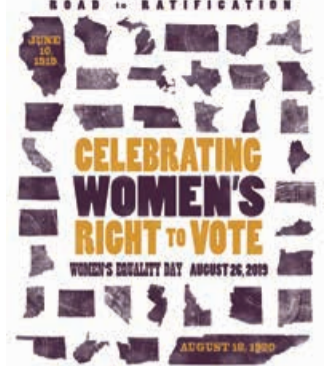


KADENA SHOGUN WEEKLY NEWS



# AMURAI GATE



AIR FORCE - ARMY - NAVY - MARINE - COMMUNITY NEWS

Number 12 - Issue 30

Two U.S. Air Force pararescuemen assigned to the 31st Rescue Squadron, prepare a hoist for a water operation while aboard an HH-60G Pave Hawk, July 26, out of Kadena Air Base. The 31st RQS consists of combat rescue officers, pararescue specialists and survival, evasion, resistance and escape specialists who work together to facilitate the return of isolated personnel back to friendly forces. The 33rd and 31st RQS both share the same motto, 'These things we do that others may live.'



(U.S. Air Force photo by Airman 1st Class Matthew Seefeldt)

# COPE ANGEL 2019

## 909TH ARS PARTICIPATE IN RED FLAG-ALASKA 19-3



(U.S. Air Force photo by Tech. Sgt. Matthew B. Fredericks)

Staff Sgt. Andrew Liddane, 909th Air Refueling Squadron boom operator, prepares for in-flight refueling during RED FLAG-Alaska 19-3 at Eielson Air Force Base, Alaska, Aug. 7. The exercise provides unique opportunities to integrate various forces into joint, coalition and multilateral training from simulated forward deployed air operations.

## SECDEF departs Yokota to continue Pacific Tour



(U.S. Air Force photo by Senior Airman Matthew Gilmore)

U.S. Secretary of Defense Dr. Mark T. Esper shakes hands with the Airmen of the 353rd Special Operations Group prior to departing Yokota Air Base, Japan to continue his Pacific Tour, Aug. 7. While in Japan, Esper met with Japanese Prime Minister Shinzo Abe and Japanese Minister of Defense Takeshi Iwaya to discuss the ironclad partnership between the U.S. and Japan, further ensuring continued stability in the Indo-Pacific region.



# Military Working Dog retirement ceremony



U.S. Air Force military working dog (MWD) handlers assigned to the 18th Security Forces Squadron sit by their MWDs during a MWD retirement ceremony July 26, on Kadena Air Base. MWDs are trained in a variety of specialties, including detection of narcotic substances and improvised explosive devices, and capturing and detaining suspects.

(U.S. Air Force photos by Senior Airman Cynthia Belio)



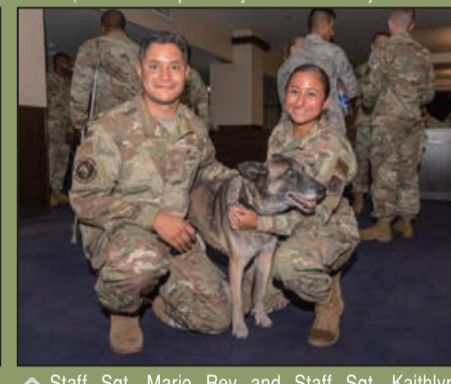
Staff Sgt. Jared Smallwood, military working dog (MWD) handler assigned to the 18th Security Forces Squadron, receives a certificate of retirement on behalf of MWD Ayila during a MWD retirement ceremony July 26, on Kadena Air Base. Ayila retired at 10 years old with 9 years of service to the U.S. Air Force.



Staff Sgt. Ronald Dyer, military working dog handler assigned to the 18th Security Forces Squadron, poses for a photo alongside MWD Doni during a MWD retirement ceremony.



Staff Sgt. Bryan Savella, military working dog handler assigned to the 18th Security Forces Squadron, and Colonel Thang Doan, commander assigned to the 18th Mission Support Group, pet MWD KitKat during a MWD retirement ceremony.



Staff Sgt. Mario Rey and Staff Sgt. Kaithlyn Guerrero, military working dog (MWD) handlers assigned to the 18th Security Forces Squadron, pose for a photo alongside MWD Judi during a MWD retirement ceremony July 26.

## 7th Fleet P-8A Poseidon visits New Zealand



A P-8A Poseidon aircraft assigned to the "Fighting Tigers" of Patrol Squadron (VP) 8, taxis on the flight line of Misawa Air Base, April 5, 2019.

(U.S. Navy photo by Mass Communication Specialist 1st Class Jerome D. Johnson)

### By Mass Communication Specialist 1st Class Robert R. Sanchez

Commander, U.S. 7th Fleet  
8/12/2019 — A US Navy P-8A Poseidon aircraft of Patrol Squadron (VP) 5, the "Mad Foxes," vis-

ited Royal New Zealand Air Force (RNZAF) Base Ohakea, New Zealand, August 11.

