

OCTOBER 6, 2017

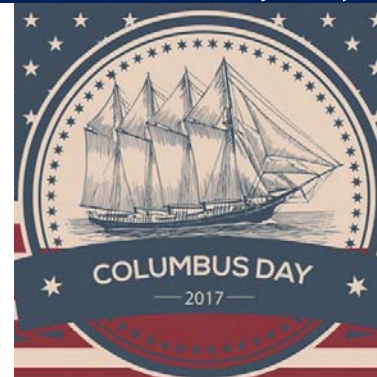
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AIR FORCE - ARMY - NAVY - COMMUNITY NEWS

Number 10 - Issue 38

Airmen from the 31st Rescue Squadron and Soldiers from the 1st Special Forces Group conducted paratroop training over Ie Shima Oct. 3. More than 10 members jumped from an MC-130J Commando II aircraft and landed safely within the designated landing zone. The training was meant to help maintain currency in qualifications so those units can respond to crises or mission requirements.

(U.S. Air Force photos by Senior Airman Quay Drawdy)



MEMBERS CONDUCT JUMPS OVER IE SHIMA

Airmen from the 31st Rescue Squadron and U.S. Army Soldiers walk down a runway toward an MC-130J Commando II after parachute training Oct. 3, at Ie Shima. Service members must retain their proficiency in jump operations to ensure they are ready to conduct operational and humanitarian missions at a moment's notice.



Attitude

By Chief Master Sgt. Sean Smith

22nd Mission Support Group superintendent

You can either love what you do or hate it, but it all depends on your attitude. Colin Powell once said, "Perpetual optimism is a force multiplier."

I read this during a challenging assignment when I didn't have the right attitude. I was a section superintendent responsible for the actions, products and well-being of 10 people. We all got along great and had a wonderful time working together, but we were not a high performing section. We were getting by, but lacked a vision on where we could be. We were stretched thin, answering new program initiatives across the full spectrum of operations.

I was repeatedly called to the commander's office to answer for a multitude of reasons. Every phone call from the front office was accompanied by the same reaction: tense shoulders, a mumble under the breath

and very short answers.

As I gathered my stuff to head to the office, I would sarcastically say, "I love my job." I soon found myself surrounded by people I enjoyed working with, but they hated coming to work. They reflected my attitude and I had it all wrong. This was exactly what Powell discussed but in the opposite direction.

Powell's words struck a chord.

I had to acknowledge I had been wrong in my actions. Self-reflection can often be a jagged pill to swallow, but I was determined to right the course. I called a mentor of mine for help. In not so gentle terms she told me to pull my head out of my hindquarters. She left the "how" up to me.

Based on the relationship we had established in the section, I went in and pulled everyone together. I explained what I had identified as the problem

and saw them replicating it. I asked for their help to make me better. Every slip up was pizza for the office. Luckily, I only had to buy about a half dozen.

In the end, we rallied together and turned around the section. We earned an "outstanding" rating in our first Unit Effectiveness Inspection. More importantly, over a three-month timeframe, my team went from dreading coming to work and getting out of there as soon as possible to finding worth in what we were doing and collectively improving each one of our perspectives.

My team and I were able to accomplish all this by making an adjustment to our attitudes.

We can all improve and place ourselves in a better position by keeping our minds open to new ideas, taking a little time for self-reflection and being determined to be better.

It's all about your attitude.

Military free fall operations at Kadena

320th Special Tactics Squadron and 31st Rescue Squadron operators conduct military free fall operations from a 17th Special Operations Squadron MC-130J Commando II Sept. 21, at Kadena Air Base. The training provided an opportunity for the 320th STS and 31st RQS to stay proficient in their combat and life-saving skillsets.



(U.S. Air Force photos by Capt. Jessica Tai)



17th Special Operations Squadron loadmasters look out the back of a MC-130J Commando II prior to military free fall operations with 320th Special Tactics Squadron and 31st Rescue Squadron operators Sept. 21, at Kadena Air Base.

535 AS steps up for air evac mission

By Tech. Sgt. Heather Redman

15th Wing Public Affairs Office

9/28/2017 - JOINT BASE PEARL HARBOR-HICKAM, Hawaii — Last week members from the 535th Airlift Squadron saved a life when they set off from Joint Base Pearl Harbor-Hickam for an aeromedical evacuation mission out of Pago Pago, American Samoa, Sept. 22.

The call for an aeromedical evacuation came last Thursday, when medical professionals decided an infant needed to be transferred from Pago Pago to Tripler Army Medical Center, Hawaii.

"We received the call on Sept. 21, requesting an aeromedical evacuation for an infant," said 1st Lt Derek Demyanek, 535 AS C-17 Globemaster III pilot. "Normally, requests are handled by the 18th Aeromedical Evacuation Squadron from Kadena AB, Japan. Their unit's mission supports medical operations that occur within the Pacific theater."

