have more than 40 years of independent studies and internal reviews that



(U.S. Army Reserve photo by Master Sgt. Michel Sauret)

demonstrate the current structure of the Military Health System is unsustainable,” she said. “What makes us unique from other health systems is that we are heavily embedded with combat forces around the world focused on operational medical readiness and the health of our warfighters. The transformational changes underway will improve that focus, support the DoD’s priority for a more lethal force, and improve our ability to deliver high quality health care to all of our beneficiaries. Improving medical readiness is the key driver of the overall effort.”

During this transition, the quality of care won’t change for beneficiaries of the Military Health System. More important, Bono said, is that over time, it will improve that care by enabling changes to improve access, patient experience, and outcomes.

“Ultimately, what this transition means for all of us in the Department of Defense is a more integrated, efficient and effective system of readiness and health, and integration of health care services that leads to a more standardized and consistent experience of care for patients,” Bono said. “Central to that is having one agency oversee MTF operations while supporting the Services’ effort to focus more on readiness.”

Since October 2018, the DHA has been operating eight hospitals and clinics as part of the first phase of what was at first a four-year transition period. In June, the overall timeline adjusted to three years to reduce the amount of duplicative management by the Military Departments and the DHA, said Dr. Barclay Butler, the DHA’s assistant

director for management and MTF transition head. “The primary driver of that is to measurably and precisely coordinate the reduction of the Military Services’ Medical Department support and oversight of the MTFs to the DHA,” Butler said. “We want to create a simple and clear transfer of authority that positively impacts healthcare for our patients.”

From Oct. 1 of this year through October 2021, the transition will focus on four primary objectives:

• **Centralized administration and management:** On Oct. 1, all hospitals and clinics in the continental United States transition to the DHA, with the Army, Navy and Air Force medical departments maintaining a direct support role. Butler said this means that while DHA assumes overall management, the existing intermediate commands of the Military Departments will continue management duties until the transfer is complete to ensure uninterrupted medical readiness operations and patient care. The Military Departments and the DHA are currently working out final plans to maintain continuity of operations.

• **Establish Health Care Markets:** At the center of the reorganization is the creation of health care markets. The DHA will stand up 21 large markets during the transition period to manage MTFs in local areas. A market is a group of MTFs in a geographic area - typically anchored by a large hospital or medical center - that operate as a system sharing patients, providers, functions, and budgets across

facilities to improve the coordination and delivery of health care services. “These markets are really key to the entire reorganization,” Butler said. “Market offices will provide centralized, day-to-day management and support to all MTFs within each market.” Readiness support is at the heart of a market’s responsibilities, Butler added, and they will ensure the clinical competency of all MTF providers within the market. The 21 large markets will collectively manage 246 medical facilities and centers of excellence.

• **Establishment of a Small Market and Stand-Alone MTF Organization:** For stateside hospitals and clinics not aligned to a large market, this office, referred to as SSO, will provide managerial and clinical oversight. As with the large markets, the Military Departments will continue managing the MTFs until they are realigned under the SSO. There are 16 small market MTFs and 66 stand-alone MTFs assigned to the SSO.

• **Establish Defense Health Regions overseas:** The transition period for standing up Defense Health Regions in Europe and Indo-Pacific begins in 2020. All MTFs overseas would then report to their respective DHA regional offices. The Indo-Pacific region has 43 MTFs, while the European region has 31. (For a complete list of markets and their assigned MTFs, go to the MHS Transformation web page).

“Change can be challenging, and this is a complex transition,” Butler said. “We will see changes in reporting relationships and communication channels while instituting standardized clinical policies and procedures and business practices. We place a premium on communicating often as we move through this together with the Military Departments.”

Bono said that from a patient perspective, these changes should be transparent. “Our patients expect the same high quality care regardless of who is in charge. Doctors, nurses, and technicians will continue to focus on practicing medicine and improving their skills and readiness. In the end, this really is about the patient - integrating into one system will improve readiness for our medical professionals and result in better care and better health outcomes for our patients.”

Kadena Air Base Weekly Newspaper

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Labor Day marks 74th Anniversary of Japan's WWII Surrender



(U.S. Army photo)

^ Army Gen. Douglas MacArthur signs the Instrument of Peace as supreme commander of the Allied powers during the Japanese surrender ceremony aboard the USS Missouri, Sept. 2, 1945. Shown behind MacArthur are Army Lt. Gen. Jonathan Wainwright, left, and Lt. Gen. A.E. Percival, British commander of Singapore.

By David Vergun

Department of Defense

9/2/2019 — As the United States enjoys its Labor Day holiday, it's also marking the 74th anniversary of the formal and unconditional surrender of Japan.

V-J Day — short for Victory over Japan Day — is observed in the United States on the anniversary of the formal signing of the Instrument of Surrender aboard the battleship USS Missouri in Japan's Tokyo Bay on Sept. 2, 1945.

Australia, the Netherlands, New Zealand, Korea and the United Kingdom celebrate Aug. 15, 1V-J Day. On that date in 1945, Japan's Emperor Hirohito broadcast the surrender to the

Japanese people on Radio Tokyo.

China and Taiwan recognize Sept. 2 as V-J Day. The Philippines mark Sept. 3 as V-J Day, because on that date, Japanese Gen. Tomoyuki Yamashita, military governor of Japan to the Philippines, surrendered.

The USS Missouri, where the formal surrender documents were signed, was Fleet Adm. William Halsey's flagship for the last weeks of the war. The battleship's name, Missouri, was also the home state of then-President Harry S. Truman.

Aboard the Missouri, Supreme Commander of Allied Forces Army Gen. Douglas MacArthur signed the Instrument of Surrender for the United

Nations, and Fleet Adm. Chester Nimitz signed for the United States. Halsey, MacArthur and Nimitz were five-star officers. There are currently no five-star officers in the U.S. military.

The Japanese signatories of the surrender were Foreign Minister Mamoru Shigemitsu and Gen. Yoshijiro Umezu, chief of the army general staff.

The formal ceremony was witnessed by delegates from the other allied nations, including China, the United Kingdom, the Soviet Union, France, Australia, Canada, the Netherlands and New Zealand.

Of note, the flag that flew aboard the Missouri that day was the same U.S. flag that flew over the U.S. Capitol on Dec. 7, 1941, the day Japanese forces bombed Pearl Harbor in Hawaii.

On the bulkhead near the



(U.S. Army photo)

^ The surrender of Japan ceremony, officially ending World War II, takes place aboard the battleship USS Missouri in Tokyo Bay, Japan, Sept. 2, 1945.

ceremony, Navy Commodore Matthew Perry's 1853 flag was displayed. The significance is that 1853 was the year when the original Treaty of Japan was signed.

The ceremony itself was brief, lasting a mere 30 minutes. A Navy chaplain gave an invo-

cation, and a recording of the national anthem was played. The spectacular, which also included singing, also featured hundreds of American carrier- and land-based airplanes flying over the Missouri as the sun broke through the clouds.

