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Resiliency in the midst of the reaper



Capt. Cole Holloway a pilot from the 67th Fighter Squadron, looks at an F-15C Eagle Dec. 14, 2018, on Kadena Air Base.

(U.S. Air Force photo by Staff Sgt. Micaiah Anthony)

By Staff Sgt. Jessica H. Smith

18th Wing Public Affairs
8/22/2019 - KADENA AIR BASE — Born into a military family, U.S. Air Force Capt. Cole Holloway was destined to follow both his mother and father's footsteps into the U.S. Air Force — more specifically, to follow his father's aviation path and become a pilot.

Surrounded by Air Force aviators as role models, Holloway grew up being influenced by every type of pilot thinkable — from heavies to helicopters, his mentors flew everything imaginable.

"I grew up around airplanes —

I didn't think of anything else for my life ... that's what I was going to do from the time I could make words come out of my mouth," Holloway said. "My dad flew, so as soon as he could get me in an airplane, I was flying."

As time went on, his dream developed into something more ambitious — he wanted to be a fighter pilot. Holloway met his goal and accomplished his dream job — he successfully became a fighter pilot in the Air Force and ended up at Kadena Air Base, with the 67th Fighter Squadron, behind the stick of an F-15C Eagle.

"The simple act of flying tac-

tically with your bros in an incredibly advanced death machine is simultaneously the most nerve-wracking, exhilarating, painful and joyous experience you could have in your life," Holloway explained. "It's everything wrapped into one."

With moments of unbridled joy, anxious frustration, hours of tiresomeness followed by seconds of intensity, Holloway describes being a fighter pilot as the perfect combination of being a jock and nerd. Although he could talk for hours about the difficulties of his dream job, for him, the fun far exceeds any challenges he may face.

READ HOLLOWAY Page 2

Kadena, Okinawa dentists share best practices



(U.S. Air Force photo by Master Sgt. Amanda N. Junk)

Shiho Ikehara sits in a dental chair during the White Dental Clinic's tour of the 18th Dental Squadron clinic, Aug. 16. The tour took place for students to learn about the unique capabilities of the clinic at Kadena.

By Master Sgt. Amanda N. Junk

18th Wing Public Affairs
8/23/2019 - KADENA AIR BASE — Thirty-four students from Okinawa's White Dental Clinic toured the 18th Dental Squadron's clinic, Aug. 16, to learn the different capabilities between Japanese and American dental care facilities.

"This tour allowed us to strengthen bonds through the dental realm, and learn how care is performed from both an American and Japanese

READ DENTAL Page 3

Airman assists in saving drowned child



(U.S. Air Force photo by Senior Airman Rhett Isbell)

(Left) Master Sgt. Roger Halle, 18th Civil Engineer Squadron assistant chief of operations, is recognized for his assistance in saving a child's life, Aug. 19, at the Chatan Town Office. Halle assisted in performing cardiopulmonary resuscitation on the child, until the Araha Fire Department was able to arrive.

By Senior Airman Rhett Isbell

18th Wing Public Affairs
8/26/2019 - KADENA AIR BASE — For his acts of heroism, U.S. Air Force Master Sgt. Roger Halle, 18th Civil Engineer Squadron assistant chief of operations, was recognized by Masaharu Noguni, city of Chatan mayor, during a ceremony Aug. 19, at the Chatan Town Office.

Halle was recognized for his use of cardiopulmonary resuscitation to save a child at a local beach.

"I would like to recognize Mr. Halle's great achievement for his quick response," Noguni said. "Mr. Halle speedily and bravely saved a life by using his techniques from his profession."

After the ceremony, Halle spoke about the incident and how he managed to contribute to saving the boy.

"My family and I were at Araha beach and heard some screaming coming from the other side," Halle said. "We saw a man dragging a young boy out of the water. I went over and said, 'I'm a firefighter how can I help' and started assisting two

off-duty lifeguards with CPR. I would do the breathing for the child every thirty chest compressions and then about ten to fifteen minutes later the Araha Fire Department showed up and took over from there."

During the jumble of thoughts and emotions, Halle endured he was able to move confidently and swiftly to apply proper CPR methods because of the training he received for his occupation.

"As a firefighter, I'm CPR certified and that was what I used," Halle said. "Being in the fire service and receiving that training ... it's one of those things that kicks in. I felt prepared for the incident because of it. I didn't have to think about it, I just acted."

Halle felt humbled from being recognized and the mayor's acknowledgement. Feeling that most of his fellow service members would react the same as him.

"I was just thinking this is someone who needs help and I'll do whatever I can," Halle said. "I like to think most of us would do the exact same thing I did."



