

APRIL 27, 2018

KADENA AIR BASE

Like Samurai Gate
www.samuraigate.jp

KADENA
SHOGUN
WEEKLY
NEWS



AMURAI GATE



The next issue
of Samurai Gate
will be newsstands
on May 11

AIR FORCE - ARMY - NAVY - COMMUNITY NEWS

Number 11 - Issue 15



Airman 1st Class Allan Shipman, left, 44th Aircraft Maintenance Unit crew chief, and Senior Airman Scott Gibson, 18th Security Forces Squadron Base Defense Operations Center controller, prepare to launch an F-15 Eagle March 30, at Kadena Air Base. Three maintainers from the 18th Aircraft Maintenance Squadron traded places with three defenders from the 18th SFS as a part of an exchange program to increase mutual respect between the two units and give Airmen an opportunity to learn about another career field.

Handcuffs for Wrenches

(U.S. Air Force photo by Staff Sgt. Micah Anthony)

Airman finds his calling behind the lens

By Airman 1st Class Greg Erwin

18th Wing Public Affairs

Some children grow up wanting to be doctors, actors, professional athletes or business owners. However, life doesn't always turn out the way that you have envisioned it in your mind. For some, that realization happens when they complete high school, and have to make a decision on the next step in their life.

Once you complete high school, there are generally three options – go be a part of the workforce, go to college and continue your education or go into the military. Just like playing the board game “The Game of Life,” each path creates a new opportunity.

When I graduated high school in 2006, I had two life paths in front of me – either enter the Air Force or go to college to compete in track and field. At the time the Air Force was a serious option, but I saw a chance to continue competing as an athlete and chose “option B.” Ten years later, the Air Force option was on the table again, and this time I made sure to not pass it up.

I come from three generations of military service, with my great-grandfather and grandfather serving in the Army and my father serving in the Air Force. I have always had a deep appreciation of the military and the sacrifices needed by families to keep everyone else safe. After discussing the experience with my father, I found his career in intelligence interesting. To this day, he still is unable to talk about things he

learned in the service, even though the Vietnam era has long since passed its classification time.

When joining the military, they make sure you're medically fit through the Military Entrance Processing Station process, and you're intelligent enough to serve in a career field via the Armed Services Vocational Aptitude Battery testing. Even though I succeeded in both areas, the job I wanted was not available and I came in under the “open general” listing – meaning I would let the needs of the Air Force determine my career path. When making a big life decision, such as joining the military, allowing someone else to make that career choice is difficult.

Upon joining and going through the rigors of basic training, the day came where I found out what my job would be – a 3N0X5. Curious about what that meant, I asked all of my flightmates in the training squadron, and only two of the more than 50 individuals had any clue what that was.

“You're going to be a photojournalist as a part of public affairs.”

I had never picked up a camera before and, truth be told, I hate being in photographs. So how was a person – who hated photography, never held a camera, and didn't understand the logic on why some pictures are good and some are terrible – going to be able to be successful in the field? All it took was a

chance to relate the bigger picture into “why” the job is needed.

Every second of every day is history.

The key to our job as public affairs is simply telling people's stories. Everyone has a story and whether they think it is important or not: it is.

Every moment is history, and someone has to be trained to capture that moment in time so our children, grandchildren and great-grandchildren can learn from our experiences.

When put into perspective – why capturing history is important – that was the moment where the light bulb turned on and my mission became crystal clear. As someone who grew up enjoying history and appreciating the military, to be a part of military history on a daily basis is an opportunity that I am extremely grateful for. At the end of the day, my work may be seen and discussed by my children, grandchildren, etc. the same way “The Kiss” or “Raising the flag on Iwo Jima” are shown in school when studying American history.

Being stationed at Kadena is a daily reminder of history and why I am truly blessed to have found a home in the Air Force – capturing hearts and minds through images and telling people's stories – even if the pathway to this moment felt more like the pathway to the poor farm than the pathway to millionaire acres.

718th CES and Boy Scouts commemorate Earth Day



Lt. Col. Michell Gill, 718th Civil Engineer Squadron commander, helps scouts from Boy Scouts of America Troop 102 and 109 dig holes during a tree planting ceremony April 17, at Kadena Air Base. The 718th CES planted trees with the help of the boy scouts to commemorate Earth Day.

(U.S. Air Force photos by Senior Airman Omari Bernard)



Carl Rudeen, 718th Civil Engineer Squadron resources manager, reads an Earth Day commemoration speech April 17, at Kadena Air Base. The 718th CES thanked Boy Scouts of America Troop 102 and 109 for helping make Kadena greener.



Scouts from Boy Scouts of America Troop 102 and 109 anchor a sapling during a tree planting ceremony April 17, at Kadena Air Base. The scouts planted six trees with guidance from the 718th Civil Engineer Squadron.

Kadena Air Base Weekly Newspaper

サムライゲートは
嘉手納基地公式新聞です



嘉手納基地内 70 カ所以上、トリステーション、海軍基地
海軍病院、米国領事館、県内の商業施設や店舗へ 300 カ所以上に無料配布されています。
空軍、陸軍、海軍、その家族、軍雇用員、シビリアンなど幅広い層に読まれています。

外国人への集客に是非サムライゲートをご利用ください
広告お問い合わせ / Advertising inquiry

株式会社エイト
お気軽にご連絡ください

info@samuraigate.jp
Tel. 098-921-2003



Published by Eight Co., Ltd. a private firm in no way connected with the U.S. Air Force, under exclusive written contract with the 18th Wing. The civilian enterprise Air Force newspaper is an authorized publication for members of the U.S. military services overseas. Contents of Samurai Gate are not necessarily the official views of, or endorsed by, the U.S. government, the Department of Defense, the Department of the Air Force or Eight Co. Ltd. of the products or services advertised. The appearance of advertising in this publication, including inserts or supplements, does not constitute endorsement by the Department of Defense, the Department of the Air Force or Eight Co. Ltd. of the products or services advertised. Everything advertised in this publication shall be made available for purchase or patronage without regard to race, color, religion, sex, national origin, age, marital status, physical handicap, political affiliation or any other non-merit factor of the purchaser, user or patron. For commercial advertising, inquiry, send an email to info@samuraigate.jp

18th Wing Public Affairs: 18wg.publicaffairs@us.af.mil DSN:634-3813

18th SFS and 18th AMXS Airmen switch jobs for a day



(U.S. Air Force photos by Staff Sgt. Micaiah Anthony)

◀ Tech. Sgt. James Tullis II, left, 18th Security Forces Squadron military working dog trainer, supports, Tech. Sgt. Justin Gestrung, 67th Aircraft Maintenance Unit debrief NCOIC, while Staff Sgt. Matthew Helma, 18th SFS MWD handler, gives instructions to Dax, 18th SFS MWD, March 30, at Kadena Air Base. Three maintainers from the 18th Aircraft Maintenance Squadron traded places with three defenders from the 18th SFS as a part of an exchange program to increase mutual respect between the two units and give Airmen an opportunity to learn about another career field.



◀ Airman 1st Class Allan Shipman, right, 44th Aircraft Maintenance Unit crew chief, shows Senior Airman Scott Gibson, 18th Security Forces Squadron Base Defense Operations Center controller, how to conduct a pre-flight inspection on an F-15 Eagle March 30, at Kadena Air Base.



◀ Tech. Sgt. Justin Gestrung, left, 67th Aircraft Maintenance Unit debrief NCOIC, and Senior Airman James Shanahan, 18th Security Forces response force leader, patrol Kadena Air Base, March 30.

By Staff Sgt. Micaiah Anthony

18th Wing Public Affairs

4/2/2018 - "This exchange was thought of between my commander and the 18th AMXS commander," said Capt. Anthony Langdon, 18th SFS operations officer. "It's a way to build a mutual partnership. Our jobs are intertwined when it comes to the safety of the flightline and the aircraft. This was just a good way of getting our Airmen together to understand each other's role and how we can work together."

The day started with defenders shadowing crew chiefs on the flightline where they learned the ins-and-outs of maintaining and launching Team Kadena's F-15 Eagles.

"The person I was training responded extremely well," said Airman 1st Class Al-

lan Shipman, 44th Aircraft Maintenance Unit crew chief, proudly. "I showed him what to do ahead of time, quizzed him on it and made sure we were both safe. Then, in the end, we had a little fun martialing the jet out."

On the other side of base, three crew chiefs from the 18th AMXS started their exchange with a taser demonstration. One maintainer was bold enough to ride the lightning.

"Experiencing that and knowing it's what the [defenders] have to go through to be qualified to carry a taser is amazing. I definitely enjoyed the unenjoyment of being tasered," laughed Tech. Sgt. Justin Gestrung, 67th Aircraft Maintenance Unit debrief NCOIC.

After the demonstration, the maintenance Airmen loaded up and headed to

the military working dog kennels where they saw Team Kadena's four legged defenders in action. The maintainers were forwarded another opportunity to not only witness the demonstration, but to take part in it as well.

To ensure everything went smoothly, several precautions were put in place.

"We wanted to make sure they were as safe as possible," said Langdon. "We had multiple handlers available to help and we made sure the Airmen were suited up correctly for the bite demonstration."

With the kennels in the rearview, the crew chiefs wrapped up the day by donning ballistic vests and hitting the streets of Kadena with response force Airmen.

"We drove around looking for seatbelt, cell phone and traffic violations," said Senior Airman James Shanahan, 18th

Security Forces response force leader. "I always like training new Airmen and meeting new people; it was a lot of fun."

