



Young Tigers soar in pack, a first for PACAF

By Staff Sgt. Micaiah Anthony
18th Wing Public Affairs

11/28/2018 — Typically, tigers are solitary animals – they usually hunt and fend for themselves in the wild, however, on Nov. 2, four “Young Tigers” took to the skies as a pack while implementing unique tactics during exercise Steel Tiger. The group of KC-135 Stratotankers from the 909th Air Refueling Squadron departed Kadena Air Base, to refuel F-15Cs from the 44th and 67th Fighter Squadrons.

The aircrew executed their pre-flight, taxi, take-off, and

departure without using any radio communications. The four-ship also conducted minimum interval take-offs between departures on a single runway.

“The 909th ARS and our teammates from the 718th Aircraft Maintenance Squadron are always seeking new and creative ways to solve difficult tactical problems; coupling traditional methods to achieve new effects,” said Maj. Isaiah Oppelaar, 909th ARS director of operations and Steel Tiger mission commander.

In fiscal year 2018, the unit set a record for the most hours

and sorties flown in the IN-DOPACOM AOR, an increase of more than 13% over last year.

“I am very proud of the effort this team puts in every day to make the mission happen,” said Lt. Col. Garret Bilbo, 909th ARS commander. “This team has really stepped up to ensure we not only meet the daily operational requirements but ensure the readiness of the forces throughout the AOR.”

The flying squadron maintains a high state of readiness and world-wide deployment capability to ensure immediate, sustained operations in support

of rapid global mobility and joint power projection.

“We take every opportunity we can to make the force better and develop new tactics, techniques, and procedures,” Oppelaar added. “We are the first PACAF KC-135 unit to train our crews for minimum interval take-offs procedures and this has opened up a number of new potential solutions to some of our most difficult operational problems, enabling us to more effectively and safely meet the theater-joint forces air component commander’s objectives and priorities.”



A four-ship of KC-135 Stratotankers from the 909th Air Refueling Squadron depart Kadena Air Base, Nov. 2, during exercise Steel Tiger.

(U.S. Air Force photo by Staff Sgt. Micaiah Anthony)

USS Ashland completes typhoon recovery mission in Northern Mariana Islands

By Mass Communication Specialist 2nd Class Joshua Mortensen

11/21/2018 - GUAM — The amphibious dock landing ship USS Ashland (LSD 48) departed the waters near Guam and the Commonwealth of the Northern Mariana Islands (CNMI) after assisting Task Force-West with Department of Defense support to the Federal Emergency Management Agency and local authorities, Nov. 20.

“As we depart to continue our mission in the 7th Fleet area of operations our thoughts and prayers go out to everyone in Saipan and Tinian,” said Cmdr. Patrick L. German, Ashland’s commanding officer. “I can only hope that our efforts and the continued efforts of all other branches of service can bring a sense of ease to the citizens of Saipan and Tinian during this time of hardship.”

The Ashland crew, along with 33 other military units, consisting of more than 800 active duty, Reserve, and guard service members from all branches assisted in relief efforts against the aftermath of Super Typhoon Yutu.

Ashland arrived in the area Nov. 3. While helping the people of CNMI, the crew had the opportunity to work alongside the Guam Army National Guard



(U.S. Navy photo by Mass Communication Specialist 2nd Class Joshua Mortensen)

▲ Landing Craft, Utility (LCU) 1633 enters the well deck of the amphibious dock landing ship USS Ashland (LSD 48) to backload equipment and supplies used for Defense Support to Civil Authorities (DSCA) efforts, off the coast of Tinian, Nov. 19.

and the Guam Air National Guard for the first time.

“I could not be more proud of the superb work by the Sailors and Marines on USS Ashland,” said Rear Adm. Brad Cooper, commander, Amphibious Force 7th Fleet. “From their first ever joint operations with the Guam National Guard to their continued partnership with the CLB-31 Marines, the crew truly showed that they are ready to do whatever it takes to support the American people.”

All told, Ashland moved over 100 vehicles and 160 Sailors, Marines and Guam Army National Guard Soldiers that helped clear debris from over 150 miles of road and distributed more than 300,000 gallons of drinkable

water. They also assisted with building more than 400 tents for temporary housing in Saipan and Tinian.

This was the second time this year that Ashland was called upon to help. In early September Ashland also assisted as a refueling station for helicopters, assigned to the “Island Knights” of Helicopter Sea Combat Squadron (HSC) 25, during defense support efforts for Typhoon Mangkhut which also struck CNMI.

Ashland, assigned to Amphibious Squadron 11, is operating in the Indo-Pacific region to enhance interoperability with partners and serve as a ready-response force for any type of contingency.

Super Typhoon Yutu relief



(U.S. Air Force photos by Tech. Sgt. Christopher Ruano)

▲ Staff Sgt. Marc Acosta, assigned to the 18th Equipment Maintenance Squadron at Kadena Air Base, volunteers at a supply warehouse during Red Cross emergency supply delivery, Nov. 17, in the town of Agingan, Saipan, Commonwealth of the Northern Mariana Islands. The American Red Cross’ volunteers and staff workers are here to deliver vital services to the people in need after Super Typhoon Yutu struck the CNMI on Oct. 24.



◀ Emergency supply packages prepared by Guam Army Reservists with the 368th Military Police Company are primed for distribution for Red Cross emergency supply delivery, Nov. 17.

Make 2019 enrollment choices today

By TRICARE mil Staff

11/20/2018 — TRICARE Open Season and Federal Benefits Open Season are underway. You now have until Dec. 10, 2018 to enroll in a new plan or change your enrollment between plans. The choice you make will take effect Jan. 1, 2019 and will remain in effect through all of 2019.

TRICARE and Federal Employees Dental and Vision Insurance Program (FEDVIP) each have an open season for enrollment. Enrollment in FEDVIP is through the Federal Benefits Open Season. While the dates are the same, there are two separate actions for changing your TRICARE health plan, or

enrolling in a FEDVIP dental or vision plan. **What can I do during TRICARE Open Season?**

TRICARE Open Season is an annual period when you may make changes to your health plan. Previously, you could change your health plan at any time. Now, you have to make your plan changes during open season or after you or a family member experiences a Qualifying Life Event. You have three options regarding your 2019 coverage:

•**Do nothing.** If you want to stay with your current TRICARE health care plan, you don’t have to take any action. You’ll continue in your current plan through

2019 or as long as eligible.

•**Enroll in a plan.** If you’re eligible for TRICARE Prime or TRICARE Select, you can enroll in either plan.

•**Change plans.** If you’re already enrolled in TRICARE Prime or TRICARE Select, you can switch plans and switch between individual and family enrollment.

What can I do during Federal Benefits Open Season?

For 2019 coverage, eligible beneficiaries may now enroll in dental and vision plans through the U.S. Office of Personnel Management’s Federal Employees Dental and Vision Insurance Program. If you’re eligible, you can:

•Enroll in a FEDVIP dental plan
•Enroll in both

•Enroll in neither

The TRICARE Retiree Dental Program (TRDP), provided by Delta Dental, ends on Dec. 31. There is no automatic enrollment in a FEDVIP dental plan for 2019 for TRDP enrollees. If you don’t actively enroll in a FEDVIP dental plan, you won’t have FEDVIP dental coverage.

Learn more about TRICARE Open Season and Federal Benefits Open Season that are underway, as well as how to make your enrollment choices. You can review your plan choices using plan comparison tools available on both the TRICARE and FEDVIP websites. If you want to make a change in your health care coverage, take command of your health and participate in open season.

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44TH AND 67TH AMUS LOAD COMPETITION



^ Airman 1st Class Jordan Lazo, 67th Aircraft Maintenance Unit weapons load crew member, moves munitions during a load competition Oct. 26, at Kadena Air Base. The winner earns the title of the best AMU on base.

◀ Airman 1st Class Brandon Carson, 44th Aircraft Maintenance Unit weapons load crew member, left, and Staff Sgt. Eric Llaguno, 44th AMU weapons load crew chief, work together to load munitions while being evaluated during a load competition Oct. 26, at Kadena Air Base. Later, the 44th AMU was announced the winner of the competition.