The 18th AES normally utilize the Kadena-based KC-135 Stratotankers for their aeromedical evacuation missions. However, the KC-135s would not have been able to land on the Pago Pago airfield.

"The KC-135 requires loading equipment that Pago Pago didn't have," said Demyanek. "The C-17 is a flexible aircraft that didn't require any additional equipment for this mission."

One of the more challenging aspects for the 535 AS was putting together the crew

for the mission.

"We're not normally postured for these types of operations," said Capt. Lucas Coston, 535 AS C-17 Globemaster III pilot. "Normal flight time for us is typically around eight in the morning. When the call came in, several people were still flying and wouldn't have been able to get the allotted crew rest they needed."

Within an hour of the request, the 535 AS was able to find enough people to crew the aeromedical evacuation mission. On Friday, the air crew was joined by a team of medical professionals, and they took off to Pago Pago.

"The back of the C-17 is well outfitted for an aeromedical evacuation mission," said Coston. "The medical team brought their own equipment and were able to secure the carrier, power it, and hook up to the oxygen supply."

The 18 hour mission was completed with the infant successfully making it to Tripler Army Medical Center, Hawaii.

"When you're dealing with an aeromedical evacuation mission like this, everything has to happen a little bit faster and smoother than normal," said Coston. "Everyone recognized that and worked together to ensure the mission was successful."

According to Air Mobility Command, the aeromedical evacuation mission it to provide time sensitive, mission critical care to patients to and between medical treatment facilities.

Kadena Air Base Weekly Newspaper

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Official Kadena Air Base inquiries: 18wg.papublicaffairs@us.af.mil DSN:634-3813

CDDAR Training

A U.S. Air Force section with the 18th Equipment Maintenance Squadron, and U.S. Marines with 3rd Transportation Support Battalion, 3rd Marine Logistics Group, participate in crash damaged disabled aircraft recovery (CDDAR) training on Kadena Air Base, Sept. 25. CDDAR is one of the various methods used to recover aircraft, and is practiced every three years to maintain standard certification.



(U.S. Marine Corps photos by Lance Cpl. Kensie S. Milner)



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A CHIP THAT SCRAMBLES

By Benjamin Newell

66th Air Base Group Public Affairs

9/27/2017 - HANSCOM AIR FORCE BASE, Mass. — The Air Force's new Mini Crypto chip will secure communications and data between systems like unmanned aerial vehicles and explosive ordnance disposal robots, while being "losable."

Airmen in the field rely on secured communications to accomplish their missions without enemy knowledge of their plans. Historically, the means by which the military encrypts its communications has been cumbersome and subject to interception, like when allies successfully stole a Nazi encryption device, called an enigma machine, during World War II.

"We think it [Mini Crypto chip] will really help forward-deployed warfighters secure sensors, or communications devices, in areas where risk of interception is high, and still protect sensitive data, without burdening folks on the front lines with extra equipment or steps to safeguard the encryption device," said Heidi Beason, Mini Crypto program manager at the AF Life Cycle Management Center, Cryptologic and Cyber System Division, Joint Base-San Antonio, Texas.

Mini Crypto is a self-contained encryption engine that generates its own session based



(U.S. Air Force graphic)

"key." Designed to be small and lightweight, it is about the size of a cracker. Its power requirement is roughly the same as a hearing aid, at 400 milliwatts, meaning it can be installed on equipment carried by one-person parties operating as scouts and forward air controllers.

Beason talked about the work that went into getting to this point.

"Mini Crypto is the result of two years of program development for us," she said. "We took

a requirement for a very small, low power encryption device and in less than 20 months successfully designed and tested this unique component. Now we're ready for production."

Beason leads a team of nine at JBSA, who fall under AFL-CMC's Command, Control, Communications, Intelligence and Networks Directorate, headquartered at Hanscom Air Force Base, Mass. Hanscom's proximity to the Massachusetts Institute of Technology Lincoln

Laboratory, a federally funded research and development center, enabled testing early in the development process.

"Communications devices all have a processor, where a message is formatted for transmission," said Christopher Edsall, deputy program manager for Mini Crypto. "In the case of a computer, it's the CPU. Mini Crypto is located after the processing center, but before the transmission center, which is usually a radio. Another Mini

Crypto chip is installed at the receiver end, after the receiving antennae, but before the CPU. The second Mini Crypto chip decrypts the received message as it comes through the radio where the unencrypted message is processed, and then it is displayed or heard."

Mini Crypto works by establishing a key between sender and receiver. The exact key is required to read a message after encryption. Mini Crypto's unique key management system protects up to secret data and meets NSA standards, the highest standards for encryption. According to Edsall, Mini Crypto's encryption makes the effort of decrypting a message by an adversary difficult and resource-intensive. By the time a message is readable by an adversary after it is encrypted, it is no longer useful information.

It can be used in joint and coalition environments, providing tailored access to data. Data can be segregated based on a need-to-know using Mini Crypto.

