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AIR FORCE - ARMY - NAVY - COMMUNITY NEWS

Number 11 - Issue 23

18TH SFS TRAINS FOR 2018 DEFENDERS CHALLENGE



Airman 1st Class Victoria Goehner, 18th Security Forces Squadron response force member, attempts to submit Airman 1st Class Tobias Davis, 18th SFS response force member, during combatives training June 12, at Kadena Air Base. Six Airmen from the 18th SFS were selected to compete in the 2018 Defenders Challenge at Anderson Air Force Base, Guam, against 12 teams from across the Pacific Air Forces.

(U.S. Air Force photo by Staff Sgt. Micaiah Anthony)

Employee Assistance Program— One-stop resource for support

By Mark C. Lyle

Wright-Patterson Air Force Base
Public Affairs

6/19/2018 - WRIGHT-PATTERSON AIR FORCE BASE, Ohio — The Air Force's new Employee Assistance Program provides civilian employees and their families with free, confidential resources and support to help manage normal everyday life challenges that may affect job performance and personal well-being.

The AF EAP/Worklife4You bundle of services and resources provides support on two levels: AF EAP provides counseling, financial and legal services, whereas Worklife4you provides a "concierge-like" service to help assist with every day stressors, no matter how large or small. Additionally, individuals have access 24/7 via 1-800-222-0364 and online.

Because of its large civilian population, Wright-Patterson actually has an AF EAP counselor located on the installation who regularly sees employees. However, Danna Plewe, the Air Force EAP Program Manager,

said "Depending on the need, employees have the option to ask for an off-base affiliate provider by calling the 1-800 number."

An affiliate provider is a licensed, credentialed professional in the community who is authorized to provide up to 6 counseling sessions, per topic, at no cost to the employee. The Air Force has about 22,000 affiliate providers worldwide and can provide services in up to 80 languages.

According to Plewe, AF EAP is not just a service people should utilize when there is a crisis, but at any time they might need help. Employees can use EAP for a variety of subjects to balance work-life demands. For example, financial information, as well as planning tools, are available to assist members with assessing budgets, savings and investing strategies, or simply figuring out if it is more advantageous to buy or lease an automobile.

AF EAP also covers free consults with a lawyer, but the legal benefit does not include



(U.S. Air Force photo by Scott M. Ash)

assistance for labor or employment matters.

Supervisors and managers of civilian employees may also reach out to AF EAP. Consultants assist supervisors in identifying issues before they become problems, provide management strategies and coaching skills designed to improve working relationships, productivity and employee resilience.

In addition to traditional EAP services, AF EAP bundled with Worklife4You provides support in areas such as parenting, adoption, special needs and aging loved ones.

To access Worklife4you, members simply need to go to the Worklife4You.com website or call 1-800-222-0364. A quick phone call or email explaining your need will connect you with a counselor who will do the leg work for you.

Whether it is finding a repairman, a day care, a home warranty or vacation planning, Worklife4You will do the research and provide reliable options which ultimately saves the employee or family member from spending hours on the computer and phone searching for a solution.

How to care for aging loved ones is a frequent request for Worklife4you. Specialists will assist with finding services and support that are tailored to the needs and financial parameters set by the employee. Worklife4You even offers a 3-hour in home visit to help evaluate elder care support requirements.

It is easy to get information. For 24 hours a day, seven days a week, 365 days a year assistance call 1-800-222-0364 (1-888-262-7848 TTY), or visit for AF EAP www.FOH4You.com or for Worklife4you www.worklife4you.com (use code USAF).

Eagle Vision program highlights International and Total Force partnership

By Secretary of the Air Force
Public Affairs

6/19/2018 - WASHINGTON — Eagle Vision, a collection of deployable satellite downlink stations that process commercial satellite imagery in near-real time, has enabled Air Force Humanitarian Assistance and Disaster Relief efforts for nearly three decades.

The stations' ability to quickly collect and disseminate the latest satellite imagery to Airmen, combatant commands, U.S.

government agencies and international partners makes the system a unique enabling capability when time is of the essence, such as responding to hurricanes.

In Puerto Rico following Hurricane Maria, the island did not look anything like it did before the storm, said Senior Master Sgt. John Barr, Combat Control functional manager for the Air National Guard Ground Special Operations Forces. "So current imagery, streaming directly to our devices, was critical to

effective decision making."

Those decisions, like route planning to reach disaster victims, helicopter landing zone analyses, and identifying and mitigating hazards, were improved with the latest data provided through Eagle Vision.

Developed in the opening days of the Gulf War using French satellite imagery, Eagle Vision met the needs of warfighters and planners by collecting, processing and distributing the most up-to-date imagery from commercial systems.

"We saw the incredible benefits that Eagle Vision could provide by the second day of the Gulf War," said James (Snake) Clark, Senior Executive Service member, Director of Intelligence, Surveillance and Reconnaissance Modernization and Infrastructure, Deputy Chief of Staff for ISR, Headquarters U.S. Air Force.

"From those early days, the partnership with the French was crucial

in developing Eagle Vision," said Mr. Clark, who helped introduce the architecture that would form Eagle Vision in the 1990s. "That partnership, and their expertise, laid the groundwork."

That groundwork informed the ultimate architecture of Eagle Vision; an acquisition segment that downlinks imagery, an integration segment that processes and formats imagery, and dissemination of tailored products to first responders and warfighters.

Currently, the Eagle Vision enterprise is operated and maintained by active duty, Air National Guard, Air Reserve, civilian Airmen and in continued partnership with French contractor support across five satellite downlink stations positioned around the world.