(U.S. Air Force photos by Staff Sgt. Jessica H. Smith)



^ Airman 1st Class Simon John Delaney, 44th Aircraft Maintenance Unit weapons load crew member, races against the clock to complete final tasks during a load competition Oct. 26, at Kadena Air Base. The units completed their tasks within mere seconds of each other.



^ Airman 1st Class John Sliwka, 67th Aircraft Maintenance Unit weapons load crew member, loads munitions during a load competition Oct. 26, at Kadena Air Base. The AMUs not only competed against one another, but the clock as well.



^ Airman 1st Class Brandon Carson, 44th Aircraft Maintenance Unit weapons load crew member, works quickly to load munitions onto an F-15 Eagle during a load competition Oct. 26, at Kadena Air Base. Load competitions give Airmen an opportunity to test their skills and efficiency in a light-hearted competition.

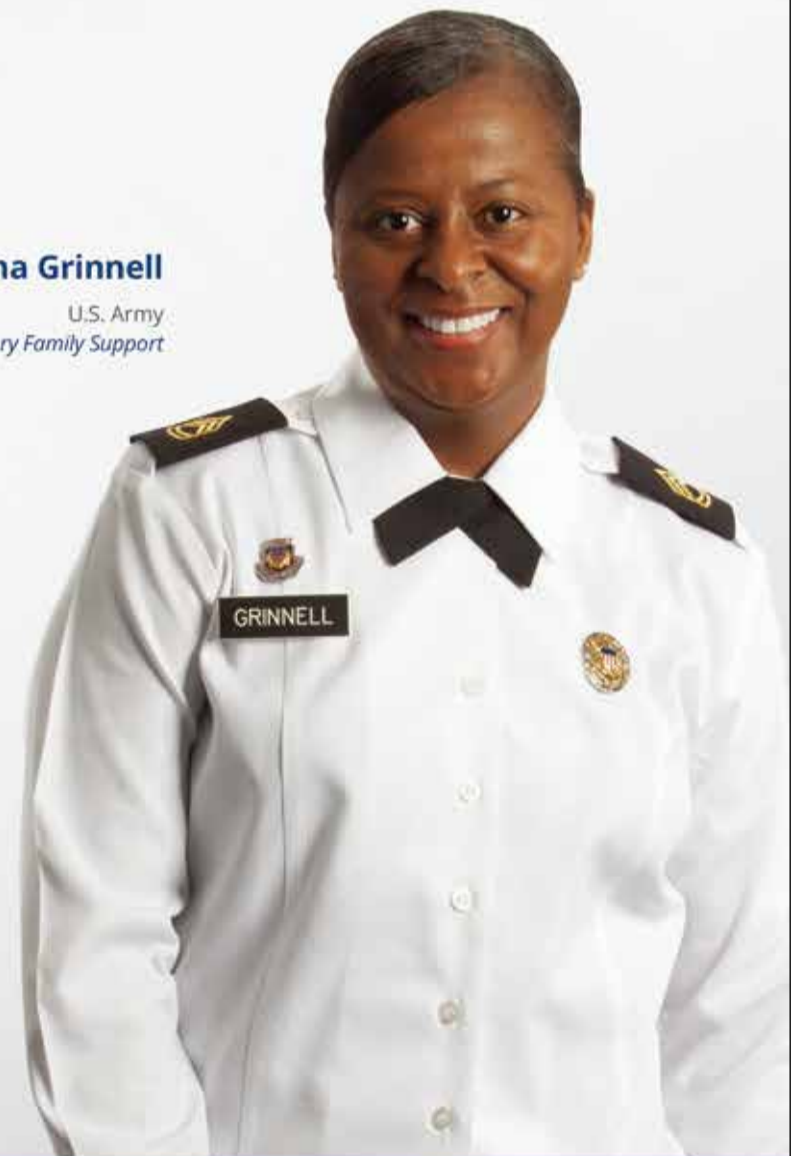


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Navy surgeon general visits Navy Medicine personnel in Japan



(U.S. Navy photos by Petty Officer 1st Class John Kotara)

By Petty Officer 1st Class John Kotara

U.S. Navy Bureau of Medicine and Surgery
11/9/2018 — Adm. Yutaka Murakawa, chief of staff, Japan Maritime Self-Defense Force (JMSDF), awarded Vice Adm. Forrest Faison, Navy surgeon general and chief, U.S. Bureau of Medicine and Surgery Nov. 9 at the JMSDF command headquarters.

The Japanese Maritime Self-Defense Co-Operation Medal is Japan's highest award that can be awarded to a non-Japanese service member.

Upon receiving the medal Faison expressed a deep sense of pride and appreciation.

"I am proud to have received this

exceptional award," Faison said. "Our friendship with Japan, the friendship between our militaries, is not only important to preserving our stability and peace in light of the global challenges we face, it is important because of our ability to work together in order to save lives. I look forward to working with the JMSDF in the future and further expanding the relationship between our countries," Faison said.

Faison received the medal during a 12-day trip to Japan which focused on visiting Navy Medicine facilities throughout the region.

Faison kicked off the tour in Okinawa where he visited Naval Hospital Okinawa. While there, Faison met with Lt. Col. Richard Tanner, Vice Commander, 18th



▶ Vice Adm. Forrest Faison, Navy surgeon general and chief, U.S. Navy Bureau of Medicine and Surgery, speaks with Navy Medicine personnel Oct. 31, during a site visit to Naval Hospital Okinawa.

◀ Vice Adm. Forrest Faison, Navy surgeon general and chief, U.S. Navy Bureau of Medicine and Surgery, welcomes Lt. Col. Richard Tanner, Vice Commander, 18th Wing, Kadena Air Base, Oct. 31 during a site visit to Naval Hospital Okinawa.

Wing, Kadena Air Base, toured multiple departments and took time to speak with Navy Medicine personnel. Faison then traveled to Sasebo, but not before attending a conference with Ginowan Mayor Masanori Matugawa.

"It is amazing the great relationship between Navy Medicine and the Okinawan citizens," said Faison. "We will continue to grow the partnership between Okinawa in order to promote mutually beneficial partnerships to promote health throughout the country."

While in Sasebo Faison visited Branch Health Clinic Sasebo. There he met with senior leaders to discuss the mission of the hospital, had lunch with enlisted corpsmen and held an admiral's

call. While at the admiral's call, Faison discussed the importance of the hospital corpsman.

"The most important Navy Medicine asset is the hospital corpsman," said Faison. "We have the most educated and professional corpsmen in the world. In a time when the potential threat of war is continues to shift to a sea based war, we will call upon these corpsmen to sustain a casualty for up to a week and provide world class quality care."

In Iwakuni, Faison was able to tour the recently finished Branch Health Clinic Iwakuni. While there, he spoke with personnel and answered questions.

Wrapping of the trip at Naval Hospital Yokosuka, Faison had a chance to personally thank and reemphasize the importance of Navy Medicine personnel during an admiral's call.

"We will continue to honor the trust placed in us by the men and women in the service, and to do that we have to provide several things," Faison said. "We need to sustain service and care. We also need to continue to have the highest survivability and preserve and expand on the techniques that are working, and expand on the academia of medicine and treatment. If we can do this, we can look into the eyes of every mother and father and know we are doing the very best we can."

Navy Medicine is a global health care network of 63,000 personnel that provides health care support to the U.S. Navy, Marine Corps, their families and veterans in high operational tempo environments at expeditionary medical facilities, medical treatment facilities, hospitals, clinics, hospital ships and research units around the world.

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Cyber fitness, awareness key during 'season of shopping'

By Military Health System Communications Office

11/22/2018 — With the holidays upon us and the season of sales and shopping nearing its height, the risk has increased for online scams and fraudulent activity targeting consumers. You can make a big difference in protecting your personal and financial information by making cybersecurity a priority.

"Everyone should be aware of scams or frauds targeting email users and shoppers," said Servio Medina, a Branch Chief in the Cyber Security Division at the Defense Health Agency. These attempts to access your information can look like offers for Black Friday, Cyber Monday, or holiday discounts, he advised, and often seem too good to be true.

