

NAVY - MARINE - COMMUNITY

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Army-Air Force joint training enhances readiness, lethality



(U.S. Air Force photo by Staff Sqt. Peter Reft)

By Staff Sgt. **Peter Reft**

18th Wing Public Affairs 9/18/2019 - KADENA AIR **BASE** — Throughout the Pacific Theater, U.S. military units must overcome jungle terrain riddled with cliffs, poisonous creatures, dense foliage yielding mere yards of visibility, and muddy slopes that threaten to launch anyone down 30-foot ravines of twisted

roots and jagged rocks. Welcome to the jungle.

U.S. Army Green Berets from 1st Battalion, 1st Special Forces Group (Airborne), invited Team Kadena Airmen to train with them at the U.S. Marine Corps Jungle Warfare Training Center (JWTC) at Camp Gonsalves, Okinawa, Japan.

"The Special Forces detachment incorporated Airmen from around Okinawa to attend a training exercise to bridge the gap in small unit tactics, communication techniques, and patient extraction procedures between our Airmen and the Green Berets," said U.S. Air Force Staff Sgt. Michael Triana, an independent duty medical technician paramedic (IDMT-P) from the 67th Fighter Squadron. "Each Airmen is trained in a different specialty providing various perspectives to achieve the tactical objectives presented by the detachment in the jungle."

The Kadena Airmen's familiarity and experience with deployments to countries such the Philippines and Thailand enabled

them to withstand the Green Berets' jungle training program. The training enabled Triana and other Airmen to expand their deployment skillsets in a severely restrictive jungle environment.

"As an IDMT-P the didactic aspect of the training improved our capabilities to deliver immediate medical care at the point of injury," said Triana. "Learning patient extraction techniques provides the capability to safely gain access to an injured patient and remove them from an adverse situation such as a cliff or ravine."

This integration enabled the Airmen to train in basic U.S. Army Infantry squad and platoon tactics for the first time while

READ JUNGLE Page 2

KAB Airman wins Air Force award



Maj. Mark Fraser, 18th Operations Support Squadron chief of wing weapons and tactics, was recently recognized for his outstanding performance at Kadena Air Base, by receiving the 2019 Air Rescue Association Richard T. Kight Award.

By Senior Airman Rhett Isbell

18th Wing Public Affairs

9/16/2019 - KADENA AIR BASE — Striving above and beyond the norm, U.S. Air Force Maj. Mark Fraser, 18th Operations Support Squadron chief of wing weapons and tactics, was recently recognized for his outstanding performance at Kadena Air Base, by receiving the 2019 Air Rescue Association Richard T. Kight Award.

The award recognizes the individual who has contributed the most to the overall effectiveness of the rescue mission through management, innovation or other outstanding achievements.

"I worked to integrate a lot of different functions to make rescue more capable," Fraser said. "I'm trying the best I can

for the rescue mission. I care about it and want it to get better. It was nice to know the work I had put in was recognized as a significant contribution."

Fraser's hard work involved streamlining rescue efforts and helped the rescue mission as a whole with his mission planning and reworking, or in some cases completely creating, combat search and rescue tactics. This also helped to drive Japan's first ever combat rescue initiative directly supporting the National Defense Strategy.

"The award recognizes the top rescue professional in the Air Force," said Lt. Col. Gabriel Brown, 33rd Rescue Squadron commander. "It's a big award for the rescue community. His work validated many operational and contingency

READ AWARD Page 2

U.S. Air Force Outstanding NCO of the Year saves the life of a child on his way to receive the awar



By 1st Lt. Renee Douglas

353rd Special Operations Group

9/16/2019 - KADENA AIR BASE — Tech. Sgt. Kenneth O'Brien, special tactics section chief from the 320th Special Tactics Squadron, was selected as one of the 2019 Outstanding Airmen of the Year and on his way to receive the award at the Air Force Association conference responded to an in-flight emergency.

On September 11th O'Brien was on a flight with his family from Okinawa to Dallas, when he noticed that a 1 year old child was unconscious and unresponsive due to a blockage in the child's airway. Another passenger initiated first aid to the child with back thrusts, but was unable to clear the blockage.

O'Brien stepped in and conducted at least two rounds of back thrusts and finger sweeps in mouth before the blockage was cleared. O'Brien also performed CPR to get oxygen to the child. After about a minute of the child regaining consciousness, O'Brien handed the child back to the parent/guardian. O'Brien continued to check on the baby throughout the rest of

"I'm thankful that the child is ok and that I was able to help when the family needed support," said O'Brien. "I happened to be in the right place at the right

He had an eventful year from being a part of President Trump's security team for the North Korean Summit to saving children in the Thai cave rescue of 2018.

"We are very proud of Tech. Sgt. O'Brien," said Lt. Col. Charles Hodges, commander of the 320th Special Tactics Squadron. "He continues to step up when there is a need for leadership and action. This incident demonstrates without a doubt that O'Brien epitomizes the Air Force's core values and rightly deserves the honor and selection as one of the Air Force's 12 Outstanding Airmen of the

S A M U R A I G A T E

18th CONS donates 3,010 lbs of rice to local shelters



AWARD from Page 1

rescue plans. He has also facilitated process improvements to expedite the rescue timeline if there's a necessary rescue in the local Okinawa area."

Working to mold the rescue mission of his local area, as well as at the Air Force level, Fraser was heavily supported by his leadership thanks to the exceptional effort he put forth in everything he did. Even with his notable achievements, Fraser expressed he wasn't sure if he deserved the award.

"I am just doing my job," Fraser said. "I'm glad Team Kadena supports me though. I want to make the rescue mission better because I care about Americans who are isolated due to combat."

While, Fraser might have felt like his accomplishments were in line with his normal duties, Brown expressed a different opinion.