Kadena celebrates newest staff sergeants



▲ Col. George Vogel, 18th Wing Vice Commander, addresses the crowd as the Kadena Shoguns celebrate their newest staff sergeant selects during a celebration at Kadena Air Base, Aug. 23.

▶ The Kadena Shoguns celebrate their newest staff sergeant selects during a celebration at Kadena Air Base, Aug. 23. Across the 18th Wing, 380 senior airmen were selected for promotion to staff sergeant.



(U.S. Air Force photos by Staff Sgt. Benjamin Raughton)

HOLLOWAY from Page 1

But, early into his thrilling career, his dream came to a screeching halt.

"I knew something was wrong when I started developing some slight muscle weakness in my left hand," Holloway said. "I do a lot of things throughout everyday life that requires my left hand – even in the jet, there's a lot of fine motor skills in the left hand that you need – typing, playing video games ... kind of cued me in to something weird with my hand; I started being like 'something's weird with my body; it's not doing the normal stuff I expect it to do.'"

As time went on, his symptoms progressed.

"That coupled with the muscle weakness and like 12 other symptoms I started piecing together ... I didn't know exactly what was wrong, but you have a feeling and then by that point you go to the doctor – the diagnosis works itself out," he said.

In October of 2018, Holloway was given a diagnosis – amyotrophic lateral sclerosis – better known as ALS.

"I clearly knew Cole had been going to the doctor ... there was something wrong," Holloway's wife, Meghan Holloway said. "We had gone to Hawaii to get his official second opinion and diagnosis, so when we came back from that, I knew something was not right, because when things are good, people will tell you things are good."

Holloway had to tell his wife.

"We sat right here on this couch and he just started with 'this is clearly not good news,' and gave me the spiel that there's nothing any of us can do about what has

happened and the cards are the way they are," Meghan recalled. "In that moment, I was just like, 'keep talking to me, I just need more information; everything you know, I want to know.'"

ALS is a motor neuron disease that affects one's ability to move as well as some cognitive abilities. The progressive degenerative disease affects the nerve cells in the brain as well as the spinal cord. Whether it be genetic or environmental, there is no known cause or cure – it eventually leads to death.

As what some would still consider new-laws, the couple's life together was now set to be drastically different.

After dating briefly in high school, the pair reunited nearly seven years later. Upon reconnecting, the couple's love moved on the fast track, paving the way to what they thought would be forever, only to now be under a time-constraint.

"If someone would've told me two years earlier I would reconnect with Cole Holloway and then immediately marry him and then move across the country – and then across the world with him, I'd be like, 'you're crazy,'" Meghan laughed, "But somehow the stars aligned."

Considering the devastation of the news, Meghan remained unwavering.

"Not to say it was easy or anything, but overall I think I reacted better than he thought I would," she said. "I think him being open from the get-go helped me digest it a lot more; it's kind of strange to say, but he came well-prepared. He was my pillar in that moment – he had meticulously wrapped this awful gift to hand over to me

and did it with such grace that it was actually something I could digest in that moment."

As part of coping, Meghan immediately went into action and started planning for the upcoming changes in their lives.

"Weirdly enough, I'm not scared," she said. "I'm just ready to hit the ground running and kick ass with him ... do all of the crazy things we were going to do in the span of 50 years – now we're doing it in the span of two years."

The couple plans to travel, experience life and make the most of the unknown time they have left together.

"I'm going to hangout with my family and friends and make the most of the time I have left on earth," Holloway said. "Most people live two to five years after their diagnosis. We're hoping it's longer than that, but obviously there's no cure for it so, it is what it is; the cards have been dealt and I can't do anything aside from look at them and bet however I may."

While both Meghan and Holloway have taken the news fairly well, they're already seeing changes in their lives because of it. Not only has it affected Holloway physically, but mentally as well – maybe for the better.

"It has changed what I can do and how I interact with the world," he said. "My legacy going from this point on is to be a good friend, a good husband, a good family member and somebody who just enjoyed their time with the people they were around."

As a fighter pilot, thinking about the eventuality of death has actually better

equipped him to handle his terminal illness.

"Ultimately, I'm neutral about the whole thing because I believe I've prepared myself well for the eventuality of death, as weird as that may sound," Holloway sighed. "When something like this happens, it's going to affect you, but not nearly as much as it could somebody who hasn't put aside an hour of their life to think about their own mortality. So mentally, I am even stronger than I was before this."

For Meghan, it's taken some of the seriousness out of life.

"Small problems are small problems and everyone has them – just let them remain small," she said. "It's more important now than ever; when you have a shortened timeline, you shouldn't waste your time worrying about the little stuff."

On top of the whirlwind it created for his personal life, the diagnosis also impacted his professional life. Getting diagnosed with ALS means he's no longer able to fly and that he would be medically retiring.