Medina warned that criminal hackers can easily spoof an email address to make it look like an offering from a trusted retailer or institution, such as a bank. "Now everything is click, click, click — but we should stop and think about what we're clicking on before we engage, and what better time than shopping season?" he said.

Justin Hodges, chief of DHA Cyber Operations Center and director of Cybersecurity Service Provider for Space & Naval Warfare Systems, said cybercriminals may also create websites to look like they represent a charity in order to collect financial information. While some fraudulent websites can be easily identifiable, such as through a .net domain or unfamiliar email address, some more advanced websites may not be as easy to spot, he warned.



(Courtesy photo)

"You need to be really careful that the websites you're going to are in fact legitimate websites," said Hodges, who recommends browsing through a domain with "https," which often shows a lock symbol. The "s" in the domain indicates that a website encrypts information to transit it over the internet. He also encourages consumers to research the website or company name in a search engine to see if any reviews come up.

"Scams will very often have little to no reviews on the internet, which should be a red flag," said Hodges. By visiting a fraudulent website, shoppers run the risk of accidentally giving hackers access to their financial or other personal information, and access to computers and home files, he said.

"You don't need to click on anything or download anything for hackers to exploit the way your browser is configured and download malicious software that

gives them access to your home PC," said Hodges. "Once financial or personal information is taken, it can be stored in data bases on the dark web and sold, making you more susceptible to security breaches in the future."

Medina said shoppers can take some actions to help avoid a phishing attack, such as opening emails in plain text rather than html, or hovering the cursor over a hyperlink without clicking on it to check if the URL leads to a legitimate source. Additional protective steps include updating security software, using a password-protected network, and avoiding unverified public Wi-Fi when making transactions online, he said.

"A lot of people think home networks are safe compared to browsing the web while using a mobile hot spot or free Wi-Fi, but if you don't take steps to protect your network at home, you may not be any safer at home," said Hodges.

The Department of Homeland Security's cyber awareness campaign, STOP.THINK.CONNECT., provides additional online safety tips, such as watching out for deals that look too good to be true, shopping through trusted retailers, and using a credit card instead of a debit card.

The National Credit Union Administration Fraud Prevention Center educates consumers on how to recognize common scams, including package delivery and gift card scams, phishing emails, charity scams, and fraudulent ads. It also offers information on the "evil twin" Wi-Fi scam, which involves a scammer putting out a Wi-Fi signal that looks just like a complimentary one available at coffee shops, airports, and hotels.

"Cyber health is important to the safety and well-being of our warfighters and their families," said Hodges. "The more people know about cyber health, the better they can protect themselves."

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Combating suicide What can I do today?

By Airman 1st Class Austin J. Prisbrey
377th Air Base Wing Public Affairs
11/23/2018 - KIRTLAND AIR FORCE BASE, N.M. — Multiple Air Force initiatives are working toward a common goal: Empowering leaders and Airmen to increase morale, cohesion, and readiness by recognizing when Airmen need help, decreasing barriers to help-seeking, and creating a culture in which Airmen and their families thrive.

“What can I do today?” is the question Brig. Gen. Thomas Owens, assistant to the commander, Air Force Global Strike Command, invites everyone to ask themselves to help combat suicide.

Owens offers four actionable steps individuals can take to advance to this goal. First, create spaces that are inclusive and within which people feel a sense of belonging. Next, communicate in a way in which people feel valued and their contributions are meaningful. Be sure to set norms that convey intolerance of any form of harassment or interpersonal violence. And last, establish the expectation that everyone is responsible for preventing negative outcomes; everyone

is expected to do their part.

“The small choices that foster a culture of help-seeking and connectedness can seem disconnected from stopping an assault or suicide,” said Owens. “Cultural norms will only be established by a lot of people making these choices every day.”

To help establish norms that contribute to a culture in which everyone thrives, Owens suggests that starting the conversation about seeking aid can help.

“Talk about times of struggle and the help—mental, physical, spiritual, social—that helped you get through it,” said Owens. “Encourage Airmen to seek help early and dispel the myth that seeking help will have a negative career impact on the individual seeking aid.”

In addition to seeking aid from professionals, taking personal time for self-care is essential to comprehensive fitness, overall health and combatting suicide.

“Self-care is essential to leading effectively and to our ability to create a culture in which Airmen and families thrive,” said Owens. “Balance is often elusive in the face of the demands of personal and professional commitments and responsibilities. However, research is clear that as



(Defense Logistics Agency graphic)

stress increases, our ability to cope with stressors decreases and often maladaptive behaviors increase.”

If self-care is not a priority, individuals are placed in jeopardy of making poor decisions, according to Owens. He suggests a 2-10-5-7 model as a way to practice self-care.

“Aim for this balance each day,” said Owens. “Two hours of ‘me time’, ten hours of work, 5 hours unplugged, and 7 hours of sleep. While this may not be achievable every day, this formula helps guide how allocation of time each day to maintain balance.”

In addition to the self-care model, Owens proposes that self-reflection can not only help the individual, but those around them. “Take an honest assessment of your physical, mental, spiritual and social health and seek help when needed,” said Owens.

“Your self-care is contagious and will motivate and inspire others self-care. Choose a mentor that exhibits strong well-being and be a well-being mentor for others.”

For more information on combating suicide, self-care, prevention, intervention and resiliency, visit www.resilience.af.mil.



A big USO thank you to everyone who came out to support our 6th Annual USO Okinawa Color Blast 5K! To see more event photos or to share your own, please go to [Facebook.com/USOOkinawa](https://www.facebook.com/USOOkinawa)

Turn stress into strength this holiday season

By 78th Medical Group Mental Health Clinic

11/27/2018 - ROBINS AIR FORCE BASE, Ga. — The holiday season presents opportunities to engage in multiple forms of resiliency.

Engaging in close relationships, practicing gratitude, and participating in religious activities that promote spirituality are often helpful aspects of the holidays. However, the holidays may also create stressors that are unique to this time of year.

Extra travel, new financial obligations and increased exposure to strained family relationships can create new forms of anxiety. In particular, this time of year can be difficult for those that have recently experienced a significant loss or disruption to an important relationship. Relatedly, other major life challenges, such as marital problems, loneliness and mental health issues, can make the holidays a time of unhappiness rather than one of enjoyment.

Promoting Comprehensive Airmen Fitness and ensuring a culture of wingmanship are fundamental concepts that are especially important during the holidays. The significance

of these concepts only increases when work schedules are altered and social networks may temporarily change.

CAF consists of ensuring engagement in and balance between, physical, social, spiritual and emotional resiliency. Participating in activities that are related to CAF promotes well-being and is one reason that the holiday season is so memorable.

Wingmanship increases awareness of difficulty that a fellow wingman may experience, which allows action to be taken to support an individual in need. Use ACE, or ask, care and escort, should you recognize someone that needs support to provide the guidelines and steps to take in order to help someone. Listen to their concerns, demonstrate caring, and escort them to an appropriate helping agency or supervisor.

If you or a wingman are in need of support, the Air Force has many helping agencies to utilize, such as Mental Health, Psychiatric Health, employee assistance programs, military & family life consultant and your local chapel.

FREE-FALL TRAINING



A U.S. Army Special Forces Green Beret assigned to the 1st Special Forces Group conducts free-fall training in Japan.

(U.S. Army courtesy photo)

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CommStrat Marines hone basic infantry skills



U.S. Marine Corps Sgt. Joshua Whitten a squad leader with 3rd Battalion, 2nd Marine Regiment teaches a class on hand and arm signals to Marines with Marine Corps Installations Pacific, Headquarters and Support Battalion, Communication Strategy and Operations on Camp Foster, Nov. 21. The training gave Marines the opportunity to enhance warfighting capabilities while performing their designated task as Communication Strategy and Operations specialists.

(U.S. Marine Corps photo by Cpl. André T. Peterson Jr.)