"This is not a one-off," Brown said. "He will continue to ensure we're bringing everyone home. He's an exceptional officer and this award is well-earned. He would go to any length to help people and make them stronger as a team and I'm expecting even greater things from him in the future."

JUNGLE from Page 1

simultaneously allowing the Special Forces detachment to hone its combat lethality and readiness posture for high intensity conflict against a near-peer adversary, according to a 1-1 SFG (A) command vision document.

"Small unit tactics and patient extraction training provided the skills necessary to perform the duties required in a tactical element or combat scenario," said Triana. "This training opportunity has enhanced our readiness to respond to humanitarian relief efforts and deploy to a declared theater of armed conflict."

Joint training with Team Kadena is only one aspect of the Special Forces detachment's readiness plan. As the masters of the indigenous approach, the Green Berets bear the responsibility of training U.S. allies throughout the Indo-Pacific Theater, according to a 1-1 SFG (A) fact sheet. They are capable of conducting the full spectrum of special operations to identify and target threats to U.S. national interests.

"We deploy to countries throughout the INDOPACOM area of responsibility, to bilaterally train with partner nations. This partnership enhances capabilities to combat internal threats from violent extremist organizations, or other hostile actors," said a Special Forces detachment commander. "This enables us to enhance not only our readiness and lethality to respond to a contingency or crises scenario, but also provides

our foreign counterparts the skills they need to protect their sovereignty."

The Special Forces detachment is optimizing the joint training opportunities present on Okinawa, Japan. Working with adjacent military units from the Air Force, Marine Corps, and Army allows the detachment to enhance its advisory capacity and maintain readiness before deploying to a foreign country.

"Training with these Airmen opens different channels in terms of capabilities, resources, and training value," said a Special Forces medical sergeant. "For our Air Force counterparts, it provides a valuable opportunity for them to learn tactical skills they may never have been taught. For us, seeing them motivated, aggressively engaging in these drills, and advancing in their understanding of small unit tactics is valuable feedback for an instructor and advisor on our skills."

The Marine Corps JWTC further enhances the Green Berets' mission capabilities, offering a low cost, highly versatile training platform across more than 8,700 acres of heavily vegetated, mountainous terrain, according to the JWTC cadre.

"In preparation for high-intensity conflict against a near-peer adversary, our training methodology must adapt from our experiences conducting counter terrorism and counter insurgency in Iraq and Afghanistan," said the Special Forces detachment

company commander. "The opportunity to enhance our relationship with the Marine cadre at the JWTC has enabled my teams to train in the jungle, reinforcing the skills we require for this near-peer high intensity conflict."

"The JWTC has been a great asset to us," added the SF medical sergeant. "The command team there has a pragmatic view on training and has enabled our training plan alongside all the other courses they operate, and they put in a tremendous amount of effort to ensure our training objectives were being met."

U.S. military organizations across Okinawa continue to develop and enhance training strategies to increase joint force lethality, strengthen alliances, and attract new partners. The Special Forces from 1st Battalion, 1st Special Forces Group (Airborne) and Airmen from Kadena Air Force base train to win.

"Every country we operate in, we enhance our partnerships and alliances with our foreign counterparts," said the SF detachment commander. "When it comes to security, we are the preferred partner choice that shares their values and principles. The U.S. is ready to assist them in preserving their sovereignty, and will maintain the rules-based free and open Indo-Pacific that has assured an unparalleled prosperity in the last 30 years."

Kadena Air Base Weekly Newspaper 嘉手納基地公式新聞です



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Celebrating Air Force's 72nd birthday

By Halle Thornton

50th Space Wing Public Affairs

9/17/2019 - SCHRIEVER AIR FORCE BASE, Colo. — Former President Harry S. Truman signed the National Security Act, establishing the Air Force as a separate, independent military service, July 26, 1947. On Sept. 18, 1947, the Air Force was officially established.

This year marks the 72nd birthday of the United States Air Force, and the theme, "Frontiers of Blue...This is 72!" focuses on heritage, warfighting capability and innovation.

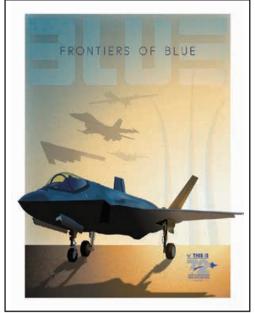
"Our heritage officially started in 1947, but our roots reach farther back," said acting Secretary of the Air Force Matthew Donovan. "Our story began with a garage startup, two bicycle mechanics, and an airplane. Today we're going faster, higher and smarter than ever before in air, space and cyberspace domains."

Donovan, Gen. David Golfein, Air Force Chief of Staff and Chief Master Sgt. Kaleth O. Wright of the Air Force, said the key to warfighting success is working alongside joint partners and allies in every corner of the world, on every mission, across multi-domain operations.

"Breaking barriers through innovation takes top talent, and Airmen are our most valuable resource," they said. "The success of our Air Force hinges on the professionalism, dedication, skill and heroism of each of you. To win future conflicts we must be bold, continue to seek out innovators and develop leaders who will deliver the competitive edge we need for tomorrow."

Paul Aldrich, 50th Space Wing director of small business programs, said celebrating the Air Force's birthday helps shed light and remembrance of when the Air Force became its own branch of service.

"It's been over 70 years, and look at all the



(Created by the Secretary of the Air Force, Public Affairs, Command

accomplishments the Air Force has made over these years," he said.

Aldrich mentioned the impact Schriever Air Force Base and other bases in Colorado have made across the world.

"Here in Colorado we track Santa via our satellites," he said. "There has also been two presidents who served in the Air Force [Army Air Forces], Reagan and George W. I have been proud to serve over 20 years. The future is so bright for all of us."

