

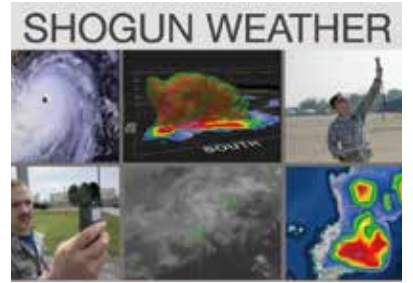
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AIR FORCE - ARMY - NAVY - MARINE - COMMUNITY NEWS

Number 11 - Issue 29



Members from the 18th Civil Engineer Squadron show Naha Air Base firefighters how to combat an aircraft fire during joint live-fire training Aug. 7, at Kadena Air Base. The two units practiced aircraft fire fighting procedures during the exercise.

(U.S. Air Force photo by Airman 1st Class Greg Erwin)

Alpha Warrior Fitness Challenge tests warrior strength

Staff Sgt. Homero Valdez, 18th Medical Support Squadron NCO-in-charge of acquisitions, swings from an obstacle during the Alpha Warrior Fitness Challenge July 28, at Kadena Air Base. The 18th FSS hosted the challenge as part of the Air Force's improved fitness initiative.



(U.S. Air Force photos by Senior Airman Kristan Campbell)



U.S. Marine Corps Lance Cpl. Jarren Bureson, Armed Forces Network radio host, participates in the Alpha Warrior Fitness Challenge.



U.S. Navy service member Kris Albrecht, a participant in the Alpha Warrior Fitness Challenge, swings from one obstacle to the next.



U.S. Marine Corps Gunnery Sgt. Joao Miranda, 3rd Marine Division infantryman, competes in the Alpha Warrior Fitness Challenge.

By Senior Airman Kristan Campbell

18th Wing Public Affairs

8/2/2018 — As part of the Air Force's fitness initiative, the 18th Force Support Squadron hosted the Alpha Warrior fitness challenge July 28, at the Risner Fitness Center.

The challenge was hosted on the 'battle rig,' a course designed using equipment similar to that of a popular obstacle competition television show. Open to all services, the event gave participants the opportunity to test the

physical and mental pillars of the Air Force's Comprehensive Airman Readiness program.

Standing at 15-by-30 feet wide and 12 1/2 feet in height, the battle rig is no easy task to complete – competitors faced 11 obstacles and a two-strike elimination system. Adding to the difficulty of the challenge, they were given a time limit to complete the course.

"The most challenging part for the competitors is to run through the battle rig without a strike in less than two minutes,"

said Tech. Sgt. Javier Osorio, 18th FSS fitness program manager.

Despite the challenges, seasoned competitors such as Staff Sgt. Homer Valdez, 18th Medical Support Squadron NCO-in-charge of acquisitions and former Alpha Warrior regional competitor, were excited for their chance to try all 11 of the battle rig obstacles.

"I've always been into competition, and anything that would get my blood flowing," Valdez said, "so I found out about it and

decided to compete."

Obstacles included sets of swinging metal rings and the devil steps, which competitors had to use their core and upper body strength to maneuver through during the challenge – something that may not be common in every-day fitness.

"The Air Force's intent is to incorporate the battle rig into squadron fitness P.T. programs," Osorio said. "We are hosting a two-day battle rig fitness course in September."

Hosting Alpha Warrior

challenges adds an interesting dynamic to physical training, helping service members stay fit to fight.

"Alpha Warrior is a functional fitness program that provides a new, exciting way for Airmen to work out," Osorio said, "As well as build unit cohesion and promote a sense of community with fellow Airmen and families."

For more information about upcoming Alpha Warrior events, please visit www.myairforcelife.com.

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18th Wing Public Affairs: 18wg.publicaffairs@us.af.mil DSN:634-3813

18th CES and Naha Air Base firefighters conduct joint live-fire training

By Airman 1st Class Greg Erwin

18th Wing Public Affairs

8/8/2018 — For the first time at Kadena Air Base, joint live-fire training between the 18th Civil Engineer Squadron and Japanese Self-Defense Force firefighters from Naha Air Base occurred as part of a new knowledge exchange agreement, August 7.

Previously, the training for JASDF occurred on mainland Japan at either Misawa Air Base or Yokota Air Base, explained Tech. Sgt. Michael Gagnier, 18th CES NCO-in-charge of training.

The new agreement between JASDF and the U.S. Air Force – developed over the past year – allowed the partners to compare methods and tactics used in emergencies, exchange, and complete required refresher training.

From lighting a mock airframe on fire, to putting out the flames as a team, the training was the first opportunity for the two units to operate together in a live exercise since finalizing the agreement.

“Our goal is the same as firefighters ... Our goal is to save lives and save property,” said Mitsuo Yamaguchi, 18th CES training assistant. “The best way to complete that mission is to do what we’re doing – joint training.”

The exercise gave members from the 18th CES an opportunity to observe the different equipment the Naha Air Base fire department has and gave JASDF members an opportunity to see how Team Kadena operates in the event of an emergency.

“Working with the Naha Air Base fire-



^ Firefighters from Naha Air Base test the force of water from the hose during joint live-fire training Aug. 7, at Kadena Air Base. (U.S. Air Force photos by Airman 1st Class Greg Erwin)

fighters is a unique opportunity because they have a lot of different gear than what we have,” Gagnier said. “It allows us to see different options that are out there for firefighter gear as well as different tactics.”

Training with other nations gives Team Kadena a chance to learn and apply different solutions to the same problem, allowing for an opportunity to potentially improve current operating procedures.

“We don’t know what skills or knowledge the other side brings,” Yamaguchi

said. “This exercise is a chance to get to know how each other operate.”