"It's a system we use all the time," said Mr. Clark, "for every major conflict and disaster response since 2000."

Kadena Air Base Weekly Newspaper

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AETC Leadership visits Kadena Air Base



First sergeants from Team Kadena pose for a photo with Air Education and Training Command leaders June 12, at Kadena Air Base.

(U.S. Air Force photos by Airman 1st Class Greg Erwin)



(Left photo) Command Chief Master Sgt. Juliet Gudgel, command chief of Air Education and Training Command, speaks to Airman Leadership School and Non-Commissioned Officer Academy students June 12, at Kadena Air Base. The visit highlighted new innovations and ideas being brought forth for future Airmen and their training timeline from basic to their first duty station.
(Right photo) Leadership from the 1st Special Operations Support Squadron propose training changes and ideas to Air Education and Training Command leaders June 12, at Kadena Air Base.

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Kadena A&FRC receives award for financial excellence



Brig. Gen. Case Cunningham, 18th Wing commander, signs a proclamation launching Military Saves Week Feb. 7, at Kadena Air Base. The Military Saves Campaign helped the 18th Force Support Squadron Airman & Family Readiness Center win the America Saves Designation of Savings Excellence Award for 2018.

(Courtesy photo)

By Airman 1st Class Greg Erwin

18th Wing Public Affairs
6/14/2018 — The Kadena Airman & Family Readiness Center was awarded the America Saves Designation of Savings Excellence Award in May for their efforts in assisting service members and their families in financial management, especially during the Military Saves Week 2018.

As a part of the Military Saves campaign, Military Saves Week 2018, was held from February 26th, to March 3rd, 2018. The award was given to a total of 15 banks, 17 credit unions, and 4 other military-affiliated organizations.

Military Saves is a financial readiness initiative and social marketing cam-

aign – endorsed by the Office of the Secretary of Defense and Department of Defense – and is implemented by installations across all service branches. The intent of the campaign is to improve the financial readiness of service members, families, and ultimately the mission – through proactive and deliberate financial management.

“Airmen who get the concept of start saving early, I’m sure will be financially successful,” said Charles Howard, 18th Force Support Squadron A&FRC community readiness consultant.

This year’s efforts enabled Team Kadena to conduct a total of 13 savings drives in various locations on KAB, 10 briefings reaching over 330 individuals and over 85 formal and informal finan-

cial counseling sessions during Military Saves Week 2018.

The Military Saves Campaign is committed to persuade, motivate, and encourage active duty personnel, family members, retirees, and civilian employees to build wealth by setting financial goals, making a plan, and saving automatically.

“The discussions during the events of the campaign helped enlighten Airmen and families on what their options were for retirement,” said Hiroko Bush, 18th Force Support Squadron A&FRC community readiness consultant. “The campaign helped turn on a light bulb about savings and their future.”

For more information on the Military Saves Campaign, go to www.militarysaves.org.

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Controllers

By Staff Sgt. Jessica H. Smith

18th Wing Public Affairs

6/15/2018 — Most people in the Air Force are well aware of the pilots and maintainers behind the flying aircraft, but what about the ones looking, listening and communicating?

From one of the oldest and smallest towers in the Department of Defense, air traffic controllers with the 18th Operations Support Squadron watch over aircraft and pilots alike by monitoring both, the airfield and airspace.

“As an air traffic controller, our primary duty is to separate aircraft and provide an efficient flow into and out of Kadena,” said Master Sgt. Kirk Miles, 18th OSS, ATC assistant chief controller.

With all the extra eyes up in the tower, controllers are essentially acting as the traffic system of the sky – the red lights and green lights for those flying.

“We are telling aircraft when they’re headed toward another aircraft, when to move, where to move, how fast to go, how high they should be ... We separate the aircraft that are in the sky so they don’t hit each other – without us, it could be catastrophic,” said Tech Sgt. Christopher Anderson, ATC watch supervisor.

Working in the tower isn’t just for monitoring the sky, but essentially anywhere an aircraft is mobile. From parking locations, taxiways and even vehicle movement on the airfield, controllers are responsible for deconfliction.

“When you’ve got all these taxiways and everybody wants to go at the same time – which happens quite often – the ground controller is there to basically direct traffic from the tower and make

sure nobody goes nose-to-nose,” Miles explained.

With so many moving factors – literally – safety is truly a top priority in the ATC world.

At every new duty station, training essentially starts over. While it may seem odd to ask someone with years of experience to retrain, it’s because no two airfields are the same – it’s like house rules, everybody has their own unique set of them. The Airman can look at a map and see the flow of things, but needs to understand the ins and outs of daily operations.

“You have different obstacles, different radar towers,” Anderson said, “Runways are lined up different ... The aircraft that are flying are different.”

With such an emphasis on safety, controllers have to be sure they’re at their best for every shift. Managing stress and getting adequate rest and recovery is essential for controllers – one person can affect the entire team and potentially lead to a mishap.

“People have to focus on their personal health – we’re trying to maintain a certain level of alertness,” Miles said. “Within our own little community we place a large emphasis on personal accountability for keeping yourself healthy.”

Although controllers aren’t considered flyers, they’re on flying status to guarantee they’re well rested and can ensure the safety of those they’re controlling, he explained.

Right along with the importance of safety comes the importance of communication in the tower. A lack of communication could lead to an air-to-air or



(U.S. Air Force photo by Staff Sgt. Jessica H. Smith)

The Air Traffic Control tower overlooks the airfield at Kadena Air Base, May 24. The tower allows for successful operation of the airfield, both on and off the ground.

air-to-ground collision.

