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AIR FORCE - ARMY - NAVY - COMMUNITY NEWS

Number 11 - Issue 18



## BALIKATAN 18

# PAF, USAF PARARESCUEMEN CONDUCT MASS CASUALTY TRAINING

Pararescuemen from the 31st Rescue Squadron, Kadena Air Base, and Philippine Air Force pararescuemen from the 505th Search and Rescue Group, transport a simulated casualty during a mass casualty training event as part of Exercise Balikatan at Clark Air Base, Philippines, May 11. Evaluators assessed Philippine and U.S. service member's performance as they cared for and transported casualties in a remote location. Exercise Balikatan, in its 34th iteration, is an annual U.S.-Philippine military training exercise focused on a variety of missions, including humanitarian assistance and disaster relief, counterterrorism, and other combined military operations held from May 7 to May 18.

(U.S. Air Force photo by Senior Airman Javier Alvarez)

# NATO provides “eye in the sky” for **RED FLAG**

**By 2nd Lt. Kitsana Dounglomchan**

354th Fighter Wing Public Affairs

5/9/2018 - EIELSON AIR

FORCE BASE, Alaska —

The air war is underway at RED FLAG-Alaska 18-1. But fifty miles southwest and ten thousand feet above the dog fighting, a NATO E-3A Component jet circles in its flight pattern, soaking up signals and squawks about the fluid battle space below and providing friendly forces a watchful “eye in the sky” that extends in every direction for hundreds of miles.

As a NATO unit, Airmen from around the world work the rows of screens and scopes in the middle of the aircraft, their country’s respective flag adorning their shoulders. Everyone stares intently at their screen, all of them sharing the common goal of identifying and calling out new targets as they appear on the scope. The mission crew is comprised of a surveillance team, a weapons team, and airborne technicians; they are responsible to the tactical director, who is the senior member of the mission crew.

A bearded German crew member from the weapons team keys the microphone with his foot and relays the details of a nascent threat to a friendly fighter, like an offensive coordinator spotting a hole in the defense. Minutes pass and the radio chatter continues. New targets are being spotted with greater frequency now, the scopes overflowing with enemy aircraft. And then the call happens; the first bogey is down. But this is no time to rejoice, as the air war rages on with increasing ferocity.

What makes the E-3A such a valuable component in the fight? The answer is that it’s able to identify and track aircraft from a long range with the massive radome mounted atop the jet.

Capt. Noel Conrard, an air battle manager, makes this comparison: “Fighter jets are like looking through a straw, whereas the E-3A is able to gather information like water running through a firehouse.”



(U.S. Air Force photo by Tech. Sgt. Jerilyn Quintanilla)

▲ Aircrew members of a NATO E-3A Component fly over the Joint Pacific Alaska Range Complex as part of RED FLAG-Alaska 18-1 hosted by Eielson Air Force Base, Alaska May 7. NATO was one of more than a dozen units from across the globe to participate in the first iteration of RED FLAG-Alaska this year.

The raw signals from the radome get piped into a useable computer interface on the scopes and screens that comprise the mission crew section. With this real time knowledge in hand, the weapons crew is then able to funnel this information down to the fighter jets, providing them enhanced situational awareness of both air and ground threats.

The NATO E-3A mission at RED FLAG-Alaska might sound simple: mitigate the losses of fighter jets from unreported ground and air threats. But the execution of this goal is anything but easy, as it requires the coordinated efforts of a multinational team—15 of the 28 NATO member nations are represented—working in near harmony between the flight deck and mission crew.

The most senior members of the mission crew have been working on the NATO E-3A for 30 years, while the most junior members have been assigned for a year or less. Yet all of these nationalities, backgrounds and experience levels are able to meld their skillsets and cultural idiosyncrasies into a

cohesive team, a team that delivers responsive airborne early warning, battle management and command and control to its operational commanders.

“It starts with good training and having everyone working toward a common goal,” said Staff Sgt. Ryan Goll, a radar technician. “Once you’re qualified on that position you know ‘this is my role.’ So it’s a combination of the training and doing what we do everyday that makes it work seamlessly.”

Maj. Gary Axley, the Deployment Commander for NATO AWACS at RED FLAG-Alaska, attributed the successful multinational environment to old fashioned mission preparation. “We spend a lot of time together in the simulator and training in the air. But exercises like Red Flag really push our situational awareness and ability to react in a high ops tempo.”

Another reason the E-3A is able to provide effective command and control is through their use of “contracts” amongst the aircrew. With such a wide-ranging team at the tactical director’s

disposal, “contracts” is how they ensure everyone knows what they’re responsible for in the heat of battle. “These contracts are so we know how to react in certain situations,” said Axley. “Everyone knows what we are doing and when it gets really busy we just know what needs to be done.”

The crew of the E-3A Component flew more than 4,000 miles from their home station in Geilenkirchen, Germany to attend Eielson’s first Red Flag of 2018 and they were pleased with the training scenarios that awaited them.

“We want this integration piece and combined command and control with different assets,” said 1st Lt. Bodo Walle, FA Fighter Allocator. “With our standing tasking in Europe, it’s mainly small aircraft control without having all these assets being integrated. That was our training focus here and our main benefit for participating in Red Flag-Alaska.”

A large part of the NATO E-3A mission is to provide surveillance in eastern Europe, but at RED FLAG-Alaska they are able to fully employ the aircraft’s

unique mission sets.

“When we are at home station [training] it’s like a backyard football scrimmage; we just don’t have as many players,” said Conrard. “But at a large force exercise like RED FLAG-Alaska, it’s like playing on a regular sized football field. We execute different tactics and integrate with more assets. It allows the E-3 to be used to the fullest extent of its capabilities.”

RED FLAG-Alaska provides the type of training that is only replicable in real-life combat situations. “It’s a really good example of the air-to-air component,” said Goll. “Tracking enemy fighters and actually getting our communications gear jammed. This is more than your typical sortie or exercise; Red-Flag is the most realistic training you’re going to get.”