"We are honored to have the opportunity to visit New Zealand to strengthen our relationship with the RNZAF," said Cmdr.

Carl White, commanding officer of VP-5. "We are committed to demonstrating the U.S.' focus on regional security and our support to the Indo-Pacific Region."

"Both New Zealand and the United States are committed to our shared neighborhood and activities such as assisting the Pacific Island nations with their maritime fisheries surveillance. This visit will enhance maritime security and foster this ongoing regional cooperation."

"We do a lot of good together in the region and around the world. Interoperability is essential. Anything we can do to help each other understand our processes, procedures, and perspectives makes that real-world cooperation easier."

The P-8A crew is delighted to

be conducting joint training operations with the RNZAF.

"We are bringing with us the P-8A Poseidon—the world's newest, most capable maritime patrol and reconnaissance aircraft," said White. "The Pacific and Southern Oceans provide such a variety of challenges, we are looking forward to demonstrating the aircraft's capabilities and how it can respond to those situations. We will also be conducting ground training with our maintenance professionals as well as classroom training with our Aircrew. It will be a great opportunity for both teams to learn from each other."

As well as the interaction at the operational level, command staff from the NZDF will get to view the aircraft with walk through tours of the P-8A and a fly away

demonstration is scheduled.

"The partnerships and connections we make here in New Zealand will last for years to come," said White. "Our work with the RNZAF is based on shared experiences of those that patrol the world's oceans from the skies. The young Sailors and officers will take back what they learn here and apply it to further engagements with New Zealand."

The "Mad Foxes" of VP-5 are currently deployed to Kadena Air Force Base in Okinawa, conducting maritime patrol and reconnaissance and theater outreach operations within U.S. 7th Fleet (C7F) area of operations in support of Commander, Task Force 72, C7F, and U.S. Pacific Command objectives throughout the Indo-Asia Pacific region.

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18th Wing Public Affairs: 18wgppublicaffairs@us.af.mil DSN:634-3813



# 67TH AMU REFUELS RED FLAG- ALASKA 19-3



Staff Sgt. Aaron Coy, 67th Aircraft Maintenance Unit crew chief, observes as Staff Sgt. Anthony Luscombe, 67th AMU avionics, prepares a 67th Fighter Squadron F-15C Eagle, Kadena Air Base, for hot-pit refueling during RED FLAG-Alaska 19-3 at Fort Greely, Alaska, Aug. 7. RF-A provides training for deployed maintenance and support personnel in sustainment of large-force deployed air operations.

(U.S. Air Force photo by Tech. Sgt. Matthew B. Fredericks)

# COPE ANGEL 2019

An HH-60G Pave Hawk from the 33rd Rescue Squadron flies during a training exercise, July 25, out of Kadena Air Base. The HH-60G Pave Hawk's core mission is recovery of personnel under hostile conditions, including combat search and rescue.



(U.S. Air Force photos by Airman 1st Class Matthew Seefeldt)



◀ A U.S. Air Force pararescueman assigned to the 31st Rescue Squadron, looks out over the ocean while aboard an HH-60G Pave Hawk, July 25, out of Kadena Air Base.



◀ Maj. Andrew Alderman, pilot assigned to the 33rd Rescue Squadron, conducts pre-flight checks on an HH-60G Pave Hawk, July 26, on Kadena Air Base.

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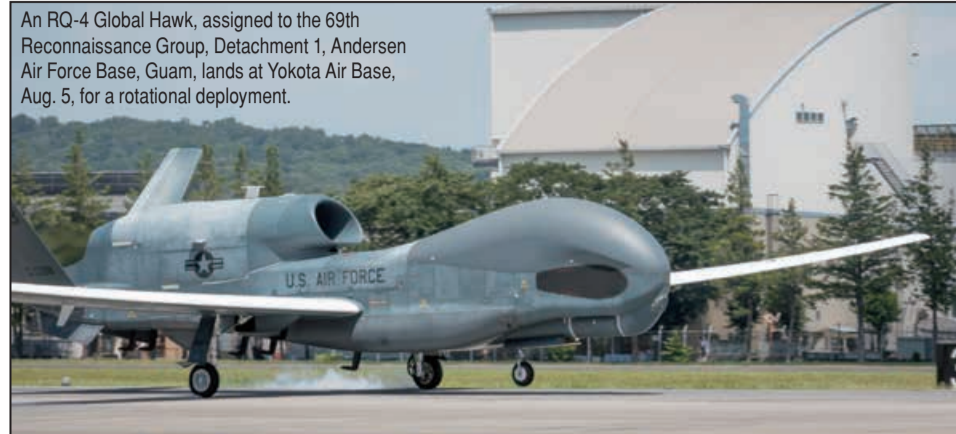
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# RQ-4 Global Hawk arrives at Yokota



An RQ-4 Global Hawk, assigned to the 69th Reconnaissance Group, Detachment 1, Andersen Air Force Base, Guam, lands at Yokota Air Base, Aug. 5, for a rotational deployment.