At the end of the duty day, both groups of Airmen were given the opportunity to gain valuable insight that could not only increase their respect for their fellow wingmen across the base and give them a deeper understanding that could help them in future leadership roles.

"Every person on this base is here for a reason and we are all equally as important," said Langdon. "When you go and visit another unit or squadron, you have a deeper respect for what they do. If you understand the other functions in the wing then, as you go up in rank and move farther into other leadership positions, you have a better understanding of how to lead different people."

THE NEW ROCKER ENLISTED CLUB



**ROCKER ENLISTED CLUB
OPENING**

FRIDAY • 4 MAY

RIBBON CUTTING • 4 PM

ENLISTED CLUB MEMBERS AND
INVITED GUESTS ONLY.

**GRAND OPENING
AFTER PARTY • 8 PM**

FEATURING

UPTOWN VEGAS!

OPEN TO ENLISTED PERSONNEL,
CIVILIAN EQUIVALENTS, AND
INVITED GUESTS.

OPENS • FRIDAY • 4 MAY



Rocker Enlisted Club • 966-7372 | Building 622



18th EMS patches up Eagles



Airmen from the 18th Equipment Maintenance Squadron perform repairs on an F-15 Eagle April 18, at Kadena Air Base. The 18th EMS provides maintenance services for aircraft stationed at Kadena.

(U.S. Air Force photos by Senior Airman Omar Bernard)



Airmen from the 18th Equipment Maintenance Squadron install a patch onto an F-15 Eagle April 18, at Kadena Air Base. The 18th EMS ensures Kadena's aircraft are structurally sound to fly.



Airman 1st Class Brady Motes, 18th Equipment Maintenance Squadron aircraft structural maintenance technician, drills holes into a metal plate April 5, at Kadena Air Base. The 18th Equipment Maintenance Squadron helps maintain the two F-15 Eagle squadrons stationed at Kadena.



Senior Airman Michael Bock, 18th Equipment Maintenance Squadron aircraft structural maintenance technician, fastens a metal plate to an F-15 Eagle April 5, at Kadena Air Base. Structural maintenance technicians work directly from their technical orders to create, repair or maintain required aircraft parts.

PARTYLAND
FROZEN YOGURT

Carnival Park Mihama Branch
11 a.m. - 11 p.m. Open Daily

partyland.yogurtom Partyland Mihama

20% SPECIAL OFF COUPON

Valid for frozen yogurt items only. Cannot be used together with any other offers or discounts. Valid through 5/17/2018

Korean Restaurant
MASISOYO

NEWLY OPENED!
Mihama Ferris Wheel 2F!!!

CHATAN

Korean Restaurant MASISOYO
OPEN: 11 A.M. - 10 P.M.
TEL: 070-4403-5638 L.O. 9:30 P.M.
Carnival Park Mihama Ferris Wheel 2F

¥ Cash

WING KING

Chicken (6pc) 500yen
Chicken Sandwich 400yen

Choice of 11 Delicious Sauce Flavors!

SANDWICH: Chicken / Pork Chop / Fish
CHICKEN: 6pc- up to 60pc
SIDE ORDER: Fried Okura / Fries / Lumpia ... and More!!

WING KING
CALL-IN, TAKE-OUT AVAILABLE
TEL: 098-936-8986
OPEN 11:00am~9:00pm

Tire & Wheels Shop
SAKUMA

- ✓ New & Used Tires
- ✓ Great Prices
- ✓ Plenty in Stock
- ✓ No Appointment Needed
- ✓ Installation Included

Ph: 098-938-7766
bootire@gmail.com
2-588-2 Matsumoto, Okinawa-City Open 10:00-19:00
http://www.4.hp-ez.com/hp/sakuma

IFIXIT Certified Pro Shop
REMAX

iPhone
SCREEN Repair
i7Plus/i7/i6sPlus/i6s

NOW! \$99

Services for Water damage, Replacement of Battery, Charging port, and others.
Support and repair with lowest costs

PC&MAC Repair Shop

iPhone Accessories

REMAX San-A Hamby Town
To NAHA LAWSON CoCo Curry Geo Gust Brand Plaza Police Box
Commissary GATE Camp Foster TO KAB

REMAX 10:00 - 19:00 Mon. Closed
1-1-13 Kitamae, Chatan, Okinawa 〒904-0117
0120-299-922 www.iremax.co.jp

VISA, Mastercard, JCB, etc.

Shocking and Dirty



(U.S. Air Force photos by Senior Airman Quay Drawdy)

^ Airman 1st Class Zackaria Martinez, 18th Civil Engineer Group electrical systems apprentice, left, checks power transformers with an infrared scanner with the help of Gregory Woodyard, 18th CEG electrician, April 17, at Kadena Air Base. Infrared scanners are used to measure the amount of heat produced within electrical components. If the heat registers over a certain temperature, members are able to identify which components have the potential to break down.

> Senior Airman Nicholas Groeper, 18th Civil Engineer Group pavements and construction journeyman, operates a grader during a parking lot expansion project April 16, at Kadena Air Base. The 18th CEG covers everything from the lights and water in buildings to the construction and maintenance of roads and the flightline.



Best of the best in beef sirloin from Ishigaki Island

金城 KINJO BEEF

Yakiniku - Steak - Shabu-Shabu

Come taste the best meat in Okinawa!

10% OFF military discount with ID card holder

English menu available
098-983-7566
 11:30 a.m. - 11 p.m. (L.O. 10 p.m.)
 \$/¥/Credit Cards
NOW HIRING BILINGUAL STAFF

To Kadena

1-11-10 Kitamae Chatan

Makeman Recommended sections and items in May

A sale to mark the biggest holiday in Japan, the Golden Week Fair is on now!!

Don't miss the Daily Fair

For newcomers

We have curtains, sofas and more in stock at reasonable prices
*Free curtain hemming is available (only for items purchased at this store)

Come join us We have fun and exciting events, May 3 - 6

Special offer on Friday, May 4th
 Catch a goldfish game. Free with purchase of ¥ 2,000 or more!
 Hours: 10:00 - 16:00

Happy Mother's Day, May 13th

Fully stocked with potted plants for Mother's Day gifts.

Fresh cut flowers are available

Thank you, Mom!

Free gift wrapping services are available until 7:30pm.

Pet Section

Adorable puppies await you!

Puppies, kittens, birds, rabbits, tropical freshwater fish, flying squirrels, insects, pet food and accessories and more...

Grooming services Reservations required

DIY Center for homes and everyday essentials

Mihama branch 9 Mihama, Chatan Town ☎098-982-7300

Urasoe branch 2008 Gusukuma, Urasoe City ☎098-878-2777

Hours
9:30 - 20:00

100yen shop

Serving the military community for over 40 years

Johnny's Used Cars

If you desire the Best Used Cars and Service on Okinawa, look no further. Johnny's Used Cars is here to serve you!

BEST QUALITY AND SELECTION ON OKINAWA!!

OVER 300 VEHICLES

2 Year Warranty
(Excluding Classic & Sports Cars)

0 Down Payment

24 Months Financing Interest Free

BIG Discounts on all Cars!

Refer a customer and receive cash!

Vehicles include 2 year JCI, Current Year Road Tax, and 2 Year Warranty *Excluding Classic & Sports Cars

Car Sales • American Insurance • Title Transfers & Deregistration Services • Auto Repair • JCI Inspection • Free Loaner Vehicle • Free Shuttle Service • Free Towing • Credit Cards Accepted

Main Office
 Phone: 098-982-0312

JOHNNY'S (Main Office) American Legion

Camp Foster Gate #6

Mon-Sat: 8:30 a.m. - 5:30 p.m.
 Sun: 10:30 a.m. - 5:30 p.m.

Kadena Branch
 Phone: 098-921-7318

JOHNNY'S FamilyMart

Mon: 2:30 - 5:30 p.m.
 Tue - Sat: 8:30 a.m. - 5:30 p.m.
 Sun: 10:30 a.m. - 5:30 p.m.

www.johnnys-cars.com

YOMITAN FURUGEN
SUSHI
 -Uchina Dining-
MINAMI

California Roll, Deep Fried Shrimp Roll, Fried Sausage, Salad, Fried Chicken

BEER, AWAMORI, SAKE and MANY MORE!
ENGLISH MENU AVAILABLE

OPEN: 18:00-22:30 L.O.
SUNDAY CLOSED
CALL FOR RESERVATION
098-956-2276
YEN CASH ONLY

18th MUNS hosts locals for Shimi Festival

By Senior Airman Quay Drawdy

18th Wing Public Affairs
 4/22/2018 - The annual Shimi Festival season is a time for locals to visit their family tombs and pay respect to their ancestors through celebration involving traditional foods and rituals. Many of these sites are located within the boundaries of the 18th MUNS.

Every year, members of Team Kadena coordinate with the families wishing to visit their ancestral burial sites as a sign of respect.

“It’s a very special day working with the local community to allow them the opportunity to pay respect to their families,” 1st Lieutenant Matthew Overbey, 18th MUNS production flight commander. “It’s especially important to us because we work with local nationals every day and have built those relationships. It’s our pleasure to provide the escort.”

Members of the family each bring a different dish to the tomb depending on their position within the family. The type of food can vary widely, from being strictly traditional to being the favorite of one of their ancestors. Members will also burn incense and a special offering called “uchakabi,” which is a type of currency used in the afterlife.