When all of these factors are combined with the sheer square mileage of the Joint Pacific Alaska Range Complex—which is about the size of Florida—NATO’s E-3A is afforded the opportunity to “train the way you fight” in case they are ever called upon to engage in a real world contingency or operation.

The final piece that allows the aircrew to perform their mission is the high level of camaraderie amongst all of its personnel. “The opportunity to work with our NATO military partners from so many backgrounds is fantastic,” said Capt. Joe Dougherty, an E-3A Pilot. “The thing that makes an assignment is the people and having the chance to work with all the NATO partners is a once in a lifetime experience.”

And after the air boss comes over the radio to conclude the fictitious battle for the morning, the tactical director begins to clear off and dismiss the assigned scopes and sections, powering down the computers as the E-3A makes its way back toward Eielson. A Belgium crew member walks past a U.S. service member, fist bumping him on the way by. “Nice job out there today,” he says, “You did really well.” They exchange a courteous nod and smile.

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# BALIKATAN 18

## PAF, USAF PARARESCUEMEN CONDUCT MASS CASUALTY TRAINING

Philippine Air Force pararescuemen from the 505th Search and Rescue Group exit a HH-60 Pave Hawk from the 33rd Rescue Squadron, Kadena Air Base, during a mass casualty training exercise as part of Exercise Balikatan at Clark Air Base, Pampanga, Philippines, May 11. Evaluators assessed Philippine and U.S. service members' performance as they cared for and transported casualties in a remote location. Exercise Balikatan, in its 34th iteration, is an annual U.S.-Philippine military training exercise focused on a variety of missions, including humanitarian assistance and disaster relief, counterterrorism, and other combined military operations held from May 7 to May 18.



(U.S. Air Force photo by Senior Airman Javier Alvarez)



Staff Sgt. Derek Spinale, a pararescueman from the 31st Rescue Squadron, demonstrates to Philippine Air Force Tech. Sgt. Derius Valdez, pararescueman from the 505th Rescue Group, how to pry open a door to extract a simulated casualty during a mass casualty scenario May 11, during Exercise Balikatan at Clark Air Base, Philippines.

(U.S. Air Force photo by Staff Sgt. Jack Saunders)



A pararescueman from the 31st Rescue Squadron explains to his Philippine Air Force counterparts the U.S. model of the rescue triad during a subject matter expert exchange as part of Exercise Balikatan at Clark Air Base, Philippines May 9.

(U.S. Air Force photo by Staff Sgt. Jack Saunders)

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# Balikatan 18: U.S. and Philippine engineers partner to finish first



(U.S. Marine Corps photos by Sgt. Scott P. Smolinski)



▲ Master Sgt. Juan AguilarMunoz, left, site 2 senior non-commissioned officer-in-charge with 18th Civil Engineering Squadron, observes door installation procedures on a 2-room classroom building during Exercise Balikatan at Alibagu Elementary School, Ilagan, Isabela, Philippines, May 3.

◀ Philippine Army Capt. Jaydie Bilaque, site 2 officer-in-charge for 513th Engineer Construction Battalion, provides guidance on painting a door to Airman 1st Class Bailey Reeves, an engineer with 18th Civil Engineer Squadron during Exercise Balikatan at Alibagu Elementary School, Ilagan, Isabela, Philippines, May 2.

## By Sgt. Scott Smolinski

III Marine Expeditionary Force  
5/12/2018 - ILAGAN, LUZON, Philippines — U.S. Air Force and Philippine Army engineers completed the construction of a two-classroom building at Alibagu Elementary School on May 5, the first engineering civic action program (ENCAP) site to finish construction during Exercise Balikatan.

Over one month of laying cinder blocks, pouring concrete, and mixing mortar in the sweltering Luzon heat paid off for the combined team of engineers

from 18th Civil Engineer Squadron out of Kadena Air Base and the Philippine Army's 513th Engineering Construction Battalion.

There are five ENCAP sites at various locations on the island of Luzon as part of the 34th iteration of Balikatan. Armed forces from the U.S., Philippines, Australia, and Japan worked tirelessly together to complete these projects ahead of schedule.

1st Lt. Jesse O'Connor, the 18th CES site officer-in-charge, attributed his site team's success to the cooperation be-

tween the different militaries.

"Working together, we were able to complete numerous [individual] tasks while working towards our unified objective," said O'Connor, 26, of Chicago, Illinois.

"Our Airmen and the Philippine troops formed one seamless team," said site foreman, Master Sgt. John AguilarMunoz, with 18th CES, from Artesia, New Mexico. "We had daily discussions on the tasks to be completed and sought each other's guidance when problems arose."

The engineers of ENCAP site 2 were

able to hone their skills while learning new techniques from their respective counterparts.

"Balikatan" is a Tagalog word that means "shoulder-to-shoulder" or "sharing the load together". It captured the spirit of the exercise to showcase the combined efforts of the multinational forces to accomplish the engineering project.

"We had cooperation, coordination, and trust in the Army and Air Force engineers," said Philippine Army Jaydie Bilaque, site 2 officer-in-charge for 513th Engineer Construction Battalion.

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# Special Agents' perseverance saves fellow Wingman's life

**By Special Agent In-Charge Matthew Veltri**

AFOSI Detachment 322  
 4/27/2018 - FAIRCHILD AIR FORCE BASE, Wash. — This is a prime example of Airmen taking care of another Airman who was not only a complete stranger, but one in desperate need of help.

On April 24, Air Force Office of Special Investigations rookie Special Agent Charles Woomer of Detachment 322 here discovered a posting on the Reddit.com social media message forum, where someone was asking about how their Serviceman's Group Life Insurance would pay out should "something" happen to them before they separated from the military in about a week.

The person wanted to make sure his family would be set up comfortably. The post had a concerning tone that SA Woomer was keen to pick up on as did others.

