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AIR FORCE - ARMY - NAVY - COMMUNITY NEWS

Number 11 - Issue 21



An F-15C Eagle assigned to the 18th Wing at Kadena Air Base, is refueled by a KC-10 Extender from the 6th Air Refueling Squadron, Travis Air Force Base, Calif., June 2. The KC-10 refueled two F-15C Eagles a total of 16 times, offloading a total of 78,400 pounds of fuel over a distance covering nearly 2,300 miles on a mission in the Pacific region.

KC-10 Extender conducts refueling F-15 in-route to Japan

(U.S. Air Force photo by Tech. Sgt. James Hodgman)

BEEliners enable AE mission



An aeromedical evacuation and critical care air transport team consisting of Airmen from the 375th AE Squadron, 18th AE Squadron, 673rd Medical Group, 36th Medical Group and 124th Medical Group, load a priority care patient onto a C-17 Globemaster III at Kadena Air Base, May 17.

(U.S. Air Force photos by Lan Kim)

By Lan Kim

60th Air Mobility Wing Public Affairs
5/31/2018 - STRAVIS AIR FORCE BASE, Calif. — It's a Sunday morning on Travis Air Force Base, California, and a flightline normally buzzing with activity is unusually void of the sounds one would expect from the busiest military air terminal in the United States.

The lull does not last long.

As a C-17 Globemaster III aircrew consisting of three pilots and two loadmasters from the 21st Airlift Squadron bus their way to a parked C-17, ground crews and a couple of 860th Aircraft Maintenance Squadron flying crew chiefs are busy running checklists and prepping the cargo jet for departure.

The primary reason this C-17 is departing Travis is apparent to everyone; by and large from the green Conex box emblazoned with the international medical symbol of a red cross, situated in the cargo compartment.

The mission at hand is aeromedical evacuation – and a crew from the 375th Aeromedical Evacuation Squadron and other AE teams stationed at various bases in the Pacific execute that rapid AE capability alongside their Travis counterparts on a routine basis.

“This mission is the standard [Pacific Air Forces] mission where a five-man crew is de-

ployed to Travis AFB, where the mission originates,” said Maj. Twana Hadden, 375th AES flight nurse. “There, the crew configures either a C-17 or KC-135 for litter patients and medical equipment.”

An AE crew consists of a medical crew director, a flight nurse charged with overseeing the overall medical aspect of the mission and three AE technicians who assist with patient care, medical equipment operability, aircraft integration and coordination.

“The crew then flies out to Joint Base Pearl Harbor-Hickam Hawaii, where three out of the original five-man crew, now combine with a two-man crew out of Kadena Air Base. The remaining two from the original five-man crew sit in alert at Hickam, standing by for any urgent or priority missions there. The new five-man crew will then fly out of Hickam, either picking up or dropping off patients at Anderson AFB, Guam, and Kadena Air Base,” Hadden said.

Once that crew returns back to Hickam, they reunite with their original two crew members and transport any remaining patients back to the continental United States, according to Hadden.

Though these missions are routine in the Pacific area of operation, the effects are anything but for the Airmen involved.

“AE missions are rewarding missions because it affords us

the opportunity to serve military members and their families,” said Capt. Kai Yamashiro, 21st AS aircraft commander of the C-17 that departed that Sunday morning with the 375th AES crew.

“Without our ability to coordinate and work side by side with each other, this mission wouldn't be feasible,” he said. “Our teams work and train hard every day to be able to provide operational support for our fellow Airmen and their families in times of need.”

Hadden echoed this sentiment and stressed how “important it is for teams to work as a unit to ensure patients receive the best care in a safe and timely manner,” said Hadden.

Altogether, the 21st AS and their AE counterparts provided aerial transport for seven patients in the span of a week for that specific mission. And because two of those patients were classified as needing urgent and priority care, respectively, another important component of the AE system came into the fold—Critical Care Air Transport Teams.

When patients require intensive care and aerial transport to higher echelons of medical care, CCATTs consisting of a physician, critical care nurse and respiratory therapist, are deployed to provide in-flight medical care and supervision to patients as they make their way



Senior Master Sgt. Brad Markwood, 18th Aeromedical Evacuation Squadron 2nd AE technician, checks the vitals of a patient on board a C-17 Globemaster III from Travis Air Force Base, Calif., May 16, at Anderson Air Force Base, Guam.

to follow-on medical care, said Master Sgt. Virginia Holmgren, a 124th Medical Group respiratory therapist with the Idaho Air National Guard and CCATT member onboard the AE mission.

Master Sgt. Tyler Jacoby, 36th Medical Group respiratory therapist and his fellow CCATT members linked up with the 21st AS air crew at Anderson AFB, Guam on one of their leg flights in the Pacific, with their priority patient and provided critical care all the way back to Travis.

“As CCATT, we are responsible for knowing how the aircrews, to include the AE teams we fly with, operate during missions,” said Jacoby. “We are constantly mixed and matched with different crews for every mission, so knowing how they operate is integral to the success of the mission because without any one part of the AE team, we would not be able to do our mission.”

Missions like these provide a certain level of pride for the aeromedical professionals who perform them.

“Whether it is here in the Pacific or deployed to one of the areas that has CCATT, hearing about the success stories when patients make a recovery to lead a somewhat normal life, as opposed to the condition that we left them in at the receiving medical facility, makes this job worth it,” said Holmgren.

“We see a majority of our pa-

tients on one of the worst days of their lives, so hearing success stories is very gratifying.”

That same sense of pride can be translated across other facets of this mission. In particular, the 21st AS aircrew themselves held another distinction.

Yamashiro pointed out the mission was also a tribute to Asian Pacific American Heritage Month for the month of May. Considering the mission was conducted in the Pacific, the majority of the crew was also of Asian or Pacific Islander descent; in turn, highlighting how the ranks of the Air Force have become more diverse.

“The 21st AS leadership encourages diversity and cultural pride, which allowed for us to partake in this [Asian Pacific American Heritage Month] flight,” said Yamashiro. “They understand it is important to be proud of who you are and where you come from, but also how important it is for the Air Force to have a diverse mix of Airmen.”