With all of the positive takeaways from the training, there was still a major obstacle between the two units – the language barrier. By conducting this training, the two sides were able to find a solution to the barrier with new communication techniques that could make the difference in the field between life and death.

“Even if you don’t understand the other language, you still have to commu-



^ Controlled flames rise around a mock aircraft during joint live-fire training Aug. 7.



^ Members from the 18th Civil Engineer Squadron show firefighters from Naha Air Base how to combat an aircraft fire during joint live-fire training Aug. 7 at Kadena Air Base.

nicate,” Yamaguchi said. “When you have the full gear on, we can’t talk like normal. Therefore, we created hand signals – that way the message is received without the language barrier.”

After a successful new training experience, both sides look forward to continuing the training by visiting Naha Air Base and learning the different tactics used by the JASDF firefighters – enabling both units to continue protecting Okinawans and U.S. members alike, explained Gagnier.



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18TH LRS INSPECTED AND READY



(U.S. Air Force photos by Senior Airman Quay Drawdy)

◀ Airman 1st Class Jasmine Arce, 18th Logistics Readiness Squadron interpersonal protective equipment journeyman, checks identifying paperwork Aug. 1, at Kadena Air Base. Maintaining accountability of items ensures parts and equipment will be available and in good order when needed.



▲ Airmen from the 18th Logistics Readiness Squadron count and inspect protective gear Aug. 1, at Kadena Air Base. The 18th LRS maintains several warehouses, serving as the focal point for all of the necessary equipment needed across the installation.

B-52s train with Navy P-8s in East China Sea

By Pacific Air Forces Public Affairs

8/2/2018 - JOINT BASE PEARL HARBOR-HICKAM, Hawaii — Two U.S. Air Force B-52H Stratofortress bombers, assigned to the 96th Expeditionary Bomber Squadron (EBS), participated in a joint training mission with two U.S. Navy P-8 Poseidon aircraft, assigned to Patrol Squadron (VP) 45 and VP-4, in the vicinity of Japan over the East China Sea Aug. 1.

This marks the second joint force integration in as many weeks for the 96th EBS aircrew, deployed to Andersen Air Force Base, Guam, from Barksdale Air Force Base, Louisiana. The 96th EBS aircrew used the mission to familiarize themselves with the Indo-Pacific region and demonstrate, through multi-service flight operations,

the United States' commitment to operating freely across the global commons.

"This sortie allowed our aircrews to employ the B-52's unique capabilities in coordination with our naval counterparts," said Maj. John Radtke, 96th EBS mission planner. "Ultimately, it increased our readiness to serve as a credible deterrent force and presence within the theater."

The flight was flown as part of U.S. Indo-Pacific Command's (USINDOPACOM) Continuous Bomber Presence (CBP) program that has been ongoing since March 2004. The routine employment of CBP missions in the USINDOPACOM area of responsibility are in accordance with international law and are vital to the principles that are the foundation of the rules-based global operating system.



Two B-52H Stratofortress bombers fly over the Pacific Ocean during a routine training mission Aug. 2.

(U.S. Air Force photo by Airman 1st Class Gerald R. Willis)

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Green Flight helps 17th SOS members get up to speed

By Airman 1st Class Greg Erwin

18th Wing Public Affairs

8/5/2018 — Special operations squadron Airmen have a different skill set than other aircrew members – whether it's performing specialized jobs in a forward deployed location or being tasked as part of a rescue operation – to be an Air Force Special Operations Command Airman takes specific training and a different mentality than other Air Force Specialty Codes.

This is where the Green Flight program, used in all AFSOC squadrons like the 1st Special Operations Squadron and 17th SOS here at Kadena, is crucial in helping Airmen new to AFSOC adjust to the operational pace of the job.

Modeled after the Army's Green Platoon, the program started approximately five years ago and is designed to give Airmen who are new to AFSOC – whether it's from technical training or from another major command – time to learn their role within an AFSOC squadron before transitioning into full flying status. The program is attended by both enlisted members and officers, comprised of loadmasters, combat system officers, pilots and co-pilots.

Whether an Airman is straight from tech school or from another MAJCOM, Green Flight is a vital step to performing at AFSOC standards –especially for Airmen coming from a schoolhouse environment transitioning to the operational Air Force, explained 1st Lt. James Barrington, 17th SOS combat systems officer.

For the first six months in the squadron, the new AFSOC Airman's role is to



(U.S. Air Force photos by Airman 1st Class Greg Erwin)



Airmen from the 17th Special Operations Squadron prepare an MC-130J Commando II for flight July 12, at Kadena Air Base.

Airmen from the 17th Special Operations Squadron prepare an MC-130J Commando II for flight July 12, at Kadena Air Base. The 17th SOS is one of multiple Air Force Special Operations Command units utilizing the "Green Flight" program for new Airmen, helping them get up to speed and efficient in their new roles before putting them on live flights.

learn their job by studying publications as well as participating in on-the-job training with experienced Airmen in order to become proficient in their role as an aircrew member. Unlike other career fields, there are no career development courses (CDC) for the Airmen to study – it's all job-based knowledge. Upon completion of the program, the Airmen will then be tasked a secondary duty – such as scheduling or planning of flights within the squadron.

"After Airmen complete Green Flight, they get an updated patch that says Air Commando at the top," said Master Sgt. Marty Cowan, 17th SOS superintendent.

After learning to be proficient, and becoming qualified aircrew members, the

recognition with the 'Air Commando' tab is a token of significance to the Airmen, Cowan explained.

During Green Flight training, the Airmen learn AFSOC specific missions and mission sets they might not have learned in-depth during technical school or a previous MAJCOM, such as the high altitude low opening (HALO) free-fall parachuting, forward area refueling point (FARP) and air drop missions. Without the program, new Airmen would be expected to work at a full operational level with inadequate experience, Barrington explained.

