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AIR FORCE - ARMY - NAVY - MARINE - COMMUNITY NEWS

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An F-15 Eagle, assigned to the 44th Fighter Squadron out of Kadena Air Base, flies alongside a KC-135 Stratotanker, assigned to the 909th Air Refueling Squadron also out of Kadena Air Base, Aug. 21, at Eielson Air Force Base, Alaska. The two squadrons participated in RED FLAG-Alaska 18-3.

(U.S. Air Force photo by Airman 1st Class Eric M. Fisher)

Kadena hosts inaugural Fighter LASS for PACAF

By Staff Sgt. Micaiah Anthony

18th Wing Public Affairs

8/24/2018 — Air Force officers from allied and partner nations across the Pacific, visited Kadena Air Base, to take part in the 2018 Fighter Logistics and Safety Symposium Aug. 20 through Aug. 24.

The inaugural symposium enabled forces from Australia, Indonesia, Japan, the Philippines, Singapore, Thailand and the U.S. to work together and improve interoperability in the region.

“Since our forces are a lot smaller these days it’s more incumbent that we partner up with the nations in this area to promote security and stability in the region,” said U.S. Air Force Maj. Michael Pepper, Pacific Air Forces logistics engagements officer. “The best way to do that is with your friends.”

During the event, each countries’ representative conducted a presentation about challenges, solutions or unique procedures they use for their fighter aircraft.

“Listening to others about how they approach certain functions and processes is good, because you get an appreciation for how they do things and what their drivers are,” said Royal Australian Air Force Wing Commander Gary Simmonds, Headquarters Air Combat Group, deputy director of engineering. “When you boil it all down it comes to relationships, understanding and trust.”

The visiting officers also partook in briefings throughout the week and a tour of select fighter support units on Kadena Air Base.



Officers from allied and partner nations pose for a group photo during the 2018 Fighter Logistics and Safety Symposium Aug. 21, at Kadena Air Base.

(U.S. Air Force photo by Staff Sgt. Micaiah Anthony)

“We showed our partner nations how we’re structured, how we work organizationally and what our roles and responsibilities are within that structure,” Pepper added, “Then we took them out on a tour so they could actually see what we’re talking about and hear from the Airmen who do the job.”

The tour also enabled participants to ask questions and share practices and procedures with each other.

“While we are different, I can see some

similarities in some of the ways we do things such as safety and aircraft maintenance,” said Republic of Singapore Air Force Maj. John Ling, Air Engineering Logistics Department. “This was an eye opener for me, to be able to interact in this setting where we can actually discuss and understand each others’ differences.”

The goal of the interaction was for allied and partner nations to develop a better understanding of each others’ operations and help provide solutions to

common challenges in the fighter community to boost interoperability in the region.

“When the time comes for us to start working together we don’t have to spend time trying to understand how each other operates,” Ling added. “With collective wisdom, I believe we can achieve greater things. Symposia like this will help us transit and integrate faster and more efficiently when we need to operate together in the future.”

RED FLAG-Alaska 18-3 concludes

By Airman 1st Class Eric M Fisher

354th Fighter Wing Public Affairs

8/24/2018 - EIELSON AIR FORCE BASE, Alaska — Aug. 24, marks the ending of another iteration of RED FLAG-Alaska.

During RF-A 18-3, U.S. and partner nation forces from around the globe, including the Royal Canadian Air Force, the Royal Air Force, and the Royal Australian Air Force, came together to conduct training in the air and on the ground to help improve interoperability between the U.S. and its allies; and to exchange

tactics, techniques and procedures.

Throughout the exercise, participating units had the opportunity to train with various joint and coalition partners in a realistic combat environment throughout the Joint Pacific Alaska Range Complex, which is one of the largest instrumented air, ground and electronic combat training range in the world.

“RF-A is unique for a couple different reasons; the facilities we have [and] the [JPARC] where we conduct flying and ground operations,” said Maj. Thomas Stengl, the 353rd Combat Training Squadron assistant director of opera-

tions. “Normally, training venues have limitations, but here there are very few. Super-sonic flight is allowed and participants are able to execute their techniques tactics and procedures almost to the extent they would in war time.”

While RF-A and the JPARC provide exceptional training to pilots, they aren’t the only ones to benefit from the opportunities the exercise creates.

“[RF-A 18-3] provided a chance for more than 100 aircraft and 1,500 personnel to learn to train in a joint, international and increasingly multi-domain environment,” said Lt. Col. John Anderson, the 353rd Combat Training Squadron commander. “They learned to talk the same talk and fight the same fight to solve complex issues.”

One of the unique parts of RF-A is the participation of ground and special

operations forces which provides necessary training for combat operations.

“Twenty-first century warfare is getting progressively more complex, so to be able to fully employ in an air combat or special operations scenario participants need to be able to integrate with each other,” said Stengl.

Finally, 18-3 was the first ever exercise to include the RQ-4 Global Hawk, which allows aircrew to see the impact they make during sorties and provides a unique perspective they wouldn’t normally see.

“This is the first RF-A in which the RQ-4 has participated,” said Stengl. “It brings longevity and can stay for an extended period of time to provide intelligence, surveillance and reconnaissance which provides a lot of assistance with targeting to aircrew.”

Kadena Air Base Weekly Newspaper

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320TH SPECIAL TACTICS SQUADRON DEMONSTRATES THAM LUANG CAVE RESCUE TACTICS



Staff Sgt. Sean Hopper, 320th Special Tactics Squadron pararescueman, prepares a demonstration of the Tham Luang Cave rescue using a weighted training dummy, Aug. 10, at Kadena Air Base. During the rescue, members of Team Kadena carried the children from chamber to chamber and dove with them from the third chamber to the second chamber where they were handed off to the Australian team members, who then handed them off to the Thai team members.

Pararescuemen from the 320th Special Tactics Squadron display scuba tanks used during the Tham Luang Cave rescue Aug. 10, at Kadena Air Base. Team Kadena took on the role of executing logistics dives inside the cave to reposition scuba tanks that would later be used for divers to swap used tanks for full tanks.



Tech. Sgt. Kenneth O'Brien and Staff Sgt. Michael Galindo, 320th Special Tactics Squadron pararescuemen, lower and detach a training dummy from a rope system, Aug. 20, at Kadena Air Base. A search and rescue team was sent to Tham Luang cave in Northern Thailand at the request of the Royal Thai government to assist in the rescue of missing Thai soccer players and their coach. After 17 days of being trapped, an international rescue team was able to successfully bring an end to the nearly 3-week rescue operation.

(U.S. Air Force photos by Senior Airman Omari Bernard)

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Kadena's Mental Health clinic is here to help

By Airman 1st Class Greg Erwin

18th Wing Public Affairs

8/23/2018 — Maintaining a healthy balance between work stressors, personal stressors and being away from family and friends can be a difficult thing to handle — especially at a high-pace duty station such as Kadena. While Airmen may feel overwhelmed at times, the team at Mental Health is always available to help overcome and manage stress.

With a variety of options, Airmen and their families can get assistance — whether on Kadena or with a partner medical network location on island — for anything from individual or group counseling, medication management, alcohol and drug abuse classes or any of the family advocacy components under the mental health flight.

“Whether it is hands-on talking to people, or indirectly via clearances for deployments or special duties, mental health is about taking care of people,” said Tech. Sgt. Jonathan Becker, 18th Medical Operations Squadron NCO-in-charge of mental health. “Sometimes you may need to come in just to talk to someone to help get a perspective on how to balance life.”

Although so many resources are offered, there's still one major obstacle for the mental health professionals — getting enough time to help patients due to the scheduling of visits, Becker stated.