The surrender document is on display in the National Archives in Washington, along with other important documents, such as the Declaration of Independence, the Constitution and the Bill of Rights.

An addendum to the formal signing: the Treaty of San Francisco, which formally ended the state of war between Japan and most allied nations, including the United States, didn't go into effect until April 28, 1952. That's also the date that officially ended the American-led Allied occupation of Japan.

Today, Japan is a valued U.S. ally.



(Library of Congress photo)

^ A crowd gathers in New York's Times Square to celebrate Japan's surrender, marking the end of World War II, Sept. 2, 1945.

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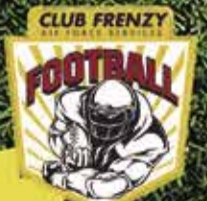
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USAF, JASDF Band perform near Emperor's Palace



The Koku-Jeitei Central Band plays with the U.S. Air Force Band of the Pacific Jazz Ensemble at Hibiya Park, Tokyo, Aug. 24.

(U.S. Air Force photo by Staff Sgt. Kyle Johnson)

By Staff Sgt. Kyle Johnson

374th Airlift Wing Public Affairs
8/24/2019 - YOKOTA AIR BASE, Japan — The U.S. Air Force Band of the Pacific and Koku-Jeitei Central Band hosted an outdoor jazz concert at the Hibiya Park open-air concert hall August 24, with support from the Tokyo Metropolitan Government as an ongoing display of friendship leading up to the Tokyo 2020 Olympics.

The U.S. and Japanese Air Self-Defense Forces have a long history of joint performances. They perform together all over Japan four-to-five times a year. The consistent performances have been an invaluable part of the overall Air Force mission.

"It's really nice to showcase our bilateral capabilities. It looks really good to the citizens of Tokyo for our groups to be performing together," said Master Sgt. Jeremiah True,

noncommissioned officer in charge of the pacific showcase jazz ensemble. "We don't speak the same language, but through performing together, we can send a strong bilateral message to the community."

Because of their unique location, the two bands have plenty of opportunity to hone their skills and spend a lot of time traveling the country.

"We typical partner together for some holiday engagements, and then throughout the year for some jazz and concert band," said Staff Sgt. Dave Wuchter, a trumpet player for the band. "We've done a couple gigs at their base and we've done concerts with their army. The Japanese people are pretty great about embracing us and getting us places we normally couldn't."

The performances have taken on a new, secondary, mission lately.

The Tokyo Metropolitan Gov-

ernment is hoping joint displays of friendship like this will help familiarize Tokyo residents with foreigners in preparation for the hundreds of thousands of visitors expected to arrive in less than a year for the Olympics.

"Our communication is already strong," said JASDF Lt. Col. Matsui Tetsuo, Central Band commander and conductor. "But we play in front of people to show our international friendship. Playing with the PACAF band specifically is very enjoyable because we both make a very bright sound."

The Olympic symbol has five overlapping rings that represent the five populated continents of the world, connected by athleticism. For more than one hundred years, countries have been united through athleticism in the Olympics.

In much the same way, music has crossed country lines for thousands of years.

Okinawa Governor visits Guam



(U.S. Navy photo by Mass Communication Specialist Macadam Weissman)

Capt. Hans Sholley, Joint Region Marianas (JRM) chief of staff, left, and Michael Paulovich, right, JRM executive director, pose for a photo with Okinawa Gov. Yasuhiro Tamaki in front of the arrival terminal of Guam International Airport, Aug. 29. Tamaki visited Guam and the Commonwealth of the Northern Mariana Islands to view Marine Corps Defense Program Review Initiative-related projects funded by the government of Japan at Andersen Air Force Base, U.S. Naval Base Guam and the site of the future Marine Corps base.



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MOH recipient's daughter receives new dog tags



(U.S. Air Force photos by Staff Sgt. Lynette M. Rolan)



▲ Col. Richard Anderson, Air Force Special Operations Command command chaplain, presents newly printed dog tags to Angela Bennett-Engle, daughter of Medal of Honor recipient and OV-10 pilot Capt. Steven L. Bennett at Hurlburt Field, Florida, Aug. 29.

By Capt. Angelica Epperson and Staff Sgt. Lynette Rolan

Air Force Special Operations Command Public Affairs
8/29/2019 - HURLBURT FIELD, Fla. — Even after decades, Air Commandos take care of their own.

Angela Bennett-Engle, daughter of Medal of Honor recipient and OV-10 pilot Capt. Steven L. Bennett, received newly printed replica dog tags in his honor during a small ceremony at Hurlburt Field, Florida, Aug. 29. Bennett's original dog tags recently went missing.

Bennett received the Medal of Honor for heroic actions performed while flying an artillery adjustment mission in Vietnam in June of 1972.

"I was two years old when my father died saving those 51 souls,"

said Bennett-Engle. "My mom said if he didn't die in combat, it would have been while helping an elder cross the street. That's just the kind of guy he was, 'God, country, family' and in that order."

Her father's citation recounts that he knew the risks were great and he had no artillery or tactical air support.

With no regard for his own life, Bennett chose to strafe the hostile position, aid the small South Vietnamese unit in need, and ensure the survival of his Marine counterpart after heavy damage to the aircraft.

Col. Richard Anderson, Air Force Special Operations Command command chaplain, presented the dog tags to Bennett-Engle.

"I was extremely blessed to be able to take part in reuniting Angela with a tangible reminder

of her father's love for God, family, and country," said Anderson. "Her father's sacrificial service vividly demonstrated the essence of the Commando spirit, and his heroism afforded dozens of people fighting for freedom the opportunity to be reunited with their families. Demonstrating to Angela our continued appreciation for her father's sacrifice, as well as for her own sacrifice, manifests our deeply held belief that humans are more important than hardware."

Bennett-Engle offered her final thoughts on receiving the dog tags.

"I'm now complete and feel like I have my dad with me, again," said Bennett-Engle.

Bennett-Engle still hopes to find the original tags and hang them on this year's Christmas tree.

Innovative approach increases polygraph efficiency

By Wayne Amann

AFOSI Public Affairs

8/28/2019 - QUANTICO, Va. — Over the years, the administrative data needed to give just one polygraph examination had increased to the point it became cumbersome, time intensive and often led to delays in processing Air Force Office of Special Investigations files.

Recognizing this directly hindered conducting polygraph examinations, the AFOSI 2nd Field Investigations Squadron Polygraph Office, Joint Base Andrews, Md., did something innovative about it.

Their initiative directly supports the Secretary of the Air Force Lines of Effort targeting Cost-Effective Modernization and to Drive Innovation.

Specifically, the 2 FIS team developed and implemented an automated prescreening tool that identified 10 percent of total polygraph requests as invalid. This saved the organization nearly \$20,000 in travel funds that would have been spent conducting unnecessary examinations. By using off-the-shelf-commercial technology, this effort cost zero dollars to go operational and maintain.