The main focus, though, was still the rapid AE capability that Yamashiro's crew and medics were able to perform successfully.

“We spent a week delivering critically injured patients to hospitals so they could receive proper medical treatment,” he said. “Everyone's hard work translated to making a difference for these military members and their families.”

Kadena Air Base Weekly Newspaper

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PAMACON PREPS AIRMEN TO SAVE LIVE



(U.S. Air Force photos by Senior Airman Quay Drawdy)



^ Airmen assigned to the 18th Medical Group navigate through dense jungle terrain during the Preventative Aerospace Medicine Convention May 18. The PAMACON is a field training day focusing on establishing and supporting an operational site in deployed environments.



^ Airmen assigned to the 18th Medical Group orient themselves on a map during the Preventative Aerospace Medicine Convention.

◀ Airmen assigned to the 18th Medical Group stand together for a group photo at the conclusion of the Preventative Aerospace Medicine Convention May 18, at Kadena Air Base. The PAMACON involves briefings oriented around land navigation and factors that are considered before setting up a deployed base.

Different place, same mission

By Staff Sgt. Matthew B. Fredericks
18th Wing Public Affairs
5/31/2018 — Over 20 students from the Australian Defense Force Centre for Strategic and Defense Studies, representing six countries, visited Kadena Air Base, May 16.

Senior military and civilian officials from Australia and its U.N. allies arrived as part of a hands-on capstone tour looking at the strategic aspects of Northeast Asia. The students

are enrolled in the Defense and Strategic Studies Course, a year-long post-graduate level educational program, focusing on knowledge, awareness and skills to operate at the highest levels of leadership, command, policy formulation and management.

Using an advanced learning environment, throughout the course the students are expected to contribute their experience and knowledge to enrich the group. The students utilize the unique opportunity to interact

and discuss complex issues with a diverse presence of nationalities and backgrounds.

“From my perspective it is trying to build some really strong friendships and deepen the relationships across the nations that we have,” said Australian Air Force Group Captain Stuart Bellingham, DSSC student. “We can hopefully take that forward and use those relationships to underpin the links between our nations, which is the most important part of any

alliance or partnership.”

The class visited numerous locations throughout China, Japan, Guam and Korea, meeting with military and civilian officials from each country. The students used the opportunity to talk with consulate generals, foreign-affairs personnel and business people about key issues affecting each location.

“This trip is all about looking at the strategic aspects of Northeast Asia,” Bellingham said. “It has brought out the key issues we’ve been reading about and talking about.”

While at Kadena Air Base, the students met with leadership

from the 18th Wing and the 3rd Marine Expeditionary Force for command briefs and open discussions about Okinawa’s role in the Pacific. The group also met with U.S. Consulate General to understand the political perspective of Okinawa before departing for the next stop of their trip.

“We’re engaging at the geo-political level, to appreciate the strategic significance of Okinawa for the people of Japan, as well as the nations represented here,” said Australian Army Col. Ana Duncan, DSSC student, “In terms of what we see as a will to ensure regional stability and security moving forward.”

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KC-10 flight engineer closing in on milestone



(U.S. Air Force photo by Tech. Sgt. James Hodgman)

Master Sgt. Scott Dillinger, 6th Air Refueling Squadron KC-10 Extender flight engineer, walks toward a KC-10 in the early morning hours of June 2, at Eielson Air Force Base, Alaska.

By Tech. Sgt. James Hodgman

60th Air Mobility Wing Public Affairs
6/3/2018 - MISAWA AIR BASE, Japan — The alarm goes off at 4 a.m. on June 2 and like he's done many times before, Master Sgt. Scott Dillinger, 6th Air Refueling Squadron KC-10 Extender flight engineer, prepares for another mission in the KC-10 Extender.

Today, he will join a crew of three pilots, three flight engineers, to include himself, and two flying crew chiefs to provide refueling support for Air Force F-15C Eagle aircraft returning to Kadena Air Base, Japan, after participating in exercises RED FLAG-Alaska and Distant Frontier.

With a cup of coffee in his

right hand and a smile that seems never-ending, Dillinger boards the crew bus. He's excited for what awaits and enjoys joking with his fellow aircrew members on the way to the jet.

The flight is projected to take about 7 hours, which would bring Dillinger to within 6 hours of hitting the 10,000 flight hour milestone. While he's no doubt happy about that, he has something more important to focus on right now.

"Ben, you got it today," Dillinger said, referring to Staff Sgt. Ben Clouse, a 6th ARS KC-10 flight engineer who is close to earning his certification which will enable him to serve as the sole flight engineer on future

missions.

"Sure thing," Clouse replies, jokingly adding that if he needs help, he knows where to go.

After the bus arrives at the jet, Dillinger and Clouse quickly exit to begin their pre-flight assessment. Flight engineers are responsible for assessing an aircraft before any mission. They inspect the aircraft for leaks, hydraulics issues and a range of other potential problems.

Satisfied with the results so far, Dillinger slaps Clouse on the back and says, "You got it."

Clouse continues the pre-flight inspection while Dillinger, a veteran of more than three decades of military service, watches on.

"He's doing well and he'll soon be ready to fly on his own," Dillinger said.

Before a KC-10 flight engineer can fly on missions by themselves, they must first complete two supervised Coronet, or fighter refueling missions, as well as two cargo missions.

Today's mission will be Clouse's first Coronet trip and he said he's ready.

"The most important thing is ensuring we provide the fuel needed to the fighters because they can't make it all the way across the Pacific without us," he said. "I've been training to be a flight engineer since September 2017 and the tremendous support I've been given has made me 100

percent confident I can perform this mission."

Much of that support has come from Dillinger, Clouse added.

"He's really easy to talk to, explains things very well, has a wealth of experience and it's priceless to have his expertise," he said.

A few hours later, the KC-10 climbs into the clouds carrying 233,000 pounds of fuel.

Dillinger enjoys the view from the cockpit while the jet makes its climb high above Earth. He is the noncommissioned officer in charge of the 6th ARS standardization and evaluation section. Along with keeping up his flight engineer certification, he's responsible for training 18 Airmen to follow in his footsteps.