However, SA Woomer acted by bringing this information to detachment leadership. With SA Justin Collins' guidance, SA Woomer coordinated with both the Reddit and Google law enforcement services to positively identify the Airman who made the original post.

SA Woomer tracked down the Airman and immediately coordinated with the Airman's unit leadership at Ft. Gordon, Ga. The Airman's superintendent con-

tacted the Airman, who was scheduled to separate from the Air Force April 28, 2018, and confronted him about the post. The superintendent said the Airman confirmed he was the one who made the post and was in fact intending on hurting himself before the end of the week.

The Airman was taken to Dwight D. Eisenhower Medical Facility, Ft. Gordon, Ga., to receive the appropriate treatment.

Tracking the Airman down proved to be more difficult than just dialing a phone number. April 25, was a non-duty day for the Airman's unit. SAs Woomer and Collins made approximately 25 phone calls before finally getting in contact with the superintendent who immediately notified his First Sergeant and went to the Airman's residence.

The Airman was previously diagnosed with depression and prescribed medication for it. He also made suicidal ideations in the past. He recently ran out of his medication which apparently caused him to revisit the idea of ending his life.

The Airman's spouse and command expressed their gratitude to SAs Woomer and Collins for intervening.

It's safe to say that SA Woomer's and SA Collins' efforts were directly responsible for saving this Airman's life. The Airman would have left behind a spouse and two children, ages 9 and 4.

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 0930-1530

CAMP COURTNEY  
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 Thurs-Fri, 17-18 May  
 0930-1530

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 Mon, 21 May  
 0930-1530

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# Pacific Partnership 2018 enhances interoperability, builds friendships with engineering projects

**By MC2 Joshua Fulton**

Commander, Logistics Group Western Pacific  
5/7/2018 - TAWAU, Malaysia — Seabees from Naval Mobile Construction Battalion (NMCB) 5 and Amphibious Construction Battalion (ACB) 1 completed three civil engineering projects in Tawau, Malaysia, May 3, as a part of Pacific Partnership 2018 (PP18).

The Seabees worked alongside counterparts from the Malaysia Armed Forces at the three projects, exchanging skills and best practices while developing camaraderie.

“Working with the Malaysians was amazing, as all of their different personalities intertwined with ours and created a really fun working environment,” said Builder 3rd Class Emily Manley. “It was a very unique experience because we had the opportunity to get hands on experience with our host nation partners; we learned from them, they learned from us, and most importantly we learned how to work together.”

At SK Kampung Jawa and SK Kebangsaan Taman schools, NMCB 5 Seabees constructed three open-air halls that will allow students to sit and gather for lunch or outdoor learning, with protection from the heat and rain.

Meanwhile, Seabees from ACB 1 and their Malaysian counterparts painted outdoor walls and welded together water tank stands at the Merotia Clinic near Tawau.

The combined efforts the Pacific Partnership engineering team and their



(U.S. Navy photos by MC2 Joshua Fulton)

Builder Constructionman Randall Kooiman of Naval Mobile Construction Battalion (NMCB) 5 and a Malaysian Armed Forces member install roofing at an engineering project at SK Kampung Jawa school near Tawau, Malaysia as a part of Pacific Partnership 2018 (PP18), April 21.

Malaysian colleagues demonstrate PP18’s ability to foster genuine friendships based on trust, unity and cooperation.

“We are building lasting relationships that, years down the road, if we get the opportunity to come back and work with them again, they will still probably remember our names and we will be able to pick up right where we left off, working

side by side,” said Manley. “It is truly such a blessing to be out here and be given this opportunity.”

Pacific Partnership, now in its 13th iteration, is the largest annual multinational humanitarian assistance/disaster relief preparedness mission conducted in the Indo-Pacific. The mission’s objective is to enhance regional coordination in



Steelworker 2nd Class Steven Neer of NMCB5 and a Malaysian Armed Forces member install roofing at an engineering project at SK Kampung Jawa school near Tawau, Malaysia, April 21.



Builder 1st Class Kevin Myers of NMCB5 cuts concrete surrounding a water line at an engineering project at SK Kampung Jawa school near Tawau, Malaysia, April 21.

areas such as medical readiness and preparedness for man-made and natural disasters.

Pacific Partnership 2018 consists of more than 800 U.S. military personnel stationed worldwide, working side-by-side with host nation counterparts to be better prepared for potential humanitarian aid and disaster response situations.



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# NAVY COMMUNITY NEWS

## NMCB5 wins All-Navy Captain's Cup

**By Petty Officer 2nd Class Matthew Dickinson**

Commander, Fleet Activities, Okinawa  
5/11/2018 - CAMP SHIELDS — Naval Mobile Construction Battalion Five (NMCB5) bested seven other Navy teams to win the All-Navy Captain's Cup hosted by Commander, Fleet Activities Okinawa (CFAO) onboard Camp Shields, March 4.

"We did take joy in taking home the trophy, but it was a great time had by all," said Cdr. Omarr Tobias, commanding officer of NMCB5. "It was a great event to build camaraderie amongst all the Navy commands."

The CFAO All-Navy Captain's Cup was designed to increase morale and encourage competitiveness among Sailors by providing them with the opportunity to represent their commands.

"This is both a humbling and rewarding experience," said Lt. Cdr. David Carlson, chaplain for Fleet Activities Okinawa and coordinator for the event. "There

were more than 550 people here."

The competition consisted of sports such as ultimate football, volleyball, 100 meter dash, basketball and ended with a tug-o-war challenge. The event gave Sailors the opportunity to enhance physical fitness and well-being while building morale and camaraderie both on and off the field.

"It was a great day, a little windy but we powered through," said Cdr. Thomas Taylor, executive officer of Fleet Activities Okinawa, during the closing remarks of the event, "It was awesome to see such a large number of people come out."

With each event, teams and individuals earned points for their respective command with different point values associated with various placements. The command with the most points at the end of the day was awarded the Captain's Cup trophy.

The trophy will be on display at NMCB5's headquarters building on Camp Shields until the next competition.