"Mini Crypto's portability and losability make it ideal for things like precision air drops of supplies," said Beason. "We think this will allow commanders to send combat material to really austere locations for pick-up, and protect their exact location, without putting the troops who need the material at risk."



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Pacific Commandos exercise readiness during typhoon evac



◀ 320th Special Tactics Squadron operator receives instruction from 353rd Special Operations Maintenance Squadron personnel prior to loading equipment and weapons onto a 17th Special Operations Squadron MC-130J Commando II Sept. 12, at Kadena Air Base. Executing a contingency response exercise, the 353rd Special Operations Group seamlessly transitioned to a real-world typhoon evacuation in order to protect SOG assets and maintain SOF mission capability.

(U.S. Air Force photos by Capt. Jessica Tait)



The entire fleet of 353rd Special Operations Group MC-130J Commando IIs and MC-130H Combat Talon IIs prepare to depart Kadena Air Base and relocate to Yokota Air Base during a typhoon evacuation Sept. 12.



↗ 353rd Special Operations Maintenance Squadron personnel stand proud and admire the hard work accomplished during a typhoon evacuation Sept. 12, at Kadena Air Base. The 353rd Special Operations Group increases SOF response time in real-world contingencies through readiness exercises and training.

353rd SOG supports deployment, sustainment ops during Tropic Ace



36th Contingency Response Group Airmen off-load gear and equipment from a 1st Special Operations Squadron MC-130H Combat Talon II Sept. 11, at a forward deployed location in Japan.

(U.S. Air Force photos by Capt. Jessica Tait)



◀ 17th Special Operations Squadron loadmaster and 36th Contingency Response Group Airman conduct forward air refueling point operations from a MC-130J Commando II Sept. 8, at a forward deployed location in Japan. The 353rd Special Operations Group provided airlift support and conducted FARP operations with the 36th CRG in support of exercise Tropic Ace.

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HMLA-169 maintains combat readiness



◀ A UH-1Y Venom taxis on a runway at Kadena Air Force Base, September 28. The squadron conducted aerial live-fire training in Okinawa, which is crucial to maintaining a stronger, more capable forward deployed force in the Indo-Asia-Pacific region. The aircraft is assigned to Marine Light Attack Helicopter Squadron 169, Marine Aircraft Group 39, 3rd Marine Aircraft Wing, currently forward deployed under the unit deployment program with MAG-36, 1st MAW.

▲ A U.S. Marine Corps AH-1Z Viper helicopter assigned to Marine Light Attack Helicopter Squadron 169, Marine Aircraft Group 39, 3rd Marine Aircraft Wing fires two training missiles over ranges in Okinawa, Sept. 28.

(U.S. Marine Corps photos by Lance Cpl. Andy Martinez)



▲ A UH-1Y Venom helicopter lands on a runway at Kadena Air Force Base, September 28.



▲ A U.S. Marine Corps ordnance technician with Marine Light Attack Helicopter Squadron 169 inserts a training missile into an AH-1Z Viper at Kadena Air Force Base, September 28.



▲ Two U.S. Marine Corps ordnance technicians with Marine Light Attack Helicopter Squadron 169 insert a training missile into an AH-1Z Viper at Kadena Air Force Base, September 28.

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Women need to make time for their health

By TRICARE Communications

10/3/2017 - FALLS CHURCH, Va.

— Each October, women are reminded to put themselves first and make time for their health. Making your health a priority helps you stay in optimum shape and keeps illnesses and disease at bay.

Women often put their families' needs ahead of their own, ignoring minor symptoms year after year until they affect their health. Using preventive care is one of the best ways to stay healthy, allowing you to give your all in everything you do for your family and yourself.

Each year, get a well-woman exam. At this exam, you should have your blood pressure checked and talk to your health care provider about what other screenings, immunizations or family planning you might need based on your age, health habits, family and medical history.

The American Cancer Society recommends all women should begin cervical cancer screening at age 21. Women aged 21 to 29, should have a Pap test every 3 years. Thanks to the Patient Protection and Affordable Care Act, most private health plans must cover this and other preventive care services at no cost. TRICARE also covers annual preventive women's health services that may include a Pap smear, pelvic and breast exam and mammogram at no cost.

There are other actions you can take to live a healthy life:

- Maintain a healthy weight



(U.S. Air Force photo by Airman 1st Class Christopher R. Morales)

^ Airman 1st Class Nicole Rent, 703d Aircraft Maintenance Squadron aerospace maintenance apprentice, stretches in a PiYo class at the Elmendorf Fitness Center, Joint Base Elmendorf-Richardson, Alaska, March 22, 2016. Exercising while pregnant is helpful because it promotes better posture, improves endurance, and reduces backache.