Prior to this tool, very specific information for each exam was needed to comply with a variety of rules, instructions and federal guidance. Examiners relied on an extensive pre-examination interview to collect this information. Often, examiners had to pull information from emails, telephone conversations and military orders to create the proper justification for an employee's polygraph.



(AFOSI photo)

▲ The Air Force Office of Special Investigations 2nd Field Investigations Squadron team developed and implemented an automated prescreening tool that identified 10 percent of total polygraph requests as invalid, thus saving nearly \$20,000 in travel funds.

"We had several ideas but none solved our economy of time issue," said Special Agent Clifford Minor, 2 FIS Regional Polygraph Office Supervisor. "Then, SA Michael Lee suggested using the Air Force Portal's built-in features to survey people about to take a polygraph exam. He called AF Portal support and validated our ability to use the site. We completed the training and created the first portal site for the Air Force Polygraph Program."

The survey saved hours of admin time for all polygraph flights in the command. After several months in use, its accessibility needed to expand from just Air Force

employees to the DOD.

SA Minor created a polygraph support site on AFOSI's internal SharePoint, which familiarized him how to structure the site and use permissions to protect information.

"(SA) Mike (Lee) and I created the Air Force Polygraph Intelink Site, which has prescreened more than 1,000 DOD members," SA Minor said. "The tool now feeds into a massive DOD SharePoint site where security managers, intelligence units and special security officers can list their requirements."

AFOSI reviews the pre-screens and lists approval or denial of individual security polygraph requests. Using the new, prescreening tool has other tangible advantages.

Examiners can now focus on the primary purpose of their specialty – interviewing and resolving allegations for the command, instead of collecting time-intensive administrative data.

Before the examination, employees spend a few minutes answering questions generally leading to shorter examinations. They're also informed on factors making for a successful polygraph interview.

AFOSI now has a database of security issues used to track trends.

Twenty factors required in approving an exam have been condensed to a comprehensive online questionnaire.

People who honestly disclose minor security infractions up front have a place to report violations before the exam.

AFOSI can inform requestors if ad-

ditional steps are needed to conduct the examination.

This more efficient process reduces the overall need to send Personal Identifiable Information to various people to request security exam approval, from multiple times to once.

Approval time between the field and headquarters for a typical exam request has been reduced. Examiners can transmit the prescreening forms to another office by clicking a button.

Standing requirements can be viewed from any computer at all 2 FIS polygraph supported locations.

Any DOD employee with an active Common Access Card can access the URL:

<https://intelshare.intelink.gov/sites/usaf-poly>. Once logged on, "USAF Polygraph Program Page" will appear. Scroll down and click "Polygraph Prescreening & Request Link," and follow the instructions.

The AFOSI Polygraph Offices are responsible for specific geographical areas. A color-coded map on the Prescreening and Request Page can assist users in sending their requests to the proper office globally.

Since the tool's inception, reaction has been every bit encouraging.

"Response has been overwhelmingly positive," SA Minor said. "We incorporated a feedback system into the process to track the overall impression of the user. Customers like the accountability and our program leadership likes the data consistency the survey provides."

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Marines with CLB-4 conduct Helicopter Support Team operations



U.S. Marines with Landing Support Platoon rig a tactical vehicle for Helicopter Support Team operations at landing zone Swan, Aug. 28. LS Plt., Transportation Service Company, Combat Logistics Battalion 4, 3rd Marine Logistic Group conducted HST operations to train landing support specialist and pilots to transfer heavy equipment and supplies utilizing a CH-53E Super Stallion helicopter.

(U.S. Marine Corps photo by Lance Cpl. Isaiah Campbell)

Ronald Reagan Carrier Strike Group, JMSDF Sail together in Western Pacific



The Navy's forward-deployed aircraft carrier USS Ronald Reagan (CVN 76) sails alongside the Japan Maritime Self-Defense Force guided-missile destroyer JS Myoko (DDG-175) while underway, Aug. 15.

(U.S. Navy photo by Mass Communication Specialist 2nd Class Kaila V. Peters)

By MC3 Codie L. Soule

Task Force 70

8/26/2019 - PHILIPPINE SEA — The Ronald Reagan Strike Group conducted combined operations with the Japan Maritime Self Defense Force (JMSDF) guided-missile destroyer JS Myoko (DDG 175) Aug. 13-23.

While sailing together the Ronald Reagan Carrier Strike Group and JS Myoko conducted communication drills, Myoko acted as the horizon reference for the aircraft carrier USS Ronald Reagan (CVN 76) during flight operations, the ships held a brief ceremony highlighting the end of World War II, and each participated in a senior leadership and liaison officer exchanges.

During the exchange, JMSDF service members from Commander Escort Division 14 embarked Ronald Reagan,

worked with multiple staffs, and senior leadership conducted office calls with Capt. Jonathan Duffy, commodore of Destroyer Squadron 15, and Rear Adm. Karl O. Thomas, commander of Task Force 70.

“The Japan Maritime Self-Defense Force and the U.S. Navy work closely together to ensure we can seamlessly operate,” said Thomas. “We routinely sail together to increase interoperability, improve information sharing, and work on tactics to support one another. Japan is one of our closest allies and one of the countries that helps us maintain stability and security in this very important region.”

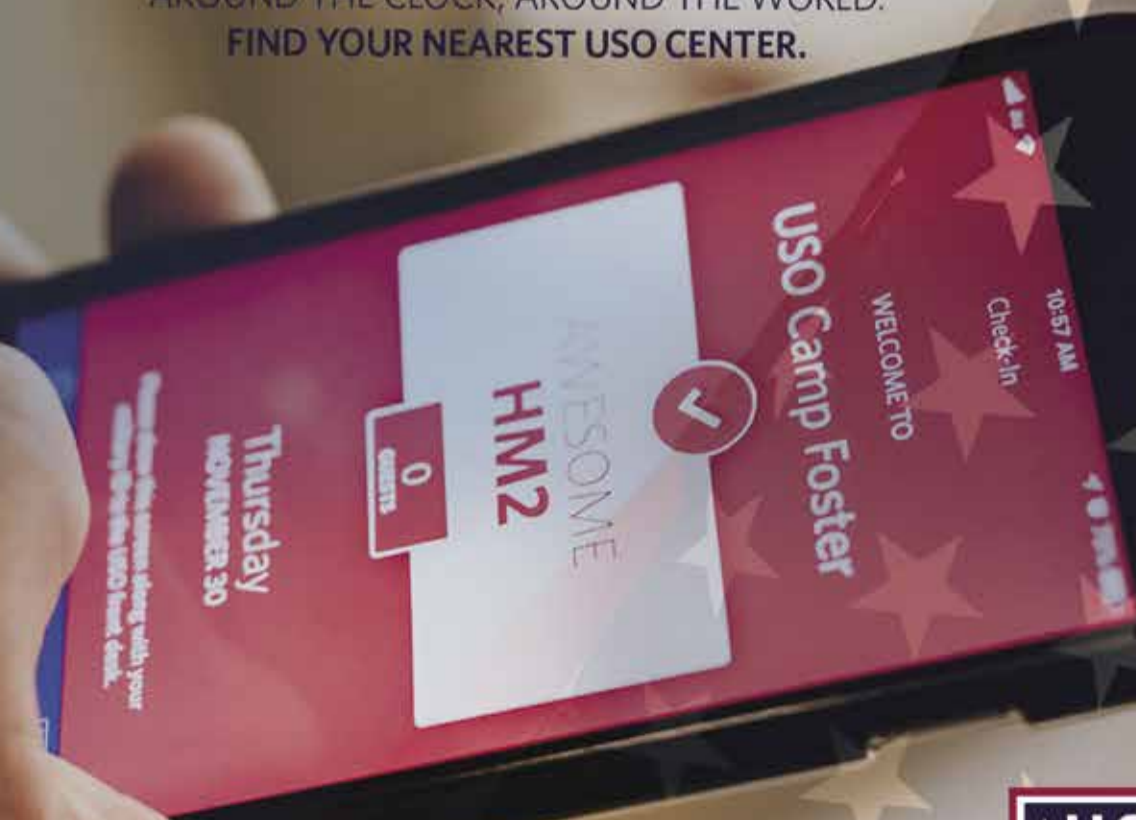
The Ronald Reagan Strike Group is forward-deployed to the U.S. 7th Fleet area of operations in support of security and stability in the Indo-Pacific region.