He said he enjoys teaching.

"It's so rewarding to see others perform and do well," he said. "I'm doing all I can to pass on the knowledge I have so others can carry it forward when I'm done."

"I just wanted to make a difference," he added. "I've been fortunate to work with some great engineers, pilots and crew. My hope now is to pass on knowledge and make others better."

Dillinger has flown on more than 1,000 sorties during his career, supporting a variety of operations including Restore Hope, Southern and Northern Watch, Enduring and Iraqi Freedom and most recently, Operation Inher-

ent Resolve.

Master Sgt. Scott Ferneding, 6th ARS assistant NCOIC of standardization and evaluation and a KC-10 flight engineer, said the Air Force is lucky to have Dillinger.

"He's so knowledgeable," he said. "If you ever have a question about the KC-10, you go to him and he's so professional and easy to approach. Not everyone is. Many NCO's struggle with being able to communicate with people and explain how to do certain things. Not Dillinger."

"He has such a unique way of describing things, so people understand," said Ferneding.

And this caring, understanding professional is nearing a historic milestone with every minute that passes on a KC-10 mission he's a part of. The Coronet mission he flew on June 2 provided 78,400 pounds of fuel for two F-15s, refueling the aircraft 16 times which enabled them to fly about 2,300 miles from Eielson AFB, Alaska to Japan.

The flight took 6 hours and 31 minutes bringing Dillinger slightly more than six hours away from hitting 10,000 flight hours.

"Ten thousand is just so astronomical," Ferneding said. "It's like saying you're going to the moon."

Well if that's the case, Dillinger may fly to the moon next. It seems like he'll hit the 10,000 hour mark soon, possibly tomorrow.

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Number of promotion opportunities for exceptional performers to increase

Secretary of the Air Force Public Affairs

5/31/2018 - WASHINGTON — Air Force officials have announced changes to the Stripes for Exceptional Performers program, a program designed to promote enlisted Airmen early who demonstrate exceptional potential. The changes will take effect immediately.

Major changes include increasing the number of stripes, also known as promotions, commanders can award and adjusting the timelines for the program. For fiscal year 2018, officials have increased the number of stripes available from 96 to 180.

This increase was based on feedback from commanders and senior enlisted leaders in field and through comments received during the 2018 Enlisted Force Development Panel. Feedback from commanders at the Wing and Group Commanders' courses and through various working groups also helped drive the change. Increasing the number of promotions available under STEP advances the Air Force priority of building exceptional leaders.

"Increasing STEP allocations is another way we're empowering commanders at every level to identify and reward their top performers," said Chief of Staff of the Air Force Gen. David L. Goldfein.

The increase provides all major commands and the Central Base

Board with at least two STEP quotas and provides additional promotion opportunities to the enlisted force. The change should have no measurable impact on the traditional enlisted promotion process and will not reduce promotion allocations available to Airmen competing for promotion under the Weighted Airmen Promotion System.

With the increase in STEP allocations to the timing of STEP promotions, board requirements will also change. First, the timing of the STEP process will shift to no earlier than September allowing in-cycle promotions to be announced prior to STEP nomination deadlines.

Next, the requirements for the Central and Combatant Command STEP boards have been aligned to more closely match the Enlisted Force Development Process. The board process will now require up to the last three enlisted evaluations in the nominee's current grade with a 1206 with up to five bullets detailing recent accomplishments that occurred since the close out of the member's most recent enlisted performance report.

This reduces the administrative requirements placed on units from previous requirements by up to 25 bullets per package.

"Not only does this help support our senior leaders' focus on revitalizing squadrons but it also helps to save Airmen's time," said Chief Master Sgt.

of the Air Force Kaleth O. Wright. "We're allowing commanders more opportunities to recognize those Airmen who have demonstrated sustained performance at the next level."

The STEP program was established in 1980 and was designed to meet those unique circumstances that, in the commander's judgment, clearly warrant promotion. Under the STEP program, commanders of MAJCOMs, field operating agencies and senior officers in organizations with large enlisted populations may promote a limited number of Airmen who show exceptional potential to the grades of staff and technical sergeant.

Commanders must ensure Airmen promoted under STEP meet eligibility requirements including completion of the appropriate enlisted professional military education. An individual may not receive more than one promotion under any combination of promotion programs within a 12-month period. STEP promotion opportunities are limited, therefore commanders are encouraged to recognize and promote their exemplary performers who meet minimum promotion eligibility criteria.

The Air Force Personnel Center will release full guidelines for the FY 2018 STEP process, including quotas for all MAJCOMs, COCOMs and units meeting the central board, via myPers at <https://mypers.af.mil>.

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Men's Health Month Never 'too busy' to focus on wellness

By Chris Lopez

Chief of Strategic Outreach and Engagement, Military Health System
6/1/2018 — Summertime, and the livin' is easy – or so the song goes. But for many men, summer is a difficult time of year to focus on fitness. Vacations and outdoor gatherings after work and on weekends can disrupt established routines – not to mention one's best intentions to eat healthfully, exercise regularly, and get a good night's sleep.

For me, fitting in fitness is a year-round challenge. I travel a lot, not only for my job with the Defense Health Agency but also for my obligations as a lieutenant commander in the Navy Reserve. I'm also working on a master's degree in national security and strategic studies through a distance-learning program with the Naval War College; and my wife and I have three children ages 5, 3, and 1. I'm constantly on the go, and I never know what I may find on the other side, in terms of a decent workout facility, available time, and healthful food options.

My physical fitness routine is to work out five or six days a week: three or four days of mainly cardio work, such as running 6 miles, and two days of strength training. I honor this schedule

even when I'm traveling. When I was in Poland in March for three weeks of reserve duty, the base gym wasn't available, so I found a gym within walking distance of the base and used it religiously.

When I'm in town and parenting duties overrule a gym workout, I'll take the kids to a nearby park with a playground. I use the monkey bars to do pull-ups, and I run around the little path there about a hundred times to get 6 miles in. I just make sure I get my workout while spending time with the kids, and the bonus is that I'm modeling the culture of being physically active.