It’s key to use precise language in the tower to avoid any confusion. Not only what a controller says, but how they say it can play a major role in the confidence of the pilot and can either make them question the call or feel assured in it – voice quality is crucial.

“Communication is definitely key – choosing your words wisely and being direct not just with what words you’re saying, but the inflection in your voice,” Miles said. “Critical communication is paramount.”

Controllers have to be able to effectively communicate in a moment’s notice and handle any situation in a split second.

“You have six or seven aircraft flying around in the pattern and aircraft are trying to land in between those guys or trying to take off in between those guys and you have to figure out a hole or time that you can get these aircraft out but you don’t have time to sit down and really think about it,” Anderson explained, “You only have a matter of maybe two minutes – less than that if you’ve got guys in the pattern – you’ve got less than a minute to figure out how you’re going to get somebody in and out.”

While this may seem nerve-wrecking and next to impossible to some, this is a highly valued ability in the tower. Being able to analyze and quickly fix an issue regardless of the circumstances is something every controller can appreciate.

“I think what makes a good controller is your ability to fix problems even if you create them – you can’t just fall apart,” Anderson said. “You can feel nervous but you always have a gap where you can fix something.”

Although the job may come with long hours, cramped work spaces and a lot of stressors, the Kadena controllers gain a great deal of satisfaction in the services they provide to the aircraft on Kadena and all others that use the airfield and are proud of their ability to get fighter jets, tankers – anything – up in the air within a matter of minutes.

“I think everybody up here takes pride in the fact that whatever the Wing is doing, we’re playing an integral part,” Miles said. “Air traffic control is involved ... we kind of have our fingerprints on everything, we’re basically allowing all these different customers to utilize this airfield and without air traffic control it would just be a nightmare.”

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Five tips for protecting your skin from the sun

By TRICARE.mil Staff

6/18/2018 - MFALLS CHURCH, Va. — Summer is upon us and with so many sun-filled fun activities to look forward to, don't let safety take a backseat. During times of extreme weather, your skin can be at risk of suffering the most damage. Skin protection, especially during the summer, is crucial to ensuring overall health.

According to the Centers for Disease Control and Prevention (CDC), the sun's ultraviolet (UV) rays can damage your skin in just 15 minutes. Skin cancer is the most common of all cancers in the U.S. The most preventable cause of skin cancer is overexposure to UV light, either from the sun or artificial sources like tanning beds and sunlamps. Be aware that indoor and outdoor tanning can be extremely harmful and should be done in a cautious and mindful manner.

You have many options for protecting your skin while outdoors in the sun. Follow these tips this summer to help protect yourself and your family:

- **Use sunscreen with SPF 15 or higher** - Put on broad-spectrum sunscreen with at least SPF15 on all parts of exposed skin before you go outside. This is a good practice even on slightly cloudy or cool days. And remember, sunscreen wears off. You may need to reapply sunscreen if you stay out in the sun for more than two hours, and after you swim or sweat excessively.

- **Wear clothing to cover your skin** - When possible, wear a T-shirt or beach

cover-up, in addition to sunscreen.

Long-sleeved shirts, long pants, and skirts provide protection from UV rays.

- **Use shade** - Reduce your risk of skin damage and skin cancer by seeking shade under an umbrella, tree, or other shelter when the sun's rays are strongest, between 10 a.m. and 4 p.m. But don't rely on the shade alone. You still need to remember to use protective measures, like sunscreen and protective clothing, when you're outside.

- **Wear a hat to provide upper body shade** - Wear a hat with a wide brim to shade your face, head, ears, and neck.

- **Wear sunglasses** - Protect your eyes and the skin around your eyes by wearing sunglasses. Sunglasses that wrap around work best because they block UV rays.

Anyone can develop skin cancer. However, a person's skin pigment indicates how likely they are to sustain injury from UV rays. If you notice changes in your skin, such as a new growth, a sore that doesn't heal, or a change in the appearance of a mole, talk to your doctor. TRICARE covers skin cancer exams for people who are at a higher risk for developing skin cancer. This includes individuals with a family or personal history of skin cancer, increased occupational or recreational exposure to sunlight, or clinical evidence of precursor lesions.

Stay tuned for more summer safety tips from TRICARE. To learn more about sun safety, visit the CDC or American Cancer Society websites.



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Improved AF-WIN tool helps eligible Airmen meet retraining goals

By Richard Salomon

Air Force's Personnel Center

6/20/2018 - JOINT BASE SAN ANTONIO-RANDOLPH, Texas — Officials at the Air Force's Personnel Center recently updated and improved the Air Force Work Interest Navigator, or AF-WIN, tool which helps Airmen who are interested in re-training to identify which Air Force Specialty Codes best fit their strengths and interests.

AF-Win is a web-based tool that presents a series of questions to Airmen on functional communities, job contexts and

work activities and then creates a customized career fit report (ranked highest to lowest in terms of fit) on more than 130 enlisted Air Force careers tailored to the Airmen's interests.

"The AF-WIN tool requests Airmen to take a 10-minute survey and serves as an important self-discovery tool for Airmen exploring other Air Force career fields," said Mr. Ken Schwartz, Air Force Testing & Survey Policy chief. "It provides an overall occupational snapshot to help Airmen identify good-fit areas for retraining."

The new AF-WIN version has an improved user interface, more information about specific career fields, technical training information, specific work activities and improved filters that allow users to sort career fields based on Armed Services Vocational Aptitude Battery, or ASVAB, scores and educational requirements.

For example, clicking on the manpower career field's (3S3X1) AF-WIN entry brings up information on job tasks such as using and integrating process teams, benchmarking,

process mapping, performance measurement, establishing metrics for manpower requirements and more.