For new Airmen, the learning environment with the program instructors makes for a gratifying experience.

"The most rewarding part is being able to work with highly experienced instructors," Barrington said. "They have seen multiple deployments across their career and it's helpful to hear their stories and learn from their experiences."

While the program is getting rave reviews from the new Airmen, training the next wave of Air Commandos may be equally as gratifying for the instructors.

"I remember being a new kid coming through and not knowing anything about Okinawa, and figuring out things for myself," said Tech. Sgt. Joshua Mills, 17 SOS Green Flight chief of training. "Now I get to teach new Airmen their job and about our mission here in the Pacific – and let them know how awesome of a gig we've got."

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Exercise Rim of the Pacific 2018 concludes



(U.S. Navy photo by Mass Communication Specialist 1st Class Arthurgwain L. Marquez)



(U.S. Navy photo by Mass Communication Specialist 2nd Class Kory Alsberry)

◀ A U.S. Marine Corps C-130J Super Hercules cargo plane with the Marine Aerial Refueler Transport Squadron (VMGR) 152 from Okinawa, conducts an aerial-refueling with a CH-53E Super Stallion helicopter assigned to Marine Heavy Helicopter Squadron (HMH) 463 during the RIMPAC exercise, July 27.



(U.S. Navy photo by Mass Communication Specialist 1st Class Daniel Hinton)

◀ Multinational Special Operations Forces (SOF) participate in a submarine insertion exercise with the fast-attack submarine USS Hawaii (SSN 776) and combat rubber raiding craft off the coast of Oahu, Hawaii during the RIMPAC exercise, July 9.



(U.S. Air Force photo Tech. Sgt. Samantha Mathison)

◀ Multinational navy ships and submarines steam in formation during a group sail off the coast of Hawaii during the RIMPAC exercise, July 26.

◀ Tech. Sgt. Ryan Strole and Master Sgt. Chris Read, 434th Aircraft Maintenance Squadron crew chiefs from Grissom Air Force Base, Indiana, assist Capt. Aaron Payomo, 909th Air Refueling Squadron pilot from Kadena Air Base, prepare a 434th Air Refueling Wing KC-135 Stratotanker for flight during the RIMPAC exercise July 17.



(U.S. Army photo by Capt. Rachael Jeffcoat)

◀ The surface-to-air missile of the Western Artillery of the Japan Ground Self-Defense Forces launches into the air from the Pacific Missile Range Facility Barking Sands, Hawaii, July 12.

By Rim of the Pacific Exercise Public Affairs

8/2/2018 - JOINT BASE PEARL HARBOR-HICKAM, Hawaii — The world's largest international maritime exercise concluded Aug. 2 following more than a month of training events conducted in and around the Hawaiian Islands and Southern California.

Twenty-five nations, 46 surface ships, five submarines, 17 land forces, and more than 200 aircraft and 25,000 personnel participated in Rim of the Pacific exercise 2018. This year's RIMPAC iteration marked the 26th in the series that began in 1971 and is now held every two years.

Hosted by U.S. Pacific Fleet, RIMPAC 2018 was led by U.S. Vice Adm. John D. Alexander, commander of the U.S. 3rd Fleet, who served as the combined task force (CTF) commander. Royal Canadian Navy Rear Adm. Bob Auchterlonie served as deputy commander of the CTF, and Japan Maritime Self-Defense Force Rear Adm. Hideyuki Oban was the vice commander. Fleet Marine Force was led by U.S. Marine Corps Brig. Gen. Mark Hashimoto. Other key leaders of the multinational force included Commodore Pablo Niemann of Armada de

Chile, who commanded the maritime component, and Air Commodore Craig Heap of the Royal Australian Air Force, who commanded the air component.

"I couldn't be more proud of our international team's ability to successfully complete an exercise of this nature," said Alexander. "Most importantly, we completed the exercise safely while still achieving national training objectives. This is a true testament to the talent and lasting partnerships we built through RIMPACs past and present, and will continue to build for the foreseeable future."

Alexander said the involvement of so many different countries working together to successfully accomplish RIMPAC was a strong reminder of the unity coalition forces can exhibit in a real-world situation.

"Multinational operations are complicated," he said. "It takes skill to assemble an international team and have it be successful. Throughout the duration of the exercise, from the planning conferences to the ships returning to port, this team proved they work great together and can adapt quickly to a dynamic environment."

This year's exercise included forces from Australia, Brunei, Canada, Chile,

Colombia, France, Germany, India, Indonesia, Israel, Japan, Malaysia, Mexico, Netherlands, New Zealand, Peru, Republic of Korea, Republic of the Philippines, Singapore, Sri Lanka, Thailand, Tonga, United Kingdom, United States and Vietnam.

Additionally, for the first time since RIMPAC 2002, U.S. 3rd Fleet's Command Center relocated from San Diego to Pearl Harbor to support command and control of all 3rd Fleet forces in 3rd Fleet's area of responsibility, to include forces operating forward in the Western Pacific. The Fleet Command Center established at a deployable joint command and control on Hospital Point, Pearl Harbor, for the first part of the exercise and then transitioned to amphibious transport dock ship USS Portland (LPD 27) for the remainder of the exercise.

Auchterlonie said all participating nations worked together incredibly well to overcome various challenges and meet mission objectives.

"We had some weather systems and other realities, such as the second SINK-EX target ship being sunk earlier than expected, that impacted our ability to complete all our training according to the plan, but that is also the great part about

RIMPAC," Auchterlonie said. "Our motto is 'Capable, Adaptive, Partners' and all the participating nations demonstrated this. We adjusted plans and drafted new ones in order to ensure each nation got the training value they expected from RIMPAC 2018."