By Pfc. Brennan Beauton

Marine Corps Installations Pacific

11/21/2018 - CAMP FOSTER — Communication Strategy and Operations Marines trained with infantry squad leaders Nov. 21 at the Gunner's physical training field on Camp Foster.

The infantry squad leaders with 3rd Battalion, 2nd Marine Regiment, currently assigned to 4th Marine Regiment under the unit deployment program, refreshed the CommStrat Marines on their basic hand-and-arm signals, patrol formations, as well as how to set up, and execute deliberate ambushes.

This training was important to the Marines because at core Marines are war fighters and every Marine is a rifleman, according to Gunnery Sgt. Arthur

Shvartsberg, the training and operations chief with Marine Corps Installations Pacific CommStrat.

"This training gives the Marines the confidence to operate in a combat environment," said Shvartsberg. "It teaches them how to maneuver properly and be an asset to the fire-team leader, the squad leader, and it is one less thing they have to worry about."

CommStrat Marines are visual communicators who depict the Marine Corps through the use of taking photos, videos, telling stories and graphic designs.

The CommStrat Marines loaded up with their flak jackets, kevlar helmets, dummy rifles, as well as their camera gear. For most of the Marines, this was their first time operating in full combat gear

with camera equipment.

CommStrat Marines can be embedded into any unit throughout the Marine Corps, including infantry units.

"They have to understand hand-and-arm signals and patrol formations so they can be a force multiplier and not a liability," said Shvartsberg.

Sgt. Thomas Malloy Jr., an infantry squad leader and the platoon sergeant, said it is always good to keep infantry knowledge up to par, and to know the basic levels of task.

"It is important to try to be proactive if something happens and they end up having to fall in with the infantry guys," said Malloy. "It allows the Marine Air-Ground Task Force to function at a higher level and keep guys alive."

Marines always focus and train on the fundamentals day in and day out. It is important to know the basics because it's what Marines fall back on.

"If you can do the basic stuff at a very high level, then it will make you successful in the worst of times," said Malloy.

The CommStrat Marines will continue to train while perfecting their military occupational specialty as visual communicators.

"The more we practice this training, the better we get at it, and the more efficient we will be," said Shvartsberg. "Consistency is key and excellence in the basics."

CommStrat plans to complete the underwater egress training and military operation on urban terrain in the near future.

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F-35B Lightning II lands at MCAS Futenma for first time

An F-35B Lightning II jet refuels at Marine Corps Air Station Futenma, Okinawa, Nov. 27. The F-35B landed, refueled and took off for the first time at MCAS Futenma. The F-35B belongs to Marine Fighter Attack Squadron 121, Marine Aircraft Group 12, 1st Marine Aircraft Wing.



(U.S. Marine Corps photo by Lance Cpl. Savannah Mesimer)

III MEF Band unites nations with music at JDSF Marching Festival 2018



U.S. Marines with the III Marine Expeditionary Force (III MEF) Band perform at the Japanese Self-Defense Force (JDSF) Marching Festival at the Nippon Budokan Arena, Tokyo, Nov. 21. The Budokan Marching Festival is hosted by the JDSF to demonstrate the bond between allied nations, and showcase patriotism and cohesion through music.

(U.S. Marine Corps photo by Lance Cpl. Nicholas Filca)

TAKING A LOOK IN THE PAST

Marines with 3rd Marine Division hike to the top of Mount Suribachi on Iwo Jima, Ogasawara Subprefecture, Japan, Nov. 15. Marines visited the island to learn about the history and reflect on what the past service members, who fought during the battle of Iwo Jima, had to go through.

(U.S. Marine Corps photo by Lance Cpl. D'Angelo Yanez)

3rd Dental Battalion participate in 3-mile hike, triage training



(U.S. Marine Corps photo by Lance Cpl. Armando Elizalde)

Master Chief Leonardo E. Carbonel motivates Sailors with 3rd Dental Battalion, 3rd Marine Logistics Group, during a 3-mile hike Nov. 16 at Camp Hansen.

By Lance Cpl. Armando Elizalde
3rd Marine Logistics Group

11/16/2018 - CAMP HANSEN — In the rainy morning before the sun rises, Sailors take on a 3-mile hike, as their boots splash through the wet roads of Camp Hansen in Okinawa.

Sailors with 3rd Dental Battalion, 3rd Marine Logistics Group, participated in a 3-mile conditioning hike and triage training Nov. 16. The day started with a hike to simulate hiking with deployed Marines and traveling to a Role II facility, as well as conducting Tactical Combat Casualty Care upon arrival.

Triage, by definition, is the assignment of degrees of urgency for wounded or ill patients and determining the order of treatment of a large number of patients or casualties. The training was intended to ensure the Sailors are proficient and understand their role as triage personnel.

U.S. Navy Capt. David W. Jones, the commanding officer of 3rd Dental Battalion, said the overall goal was to understand the basics of TCCC beyond the skills found in a dental clinic.

"Our goal today is to learn TCCC and make sure that we can do our role as triage officers in the field," said Jones. "If we go to war, we aren't going to be doing root canals, cleanings or dental exams, we are going to be triage officers. I want to make sure that my green-side Sailors are prepared to get the job done."

Despite being dental corpsmen, the Sailors are corpsmen first, said Jones. In a time of war, the dental corpsmen will provide basic first aid and triage support with their fellow medics.

The Sailors were split up by their respec-

tive clinics from each base on Okinawa, to compete for the fastest time to complete the triage scenario provided by TCCC instructors from 3rd Medical Battalion.

U.S. Navy Lt. Liam F. Delahanty, a medical officer with 3rd Medical Battalion, 3rd MLG, said the course was designed to prepare and test the Sailors with standard triage procedures.

"We are going to be doing trauma triage scenarios and trauma assessments," said Delahanty. "This is preparing the Sailors to become triage officers and members of triage teams. In a real life scenario, when 3rd Medical Battalion deploys, we often have dental come in along with us to act as our triage officers."

The exercise scenarios included various types of wounds and injuries such as abrasions, punctures, avulsions, incisions, lacerations, amputations and head wounds.

"The types of scenarios in this exercise were chosen to represent what would potentially be seen in conflict," said Delahanty. "The events were timed to ensure a sense of urgency and a healthy form of competition."

Master Chief Leonardo E. Carbonel, the command master chief of 3rd Dental Battalion, said this training is very beneficial not only to the new Sailors but also those who have been with the unit for a long time but have not treated anyone like this before.

"I think, overall, they are enjoying the training and it's dusting off that knowledge base that they've learned," said Carbonel. "I think it's good to have this type of training to ensure that the Sailors are comfortable with doing the basics."

Rear Adm. Fenton town hall meeting in Okinawa

Rear Adm. Greg Fenton, commander of U.S. Naval Forces Japan/Navy Region Japan, speaks to service members, dependents and civilians during a town hall meeting onboard Camp Shields in Okinawa, Nov. 26. Fenton has held a series of town hall meetings across the region to discuss disaster preparedness and answer questions.



(U.S. Navy photo by Mass Communication Specialist 2nd Class Matthew Dickinson)

NMCB-3 SEABEES POUR CONCRETE FOR K-SPAN PROJECT



Engineering Aide Constructionman Apprentice Ezekiel Jackson, assigned to Naval Mobile Construction Battalion (NMCB) 3, conducts a concrete slump test to measure the concrete's consistency before it can be poured into wall forms during a project to build a k-span structure that will house civil engineering support equipment onboard Camp Shields in Okinawa, Nov. 19.



(U.S. Navy photos by Mass Communication Specialist 2nd Class Michael Lopez)

Builder Constructionman Apprentice Christian Monserrat shovels concrete into a bucket held by Builder Constructionman Apprentice Ahmed Salem, both assigned to NMCB 3, so the concrete can be poured into wall forms during a project to build a k-span structure that will house civil engineering support equipment onboard Camp Shields.

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A photograph of several tropical drinks in various glasses, including cocktails with umbrellas and smoothies, arranged on a table. The background is a dark, cave-like setting with some greenery.

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A photograph of a scenic landscape with large, jagged rock formations and lush green vegetation. A wooden walkway leads through the rocks, and a few people are seen walking on it. The sky is blue with some clouds.