(U.S. Navy photos by Mass Communication Specialist 2nd Class Matthew Dickinson)



◀ Culinary Specialist 2nd Class Courtney Riddle, assigned to Fleet Activities Okinawa, anchors the CFAO team during the tug-o-war event at the All-Navy Captain's Cup hosted by Commander, Fleet Activities Okinawa onboard Camp Shields.

▶ Sailors assigned to NMCB5 pose for a photo with the 1st place trophy during the All-Navy Captain's Cup hosted by Commander, Fleet Activities Okinawa onboard Camp Shields. NMCB5 bested seven other teams to win the first Captain's Cup, which was held to build morale and camaraderie both on and off the field.

## VP-4 participates in Komodo 2018



Sailors assigned to the "Skinny Dragons" of Patrol Squadron (VP) 4 and counterparts from the Indonesian navy pose for a photo in front of VP-4's P-8A Poseidon maritime patrol and reconnaissance aircraft on the flight line of the Bali Ngurah Rai International Airport in Bali, Indonesia during Multinational Exercise Komodo (MNEK) 2018. The exercise brings together navies from across the world to rehearse scenarios focused on collaborative solutions to humanitarian assistance, disaster relief and maritime domain awareness.

(U.S. Navy photos by Mass Communication Specialist 2nd Class Juan S. Sua)



◀ Ships from more than 20 navies from Europe, Africa, Asia and America travel in formation near Lombok Island, Indonesia during Multinational Exercise Komodo 2018. Hosted by the Indonesian navy (TNI-AL), the exercise emphasized non-warfighting aspects of operational-level exercises and focused on readiness and cooperation between partner nations for man-made and natural disasters. The U.S. Navy participated by sending the USNS Millinocket (T-EPF-3) into the formation of ships and by flying a P-8A Poseidon maritime patrol and reconnaissance aircraft alongside four Indonesian maritime patrol aircraft.



◀ Lt. Branden Roy, a pilot assigned to the "Skinny Dragons" of Patrol Squadron (VP) 4 answers questions from local media on the apron of the Bali Ngurah Rai International Airport in Bali, Indonesia during Multinational Exercise Komodo.

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# ARMY OKINAWA ACTIVITIES

## Japan Employment and Services Office opens Okinawa Branch on Torii Station

By Robert Purdy

10th Support Group (Regional)  
Public Affairs Office

**5/9/2018 - TORII STATION** — A ribbon cutting ceremony to commemorate the grand opening of the Japan Employment and Services Office (JESO) Okinawa Branch was held at Torii Station on Tuesday, April 17. Maj. Gen. James F. Pasqualette, Commanding General U.S. Army Japan and U.S. Army leaders on Okinawa joined distinguished guests from the Okinawa Defense Bureau, Labor Management Office, JESO staff and invitees in celebrating the special day.

Col. Grant S. Sullivan, United States Army Japan, Assistant Chief of Staff G-1, welcomed the guests and expressed his thanks to all who made the grand opening possible. Maj. Gen. Pasqualette joined Okinawa Defense Bureau, Labor Management Officer, Mr. Yamashiro Masanori in cutting the bright red ribbon placed at the JESO entrance. The two then pulled the ceremonial string attached to a “Kusu-Dama,” (Japanese ceremonial confetti ball) which released bright red balloons, confetti

and a banner that read “congratulations” in Japanese, officially opening JESO Okinawa.

“We are truly happy to open our doors to provide service to Army Japanese employees here on Okinawa. We look forward to adding that special Army touch to outstanding customer service to support and meet their needs,” said Kiyomi “Pat” Nishimoto, Chief, JESO Okinawa.

The JESO Okinawa on Torii Station is staffed with seven HR specialists who are responsible for servicing approximately 950 Master Labor Contractor (MLC), Independent Hire Agreement (IHA) and Marine Contract Employees who are assigned to U.S. Army 10th Support Group Regional, U.S. Army Garrison Okinawa, Defense Logistics Agency Energy, and Morale Welfare and Recreation (MWR). Services range from recruitment, classification, management of employee relations and training and support of the employees and their supervisors.

Guests enjoyed a cake cutting ceremony and light refreshments at a reception held at Havana’s Community Club following the official ceremony.



(U.S. Army photos by Robert Purdy)



◀ Maj. Gen. James F. Pasqualette, Commanding General U.S. Army Japan joins Kiyomi Nishimoto, Chief, Japan Employment and Services Office Okinawa and an official from the Okinawa Defense Bureau, Labor Management Office in cutting the ceremonial cake during the JESO grand opening reception.

▲ Maj. Gen. James F. Pasqualette, Commanding General U.S. Army Japan joins officials from the Okinawa Defense Bureau, Labor Management Office in commemorating the grand opening of the Japan Employment and Services Office (JESO) Okinawa Branch Human Resources Office on Torri Station, April 17.

## 10th SG(R) Soldiers teach resiliency skills to Kubasaki HS seniors

By Robert Purdy

10th Support Group (Regional)  
Public Affairs Office

**5/10/2018 - CAMP FOSTER** — Master Resilience Trainers (MRT) from 10th Support Group (Regional) visited Kubasaki High School, Camp Foster April 23, 25 and 27 to conduct resiliency training for approximately 140 seniors.

The trainers held three, half day classroom sessions covering a myriad of concepts and skill sets designed to help the students better understand resiliency and develop mental, emotional, physical and behavioral toughness to help them overcome the challenges they may face after high school life. The training ended on the third day with all the seniors taking part in friendly competitive activities at a pep rally held in the school gymnasium.

This was the first time resiliency training was taught at Kubasaki High School and the first time for the U.S. Army MRT instructors to teach to high school students.

Staff Sgt. Katherine Johnson, a senior intelligence officer with 10th SG(R), explained that the skills taught to the students were tailored to meet their specific needs, without changing too much of the content.