(U.S. Air Force photo by Senior Airman Juan Torres)

**By Yasuo Osakabe**

374th Airlift Wing Public Affairs

**8/8/2019 - YOKOTA AIR BASE** — Pacific Air Forces deployed a squadron of RQ-4 Global Hawks, from Andersen Air Force Base, Guam to Yokota Air Base, Japan, Aug. 5.

The rotational deployment of the Global Hawk to Japan is necessary to ensure Airmen can continuously operate the platform during months in which inclement weather in Guam has the potential to hinder theater-wide operations through the summer to fall season.

The Global Hawk serves as a high-altitude, long-endurance, remotely piloted and unarmed, aerial reconnaissance system. The aircraft is designed to provide persistent, day and night, high-resolution, all-weather imagery of large geographic areas with an array of integrated sensors and cameras.

“The presence of these U.S. military personnel and assets further contributes to regional stability and security,” said Col. Cameron Pringle, 319th Reconnaissance Wing commander. “We are grateful to our

host base and host nation partners who enable us to provide this capability for military and civilian decision-makers.”

In addition to supporting intelligence, surveillance, and reconnaissance (ISR) requirements, the Global Hawk can be used for humanitarian assistance and disaster relief operations. One of its most notable missions was in support of the humanitarian assistance and disaster relief efforts during Operation Tomodachi after the 2011 earthquake and tsunami.

Flying continuously for 21 days, using long-range and infrared cameras, the Global Hawk provided commanders with more than 3,000 images of the disaster zone, including images of survivors in need of help, and the status of the Fukushima Dai-Ichi Nuclear Plant, which had been damaged by the tsunami and led to concerns of a radiation leak that would flood the already devastated region.

Since 2011, Pacific Air Forces has deployed the Global Hawk to Misawa Air Base, Japan, in 2014, 2015, and 2018 and Yokota in 2017.

# Prepping the Battlespace for RED FLAG-Alaska

**By Senior Airman Isaac Johnson**

354th Fighter Wing Public Affairs

**8/8/2019 - EIELSON AIR FORCE BASE, Alaska** — To most people Interior Alaska is known for its extreme temperatures, thick evergreen forests, and hunting and fishing seasons. But within the Department of Defense, Interior Alaska is also known as the home of the Joint Pacific Alaska Range Complex, the largest U.S. military training range in the world and one of the main reasons both U.S. and international units complete an annual expedition to Alaska.

Spanning more than 67,000 square miles of airspace—roughly the size of Florida—the JPARC serves as the playing field for RED FLAG-Alaska exercises, during which Airmen, Soldiers, Sailors and Marines are able to train virtually uninterrupted and unrestricted. With a training space that expansive, it’s hard to imagine most operations in the JPARC are managed by a small detachment of personnel operating out of Eielson AFB.

“We manage the entire range in Alaska,” said Christopher Dawkins, 354th Operations Group, Detachment 4 range engineer. “Our goal is to make sure units get the most out of their experience as possible. Part of allowing that to happen is making sure everyone is safe and accounted for whenever they are on the range.”

While the term JPARC refers to the



An SA-13 Surface-to-Air missile system sits in the Yukon Training Area near Eielson Air Force Base, Alaska Aug. 7.

(U.S. Air Force photo by Senior Airman Isaac Johnson)

massive airspace, the soil beneath it is a ground training range owned by the U.S. Army. Combining the air and land territories allows for some of the most comprehensive, realistic training scenarios in the world, most of which are facilitated by the detachment.

“We make sure that whoever is flying has what they require to be successful, whether they need to get on the schedule and de-conflict with other units, drop ordnance on the range or need threat emitters to fly against,” said Lt. Col. Russell Reese, 354th OG, Det. 4 commander.

According to Reese, the detachment also serves as the liaison between flying units and the Army to allow aircrews more time to focus on their training mission.

In addition to managing the physical aspects of the range and its systems, Det. 4 personnel have another critical role in the exercise: they provide the play-by-play after each scenario.

“From the emitters on the ground, remote sites and information gathered from aircraft we are able to paint a picture that we can then bring to operations allowing for better training,” Dawkins said.

Looking toward the future, among the top priorities for the detachment is the continued modernization of the JPARC. Seeing those plans through guarantees that Alaska will remain a one-of-a-kind resource in the DOD for the foreseeable future.