Although the AF-WIN tool can help Airmen identify potential AFSCs, it does not reflect actual retraining quotas nor an individual's eligibility for retraining.

"Enlisted retraining is a force management program used primarily to balance the enlisted career force across all AFSCs and ensures the sustainability of career fields," said Mr. Bob Kerr, Air Force Training Require-

ments chief. "The AF-WIN tool creates a customized career fit report that can help Airmen fine tune their retraining goals while helping the Air Force meet current and future mission needs."

The Air Force Recruiting Service launched a similar version that is geared toward new recruits on AirForce.com.

All retraining information, including the AF-WIN tool, is available on the enlisted retraining homepage on myPers using a CAC-enabled, .mil computer. Click "Retraining" from the active-duty enlisted landing page.

MCIPAC Commanding General guest speaks at KHS 2018 Graduation

Brig. Gen. Paul Rock Jr. sits with faculty and students of the 2018 graduating class June 8 at Kadena High School in Kadena Air Base. Rock was invited by the high school to be their guest speaker. He chose to address the class about the topic of respect and its importance in the world. Rock is the commanding general of Marine Corps Installations Pacific and Marine Corps Base Camp Butler.



(U.S. Marine Corps photos by Pfc. Kelcey Seymour)



Brig. Gen. Paul Rock Jr. speaks to the Kadena High School graduating class.



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Royal Thai Navy sailors tour a P8-A Poseidon maritime control aircraft during CARAT in Thailand

Lt. Ty Lynch, assigned to the "Skinny Dragons" of Patrol Squadron (VP) 4, gives a tour to Royal Thai Navy sailors aboard a P8-A Poseidon maritime control aircraft in support of Cooperation Afloat Readiness and Training (CARAT) Thailand 2018, Gulf of Thailand, June 16. The CARAT exercise series, in its 24th iteration, highlights the skill and will of regional partners to cooperatively work together towards the common goal of ensuring a secure and stable maritime environment.



(U.S. Navy photo by Mass Communication Specialist 3rd Class Lucas T. Hans)

USS Carl Vinson departs for exercise Rim of the Pacific 2018

By USS Carl Vinson Public Affairs

6/18/2018 - SAN DIEGO — Nimitz-class aircraft carrier USS Carl Vinson (CVN 70) departed San Diego, June 18, to participate in the biennial Rim of the Pacific (RIMPAC) exercise in and around the Hawaiian Islands and Southern California.

Carl Vinson is joining more than 50 surface ships and submarines from 26 nations in the world's largest international maritime exercise. The aircraft carrier's 5,000 Sailors are part of 25,000 personnel scheduled to participate in various training events ashore and at sea June 27 through Aug. 2.

"This is a chance for us to showcase what we do and strengthen relationships with our international partners," said Capt. Matthew Paradise, Carl Vinson's



(U.S. Navy photo by Mass Communication Specialist 2nd Class Z.A. Landers)

^ Nimitz-class aircraft carrier USS Carl Vinson (CVN 70) departs San Diego in preparation for the ship's participation in the Rim of the Pacific (RIMPAC) Exercise 2018.

commanding officer. "There are a lot of opportunities to build camaraderie."

The training syllabus includes amphibious operations, gunnery, missile, anti-submarine and air defense exercises as well as military medicine, humanitarian

assistance and disaster response. Units will also train in counter-piracy, mine clearance operations, explosive ordnance disposal, and diving and salvage operations.

RIMPAC 2018 is the 26th exercise in the series that began in 1971. Participants

this year include forces from Australia, Brazil, Brunei, Canada, Chile, Colombia, France, Germany, India, Indonesia, Israel, Japan, Malaysia, Mexico, Netherlands, New Zealand, Peru, the Republic of Korea, the Republic of the Philippines, Singapore, Sri Lanka, Thailand, Tonga, the United Kingdom, the United States and Vietnam.

Brazil, Israel, Sri Lanka and Vietnam are participating for the first time.

Carl Vinson completed a three-month deployment to the Western Pacific in April. The mission included a bilateral exercise with Japan's maritime forces and the first visit by a U.S. aircraft carrier to Vietnam in more than 40 years.

The ship supports more than 70 aircraft from Carrier Air Wing 2 and also serves as the flagship for Commander, Carrier Strike Group 1.

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Be quiet. As Japanese people think a quiet environment is needed for patients, speaking loudly or laughing out loud could be frowned upon and perceived negatively. Always follow the rules of the provider, especially during an inpatient stay. For example, observing visiting hours and honoring lights off time.

Saying "Hello/Konnichiwa, Excuse Me/Sumimasen, Thank you/Arigato" are always appreciated by providers or just a simple **bow** would also work. Demonstrate **respect** for those you come in contact with.

Be mindful of where you can use **your mobile phone**. Your mobile phone should be set at "manner mode," meaning set on vibrate or silent. Talking on the mobile and/or use of your mobile phone may be restricted. All hospitals and clinics should have **signs displaying rules** and preferences. You can download a useful guideline of **mobile usage rules** at Japanese medical facilities here: www.emcc-info.net/info/pubcom2/2608_5.pdf

If you have **other health insurance (OHI)** including **Japanese National Insurance (JNI)**, it must be declared using the OHI form available here: www.tricare-overseas.com/beneficiaries/claims/other-health-insurance. For **JNI holders**, please remember to take the card to the appointment. For all **other beneficiaries with OHI (except JNI)**, please prepare to **pay upfront** and submit a claim for reimbursement.

Beneficiaries who do not receive cashless/claimless care must be prepared to pay upfront and submit a **TRICARE DoD/CHAMPUS Claim Form - Patient's Request for Medical Payment (DD Form 2642)** for reimbursement.