“If somebody comes in once a week, that's only one hour you get to spend with them a week,” he said. “Whatever you're doing to help during that hour, you have to hope they put it to good use the rest of the week.”

While mental health representatives see it as just talking to people to help solve problems, others may think differently of the resources.

A negative stigma may prevent Airmen from getting assistance when they need it most. Fears of losing a security clearance or being separated from the Air Force are common reasons some don't reach out for help, however, the goal at mental health is to help people, not hinder their careers, Becker explained.

“My favorite part of the job is helping people,” Becker said. “We're here to help in any way we can.”

When it comes to the bigger picture on why mental health is so important, Master Sgt. Kelby LaJoie, 18th Wing Staff Agency first sergeant, explained that mental health resources are abso-

lutely critical to maintaining the Comprehensive Airman Fitness of Team Kadena.

“We can provide you the biggest gym in the world, but sometimes you simply need a personal trainer to know how to use the equipment provided to achieve your highest level of fitness — that personal trainer for your mental fitness is the mental health professionals at our clinic,” he said.

By using the tools available, Airmen and families have the opportunity to make the best of every situation.

“Realizing the need and seeking help from Mental Health can be hard, but it's not a sign of weakness — rather it's accepting that you need someone else's help to be the strongest you can be,” LaJoie said.

“Make no mistake, our people are our most valuable resource and Mental Health is an invaluable tool the command team uses to protect its investment.”

Kadena's Mental Health clinic is located at building 90 and is open from 7 a.m. to 5 p.m., Monday through Thursday, and 7:30 a.m. to 4:30 p.m., on Fridays. To make an appointment, call 630-4817 (extension 2, then option 2), or from a cell phone 098-960-4817 (extension



Senior Airman Quay Drawdy poses for a photo about mental health awareness and the stressors of being in the military Aug. 23, at Kadena Air Base. Mental health awareness is a crucial component of the comprehensive airman fitness model, commonly known as the “four pillars.”

(U.S. Air Force photo by Airman 1st Class Greg Erwin)

2, then option 2). For emergencies, call 911 from a base land line, or 098-938-1111 (wait for dial tone, then enter 911) from a cell phone.

For more information, you can check out the Mental Health clinic website here: <https://www.airforcemedicine.af.mil/MTF/Kadena/Clinics-Services/>

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CHILL, CRYOGENICS HAS WHAT YOU NEED

By Senior Airman Jessica Smith

18th Wing Public Affairs

8/28/2018 — Providing the base and various other units on island with cryogenic products – whether it be in a liquid or gaseous form – is the plant's main priority.

"We produce the liquid oxygen and the liquid nitrogen here for our organizations across the island to make sure they get the product they need to make the mission happen," said Tech. Sgt. Mark Pannell, 18th LRS assistant NCO-in-charge of cryogenic productions.

The production plant provides services for a range of reasons, whether it be for pilots or patients, the plant handles it all and can also be the difference in life or death in some instances.

"We manufacture liquid oxygen and liquid nitrogen for various organizations to use ... Breathable oxygen at high altitudes for aircraft, liquid nitrogen to fill tires for the aircraft so they don't explode if they hit the ground too hard and the hospital has various uses for oxygen and nitrogen as you could imagine ... It's important," explained Senior Airman Christopher Tallan, 18th LRS cryogenic production operator.

While other bases have to purchase their liquid oxygen and nitrogen from external providers, Kadena is able to support the mission directly as well as save money.

"I don't like to solely rely on other people because I know if we do it ourselves, it's going to be done the right way and I think this is really valuable for the Air Force because we're always looking for new and innovative ways to save money," Pannell said. "We should really strive to be innova-



(U.S. Air Force photo by Staff Sgt. Jessica H. Smith)

Senior Airman Michael Hall, 18th Logistics Readiness Squadron cryogenic production operator, fill a cart with liquid oxygen July 27, at Kadena Air Base.

tive and this is something I push down to my Airmen – to be innovative and think of new ways to do things."

With innovation comes plenty of learning opportunities – and growing pains.

"It's been challenging at times because everyone is learning a new plant," Pannell explained. "We have to learn the ins and outs; everyone here is growing."

Providing these services can prove to be rather complex. From separation of atmospheric air to expansion and cooling, the job is chemically impossible to without machines.

The machine – production plant – typically runs one week at a time for 24 hours a day and enables the production of about 50 gallons an hour.

While the machine is doing its job, the rest of the team is ensuring it works properly.

"We have to do hourly checks to make sure nothing is malfunctioning," Tallan said. "We're responsible for knowing what's supposed to be going on."

With such a big plant and so many pipes, we have to make sure that nothing is in a pipe that shouldn't be in it, and make sure things are at the right temperature in the pipes they're supposed to be in."

With such a unique and vital mission role, working at the only operational cryogenic production plant in the Air Force seems to be a great source of pride and inspiration for those in the career field.

"I love my job; I love coming to work."

I work in a cryogenic facility – it's insane," Tallan laughed. "I always thought about the cryo guys and how badly I wanted to go for one day and see ... It's different when every single day you're holding a sample of liquid oxygen and you can feel it boil inside the beaker ... I love it."

Along with the job being cool – literally and figuratively – it also demonstrates the importance of smart investment and innovation with promises of bettering the success of the Air Force mission as a whole.

"I take it as a personal challenge to myself and my team to do our best and actually show higher leadership that this is a legitimate plant and it could benefit not just Pacific Air Force, but other areas – especially overseas," Pannell said.

PUT OUT THE FIRE!



(U.S. Air Force photos by Airman 1st Class Greg Erwin)

^ Tech. Sgt. Joshua Montgomery, 18th Civil Engineer Squadron NCO-in charge of plans and programs, helps children put out a controlled fire during a fire safety demonstration Aug. 24, at Kadena Air Base. The demonstration showcased how to put out a common house fire, as well as a bouncy house, Pluggy (an interactive fire hydrant), and fire safety information kits.



^ An Exchange customer gets a laugh at Pluggy, an interactive fire hydrant, during a fire safety demonstration Aug. 24, at Kadena Air Base. The demonstration is an annual event leading into Fire Safety Month.

18th Equipment Maintenance Squadron metals technology



Senior Airman Tyler Miller, 18th Equipment Maintenance Squadron metals technology journeyman, welds a piece of angular metal Aug. 20, at Kadena Air Base. Airmen within the 18th EMS train to understand the differences between metals, how they react to different types of stress and the appropriate techniques to marry them through welding.

(U.S. Air Force photos by Senior Airman Quay Drawdy)



^ Senior Airman Cameron Tugh, 18th Equipment Maintenance Squadron metals technology journeyman, processes metal to create a bushing Aug. 20, at Kadena Air Base. Many parts created by the 18th EMS are machined to fit perfectly within their intended locations. Adjustments made can be within the thickness of a single strand of hair to ensure the fit meets mission-ready status.



^ Airman 1st Class Thomas Kelley, 18th Equipment Maintenance Squadron metals technology journeyman, removes a blockage from the spray-tip of a water-jet cutting machine Aug. 20, at Kadena Air Base. The 18th EMS is working to innovate their shop by training on the use of 3-D printers. When the training is complete, they will be able to create countless parts that are currently ordered, saving Kadena Air Base man-hours and the Air Force money.



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Medal of Honor presented to Tech. Sgt. John Chapman's family

By Secretary of the Air Force Public Affairs

8/22/2018 - WASHINGTON — On what would have been their 26th wedding anniversary, Tech. Sgt. John Chapman's widow, Valerie Nessel, accepted his Medal of Honor from President Donald Trump during a ceremony at the White House Aug. 22.