Both Aldrich and Wright emphasized the importance of the younger generation's part in the bigger picture that is the Air Force.

"You and your families are woven into the fabric of this great heritage and we are honored to serve alongside you," Donovan, Goldfein and Wright said. "Join us in wishing a happy 72nd birthday to the United States Air Force."

Team Kadena pauses operations to recharge, assist each other

By 18th Wing Public Affairs

9/16/2019 - KADENA AIR BASE — On Sept. 9th, the 18th Wing held its Resilience Tactical Pause focused on reinforcing a resilient culture, breaking down barriers to help-seeking and getting feedback from Airmen. The day began with a Commander's Call led by Brig. Gen. Joel Carey, 18th Wing commander, with guest speaker, Chief Master Sgt. John Chacon, 18th Civil Engineer operations flight superintendent, followed by time spent with each Airman's respective squadron.

"We wanted to take some time and focus on something near and dear to my heart... all of you," said Brig. Gen. Joel Carey, 18th Wing commander. "Many of us in this room have known someone who has decided to take their own life."

Commanders across the wing followed Carey's lead and spent the day engaged with their teams in order to improve unit connectedness and enhance a climate that fosters resilience while promoting help-seeking behaviors when necessary.

Chacon shared his personal story and how he overcame the stressors he faced

"My message to Airmen would be if you have a choice to be a Warrior or a worrier... Always choose the WARRIOR! Being a 'Warrior' is a mindset. After telling my story, I get asked if I would do it all over again; my answer is simply, YES! I have no regrets, however I want all Airmen to do it better than I have," said Chacon. "Do things smarter, faster and stronger, and get help sooner."

The Resilience Tactical Pause is the start of an ongoing dialogue between members of the 18th Wing to increase the well-being of every Airman. The collected feedback will drive changes to programs if necessary, as well as create more effective ways to empower leaders at the lowest level.

"Every one of us is effected by something like money, friends, family, health, or even career," said Carey. "I'm effected by those things as well, so how do we cope? How do we handle those situations? How do we bounce back and grow stronger from those circumstances in our lives? Today, we're going to figure that out together."

Following Carey's charge, squadrons broke out into small groups for Airmen to discuss some of the stressors they face day-to-day and worked together to brainstorm solutions.

"Warriors started off as worriers, but we become stronger when get help. Be great wingmen and take care of each other, this goes for our family and our military family," said Chacon.

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BHOP helps address mental health related issues

By Staff Sgt. Benjamin Sutton

18th Wing Public Affairs
9/15/2019 - KADENA AIR BASE

— According to the U.S. Department of Health and Human Services, nearly half of people with a treatable behavioral health disorder do not seek help from behavioral health professionals.

The KAB Behavioral Health Optimization Program seeks to bridge this gap by providing behavioral health care in a primary care setting.

"BHOP services are available within the family health care clinic to assist with optimizing your overall health and is available to all 18th Medical Group beneficiaries including active duty, their dependents/families, and retirees," said Maj. Laura M. Boylan, 18th MDG BHOP element chief. "The initial BHOP appointment lasts about 20-30 minutes with follow-ups lasting about 15-30 minutes."

According to Boylan, the BHOP team includes a patient's primary care manager, an Internal Behavioral Health Consultant, and can include a Behavioral Health Care Facilitator. The IBHC is a specialized trained psychologist or social worker who assists patients and their PCM team focus on barriers that may interfere with their current functioning.



(U.S. Air Force graphic by Naoko Shimoji

"IBHCs are trained to help patients and the care team focus on behavior change versus traditional psychotherapy," said Boylan. "The IBHCs provide recommendations to patients and their PCM team and if a patient requires a specialty care referral we can help with that as well."

The BHCF is a registered nurse with specialized training providing supportive collaborative care for patients diagnosed with Depression, Anxiety, and/or PTSD.

"Most behavioral health care facilitator appointments are conducted over the phone," Boylan continued. "Our team can offer assistance with habits, behaviors, or emotional concerns beginning to interfere with daily life. We can also assist with other issues like pain, headaches, sleep issues, issues with concentration, asthma, smoking, weight loss, diabetes, or heart disease."

These issues can compound stress and can lead to depression,

post-traumatic stress disorder, or general anxiety disorders. Often times, problems resulting in adverse mental health effects can be addressed by primary care providers through the support of behavioral health services.

"Seeking help early is highly recommended," Boylan stated. "As a team, we assist people with improving their overall quality of life. When patients use our services as their first stop for their emotional and mental health needs they pro-

vide themselves the opportunity to prevent conditions all together or prevent them from becoming worse."

The goal of the BHOP clinic is to help patients and providers reach desired and realistic health outcomes.

"Many people express concern about coming in to see behavior health of any kind due to the fear it may impact their profession," said Mr. Ernesto Caraveo, 18th MDG clinical psychologist with the BHOP clinic. "It has been my experience working in the military system for almost 10 years that seeking help has little to no effect on most people's careers. It really tends to harm people's careers when they don't come and see us and things in their lives get worse to a level they can no longer manage on their own."

A person interested in BHOP services can speak with their PCM and get referred to BHOP, often patients can be seen the same day, or they can call the appointment line to schedule a BHOP appt.

"An ounce of prevention is worth a pound of cure," said Caraveo. "We are here to help people get back on track rather than doing something negative that can ultimately affect their career or personal life in a significant negative way."