I'm a naturally big guy, and strength training is something I've enjoyed since my high school and college football days. When it comes to healthful eating, though, I'll admit to having some trouble. One thing that makes it easier is to think about my dad. Although he was physically active, he had a heart attack when he was only 40, an age I'm closing in on. That was 25 years ago, and Dad's well today because he changed his diet. His health scare serves as my reminder for moderation and making good choices.

Also, my wife has been a huge influence. She introduced me to fish, not to mention portion

control. I'm not a big fan of fruit, but I love vegetables. A typical weekday breakfast is a veggie egg-white omelet with a side of bacon. For lunch, I usually go to the DHA cafeteria and buy soup and one or two servings of whatever hot vegetable is being offered.

When I traveled to Kentucky in May, I arrived at the hotel late and hungry. As tempted as I was to order Chinese food or a pizza, I wound up getting Uber Eats to deliver a McDonald's grilled chicken salad to my room.

I'd still like to lose a few more pounds, but I'm down about 10 pounds from what I weighed last year. I feel confident I'll continue my streak of scoring "outstanding" on the Navy's physical readiness test. Most importantly, I feel good. When I'm eating well and exercising regularly, I'm more effective, more efficient, and just better all around. We reap what we sow.

With June marking Men's Health Month, I'd like to encourage all men to take their health and wellness seriously. Make it a priority, no matter how "too busy" you think you might be. Keep in mind that God blessed you with one body, and no one else is going to take care of it for you.

NMCB 5 Pacific Deployment 2018

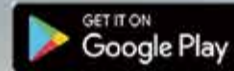


(U.S. Navy photos by Information Systems Technician Seamen Apprentice Deanna Velasquez)
Steel Worker Constructionman Elijah Faraladanskdoyle, assigned to Naval Mobile Construction Battalion (NMCB) 5, secures Del's bee with ratcheting strap for bee refurbishment, May 1 at Camp Shields. Del's bee is a true piece of Seabee history and has been in Okinawa for more than 45 years. Del's bee represents every rate in the Seabee community, the seven rates of the Seabees proudly displayed on his arms give testament to our fighting Seabees. NMCB 5 is the forward deployed Pacific NMCB ready to support major combat operations and humanitarian assistance/disaster relief operations and to provide general engineering and civil support to Navy, Marine Corps and joint operational forces.



Steel Worker Constructionman Elijah Faraladanskdoyle, assigned to NMCB 5, removes Bondo and rust using an angle grinder with a wire wheel attachment.

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VMM-262 joins the 31st MEU



(U.S. Marine Corps photo by Staff Sgt. T.T. Parish)

^ A MV-22B Osprey belonging to Marine Medium Tiltrotor Squadron 262 (Reinforced) prepares to land on Farallon de Medinilla Range, Commonwealth Northern Mariana Islands, Sept. 16, 2016.

By Lance Cpl. Alexis Betances

31st Marine Expeditionary Unit

6/5/2018 - CAMP HANSEN, Okinawa — The ACE supports the 31st MEU with assault transport, close air support and aviation command and control. The ACE includes a reinforced MV-22B Osprey squadron and a detachment of F-35B Lightning IIs from Marine Fighter Attack Squadron 121 during the MEU's regularly scheduled deployments, along with supporting detachments. The ACE for the 31st MEU rotates every 12 months.

"We're glad to have VMM-262 (Rein.) join our team," said Col. Tye R. Wallace, the commanding officer of the 31st MEU. "We're eager to see what we will accomplish over the course of the next year."

The last time VMM-262 (Rein.) was deployed with the 31st MEU, they supported exercises Valiant Shield in Guam, Amphibious Landing Exercise in the Philippines and Cobra Gold in the Kingdom of Thailand. They also received the 2017 Pete Ross award from the Marine Corps Aviation Association for their aviation safety record in 2016.

"The 'Flying Tigers' are ready to support the 31st MEU," said Lt. Col. Garth W. Burnett, commanding officer of VMM-262 (Rein.) "It will be a great experience for our Marines. I'm looking forward to the road ahead."

The 31st MEU is the only continuously forward-deployed MEU and is capable of accomplishing a wide-variety of military operations including humanitarian assistance and disaster relief, regional security and non-combatant evacuation.

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Skinny Dragons toured Effective

Sailors assigned to the "Skinny Dragons" of Patrol Squadron (VP) 4 pose for a photo following a tour of the USNS Effective (T-AGOS-21), a Victorious-class ocean surveillance ship with the mission to support the Navy by using both passive and active low frequency sonar arrays to detect and track undersea threats, May 31. This was an opportunity for some of VP-4's aircrewmembers and naval flight officers to learn first-hand about the capabilities of the Effective and its interoperability with VP-4's P-8A Poseidon aircraft. VP-4 is deployed to the U.S. 7th Fleet area of operation conducting Intelligence, Surveillance, and Reconnaissance, and Anti-Submarine Warfare missions, as well as providing maritime domain awareness throughout the Indo-Pacific region.



(U.S. Navy photo by Mass Communication Specialist 2nd Class Juan. S. Sua)

Fourth annual SHES poetry jam rocked!

By Xander, Ilinca, Luis, Alana, Reagan, Jasper, Ashley, Darci, Cooper, Ava, Audrey,

6/5/2018 — Stearley Heights Elementary School Roving Reporters covered the Stearley Heights Elementary School Poem in Your Pocket celebration on Friday, June 1st. This was their 4th annual poetry event and every student at SHES was ready because they had all created an original poem to present to their groups.

Kindergarteners wrote and illustrated personal puzzle poems and 1st graders wrote poems about who they are. 2nd graders researched a specific animal, and then worked with Mr. Kinjo, one of our Host Nation teachers, to create an origami representation of their animal. Students in grades 3-5 were introduced to many types of poetry through the use of flip-books which presented seven

types of poetry. In addition, 3rd graders focused on haiku's and shape poems, 4th graders focused on shape and found poems, and 5th graders fabricated false apology poems ... or were they real?