Participating nations and forces exercised a wide range of capabilities and demonstrated the inherent flexibility of maritime forces. These capabilities ranged from disaster relief and maritime security operations to sea control and complex warfighting. The relevant, realistic training program included amphibious operations, gunnery, missile, anti-submarine and air defense exercises, as well as counter-piracy operations, mine clearance operations, explosive ordnance disposal, and diving and salvage operations.

This robust constellation of allies and partners support sustained and favorable regional balances of power that safeguard security, prosperity, and the free and open international order. RIMPAC 2018 contributes to the increased lethality, resiliency and agility needed by the joint and combined force to deter and defeat aggression by major powers across all domains and levels of conflict.

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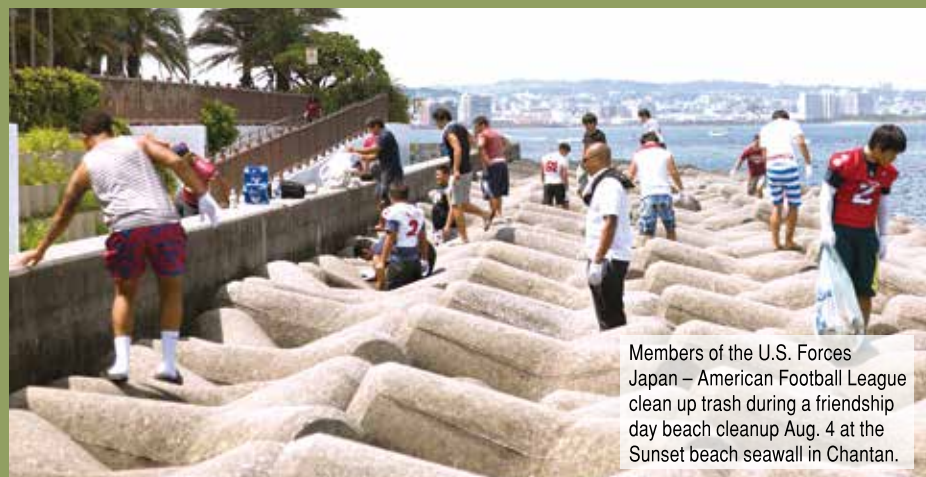
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Vice Adm. Phillip visits VP-4



(U.S. Navy photo by Mass Communication Specialist 2nd Class Juan S. Sua)
 Naval Aircrewman (Operator) 2nd Class Georgia Burch from Wichita, Kansas and currently assigned to Patrol Squadron (VP) explains the fundamentals of the mission crew work station to Vice Adm. Phillip Sawyer, commander, U.S. 7th Fleet, Aug. 3. VP-4 is deployed to the U.S. 7th Fleet area of operation conducting Intelligence, Surveillance, and Reconnaissance (ISR) and Anti-Submarine Warfare (ASW) missions as well as providing maritime domain awareness throughout the Indo-Pacific region.

USFJ – American Football League cleans up Sunset beach seawall



Members of the U.S. Forces Japan – American Football League clean up trash during a friendship day beach cleanup Aug. 4 at the Sunset beach seawall in Chantan.

(U.S. Marine Corps photo by Lance Cpl. Kelcey Seymour)

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8-7 Mihama, Chantan Town, Okinawa

III MEF commanding general change of command ceremony



(U.S. Marine Corps photos by Sgt. Matthew J. Bragg)

▲ Lt. Gen. Lawrence D. Nicholson (right) hands Lt. Gen. Eric M. Smith (left) the command colors during a III Marine Expeditionary Force change of command ceremony, Aug. 2, at the parade deck aboard Camp Courtney. Nicholson relinquished his duties as the commanding general of III MEF to Smith. Smith arrived from 1st Marine Division where he served as the commanding general.



◀ Marines and Sailors with III Marine Expeditionary Force present arms for the playing of both the Japanese and American national anthems during a change of command ceremony, Aug. 2, at the parade deck aboard Camp Courtney.



◀ Lt. Gen. Eric M. Smith (center) answers questions during a press conference after a III Marine Expeditionary Force change of command ceremony, Aug. 2, at the parade deck aboard Camp Courtney.

By Lance Cpl. Harrison Rakhshani

III Marine Expeditionary Force
8/2/2018 - CAMP COURTNEY, Okinawa — III Marine Expeditionary Force Commanding General, Lt. Gen. Lawrence D. Nicholson, relinquished his post to Lt. Gen. Eric M. Smith during a change of command ceremony, Aug. 2, at Camp Courtney.

The ceremony marked both the arrival of a new commanding general and the conclusion of Nicholson's 39 years of dedicated service to the Marine Corps.

"Through good days and bad," Nicholson said, "the support, the gracious hospitality, the warm embrace of our Okinawan friends and neighbors, is apparent to all of us every day."

Prior to assuming command of III MEF, Smith served as the commanding general of 1st Marine Division, the largest and oldest active duty division in the Marine Corps. Smith is a native of Plano, Texas and this is his first time stationed in Okinawa.

Nicholson described his personal experience with Smith, referring to him as "tough as nails" when reminiscing about

their time in Ramadi. During the ceremony, Smith expressed an optimistic outlook on his future with III MEF.

"I am proud to be two things tonight: I'm proud to be the newest member of III Marine Expeditionary Force and I'm proud to be the newest resident of Okinawa."

III MEF provides the United States with a forward-deployed

force in readiness in the Pacific Theater. It is a globally responsive, expeditionary, and fully scalable Marine Air Ground Task Force, capable of employing forces for operations ranging from crisis response to major combat.

"We'll do everything we can to make sure this expeditionary force is ready to fight and win tonight," said Smith.