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# U.S., Mongolian forces improve crisis response capabilities



(U.S. Air Force photo by Senior Airman Eric M. Fisher)

▲ Mongolian Armed Forces medical personnel move a simulated casualty patient onto a litter Aug. 1, during Pacific Angel 19-3 in Ulaanbaatar, Mongolia.

## By Senior Airman Eric Fisher

Pacific Air Forces Public Affairs  
**8/8/2019 - ULAANBAATAR, Mongolia**  
 — Members of the U.S. Air Force and Mongolian Armed Forces conducted a mass casualty exercise Aug. 1, 2019, during Pacific Angel 19-3, a joint and combined humanitarian assistance engagement, enhancing participating nations' humanitarian aid and disaster relief capabilities while providing beneficial services to people in need throughout South and East Asia.

The exercise was the final phase of

emergency medical practice exchanges occurring between U.S. Air Force, MAF, and Nepali Army subject-matter experts during PAC ANGEL 19-3 and gave teams a chance to employ skills they'd learned.

Six teams worked together providing emergency medical care to simulated casualties to test the lessons they learned during the previous three days of classroom training.

"Today's exercise was to bring different disaster relief organizations together to talk and improve communication and to teach an efficient triage process, which

allows them treat of hundreds of patients while using as few resources as possible," said U.S. Air Force Master Sgt. Scottie Eubank, a 673rd Medical Group paramedic. "This exercise used a lot of the concepts from the tactical combat casualty care we teach back home."

The teams were required to quickly assess the status of the casualties and triage the simulated patients all while being observed and evaluated on their performance. Following each iteration of the exercise, teams discussed ways to improve and were given a second attempt.

"I learned that communications between participants is very important," said Maj. Nergui Sodnom, a MAF anesthesiologist who participated in the hands-on training. "The first time we did the mass casualty exercise it was very confusing but when we did it the second time we were much more comfortable."

The exercise provided many learning opportunities to participants, which will improve their ability to respond to crisis situations in the future.

"Most doctors' specialties are different, so improving each participants knowledge is very important, which is beneficial because it provides more precision when treating patients," she said.

The humanitarian assistance and disaster relief exchanges employed during PAC ANGEL 19 strengthen relationships between Mongolia, the U.S. and other regional nations, promoting military-civilian-nongovernmental organization cooperation.

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## Get kids ready for back to school with preventive health care

By TRICARE.mil Staff

8/8/2019 — As summer draws to a close, it's time to look ahead to the approaching school year. Preventive services, routine immunizations, and health screenings are the best ways to make sure your kids are healthy and ready to hit the books. TRICARE covers many preventive health care services with no out-of-pocket costs to you. How you get preventive care depends on who you are and your TRICARE plan.

If your child is enrolled in a TRICARE Prime plan, you can seek preventive care from his or her primary care manager or any TRICARE network provider in your region. If a network provider isn't available, you can also use a non-network provider with no copayments if you have a referral and authorization. Under a TRICARE Select plan, you can visit any TRICARE-authorized provider.

Follow these tips to make sure your children are healthy as they head to school in the fall:

- Schedule appointments for school physicals and routine immunizations before the start of the school year. TRICARE covers physicals when required for school enrollment. This doesn't include sports physicals.
- Make sure that your child is current on his or her vaccines. Most schools require up-to-date vaccinations. According to the Centers for Disease Control and Prevention, vaccines reduce your child's risk of infection by helping them safely develop immunity to diseases. You can get covered vaccines from any TRICARE-authorized provider at no cost.



(U.S. Air Force photo by L.A. Shively)

But you may have to pay copayments or cost-shares for the office visit or for other services received during the same visit. You can get some covered vaccines at TRICARE retail network pharmacies. Remember, TRICARE covers well-child exams for children up to age 6 (from birth through age 5).

- Get eye exams before school begins. Healthy vision helps your child see clearly and to learn in school. Your vision benefits, including eye exams, depend on who you are, your TRICARE health plan, and your age. You may need a referral and authorization for vision care. If you have vision coverage through the Federal Employees Dental and Vision Insurance Program (FEDVIP), follow the rules of your plan.
  - Put dental check-up on your to-do list. TRICARE offers dental coverage to active duty family members through the TRICARE Dental Program (TDP). According to the TRICARE Dental Program Handbook, TDP covers two routine cleanings and two fluoride treatments during a 12-month period for children ages one and older. If you have dental coverage through FEDVIP, follow the rules of your plan.
- Don't wait to take command of your children's health. Prioritize preventive exams and vaccinations before the school year begins. Help you and your children stay healthy. And find out more about the preventive services that TRICARE covers to prevent serious diseases.