"Now that I accomplished my dream it's kind of like a double-edged sword – I accomplished my dream but there's still so much to do past getting the title of being a fighter pilot ... being an Eagle driver," Holloway said. "Ultimately it kind of left a sour taste in my mouth knowing there's a lot left on the table."

In an already difficult time, Holloway was faced with even more hardship – does he tell his mother about his diagnosis?

His mother was previously diagnosed with an aggressive cancer that spread through her body and eventually to her

CONTINUED TO Page 5

Kadena Air Base Weekly Newspaper

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DENTAL from Page 1

standpoint,” said Tech. Sgt. Tamara Hennis, 18th DS chief of Preventive Dentistry. “We were able to gain valuable knowledge about how we provide care, and learn what is done differently regarding Japanese care.”

The Kadena dental clinic is the largest in Pacific Air Forces. Annually, the clinic sees 35,000 patients, providing comprehensive dental services, while also providing dental laboratory services to 44 tri-service dental treatment facilities.

“The hygiene students are currently in their second-year, and the feel of the tour was full of great optimism and positivity,” said Col. David Bowers-Evangelista, 18th DS commander. “They become great ambassadors of goodwill, telling the story of the standard

of care we provide and the level of sophistication.”

Keeping communication open between the local and Kadena dentists allows for families to receive better care in the local economy.

“The hygiene school’s professor, Dr. Tommy Kaneko is a local dentist who provides dental care for many dependents,” Bowers-Evangelista said. “Building our relationship and trust is critical to ensuring the highest quality dental care we can for our families.”

Kadena’s dental clinic currently has 15 local nationals who work daily with Airmen and their families.

“We want to build stronger US-Japanese relationships one smile at a time,” said Bowers-Evangelista.

The White Dental Clinic students pose for a group picture in front of the 18th Medical Group building on Aug. 16. The 18th Dental Squadron clinic hosted second-year hygiene students for a tour to learn about the unique capabilities of the dental clinic at Kadena.



(U.S. Air Force photo by Master Sgt. Amanda N. Junk)

Junior Sailor Association visits Children’s Center of Okinawa



(U.S. Navy photo by Mass Communication Specialist Seaman Sergio Montanez)

^ Sailors assigned to Patrol Squadron (VP) 5 Junior Sailor Association (JSA) visited the Children’s Center of Okinawa to interact with the local children as a community relations (COMREL) volunteer event, July 28.

By Seaman Sergio Montanez

Patrol Squadron 5
8/27/2019 — JSA is organized by Sailors from paygrades E-1 through E-5 as a way to promote morale, manage concerns and create volunteer events for Sailors wishing to get involved in the community.

JSA directors create, and follow through with fun ways for Sailors to give back to the community, but also develop essential skills of leadership and communication through the command. The current president of JSA is Petty Officer Second Class Kathryn Walker.

COMRELs allow Sailors to momentarily step away from the fast pace of deployment demands, and foster new friendships with our host communities by way of language exchanges and interacting with local children, said Walker.

Although Walker was unable to attend the COMREL, Petty Officer Second

Class John MacDonald, JSA Vice President, volunteered alongside nine other members at the center.

The Children’s Center of Okinawa provided the Sailors, and local children, with many activities such as sports and traditional Japanese games. The Sailors also read with the children and practiced English.

“Overall it was a great time, we enjoyed the fun we had with the kids,” said MacDonald. “JSA is looking to make a positive impact on the community, and will continue to create events for our members.”

VP-5 “Mad Foxes” are deployed to Kadena conducting maritime patrol and reconnaissance and theater outreach operations within U.S. 7th Fleet (C7F) area of operations in support of Commander, Task Force 72, C7F and U.S. Pacific Command objectives throughout the Indo-Asia Pacific region.

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US hosts experts from 16 countries at Indo-Pacific Safety Air Forces Exchange

By Staff Sgt. Hailey Haux

Pacific Air Forces Public Affairs
8/22/2019 - JOINT BASE PEARL HARBOR-HICKAM, Hawaii — Members from United States Indo-Pacific Command and Pacific Air Forces hosted the annual Indo-Pacific Safety Air Forces Exchange in Waikiki, Hawaii, August 19-23.

This year, the exchange involved the participation of 16 countries, in addition to the United States, throughout the Indo-Pacific region. The purpose of the ISAFE – which started in 2013 – is to facilitate high-level exchange of aviation safety concepts, processes and best practices to enhance proactive safety and risk management.

“Safety is a culture. Programs alone don’t work. We must find a way to make safety part of everything we do,” said United States Air Force Col. David Shoemaker, Pacific Air Forces chief of staff. “Now, programs are very important. They help focus us on those things that we need to think about as we make safety part of our culture. When we talk about risk, we’re talking about lives, and it’s our job to ensure that each of our nations’ air forces, each of our nations’ defense departments have that culture of safety.”