Self-payment is required for some items that are NOT covered by TRICARE. Examples of these items include: private room upon the beneficiary's request, meals, an extra bed for family or friends to stay with the patient, or certificates (birth/death). **All cash payments** will be collected at the counter (front desk). Not all providers accept **credit card payment**, especially for outpatient fees.

Remember to leave plenty of time to arrive to your appointment. The extra time will help you find a parking space and navigate to your scheduled appointment. Punctuality is key.

DON'T

Do not be late for your medical appointment. If you arrive late, you cannot be seen by the provider right away, even with an appointment. **If you need to cancel your appointment, notify International SOS or the provider as soon as possible.** "No shows" can be one of the biggest causes of damaging a good relationship with providers in Japan.

Do not raise your voice or yell.

Do not point fingers at people.

Do not record or take photos in the hospital or clinic.

FOR INFORMATION AND ASSISTANCE

Contact your International SOS TOP Regional Call Center 24/7/365 if you have any TRICARE benefit coverage questions or need language assistance!

Contact information is available here: www.tricare-overseas.com/contact-us

Japan Toll-free Contact Information:

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*Toll-free lines may not be available for all mobile phone carriers overseas.

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Multi-Domain Task Force set to lead Pacific Pathways rotation in first overseas tests

By Sean Kimmons

Army News Service

6/15/2018 - FORT SHAFTER, Hawaii — The Army's ongoing pilot to develop multi-domain capabilities that could one day be replicated across the service is slated to undergo further testing overseas for the first time next year.

The Multi-Domain Task Force, which leaders envision to be a battalion-plus unit that maximizes air, sea, land, cyber and space assets on the battlefield, is expected to lead an upcoming Pacific Pathways rotation.

Launched in 2014, Pacific Pathways is a U.S. Army Pacific-led initiative that allows units to make several stops in the region and train with foreign militaries during an expeditionary-style deployment.

Pacific Pathways also recently took on a total Army approach with its first National Guard brigade to serve as a lead unit.

The Indiana National Guard's 76th Infantry Brigade Combat Team, which is currently in Australia, plans to train in six different nations after completing drills at the Joint Readiness Training Center in Louisiana.

In Pacific Pathways, Soldiers can train the way they would fight. It also provides options to the Indo-Pacific Command with an Army force at its highest level of readiness, said Gen. Robert

B. Brown, the USARPAC commanding general.

"It's great to have well-trained forces that are ready," he said in a June 7 interview, "but if they can't respond in a timely matter it doesn't do you much good."

The Multi-Domain Task Force, which is still in its early planning stages, will likely conduct training in Japan and Australia, in addition to other nations in the Pacific.

"We'll be able to go to a level never before seen in complexity with those nations in exercises," Brown said, "and then capture the results and share them with the Army and see how we'll have to adjust the formation."

The 17th Field Artillery Brigade out of Joint Base Lewis-McChord, Washington, is set to be the foundation of the task force. The brigade operates high-mobility artillery rocket systems, also called HIMARS. Additional elements will handle intelligence, cyber, space and electronic warfare, ballistic missile defense, and security, among other tasks.

Army Chief of Staff Gen. Mark A. Milley and other U.S. military leaders, such as now-retired Adm. Harry B. Harris, the former head of Pacific Command, have previously stated the need for land-based artillery to be able to sink ships at sea.

Long-range precision fires is

also one of the Army's top modernization priorities to improve its long-range and deep-strike capability in order to win a fight against a peer adversary.

While that will be a key aspect to this task force's training, Brown said, experimenting with the ability to seamlessly share information between domains will also be pivotal.

"We're the most joint force in the world, but we're not joint enough," he said. "Think of the options you have as opposed to being in a stovepipe of your own service. When you're in a stovepipe, you limit your options."

Improved information sharing would greatly benefit USARPAC, which is the Army's largest command that oversees more than half of the Earth's surface.

"Indo-Pacific is incredible. We say from Hollywood to Bollywood, from polar bears to penguins," the general said of his area of responsibility.

The region includes 36 nations. Only one of those, North Korea, does not currently engage with his command. China, Russia and violent extremists also vie for influence in the region.

"There are some complex issues and challenges out there," Brown said.

With that in mind, the Multi-Domain Task Force is being



(U.S. Army photo by Sgt. Jacob Kohrs)
Soldiers with the 17th Field Artillery Brigade fire a High Mobility Artillery Rocket System at Yakima Training Center, Washington, Feb. 28, 2017.

built to be flexible and to work closely with all the sister services so it can operate in any domain. When completed, the total size of the task force could be up to 2,200 personnel, with a core of about 500 to 800 permanently assigned to it.

"What we're wrestling with is who is permanently assigned to it," the general said.

USARPAC, in conjunction with the Army's Training and Doctrine Command, Materiel Command and Forces Command, has already seen "great promise" with the task force from past exercises and tabletop simulations, he said.

One of the key points has been its capability against anti-access/area denial systems, which could help Soldiers create an opening to operate in one domain that is being exploited by another domain.

"That's pretty powerful and

we're seeing tremendous results," Brown said.

In July, the task force will build on those results when it briefly participates in the Rim of the Pacific exercise. RIMPAC is also part of Pacific Pathways and held in and around the Hawaiian Islands and Southern California.

The task force, though, will not be Pacific-centered and could be used to counter near-peer threats in other parts of the world. Multinational partners would also be incorporated to ensure deterrence and prevent future conflict, Brown added.

"If we do it right, then multi-domain operations will be so powerful that nobody will be foolish enough to mess with us because they know they would lose," he said. "To me, that's the ultimate success."