Dr. Westbrook (aka The Librarian) began poetry instruction with all grade levels in January. She has found that students love to write poems, especially when they find out that all the grammar rules their teachers make them use can be thrown out the window when writing poetry! SHES students discovered that poetry has been written and performed for over a thousand years. During the Medieval Ages, poetry readings were held which would often end with poetry jousts; the poets would choose a person from the audience to insult through a poem they made up on the spot. Poetry became less popular for a while, but made a huge comeback in the late

1950's and early 1960's due to the beatniks. They held poetry jams but had problems finding a place to perform due to the noise their clapping made after each poetry performance. They solved this problem by snapping their fingers to show their appreciation and the students at SHES continue this tradition by snapping their fingers three times following each performance (or using clappers if their "snappers" don't work yet — the favorite part for Skylar!) and they wear pockets to highlight that it is Poem in Your Pocket Day.

On Friday, class groups gathered in the library for the poetry jams. Students were sorted into mixed-age groups to perform their poems. Older students helped the younger students read their poems. Students were interviewed after their performances. Elliot's favorite part of the experience was "when I read my



(Photo by Dr. Pam Westbrook)

poem." Leilah "was a little shy and thinks she did good" when presenting her poem. Kamora's "favorite part was hearing the wonderful poems." Poetry truly rocked at SHES.

The community is invited to drop by and view the incredible student poetry works which will be on display in front of the Information Center/Library through June 14th.

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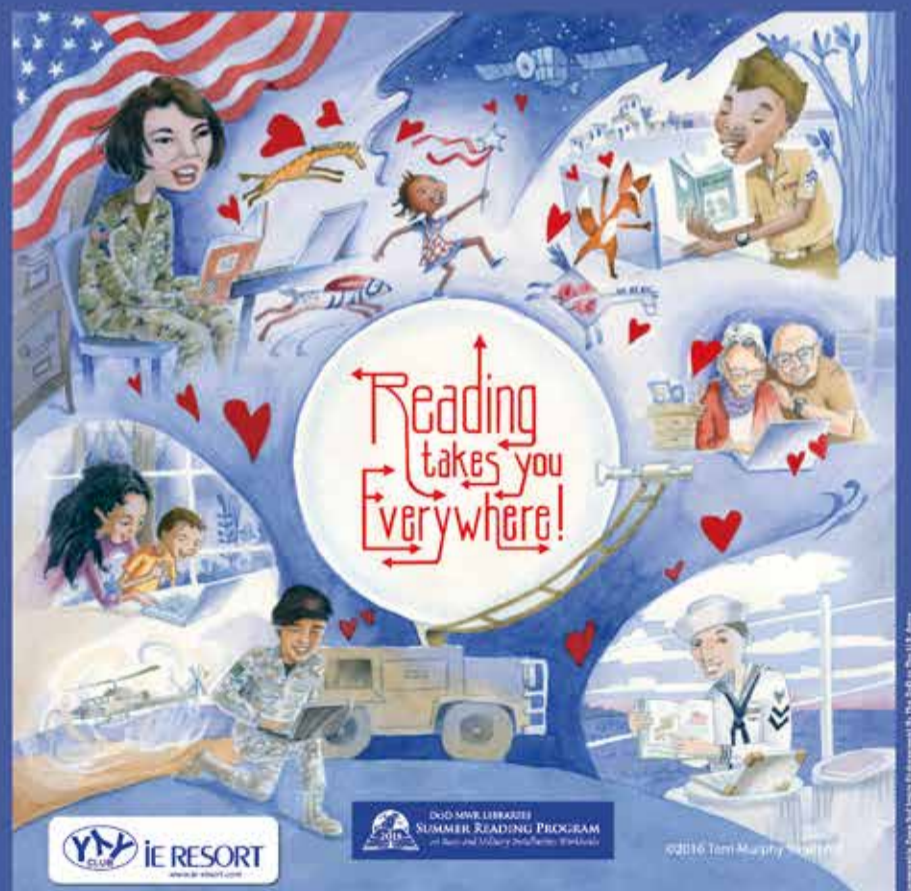
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June 16th

Meeting Start/End Point: CJ's Sunset Grill

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The StoryWalk® Project was created by Anne Ferguson of Montpelier, VT and
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DISTRICT STEM CELEBRATION OF OUTSTANDING STUDENT WORK AND FUTURE STEM LEADERS

By Sara Hill

Stearley Heights Elementary School

5/30/2018 — May 30th marked a day that many students from around the DODEA PAC South school district will not soon forget—District STEM Celebration. This spectacular event was organized by many minds, including fellow teachers, STEM Coordinators, Science Fair Chair people, and our district Science ISS's. The groups that volunteered their time, knowledge, expertise, and equipment made the day one of learning and fun. The students themselves also put together science and engineering displays that won them the opportunity to experience the District STEM Celebration. Students from all grades primary through high school put forth great effort to explore the worlds of science and engineering that exists all around them. Classes from many schools were also given the opportunity to experience the STEM Celebration.

Students from Stearley Heights Elementary School on Kadena Air Base reflected on their experiences throughout the day:



(Photos by Sara Hill)

"Today I learned that there is much more to computers than you might think. By far the best part was the VR roller coaster. It was very fun." E. Kessler

"The district was fun. My favorite part was when I got to touch a snake. One thing I wanted to do was Virtual Reality." S. Buelow

"I learned that your taste is helped by your sense of smell. I liked the snakes and solar cars. I also learned that there is a robotics club in 6th grade. The Drill team was cool too." C. Sheets

"On May 30th, I had taken a trip to the Risner Fitness Center. On my trip, we had done a science fair. We learned so much! We learned about how math is literally everywhere! You can't get away from math. For example, a crane is operated by a computer and hydraulics (which use math). Not only did we learn, but we had tons of fun! We got to go look at other student's projects. We also got chances to feel snakes, do virtual reality, turn on a light with play dough, go into star lab, learn about cranes and machines, learn about fire trucks, and touch dry ice bubbles. It was so much fun! I had a great time!" L. Hodgkinson

"I loved the virtual reality. I also learned that STEM is very important to the world. It helps us learn and experience the world around us. This is my second time in the Science Fair District. It is really an honor to be there. It is awesome to learn from other people and for them to teach us new things from their experience." J. Giannoni