During the event, there

were discussions on various safety topics which included, proactive aviation safety, operations risk assessment and management, military exercise safety planning, Air National Guard flight safety, and aerospace physiology and human factors.

“We cannot predict the next mishap,” said Kevin Tibbs, United States Air Force Safety Center Airman Safety Action Program manager. “But if we inform our Airmen, they have great potential to help mitigate any possible risk.”

Attendees also received briefings from the different countries on topics ranging from best practices and challenges such as bird strikes, aircraft mishaps, accident investigations, trends, fatigue risk and conducting safety surveys in order to identify areas to focus on for future mishap prevention.

One country highlighted, it is even the small things that mitigate safety risks, mentioning they added reflective tape to stairs so they don’t pose as a hazard at night.

“There is a moral imperative to cause no harm to those who serve the nation,” said Royal Australian Air Force Group Capt. Nigel Ward, director of Defence Flights Safety Bureau. “Without aviation safety, there is no capability. We can’t afford



(U.S. Air Force photo by Staff Sgt. Hailey Haux) Attendees at the Indo-Pacific Safety Air Forces Exchange listen to a briefing on proactive aviation safety in Waikiki, Hawaii, Aug. 20.

to lose those precious people or our equipment because without those things, we don’t have a defence force, we don’t have that capability.”

During the exchange, participants separated into groups for breakout sessions in order to have more in-depth discussions on various matters.

“We are here to enhance our safety and to learn about other countries’ safety measures and to work better with everyone,” said Royal Thai Air Force Group Capt. Thawach Ruangpetch, director of Academic RTAF.

The ISAFE is all about sharing best ideas and practices so others can bring those ideas back to their work areas and enhance their own safety programs.

“We are finding we are doing things more and more

safely,” said Royal Canadian Air Force Col. John Alexander, director of Flight Safety. “Because of that, we aren’t getting the opportunity to learn lessons as much, so by sharing information between all of us, we can learn from one another and hopefully avoid it happening to ourselves.”

Mark Nunn, PACAF deputy director of Safety, outlined the importance and future of ISAFE, “This exchange is an outstanding opportunity for all of us to not only share our knowledge of safety and risk management, but to foster strong partnerships to influence positive cultural change. A culture of proactive safety across the Indo-Pacific region will not only save lives, but greatly enhance the preservation of our operational resources for the future.”

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HOLLOWAY from Page 2



Capt. Cole Holloway a pilot from the 67th Fighter Squadron, and his wife, Meghan Holloway, stand in front of an F-15C Eagle Dec. 14, 2018, on Kadena Air Base.

(U.S. Air Force photo by Staff Sgt. Micaiah Anthony)

brain, making Holloway uncertain whether burdening her with bad news was something he should do.

“The situation is exactly as it reads out – my mom’s got an aggressive terminal illness and I have one that’s maybe not as aggressive, but certainly just as terminal,” he said. “Everyone who is important to you, you have to tell them; the other end of that is my mom has this ticking time bomb of a grim reaper standing with his arm on her shoulder.”

With his mother’s timeline ever-present in his mind, Holloway decided not to tell her that her youngest son is also going to die from a terminal illness.

“When you make that decision, you just press with that decision and compartmentalize it in your brain and with your psyche and you go forward,” he explained. “I don’t think there is a right or wrong answer.”

Despite the obvious downside of his diagnosis, Holloway has found some positives to focus on.

“My silver lining in this experience is knowing that I could’ve been born in 1920s Soviet Union and had a one in five chance of making it to my 25th birthday,

but instead I was born in 21st century America,” he said, “I got to meet this crazy, awesome, beautiful wife of mine, I got to fly the coolest jet that man has ever created with the best bros you could ever ask for ... in my short little life I’ve gotten to do some awesome things and I can reflect on that and be happy.”

The diagnosis has brought on several realizations for Holloway and who he is as a person. This life changing experience has helped him recognize who he wants to be and how he wants to be remembered – however difficult it may be.

“My favorite quote is ‘be the man that others can rely on at your father’s funeral,’” he explained. “That means in times of dire consequence, be a pillar of strength – but the problem with this is, it’s not my father’s funeral, it’s my own. I’m trying to be this person people can rely on when they know the bad news is happening to me.”

He’s realized there’s so much more to life that defines him outside of being a fighter pilot.

“Obviously, becoming a fighter pilot takes a lot of effort and time, but if you took that away from me, what am I,” Holloway asked. “Hopefully what you still

have is a good dude, a good husband, a good brother, son, and friend. It’s liberating for me personally because I realize my family still loves me, my friends are still cool with me ... I’ve still got a lot to add.”

Throughout the shattering news and various trials, the couple seems to harbor no negativity and has found the diagnosis liberating in a sense.