"We are gathered together this afternoon to pay tribute to a fallen warrior, a great warrior ... and to award him with our nation's highest and most revered military honor," Trump said.

Fighting in the early morning hours through brisk air and deep snow, Chapman sacrificed his own life to preserve the lives of his teammates during the Battle of Taku Ghar, Afghanistan, on March 4, 2002.

"[John] would want to recognize the other men who lost their lives," Valerie said in a previous interview. "Even though he did something he was awarded the Medal of Honor for, he would not want the other guys to be forgotten — they were part of the team together. I think he would say his Medal of Honor was not just for him, but for all of the guys who were lost."

Chapman was originally awarded the Air Force Cross for his actions; however, following a review of the Air Force Cross and Silver Star recipients directed by then-Secretary of Defense Ash Carter, Deborah James, then-Secretary of the Air Force, recommended Chapman's Air Force Cross be upgraded to the Medal of Honor.

"John was always selfless — it didn't just emerge at Taku Ghar — he had always been selfless and highly competent, and thank God for all those qualities," retired Air Force Col. Ken Rodriguez, Chapman's commander at the time of the battle, said in a previous interview. "He could have hunkered down in the bunker and waited for the (Quick Reaction Force) and (Combat Search and Rescue) team to come in, but he assessed the situation and selflessly gave his life for them."



(U.S. Air Force photo by Senior Airman Kristan Campbell)

Chapman enlisted in the Air Force Sept. 27, 1985, as an information systems operator, but felt called to be part of Air Force special operations. In 1989, he cross-trained to become an Air Force combat controller.

According to friends and family, Chapman had a tendency to make the difficult look effortless and consistently sought new challenges. Dating back to his high school days, he made the varsity soccer squad as a freshman. In his high school yearbook, Chapman quoted these words: "Give of yourself before taking of someone else."

Chapman looked for a new challenge, which he found in combat control. This special operations training is more than two years long and amongst the most rigorous in the U.S. military; only about one in 10 Airmen who start the program graduate. From months of intense training to multiple joint schools — including military SCUBA, Army static-line and freefall, air traffic control, and combat control schools — Chapman is remembered as someone who could overcome any adversity.

"One remembers two types of students — the sharp ones and the really dull ones — and Chapman was in the sharp category," said Ron Childress, a former Combat Control School instructor. "During one of his first days at

Combat Control School, I noticed a slight smirk on his face like [the training] was too simple for him ... and it was."

Following Combat Control School, Chapman served with the 1721st Combat Control Squadron at Pope Air Force Base, North Carolina, where he met Valerie in 1992. They had two daughters, who were the center of Chapman's world even when he was away from home — which was common in special operations.

"He would come home from a long trip and immediately have on his father hat — feeding, bathing, reading and getting his girls ready for bed," said Chief Master Sgt. Michael West, who served with Chapman through Combat Control School, a three-year tour in Okinawa, Japan, and at Pope AFB. "They were his life and he was proud of them. To the Air Force he was a great hero ... what I saw was a great father."

The Battle of Taku Ghar

In conjunction with Operation Anaconda in March 2002, small reconnaissance teams were tasked to establish observation posts in strategic locations in Afghanistan, and when able, direct U.S. airpower to destroy enemy targets. The mountain of Taku Ghar was an ideal spot for such an observation post, with excellent visibility to key locations.

For Chapman and his joint special operations teammates,

Airmen from the 353rd Special Operations Group and the 18th Wing pay tribute to Tech. Sgt. John Chapman during the Hall of Heroes Induction Ceremony Aug. 23, at Kadena Air Base. Airmen gathered to watch the ceremony via digital link from the White House, where the Medal of Honor was posthumously awarded to Chapman and presented to his family by President Donald J. Trump.

Alone, against the elements and separated from his team with enemy personnel closing in, Roberts was in desperate need of support. The remaining joint special operations team members, fully aware of his precarious situation, immediately began planning a daring rescue attempt that included returning to the top of Taku Ghar where they had just taken heavy enemy fire.

As the team returned to Roberts' last-known position, now on a second MH-47, the entrenched enemy forces immediately engaged the approaching helicopter with heavy fire.

The helicopter, although heavily damaged, was able to successfully offload the remaining special operations team members and return to base. Chapman, upon exiting the helicopter, immediately charged uphill through the snow toward enemy positions while under heavy fire from three directions.

Once on the ground, the team assessed the situation and moved quickly to the high ground. The most prominent cover and concealment on the hilltop were a large rock and tree. As they approached the tree, Chapman received fire from two enemy personnel in a fortified position. He returned fire, charged the enemy position and took out the enemy combatants within.

Almost immediately, the team encountered machine gun fire from another fortified enemy position only 12 meters away. Chapman deliberately moved into the open to engage the new enemy position. As he engaged the enemy, he was struck by a burst of gunfire and became critically injured.

Chapman regained his faculties and continued to fight despite his severe wounds. He sustained a violent engagement with multiple enemy fighters for over an hour before paying the ultimate sacrifice. Due to his remarkably heroic actions, Chapman is credited with saving the lives of his teammates.

(Staff Sgt. Ryan Conroy contributed to this story.)

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OCP Unit Patch Guidance, available to units

By Senior Airman Kristan Campbell

18th Wing Public Affairs

8/23/2018 — With the approved Occupational Camouflage Pattern wear date of Oct. 1, right around the corner, many Airmen may still have questions about acceptable patch wear on their new uniforms. What patches are acceptable to don, how should they be worn, and when?

Fortunately, Air Force guidance has been released with all the answers. Here's a break-down of everything Airmen need to know when considering proper patch wear.

"The organizational patch is a physical representation of not only the unit's mission, but also who they are, where they've been, and what their history is," said Mr. Evan Muxen, 18th Wing Historian. "It is the only physical representation people are typically allowed to wear on a daily basis."

While headquarters patches and the U.S. flag will be worn on the right shoulder of OCPs, authorized unit patches and duty identifiers will be worn on the left. Patches are fixed to the uniform by velcro fabric on the sleeves and non-visible side, or back, of the patch.

Per official Air Force guidance, any unit patches to be worn with OCPs must first go through an approval process in which the organization consults with the Wing or equivalent to request information on an approved emblem, Muxen explained.

Once the unit is ready to start on their patch, the artist revitalizes the existing patch for the squadron following written guidance, or — in rarer instances — when a new squadron is stood up, a new patch will be designed from scratch.

"Since the OCP uniform has been approved, it now means every patch to be used with it

has to be checked using a variety of factors before it can also be officially approved," Muxen said. "It must be in digital format and must then be color converted into the approved colors — which there has only recently been published guid-

ance on — in order to make sure patches are up to snuff."

Patches are available with six different colors to choose from. Black and white, which most people have used in their patch designs, count towards two of those colors, Muxen explained.

TIMELINE

2018

1 OCT Serviceable OCP's may be worn.

Airmen can purchase OCP's at the following AAFES locations: Aviano AB, Charleston AFB, Shaw AFB and MacDill AFB

2019

1 APR Expansion of in-store AAFES sales locations continues

Tan T-shirt must be worn (Desert Sand is authorized until this date)

OCT Online sales projected to be available

2020

1 JUN Coyote Brown boots must be worn (Tan is authorized until this date)

DLA issued green socks must be worn (Desert Tan, Tan authorized until this date)

2021

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Right or Left Sleeve
The following patches will be worn on either sleeve in place of either the HHQ or organizational unit patch:
Weapons Instructor Course patch (graduate or instructor), USAF Test Pilot School and School of Advanced Air patch, Space Studies patch, Critical Care Air Transport Team patch, Test Pilot School graduate patches or other completed equivalent schools

Right Sleeve (max. 2 Velcro patches)
Subdued U.S. Flags are mandatory and will be centered at the top of Velcro.