Airfield Exercise Boosts US-JPN Alliance





⟨ U.S. Air Force
 18th Civil Engineer
 Squadron and Japan
 Air Self-Defense Force
 Southwestern Civil
 Engineering Group
 service members
 conduct a rapid airfield
 damage repair exercise
 Aug. 30, at Naha Air
 Base



(U.S. Air Force photos by Staff Sgt. Peter Reft)

Airmen from the U.S. Air Force
and Japan Air Self-Defense Force
huddle up prior to a rapid airfield
damage repair exercise Aug. 30, at
Naha Air Base. The exercise was
part of a week-long bilateral partnership-building program, enhancing
interoperability and preparedness
between the two nations to jointly respond to contingencies.

√18th Civil Engineer Squadron and Japan Air Self-Defense Force Southwestern Civil Engineering Group service members prepare a site for concrete pouring during a rapid airfield damage repair exercise.



✓ Japan Air Self Defense Force Airman
 1st Class Matsusaka,
 from the Southwestern
 Civil Engineering
 Group, shovels
 materials for concrete
 production during a
 rapid airfield damage
 repair exercise Aug. 30,
 at Naha Air Base.



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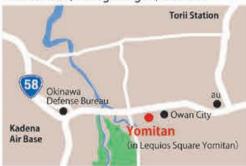
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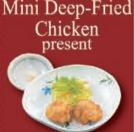
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USO holds 2nd annual car show



By Lance Cpl. Kindo Go

Marine Corps Installations Pacific 9/14/2019 - CAMP FOSTER Members of the local and U.S. communicates, young and old, lined the Camp Foster flea market parking lot with over 100 cars, September 14, to share their love for cars and car culture.

They gathered as part of the United Service Organizations' 2nd annual car show.

The car show started with participants locating the perfect spot to park their car for display. It didn't take long before the air was filled with a symphony of revving engines.

The USO hosts events such as this to foster relationships between the local and U.S. communities.

"A lot of service members who come to the island tend to want to buy a Japanese car,

because they're awesome," said Amber Craig, a field programs coordinator with USO Okinawa. "I wanted to make this an open base event so we could have locals bring their Japanese cars and have both the service members and locals interact with each other through a fun event, and their love for cars."

Japanese Domestic Market cars have built a reputation among car enthusiasts and in car culture. For Michael Patrick, Okinawa is the best place to be show his admiration for JDMs and the people who build them.

"I love cars, and I love car people," said Patrick, a jet engine mechanic with 961st Aircraft Maintenance Unit on Kadena Air Base. "I love being around people who like to build and modify fast cars. Those people include the locals here on Oki(U.S. Marine Corps photo by Lance Cpl. Kindo Go)

nawa and this event lets us reach out and interact with them. We may not always understand what we say to each other, but I believe we can old build bonds over things we like."

The 2nd annual car show was a success, according to Craig. The event had a larger turnout than last year, featuring over 50 additional cars.

"We always want to have more interactions with locals like this. We did a lot of marketing for this event, and we always encourage everyone to come. This is an excellent event where everyone can mingle and have with each other, while sharing their love for cars."

The USO strengthens America's military service members by keeping them connected to family, home and country, throughout their service to the nation.

P-8A Poseidon finds missing vessel in South Pacific; all passengers safe



 A US Navy P-8A Poseidon aircraft from Patrol Squadron (VP) 5, the "Mad Foxes" located a vessel Sept. 14 that had been missing nearly a week

By 7th Fleet Public **Affairs**

9/15/2019 - CHUUK, Federated States of Micronesia — A US Navy P-8A Poseidon aircraft from Patrol Squadron (VP) 5, the "Mad Foxes," located a vessel Sept. 14 that had been missing nearly a week.

Guam received a report of an overdue vessel Sept. 10 after a vessel carrying four adults and three children went missing from Lukunor Atoll Sept. 8.

The 7th Fleet Maritime Patrol (MPRA) began supporting the search and rescue (SAR) effort Sept. 11. The squadron moved on short notice from Kadena Air Force Base, Japan to Andersen Air Force Base, Guam.

The VP-5 aircraft located the vessel mid-afternoon on Sept. 14, and notified the U.S. Coast Guard after finding it dead in the water.

station while a patrol craft from the Federated States of Micronesia was notified of the vessel's location and was able to take all seven passengers aboard unassisted. The passengers were transported to a hospital in Pohnpei.

The "Mad Foxes", based in Jacksonville, Florida, are operating out of Kadena Air Force Base in Okinawa. The detachment is conducting maritime patrol and reconnaissance as well as theater outreach operations within U.S. 7th Fleet area of operations.



Okinawa welcomes new chiefs during Pinning Ceremony

By Petty Officer 2nd Class Matthew Dickinson

Commander, Fleet Activities, Okinawa

9/13/2019 - KADENA AIR BASE — Chief selects stood at attention, shoulder to shoulder on the dimly lit stage of the Keystone Theater on Kadena Air Base, Okinawa Japan, eagerly awaiting their anchors during the FY20 Chief Pinning Ceremony, Sept. 12.

Guest speaker, Command Master Chief Jonathon M. Carter, 3rd Marine Logistics Group said, "Every day when you're wearing that uniform, you do it with a high level of moral character, because everybody is looking for Chief."

The ceremony was the finale of a training period known as Chief Petty Officer 365 (CPO 365), which is designed to strengthen leadership skills and provide a better understanding of what it means to be a U.S. Navy chief.

Carter continued, "It's about being all in every day, and being leaders in our Navy, winning and fighting wars, that's what being a chief is about."

Family members and friends pinned two gold anchors on each newly appointed chief's collar as their sponsors placed a combination cover on their head.

"I was exhilarated, beyond happy," said Chief Personnel Specialist Glenn Natividad, from San Jose, Calif., assigned to Personnel Support Detachment Okinawa, "Grateful, happy and at the same time, that feeling that you don't know stepping into a new set of responsibilities, not really a fear, just anxiousness, going from first class to being 'the chief' not a selectee, or acting chief, but 'the chief'."