“You’re defeated but there’s no one to be upset at; we can’t be upset at one another, we can’t be upset at the world and that’s weirdly freeing,” Meghan explained. “I hope that in the time we have together, we do whatever this guy wants to do, which is terrifying ... the part I’m most scared about is following this crazy train around the world,” she laughed, “because the sense of freedom we’ve been talking about, also gives [him] no fear.”

Since the diagnosis, Holloway has gained new perspectives on life, and has fully embraced resiliency – something of high value to the Air Force.

“Resiliency to me is thinking about everything you did ... you did as best as you could and everything else is left up to this crazy thing we call life,” he said. “Resiliency is taking solace in doing the damn best you can and letting it play out as it may.”

Meghan has also taken on a like-minded mentality and hopes to be able to inspire people to value what they have and to carry on the legacy of her husband.

“A lot of people will look at our situation and think, ‘that’s so sad,’ but for us, it’s like we get to live life through a lens that a lot of other people don’t,” Meghan said through tears. “I hope more people listen to our story and take that as a lesson that things around you can change in the drop of a hat and who you build yourself to be before things like that happen is so important. We have an amazing outlook on life because of this situation and we’re going to live richer and fuller.”

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Summer vacation ends and school begins at Edward C. Killin Elementary School



(U.S. Marine Corps photo by Lance Cpl. Krysten I. Houk)

U.S. Marine Corps Col. Vincent J. Ciuccoli, commanding officer of Headquarters and Support Battalion, Marine Corps Installations Pacific, Marine Corps Base Camp Smedley D. Butler, addresses students, parents and teachers during an opening ceremony at Edward C. Killin Elementary School, Camp Foster, Aug. 26.

By Lance Cpl. Krysten Gomez

Marine Corps Installations Pacific

8/26/2019 - CAMP FOSTER — Edward C. Killin Elementary School faculty welcomed students and their families back for the first day of school, August 26 on Camp Foster.

After a ten-week-long summer break, school commenced, bringing in students ranging from kindergarten to fifth grade.

"We have a tradition where we call the youngest and oldest student to help us "gong" in the school year," said Dr. Kendra White, principal at E. C. Killin. She said the gongs used for the annual ceremony symbolize the beginning of a new school year.

The event included students singing the old and new school song, learning about leadership as well as reciting the

Pledge of Allegiance.

Distinguished guests including Col. Vincent J. Ciuccoli, commanding officer of Headquarters and Support Battalion, Marine Corps Installations Pacific, Marine Corps Base Camp Smedley D. Butler attended the ceremony and gave some encouraging words to the entire student body.

"If you need somebody to help you, ask for help and if you find things aren't working out, go ahead and try again," said Ciuccoli, who also serves as the base commander for Camp Foster.

E. C. Killin elementary is part of the Department of Defense dependent schools, DoDDS, which are the overseas schools on military bases world-wide. Killin elementary's mission is to work with all students to be successful as well as work to prepare them with 21st century skills.

Marines, sailors and children volunteer at Igei Beach cleanup



U.S. Navy Petty Officer 3rd Class Andrew Fraser searches the sand for trash during a beach cleanup on Igei Beach, Aug. 22.

(U.S. Marine Corps photo by Lance Cpl. Kindo Go)

By Lance Cpl. Kindo Go

Marine Corps Installations Pacific

8/23/2019 - CAMP FOSTER — Waves gently washed onto the shore during a cloudy, yet warm, day on Okinawa, as a little over 30 service members and their families dotted the shoreline during a beach cleanup on Igei Beach. Children ran excitedly along the shoreline as they searched for trash hidden in the sand and occasionally splashed around in the oncoming waves.

Service members and Status of Forces Agreement personnel volunteered with the United Services Organization for the Igei beach cleanup on Aug. 22.

The volunteers were given trash bags at the start of the clean-up. Within minutes of stepping off onto the Okinawan coastline, the bags were soon filled with pieces of plastic, cardboard, twigs and seaweed brought back in handfuls by the kids who had ran off ahead of the volunteers.

On the third Thursday of each month, USO Camp Hansen hosts events for their Learning, Engaging, Activity, and Play program. A beach cleanup is one of the possible events the USO hosts for their

LEAP program.

"Today, we brought military families and young Marines together for a beach cleanup we're hosting, which is part of our LEAP program," said Jamie Webb, the center of operations manager at USO Camp Hansen. "The program provides Marines opportunities to volunteer for activities with families and kids in our community."

The LEAP program's goal is to bring service members and their families together and help develop a close community through fun activities every month.

"I think it's something working with kids," Webb noted. "It brings joy and happiness to the service members who participate. The young kids get to interact with service members and see a different side to them, aside from just seeing them work every day. Both get to talk and communicate with each other, develop friendships, and just have something fun they can do together."