2018 Torii Pool Swim Lessons

FOUR SUMMER SESSIONS

TIMES

SESSION 1	JUNE 18 – JUNE 29
SESSION 2	JULY 2 – JULY 13
SESSION 3	JULY 16 – JULY 27
SESSION 4	JULY 30 – AUGUST 10

PRESCHOOL 1	10:00 – 10:40
PRESCHOOL 2	10:45 – 11:25
LEVEL 1	11:30 – 12:10
LEVEL 2	13:00 – 13:40

4 LESSONS PER WEEK, FOR 2 WEEKS, ON MONDAYS, TUESDAYS, THURSDAYS, AND FRIDAYS.

CLASSES AND TIMES OFFERED FOR EACH SESSION MAY VARY, DEPENDING UPON DEMAND. MUST HAVE A MINIMUM OF TWO, MAXIMUM OF 6 STUDENTS PER CLASS.

CLASS DESCRIPTIONS

PRESCHOOL AQUATICS 1 (AGES 4-5)

To orient preschool-age children to the aquatic environment and to help them acquire rudimentary levels of basic aquatic skills.

PRESCHOOL AQUATICS 2 (AGES 4-5)

To build on the basic aquatic skills learned in Level 1

PRESCHOOL AQUATICS 3 (AGES 5-6)

To increase proficiency and build on the basic aquatic skill learned in levels 1 and 2 by providing additional guided practice with increased distances and times.

LEARN TO SWIM LEVEL 1, INTRODUCTION TO WATER SKILLS (AGES 6-10)

To begin developing positive attitudes, good swimming habits and safe practices in and around the water.

LEARN TO SWIM LEVEL 2, FUNDAMENTAL AQUATIC SKILLS (AGES 6-11)

To give participants success with fundamental skills, including learning how to float without support and to recover to a vertical position.

LEARN TO SWIM LEVEL 3, STROKE DEVELOPMENT (AGES 6-12)

To build on the skills in level 2 by providing additional guided practice in deep water.

LEARN TO SWIM LEVEL 4, STROKE IMPROVEMENT (AGES 8-14)

To develop participants' confidence in the strokes learned in level 3 and to improve other aquatic skills.

PRICES

Preschool Aquatics, levels 1-3:	\$90.00 per student
Learn to Swim, levels 1-5:	\$90.00 per student
Learn to Swim level 6, Adult/Private:	\$150.00 per student

For further information contact Torii Pool at 644-4389/ 4936 or tiffany_burkard@rocketmail.com or jason.f.evers.naf@mail.mil



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Kadena Air Base Community Notes

To submit an announcement for the base bulletin, please visit www.kadena.af.mil NO FEDERAL ENDORSEMENT OF PRIVATE ORGANIZATIONS OR ACTIVITIES IS INTENDED.

Kadena Connect App

The Kadena Connect App is available on both the Google Play and Apple App Store for your Android and iPhone devices. The free app enables users to dial DSN numbers on Kadena along with quick and easy access to call emergency and taxi services. The app also hosts a variety of useful information and widgets such as:

- Important alerts and notifications
- Weather conditions
- Exchange movie theater show times
- Restaurant information
- Ordering food online
- Family fun
- Events
- And much much more

To download the free app or to find out more information visit the Google Play or Apple App Store!

TCCOR Trash Pickup

All scheduled trash services will cease at the start of TCCOR 2 until ALL CLEAR. For more information, contact 18th CES.

Gate 5 Closure

Gate 5 will be open during normal morning hours, but WILL NOT open during regular afternoon hours for the remainder of the summer. Gate 5 will be open Monday to Friday from 0615 to 0845. Once school resumes in the fall, Gate 5 will go back to also opening in the afternoon hours. For more information, contact 18 SFS.

Personal Property PCS Peak-Season: Visit TMO Right Away

The 18th LRS Personal Property Shipping Offices has been booking pick-up dates for the Kadena base populace at a frantic pace since May 1, due to PEAK PCS SEASON (May 1 to Sep 30). Currently, all of June 2018 is completely booked for any Household Goods

(HHG) and/or Unaccompanied Baggage (UB) shipments. If you are PCS-ing in June and have not set up a pick-up date with our offices, please be sure to have someone in mind who can release your items to the carriers, during pick-up, once a pick-up date is established. A Special Power of Attorney will be needed in order to designate someone else to be at your home/dorm on the day of pick-up. As soon as members receive their orders, they are REQUIRED to visit our office to set up a pick-up date. Pick-up dates are first come, first serve and cannot be secured without orders. For any questions or concerns, please call our office at DSN 632-0068 or stop by Building 756.

Kadena and Camp Foster Emergency Numbers

Kadena Fire Emergency Services reminds everyone to program their cell phones with the emergency numbers. To report an emergency on Kadena via cell, dial 098-934-5911, and from an office phone, dial 911. For Camp Foster via cell, dial 098-911-1911, or from an office phone, dial 911.

AADD: Get Home Safe NOW LOCATED AT THE USO

Did you drink tonight? Made a plan but it's falling through? Can't catch a cab? If any of this applies to you, call AADD. Don't risk it all, when you can get a ride home for free. Call AADD at the cell phone number 098-961-1110 and then ask for the USO or dial DSN: 634-3889. We're open from 10 p.m. to 1 a.m. and we're here to help. Also if you would like to volunteer please click on the Link below! We're open from 9 p.m. to 1 a.m. and we're here to help. Any questions please Email our Work Box or contact us on Facebook, Kadena Air Base A2D2. Angel Vargas, President, 090-9786-9431. Henry Huynh, Vice President 090-9785-7935. Roman Nieves, Secretary

080-6485-6464. Jared Bland, Head Scheduler 070-3135-9906. Zachary Todd, Public Affairs 080-9850-5200.