“The biggest challenge we had in teaching resiliency to teenagers vice Soldiers was in the way we would talk and relate. As Soldiers, it’s a lot easier for us to relate because being a Soldier is our everyday life. We have similar experiences and stories that we can share with one another, such as deployment and going to the field. We have common life experiences to use as examples,” said John-

son. “With teenagers it’s pretty different. Because MRT trainers are typically senior NCO’s, they have a good five to six years since leaving high school. For most of us the gap is even wider, so there’s a big difference in our experiences, the problems we face, how we communicate, how we relate, and how to get certain points across. We actually had to practice how we were going to instruct, talk to them and what kind of examples we were going to use.”

Kubasaki High School Principal, Greg Mowen, explained that resiliency training was implemented to help students cope with the many unique challenges that military children face.

“It’s a very stressful time for the kids, here in Japan. A vast majority of these kids are heading back to the states for schooling. Some



(U.S. Army photo by Sgt. 1st Class Nancy Lugo)

of them have never even lived in the states, they’ve been overseas their entire lives. There is some apprehension about moving there, living there and going to school there. There’s already a sense of “I wonder what.” My hope was that we would be able to equip our students with skills that they could apply to help

them reduce their stress levels, focus on resolving problems that may come up in their daily lives and live more happy and healthy lives as a result,” said Mowen.

Mowen expressed his desire to hold resiliency training again next year for juniors and eventually have this training for all of the students at the school.

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Set meals with a fish dish, from ¥1,450  
Combos, from ¥3,400

\*Set meals come with soup, salad, bread or rice and coffee or tea.

here

KAB Gate4



# Locals sharing their Japanese culture

**By Stearley Heights Elementary School Staff**

5/14/2018 - Stearley Heights Elementary School (SHES) celebrated Asian-Pacific Day on Thursday, May 3rd. Over 160 Japanese volunteers came to the school to share the culture of our host-nation with SHES students.

Hands-on cultural sessions were set up in the classrooms, which invited students to participate in experiences such as playing the sanshin, Taiko drumming, tea ceremony, kimono dressing, origami, Ikebana flower arrangement, Japanese calligraphy, mochi and lumpia making, and popular Japanese games and crafts.

Organized by SHES Japanese language and culture teachers, Mr. Makoto Kinjo and Ms. Megumi Hateruma, the celebration opened with a combined performance of the Stearley Heights Taiko club together with the Kajimaya Taiko group. Students then rotated through the different cultural workshops until the end of the day. The sparkle in the students' eyes and the smiles on their faces expressed what words could not.

Actively engaged, the stu-


dents enjoyed the many sessions and were excited to take their hand-made crafts home at the end of the day. Fourth grade student Anice N. enthusiastically shared, "The mochi was very good because it was fresh and chewy. You should definitely try it!" The SHES community and parents provided lunch for the volunteers, who enjoyed the buffet of local and American-style foods and desserts. The experience proved to be a valuable one for the guests as well. "We had a great cultural exchange," expressed Taiko instructor, Mr. Kobashigawa. To end the day, students presented the volunteers with certificates and small gifts to show their appreciation, and the SHES Spanish Dance Club performed to provide a new cultural experience for the volunteers as well. It was a unique event to immerse students into Japanese culture and, more importantly, a great opportunity to strengthen the ties between the American community and our host-nation.

A huge thank you to Mr. Kinjo and Ms. Hateruma for all their hard work and to everyone who helped make this memorable event such a success!



(Photos by Maribel Bastidas)







Torii Gym Gymnasium Bldg. 266

**New Student Special**  
**2 Classes for only \$10**

Valid for new students only. Limit one per person.  
 Both classes must be used within 30 days of purchase



Andrea Markham




Ali Arzouman

**CLASS SCHEDULE**  
MAY 2018


ALL CLASSES 60 MINUTES	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
10:15 AM						VINYASA <small>(Andrea - May 12th All - May 19th)</small>
11:30 AM			HATHA <small>(Andrea)</small>	VINYASA <small>(All)</small>	FUSION <small>(Andrea)</small>	
6:00 PM	VINYASA <small>(Andrea)</small>		FUSION <small>(All)</small>	HATHA <small>(Andrea)</small>		

For more information Contact Torii Gym 644-4334 or 098-962-4334



## Massage Therapy

Services Now Available at Torii Gym



Massage Therapist Tammy Cornwall is licensed under the Arizona State Board of Massage Therapy and specializes in deep tissue, myofascial, medical, sports, and pre/post-natal.

Full Body Massage (massage bed): 60min - \$50  
 90min - \$80  
 120min - \$100

Shoulder & Neck Massage (massage chair): 15min - \$10  
 30min - \$20

Appointments available Monday - Thursday 10:00 - 20:30.  
 Call 644-4334 or 098-962-4334 to book your appointment today.



# Kadena Air Base Community Notes

To submit an announcement for the base bulletin, please visit [www.kadena.af.mil](http://www.kadena.af.mil) NO FEDERAL ENDORSEMENT OF PRIVATE ORGANIZATIONS OR ACTIVITIES IS INTENDED.

## Kadena and Camp Foster Emergency Numbers

Kadena Fire Emergency Services reminds everyone to program their cell phones with the emergency numbers. To report an emergency on Kadena via cell, dial 098-934-5911, and from an office phone, dial 911. For Camp Foster via cell, dial 098-911-1911, or from an office phone, dial 911.

## AADD: Get Home Safe NOW LOCATED AT THE USO

Did you drink tonight? Made a plan but it's falling through? Can't catch a cab? If any of this applies to you, call AADD. Don't risk it all, when you can get a ride home for free. Call AADD at the cell phone number 098-961-1110 and then ask for the USO or dial DSN: 634-3889. We're open from 10 p.m. to 1 a.m. and we're here to help. Also if you would like to volunteer please click on the Link below! We're open from 9 p.m. to 1 a.m. and we're here to help. Any questions please Email our Work Box or contact us on Facebook, Kadena Air Base A2D2. Angel Vargas, President, 090-9786-9431. Henry Huynh, Vice President 090-9785-7935. Roman Nieves, Secretary 080-6485-6464. Jared Bland, Head Scheduler 070-3135-9906. Zachary Todd, Public Affairs 080-9850-5200.