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FARP TRAINING AT IE SHIMA



U.S. Air Force independent duty medical technicians with the 353rd Special Operations Group, Special Operations command, Special Operations Force Medical Element, conduct a blood transfusion as part of a simulated medical evacuation scenario at Ie Shima Training Facility, Aug. 12. The medical evacuation scenario was conducted as joint training for service members to learn how to sustain a casualty for a long enough-time for them to be extracted safely.

(U.S. Marine Corps photos by Pfc. Francesca Landis)

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U.S. Marines with Marine Wing Support Squadron, Detachment 172, 31st Marine Expeditionary Unit, conduct an Air Delivered Ground Refueling exercise on a CH-53E Super Stallion at Ie Shima Training Facility, Aug. 14. This event shows the 31st Marine Expeditionary Unit's ability to quickly and efficiently perform a ground refueling in any given location. The establishment of a Forward Arming and Refueling Point from amphibious shipping demonstrates naval expeditionary integration across Marine Air-Ground Task Force capabilities and warfighting domains.



U.S. Marines with Echo Company, Battalion Landing Team (BLT), 2nd Battalion, 1st Marines, board an MV-22B Osprey tiltrotor aircraft at Ie Shima Training Facility, Aug. 14. During the training the BLT Marines were tasked with seizing and securing the area.

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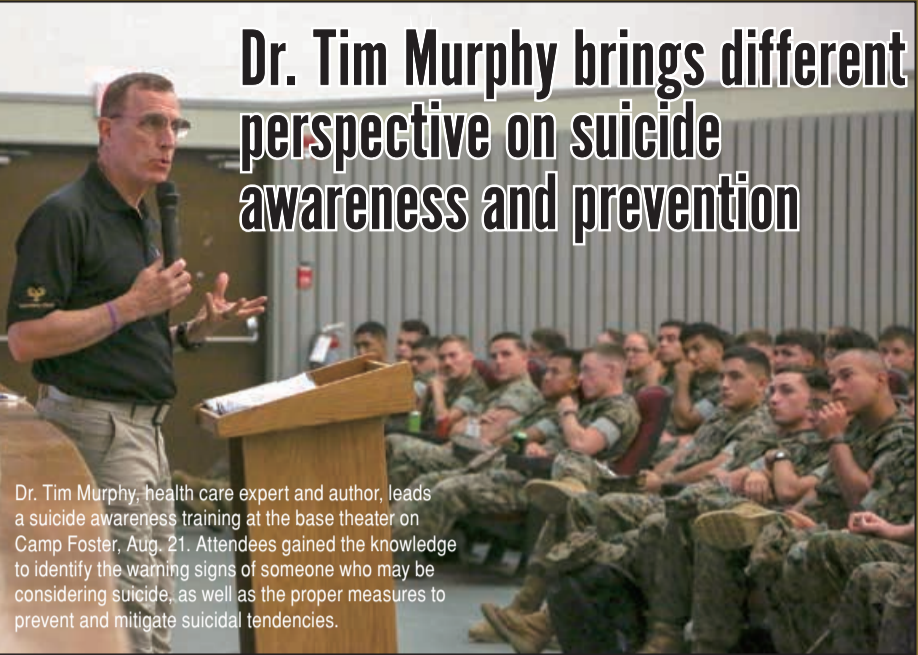
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Dr. Tim Murphy brings different perspective on suicide awareness and prevention



Dr. Tim Murphy, health care expert and author, leads a suicide awareness training at the base theater on Camp Foster, Aug. 21. Attendees gained the knowledge to identify the warning signs of someone who may be considering suicide, as well as the proper measures to prevent and mitigate suicidal tendencies.

(U.S. Marine Corps photo by Lance Cpl. Jacob E. Foster)

21st SOS exercises low-light flight operations with USS Ronald Reagan



Chief Aviation Boatswain's Mate (Handling) Reginald Hobson, from San Antonio, verifies that a CV-22 Osprey from the Air Force's 21st Special Operations Squadron is unsecured from the flight deck aboard the Navy's forward-deployed aircraft carrier USS Ronald Reagan (CVN 76) during low-light flight operations, Aug. 22.

(U.S. Navy photo by Mass Communication Specialist 2nd Class Janweb B. Lagazo)

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Kadena Air Base Community Notes

NOTICE

Think Before You Drink

Did you know there have 15 SOFA members caught drinking and driving in 2019. Don't become a statistic. Think before you drink. Don't drive – call a ride. For a safe ride home call these numbers: Kadena Taxi at 098-970-8888(option 8) / Panda Taxi (off base) 098-937-8989. / Daiko 098-932-4035.