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# US, Indonesian Navies conclude CARAT 2019

**By Petty Officer 1st Class Gregory Johnson**

Commander, Logistics Group Western Pacific  
**8/7/2019 - SURABAYA, Indonesia** — The 25th annual Cooperation Afloat Readiness and Training (CARAT) Indonesia concluded during a ceremony at the Indonesian Navy's 2nd Fleet Training Command headquarters Aug. 7.

The CARAT exercise series is designed to address shared maritime security concerns and strengthen partnerships. Indonesia has been a participant since the series began in 1995.

"Any time we have the opportunity to conduct such extensive and dynamic training, it has an undeniable impact on our ability to effectively integrate forces," said Capt. Ann McCann, deputy commodore of Destroyer Squadron (DESRON) 7. "We were able to exchange knowledge that benefitted both sides, then collectively and successfully put that knowledge to practice during our at-sea phase of the exercise."

This year's exercise included both on-shore and at-sea training, including subject matter expert knowledge exchanges and practical exchanges across a wide range of naval warfare mission areas, as well as realistic underway scenarios involving ships from the U.S. Navy, U.S. Coast Guard and Indonesian Navy.

"We had a very productive and very successful exercise," said Lt. Taylor Armstrong, DESRON 7's lead planner for CARAT Indonesia 2019. "I think it's been very rewarding for everyone involved to work side by side on challenging objectives and not only achieve those objectives, but build on the existing level of interoperability we already had coming into the exercise."

Training during CARAT Indonesia fell under a number of maritime areas:

- Maritime Domain Awareness (MDA)



Naval Aircrewman (Operator) 2nd Class Luc Pritchard, right, assigned to Navy Patrol Squadron (VP) 5, provides a safety overwatch for a gunnery exercise from aboard a P-8 Poseidon aircraft during Cooperation Afloat Readiness and Training (CARAT) Indonesia 2019, Java Sea, Aug. 5.

(U.S. Navy photo by Mass Communication Specialist 1st Class Greg Johnson)

was a major focus of the exercise and consisted of numerous symposiums and knowledge exchanges, as well as a sea phase that included an integrated MDA Information Sharing Center.

- Integrated visit, board, search and seizure (VBSS) drills involving VBSS teams and ships from the U.S. Navy, U.S. Coast Guard and Indonesian Navy.
- Integrated dive team training and practical dives between U.S. Navy Mobile Dive and Salvage Unit 1 and Indonesian Navy dive teams.
- Jungle survival training between U.S. Marines from 1st Battalion, 1st Marine Regiment out of San Diego, currently deployed to Marine Rotational Force Darwin, and the Indonesian Marine Corps.
- Preventive medicine knowledge exchanges between Navy Environmental

and Preventive Medicine Unit 6 and Indonesian Navy medical personnel.

- Submarine operations and tactics tabletop exercises.

The maritime domain awareness Information Sharing Center was the main focus of the at-sea phase of the exercise and served as the central hub for information collected by all participating assets.

"One of the most rewarding things about working with the Indonesians was being able to see what were essentially immediate results," said Information Systems Technician 2nd Class Jamie Hofmeister, CENTRIXS (Combined Enterprise Regional Information Exchange System) administrator for CARAT Indonesia 2019. "Not everyone had experience with CENTRIXS, but by day two, they were not only fluent, but even knew how to troubleshoot. I think everyone walked away from the

exercise better and stronger."

U.S. assets during in CARAT Indonesia 2019 included staff from CTF 73 and DESRON 7, the Independence-variant littoral combat ship USS Montgomery (LCS 8), the Spearhead-class expeditionary fast transport USNS Fall River (T-EPF 4), the Legend-class Coast Guard cutter USCGC Stratton (WMSL 752), MV Carolyn Chouest, Navy Environmental and Preventive Medicine Unit 6, Naval Construction Regiment 30, Naval Special Warfare Unit 1, Mobile Dive and Salvage Unit 1, Marines from 1st Battalion, 1st Marine Regiment out of San Diego, currently deployed to Marine Rotational Force Darwin, the U.S. 7th Fleet Band and a P-8 Poseidon aircraft.

Participating assets from the Indonesian Navy included the Diponergo-class corvette KRI Sultan Iskandar Muda (367), the Fatahillah-class corvette KRI Nala (363) and the Sampari-class fast missile boat KRI Sampari (628), as well as additional aircraft staff and special operations forces.

CARAT, the U.S. Navy's longest running regional exercise in South and Southeast Asia, strengthens partnerships between regional navies and enhances maritime security cooperation throughout the Indo-Pacific.

CARAT builds upon other engagements in South Asia, Southeast Asia and the Pacific Islands including Pacific Partnership, the largest annual multilateral humanitarian assistance and disaster relief preparedness mission, Maritime Training Activity Malaysia, Maritime Training Activity Philippines, Pacific Griffin with Singapore and Southeast Asia Cooperation and Training (SEACAT), which involves nearly a dozen partner nations. These engagements bring like-minded naval forces together routinely based on shared values and maritime security interests.