“Being able to do something for the [locals] is a great feeling,” said Overbey. “It’s a humbling event.”

The ceremonies are not intended to be in mourning and, instead, are joyful celebrations of the lives of the ancestors. The Airmen who participate in the escort play an important role in the annual festivities.

“Around lunch time, the families will



(U.S. Air Force photos by Senior Airman Quay Drawdy)

Local Okinawans offer food, drink and “uchakabi,” a type of spiritual currency, April 22, at Kadena Air Base. Families come onto Kadena Air Base once a year to pay respect to their ancestors by offering traditional foods, beverages and incense at one of the many tombs within the area of the base.



Local Okinawans removes vegetation from a tomb April 22, at Kadena Air Base. Members of communities across the island of Okinawa visit the tombs of their ancestors during the month of April. Airmen from the 18th Munitions Squadron serve as escorts for the families whose ancestral tombs are within the defined area of Kadena Air Base.

come and bring food and things,” said Airman 1st Class Anthony Alt, 18th MUNS conventional munitions maintenance inspector. “We’ll occasionally be invited to

take part in the foods and drinks they’ve brought. We’re always really excited about that because it shows us we’re doing something good for the community.”

Prescription Glasses \$50.00~
Free Eye Test

Wide Selection of Frames, Transitions, High Index Lenses, Bifocal, Progressive ready in 2 or 3 days.

CERTIFIED EYE CARE SPECIALIST-AO
ROYAL OPTICAL CO.

Open. Mon-Sat 10:00-19:00 and Holidays Closed. Sunday 2-1-19 uechi, okinawa city. 904-0031 tel: 098-932-3919

Okinawa

Last Chance To Register

USO Okinawa
47th Annual
Service Salute Gala

Saturday, May 19th, 2018
 The Butler Officers' Club
 Cocktail Hour Begins at 5:00pm
 Dinner and Program commence at 6:00pm
 Live Entertainment by the Firebird Drummers

Tickets Available @ Okinawa.uso.org/Gala47

Dog Salon 沖縄県550号

Wagging Tail

-Bringing joy to your Dog-



KAB GATE1

← KADENA 50m → NAHA →

CSS Family Mart Grooming Boarding Kennel

Look for BONE sign

Wagging Tail Boarding Kennel

OPEN: 8AM-5PM Phone: 098-894-5720

Closed on Sunday waggingtail.dog.salon

CROWN HOTEL
クラウンホテル

スタッフ募集

ウェイトレス

時間: 11:00 ~ 15:00
休み: 週1日
時給: 800円~

時間: 17:00 ~ 22:00
休み: 週1日
時給: 820円~

クラウンホテル 沖縄市上地4-1-51
098-933-2551
URL: <http://crownhotel.jp> E-Mail: info@crownhotel.jp

CHIROPRACTIC SHIN



KAB Gate2

23 Kokui Road
Corinza
Free Parking
Charlie's Tacos
SHIN

Music Town

Avenue Building 2F
4-11-1 Chuo Okinawa City
Open: 10:30 a.m. - 9 p.m.
*Closed Irregularly - Check Facebook

090-6285-3486

Full Body Adjustment (40min) ¥4,000 / \$40

English OK! [f Chiropractic SHIN](https://www.facebook.com/ChiropracticSHIN) ¥/\$ Cash only

Loosen Up Tight Muscles

Professional Massage Raku Momiya

We are experienced and professional massagers!

- 20min ¥1,050
- 40min ¥2,100
- 60min ¥3,150

many courses available!
No oil used for body massage

PROFESSIONAL Foot Reflexology
Additional 500 yen with any courses!

KAB Gate 2

2-17-25 2B Chuo, Okinawa City

2nd floor
Same building as ACE Family Housing

Open 10 a.m. - 2:30 a.m. Closed every 4th Monday

Please make your reservation by short mail or iPhone Message. Please write your name, time, number of people, course and send to **080-6498-2096**

Yen Cash Only

Enjoy our original egg benedict & french toast!

Taco Benedict
Beef taco & cheese topping on egg benedict.

French Toast
Fresh baked bread dipped in a soy and egg base, fried then topped with ice cream topping.

Rcafe

OceanView Cafe



Spicy Taco Benedict ¥1,150
Berry Paradise ¥930
Salt Caramel & Banana ¥880

Oak Fashion Bld. 1F.
9-39 Mihama, Chatan-cho
Open: 10:00 a.m. - 7 p.m.
Sat, Sun and JP Holiday: 9 a.m. - 7 p.m.

Campana Vessel Hotel
Mihama V.Plex

Sea Wall P Depot Island

Ramen YACCHABO

ラーメン八茶坊



Spicy Chinese noodle - soup

Staff's Recommend

Ramen Set
Fried Dumpling, Fried Rice

Only **¥780**

Pork with Cabbage Chinese style

Sweet and Sour Pork

Fried Chicken

Stamina Ramen

3-17-3 Uechi, Okinawa City
098-932-3896
OPEN 11 a.m. ~ 3 p.m. / 5 p.m. ~ 8 p.m.
CLOSE: Tuesday **¥ ONLY**

Express Way KAB Gate 2

Chatan 85 Uruma

Stadium **YACCHABO** 八茶坊

SUMMER SPORTS REGISTRATION

Volleyball
Registration until full.
Ages 9 - 15 • 2 May

Soccer
Registration until full.
Ages 5 - 6 • 1 May
Ages 7 - 8 • 3 May
Ages 9 - 10 • 7 May
Ages 11 - 15 • 9 May

ALL PARTICIPANTS MUST BRING A COPY OF IMMUNIZATION RECORD AND SPORTS PHYSICAL.

Youth Sports & Fitness
Kadena Air Base
634-1384

YIP youth programs Air Force Services

KADENA AIR BASE **FORCE** SUPPORT SQUADRON




SHES students bring autism awareness

By Jill Kleinheinz and Angie Fino

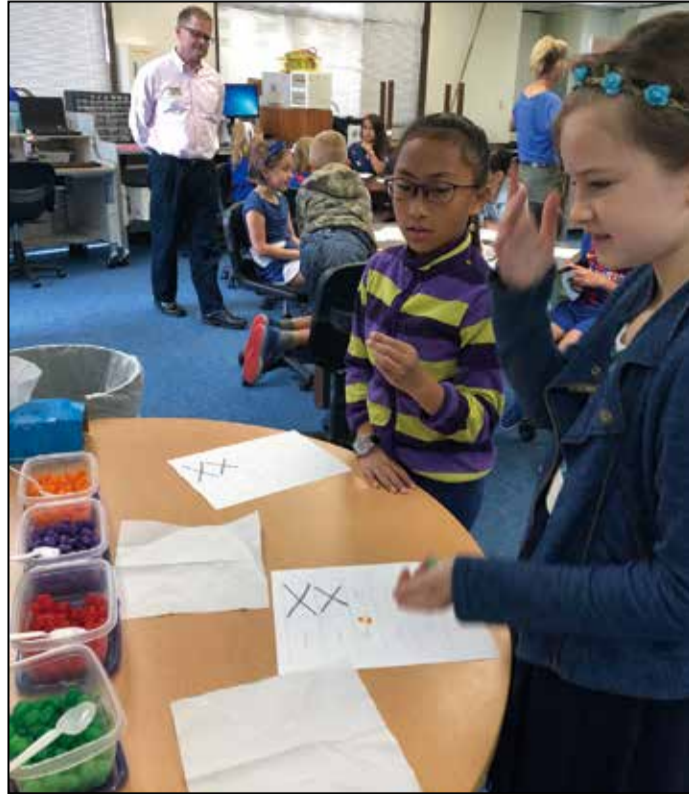
Stearley Heights Elementary School

4/18/2018 - Our Dolphins were feeling "Blue" recently as they participated in the Light it Up Blue campaign in support of April as National Autism Awareness month. Students wore blue in order to show their support for family, friends, and classmates experiencing autism as well as to raise awareness of autism.

During the month of April, our SHES Dolphins are learning about autism, the unique qualities of individuals with autism, and the daily challenges these individuals may face because of autism. We strive to go beyond autism awareness and promote autism acceptance.

On Wednesday, April 11th, many of our students had the opportunity to "Take a Walk in the Shoes" of someone with autism as they went through 8 sensory stations that simulated the heightened sensory perceptions individuals with autism may experience on a daily basis. The goal of this event was to help students understand the frustrations caused by these sensory challenges so that they gain empathy for their friends with these challenges. Understanding the feelings of others and considering their perspective will foster an environment of support for individuals with autism as well as for anyone who is facing challenges due to sensory, social, and learning differences.

Third grade students from Mrs. Davidson and Mrs. Villa's classes had the opportunity to actually run these sensory stations. In order to prepare for this responsibility, their teachers, in collaboration with the District Autism Specialists, provided the students with a number of



Students experiencing Wrong Taste Test.

lessons and hands-on learning activities so they would be prepared to answer questions and share information about autism.

William Bartlow, a third grade student in Mrs. Davidson's 3rd class was a presenter at the "Dot-to-Dot" station. Students at this station looked at the reflection of a dot-to-dot sheet in a mirror and tried to connect the dots on paper (by only looking in the mirror). This gave students the opportunity to experience difficulties in visual perception through the eyes of a student with autism. William stated, "I

thought autism was a little thing, but it is teaching kids that students with autism are ordinary kids and we cannot judge them by their actions."