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Okinawa

ASEAN-US Maritime Exercise begins in Thailand

By Commander, Logistics Group Western Pacific Public Affairs

9/2/2019 - SATTAHIP, Thailand — The U.S. Navy and maritime forces from the Association of Southeast Asian Nations (ASEAN) will begin the first ASEAN-U.S. Maritime Exercise (AUMX) with opening ceremonies at Sattahip Naval Base, Thailand Sept. 2.

Co-led by the U.S. and Royal Thai navies, AUMX will consist of pre-sail activities in Thailand, Singapore and Brunei, followed by a sea phase in international waters in Southeast Asia, including the Gulf of Thailand and South China Sea. The exercise will conclude in Singapore.

In all, AUMX includes eight warships and four aircraft from seven countries, and more than a thousand personnel representing all ten ASEAN member states and the United States.

“Our forces sail together during exercises throughout the year and have done so for decades,” said Vice Adm. Phil Sawyer, commander, U.S. 7th Fleet. “AUMX provides a new multilateral venue to work together on shared maritime security priorities in the region.”

AUMX promotes shared commitments to maritime partnerships, security and stability in Southeast Asia. Participating nations include Brunei, Cambodia, Indonesia, Laos, Malaysia, Myanmar, Philippines, Singapore, Thailand, United States and Vietnam.

Rear Adm. Joey Tynch, commander of Task Force 73, who oversees the U.S. Navy’s security cooperation in Southeast Asia, noted that AUMX continues the

trend of increased multilateral cooperation among navies in the Indo-Pacific.

“The U.S. Navy along with our partners and allies have long known the value of working together,” said Tynch. “AUMX builds greater maritime security on the strength of ASEAN, the strength of our navy-to-navy bonds, and the strength of our shared belief in a free and open Indo-Pacific.”

Throughout the exercise, ASEAN member states and U.S. forces will operate together under a combined task force structure, executing a variety of realistic scenarios designed to reinforce interoperability in areas such as visit, board, search and seizure (VBSS), maritime domain awareness, division tactics and maritime asset tracking. The task force headquarters will be located on board the Royal Thai Navy vessel HTMS Krabi (OPV 551), and include representatives from each ASEAN member state and the United States. An ashore support element in Singapore will also host representatives from each ASEAN member state.

Commercial vessels have been contracted by the United States to serve as the simulated target vessels for the VBSS portion of the exercise, which will focus on countering maritime threats. Teams from multiple countries will work together to board and seize the ships under a variety of realistic scenarios.

“AUMX provides an opportunity to work together at sea during realistic training scenarios,” said Capt. Matt Jerbi, commodore of Destroyer Squadron (DESRON) 7 and deputy commander



(U.S. Navy photo by Mass Communication Specialist 1st Class Greg Johnson)

U.S. Navy Sailors and maritime forces of ASEAN member states salute while standing in formation together during the opening ceremony for the ASEAN-U.S. Maritime Exercise (AUMX) at Sattahip Naval Base.

of the AUMX Task Force. “Training in areas such as maritime domain awareness, where we share information and integrate operations, helps each of us to operate together more effectively.”

U.S. assets include the littoral combat ship USS Montgomery (LCS 8), the guided-missile destroyer USS Wayne E. Meyer (DDG 108), three MH-60 helicopters, a P-8 Poseidon aircraft and staff assigned to DESRON 7 and CTF 73.

AUMX was first proposed at the Association of Southeast Asian Nations Defense Ministers’ Meeting Plus (ADMM-Plus) in 2017 and confirmed during

the 12th ADMM in October 2018.

While this is the first exercise of its kind with ASEAN, the U.S. Navy has conducted engagements, exercises and port visits in Southeast Asia for decades. In 2019, the 25th Cooperation Afloat Readiness and Training (CARAT) bilateral exercise series commenced, along with the 18th Southeast Asia Cooperation and Training (SEACAT) multilateral exercise.

The U.S. Navy also participates routinely in ADMM-Plus maritime security exercises, to promote peace and stability throughout the region.

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Marines with course 205-19 endure and complete the grueling 3-week MAI course

By Lance Cpl.
Brennan Beauton

Marine Corps Installations Pacific

8/27/2019 - CAMP HANSEN — After three rigorous weeks of obstacle course line-drills, aquatic training, and countless hours of free sparring, six Marines earned their instructor tab signifying they are now Marine Corps Martial Arts Program instructors.

Marines prepared to embark on the course with a common goal in mind to become MCMAP instructors. As the course took its toll on the martial arts instructor hopefuls, the number of Marines with that goal diminished.

“This course is not for everybody, you have to come with a 100% mindset that you want to be an instructor and start realizing that you are doing something bigger than yourself,” said Sgt. Rishab Kohli, the lead martial arts instructor trainer with 12th Marine Regiment.

According to Kohli, many Marines start the course expecting to walk away with a shirt and tab on their belt.

Before they do, they have to earn it.

When some Marines start the course they start to think it isn't worth it.

“It is truly a challenge for them,” said Kohli, who instructed Marines from Marine Corps Installations Pacific-Marine Corps Base Camp Smedley D. Butler. “The physical discipline, the knowledge, the tests and everything they go through. That is where we start to lose our numbers. That's just the nature of the course. It produces the highest quality martial arts instructors.”

Marines on the first day of the course only get a taste of what is to come for the remaining 15. They must complete and achieve a first class score on both the Marine Corps physical fitness test and combat fitness test, followed by combat conditioning.