How to File a Complaint with IG

If you believe you are unable to resolve your complaint through supervisory channels, you may seek IG assistance to determine if the complaint should be filed with the IG. You can file a complaint if you reasonably believe inappropriate conduct has occurred or a violation of law, policy, procedures, or regulation has been committed. Complete the personnel data information on an AF Form 102 and briefly outline the facts and relevant information related to the issue or complaint. List the allegations of wrongdoing briefly, in general terms and provide supporting narrative detail and documents later, when interviewed by an IG person. Allegations should be written as bullets and should answer who committed the violation; what violation was committed; what law, regulation, procedures, or policy was violated; when did the violation occur. Help is available: Call your Kadena IG office at 634-7622 for Maj. Sarabia or 634-1109 for Mr. Lovingood, or leave a message on the Kadena Fraud Waste & Abuse (FWA) Hotline at 634-0404.

18th MDG Clinic Closures

The Kadena Air Base clinic will be closed on the following dates this year: July 4 (4th of July) - Closed all day. The 18th Medical Group is responsible for ensuring the 18th Wing's medical readiness in support of the United States' and Japan's mutual interests. In keeping with this mission, the Kadena Clinic will be participating in 18th Wing upcoming exercises. During exercises, our normal patient care and clinical services (pharmacy, lab, immunizations, etc.) will be impacted, as the clinic may be closed for one day during these exercises (exact dates subject to scenario).

We ask for your patience as our trusted professionals exercise their skills and work with the Wing and other agencies on island in support of these training events. We apologize for any inconvenience that this may cause. As always, in the event of an emergency, seek emergency services at the U.S. Naval Hospital on Camp Foster, or by dialing ambulance services at 634-1796 or by cell phone 098-934-5911. For more information, contact Capt. Jennifer Stark at 630-4565, SSgt Larissa Palmer at 630-4504, or Ms. Melissa Cook at 630-5050.

18th Wing Equal Opportunity

Do you face concerns of unlawful discrimination or sexual harassment? If so, Kadena Air Base leadership maintains a strict "zero-tolerance" policy pertaining to discriminatory behavior. If you feel you are being unlawfully discriminated against, to include sexual harassment, take action. We encourage members to use the chain of command first to resolve issues at the lowest level. However, you can also contact the EO office at 634-2571 to set up an appointment; or you may visit our office. Please note that the EO office will not accept a Formal Complaint more than 60 calendar days for military and 45 calendar days for civilian complaints after the alleged offense occurred without sufficient justification.

Road Cut Notification

The Arnold Ave, Hampshire St and an unnamed street between Hampshire and Walmsley Way will be road cuts to install new electrical conduits and foundation for street lights for the new Military Family Housing. One-lane of each affected areas will be closed. Contractor will provide flagmen to direct the one-way alternation. Open trenched will be covered with steel plates at the end of each day. For more information, contact Akira Fair at 634-4879.



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UPCOMING EVENTS
Couple's Date Night and AMAZING RACE - Cancelled

Due to unforeseen circumstances the TOP III AMAZING RACE has been cancelled for the 23rd of June and the Dress to Impress has been cancelled for the 29th of June. All registered participants will be refunded their money. If you have any questions please contact MSgt Donnelly at 634-6264 or delisha.donnelly@us.af.mil.

Showtime at the Apollo

Showtime at the Apollo will be June 23, at the Officer's Club at 7 p.m. with the show beginning at 8 p.m.. Refreshments will be served. First 50 tickets get 1 free drink!! Attire: Come as you are or dress to impress!

Ticket Sales:

- Kadena - Shequita Amory (080-7964-2109)
- White Beach - Sean Esquire (080-9247-2732)
- Camp Foster - Terrel Lewis (090-6865-3091)
- Camp Schwab - Jeremiah Northern (951-796-3501)
- Camp Hansen - Christopher Pace (asuradagxd@outlook.com)

Tickets: \$15 (advance) \$20 at the door For auditions: You can send a short video to our Kadena AAHC inbox on FB or Email to kadenaahc@gmail.com Audition in person (June 5 & 7 @ 1630-1800) at the Kadena O'Club, Skoshi Room. Event POC: Mallory Johnson. We hope to see some of you there in our audience to enjoy the talent we have lined up this year.

VOLUNTEER OPPORTUNITIES
Come Volunteer At The Wired Bean

The Wired Bean is a home away from home for our junior enlisted and we need E-4s and above to volunteer to monitor the facility and check out equipment. Please sign up or email Melissa Rafferty for more information at rafferty515@yahoo.com.

Kadena Music Festival Volunteers

The Schilling Community Center is looking for volunteers for Kadena Music Festival! All volunteers will receive an LOA. For more information, www.SignUpGenius.com/go/5080E4FAEA92CA4F58-kadena

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ACE family Housing 098-929-1808		ACE family Housing 098-929-1808	

	Yomitan Single Home 200,000 yen/month. 4 bedrooms, 2 baths.		Home in Kin 230,000 yen/month. 3 bedrooms, 2 baths.
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paid advertisement

Local HOTSHEET

Nippon Professional Baseball official game is coming to Okinawa!

2018 NPB Official Game

There will be two official games at Okinawa Cellular Stadium on June 26 and 28. Games Will start at 1830. Watch the HOKKAIDO NIPPON-HAM FIGHTERS vs FUKUOKA SOFTBANK HAWKS.

The Hokkaido Nippon-Ham Fighters will be playing their first official game in Okinawa!