"There were many amazing projects made by very smart students. I loved the VR and the snake station. I also liked the Drill Team. Their performance was very awesome and scary. I was glad there were many volunteers, otherwise the gym would be a mess." J. Jones

"Today was wonderful. I liked all the wonderful projects. I learned about solar powered cars. I liked all the science projects and inventions, like the pooper scooper and the cat skate park. I liked the snakes, the roller coaster, and the machines." G. Exantus

"I went to the science fair that was amazing. It was so fun and I loved it. My favorite part was looking at all the projects. My favorite project was a Poopy Spoon. I also liked the VR (Virtual Reality). I wish I could do it again." E. Davis

"My experience of the district fair was an amazing experience. I really enjoyed the VR. It was hard and I was not expecting it at all. I also learned about how cranes and concrete machines work. I learned about space and planets in the planetarium. It was quite cool. I also loved the marine people marching. It was uber cool. And that was one amazing experience." R. Hodgkinson

"I think the best thing of today was everything. I had a great time. My most favorite was the Marine drills." T. Seymour

"I had a great time at the District Science Fair. I liked the performance and watching the solar cars race. I learned how to do CPR and about gecko mouths and bacteria in homes." J. Phillips

"District was a great opportunity to go to. It was really fun walking around seeing other's projects. Observing and touching snakes was really cool. The snakes felt very smooth and silky. I thought it was really cool when the Marine Drill team showed one of their drills." A. Chambers

"One of my favorite parts of the science fair district was the drill when they flipped their guns back and forth. My second favorite part is when I went on the VR rollercoaster. Also I loved the part when we ate lunch." J. Samson

"My project was accepted in the DODEA District Science Fair. This was a very enjoyable day. I thought of it as a very big room of science and knowledge. Educated young learners from all around Okinawa brought their findings, displays, and knowledge to this exhilarating event. There were S.T.E.M (Science, Technology, Engineering, and Math) activities for all grades and levels of learning. There was star lab, snakes, science activities, and a virtual reality machine. My personal favorites were looking around at other student's displays and looking at the demonstration where carbon dioxide gas got trapped in a bubble. There were various other activities, like working with circuits and watching marines do drills. This was a wonderful experience for all who attended." B. Buelow

"Today was amazing for all the students and parents. Also many military workers came out from their offices to come and provide educational content for everyone. I also learned many things about machinery, virtual reality, and medical products. Today was fun to see everyone's projects and present my project to others. I can say I'll never forget this day." L. Angulo



"I learned that the crane has lots more parts to make it work, other than the steering wheel. The concrete machine is used to put concrete in low places like dams and high places like buildings." N. Johnson

"Today I went to district and it was amusing. When I walked into the room, I was flabbergasted. There were so many things to do. After I set up my board, I went to a center about recycling. It talked about the importance of recycling. Next, we went to see a concrete machine and a crane. The people at the station showed us how the machines worked and explained what they did. Next, we went to V.R. It looked so fun. After that, we went to eat lunch. They I showed my board to people who came by. A little after, I went to go look around. Then, I got to touch a snake! The skin of the snake felt very bizarre. We also did squishy circuits. It was really fun. Sadly after that we had to go. I hope I can go to district next year." R. Opielowski

Thank you to everyone who made today a wonderful and memorable day for the students.

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Kadena Air Base Community Notes

To submit an announcement for the base bulletin, please visit www.kadena.af.mil NO FEDERAL ENDORSEMENT OF PRIVATE ORGANIZATIONS OR ACTIVITIES IS INTENDED.

Kadena Connect App

The Kadena Connect App is available on both the Google Play and Apple App Store for your Android and iPhone devices. The free app enables users to dial DSN numbers on Kadena along with quick and easy access to call emergency and taxi services. The app also hosts a variety of useful information and widgets such as:

- Important alerts and notifications
- Weather conditions
- Exchange movie theater show times
- Restaurant information
- Ordering food online
- Family fun
- Events
- And much much more

To download the free app or to find out more information visit the Google Play or Apple App Store!

Shogun Weather Is Migrating

The Shogun Weather is migrating from <http://Shogunweather.com> to <http://www.kadena.af.mil/Agencies/Local-Weather/>. Starting June 1, public weather information such as sea conditions and current TCCOR will be available via the kadena.af.mil homepage. Shogunweather.com will cease to update after May 31. For more information, contact Capt. Richelle Greer at 634-4515.

Personal Property PCS Peak-Season: Visit TMO Right Away

The 18th LRS Personal Property Shipping Offices has been booking pick-up dates for the Kadena base populace at a frantic pace since May 1, due to PEAK PCS SEASON (May 1 to Sep 30). Currently, all of June 2018 is completely booked for any Household Goods (HHG) and/or Unaccompanied Baggage (UB) shipments. If you are PCS-ing in June and have not set up a pick-up date with our offices, please be sure to have someone in mind who can release your items to the carriers, during

pick-up, once a pick-up date is established. A Special Power of Attorney will be needed in order to designate someone else to be at your home/dorm on the day of pick-up. As soon as members receive their orders, they are REQUIRED to visit our office to set up a pick-up date. Pick-up dates are first come, first serve and cannot be secured without orders. For any questions or concerns, please call our office at DSN 632-0068 or stop by Building 756.

Kadena Lodging Shortages

Kadena Lodging is in a compressed state for availability of rooms. We anticipate limited to no space for the next 10-12 months. We will make our very best effort to support your needs based either on base if we have it or through certificate of non-availability and a recommended off base hotel list. Contact 632-1010 "Reservations" for more information.

Kadena and Camp Foster Emergency Numbers

Kadena Fire Emergency Services reminds everyone to program their cell phones with the emergency numbers. To report an emergency on Kadena via cell, dial 098-934-5911, and from an office phone, dial 911. For Camp Foster via cell, dial 098-911-1911, or from an office phone, dial 911.