- Exercise for at least 30 minutes at least five days a week
- Limit alcohol use
- Quit smoking
- Practice safe sex
- Get 7-8 hours of sleep per night
- See your health care provider every year
- Get appropriate screenings as recommended by your health care provider

It's important to get screenings, especially if you are at a higher risk for certain

diseases like breast cancer or diabetes. Talk to your health care provider about family, emotions, stress and non-physical concerns as well. Life events can bring higher stress with symptoms of anxiety, depression, and sleep difficulties. These concerns are just as important to discuss as your physical health in order to stay or become more healthy.

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Air Force psychologist considers social media's role in suicide prevention

By Peter Holstein

Air Force Surgeon General Office of Public Affairs

9/29/2017 - FALLS CHURCH, Va. — Social media connects us to more people than ever before, but these contacts may not be the type that help build resiliency. Strong interpersonal connections play a critical role in suicide prevention. Used correctly, social media can be an important tool in the suicide prevention toolbox for commanders, friends, and family.

When people associate social media with suicide, it is often in a negative way. We think of cyber-bullying or lonely teenagers with thousands of virtual friends but none in real life. Those examples do exist and are a serious concern, says Lt. Col. Alicia Matteson, chief of Air Force suicide prevention programs. However, she also says that social media can also play a valuable role in suicide prevention efforts, especially to help officers know the Airmen under their command.

"I recently served as a squadron commander, and I sometimes heard from the leaders in my organization that they were too busy to be connected to their airmen," said Matteson. "It's true,

we are very busy, but it is critical to take the time to know your Airmen, and what's going on in their lives, to ask the questions."

Keeping a finger on the emotional pulse of Airmen is extremely important for leaders to gauge the emotional well-being of their subordinates, and know when they may need additional assistance.

"Social media can be an effective tool to connect leaders to their Airmen, including civilians in the total force," said Matteson. "It can be texting groups, Facebook groups, or something else. It's a good way to get information out quickly, but it's also a means to look at what people are saying and posting."

Social media documents major life events, like the death of a loved one or a divorce that can be triggers for suicidal behavior. Sudden changes in online behavior, negative posts that are out of character, or even explicit contemplation of suicide, can all be warning signs.

"Sometimes, social media is where you will see the first sign that something is going wrong," said Matteson. "If their posts, or the tone of their posts change, if they are saying things that are uncharacteristic of them, or things like 'I'm

done, I'm fed up, I hate my life,' it can be a sign that a leader needs to engage immediately."

Although social media can be an effective window into Airmen's inner thoughts, it is not necessarily the best tool to respond, says Matteson. An in-person interaction, or over the phone if that connection is not possible, is more likely to make an impact. The first line of defense against suicide is human interaction, and connecting with something bigger than yourself. Leaders can make their Airmen feel like valued members of the unit, and help build resiliency.

Preventing suicide is the responsibility of every member of the Air Force community, from the highest-ranking military and civilian leadership, all the way to the new enrollees in basic training. Using every tool to build connections strengthens relationships within a unit, and helps build a sense of community that is a valuable bulwark against feelings of isolation, depression, and substance abuse, all of which are major risk factors for suicide.

For more information, visit the Suicide Prevention Toolkit on the Air Force Medicine website.

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NEWS BRIEFS

Celebrating Hispanic Heritage



(U.S. Air Force photo by Tech. Sgt. Heather Redman)

JOINT BASE PEARL HARBOR-HICKAM, Hawaii — Senior Airman Eddy Santibanez, 647th Logistics Readiness Squadron combat mobility team member, helps second grade students make maracas at Hickam Elementary School, Joint Base Pearl Harbor-Hickam, Sept. 27. Volunteers organized a variety of events for the students in support of Hispanic Heritage Month. Hispanic Heritage Month is observed from 15 Sept.-15 Oct. to celebrate the history, culture and contributions of American citizens whose ancestors came from Spain, Mexico, the Caribbean and Central and South America.

Loading Cargo



(U.S. Air Force photo by Staff Sgt. Melanie A. Hutto)

MISAWA AIR BASE, Japan — Airmen from the 35th Logistics Readiness Squadron start loading cargo onto a C-17 Globemaster III from Joint Base Elmendorf-Richardson, in support of the Tsuiki Aviation Training Relocation at Misawa Air Base, Sept. 25. ATRs focus on training in different geographical locations and cultural environments while strengthening U.S. and JASDF interoperability and combat readiness. This is the first ATR since 2010.

3rd Air Support Operations Squadron conducts live-fire training at JBER



(U.S. Air Force photo by Alejandro Peña)

JOINT BASE ELMENDORF-RICHARDSON, Alaska — Senior Airman Brian Melendrez, a tactical air control party specialist assigned to the 3rd Air Support Operations Squadron, adjusts his M4 carbine optic during live-fire sustainment training at Joint Base Elmendorf-Richardson, Sept. 28. During the live-fire training exercise the 3rd

ASOS Airmen honed their marksmanship skills and practiced firing from various positions utilizing the M9 pistol and M4 carbine. Melendrez is a native of Sacramento, Calif.