The selectees included personnel



(U.S. Navy photo by Mass Communication Specialist 2nd Class Matthew Dickinson

assigned to Commander Fleet Activities Okinawa, U.S. Naval Hospital Okinawa, III Marine Expeditionary Force, Naval Mobile Construction Battalion 4, Patrol and Reconnaissance Squadron 5 and NAVSUP Fleet Logistics Center.

During the CPO 365 process, participants endured long hours, , putting strain not only on the selectees but the chiefs that are training them as well.

"They (family) did the sacrifice as well, being here, long extended hours, working on weekends, my family was understanding" said Natividad. "The chief's mess, they were always there, they had the patience to guide us, to mentor us, to teach us, to train us to be a part of the chief's mess, part of the team."

When a Sailor is promoted to the rank of chief petty officer, he or she incurs greater

responsibilities and expectations. They will spend more time than they have ever spent before leading junior Sailors to accomplish the Navy's mission.

The rank of chief petty officer was created on April 1, 1893, formalizing a tradition that consisted of the senior, most experienced, rated Sailor as the "chief" Sailor, who was designated by the commanding officer as the one in charge of his peers.









Seabees Bring Improved Construction Capability to the Indo-Pacific



Seabees assigned to Naval Mobile Construction Battalion (NMCB) 4 conducts a mobile asphalt batch plant setup with NMCB 11 crane support, Aug. 21.



Equipment Operator Constructionman Sarah Ketchum, assigned to NMCB 4, prepares to lift assembled concrete formwork to the roof of the Explosive Ordinance Disposal storage building, Aug. 20.

Steelworker 3rd Class Kyle Lunt and Utilitiesman 3rd Class Kyle Webb, both assigned to NMCB 4, check the formwork or the roof ensuring it stays in quality compliance, Aug. 19.

(U.S. Navy photos by Steelworker 3rd Class Matthew A

By Naval Mobile

Construction Battalion 4

8/24/2019 - Santa Rita, GUAM — Forward-deployed Seabees assigned to Naval Mobile Construction Battalion (NMCB) 4 are working with their counterparts in NMCB 11 to set up a mobile asphalt batch plant that was shipped forward from Port Hueneme, Calif.

The asphalt batch plant was deployed to Guam to support future operations throughout the Indo-Pacific (INDOPACOM) region by manufacturing asphalt pavement wherever it is deployed. The batch plant will provide deployed NMCBs with additional capabilities not currently available in the area of operations.

"Setting up the Asphalt Batch Plant at Naval Base Guam gives Seabees the ability to construct new infrastructure," said Equipment Operator 2nd Class Orlando Lugo. "It enables rotating battalions to gain crucial experience in paving operations and troubleshooting an asphalt batch plant, which directly affects MCO [major combat operation] readiness throughout the INDOPACOM theatre."

Adding the asphalt batch plant capabilities to the deployed Seabees in Guam required teamwork between multiple commands and numerous military and civilian personnel.

"The reason that I feel like the arrival of the asphalt batch plant is such a historic event, is because of the amount of effort it has taken to get it this far," said Equipment Operator 1st Class Henry J Pugh III. "I had no idea how much work

and dedication that it would take to ship the asphalt batch plant across the Pacific Ocean from Port Hueneme to Guam. I have had the pleasure of working with civilians from the Construction Equipment Division in Port Hueneme, Port Authority members, gate guards, Environmental Protection Agency, Fire Departments, Naval Facilities Engineering Command representatives, 30th Naval Construction Regiment members, adjacent units and everyone in between in order to assist in getting the plant to its destination."

Getting the plant to Guam is only the first step in expanding that capability to the entire region.

"I feel that it will drastically enhance the Naval Construction Force's capabilities and put us in the forefront of contingency operations," said Pugh. "By successfully setting up this plant in Guam, we have the capability to disassemble the plant, ship it, and erect it anywhere in the region. It will keep our planes and aerial warfighters where they belong, in the sky and not be downed due to untimely runway repairs from predated methods. It will enable the safe passage on supply routes as well as making it possible to park vehicles on improved surfaces without the fear of having to keep valuable equipment in harsh terrain. NMCB 4 is forward-deployed throughout the Indo-Pacific region ready to support major combat operations, humanitarian assistance and disaster relief and to provide general engineering and civil support to U.S. and joint forces.

H&S BN runs to remember 9/11



(U.S. Marine Corps photo by Cpl. Nicole Rogge)

A Marine from Headquarters and Support Battalion, participates in a remembrance run Sept. 11, on Camp Foster.

By Lance Cpl. Nicole Rogge

Marine Corps Installations Pacific

9/11/2019 - CAMP FOSTER — Marines and sailors with Headquarters and Support Battalion participated in a remembrance run at Camp Foster, Okinawa, September 11, honoring lives lost during the 9/11 attacks against America.

About 300 Marines and sailors from Alpha and Bravo Company each completed five and a half miles around the base perimeter to represent the eleventh day of September.

Nearly 3,000 Americans lost their lives as a result of the 9/11 attacks.

"It's been 18 years since the attacks," said 1st Sgt. Thomas W. Tabisz, the bravo company first sergeant with Headquarters and Support Battalion, Marine Corps Installations Pacific. "Being so far away from America, out here in Okinawa, I thought it was especially important to remember."

During morning colors, the American flag was positioned at half-mast to signify a time of mourning for those who sacrificed and continue to sacrifice themselves for their country.

"It was a day that obviously changed my life forever and a day that I knew we were going to war," said Capt. Jessica De Maria, bravo company commander with Headquarters and Support Battalion, Marine Corps Installations Pacific. "I remember watching the news, and seeing

the twin towers go down, and I knew we were going to war."

De Maria explained that during her childhood she saw firsthand the effects of 9/11 on close friends and family.