Housing Office Closure

The Kadena DoD Family Housing Office, Camp Kinser Office, Camp Courtney Office, Camp Foster, Furnishing Management Section and Furnishing Management Section Self-Help and Appliance Repair will be Closed Sept. 2 for the Labor Day Holiday, Sept. 3 for Family Day and Sept. 6 for an Official function. For emergency assistance, please contact 634-HOME (4663).

AFSA Chapter 1553 General Membership Meeting

The Air Force Sergeant's Association (AFSA) Chapter 1553 is holding a monthly general membership meeting Sept. 19, at 11 a.m. in the Kuba Room at the Rocker NCO Club. All ranks and services are welcome to attend. Click here to view current and historical agendas or for more information, contact Donald Fisher at 632-5085.

AADD Council Positions Open

Kadena's Airmen Against Drunk Driving is now accepting applications for all council positions. The application can be found in the AADD sharepoint, and must be submitted no later than COB Sept. 6. All ranks are encouraged to apply. For more information, contact Senior Airman Cynthia Belio at 634-3813.

Disposition of Personal Effects, Tech. Sgt. Michael Hopson

1st Lt. Matthew Dehr is authorized to make disposition of personal effects for Tech. Sgt. Michael Hopson, deceased, 353rd SOSS/UTM,

To submit an announcement for the base bulletin, please visit www.kadena.af.mil or send info@samuraigate.jp

as stated in AFI 34-244, Disposition of Personal Property and Effects. Any person having claims for or against Tech. Sgt. Michael Hopson should contact 1st Lt. Matthew Dehr at DSN 634-1012.

Partial road closure

The Partial road on Schreiber Ave (near bldg. 3409), will be closing from Sept. 1 to Dec. 19 / 24 hours daily. Flaggers and temporary traffic lights will be posted. For more information, contact Akira Fair at 634-4879.

INFORMATION

Newcomers Orientation

The Newcomers Orientation will be held Sept. 18, start from 7 a.m. to 5 p.m. at 18th Logistics Readiness Squadron, conference room (Bldg. 792 / 2nd Floor) located next to Personal Property (Bldg. 756) or across Finance (Bldg. 721). Parking will be on rooftop of Bldg. 798 & Bldg. 756. This will be a one-time event only. We will relocate back to the Schilling the next following week. For more information, contact Mr. Cezar Dasigan at 634-3366.

Kadena and Camp Foster Emergency Numbers

Kadena Fire Emergency Services reminds everyone to program their cell phones with the emergency numbers. To report an emergency on Kadena via cell, dial 098-934-5911, and from an office phone, dial 911. For Camp Foster via cell, dial 098-911-1911, or from an office phone, dial 911.

AADD: We Get You Home Safe

Did you drink tonight? Made a plan but it's falling through? Can't catch a cab? If any of this applies to you, call AADD. Don't risk it all, when you can get a ride home for free. To contact AADD from a cell phone number, dial 098-961-1110 and ask for the USO, or dial DSN: 634-3889. We're open Fridays and Saturdays at the USO (gate 2) from 2200 to 0100 and we're here to help. If you have any questions and/or

concerns, please email our Org Box or contact us on Facebook: Kadena AB A2D2

How to File a Complaint with IG

If you believe you are unable to resolve your complaint through supervisory channels, you may seek IG assistance to determine if the complaint should be filed with the IG. You can file a complaint if you reasonably believe inappropriate conduct has occurred or a violation of law, policy, procedures, or regulation has been committed. Complete the personnel data information on an AF Form 102 and briefly outline the facts and relevant information related to the issue or complaint. List the allegations of wrongdoing briefly, in general terms and provide supporting narrative detail and documents later, when interviewed by an IG person. Allegations should be written as bullets and should answer who committed the violation; what violation was committed; what law, regulation, procedures, or policy was violated; when did the violation occur. Help is available: Call your Kadena IG office at 634-7622 for Maj Sarabia, 634-2768 for SMSgt Aguirre, or leave a message on the Kadena Fraud, Waste, & Abuse (FWA) Hotline at 634-0404.

18th Wing Equal Opportunity

Do you face concerns of unlawful discrimination or sexual harassment? If so, Kadena AB leadership maintains a strict "zero-tolerance" policy pertaining to discriminatory behavior. If you feel you are being unlawfully discriminated against, to include sexual harassment, take action. We encourage members to use the chain of command first

to resolve issues at the lowest level. However, you can also contact the EO office at 634-2571 to set up an appointment; or you may visit our office. Please note that the EO office will not accept a formal complaint more than 60 calendar days for military and 45 calendar days for civilian complaints after the alleged offense occurred without sufficient justification.