Some of the other stations included "Cheeky Chipmunk" where students put two marshmallows in their mouth and then tried to speak at the same time. This gave them a feeling of the difficulties and frustrations that students with autism can experience in communicating. Another station was "Distorted High-Five and Walk the Line." Students experienced the difficulties that some individuals

experience due to dysregulation of their vestibular sense (sense of balance) and proprioceptive sense (eye-hand coordination) as they were tasked to walk a line while wearing goggles that impeded their vision.

Mia Orozco, a fifth grade student in Mr. Riley's class was on the receiving end of the 8 sensory stations. She stated that this experience made her realize how difficult it is for people with autism to experience life on a daily basis. "I only had to experience this for 30 minutes, but they have to experience this their entire life."



(Left to right) Lisa Haydt, Autism ISS; Jeffrey Sweeney, Family Services EFMP Coordinator; Susan Davidson, Third Grade SHES teacher; Jill Kleinheinz, Autism Teacher Leader and Laura Hunt, SHES parent volunteer.



Students Gabriel and Aubrey explaining about "Silly Feelings."

(Photos by Angie Fino)



THE ANSWER

Japanese Style "SEITAI"

¥2,160 off

Reservation is required	BODY (45min) ¥8,640	FACE (45min) ¥8,640	BODY and FACE (75min) ¥12,960
--------------------------------	----------------------------------	----------------------------------	--

English OK! Credit card OK!

Tel. Fax **098-943-3666**
Address: 1-3-9 Ajya, Naha-city, Okinawa





Beachside Restaurant
Fishermans Wharf
Adjacent to Morimar Resort Hotel

Lunch sets, ¥980
Dinner hours: Set meals with a steak, from ¥1,550
Set meals with a fish dish, from ¥1,450
Combos, from ¥3,400
*Set meals come with soup, salad, bread or rice and coffee or tea.

TEL: 098-957-3138
Lunch 11:00-15:00 / Dinner 15:00-23:00 / Open daily
www.morimar.com/restrant/english/



We fix iPhones

PROFESSIONAL & FAST REPAIR

iphone 5 ~ iphone 7plus

	Broken Glass \$85 ~ \$200	<div style="background-color: yellow; padding: 5px; border: 1px solid black;"> Military Discount Repair price \$10 OFF <small>To receive this offer, please bring this ad.</small> </div>
	Batteries \$50 ~ \$70	
	Water Damage \$50	
	Home Buttons \$45 ~ \$80	

iphone 5 ~ iphone X

LOGO CASE	¥1,500yen ~
silicon CASE	¥1,500yen
self stick	¥1,300 ~
Protective film	¥2,000yen ~



WEEKDAY: 10 A.M. - 8 P.M.
SAT/SUN/JP Holiday: 10 A.M. - 9 P.M.
080-9357-8080
Smart Phone Repair
Carnival Park Mihama 1F
iPhone Clinic
 Carnival Park Mihama 1F 15-69 Mihama, Chatan-cho, Okinawa

SHES Purple Up 5K



(Photo by Angie Fino)

By Stefanie Thompson

4/24/2018 - The Stearley Heights Elementary School PTO and Running Club hosted their 1st Annual Purple Up 5K Fun Run on Saturday, April 21st. Parents and children gathered to celebrate our littlest heroes- our military children. To celebrate the sacrifices our amazing military children make, 145 runners pounded the pavement for 3.1 miles. Running Club sponsors, Stefanie Thompson and Marie Perez-Lumbreras, kicked off the race with speeches about military children's ability to face adversity, adapt well to new surroundings, make new friends, and thrive in any culture. First place finishers Angel M. Olmo, third grade student and his father Angel L. Olmo finished with a time of 21 minutes and 43 seconds. Angel M. is a member of the SHES Running Club.

Angel M. commented that "running club is fun" and his favorite part is that "everyone cheers for everyone else." The Stearley Heights Running Club is 98 students strong ... nearly 25% of the school's student population! The club is open to all students throughout the year and encourages students to build safe running habits; work on running endurance and stamina; set goals and conquer them; and, most importantly, build lifelong, healthy habits.

This event was made possible due to Airmen Leadership School volunteers, Stearley Heights parent volunteers, Stearley Heights staff, and the Stearley Heights PTO. These devoted volunteers manned water and first aid stations, served as crossing guards, and handled registration. Due to the popularity of this event, it will be held again next year!

Opening at Chatan Hamagawa Fishing Port on April 21st!

A casual Izakaya featuring steamed oysters & Japanese fisherman style BBQ

Gan-Gan Yaki
Try the perfect oyster recipe, invented by fishermen, in which generous portions of oysters or scallops are steamed in a tin can with sake.

Hama Yaki
This Japanese-style BBQ features fresh seafood and shellfish grilled on a roaster. Make your favorite BBQ to suit your tastes.

Okinawan specialties and casual izakaya menus are also available

Osakana-ya Tel: 098-926-0567
Hours: 17:00-24:00 (last order: 23:30)
Open daily until the end of May

Cash Only

ACE Family Housing


English Speaking Staff

Open: 9am-5pm Mon.~Fri.

E-MAIL : ACEFAMILYHOUSING@GMAIL.COM

TEL: 098-929-1808 www.acefamilyhousing.com

www.facebook.com/acefamilyhousingoki



Mother's Day

BRUNCH BUFFET

SUNDAY • 13 MAY • 8:30 am - 1:30 pm

\$16.95 • Adults

\$8.50 • Ages 4 - 12

Free • Ages 3 & under



Surfside Grill & Bar • 631-1805





CFAO Employees of the Quarter



(U.S. Navy photo by Mass Communication Specialist 2nd Class Matthew Dickinson)

Capt. Robert Mathewson (left) and Cdr. Thomas Taylor (right), commander and executive officer respectively of Fleet Activities Okinawa, pose for a group photo with Fleet Activities Okinawa civilian employees of the quarter during an awards ceremony on Camp Shields, April 20. Fleet Activities Okinawa supports the full spectrum of Navy operations on Okinawa, and its major tenant commands are Commander Task Force 76, Naval Mobile Construction Battalion 5 and Patrol and Reconnaissance Force 7th Fleet.

DAISEKIRINZAN
AGHUI

EXPERIENCE THE NATURE OF OKINAWA

2018. 4.28 NEW OPEN!

Okinawa Stone Museum & Eatery

Open Daily
9:00-16:00 (Oct-Mar)
9:00-17:00 (Apr-Sep)

Price
Adults: 820 Yen
Children: 520 Yen

Open hours and price will change starting April 28th, 2018

Open all-year-round!

www.sekirinzan.com

Welcome to MANGASOUKO

Treasure discovery Selling and buying it in the MANGASOUKO

★ **お宝発見** ★

マンガ倉庫

USED OUTLET SHOP

Used clothing and fashion item

Game corner

Awase Store

098-931-9911
3-13-1 Yogi, Okinawa-city
Open: 24 Hours a Day / Open Daily

AEON MALL Okinawa rycom

map

QR Code

Various toys and figures

Musical instruments

Our Products
Books / Secondhand Clothes & Fashion Items / Games / Cards / Musical Instruments
CDs, DVDs, & Blu-ray Discs / Fishing Tackle / Home Electric Appliances / Super Brand Items
Cellular Phones / Cheap Sweets etc.

MasterCard VISA

¥300 OFF any purchase of ¥1,000 or more. *Good thru May 31, 2018

80% of our customers fall asleep in 15min because it's SO RELAXING!

English OK

Now Guest Course 4,500 + TAX
40 min Course 5,500 + TAX
90 min Course 7,000 + TAX

*English language charts are also available

Say that you saw SAMURAI GATE and get a 1000 JPY discount.
*Only applicable to menus exceeding 40min

Ryukyu 'HEAD SPA'
Open: 10:00-21:00 (to 20:00)
Tel: 098-989-0018
http://www.ryukyuhheadspa.jp
琉球 HEAD SPA
Depot-island C-2F 9-12
S P A
Mihama, Chatan-Town, Okinawa

Want to enjoy some relaxing time horseback riding?

Western style restaurant

Exit the Okinawa Expressway at Haebaru Minami IC, turn left at the second traffic light from the Tsukayama (South) intersection after the Nanbu Tokushukai Hospital. You can meet the Miyako horse, an endangered species, said to only be 53 left in the world.

TEL: 098-851-9872 OPEN: AM 9:30 ~ PM 6:30
http://ahrccafe.com/ CLOSE: WED
99-1 Hokama Yaese-cho Shimajiri Prefecture Okinawa **YEN CASH ONLY**

2018 Road Tax Collection Schedule

CAMP KINSER "SURF SIDE" Wed, 2 May 0930-1530	KADENA AIR BASE "KEYSTONE THEATER" Mon-Fri, 7-11 May 0930-1530	CAMP FOSTER "THEATER" Mon-Wed, 14-16 May 0930-1530
CAMP COURTNEY "SNCO CLUB" Thurs-Fri, 17-18 May 0930-1530	TORII STATION "THE HAVANA" Mon, 21 May 0930-1530	CAMP HANSEN "THEATER" Tues, 22 May 0930-1430
		CAMP SCHWAB "CHAPEL" Wed, 23 May 0930-1200

DOORS MAY CLOSE BEFORE SCHEDULED TIME BASED ON NUMBER OF CUSTOMERS IN LINE.

All Documents must be original. COPIES WILL NOT BE ACCEPTED!

Required Documents: Military Registration, 2017 Road Tax Receipt, Vehicle Title, Japanese Compulsory Insurance, and American Insurance.