“It was pretty rough,” said Sgt. Luis Rodriguez III, class 205-19 commander and platoon sergeant for service company, 7th Communications Battalion. “I was not expecting to jump right into it. I thought we were going to get some time off, but the instructor trainers did not hold back.”

The course is split up into three weeks. One week for a review of each belt; tan, grey and green, according to Kohli.

Week one entailed class work, and hours combat conditioning and physical training. The students received hands-on training about warrior ethos, martial culture studies and how to teach MCMAP techniques.

As the second week began, the students were placed into roles to become the teachers. The Marines mastered teaching tan through green belt techniques. They were evaluated on their ability to teach and demonstrate the individual techniques, all while the physical training only intensified.

“We teach the students how to instruct through our instructor methodology E.D.I.P., which is explain, demonstrate, imitate and practice,” said Sgt. Logan Bowes, one of the martial arts instructor trainers with MAI course 205-19 and a network administrator with the Communication Training Center, Camp Hansen. “That is how MAIs teach martial arts techniques. They teach their students tie-ins, case studies and martial culture studies using that same methodology.”

In their final week the students completed their classroom work, according to Bowes. The students are outside for the majority of their time and physical training is at its peak.

If the students make it this far, they will do anything to finish out the course, explained Bowes. The Marines conquered the obstacle course, the pool, the endurance course, grueling combat conditioning and final testing.

“Someone is always going to be better than you at something,” said Bowes. “We teach our students to always help out their buddies, so they finish together, as a team.”

On the last training day, the students took everything they learned over the past three weeks and put it to the test in the culminating event.

The Marines began before sunrise, running the three-mile endurance course on Camp Hansen. The course can be challenging for even the most experienced Marine, offering obstacles like ascending



(U.S. Marine Corps photo by Lance Cpl. Brennan J. Beauton)

Aspiring Marine Corps Martial Arts Program Instructors navigate through the endurance course Aug. 23 on Camp Hansen.

and descending hills, crossing through muddy water and maneuvering through thick jungle. The course is designed to test the individuals' abilities and teamwork.

Marines of MAI course 205-19 conducted exercises, grappling and open-ended discussions on how the workout can be applied to real-world scenarios.

Upon completion of the endurance course, the Marines geared up with rubber rifles, flak jackets, kevlar and their packs to begin a perimeter run on Camp Hansen while frequently conducting strength exercises.

Physically exhausted from the run, Marines were lead to the pool where they conducted aquatic workouts before the final test.

For the final test, Marines completed the Marine Corps obstacle course finishing with a climb to the top of the rope to retrieve their new martial arts belts, complimented with the new tab they earned.

The “Gung Ho” award was awarded to the Marine who demonstrates mental, physical and character discipline throughout the course.

Rodriguez, the recipient of the award, said he could not believe he made it through the course.

“The whole course was very intense,” said Rodriguez. “After day one, I was like ‘Man, I got 14 more days of this,’ I just took it day by day. There was never a point where I thought I made it. I knew I had to survive and get through the day to make it to the next. That's the mentality I had every day.”

A couple hours later the six new Marine Corps martial arts instructors stood and graduated together. MAI course 205-19, is a testament to the challenges that the course has to offer and what it stands for.

“Those six never quit,” said Gunnery Sgt. John Trickler, a 3rd degree black belt in the MCMAP, one of the instructor trainers for the course and a faculty advisor at the Staff Noncommissioned Officers Academy on Camp Hansen. “No matter what it was, no matter how hard the objective, no matter how many hours they spent studying, they never quit. When it comes down to the others, the martial arts program is not for everybody.”

3/12 participates in CTA HIMARS field training exercise

By Cpl. Josue Marquez

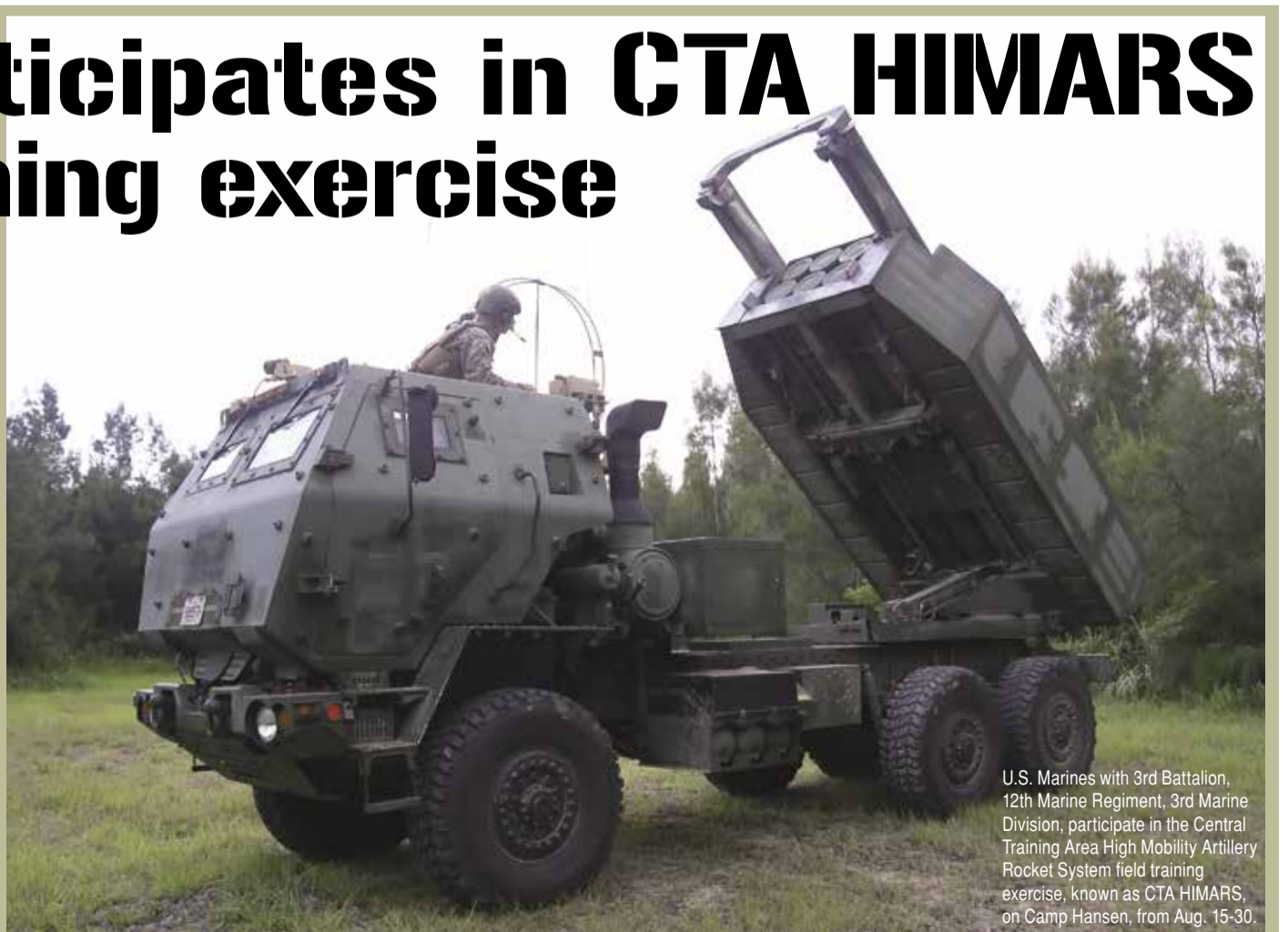
3rd Marine Division

8/30/2019 - CAMP HANSEN — U.S. Marines with 3rd Battalion, 12th Marine Regiment, 3rd Marine Division, participated in Central Training Area High Mobility Artillery Rocket System field training exercise, known as CTA HIMARS, on Camp Hansen, from Aug. 15-30.