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# Marine F-35B Lightning II fighter aircraft complete GAU-22 cannon, ordnance hot reload exercise in Indo-Pacific Region

By 2nd Lt. Jonathan Coronel

31st Marine Expeditionary Unit  
8/7/2019 - SOLOMON SEA — F-35B Lightning II fighter aircraft with Marine Medium Tiltrotor Squadron 265 (REIN), 31st Marine Expeditionary Unit, used the GAU-22 cannon against a simulated target and executed the first shipboard hot reload of ordnance in the Indo-Pacific region while underway in the Solomon Sea from the amphibious assault ship USS Wasp (LHD 1), August 4.

During the training flights, F-35B jets fired the 25mm cannon in coordination with MV-22B Osprey tiltrotor aircraft and Navy MH-60S Sea Hawk helicopters firing 7.62 mm machine guns to destroy the “killer tomato”, a large inflatable target used during live-fire exercises at sea.

In addition to employment of the GAU-22, the F-35B aircraft dropped a GBU-32 1,000-pound Joint Direct Attack Munition, and a GBU-12 Paveway II 500-pound laser-guided bomb on a first sortie. After expending all ordnance, the aircraft returned to the Wasp, reloaded and refueled, and executed a second live-fire sortie, according to Maj. Jeffrey Davis, F-35B detachment officer-in-charge with VMM-265 (REIN).

“Successful execution of hot reload procedures while afloat demonstrates the 31st MEU’s ability to surge offensive air support for kinetic missions in the theatre, increasing available lethality for commanders,” said Davis. “Our organic MEU assets and personnel demonstrated the ability to reload and refuel a section of F-35Bs or a division of F-35Bs rapidly, when executing surge operations with a standard F-35B detachment.”



An F-35B Lightning II fighter aircraft with Marine Medium Tiltrotor Squadron 265 (Reinforced), 31st Marine Expeditionary Unit, lands after dropping a Joint Direct Attack Munition and a laser guided bomb during an aerial gunnery and ordnance hot-reload exercise aboard the amphibious assault ship USS Wasp (LHD 1), Solomon Sea, Aug. 4.

(U.S. Marine Corps photo by Lance Cpl. Dylan Hess)

With the direction of controllers on ground or ship, targets can be prosecuted with target-practice and semi-armor-piercing high explosive incendiary tracer 25mm rounds. Employing four barrels simultaneously, the GAU-22 is able to fire 3,300 rounds per minute with deadly accuracy.

“Our skilled controllers and pilots, combined with these systems, take the 31st MEU to the next level of what it means to be lethal as we are now able to rain destruction like never before. Today, my ordnance team proved efficiency with these operations, and I couldn’t be prouder of them,” said Chief Warrant Officer 3 Daniel Sallesse, aviation ordnance officer with the 31st MEU.

The employment of the GAU-22 and the ordnance hot reloading comes on the heels of the 31st MEU’s execution of combined amphibious operations in Talisman Saber 2019, a biennial exercise for the U.S. and Australia to sharpen their capabilities across a wide range of military operations.

The 31st MEU is currently honing tactical and operational proficiency in simulated contested environments during a continuing deployment aboard the ships of the Wasp Amphibious Ready Group, according to Col. Robert Brodie, commanding officer of the 31st MEU.

“Our recent F-35B strike rehearsals demonstrate the 31st MEU’s lethality and readiness to address potential adversaries. The speed that we can conduct precision strikes with devastating effects while providing close air support to our Marines is nothing shy of awesome. Bottom-line; the F-35B defines shock and awe!”

Wasp, flagship of the Wasp Amphibious Ready Group, with embarked 31st MEU, is operating in the Indo-Pacific region to enhance interoperability with partners and serve as ready-response force for any type of contingency, while simultaneously providing a flexible and lethal crisis response force ready to perform a wide range of military operations.

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# Kadena Air Base Community Notes

## NOTICE TRICARE Online

The TRICARE Online (TOL) can be accessed via [www.TRICAREOnline.com](http://www.TRICAREOnline.com) Access TOL with your CAC, DFAS myPay, or Premium DS Logon account.

### TOL Capabilities:

- Appointments- make, cancel, receive emails, etc.
  - Refills- refills are just an easy, quick click away via TOL. You can check the status of your prescription and pick up at the pharmacy.
  - Health Record- select this option to view, download, print, or share your lab results, immunizations, radiology results, medication profile, allergy profile, encounters, problem lists, and vital signs.
  - Service Separation/Retirement- access AD and reserve service separation information and services to include filing a pre- separation claim with the VA.
  - Secure Messaging- access secure messaging to communicate confidentially with your health care team.
  - Nurse Advice Line- talk to a registered nurse for health care advice, ask questions, or find out if you should get care.
- If you are having any issues with the site, please contact DHA Global Service Center (GSC) for assistance at 1-800-600-9332 or [servicecenter@dha.mil](mailto:servicecenter@dha.mil).