AADD: Get Home Safe NOW LOCATED AT THE USO

Did you drink tonight? Made a plan but it's falling through? Can't catch a cab? If any of this applies to you, call AADD. Don't risk it all, when you can get a ride home for free. Call AADD at the cell phone number 098-961-1110 and then ask for the USO or dial DSN: 634-3889. We're open from 10 p.m. to 1 a.m. and we're here to help. Also if you would like to volunteer please click on the Link below! We're open from 9 p.m. to 1 a.m. and we're here to help. Any questions please Email our

Work Box or contact us on Facebook, Kadena Air Base A2D2. Angel Vargas, President, 090-9786-9431. Henry Huynh, Vice President 090-9785-7935. Roman Nieves, Secretary 080-6485-6464. Jared Bland, Head Scheduler 070-3135-9906. Zachary Todd, Public Affairs 080-9850-5200.

How to File a Complaint with IG

If you believe you are unable to resolve your complaint through supervisory channels, you may seek IG assistance to determine if the complaint should be filed with the IG. You can file a complaint if you reasonably believe inappropriate conduct has occurred or a violation of law, policy, procedures, or regulation has been committed. Complete the personnel data information on an AF Form 102 and briefly outline the facts and relevant information related to the issue or complaint. List the allegations of wrongdoing briefly, in general terms and provide supporting narrative detail and documents later, when interviewed by an IG person. Allegations should be written as bullets and should answer who committed the violation; what violation was committed; what law, regulation, procedures, or policy was violated; when did the violation occur. Help is available: Call your Kadena IG office at 634-7622 for Maj. Sarabia or 634-1109 for Mr. Lovingood, or leave a message on the Kadena Fraud Waste & Abuse (FWA) Hotline at 634-0404.

18th Wing Equal Opportunity

Do you face concerns of unlawful discrimination or sexual harassment? If so, Kadena Air Base leadership maintains a strict "zero-tolerance" policy pertaining to discriminatory behavior. If you feel you are being unlawfully discriminated against, to include sexual harassment, take action. We encourage members to use the chain of command first to resolve issues at the lowest level. However, you can also contact the EO office at 634-2571 to set up

an appointment; or you may visit our office. Please note that the EO office will not accept a Formal Complaint more than 60 calendar days for military and 45 calendar days for civilian complaints after the alleged offense occurred without sufficient justification.

Road Cut Notification

The Arnold Ave, Hampshire St and an unnamed street between Hampshire and Walmsley Way will be road cuts to install new electrical conduits and foundation for street lights for the new Military Family Housing. One-lane of each affected areas will be closed. Contractor will provide flagmen to direct the one-way alternation. Open trenches will be covered with steel plates at the end of each day. For more information, contact Akira Fair at 634-4879.

18th MDG Clinic Closures

The Kadena Air Base clinic will be closed on the following dates this year: June 21 (MDG ½ Training Day) Closed at 12p.m. July 4 (4th of July) Closed all day The 18th Medical Group is responsible for ensuring the 18th Wing's medical readiness in support of the United States' and Japan's mutual interests. In keeping with this mission, the Kadena Clinic will be participating in 18th Wing upcoming exercises. During exercises, our normal patient care and clinical services (pharmacy, lab, immunizations, etc.) will be impacted, as the clinic may be closed for one day during these exercises (exact dates subject to scenario). We ask for your patience as our trusted professionals exercise their skills and work with the Wing and other agencies on island in support of these training events. We apologize for any inconvenience that this may cause. As always, in the event of an emergency, seek emergency services at the U.S. Naval Hospital on Camp Foster, or by dialing ambulance services at 634-1796 or by cell phone 098-

Continued on PAGE 11

AFS Giveaways

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Sunday · 17 June
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Dragon Boat Race
Transportation
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934-5911. For more information, contact Capt. Jennifer Stark at 630-4565, Staff.Sgt. Larissa Palmer at 630-4504, or Ms. Melissa Cook at 630-5050. For more information, contact Master Sgt. Vivianne Jean-Pierre at 630-4992 or Ms. Salina Shelton at 630-4785 or email at 18MDG.SGHQ.MysteryPatient@us.af.mil.

Finance Office Closure

The finance office is closed each 3rd Thursday of the month (Training Day) – Closed – All Day For emergencies please call 080-6487-6969

Education Office Closure

The Education Office will close Thurs. June 14 at 1 p.m. for the CCAF Graduation. We will reopen Friday, June 15, 8 a.m

UPCOMING EVENTS: LGBT Pride Month Events

The LGBT Pride Month Committee is sponsoring multiple events for June 1-15. From June, we will sponsor an essay contest with a \$100 cash prize. On June 9th we will host a Bake Sale fundraiser in front of the BX from 10 a.m. – 4 p.m. On June 12 there will be a Q&A Panel at the O-Club at 11 a.m. where representatives from JA, EO, MDG & more can answer your questions. Finally, the celebration will conclude on June 23 with a Reverse, Sprint, Triathlon & pool party in the morning & a Drag Show in the evening. For more information, or to volunteer, please contact Tech.Sgt. Kris Johnsen at 634-2073 or kristian.johnsen@us.af.mil

Kadena 5/6 Club General Meeting

Come down to the Kadena O-club every third Thursday of the month for the 5/6 club's monthly meeting! This month's meeting will be the Jun 21, 7:30 a.m. Free breakfast included!

CCAF Graduate RSVP

The Kadena Top III CCAF Graduation Committee would like to invite all personnel with base access who wants to show support for this year's graduates. The ceremony will

be held at the Keystone Theater (Bldg 446), Thursday, June 14, 2 p.m.

Showtime at the Apollo

Showtime at the Apollo will be June 23, at the Officer's Club at 7 p.m. with the show beginning at 8 p.m.. Refreshments will be served. First 50 tickets get 1 free drink!! Attire: Come as you are or dress to impress!

Ticket Sales:

- Kadena - Shequita Amory (080-7964-2109)
- White Beach - Sean Esquire (080-9247-2732)
- Camp Foster - Terrel Lewis (090-6865-3091)
- Camp Schwab - Jeremiah Northern (951-796-3501)
- Camp Hansen - Christopher Pace (asuradagxd@outlook.com)

Tickets: \$15 (advance) \$20 at the door For auditions: You can send a short video to our Kadena AAHC inbox on FB or Email to kadenaahc@gmail.com Audition in person (June 5 & 7 @ 1630-1800) at the Kadena O'Club, Skoshi Room. Event POC: Mallory Johnson. We hope to see some of you there in our audience to enjoy the talent we have lined up this year.