ROAD TAXES MUST BE PAID IN JAPANESE ¥EN ONLY!

U.S. CURRENCY, CHECKS, & CREDIT CARDS ARE **NOT** ACCEPTED. COMMUNITY BANK SERVICES WILL BE AVAILABLE NEAR EACH COLLECTION POINT.

LICENSE PLATE CATEGORY 40/400, 50/500, 77/78	¥7,500
LICENSE PLATE CATEGORY 33/300 (4,500 cc & below)	¥19,000
LICENSE PLATE CATEGORY 33/300 (above 4,500 cc)	¥22,000
LICENSE PLATE CATEGORY 11/100, 88/800	¥32,000

MINI-CAR and MOTORCYCLE taxes MUST be paid 1 April - 31 May to local City, Town, or Village Offices between 0830-1200 and 1300-1700. Bring your receipt to the Joint Service Vehicle Registration Office or tax collection site to receive a 2018 Road Tax sticker.

MINI-CAR ROAD TAX	¥3,000
MOTORCYCLE ROAD TAX	
126cc and above	¥1,000
125cc and below	¥500

All vehicles not de-registered before 1 April must pay road tax. All vehicles must display a 2018 Road Tax sticker before 1 June 2018.

FOR MORE INFORMATION
Contact the Joint Service Vehicle Registration Office at 645-7481

Introductory Scuba Diving +  **¥6,000**



SWORD FISH SPECIAL MENU

Blue Cave Shorkeling & Fish paradise Tour +  **¥4,000**

Information Operator **098-942-4683**  **FAX.098-942-4684**

E-mail **c4@sword-fish1.com**

web site **http://www.sword-fish1.com**

928-1 Onna Maeda. Prefecture Okinawa

Snorkeling
6 years old ~ 59 years old

Scuba diving
12 years old ~ 59 years old

meeting place : Ryukyumura

Off Base

NTT Optical Fiber Internet

— Max **1Gbps** — Best Effort

Mansion Type Plan 2 Family Type

¥2,850 ~ 4,300


Internet Provider(OCN) Internet Provider(OCN)

+ ¥950 = ¥3,800 +Tax + ¥1,200 = ¥5,500 +Tax

2018. 4. 1 ~ 2018. 4.30

Free 1 Month Provider Fee
Free Pocket WiFi Until Installation
Free Setup Fee

Ask about **USA-IP**



Vinet Okinawa Co.,Ltd.

Open Hours
Mon-Fri: 9:00 am - 5:00 pm
TEL : 0800-200-7877

Address : 2-17-26 Chuo, Okinawa city
mail : info-1@vinet-o.com
<http://www.vinet-o.com>

ENTRANCE IS FREE!

TORII STATION 2018

OPEN BEACH DAYS

OKINAWA, JAPAN

5/5 CHILDREN'S DAY
11:00 - 21:00

- ★ Food Trucks and Vendors
- ★ Live DJ
- ★ KidsZone with bouncy houses, splash pad, & playground (Fee Area)
- ★ Sunset Zumba (17:30-19:30)
- ★ & Much More

Open to SOFA & Local Nationals: Japanese nationals can enter through Gate 4 (Toguchi Gate)

FREE GIFT FOR KIDS! LIMIT ONE, WHILE SUPPLIES LAST

ASAP
Army Substance Abuse Program
644-4112
DRINK RESPONSIBLY

NO GRILL **NO GLASS**
NO OPEN FIRE **NO PETS**

ZUMBA **CommunityBank**
Operated by Bank of America

Sponsorship Does Not Imply Endorsement By The DoD or The U.S. Army.

WWW.TORII.ARMYMWR.COM **TORII MWR - OKINAWA**





U.S. and Japan interoperability



(U.S. Navy photo by Mass Communication Specialist 1st Class Daniel Barker)
 ^ Members of the Japan Ground Self-Defense Force are tour the flight deck of the amphibious assault ship USS Wasp (LHD 1) as part of a visit to Wasp to observe operations, April 23, in Okinawa. The U.S. and Japan routinely work together through exchanges and bilateral drills to increase mutual understanding and interoperability.

1st MAW Marines keep the island clean

> Marines from 1st Marine Aircraft Wing volunteer with the Single Marine Program as part of National Volunteer Week in Okinawa, April 21. The event was held in order to assist locals and to help keep the island clean.



(U.S. Marine Corps photo by Lance Cpl. Alexia Lythos)

Kiddy Festival G.W 2018

Introducing the Japanese Heroes Show!!

May 3, 4, 5 (3 times a day)
 9:30 / 11:30 / 15:00

May 6 (2 times a day)
 11:30 / 15:00

The Hero Show is Free of Charge.
 *To view you will need Entrance tickets for the Okinawa World.

On-Mission Type Attraction

Come steal treasures hidden inside the castle!

Will you be able to find and claim the treasures safely avoiding the many traps setup inside the castle?!

Multi-Purpose Hall

LIGHT BALL POOL
 Exciting and Amazing Experience of Light!
 Multi-Purpose Hall

Snake Petting Zone with Free Roaming Python
 THE HABU MUSEUM PARK

Entrance Ticket Price

Cave & Kingdom Village
 Open Greeting Pass
 *includes set tickets for Cave, Kingdom Village and Habu Museum

Kingdom Village
 *Child rate is for 4 - 14 years old, Adult rate for 15 and above.

OKINAWA WORLD Tel: 098-949-7421
 1336 Maekawa Tamagusuku Nanjyo City

Open Greeting Pass TICKET
 Available at Tours+ KADENA ITT

Kids Festival ADVENTURE WORLD '18

15th May 3-6 | 9a.m.-5p.m. at Chatan Dome

Bouncers! You can bounce as much as you like!

Gigantic Slider

Snow adventure It snows in the Chatan Dome!

Activities: Bouncers, Slider Pool, Snow Show, Soap Bubbles Land, Snow Slid, Snowman, Sandbathing, Kids Trampoline.

For 4 years-old and Over
 Advance tickets: ¥900
 At the gate: ¥1,200

Tickets available now at Family Mart chain stores (e+), LAWSON chain stores (L-code 82811) and MCCS Tours

This event will happen rain or shine.

CHATAN DOME

For more information, call 098-936-9134

Additional fee for some attractions.

CLIMAX COFFEE

Hamburger steak

Indian Curry with Chicken

ADD : (1F) Depot Island Seaside 9-21 Mihama Chatan-Cho
 OPEN : 8:30 ~ 22:00 TEL : 098-988-7677
<https://www.facebook.com/ClimaxcoffeeDepoIsland>

CLIMAX COFFEE • Skateboard Shop Sunabe
 Bokunen Museum
 LAWSON
 Vessel Hotel CamPana

THE OKI-OHANA HAWAIIAN FLAVS FOOD TRUCK WAS A FIRST FOR KADENA FSS. WE ARE HAPPY TO BRING YOU OUR "ONLICIOUS" HAWAIIAN STYLE FOOD TO THE KADENA MILITARY AND THEIR FAMILIES.

SEOU'LANTRO FOOD TRUCK - FEATURING MEXICAN INFUSED KOREAN CUISINE

FIND US TODAY for PLACE and TIME!!

OkI-Ohana Hawaiian Flavs Food Truck
Seou'lanthro Food Truck www.kadenafss.com

May 3-5, a traditional dragon-boat race in Naha, held during the Golden Week holidays.

第44回
那覇
那覇が、
泊が、
44th NAHA HARIU FESTIVAL 2018
熱き心で豊穡の海を漕ぐ
~悠久の歴史が海上で甦る~
5/4金
ハーリー体験乗船
2018. May 3 THU 4 FRI 5 SAT
那覇港新港ふ頭
お問い合わせ: (一社)那覇市観光協会 ☎098-862-1442
那覇市観光案内所 ☎098-868-4887
●会場へは、バス、タクシー、ゆいレール等をご利用ください。
●ごみの減量・分別にご協力ください。
平成30年 那覇ハーリー実行委員会 那覇市・(一社)那覇龍船振興会・(一社)那覇市観光協会・沖縄テレビ放送(株)



Come out and support the Air Force men's and women's dragon boat teams as they compete against their sister services at the Naha Hariu Festival Saturday, May 5. The event lasts all day and the order of the races/heats will be decided on the day of the race. The recommended show time to see all races is 10 a.m. The festival will also include live concerts and fireworks. It's recommended that people park their vehicles inside Camp Kinser and take a taxi from the base to the race site because there will be limited parking. Kadena's Information, Tickets and Travel office will also offers tours to the event. Call the ITT at 966-7333 for more information.

Golden Week holidays in Japan

Many Japanese take paid time off on the intervening work days, but some companies also close down completely and give their employees time off. Golden Week is the longest vacation period of the year for many Japanese workers. Golden Week is an extremely popular time to travel. Flights, trains, and hotels are often fully booked despite significantly higher rates at this time. Traffic in Okinawa will be very busy during the Golden week holidays.
April 29: Showa Day
(April 30: Observed Day)
May 3: Constitution Memorial Day
May 4: Greenery Day
May 5: Children's Day

Medical Services

- Adult Wellness / Spay & Neuter
- Vaccinations / Dental Care
- Ophthalmology
- Laparoscopic Surgery
- Image Diagnosis (X-Ray/ Ultrasound)
- Heartworm (Treatment & Preventative)
- Parasite Control
- Blood Analysis
- Urinalysis / Pain Management
- Flea & Tick Control
- Physical Exam
- Dog & Cat Nutrition
- Puppy & Kitten Wellness
- Senior Wellness

Pet Medical Center · EIR

Where your pet's health is our top priority and excellent service is our goal.