SEABEES WORK 'THROUGH THE NIGHT', COMPLETE MOUNT OUT EXERCISE

By Mass Communication Specialist 2nd Class Michael Lopez

Naval Mobile Construction Battalion 3 Public Affairs **11/21/2018 - CAMP SHIELDS** — Seabees assigned to Naval Mobile Construction Battalion (NMCB) 3 worked day and night to complete a 48-hour mount out exercise (MOX) onboard Camp Shields in Okinawa, Nov. 19-21.

A MOX simulates one of the core capabilities of an NMCB; the ability to deploy an 89-person air detachment within 48 hours to support any mission required by a supported commander. Missions could range from major combat operations to humanitarian and disaster relief.

The scenario for this exercise was a major combat operations response to a threat in the Indo-Pacific Command area of operations.

The mount out required robust communication and attention to detail within the embarkation team; the department that provides the expertise and muscle behind any major movement.

“Many people would think communication is the most challenging part of the exercise because there are so many moving parts, but I don’t think that’s actually the hardest aspect,” said Senior Chief Equipment Operator Matthew Kreamalmyer, the battalion’s embarkation officer. “When it comes to load planning and exercising the ability to move so many personnel and pieces of equipment, it takes a lot of time to pay attention to the small details that will cause a great deal of frustration for preparing the flight if they’re overlooked.”

The Seabees worked day and night in shifts to move 37 units of civil engineering support equipment (CESE), 20 pallets consisting of tricon storage containers, shoring materials, shower and galley materials, meals-ready-to-eat, and personnel gear issue.

“Our team has been motivated, they’re pushing hard and learning new trades which also helps diversify the battalion,” said Kreamalmyer. “We have Sailors from every single rate in every company in our battalion working on this exercise in which they have to work outside of their rate skill sets to make this happen as a battalion.”

After identifying the appropriate materials to support the mission, the Seabees can’t simply load them as-is into an aircraft. Getting the equipment ready for liftoff consists of several evolutions



Construction Electrician Constructionman Apprentice Jaden Brevick, assigned to NMCB-3, washes a high mobility multipurpose wheeled vehicle during a 48-hour mount out exercise (MOX) onboard Camp Shields.

(Bottom left photo) Construction Electrician Constructionman Taylor Frederick and Equipment Operator 2nd Class Marisela Allen, both assigned to NMCB-3, place scales under a tricon storage container during a 48-hour mount out exercise.

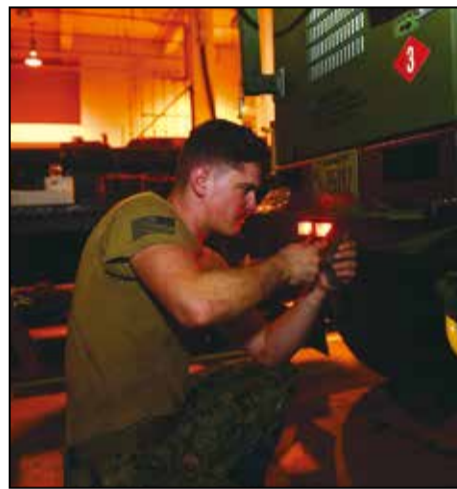
(Bottom right photo) Construction Electrician Constructionman Recruit Dylan Thornsberry, assigned to NMCB-3, replaces a tail light on a piece of civil engineering support equipment during a 48-hour mount out exercise.

(U.S. Navy photos by Mass Communication Specialist 2nd Class Michael Lopez)



and meticulous attention to detail.

“Every little detail and measurement that goes into the preparation of the equipment matters in the end so that accurate information can get to the load planners and we can load the aircraft properly,” said Equipment Operator 2nd Class Monica Cervantes, the embarkation leading petty officer and night crew leader. “The chains on the tricon boxes have to be a certain way, everything needs to be accounted for, the weights and measurements that were recorded have to be accurate and match our paperwork; all of these things are inspection items.”



The Seabees built pallets and shoring to load the equipment, washed and measured each piece of CESE to locate its center of balance, and collected data to prioritize the order of shipment in the staging area.

The data, consisting of the total weight, dimensions, hazardous materials, and aircraft compatibility, moves into the hands of the load planners, who input the information into a computer program called Sea Service Deployment Module to determine where each item will be placed in the military aircraft before the Seabees can stage the items. If these steps are not taken and the load is not properly

planned, it could unbalance the aircraft and endanger the flight.

“The final push of this exercise was probably the best for me because I got to see everything in its place knowing that I and the rest of the team had a part in loading every unit of CESE and supply materials,” said Builder 2nd Class Valerie Romero, a load planner for the exercise. “It’s a really big deal when you start thinking about how all the weights, measurements, and other data come into play to make sure that the aircraft is loaded with the right gear and will actually be cleared to fly.”

The days and nights of effort culminated in an inspection performed by a representative from the 30th Naval Construction Regiment and subject matter experts from NMCB-3 to determine the accuracy of the information and load plan to get the materials to the mission area, demonstrating that NMCB-3 stands ready to mobilize their air detachment.

NMCB-3 is forward deployed throughout the Indo-Pacific region and United States ready to support major combat operations, theater security, humanitarian assistance and disaster relief operations. Seabees provide general engineering and civil support to Navy, Marine Corps and joint operational forces globally.



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Army Patriot Missile Battalion takes part in exercise Keen Sword

By Sgt. Malcolm Cohens-Ashley

94th Army Air and Missile Defense Command

11/8/2018 - HONSHU, Japan — Soldiers assigned to the 1st Battalion, 1st Air Defense Artillery Regiment also known as “The Snake Eyes Battalion” took part in training exercise Keen Sword, from Oct. 29- Nov. 8 in Honshu and Okinawa.

Keen Sword is designed to enhance Japan-U.S. combat readiness and interoperability while strengthening bilateral relationships and demonstrating U.S. resolve to support the security interest of all allies and partners in the region.

Dating back to the mid-1980’s, this training between the United States and Japan has been a routine, recurring event for the U.S.-Japan Alliance. Keen Sword is a concrete example of the strength of the U.S.-Japan Alliance, the foundation of peace and security in the Indo-Pacific region for more almost 60 years.

The U.S.-Japan- Alliance has long been the cornerstone of regional peace and security in the Indo-Pacific region.

Keen Sword included partnerships with the Navy, Air Force, Marines and the Japan Air and Ground Self Defense Force; and for the first time, the Canadian Navy participated.

Roughly 10,000 service members from the following units participated in Keen Sword: U.S. Pacific Fleet, U.S. Forces Japan, 5th Air Force, 374th Airlift Wing, 18th Wing, 35th Fighter Wing, III Marine Expeditionary Force.

Although 1-1 ADA, played a small role in a large picture, they were able make a large and lasting impact.

Prior to taking part in Keen Sword, the snake eyes battalion had to execute multiple phases of preparation.

They conducted an Operational Readiness Exercise and a Mission Rehearsal Exercise between October 5-November 2, in Okinawa and Honshu prior to Keen Sword. This process was conducted in three phases: Preparation, Execution and Recovery.

“1-1 ADA continuously partners with JASDF and JGSDF air and missile defense units both

in Okinawa and Honshu, Japan,” said 1st Lt. Matthew Brewer, an air defense officer assigned to Headquarters and Headquarters Battery, 1-1 ADA. “We have the common mission of defending our assigned assets with similar weapons systems.”

Through the proper use of their expertise, they were able to accomplish their mission.

“The mission of 1-1 ADA was to validate battle positions, systems and procedures for use during contingency operations,” Brewer stated. “We occupied battle positions on Honshu and Okinawa.”

Exercises such as this, provides the opportunity to exercise bilateral capabilities and identify gaps and seams, Brewer said.

Overall, they continue to improve combat readiness through exercises such as this. Sgt. Maj. Tommy Flores, the G35 Operations Sgt. Maj. assigned to the 94th Army Air and Missile Defense Command served as an external evaluator during Keen Sword.