## POV Shipment Authorize

Effective immediately, Air Force members are authorized to ship a Privately Owned Vehicle on subsequent Permanent Change of Station orders from Okinawa/Japan when a member does not use the storage entitlement under JTR, para 0532. These members in this category can ship a car from Okinawa to their next Permanent Duty of Station, on a case by case basis. \*Federal, state, local, and/or international requirements and cost therein fall entirely on the member.\* Members must still visit TMO PPSO well in advance to coordinate this request,

To submit an announcement for the base bulletin, please visit [www.kadena.af.mil](http://www.kadena.af.mil) or send [info@samuraigate.jp](mailto:info@samuraigate.jp)

to ensure they are fully briefed on the entire process. For more information, contact TMO Personal Property at 632-0068.

## AFSA Chapter 1553 General Membership Meeting

The Air Force Sergeant's Association (AFSA) Chapter 1553 is holding its monthly general membership meeting on August 15 at 11 a.m. in the Kuba Room at the Rocker NCO Club on Kadena Air Base. All ranks and services are welcome to attend. Contact Donald Fisher (632-5085) for more information.

## Ground Transportation Bldg. 3130 August Power Outages

The Ground Transportation building has been scheduled for some power outages for the month of August. Please see below and attached for schedule.

1st Power Outage: Primary Date / Time: Aug. 7 from 8 a.m. to noon

2nd Power Outage: Primary Date / Time: Aug. 15 from 8 a.m. to 2 p.m. : Alternate Date / Time: Aug. 16 from 8 a.m. to 2 p.m.

3rd Power Outage: Primary Date / Time: Aug. 31 from 8 a.m. to 5 p.m.

Our alternate building we will be working out of during those timeframes will be out of Document Cargo, bldg. 794. (634-2100 / 1313) For more information, contact Tech. Sgt. Joseph Groce at 634-2551.

## Partial road closure

The Partial road on Schreiber Ave (near bldg. 3409), will be closing from September 1 to December 19 / 24 hours daily. Flaggers and temporary traffic lights will be posted. For more information, contact Akira Fair at 634-4879.

## CCAF Graduation closeout dates

For the October 2019 Class, the Community College of the Air Force (CCAF) will accept documentation and graduation nominations through August 30. Furthermore, the class

closeout will be the last Friday in February and August, respectively, for all upcoming classes. This change is in order to align with their Student Information System. For more information, contact Education Service Office at 634-1500.

## Housing Office Closure

The Kadena DoD Family Housing Office, Camp Kinser Office, Camp Courtney Office, Camp Foster, Furnishing Management Section and Furnishing Management Section Self-Help and Appliance Repair will be Closed September 2 for the Labor Day Holiday and September 3 for Family Day. For emergency assistance, please contact 634-HOME (4663).

## 18th MUNS Closure for Semi-Annual 100% Inventory

18 MUNS will be closed for the week of 3-13 SEP in support of the Semi-Annual 100% Inventory. During this time, only emergency munitions requests will be processed and must be submitted in writing and approved by the group commander IAW AFI 21-201. Call Munitions Operations at 632-5252 with any questions.

## INFORMATION

### Kadena and Camp Foster Emergency Numbers

Kadena Fire Emergency Services reminds everyone to program their cell phones with the emergency numbers. To report an emergency on Kadena via cell, dial 098-934-5911, and from an office phone, dial 911. For Camp Foster via cell, dial 098-911-1911, or from an office phone, dial 911.

## Think Before You Drink

Did you know there have 15 SOFA members caught drinking and driving in 2019. Don't become a statistic. Think before you drink. Don't drive - call a ride. For a safe ride home call these numbers: Kadena Taxi at 098-970-8888(option 8) / Panda Taxi (off base) 098-937-8989. / Daiko 098-932-4035.

## How to File a Complaint with IG

If you believe you are unable to resolve your complaint through supervisory channels, you may seek IG assistance to determine if the complaint should be filed with the IG. You can file a complaint if you reasonably believe inappropriate conduct has occurred or a violation of law, policy, procedures, or regulation has been committed. Complete the personnel data information on an AF Form 102 and briefly outline the facts and relevant information related to the issue or complaint. List the allegations of wrongdoing briefly, in general terms and provide supporting narrative detail and documents later, when interviewed by an IG person. Allegations should be written as bullets and should answer who committed the violation; what violation was committed; what law, regulation, procedures, or policy was violated; when did the violation occur. Help is available: Call your Kadena IG office at 634-7622 for Maj Sarabia, 634-2768 for SMSgt Aguirre, or leave a message on the Kadena Fraud, Waste, & Abuse (FWA) Hotline at 634-0404.