211 RQS low-level flight



(U.S. Air Force photo by Senior Airman Javier Alvarez)

JOINT BASE ELMENDORF-RICHARDSON, Alaska — Alaska Air National Guard Lt. Col. Eric Budd, 211th Rescue Squadron commander, inspects an HC-130J Combat King II before low-level proficiency training at Joint Base Elmendorf-Richardson, Sept. 27. The HC-130J is a version of the well-known C-130 Hercules tactical transport aircraft that has been specially modified and upgraded to perform combat search-and-rescue missions.

AFGSC Commander, Wolf 42 returns to the Pack



(U.S. Air Force photo by Staff Sgt. Victoria H. Taylor)

KUNSAN AIR BASE, Republic of Korea — Gen. Robin Rand, Air Force Global Strike Command commander, meets with Airmen while touring Kunsan Air Base, Sept. 28. During the three-day visit Rand saw first-hand the current mission capabilities of the Wolf Pack and how its Airmen carry out the missions of defending the base, accepting follow-on forces and taking the fight north.

Osan Cup



(U.S. Air Force photo by Staff Sgt. Alex Fox Echols III)

OSAN AIR BASE, Republic of Korea — Airmen assigned to Osan Air Base participate in a football game during the 4th Annual Osan Cup at Osan AB, Sept. 29. The event was held for two days consisting of various activities such as softball, golf and poker. Units throughout the base competed against each other to earn points for a chance at winning the Osan Cup.

Hueys perform formation flight



(U.S. Air Force photo by Airman 1st Class Juan Torres)

YOKOTA AIR BASE, Japan - Three UH-1N Iroquois helicopters assigned to the 459th Airlift Squadron fly in formation during a training mission at Yokota Air Base, Oct. 2. In peacetime, aircraft will fly in formation to complete missions and training in which aircraft cannot transport all the people or cargo on its own.

PANEX kicks off flu season for 15th Wing



(U.S. Air Force photo by 1st Lt. Avery Larkin)

JOINT BASE PEARL HARBOR-HICKAM, Hawaii — Tech. Sgt. Tiffany Andrews, 15th Medical Group (MDG) mental health flight chief, and Staff Sgt. Edgar Corona, 15th MDG mental health technician, assist Tech. Sgt. Jason Patton-Orme, 535th Airlift Squadron loadmaster, into Makai Recreation Center during a pandemic response exercise (PANEX) Sept. 26, at Joint Base Pearl Harbor-Hickam. The PANEX tested the 15th Medical Group's ability to respond to pandemic threats while accomplishing annual flu shot requirements.

Providing comfort and resiliency one paw at a time



(U.S. Air Force photo by Senior Airman Cassie Whitman)

EIELSON AIR FORCE BASE, Alaska — Airman 1st Class Austin Sukut, a 354th Medical Operations Squadron medical technician, plays with Belle, a therapy dog, at the USO Sept. 24, at Eielson Air Force Base. To earn her official therapy dog certification, Belle had to complete several special training courses and pass three evaluations. Belle also makes regular visits to the base clinic, elementary school and library.




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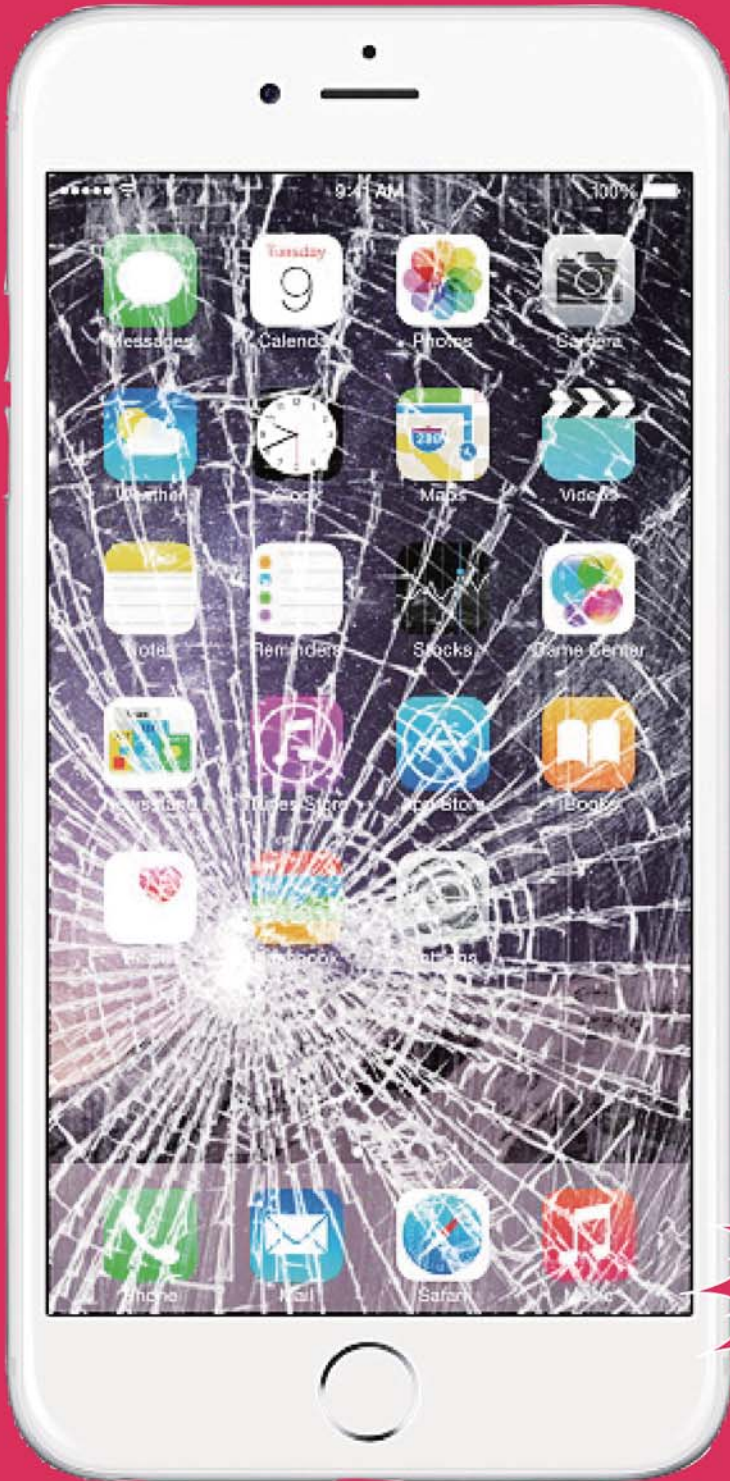