During the field exercise, the Marines refined tactics, techniques, and procedures for HIMARS. They also improved the standard communication practices between the operating battery and their higher command in order to facilitate more effective communication in future HIMARS operations.

This allows the unit and the division to increase their readiness to plan for and operate HIMARS across the Indo-Pacific area.

“The basis of [CTA HIMARS] is to increase efficiency,” said Sgt. Joshua Luedtke, a launcher chief with 3rd Battalion, 12th Marine Regiment. “We are trying to set a higher standard for future [standard operating procedures], but it's really encouraging to see what we're capable of now and exciting to wonder how much better we'll be capable of in the future.”



U.S. Marines with 3rd Battalion, 12th Marine Regiment, 3rd Marine Division, participate in the Central Training Area High Mobility Artillery Rocket System field training exercise, known as CTA HIMARS, on Camp Hansen, from Aug. 15-30.

(U.S. Marine Corps photo by Lance Cpl. Ujian Gosun)

USAGs Japan, Okinawa need Emergency Placement Care providers

By Winifred Brown

US Army Garrison - Japan

9/4/2019 - CAMP ZAMA, Japan — U.S. Army Garrisons Japan and Okinawa need members of the community who are ready to provide stable, loving homes to children through the Emergency Placement Care program.

“Making a difference in a child’s life can really make a difference in your own heart,” said Stan Austin, manager of the Family Advocacy Program at Camp Zama’s Army Community Service.

The program provides safe and temporary homes for children who are in an unsafe situation at home or have parents who cannot take care of them due to an emergency situation. Austin and Joe Scriven, director of ACS at USAG Okinawa, said both garrisons have a need for providers and they encourage those interested to contact them.

The provider program is open to Department of Defense identification-card holders who have a desire to help children in need, Austin said.

Providers must complete a background check, a home study and training, Austin said.

The background checks are rigorous and include a Child Care National Agency Checks and Inquiries background check for everyone in the home over the age of 13, Austin said.

Since the approval process can take time, Austin said ideal candidates are those who have recently arrived at their host garrison and will be there for a few years.

In addition, those who run the pro-

gram hope to find enough providers so children can stay with someone from the service member’s unit.

Amy Trotto, a FAP specialist at USAG Japan’s ACS, said units should be like families, and it would be great if children in the program could stay with people they know.

“I always look at it from the perspective that while it benefits the child and it benefits the adult, you’re working with your team, so if you have a representative in your unit, you’re supporting your teammate,” Trotto said.

Austin said that while the primary reason to become a provider is to help children in difficult situations, providers receive a small amount of money and reimbursement of expenses, and the background checks and training can help with employment or an adoption.

While Army EPC programs are similar to foster care in some ways, the maximum amount of time children can stay with a provider family is 90 days, and usually the stays are much shorter, Austin said.

The placements are just long enough so the family of origin can resolve existing issues or set up a more permanent living situation in the United States, Austin said.

Scriven, who served as an EPC provider for nearly two years with his wife Tara, said they found the experience rewarding because both the children whom they cared for and their parents were thankful.

One child, for example, formed a trusting bond with Scriven, and a parent later contacted him and his wife to thank them for helping her during a really hard time, Scriven said.



(U.S. Army photo by Winifred Brown)

Stan Austin, right, manager of the Family Advocacy Program for U.S. Army Garrison Japan, and Amy Trotto, a FAP specialist at USAG Japan, can help members of the garrison community throughout Japan who are interested in providing stable, loving homes to children through the Emergency Placement Care program.

In addition, Scriven and his wife were in the process of adopting, and because the government paid for the training classes, they didn’t have to pay for some of the classes required for adoption, Scriven said.

Austin said USAG Japan needs providers at installations throughout Japan, not just Camp Zama, so he encourages those stationed at other installations to contact him if they would like to help.

“We want to make sure that we have the necessary support systems in place to take care of any family members of Soldiers who may need this service,” Austin said.

For more information, call USAG Japan ACS at DSN (315) 263-4357 or DSN (315) 263-4782, or locally at 046-407-4357 or 046-407-4782. Contact USAG Okinawa ACS at DSN (315) 644-4357, or locally at 098-962-4357.



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*Movie showing will start at 6pm and movie titles are subject to change.



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Kadena Air Base Community Notes

NOTICE

Kadena Connect Housing Alerts

If you live in base housing, the Kadena Connect application enables you to receive scheduled and unscheduled housing alerts such as power, water, or utility outages along with other important notifications.

To subscribe follow the directions or the link to the tri-fold below.

Step 1: Open the Kadena Connect application and tap the "i" at the top right and select "Settings".

Step 2: Under the "Push Notifications" section select "Enable notifications" as displayed in the image below.

Step 3: Under the "Push notifications" select "Subscriptions" to view available housing areas.

Step 4: Subscribe to your neighborhood by selecting it in the menu. When you see the checkmark next to it as shown in the below image, you are subscribed to that neighborhood.

*Note: You will only receive notifications for the neighborhood(s) you selected.

Think Before You Drink

Did you know there have 15 SOFA members caught drinking and driving in 2019. Don't become a statistic. Think before you drink. Don't drive – call a ride. For a safe ride home call these numbers: Kadena Taxi at 098-970-8888(option 8) / Panda Taxi (off base) 098-937-8989. / Daiko 098-932-4035.

POV Shipment Authorize

Effective immediately, Air Force members are authorized to ship a Privately Owned Vehicle on subsequent Permanent Change of Station orders from Okinawa/Japan when a member does not use the storage entitlement under JTR, para 0532. These members in this category can ship a car from Okinawa to their next Permanent Duty of Station, on a case by case basis.

Federal, state, local, and/or international requirements and cost therein fall entirely on the member.

Members must still visit TMO PPSO well in advance to coordinate this request, to ensure they are fully briefed on the entire

To submit an announcement for the base bulletin, please visit www.kadena.af.mil or send info@samuraigate.jp

process. For more information, contact TMO Personal Property at 632-0068.