“1-1 did extremely well during the [External Evaluation], they are a highly motivated unit



(U.S. Army photo by 1st Lt Bryan Lodge)



(U.S. Army photo by 1st Lt Christopher Neff)

Soldiers assigned to Bravo Battery, 1st Battalion, 1st Air Defense Artillery Regiment emplace a radar during exercise Keen Sword 18, on Yokota Air Base. Keen Sword was conducted from Oct. 29-Nov. 8.

Soldiers assigned to Delta Battery, 1st Battalion, 1st Air Defense Artillery Regiment conduct missile reload on Marine Corps Air Station Futenma, Okinawa.

that performed at a high level of proficiency,” Flores said when asked about the performance of 1-1 ADA during Keen Sword. “Exercises like Keen Sword identifies the shortfalls and helps us refine our [Tactics, Techniques and Procedures].”

Sgt. Maj. Flores went on to explain his role as an external evaluator during the exercise and the importance of his role.

“I analyzed the units performance throughout mission planning, preparation and execution,” Flores stated. “I helped them to update their SOP’s, TTP’s and best practices as an outsider of their organization.”

Over the course of the exercise the main goal was to reach the overall expected outcome set forth by leadership.

The overall expected outcome for Keen Sword was to execute our wartime posture and mission essential task list proficiency, Flores remarked.

In the bigger picture, continuing interoperability with ally nations is the goal for everyone involved in Keen Sword.

“We have worked together in the past and exercises like Keen Sword help us to build upon our shared responsibilities in the Pacific [Area of Responsibilities],” Flores said.

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Air Defenders recognized for achieving Patriot Master Gunner status

By Capt. Marion Jo Nederhoed
11/16/2018 - OSAN AIR BASE, South Korea — Fourteen Air Defenders from across the globe graduated on November 14, from Class 701-18 Patriot Master Gunner (PMG) course held at Osan Air Base, South Korea, with senior leaders and family members in attendance. The new PMG's were recognized for their hard work and completing this milestone in their careers. The course is both demanding and critical for air defenders worldwide and to the mission in the Republic of Korea.

The 35th Air Defense Artillery Brigade, hosted the course that included students from The 94th Army Air and Missile Defense Command (AAMDC), Hawaii; Fort Bragg, North Carolina, Fort Bliss, Texas and 1-1 ADA from Okinawa, Japan, and 35th ADA Soldiers stationed on the Korean Peninsula. The course has been ongoing since September 11, and provided the new Patriot Master Gunners with critical skills to enhance readiness and air defense across the force.

Guest Speaker, Command Sgt. Maj. Randy B. Gray, 30th Air Defense Artillery Brigade command sergeant major from Fort Sill, Oklahoma, challenged the new graduates to live up to the standards of a Patriot Master Gunner by becoming system experts and better trainers. Gray said that the easy part is over and they have earned the PMG designation. They have learned the necessary tools and now the hard part begins as they go out and share their experience.

"Remain relevant, share knowledge and anticipate problems," Gray said. "Be

forward thinking, choose a mentor and put yourself in uncomfortable situations."

Sgt. 1st Class Gregorio Estrada, Patriot Master Gunner Course Mentor from 3rd Battalion, 6th Air Defense Artillery School located at Fort Sill, Oklahoma, congratulated the students and encouraged them to take the knowledge that they learned and use it in the field.

"You will have some hard days ahead, but remember your training," Estrada said. "I look forward to working with you in the future."

Staff Sgt. Joseph Butler from Charlie Battery, 2-1 Air Defense Artillery Battalion, received top honors and was recognized as the PMG honor graduate.

"This is overwhelming," Butler said. "I'm excited to go out and use the new tools that I have learned and train our air defenders."

This is the second time that the PMG course was hosted by the 35th ADA. It was first hosted on the South Korean peninsula in 2016. Chief Warrant Officer 4 Mark E. Theriot, pre-course officer-in-charge and course facilitator said that the course is critical not only to the air defenders on the peninsula, but to air defenders worldwide. Currently there are only two or three Patriot Top Gun Officers on the peninsula and this training helps to mitigate any training gaps by having more Patriot Master Gunners to put into the field.

"We are starting planning now to make this an annual reoccurring training," Theriot said. "We hope that we can get more air defenders from around the world to attend. This is helping the force,



(U.S. Army photo by Capt. Marion Jo Nederhoed)
Fourteen Air Defenders from across the globe graduated on November 14, from Class 701-18 Patriot Master Gunner (PMG) course held at Osan Air Base, South Korea, with senior leaders and family members in attendance.

not just ourselves."

The Master Gunner Course develops expert skills and provides a comprehensive understanding of operations, planning, and airspace management. The course challenges the air defenders' competencies using a number of situations, hands on training, examinations, and practical exercises, to test and evaluate their current skills, knowledge, and attributes (SKA).

By course end, students are required to design and implement defense architecture to employ Air Defense weapons systems using the strategies of the Contemporary Operating Environment (COE) in the following areas: Airspace Management, Operations, Planning, and Evaluation, plus identify the tasks to

employ the Patriot Weapon System and fire the Patriot missile.

Graduates of Class 043-ASITA4 Patriot Master Gunner Team 701-18 are:

Sgt. 1st Class Davyon Burroughs
Sgt. 1st Class Ivan Pittman
Sgt. 1st Class Nicholas Wallace
Staff Sgt. Joseph Butler
Staff Sgt. Chase Dehart
Staff Sgt. Matthew Heptner
Staff Sgt. Michael McDonough
Staff Sgt. Robert Moscatelli
Staff Sgt. Joe Le
Staff Sgt. Dustin Woods
Staff Sgt. Matthew Woods
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<p style="font-weight: bold; color: blue; margin: 0;">Havana's, Torii Station</p> <p style="font-weight: bold; margin: 0;">Sunday, December 9</p> <p style="margin: 0;">05:00-09:00</p> <p style="margin: 0;">Doors open at 04:30</p>	<p style="font-weight: bold; color: blue; margin: 0;">Crow's Nest Club, Camp Shields</p> <p style="font-weight: bold; margin: 0;">Sunday, December 9</p> <p style="margin: 0;">05:00-09:00</p> <p style="margin: 0;">Doors open at 04:30</p>
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Kadena Air Base Community Notes

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NOTICES

DBIDS 5.0 - Unescorted passes and contractor badge reissue

A scheduled upgrade to the installation access system has completed and DBIDS 5.0 is now live at Kadena Air Base. For all personnel possessing a DEERS linked form of identification (e.g. Common Access Card) there is no action required; DBIDS will automatically create a database profile the first time your identification is scanned by a hand-held device upon entry to the installation. All previously issued unescorted passes and USFJ 98EJ contractor badges will require registration and reissue of a new secure DBIDS 5.0 hard-card form of identification. To facilitate a smooth transition, these unescorted passes and USFJ 98EJ contractor badges will remain valid for a 90 day period while the Gate 1 Visitor Center conducts the registration and reissue process. All personnel that need reissue are encouraged to visit the Gate 1 Visitor Center at their earliest convenience. On 31 Dec., 2018, the installation will no longer accept unescorted passes and USFJ 98EJ contractor badges, and personnel still possessing these passes will be denied access and directed to the Gate 1 Visitor Center for registration and reissue.

TRICARE Prime and TRICARE Select plan information for calendar year 2018

The following changes or improvements to your TRICARE benefits apply for calendar year 2018: TRICARE Select will replace TRICARE Standard and TRICARE Extra on 1 Jan., 2018. TRICARE Select brings together the features of TRICARE Standard and TRICARE Extra in a single plan. Enrollees who obtain services from TRICARE network providers will pay lower cost sharing amounts for network care. All current TRICARE beneficiaries will be automatically enrolled in their respective plan on 1 Jan., 2018. TRICARE Prime plan enrollees will remain in their TRICARE Prime plan. TRICARE Standard

and Extra beneficiaries will be enrolled in a TRICARE Select plan. Beneficiaries can choose to enroll in or change their TRICARE Prime or TRICARE Select coverage during an annual open enrollment period in November-December, 2018 for coverage beginning on 1 Jan., 2019. For calendar year 2019, failure to enroll in TRICARE Prime or TRICARE Select results in the termination of coverage for civilian care. These beneficiaries who choose to not enroll may only receive care at a military clinic or hospital on a space available basis. However, some exceptions still apply for more information contact TRICARE at 630-4310 Mon. - Fri. 7:30 a.m. - 4:30 p.m.