ENTRANCE IS FREE!

TORII STATION 2018

OPEN BEACH DAYS

OKINAWA, JAPAN

AUGUST 12TH MOUNTAIN DAY

(Japanese Holiday Mountain day is 11 August)

11:00 - 21:00

- ★ Food Trucks and Vendors
- ★ Live DJ
- ★ KidsZone with bouncy houses, splash pad, & playground (Fee Area)
- ★ Win a prize!

THERE IS ONE MORE OPPORTUNITY TO SPEND THE DAY AT OPEN BEACH!

9/16*

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CONGRATULATIONS MS. ASHLEY MICHAELS!!

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Hashtag & enter your photos for a chance to be featured in our next flyer!
#toriiopenbeachdays

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TORII MWR - OKINAWA

Kadena Air Base Community Notes

To submit an announcement for the base bulletin, please visit www.kadena.af.mil NO FEDERAL ENDORSEMENT OF PRIVATE ORGANIZATIONS OR ACTIVITIES IS INTENDED.

NOTICES

Visitor Center Upgrades

From Aug. 6 to Aug. 13 both Kadena Visitor Centers (located at Gate 1 and Gate 2) will receive an upgrade to the system used to provide installation access, known as DBIDS. This system includes the hand-held scanners used at our gates and the database they connect to. The upgrade will unavoidably take several systems, at times simultaneously, offline throughout the week and limit the capabilities of the Kadena Visitor Centers. All functions of Pass and Registration will remain available; however, please expect potential delays in all services provided, to include the issuance of Restricted Area Badges and Installation Passes. Due to the upgrade, the Kadena Visitor Centers will also postpone registration of Common Access Cards to the DBIDS database until completion. We apologize in advance for any inconvenience this may cause, and greatly appreciate your patience as we work to enhance the security of our installation.

TCCOR Trash Pickup

All scheduled trash services will cease at the start of TCCOR 2 until ALL CLEAR. For more information, contact 18th CES.

Gate 5 Closure

Gate 5 will be open during normal morning hours, but WILL NOT open during regular afternoon hours for the remainder of the summer. Gate 5 will be open Monday to Friday from 6:15 a.m. to 8:45 am. Once school resumes in the fall, Gate 5 will go back to also opening in the afternoon hours. For more information, contact 18 SFS.

18th MDG Clinic Closures

The Kadena Air Base clinic will be closed on the following dates this year: Aug. 16 (MDG ½ Training Day) Closed at 12pm,

Sept. 3 (Labor Day) Closed all day, Sept. 4 (5th Air Force Training Day) Facility Closed / Appointment Line & Camp Foster Acute Care Open. The 18th Medical Group is responsible for ensuring the 18th Wing's medical readiness in support of the United States' and Japan's mutual interests. In keeping with this mission, the Kadena Clinic will be participating in 18th Wing upcoming exercises. During exercises, our normal patient care and clinical services (pharmacy, lab, immunizations, etc.) will be impacted, as the clinic may be closed for one day during these exercises (exact dates subject to scenario). We ask for your patience as our trusted professionals exercise their skills and work with the Wing and other agencies on island in support of these training events. We apologize for any inconvenience that this may cause. As always, in the event of an emergency, seek emergency services at the U.S. Naval Hospital on Camp Foster, or by dialing ambulance services at 634-1796 or by cell phone 098-934-5911. For more information, contact Capt. Jennifer Stark at 630-4565, Staff Sgt. Larissa Palmer at 630-4504, or Ms. Melissa Cook at 630-5050.

WIC Overseas Program Enrollment and Eligibility

The Women, Infants, and Children Overseas is a supplemental nutrition program designed for pregnant, postpartum, and breastfeeding women, infants and children up to the age of 5. As a WIC Overseas participant, you can receive nutrition education in the form of individual counseling and group classes, breastfeeding support, supplemental foods such as milk, juice, cheese, cereal, eggs, and fresh fruits and vegetables, and referrals to other health care agencies. For more information, check financial/residential eligibility, visit or call WIC Overseas. All of WIC can be reached at 645-WICO (9426) or from a cell phone at

098-970-9426 (Options 1- Camp Foster; 2- Kadena Air Base; 3-Camp Kinser; 4- Camp Courtney)
- Kadena Air Base (Bldg. 428)
- Camp Foster (Bldg. 5674)
- Camp Courtney (Bldg. 4408)
- Camp Kinser (Bldg. 107 Rm. 121)

Road Closure

Partial Road Closure/alternate traffic flow is scheduled from July 9 to Oct. 31 on Schreiber Ave near Bldg 250 to Bldg 3416. Flaggers and traffic lights will be posted. This is to support Government of Japan construction project in the vicinity. For any information or concerns, please contact Eishin Hiyajo at 634-4285, or Email eishin.hiyajo.jp@us.af.mil.

Government of Japan Quarantine Warning

Certain regions of Japan, including Okinawa, are home to serious plant pests that are not present in other parts of Japan. The government of Japan's Plant Protection Station strives to eradicate these pests and prevent the movement of their host plants to areas the pests are not currently present. DO NOT transport or mail the following plants and species:

- Sweet Potatoes
- Citrus Seedlings
- Giant African Snail
- Citrus Greening Disease
- West Sweet Potato Weevil
- Sweet Potato Weevil.

Air Force Virtual Education Center Unavailable

The primary MiITA management systems are experiencing sporadic and intermittent access issues for students and education staff. No estimated fix time has been identified. Please ensure you attempt to apply for MiITA funding as early and as

often as possible within the 45-day MiITA submission window. Systems are up and down so persistence is essential. If you are approaching the 7-day MiITA funding NLT submission deadline and are still experiencing problems, please contact the base Education Center at 634-1500 or kadenaeducationoffice@us.af.mil to communicate problems and to discuss possible options. Remember, starting a class without an approved MiITA funding document is at the member's own risk and could result in the student paying for course.