## How to File a Complaint with IG

If you believe you are unable to resolve your complaint through supervisory channels, you may seek IG assistance to determine if the complaint should be filed with the IG. You can file a complaint if you reasonably believe inappropriate conduct has occurred or a violation of law, policy, procedures, or regulation has been committed. Complete the personnel data information on an AF Form 102 and briefly outline the facts and relevant information related to the issue or complaint. List the allegations of wrongdoing briefly, in general terms and provide supporting narrative detail and documents later, when interviewed

by an IG person. Allegations should be written as bullets and should answer who committed the violation; what violation was committed; what law, regulation, procedures, or policy was violated; when did the violation occur. Help is available: Call your Kadena IG office at 634-7622 for Maj. Sarabia or 634-1109 for Mr. Lovingood, or leave a message on the Kadena Fraud Waste & Abuse (FWA) Hotline at 634-0404.

## Kadena Lodging Shortages

Kadena Lodging is in a compressed state for availability of rooms. We anticipate limited to no space for the next 10-12 months. We will make our very best effort to support your needs based either on base if we have it or through certificate of non-availability and a recommended off base hotel list. Contact 632-1010 "Reservations" for more information.

## 18th Wing Equal Opportunity

Do you face concerns of unlawful discrimination or sexual harassment? If so, Kadena Air Base leadership maintains a strict "zero-tolerance" policy pertaining to discriminatory behavior. If you feel you are being unlawfully discriminated against, to include sexual harassment, take action. We encourage members to use the chain of command first to resolve issues at the lowest level. However, you can also contact the EO office at 634-2571 to set up an appointment; or you may visit our office. Please note that the EO office will not accept a Formal Complaint more than 60 calendar days for military and 45 calendar days for civilian complaints after the alleged offense occurred without sufficient justification.

## Bioenvironmental Engineering Gas Mask Fit Testing Date/Time Change

Bioenvironmental Engineering will now be conducting Gas Mask Fit Testing on Thursday of each week from 0730-0930 walk-ins. Located in building 428 across from the Schilling Community Center. If you are deploying or

going TDY within 30 days and require a fit test please call 634-4752.

## WIC Overseas Program Enrollment and Eligibility

The Women, Infants, and Children Overseas is a supplemental nutrition program designed for pregnant, postpartum, and breastfeeding women, infants and children up to the age of 5. As a WIC Overseas participant, you can receive nutrition education in the form of individual counseling and group classes, breastfeeding support, supplemental foods such as milk, juice, cheese, cereal, eggs, and fresh fruits and vegetables, and referrals to other health care agencies. For more information, check financial/residential eligibility, visit or call WIC Overseas. All of WIC can be reached at 645-WICO (9426) or from a cell phone at 098-970-9426 (Options 1- Camp Foster; 2- Kadena Air Base; 3-Camp Kinser; 4- Camp Courtney) Kadena Air Base (Bldg. 428) Camp Foster (Bldg. 5674) Camp Courtney (Bldg. 4408) Camp Kinser (Bldg. 107 Rm. 121)

## Mail Address Format

The mail addressees should inform their mailers to not include "Japan" or "Okinawa" in the APO or FPO mail address format. If included, the mail may be routed through the international postal system instead of the military postal system, which may result in a higher postage rate and longer transit time to the addressee.

## Mailing of Alcoholic Beverages

Due to transportation safety concerns, please avoid mailing alcoholic beverages such as beer, wine or liquor through the US military APO/FPO mail system.

## Mailing Lithium-ion Battery in the APO/FPO System

The mailing of lithium-ion batteries to and from a US military APO/FPO address is permitted when the batteries are properly installed in an

electronic device. Because of safety concerns, defective lithium-ion batteries or lithium-ion batteries that are not installed in a device and instead packed alone or separate from the electronic device cannot be mailed. Lithium-ion batteries are typically used in devices such as mobile telephones, portable electronics and laptops.

## Mailing Addresses

To help prevent non-delivery of mail, please enclose inside the mail piece the sender's address and the intended addressee. Enclosing the addresses inside the package can help the Postal Service route the mail to the addressee or returned to sender should the exterior addresses become unreadable or is separated from the mail piece. Call MSgt. Richard Balanon at 634-3244 or 634-3266 for more information.

## Financial Readiness Planning

Schedule an appointment with a Certified Financial Planner to discuss financial goals, budgeting, and investing (TSP/BRS). Contact the Airman and Family Readiness Center (Bldg. 220) at 634-3366.

## Fingerprinting Services

Fingerprinting services at the 18 WG/IP office is by Appointments ONLY. Appointments available every Tuesday and Thursday, from 1 p.m.-3 p.m. for individuals submitting security clearances, child care employees, Nurses, DECA, Red Cross, Chapel, Vet Clinic, Youth Services, VA, Navy, Army and from 3 p.m.- 4 p.m. for DoDEA(teachers) individuals. Please call DSN 634-1657 or 634-0989 to make an appointment. Fingerprinting locations are as follows: Camp Foster: building 5642, S-3 Office, 645-2390 (Next to Vehicle Registration building), building 5699, IPAC, 645-4337, and building 496 PMO, 1st floor through the Customs Section, 645-3885 (Near Legion Gate)

Continued on PAGE 11

Off Base

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Mon-Sat: 8:30 a.m. - 5:30 p.m.  
Sun: 10:30 a.m. - 5:30 p.m.

**Kadena Branch**  
Phone: 098-921-7318

**JOHNNY'S** FamilyMart  
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Tue - Sat: 8:30 a.m. - 5:30 p.m.  
Sun: 10:30 a.m. - 5:30 p.m.