Partial Road Closure

Road Closure for portion of FH Smith Dr from intersection of Schreiber Ave to Bldg 3135 from Aug. 11 to March 31, 2020.

Team Kadena Cookie Drive

Team Kadena will be collecting home baked cookies for our dorm residence. Drop off can be made at the Kadena USO on Dec. 6, 12 p.m. - 7 p.m. or Dec. 7, 7:30 a.m. - 2 p.m. Please transport cookies in a flat bottom pan or box to minimize breakage.

SAPR/Suicide Prevention Annual Training (Green Dot) -Final Training Days

2018 SAPR/Suicide Prevention Training is a Mandatory requirement. Classes offered are slowing down and WILL END before the Holiday begins. There are no personal "in-house" trainings authorized for 2018 so if you have not completed yours, GET SCHEDULED BEFORE IT IS TOO LATE. For more information, please visit Kadena Green Dot website.

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If you or your family members ever receive

through the mail, electronic media, or in person any written notice of legal action against the United States or the USAF to include a writ, summons, notice of legal proceedings, or any other foreign civil process, please IMMEDIATELY send or deliver it to the Legal Office for appropriate actions.

INFORMATION Visitor Control Center Webpage

The 18 Security Forces Pass and Registration Webpage is now live. Please visit <https://www.kadena.af.mil/Agencies/Visitor-Control-Center/> to view requirements for our services and hours of operation.

Kadena and Camp Foster Emergency Numbers

Kadena Fire Emergency Services reminds everyone to program their cell phones with the emergency numbers. To report an emergency on Kadena via cell, dial 098-934-5911, and from an office phone, dial 911. For Camp Foster via cell, dial 098-911-1911, or from an office phone, dial 911.

AADD: We Get You Home Safe

Did you drink tonight? Made a plan but it's falling through? Can't catch a cab? If any of this applies to you, call AADD. Don't risk it all, when you can get a ride home for free. To contact AADD from a cell phone number, dial 098-961-1110 and ask for the USO, or dial DSN: 634-3889. We're open Fridays and Saturdays at the USO (gate 2) from 2200 to 0100 and we're here to help. If you have any questions and/or concerns, please email our Org Box or contact us on Facebook: Kadena AB A2D2

How to File a Complaint with IG

If you believe you are unable to resolve your complaint through supervisory channels, you may seek IG assistance to determine if the complaint should be filed with the IG. You

can file a complaint if you reasonably believe inappropriate conduct has occurred or a violation of law, policy, procedures, or regulation has been committed. Complete the personnel data information on an AF Form 102 and briefly outline the facts and relevant information related to the issue or complaint. List the allegations of wrongdoing briefly, in general terms and provide supporting narrative detail and documents later, when interviewed by an IG person. Allegations should be written as bullets and should answer who committed the violation; what violation was committed; what law, regulation, procedures, or policy was violated; when did the violation occur. Help is available: Call your Kadena IG office at 634-7622 for Maj. Sarabia or 634-1109 for SMSgt. Southern, or leave a message on the Kadena Fraud Waste & Abuse (FWA) Hotline at 634-0404.

18th Wing Equal Opportunity

Do you face concerns of unlawful discrimination or sexual harassment? If so, Kadena Air Base leadership maintains a strict "zero-tolerance" policy pertaining to discriminatory behavior. If you feel you are being unlawfully discriminated against, to include sexual harassment, take action. We encourage members to use the chain of command first to resolve issues at the lowest level. However, you can also contact the EO office at 634-2571 to set up an appointment; or you may visit our office. Please note that the EO office will not accept a Formal Complaint more than 60 calendar days for military and 45 calendar days for civilian complaints after the alleged offense occurred without sufficient justification.

Finance Inquiries

Finance inquiries may be sent to 18cpts. finance@us.af.mil - include full SSN. Phone calls will be taken from 8 a.m. - 12 p.m. at 634-3609.

Continued on PAGE 15

GET ALL YOUR CHILI'S FAVORITES RIGHT TO YOUR DOOR STEP!



DELIVERY FROM
4 PM - 10 PM

KADENAFSS.COM/DELIVERY • 966-7366 | 036-868-2210



CHILI'S GRILL & BAR
966-7360 | 036-868-2209 | BUILDING 105



Office is closed each 3rd Thursday of the month (Training Day) – Closed – All Day. For emergencies call 080-6487-6969.

Public Affairs Photo Studio

The Public Affairs photo studio is open Mon. - Thurs. from 9 - 11 a.m. and 1 - 4 p.m. Appointments are available in half-hour increments. Award, bio or package submission photos are scheduled Mon. - Wed. Full length photos are only available on Thursday. Official Passport photos are by appointment only until further notice, Mon. - Fri., and require a letter from your UDM or the passport office. For questions or to schedule, please call 634-3813.

Government of Japan Quarantine Warning

Certain regions of Japan, including Okinawa, are home to serious plant pests that are not present in other parts of Japan. The government of Japan's Plant Protection Station strives to eradicate these pests and prevent the movement of their host plants to areas the pests are not currently present. DO NOT transport or mail the following plants and species: •Sweet Potatoes •Citrus Seedlings •Giant African Snail •Citrus Greening Disease •West Sweet Potato Weevil •Sweet Potato Weevil

UPCOMING EVENTS

Chief Master Sergeant Promotion Release Party

The Chief's Group will host the Chief Master Sergeant Promotion release party Dec. 7, at 3 p.m. at the Rocker NCO Club. For more information, contact Chief Master Sgt. George Baker at 634-8560 or Chief Master Sgt. Fabian Hollis at 634-4067.

Chura Shima Air Fest

Blue Impulse Show (8 Dec. (Sat), 10 a.m. - 7 p.m. / 9 Dec. (Sun) 10 a.m. - 4 p.m.), F-15 Night Flight Show with Projection Mapping Effects, F-15/T-4 Flight Show, Fancy Drills by JASDF Cadets, Joint Formation Involving Ground, Maritime and Air Self-Defense Aircraft, Military Police Dog General Election, Live Music Show in a hanger by several musicians, Lots of food booths, etc. at Naha Air Base. If you have any questions about the event, please contact Naha Air Base Public Affairs Office at 9wg-adm001@inet.asdf.mod.go.jp

VOLUNTEER OPPORTUNITIES

Kadena High School JROTC Detachment

The Kadena Air Base High School JROTC Detachment has 155 cadets and is in need of volunteers. This volunteer effort is to help provide Air Force Career Speakers, Drill Team leads, CyberPatriot leads, Academic Bowl leads, Tutors, Mentors, etc. This is a joint Company Grade Officer Council and Top 3 volunteer effort and is extremely flexible. You can go to the Kadena CGOC sharepoint site (see below) to see the openings and different programs that you can volunteer for. Click on the JROTC Volunteer Signup for all the details! <https://kadena.eis.pacaf.af.mil/orgs/kc goc/SitePages/Home.aspx> - OR - you can go to the Top 3 sharepoint site <https://kadena.eis.pacaf.af.mil/orgs/top3/Pages/CGO-Liaison.aspx> to sign up! For more information please contact the CGOC POCs, Capt Daniel Brewer at DSN: 634-3097 or daniel.brewer.10@us.af.mil, Capt Robert Stone at robert.stone.29@us.af.mil - OR - Top 3, SMSgt Kim Wiessner kim.wiessner@us.af.mil or MSgt Wayne Shaw at Wayne.shaw.4@us.af.mil

Come volunteer at "The Wired Bean"

The Wired Bean is a home away from home for our junior enlisted and we need E-4s and above to volunteer to monitor the facility and check out equipment. Please email Melissa Rafferty for

more information at rafferty515@yahoo.com.