Clinic Hours

Sunday~Saturday
 Morning / 9:00~11:30
 Evening / 16:00~19:00
 Closed every Tuesday

English-Speaking Staff Available!
 (Please check our website for schedules)
 Tel 098-930-0119
 2-2-1 Hiyagon, Okinawa City, OKINAWA
 Yen, and all major credit cards accepted.

Pet Medical Center EIR is staffed by over 10 fully qualified, dedicated and compassionate veterinarians to give your pet family member the very best in medical care. Our hospitals provide a full range of general medical and surgical services as well as specialized treatments.

Website: www.pet-eir.co.jp/en/

Kadena Air Base Community Notes

To submit an announcement for the base bulletin, please visit www.kadena.af.mil NO FEDERAL ENDORSEMENT OF PRIVATE ORGANIZATIONS OR ACTIVITIES IS INTENDED.

Kadena and Camp Foster Emergency Numbers

Kadena Fire Emergency Services reminds everyone to program their cell phones with the emergency numbers. To report an emergency on Kadena via cell, dial 098-934-5911, and from an office phone, dial 911. For Camp Foster via cell, dial 098-911-1911, or from an office phone, dial 911.

AADD: Get Home Safe NOW LOCATED AT THE USO

Did you drink tonight? Made a plan but it's falling through? Can't catch a cab? If any of this applies to you, call AADD. Don't risk it all, when you can get a ride home for free. Call AADD at the cell phone number 098-961-1110 and then ask for the USO or dial DSN: 634-3889. We're open from 10 p.m. to 1 a.m. and we're here to help. Also if you would like to volunteer please click on the Link below! We're open from 9 p.m. to 1 a.m. and we're here to help. Any questions please Email our Work Box or contact us on Facebook, Kadena Air Base A2D2. Angel Vargas, President, 090-9786-9431. Henry Huynh, Vice President 090-9785-7935. Roman Nieves, Secretary 080-6485-6464. Jared Bland, Head Scheduler 070-3135-9906. Zachary Todd, Public Affairs 080-9850-5200.

How to File a Complaint with IG

If you believe you are unable to resolve your complaint through supervisory channels, you may seek IG assistance to determine if the complaint should be filed with the IG. You can file a complaint if you reasonably believe inappropriate conduct has occurred or a violation of law, policy, procedures, or regulation has been committed. Complete the personnel data information on an AF Form 102 and briefly outline the facts and relevant information related to the issue or complaint. List the allegations of wrongdoing briefly, in general terms and provide supporting narrative detail and documents later, when interviewed by an IG person. Allegations

should be written as bullets and should answer who committed the violation; what violation was committed; what law, regulation, procedures, or policy was violated; when did the violation occur. Help is available: Call your Kadena IG office at 634-7622 for Maj. Sarabia or 634-1109 for Mr. Lovingood, or leave a message on the Kadena Fraud Waste & Abuse (FWA) Hotline at 634-0404.

18th MDG Clinic Closures

The Kadena Air Base clinic will be closed on May 17 (MDG ½ Training Day). Closed at 12 p.m. The 18th Medical Group is responsible for ensuring the 18th Wing's medical readiness in support of the United States' and Japan's mutual interests. In keeping with this mission, the Kadena Clinic will be participating in 18th Wing upcoming exercises. During exercises, our normal patient care and clinical services (pharmacy, lab, immunizations, etc.) will be impacted, as the clinic may be closed for one day during these exercises (exact dates subject to scenario). We ask for your patience as our trusted professionals exercise their skills and work with the Wing and other agencies on island in support of these training events. We apologize for any inconvenience that this may cause. As always, in the event of an emergency, seek emergency services at the U.S. Naval Hospital on Camp Foster, or by dialing ambulance services at 634-1796 or by cell phone 098-934-5911. For more information, contact Capt. Jennifer Stark at 630-4565, Staff Sgt. Larissa Palmer at 630-4504, or Ms. Melissa Cook at 630-5050.

18th Wing Equal Opportunity

Do you face concerns of unlawful discrimination or sexual harassment? If so, Kadena Air Base leadership maintains a strict "zero-tolerance" policy pertaining to discriminatory behavior. If you feel you are being unlawfully discriminated against, to include sexual harassment, take action. We encourage members to use the chain of command first to resolve issues at the lowest level. However, you can also contact the EO office at 634-2571

to set up an appointment; or you may visit our office. Please note that the EO office will not accept a Formal Complaint more than 60 calendar days for military and 45 calendar days for civilian complaints after the alleged offense occurred without sufficient justification.

2018 Kadena AFAF Campaign

The Wing's 2018 Air Force Assistance Fund Campaign will run from March 30 - May 11. We have a \$98,936 goal. Contact your group or unit representative to donate. The AFAF supports Airmen and their families through four charities: Air Force Aid Society, Air Force Villages, Air Force Enlisted Villages and the General & Mrs. Curtis LeMay Foundation.

Patient Advisory Council

The 18th Medical Group is forming a Patient Advisory Council to improve patient safety, processes, and services. We are currently recruiting voting members. The council will meet once a quarter and is open to all empaneled Kadena Clinic patients (active duty, dependents, and retirees.) Call DSN 630-4146 or email KadenaPatientAdvocate@us.af.mil for more information.

UPCOMING EVENTS

EFMP-Special Needs Group Monthly Meeting

"Seeking Okinawa Synergy", S.O.S, EFMP, Special Needs Parents Group welcomes families with extraordinary children to come and share resources, experience, network, and grow while part of the Okinawa community. The group will meet the 1st Wednesday of every month from 4 p.m. - 5 p.m., at the Airman and Family Readiness Center Building 220. For more information, contact Mr. Jeffrey Sweeney at 634-3366.

Air Force Assistance Funds' Airfield 5K Run

The Wing's 2018 Air Force Assistance Fund Airfield 5K Run will be April 29 from 7 a.m. - 9

a.m. The event will start at the intersection of Fisher Ave and Roberts Ave on Kadena Air Base. There will be a taxiway light desk lamp prize for the 1st place winner. No registration required. Open to all services and host nation personnel with base access. Donations are appreciated! Contact Master Sgt. Dustin Troyer or Tech. Sgt. Evangeline Evezia with any questions.

EFMP/Month of the Military Child-Pirate Day! All are welcome!

Come out and support exceptional family members during the Event offers information table from the EFMP/Month of the Military Child-Pirate Day! The event will be at Kenney Park on Kadena Air Base, April 28 and will run from 5 p.m. - 10 p.m. There will be helping Agencies, scavenger hunt, bouncy house, and movie to close festivities. Volunteers asked to show at 4 p.m. to assist with set up. Volunteers interested contact: Jeffrey Sweeney at 634-3366 or email: jeffrey.sweeney.1@us.af.mil

Kadena Base Honor Guard Recruitment Orientation

Kadena Air Base Honor Guard is currently recruiting new prospects. An informational briefing will be held at the McDaniel Center on May 15, at 8 a.m. and 4 p.m. The training will begin May 21 - 23, from 7 a.m. - 4 p.m. This opportunity is available for Airmen in the ranks of E1 - E6.

African American Heritage Committee Golf Tournament

This year's theme for Black History Month was "African American's in Times of War". Continuing that message, Kadena's African American Heritage Committee would like to bring awareness to the those African American's as well as other ethnicities who not only served in our Armed Forces but also those who have paid the ultimate sacrifice. We will host a golf tournament at the Banyan Tree

Continued on PAGE 15

TRICARE® OVERSEAS PROGRAM

IMPORTANT FACTS TO REMEMBER WHEN VISITING NETWORK PROVIDERS IN JAPAN



DO

Be quiet. As Japanese people think a quiet environment is needed for patients, speaking loudly or laughing out loud could be frowned upon and perceived negatively. Always follow the rules of the provider, especially during an inpatient stay. For example, observing visiting hours and honoring lights off time.

Saying "Hello/Konnichiwa, Excuse Me/Sumimasen, Thank you/Arigato" are always appreciated by providers or just a simple **bow** would also work. Demonstrate **respect** for those you come in contact with.

Be mindful of where you can use **your mobile phone**. Your mobile phone should be set at "manner mode," meaning set on vibrate or silent. Talking on the mobile and/or use of your mobile phone may be restricted. All hospitals and clinics should have **signs displaying rules** and preferences. You can download a useful guideline of **mobile usage rules** at Japanese medical facilities here: www.emcc-info.net/info/pubcom2/2608_5.pdf

If you have **other health insurance (OHI)** including **Japanese National Insurance (JNI)**, it must be declared using the OHI form available here: www.tricare-overseas.com/beneficiaries/claims/other-health-insurance. For **JNI holders**, please remember to take the card to the appointment. For all **other beneficiaries with OHI (except JNI)**, please prepare to **pay upfront** and submit a claim for reimbursement.

Beneficiaries who do not receive cashless/claimless care must be prepared to pay upfront and submit a **TRICARE DoD/CHAMPUS Claim Form - Patient's Request for Medical Payment (DD Form 2642)** for reimbursement.

Self-payment is required for some items that are NOT covered by TRICARE. Examples of these items include: private room upon the beneficiary's request, meals, an extra bed for family or friends to stay with the patient, or certificates (birth/death). **All cash payments** will be collected at the counter (front desk). Not all providers accept **credit card payment**, especially for outpatient fees.