Left Sleeve (max. 2 Velcro patches)
Organizational unit of assignment subdued cloth will be centered at the top of the Velcro area unless one of the following patches are worn:
Duty Identifier Tabs, or Joint qualification tabs may be worn, (e.g., Army Ranger, Sapper, Airborne, Air Commando, SERE, EOD) above the unit patch.

Patrol caps will be worn with nametapes placed on the back using Velcro or sewn on. Officer rank will be sewn on the front of the hat and centered 1/2 inch above the visor.

T-shirt will be Tan.

Name and USAF tape embroidery will be spice brown thread.

Boots will be Coyote Brown.

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T-shirt will be Tan.

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Boots will be Coyote Brown.

927th Air Refueling Wing augments Team Kadena



◀ An Air Force Reservist from the 927th Air Refueling Wing at MacDill Air Force Base, FL, retrieves a fuel hose after refueling an F-15 Eagle Aug. 14, at Kadena Air Base. Members of the 927th Logistics Readiness Squadron at MacDill Air Force Base, FL, traveled to Kadena Air Base, for their annual tour on Aug. 3 to support the 18th Wing. During the two-week temporary duty, the reservists were able to take care of training as well as learn from their active duty counterparts.

(U.S. Air Force photos by Senior Airman Omari Bernard)



▲ A jet fuel truck from the 18th Logistics Readiness Squadron positions itself to deliver fuel to incoming F-15 Eagles Aug. 14, at Kadena Air Base.



▲ An F-15 Eagle from the 67th Fighter Squadron taxis to a refueling point Aug. 14, at Kadena Air Base.

Ultimate Caduceus 2018 tests DOD's readiness capabilities



(U.S. Air Force photo by Staff Sgt. Amber Carter)

Capt. Ruby Compton, 18th Aeromedical Evacuation Squadron flight nurse, Kadena Air Base and Staff Sgt. Jamal Wardlaw, 59th Medical Wing cardio pulmonary technician, Joint Base San Antonio, Texas, center, performs cardio pulmonary resuscitation on a simulated patient Aug. 23 at Travis Air Force Base, Calif., during Ultimate Caduceus 18, an exercise testing the C-5M Super Galaxy's ability to function as an aeromedical evacuation transport vessel. The U.S. Air Force currently does not utilize the C-5M cargo compartments for AE flights and is using the exercise as a way to test the aircraft's capability during a large-scale global response.

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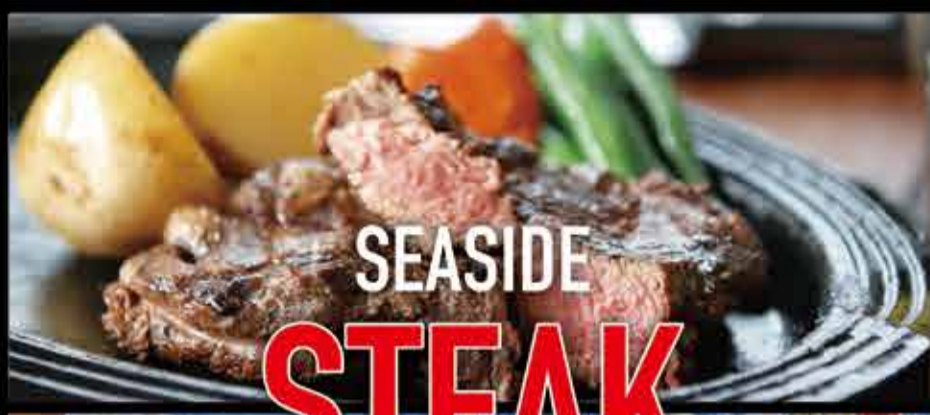






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PAC ANGEL 18-4 concludes

By Tech. Sgt. Heather Redman
Pacific Air Forces Public Affairs

8/18/2018 - ANURADHAPURA, Sri Lanka — More than 60 U.S. military personnel, in cooperation with partner nation support, local non-governmental organizations and host nation military forces, conducted several humanitarian assistance engagements throughout Anuradhapura, Colombo and Vavuniya, Sri Lanka, for Exercise Pacific Angel 18-4, Aug. 6-18.

During PAC ANGEL 18-4, the U.S. and its partner nations trained together providing medical, and engineering assistance, as well as conducting subject matter expert exchanges.

"PACIFIC ANGEL is about partnership and promoting regional cooperation and interoperability between military-civilian-nongovernmental organizations in preparation for humanitarian and disaster relief scenarios," said U.S. Air Force Lt. Col. Ryan Evans, 713th Combat Operations Squadron director of operations and PAC ANGEL 18-4 mission commander, Beale Air Force Base, Calif.

U.S. forces together with volunteers from the Vavuniya Nursing School, the Red Cross, the Sri Lankan air force and doctors from Maldives, Nepal, and Bangladesh treated over 5,000 patients during the medical portion of PAC ANGEL. Together they provided dental, physical therapy, optometry, pediatrics, general medicine, and pharmaceutical services.

"They are treating nearly 1,000 patients every day at these clinics. Through the care they are providing, they are building those bonds with the people we believe are so important," said Robert Hilton, Chargé d'Affaires of the U.S. Embassy to Sri Lanka. "It's a real honor for me representing the

U.S. out here, but the people who are doing the real hard work are our colleagues from the U.S. military, our partner nations, and local non-governmental organizations."

Civil engineers came together to complete seven engineering civic action projects. Focused primarily on renovating school facilities, the group installed lights and fans, built roofs and walls, repaired ceilings, and also replaced a water pump.

"In supporting Sri Lanka's efforts to bring humanitarian assistance to its people helped provide engineering services that will benefit Sri Lankans for years to come," said Evans. "We do all this essentially over a one-week timeframe on site here with our multinational partners and it makes us feel very happy to see what we accomplish together alongside our Sri Lankan counterparts."

Subject matter exchanges on countering vector borne diseases, water treatment, and airfield management, allowed U.S. service members and members from the Sri Lankan air force, Ministry of Health, and non-government organization to come together to swap best practices.

"We are happy to be part of this team," said Maj. Gen. James Eifert, Air National Guard assistant to the Commander, Pacific Air Forces. "It's been a great experience, and we're happy that what we have learned here also benefited the local Sri Lankan population."

Efforts undertaken during PAC ANGEL help multilateral militaries in the Pacific improve and build relationships across a wide spectrum of civic engagements. These interactions bolster each nation's capacity to respond and support future humanitarian assistance and disaster relief operations.

"PAC ANGEL is not just a U.S. oper-



(U.S. Air Force photos by Tech. Sgt. Heather Redman)

▲ Lt. Col. Gary Mayne, 18th Dental Squadron dentist, Kadena Air Base, briefs U.S. Air Force Maj. Gen. James Eifert, Air National Guard assistant to the Commander, Pacific Air Forces and Robert Hilton, Chargé d'Affaires of the U.S. Embassy to Sri Lanka, on the dental outreach of Pacific Angel (PAC ANGEL) 18-4 in Vavuniya, Sri Lanka, Aug. 17.



◀ Maj. Richard Caballero, 18th Medical Support Squadron pharmacist, Kadena Air Base, fills a prescription during Pacific Angel 18-4 in Vavuniya, Sri Lanka, Aug. 17.

ation, we have people coming together from Maldives, Nepal, Bangladesh, and Sri Lanka," said Eifert. "They are all part of the team that is learning to work together, so that if anything happens within the Indo-Pacific region and assistance is required, it won't be the first time they've ever worked together."