Passenger Travel/Personal Property Closure

TMO Passenger Travel & Personal Property office will be closed on Aug. 17 due to an official function. Please plan accordingly and visit our office prior to this day to finalize your travel needs. We apologize for any inconvenience that this may cause. For more information, contact Master Sgt. Mac at 634-7845

Library Closure

Kadena Base Library will be closed on Saturday, Aug. 11 for Mountain Day, a Japanese public holiday and on Aug. 24 for staff training. During this time, the online library resources will still be accessible via the library's card catalog, which is linked from the Kadena FSS web site, and via the AF Portal under the "Library & Resources" tab.

18th CES Minimal Manning

The 18th Civil Engineer Squadron will be minimally manned on Friday, Aug. 17 from 9:30 a.m. to 4:30 p.m. for an annual squadron event. Emergency work tasks services will be available during this time by calling 634-2424. Non-emergency work

Continued on PAGE 11

Out&About

Samurai Gate's hot pick of the latest island goings-on

Out&About page is paid advertisement

Summertime Yomitan Yoakari 2018 - Ryukyu Night Festival

Every year during the brief winter season on Okinawa, the Yomitan Yoakari Project's Ryukyu Lantern Festival takes place, attracting locals and visitors to enjoy the romantic and peaceful lights and colors in the crisp evening air. This year, we're seeing a new beginning: the Ryukyu Summer Festival, with a layout and colors different from the winter event. The Summertime Yomitan Yoakari's Ryukyu Night Festival is a new summertime event introduced this year, where visitors can enjoy the exotic atmosphere of summer in our vast park area, with numerous lanterns lighting the streets of the recreated village from the past ages of the Ryukyu Dynasty.

Families, couples, friends, and all visitors can enjoy a lovely summer evening and make great memories, whether enjoying Ryukyuan cuisine at Janatei, a restaurant housed in an old-fashioned Ryukyuan home, or strolling around the park to take in the lights and colors of Japan and Ryukyu. There will be a Ferris wheel set up for the duration of the event, and nightly entertainment such as Eisa drum dancing and so much more.

One of the best things about our Summertime Yoakari event is that you can rent and be fitted into a summer kimono called Yukata. Stroll around the grounds in the traditional summertime garb of Japan for a truly authentic experience. Of course, the costumes are great for awesome photos to share with friends and family on Instagram and other SNS. The Yukata are stylish and of good quality, and after you're fitted into your Yukata, stroll around the park along the stone-paved paths and take in the elegance of the atmosphere of the past. You can stop along the way to take pictures as there are many places in the park for great photos. The rental Yukata Sets are limited to 100 a day and the reasonable rate of 3,500 yen includes the Yukata, Geta (footwear), inner kimono, as well as the fitting service. There are Yukata for men and children available, and there is a wide selection of Yukata sizes from small to 5XL too. For an additional 3,000 yen, pamper yourself and get your hair and makeup done, too (by reservation via Facebook). What's more, you can purchase a Yukata that you like (starting from 7,000 yen)! Take the op-



portunity to enjoy a fantastic evening, dressing up in traditional Japanese Yukata, and making great memories of a wonderful night on Okinawa.

The Summertime Yomitan Yoakari 2018 delivers a wonderfully Japanese summertime event starting on Friday, August 10. The special event will be held for 45 nights until September 23, so don't miss it!

Period: 45 days from Friday, August 10 to Sunday, September 23
Location: Murasaki Mura, 1020-1 Takashiho, Yomitan Village
Time: 18:00 to 22:00 (You can enter the facilities after 9:00 and stay until closing)
Admission: 600 Yen/Adult, 500 Yen/Junior or High School Student, 400 Yen/Elementary School Student, Free Admission for Infants
*Yukata Set Rental (Yukata and Geta): 3,500 Yen (including tax) includes fitting, no reservations required

For more information, visit Facebook, Instagram
[Facebook@ryukyulantern](https://www.facebook.com/ryukyulantern) [instagram@lantan_ryukyu](https://www.instagram.com/lantan_ryukyu)

tasks shall be submitted through TRIRIGA. All other work task services will resume normal operations starting the next duty day. Explosive ordnance disposal and fire emergency services response capability will be unaffected during this time. For more information, please call CE Customer Service at 634-2424.

Partial Road Closure

Road Closure for portion of FH Smith Dr from intersection of Schreiber Ave to Bldg 3135 from Aug. 11, to March 31, 2020.

Housing Closure

The Kadena DoD Family Housing Office, Camp Kinser Office, Camp Courtney Office, Camp Foster, Furnishing Management Section and Furnishing Management Section Self-Help and Appliance Repair will be closed for a command event on Aug. 17. For emergency assistance, please contact 634-HOME (4663)

**INFORMATION
18th Wing Equal Opportunity**

Do you face concerns of unlawful discrimination or sexual harassment? If so, Kadena Air Base leadership maintains a strict "zero-tolerance" policy pertaining to discriminatory behavior. If you feel you are being unlawfully discriminated against, to include sexual harassment, take action. We encourage members to use the chain of command first to resolve issues at the lowest level. However, you can also contact the EO office at 634-2571 to set up an appointment; or you may visit our office. Please note that the EO office will not accept a Formal Complaint more than 60 calendar days for military and 45 calendar days for civilian complaints after the alleged offense occurred without sufficient justification.