Remember to leave plenty of time to arrive to your appointment. The extra time will help you find a parking space and navigate to your scheduled appointment. Punctuality is key.

DON'T

Do not be late for your medical appointment. If you arrive late, you cannot be seen by the provider right away, even with an appointment. **If you need to cancel your appointment, notify International SOS or the provider as soon as possible.** "No shows" can be one of the biggest causes of damaging a good relationship with providers in Japan.

Do not raise your voice or yell.

Do not point fingers at people.

Do not record or take photos in the hospital or clinic.

FOR INFORMATION AND ASSISTANCE

Contact your International SOS TOP Regional Call Center 24/7/365 if you have any TRICARE benefit coverage questions or need language assistance!

Contact information is available here: www.tricare-overseas.com/contact-us

Japan Toll-free Contact Information:

Customer Service Toll-free*:
0120-983990

Medical Assistance Toll-free*:
0120-310200

*Toll-free lines may not be available for all mobile phone carriers overseas.

"TRICARE is a registered trademark of the Department of Defense, Defense Health Agency. All rights reserved."

WORLDWIDE REACH.
HUMAN TOUCH.

Eurasia-Africa
+44-20-8762-8384

Asia-Pacific
+65-6339-2676

Australasia
+61-2-9273-2710

Latin America & Canada
+1-215-942-8393

Golf Course, May 4, from 9:30 a.m. - 3 p.m. To register at <https://invitations.afit.edu/inv/anim.cfm?i=393372&k=0168410A7C55>

Air Force Assistance Fund Campaign Movie on the Lawn

The Wing's 2018 Air Force Assistance Fund Campaign Movie on the Lawn event will be May 4 at the Four Diamonds Field A2 beginning at 6 p.m. The movie will be Disney's Moana and admission is free. Contact Master Sgt. Rocio Calero or your Group or Unit Rep if you have any questions. Food will be available for purchase i.e. Hotdogs, popcorn, snow cones.

18th Wing 1st Quarterly Awards

The 1st Quarterly Awards ceremony is right around the corner on Friday, May 4, at the Keystone Theater. The event starts at 2 p.m. don't forget to bring your spirit.

VOLUNTEER OPPORTUNITIES 2018 Kadena Summer Hire Program

The Kadena APF Summer Hire Program is back! This year, the program will run from June 25 through August 17. Clerk and Laborer positions will be available at various activities on Kadena Air Base. Hours of work will be Part-time (20hrs/week) earning \$6.00PH. If interested, applicants must apply online through USAJobs. The Civilian Personnel Flight is unable to accept printed resumes. The following links will take you directly to the vacancy announcement (open from 3/12/18 - 06/16/18) to submit your resume: Eligibility: SOFA dependents (age 14 through 22 by June 20, 2018) of DoD military and US appropriated or non-appropriated fund civilian employees assigned to the overseas installation are eligible to participate. / Note: - Dependents of Red Cross employees, BX Contractors, BX concessionaries, Military banking facilities, USO locally hired appropriated/non-appropriated civilians, or University personnel are NOT eligible to participate in this program. / 21-22 year olds must be enrolled full-time in an accredited college; transcripts required as supporting documentation. / Must be available for the entire duration of the summer employment program. / Must complete initial online questionnaire and additional assessment(s) in USAJobs. For more information please email 18FSS.FSMCU. KadenaSummerHire@us.af.mil or call 632-9326/634-2228.

Ryukyu Middle School Saturday School Volunteering

Volunteers needed to assist Ryukyu Middle School students with school assignments. LOAs will be written and given to all volunteers. DATE(s): April 28 / May 12 and 26 / June 2. All classes will be from 7:30 a.m. to 11 a.m. For more information, please contact Ms. Lee Mik at DSN 634-4849 or email lee.mik@pac.dodea.edu

Native Spanish and French Speaking Volunteers Needed at Kadena High School

The Kadena High School Foreign Language Department is seeking native Spanish and French speakers to volunteer in some the classrooms to interact with students in Spanish and French. Speakers are needed during the school day (7:20 a.m. - 2:05 p.m.) on April 20 and June 1. If interested, please contact Elizabeth Elansari at 634-1216 or via email at elizabeth.elansari@pac.dodea.edu.

Seeking Volunteer Weight Trainers

The Kadena High School football program is looking for volunteers that would like to help with its weightlifting program. Volunteers would be assigned one day a week to come in and monitor the prescribed workout for correct form, effort, safety and motivate athletes through their workouts, helping students write down their weight, sets and repetitions in their logs The students will be on a prescribed program but extra activities could be added if they finish early or feel that they could benefit from more exercises. Volunteers are needed one day per week for about 60-90 minutes per day unless the volunteer chooses to do more. The workouts would last from 2:15 p.m. - 3:45 p.m. on Mondays through Fridays. The start day is Jan. 8 and ends on May 18. This is a great opportunity for community members to earn volunteer hours and resume experience. If you are interested, please contact Coach Sergio Mendoza, at 634-1216 or via email at sergio.mendoza@pac.dodea.edu. A volunteer packet and background check will be required.

Come Volunteer at The Wired Bean

The Wired Bean is a home away from home for our junior enlisted and we need E-4s and above to volunteer to monitor the facility and check out equipment. Please sign up using the link below or email Melissa Rafferty for more information at rafferty515@yahoo.com.

Lego Robotics Club

Kadena Elementary School is in need of consistent volunteers to assist students with programming Lego EV3 Robots on Mondays and Wednesdays, 7:30 - 8:25 a.m. UOD fine, LOA provided. For more information, contact Jilleane Beard-Archie at jilleane.beard-archie@pac.dodea.edu

Looking for National Anthem Singers

The 18th Wing Protocol office is looking for singers to perform the National Anthems for ceremonies and events around base. If you are able to sing one and not the other that is okay, we are looking for any talent. If interested please contact protocol at 634-1808.

Bamboo Cafe
GRILL
JERK CHICKEN
Eat In & Take Out
Come and try our famous Jamaican Jerk Chicken!
Jerk Chicken Plate: M size ¥990, L size ¥1,350
Jerk Chicken Sand: Plain ¥500, Potato ¥650
Jerk Chicken Plate: Jerk Pork ¥980, Jerk Salmon ¥1,200
Plain Burger: DX Burger
Kitanakagusuku: Chiyom Tokinara Awaga Hondai Furniture Store, 101 Toguchi Kitanakagusuku, C-Foster, Yopuch
Tel: 098-934-5471, Tel: 098-923-3295
Open 11:30 a.m. - 10 p.m. (Last Order) 5/¥ Credit Cards
Closed Monday & 4th Tuesday
www.bamboo.cafe.okinawa.com

Honey Shop Okinawa Yo-Ho
おきなわ養蜂
HONEY COMB ICE CREAM ¥500
VANILLA BLUEBERRY HONEY CHOCO CREAM honey ice cream ¥350
We accept ¥/Credit Cards
15min. drive from KAB Gate 1, H&G to north route 58
695 Iramina Yomitan
OPEN 9 a.m. - 7 p.m.
www.okinawa-yoho.co.jp
KAB Gate 1, KAB Gate 4
Kadena Rotary

Gateway to Okinawa Vendor

2018 Okinawan-First Vendor Showcase
When: 18 May 2018 (Friday)
10:00 - 14:00
Where: Schilling Community Center Ball Room
Kadena Air Base

Sponsored by:
18th Contracting Squadron / American Consulate General

- Come talk to the Vendors for their latest product in local market!
- Half-day Exhibition
- Open to all military users, contracting/procurement offices buyers and GPC cardholders.
- Easy to find!

Find Your Exchange Food Trucks at a Location Near You Today!

27-Apr	1100-1400	KAB Flightline	Nukumi Kitchen
28-Apr	1100-1900	Foster Main Store	Triple A
28-Apr	1100-1700	KAB Concession Mall	Nukumi Kitchen
29-Apr	1100-1900	KAB Concession Mall	Café Shiyu de Pokko
30-Apr	1100-1400	KAB Flightline	Nukumi Kitchen
1-May	1100-1400	Torii Express	Nukumi Kitchen
1-May	1100-1400	KAB Flightline	Café Shiyu de Pokko
2-May	1100-1400	KAB Flightline	Triple A
3-May	1100-1400	KAB Flightline	Café Shiyu de Pokko
4-May	1100-1400	KAB Flightline	Nukumi Kitchen
5-May	1100-1900	KAB Concession Mall	Café Shiyu de Pokko
7-May	1100-1400	KAB Flightline	Nukumi Kitchen
8-May	1100-1400	Torii Express	Nukumi Kitchen
8-May	1100-1400	KAB Flightline	Café Shiyu de Pokko
9-May	1100-1400	KAB Flightline	Triple A
10-May	1100-1400	KAB Flightline	Café Shiyu de Pokko

What's Okinawaetcetera?

EAT AND COMPARE OKINAWA'S TRADITIONAL 'RYUKYU CONFECTIONARY'

When talking about Okinawan confectionery, Sata Andagi and Chinsuko are the most famous, but there are also many types of 'Ryukyu confectionery' that visitors will want to try during their travels.

The ones that are the most recommended, amongst many others, would be 'Hanabouru' (pictured here), 'Kunpen' and Chirunko.

During the Ryukyu Dynasty, these were important sweets reserved for the high court that only the royal aristocrats and state guests could taste. Today, anybody can try them, and they are even sold in supermarkets and convenience stores.