[www.johnnys-cars.com](http://www.johnnys-cars.com)

Torii Station: building 228 PMO, 644-4715 (After Torii Main Gate, building on right at 4-way) (ink only) Kadena AB: Northside by Gate 4, building 3554, 2nd Floor, room 235, 634-6297 (electronic FP only) and b705, 2nd Floor, room 215

**Patient Advisory Council**

The 18th Medical Group is forming a Patient Advisory Council to improve patient safety, processes, and services. We are currently recruiting voting members. The council will meet once a quarter and is open to all empaneled Kadena Clinic patients (active duty, dependents, and retirees.) Call DSN 630-4146 or email KadenaPatientAdvocate@us.af.mil for more information.

**Preparation for Promotion Testing**

As the promotion cycle nears, your Test Control Officer would like to ensure all examinees receive the best opportunity going forward. All examinees should be prepared on their scheduled day by ensuring they: •Are on time (late arrival will generate a no-show) • Have CAC at all time during both tests • Be in appropriate military uniform

**USAF Test Pilot School (TPS), "Test Falcon" Selection Board**

The annual United States Air Force Test Pilot School (TPS), "Test Falcon" Selection Board, will convene 23-25 July 2018 at the Air Force Personnel Center. The USAF TPS is the world's preeminent fixed-wing test pilot school and trains pilots, combat systems officers, and flight test engineers to develop, test, and evaluate the newest aircraft and weapons systems. USAF TPS graduates will be awarded an accredited Master of Science degree in Flight Test Engineering by Air University. In addition, USAF TPS conducts exchange programs with the US Navy, United Kingdom, and French Test Pilot Schools to train fixed and rotary wing pilots and flight test engineers. Applicants from all aircraft types and backgrounds must have strong academic and technical experience and a deep desire to help develop the next generation of Air Force weapon systems. For more information, visit the TPS website <https://www.edwards.af.mil/units/usaftps>.

**VOLUNTEER OPPORTUNITIES**

**2018 Kadena Summer Hire Program**

The Kadena APF Summer Hire Program is back! This year, the program will run from June 25 through August 17. Clerk and Laborer positions will be available at various activities on Kadena Air Base. Hours of work will be Part-time (20hrs/week) earning \$6.00PH. If interested, applicants must apply online through USAJobs. The Civilian Personnel Flight is unable to accept printed resumes. The following links will take you directly to the vacancy announcement (open from 3/12/18 - 06/16/18) to submit your resume: Eligibility: SOFA dependents (age 14 through 22 by June 20, 2018) of DoD military and US appropriated or non-appropriated fund civilian employees assigned to the overseas installation are eligible to participate. / Note: - Dependents of Red Cross employees, DoD Contractors, BX concessionaries, Military banking facilities, USO locally hired appropriated/non-appropriated civilians, or University personnel are NOT eligible to participate in this program. / 21-22 year olds must be enrolled full-time in an accredited college; transcripts required as supporting documentation. / Must be available for the entire duration of the summer employment program. / Must complete initial online questionnaire and additional assessment(s) in USAJobs. For more information please email 18FSS.FSMCU. KadenaSummerHire@us.af.mil or call 632-9326/634-2228.

**Ryukyū Middle School Saturday School Volunteering**

Volunteers needed to assist Ryukyū Middle School students with school assignments. LOAs will be written and given to all volunteers. DATE(s): April 28 / May 12 and 26 / June 2. All classes will be from 7:30 a.m. to 11 a.m. For more information, please contact Ms. Lee Mik at DSN 634-4849 or email [lee.mik@pac.dodea.edu](mailto:lee.mik@pac.dodea.edu)

**Native Spanish and French Speaking Volunteers Needed at Kadena High School**

The Kadena High School Foreign Language Department is seeking native Spanish and French speakers to volunteer in some of the classrooms to interact with students in Spanish and French. Speakers are needed during the school day (7:20 a.m. - 2:05 p.m.) on April 20 and June 1. If interested, please contact Elizabeth Elansari at 634-1216 or via email at [elizabeth.elansari@pac.dodea.edu](mailto:elizabeth.elansari@pac.dodea.edu).

[elansari@pac.dodea.edu](mailto:elansari@pac.dodea.edu).

**Come Volunteer at The Wired Bean**

The Wired Bean is a home away from home for our junior enlisted and we need E-4s and above to volunteer to monitor the facility and check out equipment. Please sign up using the link below or email Melissa Rafferty for more information at [rafferty515@yahoo.com](mailto:rafferty515@yahoo.com).

**Kadena Post Office Volunteer Opportunity**


Volunteer to help out the Kadena Post Office with holiday mail Monday-Friday 9 a.m. to 5 p.m. and Saturdays 9 a.m. to 3 p.m. (closed on holidays). Times and dates may be claimed at <http://www.signugenius.com/go/60b0f4dadab2fa2f58-holiday>. Please call customer service at 634-4458 for any questions you may have.

**Lego Robotics Club**


Kadena Elementary School is in need of consistent volunteers to assist students with programming Lego EV3 Robots on Mondays and Wednesdays, 7:30 - 8:25 a.m. UOD fine, LOA provided. For more information, contact Jilleane Beard-Archie at [jilleane.beard-archie@pac.dodea.edu](mailto:jilleane.beard-archie@pac.dodea.edu)

**Looking for National Anthem Singers**

The 18th Wing Protocol office is looking for singers to perform the National Anthems for ceremonies and events around base. If you are able to sing one and not the other that is okay, we are looking for any talent. If interested please contact protocol at 634-1808.