Now entering its eleventh year, PAC ANGEL ensures the region's militaries

are prepared to work together to address humanitarian crises throughout the Indo-Pacific region. Since 2007 PAC ANGEL engagements have impacted the lives of tens of thousands of people by providing health services ranging from dental, optometry, pediatrics and physical therapy to civil engineering programs, humanitarian aid and disaster relief and subject matter exchanges.

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CFAO Sailor participates in Kadena Eisa Festival



Naval Aircrewman (Mechanical) 2nd Class Javontae Cooper, from Snow Hill, Md., assigned to Fleet Activities Okinawa, plays the paarankuu, a small hand drum, during the Kadena Eisa Festival, Aug. 26.

(U.S. Navy photo by Mass Communication Specialist 2nd Class Matthew Dickinson)

By Mass Communications Specialist 2nd Class Matthew Dickinson

Commander, Fleet Activities Okinawa Public Affairs Office

8/26/2018 — Naval Aircrewman (Mechanical) 2nd Class Javontae Cooper, from Snow Hill, Md., assigned to Fleet Activities Okinawa, got the chance to play the paarankuu, a small hand drum, during the Kadena Eisa Festival August 26.

Eisa is a traditional Okinawan dance that is performed during Obon, a Buddhist holiday, to honor the spirits of deceased ancestors, and the Kadena Eisa Festival is a yearly event that takes place the day after the end of Obon.

Cooper got a rare opportunity to perform with the Kadena Higashi District Seinenkai, a local community group, during the Eisa Festival.

“It was amazing. I can’t really describe it,” said Cooper. “You’re the center of attention, for just the whole town, everybody is watching you.”

With very little time to practice, Cooper

used video recordings to learn the intricacies of Eisa dancing, which impressed the other performers.

“I heard he practiced the moves at home as well,” said Agarie Takaya, president of Kadena Higashi District Seinenkai. “Because of that, it didn’t look like it was his first time performing and everyone was happy.”

He was the only service member to dance this year, but the Seinenkai encourages members of the military to join them next time. “We would like to be recognized as a welcoming district,” said Takaya.

Cooper added that service members should try and do some of these cultural experiences. “It’s worth the time and effort,” he said. “Once you get done, it’s the greatest feeling you can have.”

Fleet Activities Okinawa supports the full spectrum of Navy operations on Okinawa, and its major tenant commands are Commander Task Force 76, Naval Mobile Construction Battalion 5 and Patrol and Reconnaissance Force 7th Fleet.

VP-4 undergoes scheduled maintenance inspection



(U.S. Navy photo by Mass Communication Specialist 2nd Class Juan S. Sua)

Aviation Structural Mechanic 2nd Class Andrew Hill, assigned to the “Skinny Dragons” of Patrol Squadron (VP) 4 prepares the horizontal stabilizer of a P-8A Poseidon for the application of Pro-Seal during the aircraft’s scheduled maintenance inspection, at Kadena Air Base, Aug 23. VP-4 is currently deployed to the U.S. 7th Fleet area of operation conducting intelligence, surveillance and reconnaissance and anti-submarine warfare missions as well as providing maritime domain awareness throughout the Indo-Pacific region.

Pure Praxis performs in Okinawa



(U.S. Navy photo by Mass Communication Specialist 2nd Class Matthew Dickinson)

Sailors assigned to Fleet Activities Okinawa attend an interactive Sexual Assault Prevention and Response (SAPR) training with the Pure Praxis theater group, Aug. 27. Pure Praxis, a social theater group contracted by the Department of the Navy SAPR Office in 2015, uses Performance Education Workshops to train and empower service members at military installations worldwide.

Enjoy a night of Japanese food, lights, and Yukata

Find traditional Japanese lighting created with bamboo and Washi paper here, at Murasaki Mura in Yomitan.

With the uniquely Okinawan-style of tile-roof architecture, Janatei offers dishes prepared with natural ingredients. The Ryukyu Oden and Okinawa Soba are some of the favorites among the customers, and many Americans and locals return for the delicious dishes and special atmosphere. This summer, try a different and special experience. Come join us and embrace Japanese culture, lights, Ryukyuan cuisine, and Yukata

~Sep. 23 2018 **SUN** 18:00~22:00
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*Yokari begins at 17:30.

Place: Murasaki Mura
Murasaki Mura, 1020-1 Takashiho, Yomitan Village

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- Yukata Set Rental : 3,500 Yen (Yukata and Geta) includes fitting **no reservations required** 17:00 to 20:00 Returns: 21:30 (Please do not be late)
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*3,000 yen deposit required for Yukata fitting and rental. Refund when you return the Yukata.
*Please note we may not have all sizes at hand.
*Only 100 Yukata sets available (up to size 5XL available).

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Wake Island: Trans-Pacific refueling

By **Connie Braesch**

Defense Logistics Agency

8/27/2018 - WAKE ISLAND, Marshall Islands — Did you know Wake Island is a strategically positioned refueling stop for military aircraft in the middle of the Pacific Ocean located roughly 2,300 miles west of Honolulu and 1,500 miles east of Guam?

When the lack of a safe and reliable coastal working boat threatened to impact tanker offload operations on the island, Defense Logistics Agency Energy tapped in to its extensive supply chain management resources to find a solution.

“A small boat allows operators to maneuver easier around the tankers when setting up or taking down the spill booms and the 1,500 feet of floating hose required for offload operations,” said Edward Guthrie, DLA Energy Hawaii management and program analyst. “It also gives the operators an easy working platform.”

More importantly, the boat needs to handle the strong or unpredictable currents around the island. When contractors used three small auxiliary support boats to complete a tanker discharge operation in January, they were too small to safely execute the operation and to operate under the sea conditions, Guthrie said.

“This created safety and environmental risks to personnel performing the work,” he added. “It was critical that a plan for auxiliary support boats be established and ready for execution by August when the next tanker resupply is expected,” he said.

Wake Island, a U.S. Territory under administrative control of the Depart-

ment of the Air Force, is less than 3 square miles – half the size of Key West, Florida – and has limited local resources. Guthrie worked with Wake Island military leadership to identify a solution.

“We agreed to look into the purchase of a new Boston Whaler (boat),” Guthrie said. “I provided them with information on a manufacturer that DFSP (Defense Fuel Support Point) Okinawa uses that has similar waterborne operations for offload tankers as Wake Island.”

Because port operations couldn’t wait the year it would take to deliver the new Boston Whaler to the island, Guthrie enabled his supply chain network.

“I called the deputy director at FLC (Fleet Logistics Center) Pearl Harbor and asked if the Navy had any boats they were looking to turn in,” Guthrie said. “Within days, I received a call from Port Operations in Pearl Harbor. They said they had a boat, and we were welcome to come look at it.”

After examination and discussions with Wake Island, it was determined the boat would meet their immediate needs, he said. In June, after the official paperwork finalized the transfer of the asset from the Navy to the Air Force, the platform boat arrived on Wake Island.

“It was tested in the surrounding waters of Wake Island and had no problems maneuvering,” Guthrie said.

The platform boat not only keeps scheduled operations on track but also proved valuable during the replacement of one of Wake Island’s two tanker mooring buoys – both of which are necessary for tankers to safely moor during offload.

“It was fortunate that the boat was available to support the Navy dive team,”



(U.S. Marine Corps photo by Cpl. Francisco J. Diaz Jr.)