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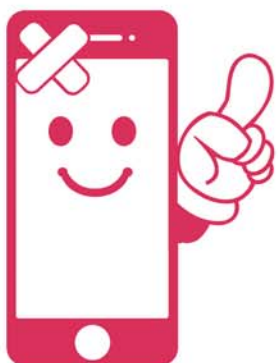
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Kadena Air Base Community Notes

To submit an announcement for the base bulletin, please visit www.kadena.af.mil NO FEDERAL ENDORSEMENT OF PRIVATE ORGANIZATIONS OR ACTIVITIES IS INTENDED.

Kadena and Camp Foster Emergency Numbers

Kadena Fire Emergency Services reminds everyone to program their cell phones with the emergency numbers. To report an emergency on Kadena via cell, dial 098-934-5911, and from an office phone, dial 911. For Camp Foster via cell, dial 098-911-1911, or from an office phone, dial 911.

AADD: Get Home Safe

Did you drink tonight? Made a plan but it's falling through? Can't catch a cab? If any of this applies to you, call AADD. Don't risk it all, when you can get a ride home for free. Call AADD at the cell phone number 098-961-1110 and then ask for the USO or dial DSN: 634-3889. We're open from 9 p.m. to 1 a.m. and we're here to help.

How to File a Complaint with IG

If you believe you are unable to resolve your complaint through supervisory channels, you may seek IG assistance to determine if the complaint should be filed with the IG. You can file a complaint if you reasonably believe inappropriate conduct has occurred or a violation of law, policy, procedures, or regulation has been committed. Complete the personnel data information on an AF Form 102 and briefly outline the facts and relevant information related to the issue or complaint. List the allegations of wrongdoing briefly, in general terms and provide supporting narrative detail and documents later, when interviewed by an IG person. Allegations should be written as bullets and should answer who committed the violation; what violation was committed; what law, regulation, procedures, or policy was violated; when did the violation occur. Help is available: Call your Kadena IG office at 634-7622 for Maj. Sarabia or 634-1109 for Mr. Lovingood, or leave a message on

the Kadena Fraud Waste & Abuse (FWA) Hotline at 634-0404.

WIC Overseas Program Enrollment and Eligibility

The Women, Infants, and Children Overseas is a supplemental nutrition program designed for pregnant, postpartum, and breastfeeding women, infants and children up to the age of 5. As a WIC Overseas participant, you can receive nutrition education in the form of individual counseling and group classes, breastfeeding support, supplemental foods such as milk, juice, cheese, cereal, eggs, and fresh fruits and vegetables, and referrals to other health care agencies. For more information, check financial/residential eligibility, visit or call WIC Overseas. All of WIC can be reached at 645-WICO (9426) or from a cell phone at 098-970-9426 (Options 1- Camp Foster; 2- Kadena Air Base; 3-Camp Kinser; 4- Camp Courtney) Kadena Air Base (Bldg. 428) Camp Foster (Bldg. 5674) Camp Courtney (Bldg. 4408) Camp Kinser (Bldg. 107 Rm. 121)