"Watching people deploy, and giving everything they have, the least I could do was give all I've got, so here I am today," said De Maria.

By direction of the President, 9/11 observance day, or Patriot Day as a mark of respect to those who died on September 11, 2001.



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U.S. MARINES COMPLETE SIMULATED SEQUENTIAL EXPEDITIONARY OPERATION AT IE SHIMA TRAINING FACILITY

Marines with Echo Company, Battalion Landing Team, 2nd Battalion, 1st Marines, 31st Marine Expeditionary Unit, post security during a simulated airfield seizure after a long-range raid from the amphibious assault ship USS Wasp (LHD 1) at le Shima Training Facility, Aug. 12.

(U.S. Marine Corps photo by Lance-Cpt, Kenny Nunez Bigay)

By 2nd Lt. Jonathan Coronel
31st Marine Expeditionary Unit

9/11/2019 - CAMP HANSEN — U.S. Marines with the 31st Marine Expeditionary Unit executed a simulated airfield seizure from ships of the Wasp Amphibious Ready Group to Ie Shima Training Facility in order to set conditions to establish a forward arming and refueling point (FARP).

Prior to seizing the airfield at Ie Shima Training Facility, Reconnaissance Marines with the 31st MEU's Amphibious Reconnaissance Platoon conducted a high altitude low opening parachute jump onto the island to conduct reconnaissance and surveillance of the area. After the reconnaissance team finished surveilling the airfield, Marines with Echo Company, Battalion Landing Team, 2nd Battalion,1st Marines, vertically inserted via MV-22B Osprey tiltrotor aircraft from the USS Wasp (LHD 1) more than 250 miles away, rapidly seizing the objective in just over one hour.

After perimeter security was set at the airfield, a CH-53E Super Stallion air-delivered three crates with the Helicopter

Expeditionary Refueling System equipment necessary to establish a FARP. Next, Marines from I Marine Aircraft Wing, Marine Medium Tiltrotor Squadron 265 (Reinforced), and Echo Company moved the gear from the drop zone and began FARP set-up. From delivery to completion, the FARP, which consisted of 5,500 lbs. of fuel delivered by a CH-53E, was set up in four and a half hours.

With the airfield seized and the FARP established, the MEU demonstrated a long-range CASEVAC via KC-130. The airfield seizure involved the 31st MEU subordinate units VMM-265 (REIN) and Echo Company from the Battalion Landing Team, and U.S. Air Force 353rd Special Operations Group (SOG) medical technicians. While coordinating with the FARP officer-in-charge 1st Lieutenant Guirong Cai and the Marine Air Traffic Control Mobile Team on the runway, the KC-130 landed within Echo Company's security cordon. Ten simulated casualties were treated by three medical technicians from 353rd SOG and given blood transfusions before being loaded into the KC-130 for in-flight medical treatment en route to Marine Corps Air Station Futenma.

"The speed with which the Marines were able to establish the FARP demonstrates a capability that is critical to conducting expeditionary operations in a contested environment. Their proficiency in swiftly setting up a refueling point with 5,500 pounds of fuel demonstrates the 31st MEU's ability to rapidly refuel and redeploy our air assets as the mission requires," said Cai.

Overall, from the initial insertion of Reconnaissance Marines to the ground treatment of simulated casualties, the operation was successfully executed in 11 hours, quickly followed by the CASEVAC and with Echo Company prepared for follow-on expeditionary operations.

As the primary forward-Marine presence in the Indo-Pacific region, III Marine Expeditionary Force prides itself on being able to rapidly conduct sequential expeditionary operations, according to Maj. Anthony Cesaro, Air Officer with the 31st

MEU

This event demonstrates the speed and flexibility of the 31st MEU to quickly seize a limited objective from a significant distance with nothing but airborne assets. In addition, the forces ashore were able to set conditions to support not only rotary wing and tiltrotor FARP operations, but also support larger fixed wing aircraft, such as KC-130s," said Cesaro. "Furthermore, the simulated long-range joint casualty evacuation exhibited one option the commander would have to help get wounded personnel from an austere forward location back to a higher level of medical care. This type of raid gives the commanders in the Indo-Pacific region the ability to project power and conduct expeditionary operations in a potentially contested littoral environment."

The 31st Marine Expeditionary Unit, the Marine Corps' only continuously forward-deployed MEU, provides a flexible and lethal force ready to perform a wide range of military operations as the premier crisis response force in the Indo-Pacific region.



Kadena Air Base Community Notes

NOTICE Think Before You Drink

Did you know there have 15 SOFA members caught drinking and driving in 2019. Don't become a statistic. Think before you drink. Don't drive - call a ride. For a safe ride home call these numbers: Kadena Taxi at 098-970-8888(option 8) / Panda Taxi (off base) 098-937-8989. / Daiko 098-932-4035.

Partial road closure

The Partial road on Schreiber Ave (near bldg. 3409), will be closing from Sept. 1 to Dec. 19 / 24 hours daily. Flaggers and temporary traffic lights will be posted. For more information, contact Akira Fair at 634-4879.

Group exercise instructor wanted

The Risner Fitness Center and Sports Complex is looking for new certified group exercise instructors. All DoD and SOFA status members are welcomed to apply. If interested or more information, contact Rebecca Taylor at rstaylor969@aol.com or the Risner Fitness Center at 634-5128.

Disposition of Personal Effects. Tech. Sgt. Michael Hopson

1st Lt. Matthew Dehr is authorized to make disposition of personal effects for Tech. Sgt. Michael Hopson, deceased, 353rd SOSS/ UTM, as stated in AFI 34-244, Disposition of Personal Property and Effects. Any person having claims for or against Tech. Sgt. Michael Hopson should contact 1st Lt. Matthew Dehr at DSN 634-1012.