How to File a Complaint with IG

If you believe you are unable to resolve your complaint through supervisory channels, you may seek IG assistance to determine if the complaint should be filed with the IG. You can file a complaint if you reasonably believe inappropriate conduct has occurred or a violation of law, policy, procedures, or regulation has been committed. Complete

the personnel data information on an AF Form 102 and briefly outline the facts and relevant information related to the issue or complaint. List the allegations of wrongdoing briefly, in general terms and provide supporting narrative detail and documents later, when interviewed by an IG person. Allegations should be written as bullets and should answer who committed the violation; what violation was committed; what law, regulation, procedures, or policy was violated; when did the violation occur. Help is available: Call your Kadena IG office at 634-7622 for Maj. Sarabia or 634-1109 for Mr. Lovingood, or leave a message on the Kadena Fraud Waste & Abuse (FWA) Hotline at 634-0404.

**AADD: Get Home Safe NOW
LOCATED AT THE USO**

Did you drink tonight? Made a plan but it's falling through? Can't catch a cab? If any of this applies to you, call AADD. Don't risk it all, when you can get a ride home for free. Call AADD at the cell phone number 098-961-1110 and then ask for the USO or dial DSN: 634-3889. We're open from 10 p.m. to 1 a.m. and we're here to help. Also if you would like to volunteer please click on the Link below! We're open from 9 p.m. to 1 a.m. and we're here to help. AADD Volunteer: <http://www.signupgenius.com/go/30e054baeae2ca7fe3-aadd> Scheduler Volunteer: <http://www.signupgenius.com/go/30e054baeae2ca7fe3-schedulers> Any questions please Email our Work Box or contact us on Facebook, Kadena AB A2D2 Angel Vargas, President, 090-9786-9431 Henry Huynh, Vice President 090-9785-7935 Roman Nieves, Secretary 080-6485-6464 Jared Bland, Head Scheduler 070-3135-9906 Zachary Todd, Public Affairs 080-9850-5200

Finance Inquiries

Finance inquiries may be sent to 18cpts. finance@us.af.mil - include full SSN. Phone calls will be taken from 8 a.m. - noon at 634-3609. Office is closed each 3rd Thursday of the month (Training Day) - Closed - All Day. For emergencies call 080-6487-6969

TRICARE Overseas Off Base Do's and Do not's

Tricare Operations would like to ensure all AD members, dependents, Civilian and DoD employees are familiar with the cultural etiquette that is expected when visiting Japanese medical facilities. This will insure clarity on all questionable customs and courtesies with our host nation providers. Do's and Don'ts worksheets are available at the TRICARE front desk located at the Kadena Clinic. For additional information please contact Referral Management at 630-4402 Mon-Fri 7:30 a.m. - 4:30 p.m.

Kadena and Camp Foster Emergency Numbers

Kadena Fire Emergency Services reminds everyone to program their cell phones with the emergency numbers. To report an emergency on Kadena via cell, dial 098-934-5911, and from an office phone, dial 911. For Camp Foster via cell, dial 098-911-1911, or from an office phone, dial 911.

Kadena Connect App

The Kadena Connect App is available on both the Google Play and Apple App Store for your Android and iPhone devices. The free app enables users to dial DSN numbers on Kadena along with quick and easy access to call emergency and taxi services. The app also hosts a variety of useful information and widgets such as:

- Important alerts and notifications
- Weather conditions
- Exchange movie theater show times
- Restaurant information
- Ordering food online
- Family fun
- Events
- And much much more

To download the free app or to find out more information visit the Google Play or Apple App Store!

SAPR Volunteer Victim Advocate recruitment

Ever considered becoming a Volunteer Victim Advocate? Find out more about what it takes and the application process by attending one of our open house/info sessions Aug. 13 at 11 a.m. - noon or 3

p.m. - 4 p.m. at the SAPR office in bldg. 128. We will be conducting our next 40-hour VVA course in October.

**UPCOMING EVENTS
AFSA POW/MIA Bake Sale**

The AFSA POW/MIA Bake Sale on Aug. 15 outside BX entrance from 11 a.m. - 1 p.m. is raising funds to purchase commemorative coins to sell on Sept. 19. All proceeds from the sell will be given to the National League of POW/MIA families.

Kadena Women's Basketball Team

Kadena Lady Warriors Basketball team is looking for women that interested in playing the game of basketball. The team is open to all ID card holders. If you have any questions or concerns please email Head Coach Artis Gandy at artis.gandy@yahoo.com.

**VOLUNTEER OPPORTUNITIES
Come Volunteer At The Wired Bean**

The Wired Bean is a home away from home for our junior enlisted and we need E-4s and above to volunteer to monitor the facility and check out equipment. Please sign up using the link below or email Melissa Rafferty for more information at rafferty515@yahoo.com.

Kadena Thrift Store Volunteering

Need something fun to do for a few hours on the weekend? The Okinawa Enlisted Spouses Club would like a few hands on deck to assist them at the thrift shop. Spend some time giving back to the community while finding cool items in the store along the way. Bldg. 859, OESC Thrift Store, Aug. 11 & 25, 10 a.m. - noon or noon - 2 p.m. or both days and shifts! If you have any questions, please contact Staff Sgt. Mallory Johnson via email or call at 634-4592.

Kadena Women's Flag Football

A few women on Kadena are looking to start a flag football team and need participants. If you're interested in joining the team, please reach out to: Staff Sgt. Marc Acosta: 080-6496-6533 / Staff Sgt. Alondra Vega-Fulton: 089-9853-6245 / Senior Airman David Binder: 080-6489-3739.

What's Okinawa etcetera?

THE BITTER SUPER VEGETABLE, GOYA



biggest feature of goya is its bitterness. There are even people who were born and raised in Okinawa who say that, as a child, it was too bitter to eat.