Traffic Management Office (TMO) Closed for Official Function

Traffic Management Household Goods, Passenger Travel, Outbound Cargo and Inbound Cargo will be closed due to an official function Oct. 6, 2017. If you have a passenger travel emergency, or an Outbound Cargo MICAP/999 shipment please contact the standby personnel through Command Post at 634-1800. All sections will return to normal operating hours Monday October 9 th. If you have any questions, please contact Master Sgt. Audrion Paul at 634-7845 for Household Goods and Passenger Travel; Master Sgt. Vonetta Farquharson at 632-6532 for

Outbound Cargo or Master Sgt. Adrienne Paul at 634-5324 for Inbound Cargo. If you have any questions, please contact Master Sgt. Vonetta Farquharson at 632-5324 or Mr. Richard Barnes at 634-7865

18 LRS Deployment and Distribution Flight Sections Closure

The 18 LRS deployment and distribution sections to include Aerial Support Function, TMO (Passenger, Personal Property & Cargo) and IDRC will be closed on 6 October starting at noon. For emergency travel services only (e.g. next day travel), contact the Vehicle Operations Control Center 634-4505 or 634-3345.

Housing Office Closure

The Kadena DoD Family Housing Office, Camp Kinser Office, Camp Courtney Office, Camp Foster, Furnishing Management Section and Furnishing Management Section Self-Help and Appliance Repair will be closed for Columbus Day & PACAF family day, Oct. 9-10. For emergency assistance, please contact 634-HOME (4663).

Public Affairs Photo Studio

The Public Affairs photo studio is open Mon.-Thurs. from 9-11 a.m. and 1-4 p.m. Appointments are available in half-hour increments. Award, bio, or package submission photos are scheduled Mon-Wed. Full length photos are only available on Thurs. Official Passports are by appointment only until further notice, Mon-Fri, and require a letter from your UDM or the passport office. For questions or to schedule, please call 634-3813.

18th Wing Equal Opportunity

Do you face concerns of unlawful discrimination or sexual harassment? If so, Kadena Air Base leadership maintains a strict "zero-tolerance" policy pertaining

to discriminatory behavior. If you feel you are being unlawfully discriminated against, to include sexual harassment, take action. We encourage members to use the chain of command first to resolve issues at the lowest level. However, you can also contact the EO office at 634-2571 to set up an appointment; or you may visit our office. Please note that the EO office will not accept a Formal Complaint more than 60 calendar days for military and 45 calendar days for civilian complaints after the alleged offense occurred without sufficient justification.

Road construction on Vincent Ave.

Construction on Vincent Ave. began Sept. 1 and is projected to complete by Oct. 31. Vincent Ave will be intermittently closed between the hours of 0830 and 1630. Warning signs will be posted two weeks prior at both ends of the closed roads.

Road Closure

On Oct. 28, 2017 and on Oct. 29, 2017 from 0800 hrs to 1600 hrs, Fisher Avenue by intersection of Roberts Avenue, will be closed due to the installation of new water and electrical lines. For any information or concerns, please contact Akira Fair at 634-4879, or Email akira.fair.jp@us.af.mil

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UPCOMING EVENTS 2017 Flu Shots

The 2017 Flu Season is here! The 18th MDG will have select hours available for Team Kadena members to come and get their flu shots. The vaccination is mandatory for active-duty personnel. Please speak with your personal physician if you have

Continued on PAGE 15

What's Okinawaet cetera?

STONE PAVED ROAD WITH HISTORY OF RYUKYU

In a short distance from Shuri castle is Kinjo-cho with a historical cobblestone road.

The region is in where once the royal family of Ryukyu had lived.

Stretching south from Shuri castle for about 300 meters is the

stone paved road which is also referred to as Kinjo-cho Ishidatami.

The path is paved with Okinawan limestone and was designated a Prefectural Cultural Property in 1964.

This path with almost five hundred years of history had been a primary road of the region leading the Shuri castle to not only Naha port but also southern part of the island.



Not to mention the royal people, soldiers as well as envoys from overseas are considered to take this road visiting the Shuri castle back in the 16th century.

Behind the limestone walls along the road is amazingly preserved beautiful traditional houses with red tile roofs.

There are also places to rest and nice restaurants along the road that will enhance your stroll experience in the sense of going back in time.



Okinawa Travel Info
Tourist information for Okinawa, Japan



<http://okinawatravelinfo.com>

Like Okinawa Travel Info



HAI-SAI! (Hello) Chanpru is Okinawan for "something mixed" and the word also is used when talking about the mixture of cultures. In this corner, we will go over some fun tips as you enjoy your stay on the island.

October 9

体育の日 (Taiiku no hi)

Held on the second Monday in October, Sports Day (Taiiku no hi) is a national holiday created to promote sports and physical wellness. The first Taiiku no hi was held in 1966, 2 years after the 1964 Tokyo Olympics many schools, offices and communities hold competitive events such as relay races, ball toss, tug-o-war, three legged race and other sports related activities.



questions or concerns. Kadena Base Theater: Oct. 6, 7 a.m. – 4:30 p.m. / Kadena BX Foyer: Oct. 14, 11 a.m. – 4 p.m.