UPCOMING EVENTS Kadena Air Force Ball 2019

Kadena Air Base is getting ready to celebrate the 72nd birthday of the United States Air Force by hosting the Air Force Ball Sept 14. The ball will be held at the Rocker Enlisted Club. Social Hour begins at 6 p.m. and official ceremony begins at 7 p.m. Tickets are now on sale, please see your unit rep. Please come out and support this great event. For more information / event details, follow Kadena Air Force Ball on Facebook.

Armed Services Blood Bank Drive

The 18th Dental Squadron is hosting a blood drive on behalf of the Armed Services Blood Bank Center Sept. 5, at the Kadena USO from 10 a.m. to 2 p.m. Help support the military community in the PACOM area of operation by

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VOLUNTEER OPPORTUNITIES
Kadena Middle School Military Mentor Monday

The Kadena Middle School is looking for mentors who are willing and able to assist /

support middle school students in academics and age-appropriate social interactions. "The intent of the Military Mentor Monday Program or (MMMP) is to build an on-going relationship between our local military community and DoDEA schools as well as provide positive role models to the students" (Pacific South Continuous School Improvement, 2019). This will take place at KDMS in various locations on the campus. Volunteers are needed every Monday to assist from 7:30 a.m. to 2:30 p.m. To volunteer, please contact Ms. Traci Cooper at Traci.Cooper@dodea.edu or call 632-0217.

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2-Sep	1100-1900	KAB Concession Mall	Old Spices
3-Sep	1100-1900	KAB Concession Mall	Café Shiyu de Pokko
4-Sep	1100-1400	KAB Flightline	Old Spices
5-Sep	1100-1700	KAB Flightline	Café Shiyu de Pokko
5-Sep	1100-1700	Torii Express	Old Spices

Logos for Old Spices, Doner Kebab, Cafe Shiyu de Pokko, Triple A, and X Mall.

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9/5	THU	HANSEN	Hansen USO	14:00-16:00
9/10	TUE	KADENA	Schilling Community Center	11:00-13:00
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9/11	WED	FOSTER	Foster USO	14:00-16:00
9/17	TUE	FOSTER	Foster USO	11:00-13:00
9/18	WED	KADENA	Schilling Community Center	14:00-16:00
9/25	WED	KADENA	Schilling Community Center	14:00-16:00
9/27	FRI	KINSER	Kinser USO	14:00-16:00

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FOOD
TACOS / CURRY
ALCOHOL DRINKS
COFFEE
DESSERT (CHOCO)

SALE
HANDMADE ACCESSORIES
CLOTHING

EVENT
LIVE PAINT

6-9 Minato, Chatan Town

AJITOYA

Okinawan Brown Sugar Curry

Make your own spicy level with our famous brown sugar curry!

1-17-9 Kitamae, Chatan

TO GO OK!!

the Calif kitchen

Best ocean view cafe at Depot Island

Depot Island Seaside Building 3F
9-21 Mihama, Chatan
Open: 8:00 - 22:00

Morning / Lunch / Kids Menu available

HTTP://THECALIFKITCHEN.OKINAWA

BEST PRICED STEAKHOUSE

Try a Steak Grilled with Mt. Fuji Lava Stone!!

YAPPARI STEAK 180g ¥1,000
RUMP STEAK 200g ¥1,000
AITCHIBONE STEAK 150g ¥1,000
MIX CUT STEAK 200g ¥1,000
TERES MAJOR STEAK 150g ¥1,280
TENDERLOIN STEAK 150g ¥1,480
SIRLOIN STEAK 200g ¥1,680
BEEF CURRY ¥750

All you can eat Soup, Salad, Rice included!!

You can order meat for seconds from ¥500! (¥500-¥750)

NEW! T-BONE STEAK 450g ¥3,480
NEW! L-BONE STEAK 450g ¥2,980

MT. FUJI LAVA STONE

Cook your own steak exactly the way you like it!!

NEW! GARLIC STEAK RICE ¥980
NEW! GARLIC RICE (SINGLE MENU) ¥650
 (All you can eat soup and salad)

AEON CHATAN BRANCH 8-3 Mihama, Chatan Open: 11:00 - 23:00 (L.O. 22:00) Yen cash only	CHATAN MIHAMA BRANCH 2-5-11 Mihama, Chatan Open: 11:00 - 24:00 (L.O. 23:00) Yen cash only	AEON GUSHIKAWA BRANCH 303 Maehara-kouzakibaru, Uruma City Open: 11:00 - 24:00 (L.O. 23:00) Yen cash only	KOZA BRANCH 2-1-22 Mihara, Okinawa City Open: 11:00 - 27:00 (L.O. 26:00) Closed: 1st/3rd Tuesday Yen cash only	CHIBANA BRANCH 6-10-1 Chibana, Okinawa City (Inside of Chibana Aeon Town) Open: 11:00 - 22:00 (L.O. 21:30) Yen cash only
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