^ F-35B Lightning IIs with Marine Fighter Attack Squadron 211, the Wake Island Avengers, 13th Marine Expeditionary Unit (MEU), fly over Wake Island during a regularly scheduled deployment of the Essex Amphibious Ready Group and the 13th MEU, Aug. 1.

said Eric Parsha, DLA Energy Sustainment, Restoration and Modernization division program manager for Air Force sites like Wake Island. “Having the platform boat available was a tremendous savings. The team was able to avoid deploying their dive boat, which saved roughly \$500,000 in special air mission costs.”

While the boat was a great working platform, in the end it was too small to safely tow the 17,000 pound 11-by-13 foot buoy due to weather and sea state, Parsha said. The team ended up augmenting the effort by contracting a tug for a day, which happened to be on the island for other contract work.

Once Wake Island gets the new Boston Whaler, the platform boat will still

be a valuable asset to island operations, Guthrie said.

While most people think a supply chain is about getting a commodity from point A to B, Guthrie’s connections showed that it is much more than that – it’s about strong partnerships.

“Fuel in itself is fairly simple, but to get it to the right place and ensure the warfighters have it when they need it the most takes a lot of moving pieces,” he said. “Over the past 45 years, I have made a lot of friends in and out of the military dating back to when I was still in the service. We call on one another from time to time to help out. In the case of the platform boat, we were in the right place at the right time and it worked out for everyone.”

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Marines test future of wireless communications

By Pfc. Kindo Go and Sgt. Timothy Valero

III Marine Expeditionary Force
8/22/2018 - CAMP HANSEN — Marines with 7th Communication Battalion, III Marine Expeditionary Force Information Group conducted field testing of a new Free Space Optics (FSO) system at Camp Hansen, Okinawa, Aug. 21.

FSO is an optical communication system that transfers data on a highly secured and nearly undetectable infrared laser, separate from the radio frequency spectrum. The FSO allows for higher data rates compared to the current systems in the Marine Corps. This allows more users on a single network, and larger files, imagery and information to be transmitted.

“The FSO is technology which changes the dynamics of how Marines will support the demand for greater data throughout while not increasing the need for more radio frequency spectrum, an already constrained resource,” said Chief Warrant Officer 4 Jerome Foreman, a strategic electromagnetic spectrum officer with Headquarters Marine Corps.

Foreman explains everything from the battlespace to providing humanitarian aid is data-driven so, “ensuring warfighters are equipped with the information they need whenever and wherever they need it, is critical to mission success.”

The FSO is designed to be user friendly, lightweight and mobile. Marines can quickly learn how to set up and operate the system within minutes and are able to easily move the equipment to different locations, said Sgt. William Holt, a cyber-systems administrator with Marine Wing Communications Squadron 18, 1st



(U.S. Marine Corps photo by Sgt. Timothy Valero)

Marine Aircraft Wing.

“When it first came up, we thought it would be a lot more difficult to set up and understand,” said Holt. “When the Marines heard ‘free space optics’ and ‘lasers,’ they got nervous about that. Then when they actually got behind the gear and were able to operate it, it was easier than expected. Now we know any Marine, of any rank, is able to get the gear up and running.”

The Marines are working alongside engineers with the U.S. Naval Research Laboratory, the developers of the new FSO system. Dr. Linda Thomas, a senior research engineer with the U.S. Naval Research Laboratory, said they came to Okinawa to test how well the system works in variable weather conditions.

“We came out to Okinawa because it was one of the harshest humid environments with highly variable weather on very short time scales,” Thomas said. “It can go from being nice and sunny to tor-

rential downpours. We are looking at how the system operates and handles these conditions and how we can better fulfill the needs of the future Marine Corps.”

Throughout the time of fielding this new technology the Marine Corps is already looking into real-world applications.

“We have it tied into just one system, but I can see this system actually expanding,” said Foreman. “Right now it is doing ground-to-ground communications, but I see it going ship-to-shore and even air-to-ground. This is a system we could actually fly over and send information down to the ground components in an instant.”

III MIG provides commanders the ability to integrate information warfare during their planning, training, and operations. One role of the III MIG is to field and test new information systems, which better equip the Marines during combat, training or support operations.

Local and US communities participate in Ginowan Dragon Boat Race

> The Torii Ladies dragon boat team row to the finish line Aug. 19 during a Dragon Boat Race at a port in Ginowan. The races, part of a summer series held across the island, invite the local and U.S. communities to participate together. The Torii Ladies are a mixture of all military branches from across the island.



(U.S. Marine Corps photo by Pfc. Nicole Rogge)

Maj. Gen. Luong takes command of U.S. Army Japan; Maj. Gen. Pasquarette to become Army G-8

By Dustin Perry

U.S. Army Garrison Japan Public Affairs
8/28/2018 - CAMP ZAMA, Japan — Maj. Gen. Viet X. Luong assumed command of U.S. Army Japan during a change-of-command ceremony held here today, taking over from the outgoing commander, Maj. Gen. James F. Pasquarette.

Luong formerly served as the deputy commanding general of operations for Eighth Army in Korea. He described the day on which he took command of USARJ as “special” and “an incredible honor” for him and his family.

“Too often, we speak about promotions and selection for command in terms of talent, hard work, luck and timing,” said Luong. “However, we don’t talk about what a privilege it is to live in the land of the free, and the wondrous privileges we enjoy as Americans.”

Gen. Robert B. Brown, commanding general of U.S. Army Pacific, who conducted the traditional passing of the guidon during the ceremony described the story of Luong’s Army career as “one of the American Dream.”

Luong, who emigrated from Vietnam to the United States with his family in 1975 at the age of 9, earned his commission via the Reserve Officer’s Training Corps program at the University of Southern California in 1987. He went on to serve in numerous military campaigns and conflicts, including Operation Up-

hold Democracy in Haiti, Operation Iraqi Freedom, and Freedom’s Sentinel/NATO Resolute Support in Afghanistan.

“Viet prides himself on being a positive influence, and I’m certain he’ll be a positive influence here and keep the tremendous momentum going for U.S. Army Japan,” said Brown.

Luong pledged to “continue to build on the great work” that Pasquarette, his predecessor, had cultivated in during his three years in command. He then quoted a Japanese proverb, which translates to, “No road is too long in the company of friends.”

“I look forward to walking side-by-side with you in this journey, and it will be a distinct honor for me to do so,” said Luong. “I’m ready to join your phalanx, and it will be an honor to fight by your side.”

Pasquarette took command of USARJ in July 2015. He will next be promoted to the rank of lieutenant general in conjunction with his new assignment as the deputy chief of staff, G-8, at the Pentagon in Washington. He will replace Lt. Gen. John M. Murray.

Pasquarette described his time as the USARJ commander as “the most rewarding experience I’ve had, or probably will ever have, in my life.” As he departs Japan, Pasquarette said he understands the geopolitical significance of the U.S.-Japan alliance as “the cornerstone of peace and security in the Indo-Pacific.”



(U.S. Army photo by Dustin Perry)

▲ Maj. Gen. Viet X. Luong gives remarks during a ceremony Aug. 28 at Camp Zama, during which he assumed command of U.S. Army Japan, taking over from the outgoing commander, Maj. Gen. James F. Pasquarette. Luong formerly served as the deputy commanding general of operations for Eighth Army in Korea.

“I’ve been so lucky with my time here in Japan; it’s been the honor of a lifetime to serve here as the commander,” said Pasquarette. “And while [Pasquarette’s wife] Liz and I are excited about getting back to the United States, we depart Japan with a long list of friends and incredible memories that we will cherish for the rest of our lives.”

Brown summed up the change of leadership by emphasizing the importance of the alliance between the United States and Japan, and asserting both his pride in the

work Pasquarette had done to strengthen it, and his assurance that Luong will do to maintain the partnership.