Couple's Date Night - Dress to Impress

You have been cordially invited to attend this year's Dress to Impress themed Couple's Date Night hosted by Kadena's Top 3. This event will be a night to remember with numerous games, great food, and music. There will also be a professional photographer for you to collect beautiful memories with your loved ones. Questions regarding about day care, day care will be provided for donations. Cost: \$20 per person (Tickets to be paid by Jun 20) To RSVP please open the link: <http://events.eventzilla.net/e/dress-to-impress-date-night-2138932298> "This event is not an official event of, and is not endorsed or sponsored by, the Department of Defense or any of its components. This is a non-federal entity and has no governmental status."

VOLUNTEER OPPORTUNITIES Lego Robotics Club

Kadena Elementary School is in need of consistent volunteers to assist students with programming Lego EV3 Robots on Mondays and Wednesdays, 7:30-8:25 am. UOD fine, LOA provided. For more information, contact Jilleane Beard-Archie at jilleane.beard-archie@pac.dodea.edu

Come Volunteer At The Wired Bean

The Wired Bean is a home away from home for

our junior enlisted and we need E-4s and above to volunteer to monitor the facility and check out equipment. Please sign up or email Melissa Rafferty for more information at rafferty515@yahoo.com.

Kadena Music Festival Volunteers

The Schilling Community Center is looking for volunteers for Kadena Music Festival! All volunteers will receive an LOA. For more information, www.SignUpGenius.com/go/5080E4FAEA92CA4F58-kadena



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10-Jun	1100-1900	KAB Concession Mall	Café Shiyu de Pokko
11-Jun	1100-1400	KAB Flightline	Nukumi Kitchen
11-Jun	1100-1400	AMC Terminal	Triple A
12-Jun	1100-1400	KAB Flightline	Café Shiyu de Pokko
13-Jun	1100-1400	KAB Flightline	Triple A
14-Jun	1100-1400	KAB Flightline	Café Shiyu de Pokko

2018 TYPHOON SEASON

TCCOR

DEFINITIONS - RESPONSES - GUIDELINES

TROPICAL CYCLONE CONDITIONS OF READINESS

TYPHOON SEASON
1 JUNE TO 30 NOVEMBER

EMERGENCY KIT:

- ✓ 3 DAY SUPPLY OF WATER (1 GALLON PER PERSON, PER DAY)
- ✓ 3 DAY SUPPLY OF NON-PERISHABLE FOOD
- ✓ TOWELS, DUCT TAPE, AND GLOVES
- ✓ FLASHLIGHTS AND BATTERIES
- ✓ MANUAL CAN-OPENER
- ✓ LIGHTER OR MATCHES
- ✓ BATTERY OR HAND-CRANK RADIO
- ✓ FIRST AID KIT
- ✓ PERSONAL HYGIENE ITEMS
- ✓ MEDICAL SUPPLIES (7-10 DAYS OF PRESCRIPTIONS, CONTACTS, ETC.)
- ✓ BABY SUPPLIES (FORMULA, DIAPERS, WIPES, ETC.)
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DESTRUCTIVE WINDS POSSIBLE WITHIN

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TCCOR 3

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ALCOHOL CONSUMPTION IS NOT AUTHORIZED DURING ANY TCCOR 1 CONDITION



TCCOR 1

CAUTION

HIGH WINDS

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TCCOR 1

EMERGENCY

DESTRUCTIVE WINDS

RESTRICTED FROM MOVING OUTDOORS UNLESS PROVIDING LIFESAVING RESPONSE ACTIONS

TCCOR 1

RECOVERY

DAMAGE ASSESSMENT

ESTABLISH A SAFE ZONE

REMAIN INDOORS UNLESS DESIGNATED AS ESSENTIAL EMERGENCY PERSONNEL

TCCOR

STORM WATCH

RECOVERY EFFORTS COMPLETE

REMAIN ALERT!

MONITOR RADIO, TV & INTERNET

TCCOR

ALL CLEAR

STORM AND STORM FORECAST OVER

RESUME NORMAL ACTIVITIES

BEGIN GENERAL CLEAN UP

The Hokkaido Nippon-Ham Fighters will be playing their first official game in Okinawa!

(Nippon Professional Baseball)
2018 NPB Official Game
 in Okinawa Cellular Stadium Naha
June 26 (Tue), 27 (Wed)
 Game: 18:30 (Gates open 16:30)

*Parking not available. Recommend use of public transportation.
 Okinawa Cellular Stadium Naha (42-1 Onoyama, Naha City)

Advance Ticket Sale: until June 25 (Mon) (All Seat Reserved)
 First,Third infield reserved seats A: 3,500 yen (advance), 4,000 yen (game day)
 First,Third infield reserved seats B: 3,000 yen (advance), 3,500 yen (game day)
 After ticket purchase: Ticket may not be exchange for a different ticket. Tickets that are lost or torn will not be replaced.
 Children 3 years old and under are free. Children 4 years old and older will be charged full price.

Ticket office: Okinawa Nexis Inquiry e-mail: info@samuraigate.jp
 1F-1-17-16, Chuo, Okinawa City, Okinawa / Open: 10:00~17:00 (Closed on Sat and Sun)

SEASIDE STEAK BEEFY'S

Depot Island SEASIDE 4F
 Distortion Seaside Bldg.
 Ouk Fashion Bldg.

SEASIDE STEAK BEEFY'S
 Depot Island SEASIDE 4F HOURS: 5:00PM-11:00PM
 TEL: 098-982-7566

Come and experience our special "Okinawa" Shabu-shabu at Chatan



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51-2 2nd Floor Mihama, Chatan
 Tel. 098-923-0429
 Lunch : 11 a.m. - 3 p.m.
 Dinner : 5 p.m. - 11 p.m.



Open daily Total 50 seats
 VISA Mastercard American Express JCB