Housing Office Closure

The Kadena DOD Family Housing Office, Camp Kinser Office, Camp Courtney Office, Camp Foster, Furnishing Management Section and Furnishing Management Section Self-Help and Appliance Repair will be closed September 25th for a squadron function. For emergency assistance, please contact 634To submit an announcement for the base bulletin, please visit www.kadena.af.mil or send info@samuraigate.jp

HOME (4663). INFORMATION

Kadena and Camp Foster **Emergency Numbers**

Kadena Fire Emergency Services reminds everyone to program their cell phones with the emergency numbers. To report an emergency on Kadena via cell, dial 098-934-5911, and from an office phone, dial 911. For Camp Foster via cell, dial 098-911-1911, or from an office phone, dial 911.

AADD: We Get You Home Safe

Did you drink tonight? Made a plan but it's falling through? Can't catch a cab? If any of this applies to you, call AADD. Don't risk it all, when you can get a ride home for free. To contact AADD from a cell phone number, dial 098-961-1110 and ask for the USO, or dial DSN: 634-3889. We're open Fridays and Saturdays at the USO (gate 2) from 2200 to 0100 and we're here to help. If you have any questions and/or concerns, please email our Org Box or contact us on Facebook: Kadena

18th Wing Equal Opportunity

Do you face concerns of unlawful discrimination or sexual harassment? If so, Kadena AB leadership maintains a strict "zero-tolerance" policy pertaining to discriminatory behavior. If you feel you are being unlawfully discriminated against, to include sexual harassment, take action. We encourage members to use the chain of command first to resolve issues at the lowest level. However, you can also contact the EO office at 634-2571 to set up an appointment; or you may visit our office. Please note that the EO office will not accept a formal complaint more than 60 calendar days for military and 45 calendar days for civilian complaints after the alleged offense occurred without sufficient justification.

How to File a Complaint with IG

If you believe you are unable to resolve your complaint through supervisory channels, you may seek IG assistance to determine if the complaint should be filed with the IG. You can file a complaint if you reasonably believe inappropriate conduct has occurred or a violation of law, policy, procedures, or regulation has been committed. Complete the personnel data information on an AF Form 102 and briefly outline the facts and relevant information related to the issue or complaint. List the allegations of wrongdoing briefly, in general terms and provide supporting narrative detail and documents later, when interviewed by an IG person. Allegations should be written as bullets and should answer who committed the violation; what violation was committed; what law, regulation, procedures, or policy was violated; when did the violation occur. Help is available: Call your Kadena IG office at 634-7622 for Maj Sarabia, 634-2768 for SMSgt Aguirre, or leave a message on the Kadena Fraud, Waste, & Abuse (FWA) Hotline at 634-0404.

WIC Overseas Program Enrollment and Eligibility

The Women, Infants and Children Overseas program is a supplemental nutrition program designed for pregnant, postpartum, and breastfeeding women, infants and children up to the age of 5. As a WIC Overseas participant. you can receive nutrition education in the form of individual counseling and group classes, breastfeeding support, supplemental foods such as milk, juice, cheese, cereal, eggs, and fresh fruits and vegetables, and referrals to other health care agencies. For more information, check financial/residential eligibility, visit or call WIC Overseas.

All of WIC can be reached at 645-WICO (9426) or from a cell phone at 098-970-9426.

(Options 1- Camp Foster; 2- Kadena Air Base; 3-Camp Kinser; 4- Camp Courtney) Kadena

Air Base (Bldg. 428) Camp Foster (Bldg. 5674) Camp Courtney (Bldg. 4408) Camp Kinser (Bldg. 107 Rm. 121)

Receipt of Legal Proceedings against the United States

If you or your family members ever receive through the mail, electronic media, or in person any written notice of legal action against the United States or the USAF to include a writ, summons, notice of legal proceedings, or any other foreign civil process, IMMEDIATELY send or deliver it to the Legal Office for appropriate actions.

TRICARE Online

The TRICARE Online (TOL) can be accessed via www.TRICAREOnline.com Access TOL with your CAC, DFAS myPay, or Premium DS Logon account.

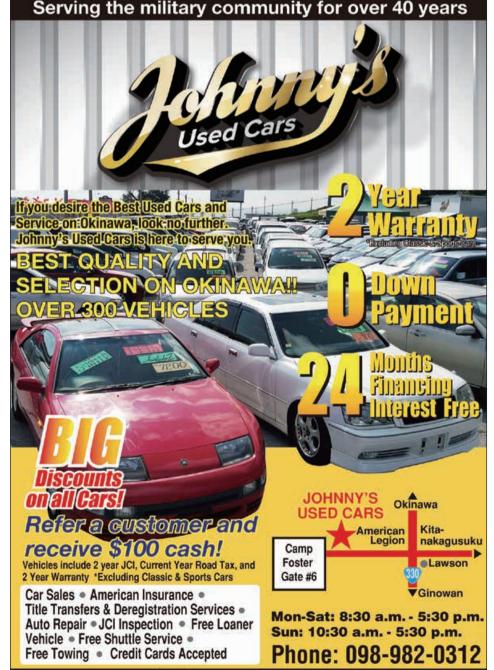
TOL Capabilities:

- · Appointments- make, cancel, receive emails, etc.
- · Refills- refills are just an easy, quick click away via TOL. You can check the status of your prescription and pick up at the pharmacy.
- · Health Record- select this option to view, download, print, or share your lab results, immunizations, radiology results, medication profile, allergy profile, encounters, problem lists, and vital signs.
- · Service Separation/Retirement- access AD and reserve service separation information and services to include filing a preseparation claim with the VA.
- · Secure Messaging- access secure messaging to communicate confidentially with your health care team.
- · Nurse Advice Line- talk to a registered nurse for health care advice, ask questions, or find out if you should get care. If you are having any issues with the site, please contact DHA Global Service Center

(GSC) for assistance at 1-800-600-9332 or

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gmail.com



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Public Affairs Photo Studio The Public Affairs photo studio is open Mon - Thurs from 9 - 11 a.m. and 1 - 4 p.m. Appointments are available in halfhour increments. Award, bio or package submission photos are scheduled Mon. - Wed. Full length photos are only available on Thursday. Official Passport photos are by appointment only until further notice, Mon. -Fri., and require a letter or voucher from your UDM or the passport office. For questions or scheduling, please call 634-3813 / 634-4013. Photos are for official use only.