“U.S. Army Japan is really a critically important and unique command in the Pacific; there is none other like it,” said Brown. “On the one hand, we say farewell to great friends, folks we’ve worked with—a great team that has led this organization. But on the other hand ... another great team comes in. [The Luongs] are another tremendous Army family, and we are so proud to have them here.”

3rd Medical Bn. participates in NMAP training

> Hospital Corpsman 1st Class Hussein Taaha, left, applies a splint to the leg of Hospital Corpsman 1st Class Jeseca Anderson during Navy Medicine Augmentation Program pre-deployment training at Medical Simulation Training Center South, Aug. 25.



(U.S. Marine Corps photos by Cpl. Joshua Pinkney)

▲ Medical personnel assigned to 3rd Medical Battalion, 3rd Marine Logistics Group, escort a simulated casualty during a Navy Medicine Augmentation Program pre-deployment training at Medical Simulation Training Center South, Camp Foster, Aug. 25. Medical personnel with 3rd Med. Bn., 3rd MLG, worked with medical augments to prepare Role II medical facilities. Role II facilities provide a place for injured service members to be received while providing enhanced capabilities such as ultrasound, X-ray and surgery.



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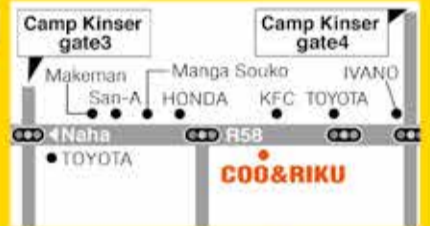
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Kadena Air Base Community Notes

To submit an announcement for the base bulletin, please visit www.kadena.af.mil NO FEDERAL ENDORSEMENT OF PRIVATE ORGANIZATIONS OR ACTIVITIES IS INTENDED.

NOTICES DBIDS 5.0 - Unescorted passes and contractor badge reissue

A scheduled upgrade to the installation access system has completed and DBIDS 5.0 is now live at Kadena Air Base. For all personnel possessing a DEERS linked form of identification (e.g. Common Access Card) there is no action required; DBIDS will automatically create a database profile the first time your identification is scanned by a hand-held device upon entry to the installation. All previously issued unescorted passes and USFJ 98EJ contractor badges will require registration and reissue of a new secure DBIDS 5.0 hard-card form of identification. To facilitate a smooth transition, these unescorted passes and USFJ 98EJ contractor badges will remain valid for a 90 day period while the Gate 1 Visitor Center conducts the registration and reissue process. All personnel that need reissue are encouraged to visit the Gate 1 Visitor Center at their earliest convenience. On Nov. 16 the installation will no longer accept unescorted passes and USFJ 98EJ contractor badges, and personnel still possessing these passes will be denied access and directed to the Gate 1 Visitor Center for registration and reissue.

18th MDG Clinic Closures

The Kadena Air Base clinic will be closed on the following dates this year: Sept. 3 (Labor Day) Closed all day, Sept. 4 (5th Air Force Training Day) Facility Closed / Appointment Line & Camp Foster Acute Care Open. Sep. 20 (MDG 1/2 Training Day) Closed at 12 p.m. The 18th Medical Group is responsible for ensuring the 18th Wing's medical readiness in support of the United States' and Japan's mutual interests. In keeping with this mission, the Kadena

clinic will be participating in 18th Wing upcoming exercises. During exercises, our normal patient care and clinical services (pharmacy, lab, immunizations, etc.) will be impacted, as the clinic may be closed for one day during these exercises (exact dates subject to scenario). We ask for your patience as our trusted professionals exercise their skills and work with the Wing and other agencies on island in support of these training events. We apologize for any inconvenience that this may cause. As always, in the event of an emergency, seek emergency services at the U.S. Naval Hospital on Camp Foster, or by dialing ambulance services at 634-1796 or by cell phone 098-934-5911. For more information, contact Capt. Jennifer Stark at 630-4565, Staff Sgt. Larissa Palmer at 630-4504, or Ms. Melissa Cook at 630-5050.

WIC Overseas Program Enrollment and Eligibility

The Women, Infants, and Children Overseas is a supplemental nutrition program designed for pregnant, postpartum, and breastfeeding women, infants and children up to the age of 5. As a WIC Overseas participant, you can receive nutrition education in the form of individual counseling and group classes, breastfeeding support, supplemental foods such as milk, juice, cheese, cereal, eggs, and fresh fruits and vegetables, and referrals to other health care agencies. For more information, check financial/residential eligibility, visit or call WIC Overseas. All of WIC can be reached at 645-WICO (9426) or from a cell phone at 098-970-9426 (Options 1- Camp Foster; 2- Kadena Air Base; 3-Camp Kinser; 4- Camp Courtney) / Kadena Air Base (Bldg. 428) / Camp Foster (Bldg. 5674) / Camp Courtney (Bldg. 4408) / Camp Kinser (Bldg. 107 Rm. 121)

Road Closure

Partial Road Closure/alternate traffic flow is scheduled from July 9 to Oct. 31 on Schreiber Ave near Bldg 250 to Bldg 3416. Flaggers and traffic lights will be posted. This is to support Government of Japan construction project in the vicinity. For any information or concerns, please contact Eishin Hiyajo at 634-4285, or Email eishin.hiyajo.jp@us.af.mil.

Partial Road Closure

Road Closure for portion of FH Smith Dr from intersection of Schreiber Ave to Bldg 3135 from Aug. 11 to March 31, 2020.

Hiroshima Relief donation collection

On July 7th, Typhoon Maria devastated Hiroshima prefecture with widespread flooding and landslides. More than 200 people were killed and hundreds more remain missing. Three million resident were ordered to leave their homes. Join Kadena Airmen in providing assistance to these displaced families. The Kadena Top III: Okinawa Outreach Committee are requesting the following as donations: sanitary napkins, soap, infant diapers and formula powder, toothpaste and toothbrushes, and antiperspirant deodorants. The collection point will be at building 3481. More information can be gathered at <https://www.facebook.com/OkinawaOutreach> OR Staff Sgt. Joseph Kim at DSN 634-9555

Kadena SAPR volunteer victims advocate course

The Kadena Sexual Assault Prevention & Response office is looking for motivated and committed individuals to attend the required 40-hour course 1-5 October 2018. To apply, view 'APPLICATION INSTRUCTIONS' on our sharepoint page: <https://kadena.eis.pacaf.af.mil/18WG/>

WSA/SAPR/Volunteer%20Victim%20Advocate%20Application/Forms/AllItems.aspx Completed applications must be submitted to 18wg.sarc@us.af.mil NLT COB 21 September 2018.

Airman and Family Readiness Center closure

The A&FRC will be closed Aug. 31 from 12 p.m. - 5 p.m. for staff training.