18th MUNS Closure for Semi-Annual 100% Inventory

18 MUNS will be closed for the week of 7-13 September in support of the Semi-Annual 100% Inventory. During this time, only emergency munitions requests will be processed and must be submitted in writing and approved by the group commander IAW AFI 21-201. Call Munitions Operations at 632-5252 with any questions.

AFSA Chapter 1553 General Membership Meeting

The Air Force Sergeant's Association (AFSA) Chapter 1553 is holding a monthly general membership meeting Sept. 19, at 11 a.m. in the Kuba Room at the Rocker NCO Club. All ranks and services are welcome to attend. Click here to view current and historical agendas or for more information, contact Donald Fisher at 632-5085.

AADD Council Positions Open

Kadena's Airmen Against Drunk Driving is now accepting applications for all council positions. The application can be found in the AADD sharepoint, and must be submitted no later than COB Sept. 6. All ranks are encouraged to apply. For more information, contact Senior Airman Cynthia Belio at 634-3813.

Disposition of Personal Effects, Tech. Sgt. Michael Hopson

1st Lt. Matthew Dehr is authorized to make disposition of personal effects for Tech. Sgt. Michael Hopson, deceased, 353rd SOSS/UTM, as stated in AFI 34-244, Disposition of Personal Property and Effects. Any person having claims for or against Tech. Sgt. Michael Hopson should contact 1st Lt. Matthew Dehr at DSN 634-1012.

Partial road closure

The Partial road on Schreiber Ave (near bldg. 3409), will be closing from Sept. 1 to Dec. 19 / 24 hours daily. Flaggers and temporary traffic lights will be posted. For

more information, contact Akira Fair at 634-4879.

Group exercise instructor wanted

The Risner Fitness Center and Sports Complex is looking for new certified group exercise instructors. All DoD and SOFA status members are welcomed to apply. If interested or more information, contact Rebecca Taylor at rstaylor969@aol.com or the Risner Fitness Center at 634-5128.

INFORMATION

Newcomers Orientation

The Newcomers Orientation will be held Sept. 18, start from 7 a.m. to 5 p.m. at 18th Logistics Readiness Squadron, conference room (Bldg. 792 / 2nd Floor) located next to Personal Property (Bldg. 756) or across Finance (Bldg. 721). Parking will be on rooftop of Bldg. 798 & Bldg. 756. This will be a one-time event only. We will relocate back to the Schilling the next following week. For more information, contact Mr. Cezar Dasigan at 634-3366.

Kadena and Camp Foster Emergency Numbers

Kadena Fire Emergency Services reminds everyone to program their cell phones with the emergency numbers. To report an emergency on Kadena via cell, dial 098-934-5911, and from an office phone, dial 911. For Camp Foster via cell, dial 098-911-1911, or from an office phone, dial 911.

AADD: We Get You Home Safe

Did you drink tonight? Made a plan but it's falling through? Can't catch a cab? If any of this applies to you, call AADD. Don't risk it all, when you can get a ride home for free. To contact AADD from a cell phone number, dial 098-961-1110 and ask for the USO, or dial DSN: 634-3889. We're open Fridays and Saturdays at the USO (gate 2) from 2200 to 0100 and we're here to help. If you have any questions and/or concerns, please email our Org Box or contact us on Facebook: Kadena AB A2D2

How to File a Complaint with IG

If you believe you are unable to resolve your complaint through supervisory channels, you may seek IG assistance to determine if the complaint should be filed with the IG. You can file a complaint if you reasonably believe inappropriate conduct has occurred or a violation of law, policy, procedures, or regulation has been committed. Complete the personnel data information on an AF Form 102 and briefly outline the facts and relevant information related to the issue or complaint. List the allegations of wrongdoing briefly, in general terms and provide supporting narrative detail and documents later, when interviewed by an IG person. Allegations should be written as bullets and should answer who committed the violation; what violation was committed; what law, regulation, procedures, or policy was violated; when did the violation occur. Help is available: Call your Kadena IG office at 634-7622 for Maj Sarabia, 634-2768 for SMSgt Aguirre, or leave a message on the Kadena Fraud, Waste, & Abuse (FWA) Hotline at 634-0404.

18th Wing Equal Opportunity

Do you face concerns of unlawful discrimination or sexual harassment? If so, Kadena AB leadership maintains a strict "zero-tolerance" policy pertaining to discriminatory behavior. If you feel you are being unlawfully discriminated against, to include sexual harassment, take action. We encourage members to use the chain of command first to resolve issues at the lowest level. However, you can also contact the EO office at 634-2571 to set up an appointment; or you may visit our office. Please note that the EO office will not accept a formal complaint more than 60 calendar days for military and 45 calendar days for civilian complaints after the alleged offense occurred without sufficient justification.

How to Receive Emergency Notifications in English on Cell Phone

Cell phones across Okinawa currently receive emergency text notifications in Japanese from mobile phone service

U.S. Consulate General Naha

➤ U.S. Citizen Services Days

The consular waiting room will be undergoing construction starting **September 1st**. We continue to be open throughout, but will increase our outreach services for those who are concerned about the construction.

9/4	WED	FOSTER	Foster USO	14:00-16:00
9/5	THU	HANSEN	Hansen USO	14:00-16:00
9/10	TUE	KADENA	Schilling Community Center	11:00-13:00
**Note: Consular Report of Birth Abroad, Notary appointments will be available this day.				
9/11	WED	FOSTER	Foster USO	14:00-16:00
9/17	TUE	FOSTER	Foster USO	11:00-13:00
9/18	WED	KADENA	Schilling Community Center	14:00-16:00
9/25	WED	KADENA	Schilling Community Center	14:00-16:00
9/27	FRI	KINSER	Kinser USO	14:00-16:00

Save your slots by email at NahaACS@state.gov

Please make sure to include the following information:

- your name
- preferred date/location
- service requested
- the number of applicants
- contact information



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U.S. Consulate General Naha

➤ Immigrant Visa Presentations / I-130 Acceptance Days

The consular waiting room will be undergoing construction starting **September 1st**. We continue to be open throughout, but will increase our outreach services for those who are concerned about the construction.

9/3	TUE	KADENA	Airman & Family Readiness Center	10:00-12:00
*Register by calling 634-3366(AFRC)				
9/5	THU	HANSEN	Hansen USO	12:00-13:00/14:00-15:00
*Register by email at NahaIV@state.gov				
9/6	FRI	FOSTER	Multi-purpose Rm Bldg. 439	09:00-11:00
*Register by email at NahaIV@state.gov				
9/12	THU	KADENA	Schilling Community Center	14:00-16:00
*Register by email at NahaIV@state.gov				
9/13	FRI	FOSTER	Ocean Breeze (Presentation only)	10:00-11:00
*No Appointment Necessary				
9/19	THU	FOSTER	Multi-purpose Rm Bldg. 439	09:00-11:00
*Register by email at NahaIV@state.gov				
9/27	FRI	KINSER	Kinser USO	09:00-11:00
*Register by email at NahaIV@state.gov				



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providers. To receive emergency notifications by e-mail in English, contact the Readiness & Emergency Management Flight at 634-4404.