Not only is goya delicious, but it's bitterness is also said to reduce blood sugar and cholesterol, as well as improve and prevent both obesity and diabetes. It is also rich in vitamins and minerals, so it is perfect for overcoming fatigue and preventing heat exhaustion. Of course, beautiful skin is another benefit!

Finally, you can ingest plenty of vitamin C from this super vegetable simply by frying it, as the vitamin C contained within goya reacts with heat.

Goya is an essential vegetable in Okinawan cuisine, and it is loved by the people of Okinawa.

It is not only used in goya champuru, which is the 'soul food of Okinawa', but also in tempura and pickled dishes, so it is not rare for Okinawans to eat this vegetable daily.

Also known as the 'bitter melon', the



Okinawa Travel Info
Tourist information for Okinawa, Japan

<http://okinawatravelinfo.com>



Find Your Exchange Food Trucks at a Location Near You Today!

10-Aug	1100-1400	KAB Flightline	Nukumi Kitchen
11-Aug	1100-1900	Foster Main Store	Old Spices
11-Aug	1100-1900	KAB Concession Mall	Café Shiyu de Pokko
11-Aug	1500-1900	KAB Concession Mall	Churros Chilin-no-Suzu
12-Aug	1100-1700	KAB Concession Mall	Triple A
13-Aug	1100-1400	KAB Flightline	Nukumi Kitchen
14-Aug	1100-1400	KAB Flightline	Café Shiyu de Pokko
14-Aug	1100-1400	Torii Express	Nukumi Kitchen
14-Aug	1100-1800	Foster Troop Store	Old Spices
15-Aug	1100-1400	Torii Express	Triple A
15-Aug	1100-1400	KAB Flightline	Old Spices
16-Aug	1100-1400	KAB Flightline	Café Shiyu de Pokko
16-Aug	1100-1700	Torii Express	Old Spices



THE OKI-OHANA HAWAIIAN FLAVS FOOD TRUCK WAS A FIRST FOR KADENA FSS. WE ARE HAPPY TO BRING YOU OUR "OHOLICIOUS" HAWAIIAN STYLE FOOD TO THE KADENA MILITARY AND THEIR FAMILIES.



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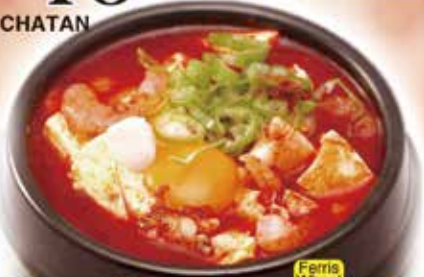


Carnival Park Mihama Branch
11 a.m. - 11 p.m.
Open Daily

Valid for frozen yogurt items only. Cannot be used together with any other offers or discounts. Valid through 8/30/2018.

20% SPECIAL OFF COUPON

Korean Restaurant
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NEWLY OPENED!
Mihama Ferris Wheel 2F!!!



CHATAN

Korean Restaurant MASISOYO
OPEN: 11 A.M. - 10 P.M.
TEL: 070-4403-5638 L.O. 9:30 P.M.
Carnival Park Mihama Ferris Wheel 2F

Enjoy ocean view at our finest cafe dining

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A Japanese dancer who made the world amazed!!

Aug 31 (Fri) Door 17:30 Show 18:30
Sep 1 (Sat) Door 17:00 Show 18:00

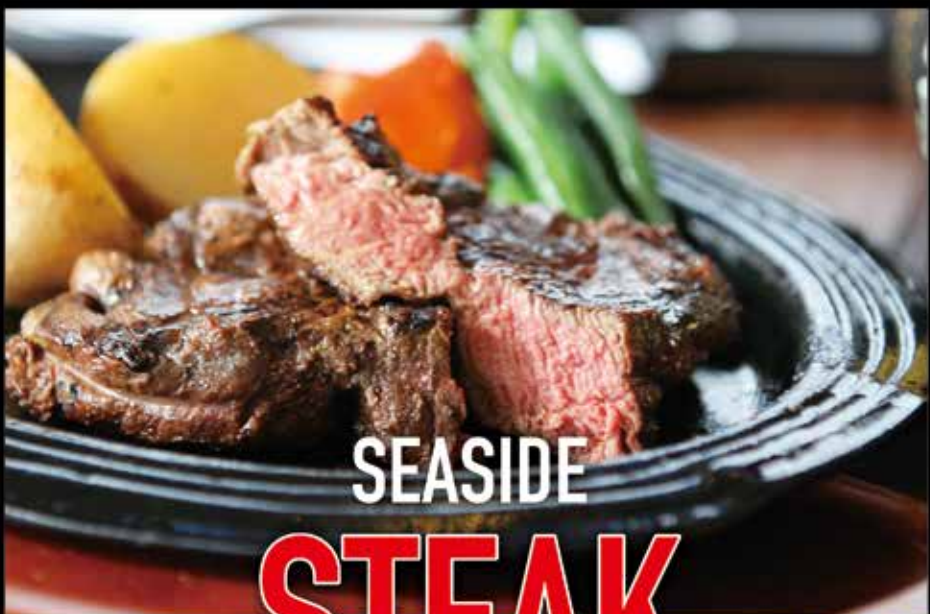


Advance Ticket Available at FamilyMart "Fami Port" e+ ticket (English guidance available)
Ticket: ¥5,000 (advance) / ¥5,500 (door)
Open Seating (no reserved seats)

Koza Ashibina 3F
2-28-1 Chuo, Okinawa City




Ashibina Theater 3rd Floor

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Depot Island SEASIDE 4F
Distortion Seaside Bldg.
Ouk Fashion Bldg.



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Depot Island SEASIDE 4F HOURS: 5:00PM-11:00PM
TEL: 098-982-7566