## AADD: We Get You Home Safe

Did you drink tonight? Made a plan but it's falling through? Can't catch a cab? If any of this applies to you, call AADD. Don't risk it all, when you can get a ride home for free. To contact AADD from a cell phone number, dial 098-961-1110 and ask for the USO, or dial DSN: 634-3889. We're open Fridays and Saturdays at the USO (gate 2) from 2200 to 0100 and we're here to help. If you have any questions and/or concerns, please email our Org Box or contact us on Facebook: Kadena AB A2D2

## WIC Overseas Program Enrollment and Eligibility

The Women, Infants and Children Overseas program is a supplemental nutrition program designed for pregnant, postpartum, and breastfeeding women, infants and children up to the age of 5. As a WIC Overseas participant,

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you can receive nutrition education in the form of individual counseling and group classes, breastfeeding support, supplemental foods such as milk, juice, cheese, cereal, eggs, and fresh fruits and vegetables, and referrals to other health care agencies. For more information, check financial/residential eligibility, visit or call WIC Overseas. All of WIC can be reached at 645-WICO (9426) or from a cell phone at 098-970-9426. (Options 1- Camp Foster; 2- Kadena Air Base; 3-Camp Kinser; 4- Camp Courtney) Kadena Air Base (Bldg. 428) / Camp Foster (Bldg. 5674) / Camp Courtney (Bldg. 4408) / Camp Kinser (Bldg. 107 Rm. 121)

**18th Wing Equal Opportunity**

Do you face concerns of unlawful discrimination or sexual harassment? If so, Kadena AB leadership maintains a strict "zero-tolerance" policy pertaining to discriminatory behavior. If you feel you are being unlawfully discriminated against, to include sexual harassment, take action. We encourage members to use the chain of command first to resolve issues at the lowest level. However, you can also contact the EO office at 634-2571 to set up an appointment; or you may visit our office. Please note that the EO office will not accept a formal complaint more than 60 calendar days for military and 45 calendar days for civilian complaints after the alleged offense occurred without sufficient justification.

**Gate 2 Street traffic closed for Eisa Event**

Gate 2 Street traffic will be closed for Eisa Event on Friday, Aug. 23 from 5 p.m. to 10 p.m. Also part of Route 330 traffic will be closed. Please be advised when driving near Gate

2 Street. All-island Eisa Festival will be held at Koza Athletic Park on Aug. 24 and 25.

**UPCOMING EVENTS Women's Equality Day Fun Run**

Come and celebrate Women's Equality Day by joining us in a fun run. All branches and dependents are welcome for this free event. Fun Run will be starting at 6:30 a.m., August 23 behind the Risner Fitness Center and fun costumes are encouraged. For more information, contact Staff Sgt. Marcela Medina at 634-3300.

**Kadena Air Force Ball 2019**

Kadena Air Base is getting ready to celebrate the 72nd birthday of the United States Air Force by

hosting the Air Force Ball September 14. The ball will be held at the Rocker Enlisted Club. Social Hour begins at 6 p.m. and official ceremony begins at 7 p.m. Tickets are now on sale, please see your unit rep. Please come out and support this great event. For more information / event details, follow Kadena Air Force Ball on Facebook.

**AFSA Chapter 1553 3-on-3 Basketball Tournament**

The Air Force Sergeant's Association (AFSA) Chapter 1553 is holding a 3-on-3 basketball tournament on 31 August, 2019 from 9 a.m. to noon in the Risner Fitness Center on Kadena Air Base. Contact Jacoby Bruner (632-6781) or Adriane Pope (634-7137) for more information.

**VOLUNTEER OPPORTUNITIES Come volunteer at "The Wired Bean"**

The Wired Bean is a home away from home for our junior enlisted and we need E-4s and above to volunteer to monitor the facility and check out equipment. Please sign up using the link below or email Melissa Rafferty for more information at rafferty515@yahoo.com.

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18-Aug	1100-1900	Foster Main Store	Old Spices
19-Aug	1100-1400	KAB Flightline	Triple A
20-Aug	1100-1400	KAB Flightline	Café Shiyu de Pokko
20-Aug	1100-1400	Torii Express	Triple A
21-Aug	1100-1700	KAB Flightline	Old Spices
22-Aug	1100-1700	Torii Express	Old Spices
22-Aug	1100-1700	KAB Flightline	Café Shiyu de Pokko

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website <https://www.med.navy.mil/sites/nhoki/SitePages/flag.aspx>




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