WIC Overseas Program Enrollment and Eligibility

The Women, Infants and Children Overseas program is a supplemental nutrition program designed for pregnant, postpartum, and breastfeeding women, infants and children up to the age of 5. As a WIC Overseas participant, you can receive nutrition education in the form of individual counseling and group classes, breastfeeding support, supplemental foods such as milk, juice, cheese, cereal, eggs, and fresh fruits and vegetables, and referrals to other health care agencies.

For more information, check financial/residential eligibility, visit or call WIC Overseas.

All of WIC can be reached at 645-WICO (9426) or from a cell phone at 098-970-9426. (Options 1- Camp Foster; 2- Kadena Air Base; 3-Camp Kinser; 4- Camp Courtney) Kadena Air Base (Bldg. 428) Camp Foster (Bldg. 5674) Camp Courtney (Bldg. 4408) Camp Kinser (Bldg. 107 Rm. 121)

Public Affairs Photo Studio

The Public Affairs photo studio is open Mon - Thurs from 9 - 11 a.m. and 1 - 4 p.m. Appointments are available in half-hour increments. Award, bio or package submission photos are scheduled Mon. - Wed. Full length photos are only available on Thursday. Official Passport photos are by appointment only until further notice, Mon. - Fri., and require a letter or voucher from your UDM or the passport office. For questions or scheduling, please call 634-3813 / 634-4013. Photos are for official use only.

Mail Address Information

The mail addressees should inform their mailers to not include "Japan" or "Okinawa" in the APO or FPO mail address format. If included, the mail may be routed through the international postal system instead of the military postal system, which may result in a higher postage rate and longer transit time

to the addressee. To prevent non-delivery of mail, please enclose inside the mail piece the sender's address and the intended addressee. Enclosing the addresses inside the package can help the Postal Service route the mail to the addressee or returned to sender should the exterior addresses become unreadable or is separated from the mail piece. For more information, contact MSgt Robert Quinones at 634-2155 / 5098.

TRICARE Online

The TRICARE Online (TOL) can be accessed via www.TRICAREOnline.com Access TOL with your CAC, DFAS myPay, or Premium DS Logon account.

- TOL Capabilities:
- Appointments- make, cancel, receive emails, etc.
 - Refills- refills are just an easy, quick click away via TOL. You can check the status of your prescription and pick up at the pharmacy.
 - Health Record- select this option to view, download, print, or share your lab results, immunizations, radiology results, medication profile, allergy profile, encounters, problem lists, and vital signs.
 - Service Separation/Retirement- access AD and reserve service separation information and services to include filing a pre- separation claim with the VA.
 - Secure Messaging- access secure messaging to communicate confidentially with your health care team.
 - Nurse Advice Line- talk to a registered nurse for health care advice, ask questions, or find out if you should get care.
- If you are having any issues with the site, please contact DHA Global Service Center (GSC) for assistance at 1-800-600-9332 or servicecenter@dha.mil.

UPCOMING EVENTS Kadena Air Force Ball 2019

Kadena Air Base is getting ready to celebrate the 72nd birthday of the United States Air Force by hosting the Air Force Ball Sept 14. The ball will be held at the Rocker Enlisted Club. Social Hour begins at 6 p.m. and official ceremony begins at 7 p.m. Tickets are now on sale, please see your unit rep. Please come out and support

this great event. For more information / event details, follow Kadena Air Force Ball on Facebook.

Armed Services Blood Bank Drive

The 18th Dental Squadron is hosting a blood drive on behalf of the Armed Services Blood Bank Center Sept. 5, at the Kadena USO from 10 a.m. to 2 p.m. Help support the military community in the PACOM area of operation by donating blood on behalf of service members, dependent family members, civilians, and retirees in their most crucial time of need. Please allow about 45 minutes of flexible time to donate. If you are interested in signing up, send an email to Senior Airman Mekenzie Mazur at mekenzie.k.mazur.mil@mail.mil.

Fall Okinawa Leadership Seminar

The Fall Okinawa Leadership Seminar (OLS) is held from Oct. 8 to 10. The OLS is semi-annual foundational leadership and professional development course for emerging military spouse leaders, representing all ranks and services, who are ready to take their next step. Spouses leave our three-day course with confidence in their knowledge, skills, and honed capabilities; and they return to their professional, military, and personal communities ready to apply what they have gained from this opportunity. To register for the Fall session, visit <https://okinawaleadershipseminar.org/> between Aug 27 and Sept 10. For more information, contact Ms. Sarah Carter at 080-6481-6827.

AFSA Chapter 1553 Annual POW/MIA Memorial 24-Hour Run

The Air Force Sergeant's Association (AFSA) Chapter 1553 is holding its annual memorial POW/MIA 24-hour run

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September 19 and 20 both days start from 6 a.m. to 6 a.m. at Marek Park. For more information, contact Preston Bastow at 634-5050.

VOLUNTEER OPPORTUNITIES Come volunteer at "The Wired Bean"

The Wired Bean is a home away from home for our junior enlisted and we need E-4s and above to volunteer to monitor the facility and check out equipment. Please sign up using the link below or email Melissa Rafferty for more information at rafferty515@yahoo.com.

Kadena Middle School Military Mentor Monday

The Kadena Middle School is looking for mentors who are willing and able to assist / support middle school students in academics and age-appropriate social interactions. "The intent of the Military Mentor Monday Program or (MMMP) is to build an on-going relationship between our local military community and DoDEA schools as well as provide positive role models to the students" (Pacific South Continuous School Improvement, 2019). This will take place at KDMS in various locations on the campus. Volunteers are needed every Monday to assist from 7:30 a.m. to 2:30 p.m. To volunteer, please contact Ms. Traci Cooper at Traci.Cooper@dodea.edu or call 632-0217.

2019 SYMPOSIUM & VENDOR EXPO
OCTOBER 3 & 4 2019
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ICEBREAKER
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▶シンポジウム：2019年10月3日・4日 (木・金) 9時～16時
▶名刺交換会：2019年10月3日 (木)、18時～20時

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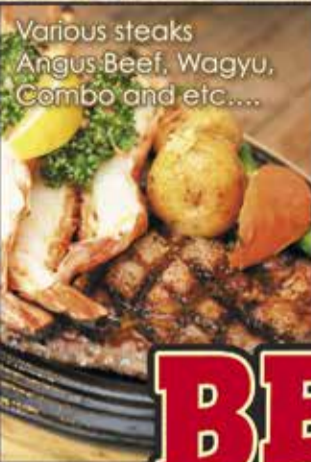
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8- Sep	1100-1900	KAB Concession Mall	Old Spices
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10- Sep	1100-1400	Torii Express	Café Shiyu de Pokko
10- Sep	1100-1800	Butler Express	Old Spices
10- Sep	1100-1400	KAB Flightline	Triple A
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