Hanabouru is a baked sweet that uses plenty of egg yolks and is like a shortbread cookie. Although the form of the wisteria flower that the biscuit takes varies from store to store, they are all handmade by craftsmen.

Kunpen, or Kunpin, is a baked sweet filled with sesame or peanut flavoured red bean paste. Chirunko is a cute, Okinawan-style steamed cake topped with red colored peanuts and often eaten at celebrations.

Whichever sweet is chosen, they are all influenced by Chinese confectionaries and so they taste great with jasmine or oolong tea. The taste and look is also slightly different from shop to shop, so tasting and comparing the different styles makes for a wonderful memory.

<http://okinawatravelinfo.com>
Like Okinawa Travel Info

SEGAFREDO ZANETTI ESPRESSO OKINAWA YOMITAN *First shop in Okinawa*

Italian Cafe operating in more than 70 countries



Enjoy a menu of variety including authentic Italian espresso, panini, dolce and alcohol drinks.

BRING THIS AD

OPEN 7:00 a.m. - midnight
Ph. 098-989-4444 L.O 11:30 p.m.
<http://www.segafredo.jp/>
34 OWAN, YOMITAN, OKINAWA

Caffe Latte or Iced Caffe Latte SPECIAL OFFER **¥100**



How hot will you go?

Volcano Spicy Noodle ¥980
Choose your spice level with no additional charge!! Level 1-100

NEW Volcano Spicy Noodle EXTREME ¥2,000
Level 200 > 1000 Finish just noodles for your picture on the wall of fame!

Level 1000 Finish just noodles and receive ¥1,500 worth GADOU coupons!
Finish noodles & soup and receive ¥3,000 worth GADOU coupons!

RA-MEN 2-2-11 Mihama, Chatan

GADOU

OPEN: 11 a.m. - 10 p.m. (L.O. 9:30 p.m.)

Ramen-Gadou Mihama
gadouhumby



RYUSEKI ENERGY CAR CARE CENTER

More than 5000 vehicles service a year!

LIKE & GET Facebook
JCI Package Service Special Discount!!

[ryusekienergyfoster](https://www.facebook.com/ryusekienergyfoster)

Fast & Easy Appointments by "Messenger"

JCI ONE STOP SHOP!

Reasonable Prices, Professional and Speedy Service!

- Preventative Maintenance
- Oil Change
- Brake Replacement
- Tire Services
- All Your Car Care Needs!

OPEN: MON - SAT 8:00-17:00
CLOSED: SUN & HOLIDAYS

Commissary Gate CAR CARE CENTER

Vehicle Registration Office Shopette



BUILDING #5644 PHONE: 645-4804

hustle-muscle.net

SPGF **ハッスルマッスル HUSTLE 2018 MUSCLE**

Acrobatic performances by top athletes and Guinness book of world record holders!

Audience Participation Activities!

Live Action Musical Spectacular!

忍者

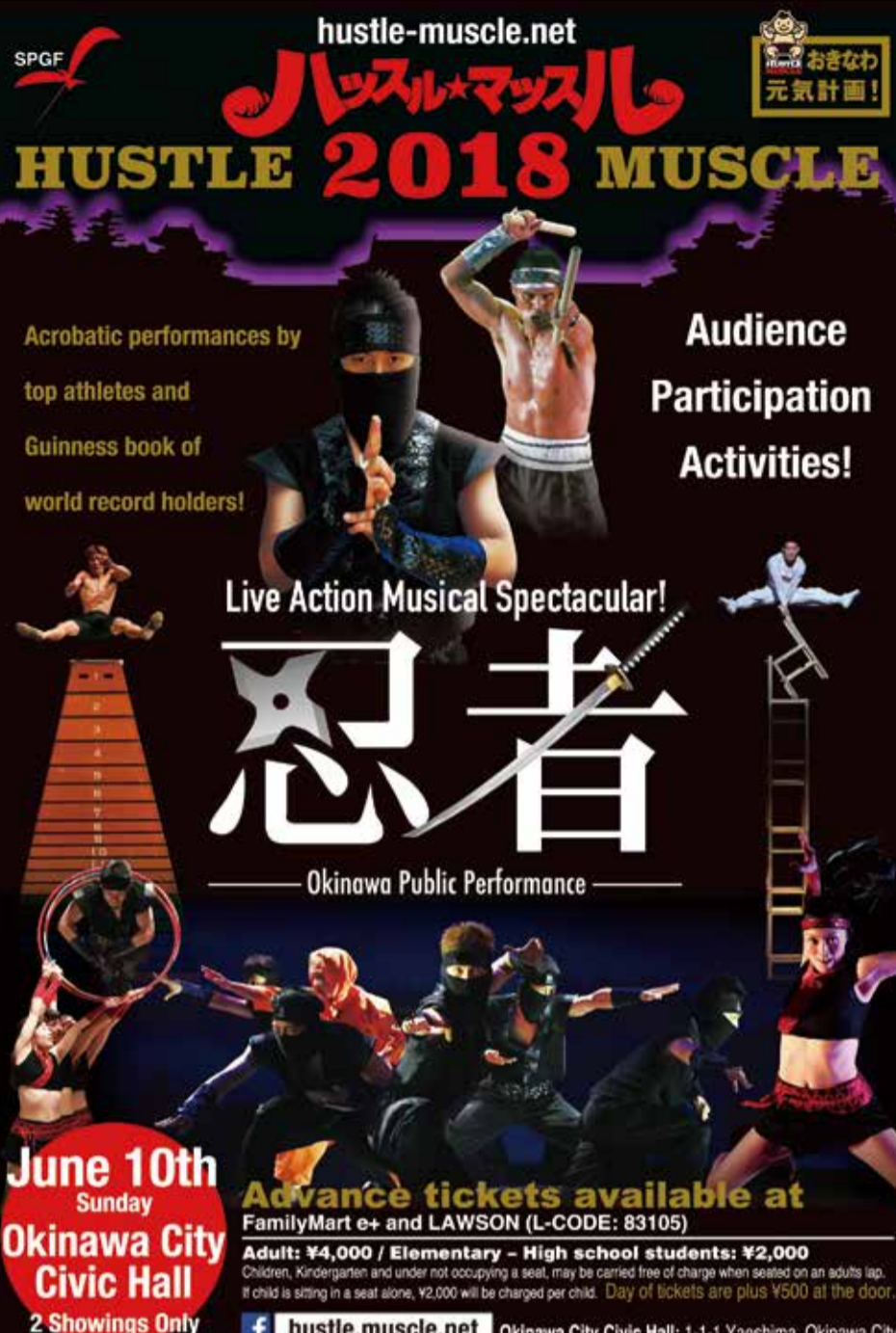
Okinawa Public Performance

June 10th Sunday
Okinawa City Civic Hall
2 Showings Only

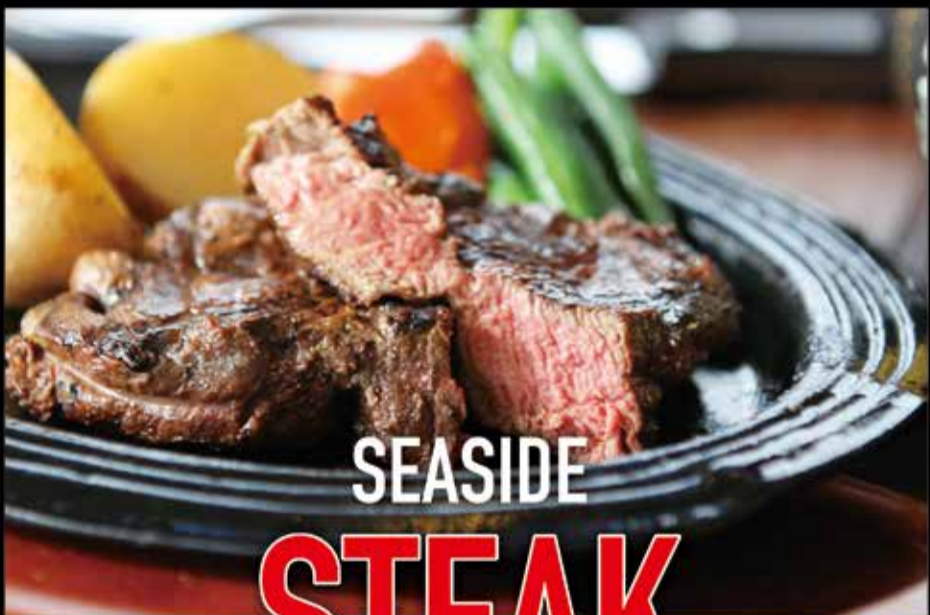
Advance tickets available at FamilyMart e+ and LAWSON (L-CODE: 83105)

Adult: ¥4,000 / Elementary - High school students: ¥2,000
Children, Kindergarten and under not occupying a seat, may be carried free of charge when seated on an adults lap. If child is sitting in a seat alone, ¥2,000 will be charged per child. Day of tickets are plus ¥500 at the door.




[hustle.muscle.net](https://www.facebook.com/hustle.muscle.net) Okinawa City Civic Hall: 1-1-1 Yaeshima, Okinawa City



SEASIDE STEAK BEEFY'S



SEASIDE STEAK BEEFY'S

SEASIDE STEAK BEEFY'S
Depot Island SEASIDE 4F HOURS: 5:00PM-11:00PM
TEL: 098-982-7566