INFORMATION

DoD Offers BeThere Peer Support Call and Outreach Center

Reaching out for support when you need it is a sign of strength. The DoD BeThere Peer Support Call and Outreach Center represents the longstanding commitment of the military community to take care of each other. Peer specialists know what military life is like because they've been there. Here are the details of your BeThere Peer Support Call and Outreach Center:

- Active Duty, National Guard and Reserve members, and their families are eligible to use the center's services.
 - Calls, texts and live chats are unlimited and available 24/7/365 from anywhere in the world.
 - You can choose the peer specialist you speak with based on a number of qualities, including Service experience, Veteran or spouse, and male or female.
 - Support is available for any area of life — no problem is too small.
 - Communication with BeThere peer specialists is kept confidential.
- Staffed by Veterans and military spouses, the center encourages Service members and their families to seek support for everyday problems from peers who understand military life. For more information or to contact a BeThere Peer Specialist Call: 844-357-PEER (7337) Text: 480-360-6188 Chat and visit: <https://www.BeTherePeerSupport.org>

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How to File a Complaint with IG

If you believe you are unable to resolve your complaint through supervisory channels, you may seek IG assistance to determine if the complaint should be filed with the IG. You can file a complaint if you reasonably believe inappropriate conduct has occurred or a violation of law, policy, procedures, or regulation has been committed. Complete the personnel data information on an AF Form 102 and briefly outline the facts and relevant information related to the issue or complaint. List the allegations of wrongdoing briefly, in general terms and provide supporting narrative detail and documents later, when interviewed by an IG person. Allegations should be written as bullets and should answer who committed the violation; what violation was committed; what law, regulation, procedures, or policy was violated; when did the violation occur. Help is available: Call your Kadena IG office at 634-7622 for Maj. Sarabia or 634-1109 for Mr. Lovingood, or leave a message on the Kadena Fraud Waste & Abuse (FWA) Hotline at 634-0404.

18th Wing Equal Opportunity

Do you face concerns of unlawful discrimination or sexual harassment? If so, Kadena Air Base leadership maintains a strict "zero-tolerance" policy pertaining to discriminatory behavior. If you feel you are being unlawfully discriminated against, to include sexual harassment, take action. We encourage members to use the chain of command first to resolve issues at the lowest level. However, you can also contact the EO office at 634-2571 to set up an appointment; or you may visit our office. Please note that the EO office will not accept a Formal Complaint more than 60 calendar days for military and 45 calendar days for civilian complaints after the alleged offense occurred without sufficient justification.

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Finance Inquiries

Finance inquiries may be sent to 18cpts.finance@us.af.mil - include full SSN. Phone calls will be taken from 8 a.m. - noon at 634-3609. Office is closed each 3rd Thursday of the month (Training Day) - Closed - All Day. For emergencies call 080-6487-6969

Kadena and Camp Foster Emergency Numbers

Kadena Fire Emergency Services reminds everyone to program their cell phones with the emergency numbers. To report an emergency on Kadena via cell, dial 098-934-5911, and from an office phone, dial 911. For Camp Foster via cell, dial 098-911-1911, or from an office phone, dial 911.

UPCOMING EVENTS Air Force Wounded Warrior Program Recovery Care Coordinator

We have been presented with the awesome opportunity to hear from Cisco Johnson, PACAF Recovery Care Coordinator for the Air Force Wounded Warrior Program based at Hickam AFB. He has offered to give a talk on the multifaceted Wounded Warrior Program. He is part of a Care Management Team that includes Commanders, Clinical Case Managers, PCMs, PEBLOs, and NMCMs. This program assists Airmen

that have been identified or medically diagnosed with a Very Serious Injury, Serious Injury, PTSD, TBI, MST with a Wound Injury or Illness (WII). It is also a program that has services and benefits for Caregivers (Spouses) who are caring for an WII Airman. This program will benefit all Active Duty Air Force, Civilians and family members. The presentation will be Aug. 31, 9:30 a.m. - 11 a.m., Keystone Theater.

Armed Forces Marathon Championship

The Armed Forces Marathon Championship in Washington D.C. will take place from Oct. 25-28. Open to all Active Duty, Guard and Reserves, application due dates for Coaches is Sep. 4 and Athletes/Trainers is Sep. 10

Keiro No Hi

Oh behalf of the 18th Wing, we invite you to make history with us as we strengthen relationships with our host nation by honoring local elders of the Okinawan community. Join us on Sep. 14, at 11 a.m. at Officer's club for Keiro No Hi, a special Japanese tradition to express respect for their elderly, to thank them for their contributions to society and celebrate longevity of life. Please RSVP through the below link no later than Sep. 5 to secure your spot. <https://einvitations.afit.edu/inv/index>.

Beat the Heat half marathon and 5K

The 18th Security Forces 7th annual "Beat the Heat" half marathon and 5K is coming up and will be held Oct. 6. Sign-in for the 5K portion begins at 7 p.m. and the half marathon sign-in begins at 7:30 p.m. Registration ends on Oct. 1, or when 200 runners sign up. Registration fees can be payed in cash at the 18th SFS headquarters, bldg. 705, Rm 236. For more information, please visit the Shogun Defender Facebook page under the events tab or contact Lauriele McDermott or Ryan Carrico via Facebook messenger or on Global!

Kadena Women's Basketball Team

Kadena Lady Warriors Basketball team is looking for women that interested in playing the game of basketball. The team is open to all ID card holders. If you have any questions or concerns please email Head Coach Artis Gandy at artis.gandy@yahoo.com.

FSS Feedback

The 18th Force Support Squadron would like your feedback about our website, [kadenafss.com](http://www.kadenafss.com). We want to hear from our customers to ensure our website meets the needs of our community. <http://www.kadenafss.com/> The survey should take no more than five minutes of your time, and is available through Sunday, Sept. 16.

Walker Road repair

Starting Sept. 3 and continuing through Oct. 20, the 718th CES will be conducting repairs on and around Walker Road. Travelers should expect delays Monday through Saturday from 8 a.m. through 6 p.m. Please direct questions or concerns to Akira Fair at DSN 734-4879

VOLUNTEER OPPORTUNITIES Kadena Women's Flag Football

A few women on Kadena are looking to start a flag football team and need participants. If you're interested in joining the team, please reach out to: Staff Sgt. Marc Acosta: 080-6496-6533 / Staff Sgt. Alondra Vega-Fulton: 089-9853-6245 / Senior Airman David Binder: 080-6489-3739.

Quonset Hut Cleanup

The 18th Wing History Office is requesting volunteers for a Quonset Hut cleanup! The event will take place Sep. 21, from 9 a.m. - 2 p.m. at the Quonset Hut near building 10 (in the airpark). This is an opportunity to help maintain a piece of Team Kadena's history. Clean up will consist of sweeping, dusting, window cleaning, clearing torn sandbags, trash pick-up, brushing the exterior and many more tasks. Cleaning will be both interior and exterior and the History office will supply cleaning materials. Please bring your own gloves (must have), eye and respiratory protection (optional). In the future, we would like to recreate what a Q-hut might have looked like in the 1940s and 50s, so we will be planting native flowers and lining the outside with rocks. The History Office will endorse all volunteers who come, sign in and actively participate in the clean-up. You can stay for 30 minutes, an hour or the whole allotted time. The clean-up will end early if all the tasks are completed. The History Office will have volunteer time sheet forms on hand for whoever needs them. Please contact Mr. Evan Muxen at 634-8875 for more information or to sign up.

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4-Sep	1100-1400	KAB Flightline	Café Shiyu de Pokko
4-Sep	1100-1400	Torii Express	Nukumi Kitchen
5-Sep	1100-1400	Torii Express	Triple A
5-Sep	1100-1400	KAB Flightline	Old Spices
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6-Sep	1100-1700	Torii Express	Old Spices

SHABU SHABU · OKINAWA FOOD
YOROKOBI
CHATAN

51-2 2nd Floor Mihama, Chatan
Tel. 098-923-0429
Lunch : 11 a.m. - 3 p.m.
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OPEN DAILY Total 50 seats available

JUICY JAPANESE CRISPY FRIED CHICKEN
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JUST SAY SAMURAI GATE FREE EXTRA PLAY

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The VR Game is for over age 13.
(Age 7 to 12 requires guardians approval)
No food inside the game area

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15-69 Mihama, Chatan

1 ADDITIONAL PLAY IN 1 GAME
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