**VOLUNTEERS NEEDED:  
SCHOOL FIELD DAY  
EVENTS**



**Stearley Heights ES Field Day**  
24 May, 0745-1230 Hours, volunteers sign in at the front office  
Facilitate games and activities for students, UOD or AF PT gear is appropriate  
Sign-up Genius Link: [www.SignUpGenius.com/go/20F094AA8AC23A7F58-shes](http://www.SignUpGenius.com/go/20F094AA8AC23A7F58-shes)  
POC: [kelly.rice@pac.dodea.edu](mailto:kelly.rice@pac.dodea.edu)

**Kadena MS Field Day**  
01 June, 0700-1400 Hours, volunteers sign in at the front office  
Facilitate games and activities for students, UOD or AF PT gear is appropriate  
Contact POC to sign-up in advance: [jason.stevens@pac.dodea.edu](mailto:jason.stevens@pac.dodea.edu)

**Kadena ES Field Day**  
01 June, 0800-1500 Hours, volunteers sign in at the front office  
Facilitate games and activities for students, UOD or AF PT gear is appropriate  
Sign-up Genius Link: [www.SignUpGenius.com/go/30E044EAEA92AA0FE3-kesfield](http://www.SignUpGenius.com/go/30E044EAEA92AA0FE3-kesfield)  
POC: [paige.walker@pac.dodea.edu](mailto:paige.walker@pac.dodea.edu)

**Kadena & Lester MS Combined Field Day**  
01 June, 0745-1430 Hours, volunteers sign in at the front office  
Help set-up, facilitate games and activities for students, BBQ, staff water station, UOD or AF PT gear is appropriate  
Contact POC to sign-up in advance: [robert.sanders@pac.dodea.edu](mailto:robert.sanders@pac.dodea.edu)

**STEM Celebration Volunteers Needed**  
30 May, 0900-1300 Hours, Risner Fitness Center, Kadena AB  
Sign-up Genius Link: <https://www.signugenius.com/go/5080c45aaaf2fa5f85-dodea>  
POC: [Theresa.Clayton@pac.dodea.edu](mailto:Theresa.Clayton@pac.dodea.edu)

# What's Okinawa etcetera?

## SHEKWASHA, THE GREEN JEWEL FULL OF NUTRITION

Okinawa is not short on families who grow their own fruit in their gardens.

When walking around residential areas, the ones most likely to be seen are bananas, mangos, dragon fruit and guava. There is also papaya but instead of being a fruit, this is considered a vegetable in Okinawa and is either pickled or cooked.

When in Okinawa, it can be fun to take a stroll and discover fresh fruit in unexpected places, not just in private gardens but also on the streets where the Okinawan citrus fruit, Shekwasha, can be found.

When March arrives, the white flowers of the Shekwasha trees bloom all at once and when they reach full blossom, the mountains where they are grown turn completely white.



The harvest begins in late August and lasts for roughly half a year, until the end of February.

When ripe, the Shekwasha turn orange. However, in Okinawa they are harvested while still green and pressed to make fruit juice or used in cooking. As this fruit contains high levels of vitamin C and citrus acid, it is highly nutritious and is said to have the benefits of relieving fatigue, improving blood circulation and rejuvenating skin.



**Okinawa Travel Info**  
Tourist information for Okinawa, Japan

<http://okinawatravelinfo.com>

Like Okinawa Travel Info



## Find Your Exchange Food Trucks at a Location Near You Today!

18-May	1100-1400	KAB Flightline	Nukumi Kitchen
19-May	1100-1700	KAB Concession Mall	Nukumi Kitchen
20-May	1100-1900	KAB Concession Mall	Café Shiyu de Pokko
21-May	1100-1400	KAB Flightline	Nukumi Kitchen
22-May	1100-1400	Torii Express	Nukumi Kitchen
22-May	1100-1400	KAB Flightline	Café Shiyu de Pokko
24-May	1100-1400	KAB Flightline	Café Shiyu de Pokko



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# PACAF commander visits Kadena Air Base

By Senior Airman Quay Drawdy

18th Wing Public Affairs

5/14/2018 - Gen. Terrence O'Shaughnessy, Pacific Air Forces commander, met with squadron, group and wing leadership to listen to suggestions and discuss the Squadron Revitalization Program at Kadena Air Base, May 10.

The program is designed to provide greater flexibility and authority to execute missions in the best interest of a commander's respective squadron and the Airmen that work within them. This involves more direct decision making when it comes to enlisted performance reports, assignments and Air Force Instruction interpretation at the squadron level.

O'Shaughnessy also met with, and coined, several Airmen prior to departing Kadena Air Base.



(U.S. Air Force photo by Senior Airman Quay Drawdy)

> Gen. Terrence O'Shaughnessy, Pacific Air Forces commander, speaks with group and squadron commanders at Kadena Air Base, May 10.

# Air Force photo contest begins, theme is "Freedom"

By Air Force Installation and Mission Support Center Public Affairs

5/4/2018 - JOINT BASE SAN ANTONIO-LACKLAND, Texas — The 2018 Air Force photo contest, managed by the Air Force Services Activity, officially began May 1.

This year's theme is "Freedom" with the contest running through May 31.

"Freedom is the power or right to act, speak or think and holds a different meaning and feeling to all of us," said

Darlene Johnson, AFSVA Community Programs Branch chief. "During this contest, participants can express how they view Freedom through their camera lens and capture that moment in time forever."

The photo contest is part of the Air Force's arts and crafts program which develops the skills and creative abilities of Airmen and their families by getting them involved and connected through photography, said Jon Grammer, AFSVA director of programs.

"The program directly supports three

(of the four) pillars of Comprehensive Airman Fitness by providing mental, social and spiritual development for a more resilient Air Force," Grammer said.

Participants can submit photos at <http://www.myairforcelife.com/arts/photo-contest.aspx>. The contest is open to authorized patrons of Air Force morale, welfare and recreation programs, and is divided into adult and youth categories.

The adult category has novice and accomplished divisions. The youth category is separated by three age divisions:

children (6-8), pre-teens (9-12) and teens (13-17).

Participants can submit up to two original images in a JPEG or JPG format; only online entries are eligible. The file size must be between 3 and 8 MB.

Winners will be announced in July, Johnson said. Amazon gift cards will be awarded to the top three winners in each division, with first place winning \$400; second place \$300; and third \$200.

For more information, visit <http://www.myairforcelife.com>.

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