Attention all Organizational Tank Custodians

The last day to put in orders for contract fuel receipts will be September 23rd at 10:30 a.m. for a delivery date of September 25th and will resume ordering processes October 1st. This process is done to ensure a smooth accounting process for our End-of-Year (FY19) closeout. For more information / concerns, contact the Fuels Service Center at 634-3773/2338.

Parent Support Group for Special Needs Families interested in Learning Tools and Strategies in an ever changing Environment

The Parent Support Group for Special Needs Families topic discussion with monthly guest speaker will be held every first Thursday of the month at Airman and Family Readiness Center from noon to 1 p.m. For more information, contact Jeff Sweeney / Alexis Holsey at 634-3366.

Blood Drive

The 18 CPTS will host a blood drive at the Risner Fitness Center from 10 a.m. to 2 p.m. Thursday, Oct. 10. Help support our military community and receive a letter of appreciation with volunteer hours, FREE snacks, beverages, and a t-shirt. For more information, contact TSgt David Ansay or SSgt Alex Westing at 634-5086.

UPCOMING EVENTS Eagle Open House

Come meet those who fly, maintain and

support the World's Greatest Air Superiority Fighter on October 19th from 1:44 p.m. to 6:00 p.m. at the 44th Fighter Squadron, bldg 3384, on Kadena Air Base. Hear about a day in the life of a fighter pilot and talk to the maintainers who keep the jets flying. The event is open to all with base access. For more information, contact Captain Brandon Maxson at brandon.maxson.1@us.af.mil or DSN: 315-634-1831.

Air National Guard Palace Front / Palace Chase Briefing

The Air National Guard Palace Front / Palace Chase Briefing is held September 25th at 9:30 a.m., at the MPF Bldg. 721B 2nd Floor Training Room. For more information, contact Master Sgt. AutumnRose Johnson at 634-6470.

Armed Service Blood Bank Drive

The 18th Dental Squadron is hosting a blood drive on behalf of the Armed Services Blood Bank Center. Help support the military community in the INDOPACOM area of operation by donating blood on behalf of service members, dependent family members, civilians, and retirees in their most crucial time of need. It is walk-in only so please plan for the donation process to take about 45 minutes. For more information / signing up, email Senior Airman Mekenzie Mazur at mekenzie.k.mazur.mil@mail.mil.

AFA Keystone Chapter 502 Softball Tournament

The Air Force Association is hosting a softball tournament Sept. 28th and 29th (rain dates: Oct. 12th and 13th) at Four Diamonds field from 9 a.m. to 10 p.m. to help raise money for the community and the base (Lego robotics, air power week, ect.). Cash prizes will be awarded to the top three teams and first place will win a Monsta bat (with cash prize). For more information, contact Staff Sgt. Chelsea Montag at crmartin658@gmail.com or Staff Sgt. Justin Torres at torres06022@ vahoo.com.

VOLUNTEER OPPORTUNITIES Come volunteer at "The Wired Bean"

The Wired Bean is a home away from home for our junior enlisted and we need E-4s and above to volunteer to monitor the facility and check out equipment. Please sign up using the link below or email Melissa Rafferty for more information at rafferty515@yahoo.com.

Kadena Middle School Military Mentor Monday

The Kadena Middle School is looking for

mentors who are willing and able to assist / support middle school students in academics and age-appropriate social interactions. "The intent of the Military Mentor Monday Program or (MMMP) is to build an on-going relationship between our local military community and DoDEA schools as well as provide positive role models to the students" (Pacific South Continuous School Improvement, 2019). This will take place at KDMS in various locations on the campus. Volunteers are needed every Monday to assist from 7:30 a.m. to 2:30 p.m. To volunteer, please contact Ms. Traci Cooper at Traci.Cooper@dodea.edu or call 632-0217.



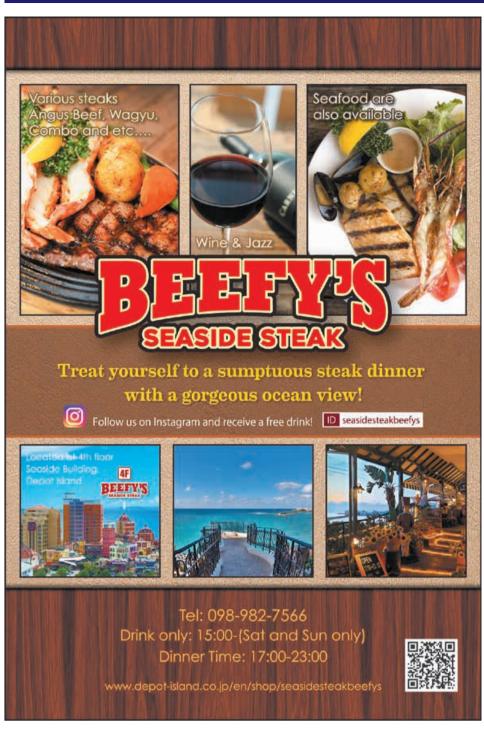


















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