Date: June 26 (Tue) , 27 (wed)
Place: Okinawa Cellular Stadium Naha (42-1 Onoyama, Naha City)
Tickets: Okinawa Nexiss (1F-1-17-16 Chuo, Okinawa City)
Inquiry e-mail: info@samuraigate.jp

First base infield reserved seats
 A:3500 yen (advance), 4000 yen (game day)
 Third base infield reserved seats
 A:3500 yen (advance), 4000 yen (game day)
 First base infield reserved seats
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*Parking not available. Recommend use of public transportation.

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What's Okinawaetcetera?

FEEL THE POWER OF NORTHERN OKINAWA'S NATURE AT CAPE HEDO



'Cape Hedo' is one of Okinawa's sacred locations and at the tip of the cape there is a small place of worship known as 'Uganju' in Okinawa.

In fact, the Yanbaru forest in the northern region is also considered to be a sacred place and the mountain that rises behind Cape Hedo is a holy ground that features in Ryukyu mythology.

Here one of Japan's largest banyan trees can be found in the middle of a walking course, and is such a mysterious place that it is even said that a fairy called Kizimuna lives there.


The raging waves strike against the cliffs of Cape Hedo, which looks out over the pure blue ocean.

When the weather is clear, it is also possible to see Yoronjima and Okinoerabujima at the edge of this magnificent sea where the Pacific Ocean and the East China Sea collide.

Okinawa Travel Info
 Tourist information for Okinawa, Japan

<http://okinawatravelinfo.com>

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23-Jun	1100-1900	Foster Main Store	Old Spices
24-Jun	1100-1900	KAB Concession Mall	Café Shiyu de Pokko
24-Jun	1100-1700	Foster Main Store	Old Spices
25-Jun	1100-1400	KAB Flightline	Nukumi Kitchen
25-Jun	1100-1400	AMC Terminal	Triple A
26-Jun	1100-1400	KAB Flightline	Café Shiyu de Pokko
26-Jun	1100-1400	Torii Express	Nukumi Kitchen
26-Jun	1100-1800	Foster Troop Store	Old Spices
27-Jun	1100-1400	KAB Flightline	Triple A
27-Jun	1100-1800	Butler Express	Old Spices
28-Jun	1100-1400	KAB Flightline	Café Shiyu de Pokko

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120 years of the Corpsman celebration

By Lance Cpl. Nathan Maysonet

3rd Marine Division

6/15/2018 — U.S. Navy Corpsman with 3rd Marine Division celebrated the Corpsman Ball for their 120th birthday on June 15 on Kadena Air Base. The Navy Corpsman ball is meant to commemorate the U.S. Sailors that have come before them and to celebrate with the Corpsmen that are currently in Okinawa.

“The [U.S. Naval Hospital Corps] is the only enlisted corps in the Navy,” Said Petty Officer 2nd Class David Kamaal a field corpsman with 3rd Marine Division. “The Navy has 44 Medal of Honor recipients in total, of that number, corpsmen have earned 22 of those medals.”

Corpsmen were officially recognized as an organized unit of the medical department by an act of congress on June 17, 1898.

“In the military I think it is best we stay rooted and remember that the intent is to bring people together to share stories, to invigorate, rededicate, and move boldly into the future,” said 3rd Marine Division U.S. Navy chaplain Capt. James Johnson a former U.S. Navy corpsman.

During the Corpsman ball there is a cake cutting ceremony.



(U.S. Marine Corps photo by Lance Cpl. Nathan J. Maysonet)

^ The ceremonial U.S. Navy Hospital corps cake is carried by the U.S. Navy corpsmen cake detail during the 120th Corpsman Ball on Kadena Air Base, June 15.

This ceremony consists of the oldest and youngest corpsmen sharing a slice of cake.

“It’s more than just a piece of birthday cake; it is the passing on of tradition from the oldest [corpsman] to the youngest corpsman,” said Johnson, a native of Lake Park, Minnesota.

Formal dining nights give the corpsmen a chance to experience their history, from loblolly boys to hospital corpsman.

According to Petty Officer 3rd Class Alexander Moreno. The term loblolly boys was given to corpsmen back in 1814 when the surgeons assistant would help feed the patients in

sick bays on ship. The porridge they served was called loblolly, which resulted in the nicknaming of the assistants to loblolly boys.

Although the corpsmen hold their ball only once a year, their pride in what they do and sense of brotherhood will last a life time.

“It’s like a brother hood that I’m a part of, and it’s finally starting to hit home,” said Moreno, a native of Yuma, Arizona. “[As a corpsman], you take care of so many real world problems at so many different levels, and it makes me proud to be a corpsman.”

Skinny Dragons of Patrol Squadron 4



(U.S. Navy photos by Mass Communication Specialist 2nd Class Juan S. Sua)

^ Aviation Electrician Mates assigned to the Skinny Dragons of Patrol Squadron (VP) 4 troubleshoot the aft auxiliary fuel tank valve on a P-8 Poseidon maritime patrol and reconnaissance aircraft at Kadena Air Base, June 18. The Skinny Dragons are based out of Whidbey Island, Wash., and are on a six-month deployment in the U.S. 7th Fleet area of operations.



^ Aviation Electrician's Mate 2nd Class Christopher Delavega (left) and Aviation Electrician's Mate 2nd Class Austin Hahn assigned to the Skinny Dragons of Patrol Squadron (VP) 4 use a voltmeter to troubleshoot the aft auxiliary fuel tank valve from within the weapons bay on a P-8 Poseidon maritime patrol and reconnaissance aircraft at Kadena Air Base, June 18.

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