Kadena High School World Language Department Volunteers

The Kadena High School World Language Department is seeking native French and Spanish speakers to volunteer to interact with students in French and Spanish as part of our community collaboration. Speakers are needed during the school day. French volunteers would be requested from 7:15 a.m. - 10 a.m., and Spanish volunteers would be requested from 7:15 a.m. - 2:05 p.m., on Nov. 30, and Dec. 14. If interested please contact Jason Gusler at Jason.gusler@pac.dodea.edu.

Kadena Tax Center Volunteer Event

The Kadena Tax Center needs volunteers for the upcoming tax season, and we request your help. Kadena has one of the best tax programs in the Air Force. Last year, Kadena Tax Center Volunteer Tax Advisors (VTA) helped prepare over 1,073 returns, saving service members over \$202,200.00 in tax preparation fees. This is a great benefit for Airmen and their families, but as you're aware, this "FREE" service cannot be offered without help from the VTAs. While no longer an extra duty requirement, we request your assistance in determining if any of your personnel are willing to volunteer, and if so, determining if your mission requirements would allow for such support. — Each VTA is required to attend a 5-day IRS

training (unless they have been a VTA within the past 2 years) and work 20 days in the tax center during peak season (January - June 2019). The work days can be accomplished by working 1 day every week or a block(s) of consecutive days.

- IRS training: This will be provided on 7-11 Jan., 2019; Volunteers need a laptop for training.
- Volunteers do not need tax experience as training will be given. However, individuals with prior experience are highly encouraged to volunteer.
- DEADLINE: Initial cutoff: Dec. 16, Submit VTA names to Mrs. Leigh Dedrick at DSN 634-3300 or email: Primary: leigh.dedrick@us.af.mil or Alternate: 18wg.jagenerallaw@us.af.mil.

SAAPM Volunteers Needed

Are you interested in coordinating one of the April 2019 SAAPM events for the largest combat wing in the USAF? If so, please attend our meeting: 7 Dec, 2 p.m. - 3 p.m., in bldg 128. Past SAAPM events have included: 5k glow run, softball and golf tournaments—new event ideas welcomed! Contact 634-0180 for more information.

Find Your Exchange Food Trucks at a Location Near You Today!

30-Nov	1100-1400	KAB Flightline	Nukumi Kitchen
30-Nov	1100-1900	KAB Concession Mall	Old Spices
3-Dec	1100-1400	KAB Flightline	Nukumi Kitchen
3-Dec	1100-1400	AMC Terminal	Triple A
4-Dec	1100-1800	Butler Express	Old Spices
4-Dec	1100-1400	Torii Express	Nukumi Kitchen
4-Dec	1100-1400	KAB Flightline	Café Shiyu de Pokko
5-Dec	1100-1400	KAB Flightline	Old Spices
6-Dec	1100-1400	KAB Flightline	Café Shiyu de Pokko

WING KING

Chicken (9pc) 500yen
Chicken Sandwich 400yen

Choice of 11 Delicious Sauce Flavors!

SANDWICH: Chicken / Pork Chop / Fish
CHICKEN: 6pc - up to 60pc
SIDE ORDER: Fried Okura / Fries / Lumpia ... and More!!

WING KING 098-936-8986
OPEN 11:00am~9:00pm

Indian Curry

Lunch Sets 1,080yen ~ Dinner Sets 1,680yen ~

BOLLYWOOD DREAMS Since 2010
BOLLYWOOD JEWEL

TEL: 098-926-0977 Closed every Wednesday
Depot Island Bld. A 2F, Mihama 91, Chitau, Okinawa

TEL: 098-989-1922 Closed every Tuesday
Seaside Square A31, Mihama 98, Chitau, Okinawa

Lunch 11:00-16:00
Dinner 16:00-22:00 [L.O 21:30] Fri-Sat -22:30 [L.O 22:00]

www.bollywood-dreams.jp

SEASIDE STEAK BEEFY'S

Depot Island SEASIDE 4F
Distortion Seaside Bldg.
Ouk Fashion Bldg.

SEASIDE STEAK BEEFY'S
Depot Island SEASIDE 4F
HOURS: 5:00PM-11:00PM
TEL: 098-982-7566

KANTEIKYOKU

Festival Special Sale
DECEMBER 06 thru 31st!

ROLEX Buy & Sell

LOUISVUITTON GUCCI PRADA HERMES
MICHAEL KORS CHANEL COACH OMEGA

English OK!
OPEN: 10 a.m. - 8 p.m.
TEL: 098-930-1147

¥ Cash or major credit card

SAMURAI GATE SPECIAL COUPONS

H?
HOWZIT? CAFE

**FOOD MENU
¥100 OFF**

1-57-24 Makiminato, Urasoe City
Morning: 9:00-15:00 Night 15:00-23:00
Monday: 17:00-23:00 (Thursday closed)
Offer expires on 12/31/2018




**PANCAKE HOUSE
JAKKEPOES**

**FREE MEDIUM
SIZE
COFFEE/TEA**

Must order food menu. HOT only.

436 Toya, Yomitan Village
Monday, Thursday, Friday: 9:00-15:30
Saturday, Sunday, JP Holidays: 8:00-15:30
(Tuesday & Wednesday closed)
Offer expires on 12/31/2018




**Doesn't
Matter
Espresso**

Doesn't Matter Espresso

**FOOD MENU
¥100 OFF**

2-2-1 Isa, Ginowan City
Open: 8:00-17:00
(Monday closed)
Offer expires on 12/31/2018




AIEN
COFFEE & HOSTEL

**FREE 1 PIECE
POUND CAKE**

Must order OVER ¥500 menu.

MORNING: 7:00-11:00
CAFE: 11:00-18:00
CAFE & BAR: 18:00-23:00 (L.O. 22:00)
Offer expires on 12/31/2018




&
COFFEE & BREAK
GINOZA FARM LAB

**COFFEE & BREAK
GINOZA FARM LAB**

**FOOD MENU
¥100 OFF**

1633 Kanna, Ginoza Village
MORNING: 8:00-11:00
LUNCH: 11:00-17:00
Offer expires on 12/31/2018




La Polleria
PIPELINE COFFEE

**La Polleria
PIPELINE COFFEE**

**FOOD MENU
¥100 OFF**

2-23-1 Oyama,
Ginowan City
Open: 6:00-20:00
Offer expires on 12/31/2018




**ROCKERS
Cafe**

ROCKERS CAFE

**FREE HOME
MADE
VEGAN
COOKIE**

2F 9-39 Mihama, Chatan Town
Monday - Sunday: 11:30-22:00 (L.O. 21:00)
Saturday: 11:30-0:00 (L.O. 22:00)
(Wednesday closed)
Offer expires on 12/31/2018





GOURMET

**Cafe
Spot**

**BREAKFAST
MINI BITES
SANDWICHES**

Please mention the coupon (cut out) before ordering. Each coupons are different shops, please read details coupon. Use mobile to scan the QR code for shop locations. Not valid with any other special offer or coupon deal. Limit one coupon per person.
ALL COUPONS OFFER EXPIRE ON 12/31/2018

vongo & anchor
COFFEE and DELICATESSENS

**VONGO & ANCHOR
Coffee and Delicatessen**

**FOOD MENU
¥100 OFF**

9-21 Mihama, Chatan Town
Weekday: 9:00-22:00 / Weekend: 8:00-22:00
(Please check official site for shop schedule)
Offer expires on 12/31/2018




hali hali

CHATAN CAFE hali hali

**FREE
BEVERAGE**

Must order food menu.

1-12-11 Chatan, Chatan Town
Open: 7:00-15:00
(Thursday closed)
Offer expires on 12/31/2018




**What's
The
Story?**

WHAT'S THE STORY?

**PRAWN CUTLET
SANDWICH
¥100 OFF**

185-3 Mizugama, Kadena Town
MORNING: 7:00-14:00 (L.O. 13:00)
NIGHT: 19:00-2:00
(Sunday Night & Monday closed)
Offer expires on 12/31/2018




GOOD DAY COFFEE

GOOD DAY COFFEE

**FOOD MENU
¥100 OFF**

Open: 6:00-15:00
(Monday closed)
Offer expires on 12/31/2018