Hispanic Heritage Month

Come learn about Hispanic Heritage with us or help us spread our history with everyone else here at Kadena Air Base with these events in September and October. Lunch and learn at the McDaniel Center: Discover more about Hispanic heritage on Oct. 6, 11 a.m. – 1 p.m. End of month fiesta: Come out and enjoy different foods from around our Hispanic community on Oct. 14, 11 a.m. – 1 p.m. For questions, contact Tech. Sgt. Javier Perez at javier.perez.1@us.af.mil or Staff Sgt. Jose Castillo at jose_mois.castillo@us.af.mil or call 634-1884 (Tech. Sgt. Perez) or 634-3501 (Staff Sgt. Castillo).

Kadena Fire Muster

Come out and compete for bragging rights in the Kadena Fire Muster. The event takes place at the BX Parking lot Oct. 20 from 1030-1430. The contest consists of five events: Hotel pack carry - Pick up 200 ft 1 ¼ in wrapped hose on to shoulder carry it 50 ft zigzagging around cones. Hose roll drag- Rolled up 50 ft 4 in hose pull 50 ft with rope. Keiser sled- Use a sledge hammer to hit a metal beam 5 ft Dummy drag- Carry a 150 lb dummy 50 ft Hose pull- Carry a charged 1 ¼ in handline 50 ft The first 20 teams to sign up will be eligible to participate. Teams must consist of four people and at least one female. Athletic apparel, boots and gloves are recommended. Prizes will be awarded to the top 2 teams and the fastest male and female. For more information or register your team please contact Staff Sgt. David Clark at david.clark.68@us.af.mil or Staff Sgt. Jacob Banuelos at jacob.banuelos@us.af.mil or call 634-4500.

Hippotherapy for EFMP Families

Come out and enjoy spending time with horses and learn about how hippotherapy can assist people with disabilities. This event is part of the exceptional family member program and is open to exceptional family members of any age. Exceptional family members will be able to feed, pet and ride the horses. The event

will take place Oct. 21, 2017 at Kenny Park on Kadena Air Base from 10 a.m. to 2 p.m.

Career, Education and Volunteer Fair

The Airman and Family Readiness Center is hosting a Career, Education and Volunteer Fair on October 12, 10 a.m. to 2 p.m. at Kadena's Officers' Club. This is a great networking opportunity for anyone actively seeking employment, volunteer and educational opportunities, and/or information on community resources. The fair is open to DoD family members, transitioning military members, and SOFA status personnel from all branches of service. For more information, call 634-3366 or visit the Kadena A&FRC (Building 220).

Kadena's Third annual Veterans Day Parade

Kadena's Top III is hosting Kadena's Third annual Veterans Day Parade, Saturday, Nov. 11, starting at 0900. From Kuter and Douglas to Marek Park. More than 40 marching units; including 1-1 ADA, Commander Fleet Activities, the 320 Special Tactics Unit, Young Marines Pacific Battalion, multiple Air Force units, Boy and Girl Scouts and everyone in between. If you would like to volunteer please contact Tech. Sgt. Jena DeViese email: jena.deviese@us.af.mil phone: 634-5452 If your unit would like to walk in the parade contact Master Sgt. Lauren Strike at lauren.strike@us.af.mil or call at 634-5475

ASBP Blood Drive

The 372 TRS/ Det 15 will be hosting an ASBP blood drive on October 26th from 10 a.m. to 4 p.m. in building 938. All blood types are needed. Come help support this event and you could possibly save a life.

VOLUNTEER OPPORTUNITY AADD

Airmen Against Drunk Driving is looking for volunteers. If you're not a drinker, or if you're under 20, then it's definitely perfect for you! Regardless of rank, the times are 10 p.m.-1 a.m. on weekend nights and there are six volunteers for every night. Non-alcoholic drinks are provided. AADD is also looking for squadron POC's and

schedulers. This will help fill weekend and event activities and will hopefully affect even more folks around base. If you have any questions please contact Airman 1st

Class Aaron Wright, AADD President, at aaron.wright.15@us.af.mil or Senior Airman Najera, AADD Vice-President, at lillian.najera@us.af.mil.

ANNUAL FESTIVALS WITH KADENA ITT

Shuri Castle Festival on Kokusai Street

Sunday, 29 October • 11 am - 5 pm

View the reenactment of the Ryukyu Dynasty Parade on Kokusai Street with a cast of 1,000 performers in vibrant and colorful costumes.

Yomitan Festival

Sunday, 29 October • 5 pm - 10 pm

Listen to a 300 sanshin player orchestra and traditional dance performances. Don't forget your camera!

Shi Shi Mai Festival

Sunday, 5 November • 5 pm - 10 pm

Many believe the Okinawan guardian Shisa protects against evil spirits and brings good fortune. Visit a festival in their honor!

KADENA INFORMATION, TICKETS & TRAVEL
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